

**Friday**

**January 24/25  
MID-MONTH**

Next issue Feb. 7, 2025

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► 1st & 3rd Fridays • No. 1361 • FriAM.ca • FREE

## To-do's

4-6



- ▲ **Unplug & Play Week**  
Jan. 25 to Feb. 1
- Overflow exhibit
- MacLellan
- SD83 Art Fair
- Snowed in show
- SAS dance recital
- January Jollies
- Hot chocolate trail
- Atelier gallery show
- Pirate Loppet
- Men's Bonspiel
- Local Love concert
- Lantern procession



> Kids skate circles around Silverback Tanner Walos at the BCHL Hockey Festival at Ross plaza on Saturday January 18. The festival also featured hockey action at Rogers Rink, including a VIJHL All-Star game, Alumnus & Friends game, skills competition and a BCHL 3-on-3 All-Star tournament.

## CBC news bureau for Salmon Arm

CBC has announced installation of six news bureaus in BC, including one in Salmon Arm.

The Interior East bureau in Salmon Arm will work closely with existing teams in Kelowna and Kamloops and cover municipalities in the region such as Armstrong, Vernon, Sicamous, Revelstoke and Enderby.

The other BC bureaus will cover Fraser Valley; North Island out of Nanaimo; Peace Region out of Fort St. John; Sea to Sky out of Squamish; and Penticton, serving the southern Okanagan.

Jobs will be posted in the coming weeks on the CBC job board and involve one to two reporters in each bureau. ■

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**COMING UP..!**

- Repair Café, Feb. 1
- SD Art Fair, Feb. 7-14
- Valentine's Day, Feb. 14
- Family Day, Feb. 17
- Heritage Week, Feb. 19-23

**The Mall at Piccadilly**  
[piccadillymall.com](http://piccadillymall.com) 

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 or visit: [salmonarmphysio.ca](http://salmonarmphysio.ca)

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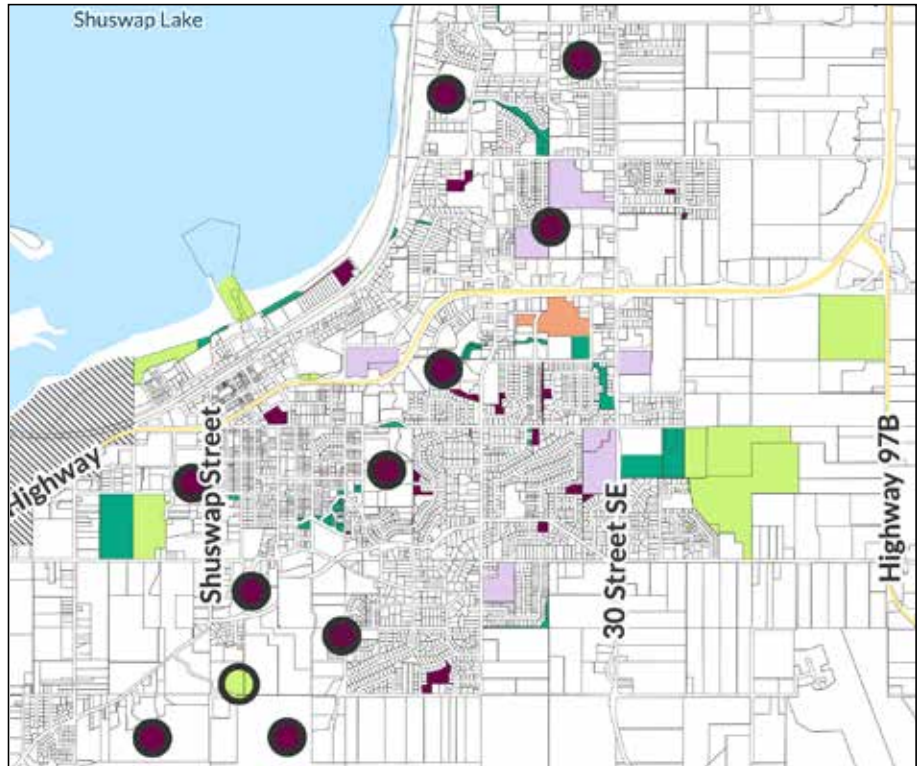
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# OCP update

An 85-page document was released after past year of study and gathering public input for the city's Official Community plan.

It was presented at Monday's Development and Planning meeting and can be read at salmonarm.ca as part of the agenda package. The current OCP was adopted in 2011. The summary document (cover on right) outlines what was heard during first two phases of the project and highlights a wide range of interests and perspectives from across Salmon Arm.



According to summary, key takeaways include:

- **Connectivity:** active transportation, public transit, easy access to services and amenities
- **Balanced growth:** Well-maintained infrastructure and facilities that support growth and change; protected and enhanced natural areas, green spaces, trees, agri land
- **Sustainability:** reduced greenhouse emissions; improved climate resilience; access to healthy, local food; diverse food growing opportunities, improved water quality.
- **Safety:** celebration of diversity and sense of belonging; access to low barrier social, cultural and wellness services and supports; improved emergency preparedness.
- **Affordability:** for housing, transportation and recreation; low unemployment.
- **Community vibrancy:** downtown core, small business; arts and cultural spaces and celebrations; age-friendly public spaces and recreational opportunities. ■

> The purple and green circles on this map denote sites of proposed community and neighbourhood parks in Salmon Arm, as well as existing parkland. 15 other maps in the OCP preliminary document include road networks, active transportation, water, drainage and sanitary sewer systems, potential hazards and environmentally sensitive areas, and landuse in the four quadrants.

NO. 1361

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CIRCULATION

**All Month** (1st Fri) 4,500**Mid Month** (3rd Fri) 3,200**FriAM.ca:** Worldwide  
- Featuring all the paper's  
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## STOLEN TOOLS RECOVERED

A collection of 16 construction related tools and other items, suspected to be stolen are in police custody waiting to be reunited with the rightful owner.

Salmon arm RCMP responded to reports of a suspicious cube van and discovered numerous items from a recent break and enter. The stolen items were returned from the earlier incident, however police have been unable to locate the owner of the other items.

Cst. Andrew Hodges advised that if anyone is missing several tools to call 250-832-6044 to check if the RCMP has any of the tools. "Please reference file 2025-72, and be prepared to provide detailed descriptions of your missing items including unique markings if any, brand name, and tool type." ■

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PAGE 3

AM

JANUARY MID-MONTH

BOOK EARLY FOR BEST SELECTION!  
10-4, Tues-Sat • Okanagan & 2nd SE

## 'Friends' come to town

St. Andrew Hodges released an "RCMP Crime Chronicles" on incidents around New Year's, and it is another classic.

In one report that gets going at 4:30 am, Jan. 2, the officer and 'budding screenplay writer' uses anonymous names for a group of "friends" - Phoebe, Ross, Rachel, Gunther, Chandler and Monica. Now where did I hear those names before?

A convoluted account unravels in which a Phoebe claimed she had permission to drive her friend Rachel's Audi Q5 from Mission to visit their friend, Ross, in Salmon Arm.

On enquiry to Mission, it appeared there was some confusion concerning permission or whether the car was stolen and

## MOLEHILLS Lorne Reimer



even who the car was registered to - Rachel or a Gunther.

Police eventually determined that Monica had permission to drive the vehicle, "though Phoebe was doing it wrong, so she left in the Audi Q5 without Phoebe who was suspected of stealing from Ross. Phoebe was left at a local coffee shop to find her own way back to Mission, or maybe do some couch surfing."

You can read the entire police account, plus other reports, on the BONUS pages of this edition at [FriAM.ca](http://FriAM.ca).

I also posted it Facebook.

Former Salmon Arm councillor and tourism promoter Duncan Myers had a major impact on the Shuswap for four decades, and is still making waves in his 80s living with his daughter in Saskatoon.

In this photo from a CBC video he demonstrates his "ski-daddle". To get around this snowy city, he attached skis to his walker for "freedom and mobility in the winter".

Looking back to 1980, Duncan helped get things going for the transformation of Salmon Arm's waterfront. He took a series of photos of the big mess across the tracks and then gave a presentation to council. A year later, council commissioned a study,

Vic Bates began acquiring waterfront property and the Chamber of Commerce formed a committee to push for OCP and conservation property purchases via the newly formed SABNES. Besides council and tourism, Duncan was active in Rotary and Hospital Foundation. It's nice to see him now making life better for senior mobility, at least in places where there's loads of snow on the sidewalks.

Oh, and to go back even further in time. Duncan was once a movie set caterer, including serving the cast and crew of "Lawrence of Arabia". Quite the life indeed! ■



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> The Snowed in Comedy Tour happens Feb. 6 at the Prestige Resort, featuring leading comics - Peter Zedlacher, Erica Sigurdson, Dan Quinn and Paul Myrehaug.

## at the movies

### > SALMAR GRAND

• Jan. 24 to Jan. 30 • [salmartheatre.com](http://salmartheatre.com)

- **A Complete Unknown.** 1:30, Sat. & Sun.; 6:30 nightly. 19-year-old Minnesotan named Bob Dylan arrives in Greenwich Village music scene, destined to change the course of American music. (14A lang, violence)
- **Mufasa: The Lion King.** 1:30 Sat. & Sun.; 6:30 nightly. The unlikely rise of the beloved king of the Pride Lands, 'Mufasa'. (G viol)
- **Wolf Man.** 6:50 nightly. Rural family terrorized by an prowling creature. (14A violence, fright scenes)
- **Flight Risk.** 1:45, Sat. & Sun.; 6:40 nightly. Tensions soar as Air Marshal accompanying a fugitive to trial over Alaska. (14A)
- **Sonic the Hedgehog 3.** 2:00 Sat. & Sun. (PG). The trio reunites.

○○○

• **Children's Film Festival,** Mar. 20 to 22. Hosted by Children's Association

### > SALMAR CLASSIC

■ **Shuswap Film Society** • [shuswapfilm.net](http://shuswapfilm.net)

- **Queens,** 5:00, Jan. 25. A trio of women on the run and adventure.
- **Goodrich (US)** 5:00, Feb. 1. A father (Keaton) seeks help of his adult daughter to raise his young twins after his second wife leaves him.
- **Chosen Family (US)** 5:00, Feb. 8. Yoga teacher trying to find inner peace despite a manic family and miserable dating life
- **Across River and Into the Trees (US/Italy)** 5:00, Feb. 15. War drama adapted from 1950 Ernest Hemingway novel.
- **Film Festival,** Feb. 21-Mar. 1. Titles TBA

### ■ LIVE from N.Y. MET OPERA

• **Aida,** 9:30 am, Jan. 25. Ethiopian Princess is torn between love and country. Soprano Angel Blue makes her long waited NY Met debut.

## live & dance

- > **Copper Island Pub** • Jams with Blind Bay Blues Band, Tuesdays.
- > **Valentine's Day dance** with Megan Abel, Song Sparrow Hall.
- > **Sicamous Legion** - Dale Trenchholm, 3-6 pm, Sundays.
- > **Fifth Ave. 55 Plus Centre** - Valentine's Dance & Auction, Feb. 14. Horse show fundraiser. 804-1723
- > **SA Legion** • Kelly Belanger dinner/dance, Jan. 25 • Open Mic, Jan 10
- > **Gleneden Hall dance** • 7 pm, Saturday, Feb. 1.
- > **Enderby Legion** • Dances with BC Barn Catz, Jan. 25; William & Penny, Feb. 8; Vic's Band, Feb. 22.
- > **SUS Underground, Ranchero.** Watch for acts on Facebook •

## city lights

- **vernon** • [ticketseller.ca](http://ticketseller.ca)
- **Creekside (C)** • Perform. Arts (P)
- **Alex Cuba,** Jan. 25 (P)
- **Dawn Pemberton,** Jan. 25 (C)
- **Jake Vaadelaned & Sturgeon River Boys,** Jan. 26 (C)
- **Sleeping Beauty,** Feb. 6
- **Snowed in Comedy,** Feb. 7 (P)
- **OSO 'Rachmaninoff,** Feb. 9
- **CBC Debaters Live,** Feb. 14.
- **Vernon Carnival,** Feb. 7-16.
- **Michael Jackson trib,** Feb. 28.
- **Kelowna**
- **Mother Mother,** Feb. 21
- **Penticton**
- **Globetrotters,** Jan. 28
- **BTO, April Wine, Head Pins,** April 4

## FESTIVITIES

- > **Unplug & Play Family Literacy Week** - Jan. 25 to Feb. 1. Watch for events list at [shuswapliteracy.ca](http://shuswapliteracy.ca). See page 6 for events.
- > **Vernon Winter Carnival** - Feb. 7 to 16.
- > **Valentine's Day** - Feb 14 > **BC Family Day** - Feb. 17
- > **Heritage Week / Pie bake contest** - Feb. 17-25, Piccadilly

## ART

- > **Overflow** - Curated by Grade 10 art Jackson students on topics of fears and phobias, and how art is used to express emotion, opening Jan. 25, runs to Mar. 15 at the Salmon Arm Art Gallery.
- > **SD83 Art Fair** - Feb. 7 to 14, Piccadilly. Displays plus workshop day
- > **Gallery Atelier** - featuring - Jerzy George Lesniwicz (321 Hudson)
- > **Lantern workshops & Procession** - See 'You're Invited' / 5
- > **Cardiff Miller Art Warehouse** - 11-5, Sat, Sun, Enderby.

## CONCERTS

- > **SA Jazz club** - Shows at 7 pm, by donation at Nexus at First.
- **Garden Path Quartet,** Jan. 23 Kamloops-based band.
- **Jazz Implication,** Feb. 13 • Blair Schier, Dan Smith & Friends, Feb. 27
- **Jazz at Lakeside Manor,** 6:30, every 3rd Tuesday with Sandy & Friends
- > **Coffeehouse circuit-** Oct. to May. All 7 pm except Sunnybrae.
- **Celista & Grindrod** 1st Fri • **Carlin,** 1st Sat • **SA Legion,** 2nd Fri.
- **Sunnybrae,** 2nd Sat • **Enderby Srs. Centre,** 3rd Fri.
- **Gleneden,** 3rd Sat. • **SA Elks Hall,** 4th Fri. (Canoe Rockers, Jan. 24)
- **Silver Creek & Eagle Bay,** 4th Sat • **Blind Bay's 1st coffeehouse,** Jan. 31.
- **Shuswap Writers,** 2-4 pm, 4th Fri., First Community. (Jan. 24)
- >  **Catherine MacLellan** - daughter of composer of *Snowbird* and *Put your hand in the hand*, her music reflects deep connection to PEI. Jan. 30, Song Sparrow Hall. [songsparrowhall.ticket.ca/events/26356](http://songsparrowhall.ticket.ca/events/26356)
- > **January Jollies variety show** - 7pm, Jan. 31, Nexus at First United Church. By donation.
- > **Dance recital** - 6 pm, Jan. 23, SAS Sullivan theatre. Tix \$10
- > **Shuswap Local Love** - 7 pm, Feb. 8, Song Sparrow Hall. Celebrate winter season with a heart warming concert featuring local artists. Fundraiser for Second Harvest Food Bank. \$20 or \$10 youth.
- > **Snowed in Comedy tour** - 7:30, Feb. 6, Prestige Resort. Paul Myrehaug, Pete Zedlacher, Erica Sigurdson, Dan Quinn. Above left.
- > **Jaeden Izik-Dzurko recital** - Rotary Centre, Kelowna, Mar. 21.
- > **Sue Foley** - Mar. 11, Song Sparrow Hall. [rootsandblues.ca](http://rootsandblues.ca). sold out
- > **Kamloops Symphony** - 3 pm, Feb. 9, Nexus at First, Salmon Arm. Mendelssohn's Scottish Symphony. Tix [kamloopssymphony.com](http://kamloopssymphony.com)
- > **Megan Abel Band** - Valentine's Day Dance at Song Sparrow Hall. Tix at [celebrateshuswap.ca](http://celebrateshuswap.ca)
- > **Ethan Askey and the Elevators** - April 26.
- > **Colin Linden** - May 24, Song Sparrow Hall. [rootsandblues.ca](http://rootsandblues.ca)
- > **Roots & Blues** - July 25 to 27. Early bird tix at [rootsandblues.ca](http://rootsandblues.ca)
- > **Creed - Summer of 99** - Aug. 16, Rogers Rink.

## THEATRE

- > **Halfway There** - Feb. 21 to March 9, Shuswap Theatre. A doctor wanders into a Nova Scotia small town to start a new life. Also at Shuswap Theatre. Play Reading Group, Jan. 29.
- > **True Story of Circus Gothic** - 2 pm, Jan. 26, Anglemont.

## SPORTS

■ See *SPORT SPOT* on page 13

- > **Silverbacks - ROGERS RINK:** 6 pm, Jan. 25 vs. Okotoks 7 pm, Jan. 31 vs. Brooks • 6 pm, Feb. 8 vs. Sherwood Park
- AWAY:** Penticton, Jan. 10; West Kelowna, Jan. 24 & Feb. 7; Trail, Feb. 15.
- > **Men's Bonspiel** - Jan. 26, 27, SA Curling Centre.
- > **Pirate Loppet** - Jan. 31, plus Okanagan Cup Race, Feb. 8.
- > **Thrash Wrestling 'Wild Card'** - 7:30, Feb. 8, SASCU Recreation Centre. Tix at Eco Treats.

**Music..**

Upcoming concerts feature PEI favourite, Catherine MacLellan, performing Jan. 30 at Song Sparrow. Also local band Canoe Rockers playing at the Elks Hall, Jan. 24.



**..Music, music**

The registration deadline is looming for the 25th anniversary edition of the Shuswap Music Festival that runs April 7 to May 2 in Salmon Arm. Young musicians in piano, strings, voice and choral are invited to register at [www.ShuswapFestival.com](http://www.ShuswapFestival.com) by Friday, January 31.

**you're invited**

- > **Coldest Night of the Year**, Feb. 22. Salmon Arm has 123 walkers and 35 teams registered with a goal to raise \$80,000. Hosted by Shuswap Food Action Society. See [cnoy.org](http://cnoy.org)
- > **Tropical Party in the Bay**, 7 pm, Feb. 15, Blind Bay Hall. Tropical vibes. Tix [zeffy.com](http://zeffy.com)
- > **Repair Cafe** - 10-3, Piccadilly. / P.16
- > **Lantern workshops** 'Wings, Wheels & Water' theme. Workshop at SA Art Centre, 1-4, Jan. 25 and Feb. 9, and in Enderby (11-3, Feb. 1, Library & 12-3, Feb. 15, Seniors Centre). In preparation for Out of the Darkness lantern Procession, 7 pm, Feb. 16, Enderby riverwalk. [runawaymoon.org](http://runawaymoon.org)
- > **Robbie Burns Dinner**, Jan. 23, 5th Ave. 55+ Centre. Tix \$30 • Jan. 25, Sicamous Legion • Jan. 31, Chase Legion.
- > **Peace n' Pizza**, 5:30, Dec. 20. First Community. (3rd Fridays, by donation).

- Building Humanity through story-telling and listening.
- > **Health-Care Auxiliary**, 1:30, 3rd Tuesdays at the hospital's board room.
  - > **Fly at Night**, 6-8 pm, Tues & Wed., Children's association. [fly@shuswapchildrens.ca](mailto:fly@shuswapchildrens.ca)
  - > **SA council**, 2:30, Jan. 27 Feb. 10, 24
  - > **CSRD**, 9:30, Feb. 20. > **SD83**, 6 pm, Feb. 18
  - > **Downtown Winter Market**, Saturday mornings
  - > **Free Lunches**, 11 to 1, Wednesdays, First Community on Okanagan Ave.
  - > **Pancake Breakfast**, 8-11:30, Feb. 9, 5th Ave. 55Plus Centre. \$12 age 5+.
  - > **Shuswap Trails Online auction** - Feb. 7 to 16. Go to <https://trellis.org/2025-shuswap-trails-fundraiser>
  - > **Voice of Shuswap AGM**, 7 pm, Feb. 19 via Zoom
  - > **Garden Club**, 7 pm, 4th Tues, Fifth Ave.
  - > **SA Toastmasters**, 7 pm, Thursdays, 5th Ave Centre. Lorraine 514-898-1776.

- > **Kindergarten/ French Immersion / Outdoor Learning registration**, from 9 am, Jan. 15 and throughout school year. Also an information session for parents for each of the programs of choice.
  - > **Pro-D days** - Secondary schools only, Jan. 28. School district wide, Feb. 14 session for parents for each of the programs of choice.
  - > **Drawing for ages 6-9** by artist/educator Peter Joch, 3:30-4:30, Thursdays, Feb. 6-27, Salmon Arm Arts Centre. \$20 drop in or \$60 for all 4 sessions. sj supplies included. Peter.joch@gmail.com to register.
  - > **Chess drop-in**, 6 pm, Wednesdays, Okanagan College. [salmonarmchess@gmail.com](mailto:salmonarmchess@gmail.com)
  - > **Sleigh ride Social**, on the hour, 11 to 4, Feb. 15, 16. Tix [caravanfarmtheatre.com](http://caravanfarmtheatre.com)
  - > **Theatre on Edge**, June 13-15. Apply by March 30 to [totefestival.com](http://totefestival.com)
- Email You're invited to [FriAM.ca](http://FriAM.ca)

**WOW talent search is on**

Musical artists are invited to apply for this summer's Wednesday on the Wharf (WOW) concert series. The annual event, hosted by Salmon Arm Arts Centre, runs July and August at Marine Peace Park. Applicants need to apply online by March 1. WOW is a family-friendly, by-donation, open-air concert series that has been a staple in the community since 1993. Program Manager Astrid Varnes notes that WOW offers a unique performance opportunity as a mid-week, outdoor performance venue with crowds of up to 700 people. "It's a great way to bring touring bands and it gives local bands a chance to connect with a huge number of folks." For more information and to apply go to [www.salmonarmartscentre.ca](http://www.salmonarmartscentre.ca) and follow links.

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All activities are FREE!  
**Family Literacy Week**  
 January 25 to February 1, 2025  
 For full event details visit:  
[shuswapliteracy.ca](http://shuswapliteracy.ca)



> Literacy Coordinator Thomas Briginshaw

# Off-screen family time

Unplug and Play Family Literacy Week returns from Jan. 25 to Feb. 1.

Dozens of free events are lined up to inspire families to engage in educational and fun activities that promote literacy and strengthen family and community interaction, all while reducing screen time. The week-long initiative is hosted by Shuswap Literacy Alliance in partnership with many community groups.

Studies have shown that informal learning through family play—whether at home or in the community—has a lasting and positive impact on children's development, particularly in language and literacy. "Children are active learners. When they play, they are experimenting, observing, listening, making mistakes and trying again. Parents who engage in play-based activities influence their children's literacy development," said Brenda Le Clair, former CEO of Decoda Literacy Solutions.

The events encourage families to step away from screens and immerse in a variety of hands-on activities.

This year's free events are shown on the left. More information at [shuswapliteracy.ca](http://shuswapliteracy.ca)

**All Week**

**Salmon Arm Unplug & Play Scavenger Hunt**  
 > SALMON ARM LIBRARY BRANCH Show your finished Scavenger Hunt form to staff and get a small prize. Event geared to young children, but all are welcome to participate.

**Sicamous Community Art Project**  
 > SICAMOUS LIBRARY BRANCH Community art project that anyone can create in and contribute to during Unplug and Play week.

**Enderby Drop-in activities all week!**  
 > ENDERBY LIBRARY BRANCH Rediscover the joy of screen-free fun. Unplug and Play at the library & join us for games, crafts, or outdoor fun, there's something for everyone!

**Armstrong STEAM Adventure Kits**  
 > ARMSTRONG LIBRARY BRANCH Embark on an exciting journey of creativity, curiosity, and innovation! Pick up your kit, while supplies last.

**Saturday, January 25**

**Salmon Arm Intro To Jiu-Jitsu**  
 > 3717 ST SW, SALMON ARM  
 10:00 - 11:00 AM - YOUTH AGES 6-9 (total of 12 participants)  
 11:30 AM - 12:30 PM - YOUTH AGES 10-14 (total of 12 participants)  
 Jiu-jitsu games with prizes; safety orientation starts promptly at beginning of session, please arrive a few minutes early. Waiver required for participation, signed by parent/guardian.

**Enderby Evam The Juggler**  
 > ENDERBY LIBRARY • 10:30 - 11:30 AM  
 Enjoy juggling and jokes during Evam the Juggler's hilarious juggling routine. Learn to juggle or sit back & enjoy the show.

**Armstrong STEAM Explorers: Family Fun**  
 > ARMSTRONG LIBRARY 10:30 AM - NOON  
 Join us every Saturday for family friendly STEAM fun! Explore Science, Technology, Engineering, Arts & Math.  
**Salmon Arm Unplug & Play Story Time**  
 > SALMON ARM LIBRARY BRANCH • 11:00 - 11:30 AM  
 Unplug from your devices and take part in a fun filled family story time at the library.

**Salmon Arm Theatre Fun**  
 > SHUSWAP THEATRE • 41 HUDSON AVE NW • 12:10-1:00 PM  
 Explore the dramatic arts with theatre based activities.

**Salmon Arm Youth and Family Boxing**  
 > WHIZBANG BOXING • 101 HUDSON AVE NE  
 12 NOON - 3:00 PM Book as a family, an individual or a group. 45 mins of one-on-one boxing training to introduce youth and their families to the sport. **Pre-registration required** [whizbangboxing@gmail.com](mailto:whizbangboxing@gmail.com)

**South Shuswap Bubble Wonders**  
 > SOUTH SHUSWAP LIBRARY, BLIND BAY 3:00-4:00 PM  
 Trade snowflakes for bubbles at this wonderful show with lots of bubble fun! Groll entertains & mesmerizes with bubbles.

**Sunday, January 26**

**Free Family Snowshoe**  
 > LARCH HILLS NORDIC SKI AREA • SELF DIRECTED  
 Visit [larchhills.ca](http://larchhills.ca) for information on trails.

**Salmon Arm Youth and Family Boxing**  
 > WHIZBANG BOXING • 101 HUDSON AVE NE • 10 AM - 1:00 PM Book as a family, an individual or a group. 45 mins of one-on-one boxing training to introduce youth and their families to the sport. **Pre-registration required** [whizbangboxing@gmail.com](mailto:whizbangboxing@gmail.com)

**Salmon Arm Free Family Swim**  
 > SASCU RECREATION CENTRE 1:00-4:00 PM

**Salmon Arm Lantern Making Workshop**  
 > SALMON ARM ARTS CENTRE • 1:00-4:00 PM  
 Join Runaway Moon Theatre and make a lantern to be shared at the Winter Lantern Celebration on February 16th.

**Armstrong Free Public Roller Skating**  
 > 3315 PLEASANT VALLEY ROAD (HASSEN ARENA)  
 1:00 - 3:00 PM Roller skating (rentals included) All Welcome

**Sicamous Skate with the Eagles**  
 > SICAMOUS & DISTRICT RECREATION CENTRE  
 2:00 - 3:00 PM Family Skate with the Sicamous Eagles.

**Armstrong Free Public Ice Skating**  
 > 3351 PARK DRIVE (SUNBELT ARENA) • 3:30 - 5:30 PM  
 Everyone Welcome! Free skating.

**Monday, January 27**

**South Shuswap Cooking Challenge**  
 > PICK UP INGREDIENTS AT THE NSSCR ASSOCIATION IN SORRENTO • 12:00 NOON TO PICK-UP SUPPLIES.  
 ALL WEEK TO PARTICIPATE! North & South Shuswap families make a meal together using the supplied kit & submit photos of their creations. All families who send in photos of their meals will be entered to win prizes like family pizza nights etc. **Pre-registration required online at** [www.mscr.ca](http://www.mscr.ca)

**Grindrod Mother Goose**  
 > GRINDROD RECREATION CENTRE • 10:00 - 11:00 AM  
 Join us for fun songs and stories the Mother Goose way.

**Salmon Arm Board Game Getaway!**  
 > SANCTUARY GAMES 290 ALEXANDER ST • 10 AM - 9 PM  
 Play our opened board games for free at our game tables.

**Salmon Arm Music Together® Family Class**  
 > Salmon Arm Community Music School • 5:30pm (45min)  
 Sing, dance and jam along with your 0-5 year olds in this family class full in The Groove Studio! Limited to 10 families. **Pre-registration required contact** [carly@inthegroove.ca](mailto:carly@inthegroove.ca) or 250-515-2966.

**Salmon Arm Rhythm Kids® Class**  
 > Salmon Arm Community Music School • 6:30pm (45min)  
 In this family class for 4-8 year olds, explore rhythms, inspired by musical traditions from around the world with In The Groove Studio. Limited to 10 families. **pre-regisiter:** [mary@inthegroove.ca](mailto:mary@inthegroove.ca) or 250-515-2966.

**Tuesday, January 28**

**Salmon Arm Travelling Tots Playgroup**  
 > PINE ROOM IF FIRST COMMUNITY 450 OKANAGAN AVE E • 9:00 AM - NOON Join us for some fun at travelling tots playgroup special circle time 10:15-10:45.

**Ashtown Creek Bunny Fun Day**  
 > RIVERSIDE HALL, ASHTON CREEK • 9:30 AM - 11:30 AM  
 Be a bunny, enjoy the sensory tunnel and some other bunny fun. Parent participation required.

**Grindrod Science at Tuesday Tots**  
 > GRINDROD RECREATION HALL • 9:30 - 11:00 AM  
 Unplugged playtime and a fun science experiment!

**Salmon Arm Board Game Getaway!**  
 > SANCTUARY GAMES 290 ALEXANDER ST • 10 AM - 9 PM  
 Play our opened board games for free at our game tables.

**Armstrong Family Story Time**  
 > ARMSTRONG LIBRARY 10:30-11:00AM  
 Family fun featuring books, interactive songs & rhymes.

**Armstrong Stay & Play**  
 > ARMSTRONG LIBRARY 11:00AM - NOON  
 Join Stay & Play for unstructured fun with toys & soft play equipment. A great time for children and caregivers to socialize and explore!

**Enderby Storybook Skate**  
 > ENDERBY ARENA • 2:00 - 3:30 PM  
 Take a Story Book journey around the ice while skating.

**Salmon Arm Silverbacks Family Skate**  
 > ROGERS RINK • 2600 10 AVE NE • 2:45-4:15 PM  
 Join Shuswap Children's Association for a free family skate with the Silverbacks

**Salmon Arm CMHA Button Making**  
 > ROGERS RINK • 2600 10 AVE NE • 2:45-4:15 PM  
 Button Making in partnership with Silverbacks family skate and Shuswap Children's Association

**South Shuswap Little Art Making**  
 > SOUTH SHUSWAP LIBRARY, BLIND BAY 3:30-4:30 PM  
 Supplies available to make S&T art for our Little Art Show

**Salmon Arm Introduction to Lacrosse!**  
 > BASTION ELEMENTARY SCHOOL • 6:00-8:00 PM  
 Learn about lacrosse and give it a try with stations setup to learn different aspects of the game - no equipment required

**Wednesday, January 29**

**Enderby Seek and Find at Family Place**  
 > UNITED CHURCH UPSTAIRS • 8:00 AM - NOON  
 Unplugged playtime and a game of seek and find! Stay to enjoy a free hot soup lunch at the end of the morning.

**Silver Creek Fun with Slime**  
 > SILVER CREEK COMMUNITY HALL 3048 HORNBERGER RD • 9:30-11:30 AM Join Shuswap Children's Association for some fun with slime, and take some home with you!

**Salmon Arm Dream Catcher Crafts**  
 > UNITED CHURCH HALL, 450 OKANAGAN AVE SE 3:00 - 4:30 Join Salmon Arm Métis Association & create dream catchers from a kit, capacity of 50 children **Pre-registration required** 778-489-5539 or [salmonarmcmca@nrc.ca](mailto:salmonarmcmca@nrc.ca)

**Salmon Arm Pop-up Family Choir**  
 > SALMON ARM LIBRARY BRANCH • 3:30-4:15 PM  
 Join us for multigenerational singing, open to all ages. Kids 9 and under must be with a responsible adult. Whether you're a seasoned singer or just love to hum come join the fun!

**South Shuswap Pinecone Bird Feeder**  
 > SOUTH SHUSWAP LIBRARY, BLIND BAY • 4:00-4:45 PM  
 Make a bird feeder with pinecones and peanut butter.

**Salmon Arm Juggling Jamboree**  
 > BASTION ELEMENTARY SCHOOL • 6:00 - 7:00 PM  
 Join us for an awe-inspiring, hilarious performance by the amazing Evam the Juggler!

**Thursday, January 30**

**Salmon Arm Winter Wonderland**  
 > DESK - 341 SHUSWAP ST. SW • 9:00-11:00 AM  
 Join SnowStart as we bring the outdoors in! Build "snow" creations, play games, sing songs with Roxxy from In The Groove Studio, listen to stories and enjoy a hot chocolate snack time.

**Enderby Photo Scavenger Hunt at Kids & Co.**  
 > ENDERBY DRILL HALL • 9:30 AM - 11:30 AM  
 Unplugged playtime and a photo scavenger hunt!

**Sicamous Everything Snow**  
 > SICAMOUS PARENTS & TOTS E 1214 SHUSWAP AVE. 10:00 AM - NOON Our theme is all about snow

**Salmon Arm Meet a Real Firefighter**  
 > SALMON ARM LIBRARY BRANCH • 10:30-11:15 AM  
 Meet a firefighter and learn about fire safety tips.

**Salmon Arm Tummies to Tots Drop-in**  
 > SHUSWAP FAMILY CENTRE 611 MARINE BLVD DR 11:00 AM - NOON Geared towards pregnant women/parents, and parents/caregivers with babies. We offer peer connection, snacks, and interactive play for babies.

**Supported by:**

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- BGC Okanagan
- City of Salmon Arm
- Canadian Parents for French
- Canadian Mental Health Assoc.
- District of Sicamous
- EDCRC
- Enderby & Area Early Years Committee
- Enderby Recreation Services
- Enderby Heritage/EVCS
- Hillcrest Elementary PAC

- In the Groove Studio
- Kids Tae Kwon Do
- Kids & Company
- LASS
- Larch Hills Nordic Society
- NSSCR
- Okanagan Regional Library
- Piccadilly Mall

- Runaway Moon Theatre
- Salmon Arm Jiu Jitsu
- Salmon Arm Métis Association
- Salmon Arm Observer
- Salmon Arm Recreation
- Salmon Arm Silverbacks
- Salmon Arm Tennis Club

- Sanctuary Games School District No. 83
- Shuswap Children's Association
- Shuswap Family Resource Centre
- Shuswap Scoop
- Shuswap Theatre
- Sicamous & Malakwa ECD
- Sicamous Eagles
- Sicamous Recreation
- Whizbang Boxing
- Friday AM



# Rise of the Machines

I am writing this on a laptop computer that is eight years old. It was working well until about three months ago when it started to send me unprompted messages about how I should deal with the upcoming lack of support for the operating system. From that day on, it has got slower and increasingly eccentric. Obviously, a coincidence as no global company would deliberately sabotage a customer.



A Large household appliance manufacturer has been accused of what is called planned obsolescence by making parts unavailable before the warranty period expires and a company that makes big green tractors has been found guilty in US courts of deliberately preventing repairs by third parties by using exclusive computer codes.

While this sounds scandalous just think of cars. Mine is older than the computer and it still requires the use of a special scanner to read and correct its foibles. Mine is old enough that they had some conscience left and various bits can be reset using odd procedures. The Body Control Module (that looks after lights, locks, heater and radio) can be synchronised by a sequence including turning the key, waiting ten minutes and turning the key again and then waiting ten seconds. You do this three times without opening a door or operating any other device. Once completed it magically knows all the things connected to it - except the radio which is locked off, and, you guessed it, needs a special scanner to unlock! Take a book, a coffee and dress warm!

This is an old car. I can only presume new ones undergo the equivalent of an MRI just to change the sparkplugs. I know that some manufacturers are so fed up with people fixing their own cars and the loss of revenue and their franchises that they make the transmission a sealed unit.

Another oddity in the auto world is the number recalls. They should have made the thing correctly in the first place, but I wonder if there is anyone who has had a recalled vehicle in the shop that has not said "and while you're at it, can you...." And thereby kept the franchise going. This does presume the manufacturers to not be completely incompetent, but one wonders when an ancillary engine part on a best selling pick-up requires the whole vehicle to be raised, the body raised from the frame and the engine raised from its mounting just to get a bolt to clear the chassis.

Mechanicals aside, I shudder to think how user unfriendly electric vehicles will be. They are already aware of where they are. Will they report back with pictures if some unsanctioned person attempts a repair? What would be the penalty? Would all my machines go wrong?

There are two solutions for my computer. One is to replace it and the other is to fix it and upgrade to the new operating system. While I like the second from an ethical standpoint, realistically, I will probably buy another and hope I learn to use it before it to becomes obsolete. ■

□ Tech and social commentator Barry Marshall can be reached at BarryMarshall@gmx.com

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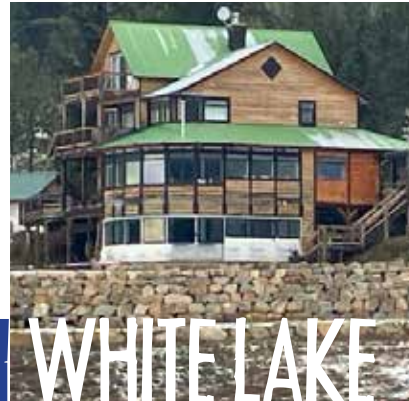
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> Ice fishing screen shot from a youtube video



> Ice fishing is a more typical scene in mid-January on the two White Lakes. It felt like a sunny day in Spring on a walk along White Lake Rd. The lake is considered one of the best angling lakes in BC in term of angling days - popular for rainbow trout both summer and winter. Often, one forgets all the smaller lakes that make up the beautiful Shuswap. And the countryside is so idyllic as well.



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**DOWNTOWN SALMON ARM**

# Hot Chocolate TRAIL

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**February 1 - 28**

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- SANCTUARY GAMES**
- SWEET MAGNOLIA**
- THE NIGHT CAFÉ**

### TWO WAYS TO VOTE!

- 1.** Receive a voting ballot with each hot chocolate purchase.
- 2.** Scan the QR code at each location and cast your vote again for Best Overall, Most Creative, and Best Spirited Hot Chocolate.

**Try them all!**  
*Which one is your favourite?*

Entry deadline February 28/25.  
Winners announced  
March 3, 2025.

## Ear to the GROUND Clinics & Fast food

Two new clinics have opened in Salmon Arm's downtown core - The Alexander Street Clinic for Primary Care and Internal medicine, and Shuswap Valley Pharmacy and Medical Clinic in the old KFC spot on the highway.

In Sicamous, Eagle River Secondary is slowly recovering from the sudden loss of its beloved principal, Lyle Chapman. I met the new principal and vice-principal Jan. 10 as they scrambled to deal with a power outage.

Interestingly, both are named D. Smith - Principal Darryl Smith and Vice-Principal Doug Smith. It's simple, really. Mister Smith, if you please, for both of them.

The Sicamous highway junction opened a mega pit stop featuring a big store called Checkpoint, plus three fast food joints - Burger King, KFC and Pizza Hut. A Dairy Queen also opened earlier down the road.



> The mild winter weather is turning a little briskier. How can we tell? One sign of this is downtown busker Curtis Thompson adding a propane heater to his gear.



> The RCMP displayed this the Tactical Armoured Vehicles (TAV) at the BCHL hockey festival that is soon be added to the tactical squad's arsenal. The 8,000 pound vehicle is one of two demos supplied by Canadian manufacturer Blackwolf. It would be deployed for riots, hostage taking, bombings and other critical emergencies.

## Can Canada be taken over?

Hands up if you want Trump to take over Canada! With threats of sky-high tariffs and 'jokes' about Canada becoming the 51st state, most Canadians are not at all amused.

### LETTERS

A rich and morally bankrupt President-elect is now back in the White House. Acknowledging our own colonial history, which we must reconcile, I tell myself that Canada is not Trump's for the taking.

However, centuries of living in a place does not protect you from those who want to take it over. This is how the Palestinians felt in 1948 at the creation of the State of Israel.

When someone says, Israel has a right to claim all the land and Palestinians should just disperse to neighbouring Arab countries, just think of how you would feel if Trump rationalized taking over our country, perhaps by saying we never had a right to it in the first place, and now 'his might is right'.

After the atrocities of the Holocaust in World War 2, it was clear the world had failed to protect the Jewish people. Out of a sense of guilt and moral failure, the UN decided that Jewish people needed a safe place and since there was an ancient connection to the land of Palestine, they could have a portion of that - so long as they did not interfere with the Palestinians already living there.

Following the war, land ownership in Israel-Palestine was roughly six per cent Jewish and 94 per cent Palestinian. The UN Partition Plan of 1947 allocated 53 per cent to a Jewish-majority state, and 47 per cent to a Palestinian-majority state. Western countries voted in support of the Plan, while most Asian and African countries voted against it. Palestinians were never given a vote at the UN. Their land was simply taken. In the armed conflict of 1948, Israel seized vast amounts of land intended for the Palestinian-majority state. In 1967, Israel invaded the West Bank and Gaza, and has militarily controlled these territories ever since, despite the UN resolution which states they must relinquish this control.

Now, we have a genocide playing out in Gaza, and extensive human rights abuses happening in the West Bank. Western silence and justification does not serve the truth and will not bring security to anyone.

When we are feeling anxious about the future of our own country and who might have designs on it, let's use those feelings to cultivate empathy for others who have been historically dispossessed, including Palestinians. Let us insist that every nation be held to the same standard of International Law, demand a UN led ceasefire and an end to the genocide in Gaza.

Juanita Austin, Salmon Arm

## City FIXINGS

> After Trump referred to Manifest Destiny and expanding America at his Inauguration this week, it's about time Salmon Arm brings back some kind of Canada Day celebration on July 1st. Not saying political, just something for our community to come together and be proud to be Canadian.

## Bravos & BOOS



> **BRAVO TO** first responders and ICU staff who save the lives of accident victims. In the photos above, John Perkins of Chase was pulled unconscious out of this truck near Grand Prairie. He is now well on the road to recovery at University Hospital in Edmonton. Photos printed by permission.

> **BRAVO TO** Sheila & Eric when I slipped on black ice and fractured my femur. Also to the man who folded up his coat to put under my head until the ambulance came. So much appreciated. ~ Forence

## Web SITINGS

> salmonarm.ca  
Go to Development & Services meeting for Jan. 20 for 85 page OCP update document. /2

**Friday Night Bingo**  
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# INSURANCE WOES IN A WARMING CLIMATE

BY JULIA BEATTY

Shuswap Climate Action Society

Seeing the images of devastating wildfires in Los Angeles elicits still-fresh memories of the BC wildfire disasters in 2023. That summer in the Okanagan and Shuswap, wildfires burned 2.84 million acres, forced tens of thousands of people to evacuate, and destroyed hundreds of homes and other structures. It is triggering for many in the Shuswap.

That year, the BC wildfire season resulted in over \$720 million in insured losses, putting it at the top of all other 2023 extreme events and in the top ten ever in Canada.

Now, the California wildfires once again highlight the increasing risks not just for people but also for insurance companies covering losses associated with climate-fueled catastrophes.

Whether it's flooding, hurricanes, tornadoes or wildfire, the insurance industry in the US has been running catastrophe models which are now being informed by climate change data. These companies do not subscribe to conspiracy theories and have no hidden agenda. They are simply using scientific facts to help them make decisions so that their businesses remain viable.

The models they are using predict increasing liability, particularly in areas prone to extreme weather events. The

higher costs of building and home repairs are also intensifying those losses.

Unsurprisingly, the growing risk borne by insurers is now impacting those purchasing insurance. S&P Global reports that the average home insurance premiums rose a stunning 43 per cent in Florida and similarly in California between January 2018 and December 2023.

Those increases were much higher than the rate of inflation over the same period. In response to these increasing liabilities, some large insurance companies in several US states have reduced or completely ended coverage in those regions seeing more frequent, widespread and intense natural disasters associated with climate change.

The California Department of Insurance states that between 2020 and 2022, insurance companies declined to renew 2.8 million home policies in California, including 531,000 in LA County.

In Canada the situation is similar, with a rapidly warming climate impacting property insurance in this country. A Canadian insurance technology company recently conducted an analysis of insurable losses over the last 40 years using Statistics Canada data.

They compared the 10-year average of annual disaster-related insurable losses against the prior 30-year average, adjusted

for inflation. They found the annual average insurable losses in Canada over the last decade increased by a whopping 379 per cent, when compared to the prior 30-year average. Data from the Insurance Bureau of Canada supports that assessment, reporting that in 2024, Canada suffered insured losses in excess of \$7 billion – a 406 per cent rise from the 20-year average.

With premiums trending upward locally, the industry has been shifting liabilities onto policyholders by upping premiums and deductibles, limiting coverage and/or requiring certain proactive measures to mitigate various types of damages.

Populations here and around the world are worried about inflation, yet we appear to be sleep-walking into the greatest inflationary mechanism we have ever faced – climate change. Insurance costs are very likely the “canary in the coal mine”, providing us insight into how costs are going to increase not just for insurance, but for every single item impacted by climate chaos.

We are in a new era of climate extremes that has a myriad of dire consequences for citizens, and the sooner we address the root problem – the factors fueling the climate crisis – the better. Meanwhile, as the planet continues to warm, heed the advice from emergency and fire experts in Los Angeles – “prepare for the unprecedented”.

## Call for common sense on parking along Harbourfront Dr.

To Salmon Arm council and operations managers:

We took a walk on the Raven Trail to take advantage of the sunshine in the late morning and enjoy what is one of this town's treasures.

We realized many others had the same idea. The small parking lot at the trailhead was full, so we parked on Harbourfront Drive, along with many other vehicles. There was no snow in sight, no plowing scheduled,

**LETTERS**

plus 5 C and just a few puddles to walk around.

We marvelled at the views, the swans still on the lake, and the chickadees and other birds. We talked to some of the other residents and visitors (including a family from the UK) about the trail and the weather.

When we returned to our vehicle we were dismayed to find a ticket on the windshield as well as other vehicles, whose owners

would be similarly welcomed, but not the car parked squarely blocking the closest fire hydrant.

We would like council to show some common sense and direct bylaw officers, or change the signage such that when there is no snow to be cleared that the street is a viable parking space. I would not like to see more of the foreshore land be used to increase the parking at the trail head when there is a little used street available.

This obvious easy money grab left a bad impression on us and I can only imagine what the visitors must have thought. This downright pettiness is off putting to say the least.

Parking close to the wharf and adding that distance to our walk may mean we don't enjoy the trail at all. We wish to see some oversight and “common sense” from our City.

**Kim Rozwadowski  
George Lundquist**

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# WEATHER SYNOPSIS



Possible flurries Thursday. Mix of sun and clouds Friday to Sunday.. High -2 to low -10 .

Normal: -1C to -7C

Sunrise 7:48 • Sunset 4:29

Past Temps, Jan. 7 to 20

By weather reporter Nick Parsons

SW Gleneden, 458 m (119 m above lake):

DATE	HIGH	LOW	PRECIP.
Jan. 8	+2	0	1/4" rn.
Jan. 9	+3	0	

DATE	HIGH	LOW	PRECIP.
Jan. 10	+2	0	3/8" rn.
Jan. 11	+6	0	
Jan. 12	+3	0	
Jan. 13	+3	-2	1/16" rn.
Jan. 14	+2	0	
Jan. 15	+2	-2	
Jan. 16	+4	0	
Jan. 17	+2	-2	
Jan. 18	0	-6	
Jan. 19	-2	-7	
Jan. 20	-2	-5	
Jan. 21	-2	-4	1/2" sn.



Photo: A Tuesday morning stroll on the driveway in my slippers. ~LR

# PASSAGES

LEGACY LIVES ON  
[shuswaphospitalfoundation.org](http://shuswaphospitalfoundation.org)  
[shuswapfoundation.ca](http://shuswapfoundation.ca)

Fischer's Funeral Services  
[fischersfuneralservices.com](http://fischersfuneralservices.com)

- ❖ Joseph 'Guy' Albert  
January 9, 2025, at age 76
- ❖ EleanorAnn Caminiti  
January 9, 2025, at age 94
- ❖ David Allen Cumming  
January 9, 2024, at age 71
- ❖ Hazel Juliet Dziedzic  
January 14, 2025, at age 88
- ❖ Pauline Florence Lee  
January 15, 2025, at age 92
- ❖ Yvonne Evelyn Redman  
January 16, 2025, at age 75
- ❖ Heidemarie Angela Stavdal  
January 8, 2025, at age 81
- ❖ Philip 'Phil' Allen Vibert  
January 8, 2025, at age 78

Bowers Funeral Service  
[bowersfuneralservice.com](http://bowersfuneralservice.com)

- ❖ Jason Christmas  
January 1, 2025, at age 53
- ❖ Lynda Jean Nicholson  
January 6, 2025, at age 75
- ❖ Catherine 'Ann' Waldie  
January 6, 2025, at age 88

❖ Yvonne Lillian May Pizzey  
Dec. 24, 2024, at age 64  
 2 pm, Feb. 15, Wainwright



❖ Catherine Carol Downie  
Dec. 15, 2024, at age 79  
 See obituary, below



❖ Sam Moore, 89, Sam & Dave  
 'Soul Man'

❖ Garth Hudson, 87, The Band  
 ❖ Robert Machray, actor, fire  
 marshall on 'Cheers'

❖ Linda Nolan, 65, Irish singer  
 ❖ Arthur Blessitt, 84, completed  
 'global cross walk', 61,000  
 kms carrying cross in every  
 nation in the world.

❖ David Lynch, 78, visionary  
 film director / P.14

❖ Cecile Richards, 67, Planned  
 Parenthood president

❖ Margarete Tröstl, 113, Austrian  
 supercentenarian

❖ Marcel Bonin, 93, four-time  
 Stanley Cup champion



# SPORT SPOT

## Great day for a Loppet!

By Pat Danforth

Blue sky and blue wax offered idyllic start conditions for the 41st annual Reino Keski-Salmi Loppet. 430 skiers from ages 1 to 87 skied from 1 to 32 km along the picture-perfect Larch Hills trails. The new Prinoth Bison groomer contributed to the exceptional track setting. The new, single lap 32 km serpentine route, took skiers through scenic surprises on 21 different trails.

The Loppet raised \$3,653 for BC heart and Stroke Foundation. Skiers from throughout B.C., Methow Valley, Washington, Ontario and a support "grandpa" from Newfoundland came to be part of the fun. In 1st overall for the 32 km. distance were Ian Williams of Kelowna (1:32:33.6) and Laura McCabe of Methow Valley (1:52:56.4). Top local finishers were Thomas Hardy (1:38:56.9) and Abby May (2:03:49.6). Local para skier Kaden Baum finished his 10 km. distance in 56:13.6.

Other top Larch Hills finishers to look for in online results are U18 Madeleine Wilkie & Ellie Giesbrecht, U18 Keiran Parker and their developing

teammates Kristina Wilson, Logan Marjoribanks Aguirre, Evan Daudrich, Wyn Thingsted, Tove Brown, Henry Bollans, Gideon Bucher, Kelsey Klapstein, Otis Noestheden-Tanner, Henry Wallenstein, Farley Harcker, Marcus Ritchie, Luc Lefebvre, Ana Widmer, Sofia Plowman, Aurora Klassen. The youngest skier over the finish line was Nino Widmer (2 years, 8 months) and the eldest, Roy van Ryswyk ▲▲ a very competitive 87 year old. Median skier awards went to Nico Glanville and Tim Dewailly.



The exceptional community support was exemplified by the generosity of 28 sponsors and the dedication of 160 volunteers

The National Director of the Canadian Masters XC Ski Association said, "It is our opinion that your organization has the best classic marathon event in Western Canada thanks to your wonderful volunteers."

❑ See bonus page of this edition at [FriAM.ca](http://FriAM.ca) for 1st to 3rd results and zone4.ca for full results.

❑ Images from a Larch Hill video produced from the event

> **Larch Hills - skilarchhills.ca** • See Loppet report, above  
 • **Pirate Loppet**, Jan. 31 • **Okanagan Cup Race**, Feb. 8

> **SILVERBACKS:** 19 W, 10 L, 6 OTL, 44 pts.  
 (Int. East: Penticton 54, Brooks 50, Trail 49, Sherwood 44, SA 44)  
 • **Recent scores:** Jan. 11: Blackfalds 5, SA 3 • Jan. 10: Penticton 2, SA 1 OT  
 • **Next games:** Jan. 24 in West Kelowna • 6 pm, Jan. 25 Okotoks in SA • 7 pm, Jan. 31: Brooks in SA • 7 pm, Feb. 1: W. Kel. in SA  
 • **Free family skate** with the Silverbacks, 2:45 to 4:15, Jan. 28.



> **Sicamous Eagles home** - Jan. 25, Feb. 7, 14, 21  
 > **Curling** - Men's Bonspiel, Jan. 24-26; Jr. Bonspiel, Feb. 8, 9; Ladies, Feb. 21-23.  
 > **Minor Hockey** - U7, U7 F, Feb. 1 • U11 Fem Rec, U13 Fem. Rec, U15 Fem Rec, U18 Fem Rec, Feb. 14-17  
 > **Swim Meet**, Feb. 7 to 9, SASCU Recreation Centre.  
 > **Tennis**, book indoor court at clubsparks.ca.

❑ See Page 6 for Unplug & Play week sporting events

## Catherine Downie



It is with deep sorrow that we announce the passing of Catherine Carol Downie on December 15, 2024 at the age of 79. Cathy was a devoted wife, beloved mother, cherished friend and an irreplaceable person in the lives of all that knew her.

Born on July 2nd, 1945 in Montreal, Cathy was known for her kindness, warmth and laughter. She shared a beautiful life with her husband Paul Downie, to whom she was married for 54 wonderful years. Together they built a life filled with love, laughter and cherished moments.

Cathy touched the lives of many with her kindness, generosity, and willingness to assist others. She will be remembered for her giggle and laugh and the ability to light up any room she entered.

She is survived by her husband Paul Downie, sister Sheila Smallwood, son Paul Downie Jr., daughter Pamela Prosofsky, grandchildren Justin Starkel, Jagger Prosofsky, Karter Prosofsky, Lexie Prosofsky, as well as her great granddaughter, Arabella Prosofsky.

May she rest in peace and forever be remembered with love. ❖

# ASSOCIATION OFFERS NEARLY 20 PROGRAMS

This is our first column for *Friday AM* and we are grateful to be able to offer information and resources to parents and caregivers in our community.

Established in 1982, Shuswap Children's Association is a non-profit child development centre offers a variety of services focussed on supporting children, youth and families.

Originally known as Shuswap Exceptional Children's Association, it was formed by a group of parents who found they were unable to access services for their children.

They were joined by community professionals, service providers and others who shared the goals of the parents. The Association's first program was a block-funded preschool assisting 18 children with support needs, along with 18 non-support needs children. The children were supported by three trained staff members and an annual operating budget of under \$50,000.

The program started in 1986 with financial support from the Variety Club, and when Ladybug Preschool opened its doors at the former Salmon Arm Elementary.

In 2004, we changed our

## FAMILIES FIRST

Shuswap Children's Association



> Staffers in the 'Toy Library', left to right - Tanya Timoffee, Tamara Syms, Melissa Evans and Lyndsay Hall.

name to Shuswap Children's Association, as it is more reflective of the organizations current goal, purpose as well as its programs and services.

On Jan. 12 of this year we celebrated our 43rd Anniversary and took a moment to celebrate and reflect on how far we have come in the past four decades. Our objectives of teaching, learning and playing have been the backbone of a legacy focused on connecting families, promoting friendships, creating opportunities, and passing along life skills for children youth and families.

Shuswap Watershed Council is seeing a young person ages 19 to 30 to join council. Position is volunteer, but expenses attending meetings or events would be compensated. Go to [shuswapwater.ca](http://shuswapwater.ca) for more info. Deadline is Feb. 21.

toddler items)

- Drop-in playgroups and community events
- Wide variety of in-person and virtual workshops
- Programming for children and youth aged 0 – 19.

For the past 43 years, we have been focused ensuring that we provide the best possible programs and services for children, youth and families and 2025 will be no different. Our recent move to the "old McGuire Lake Hotel or MoHo" will allow us to continue our legacy as we strive to build solid foundation for children, youth and families.

We have a number of great events planned for 2025, which all starts with our Annual Children's Film Festival, March 20 to 22, at the Salmar Grand. For upcoming programs and events, follow on Facebook and Instagram and sign up for our monthly calendar.

To learn more you can email to [info@shuswapchildrens.ca](mailto:info@shuswapchildrens.ca), visit [www.shuswapchildrens.ca](http://www.shuswapchildrens.ca) or call 250-833-0164 ext. 0.

Referrals to programs can be made at [www.shuswapchildrens.ca/referral-form](http://www.shuswapchildrens.ca/referral-form) or by coming to see us at 551 Trans-Canada Hwy NE next to Royal Lepage. We look forward to meeting you. ■



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## Remembering the late David Lynch

The visionary film director David Lynch passed away this week at 78, and, as so often occurs, there's a local connection to this international story.

Sebastian Lange, son of Salmon Arm raised renowned artist Chris Clan, wrote and directed a documentary film about Lynch.

In the photo on right, Sebastian is in Lynch's Paris print studio showing a new camera. The two travelled together to India, Moscow, Ukraine, Paris and LA in the making of the film, *Shadows of Paradise*. Can you imagine the pressure making a film about a great filmmaker.



The film documented the Transcendental Meditation movement's metamorphosis following the passing of its founder, Maharishi Mahesh Yogi. The iconic filmmaker Lynch was a major leader and proponent of TM. ■

# WORD SEARCH **Activities for Unplug & Play**

W O L G C T K N N B Q E N I T  
 J O K E S S R A I R X G P N E  
 I I S B S B T A T F H N L G F  
 O U L N G L P E C E O E U I A  
 L B S A R L I Y A U C V G N S  
 B E M T A E S M L M K A Q G G  
 W E N Y I T T Y E M E C J N B  
 S T M N E J O N O P Y S I O D  
 O J M N U O R L A Y V L X B Y  
 R M N W C T Y B G L G I Q H D  
 C I D R O N T K C G N T O T P  
 S T F A R C I J U G W O T B G  
 S T E N G A M J S N O T T U B  
 Q C R O L L E R S K A T I N G

Unplug, Play, Crafts, Jitsu, Scavenger, Jokes, Glow Juggling, Storytime STEAM, Boxing, Nordic Lanterns, Lacrosse Hockey Games Singing Magnets, Rollerskating, Skate, Slime, Buttons, Art, Tunnel, Safety, Tennis, Acting

See page 6 for full list of activities for Unplug & Play week

# HIDDEN GEMS

THIS QUOTE SPACE HOSTED BY Hidden Gems Bookstore, 331 Alexander

- > "Many people hear voices when no one is there. Some of them are called 'mad' and are shut up in rooms where they stare at the walls all day. Others are called 'writers' and they do pretty much the same thing." ~ Ray Bradbury
- > "Be curious, not judgmental." ~ Walt Whitman
- > "Whoever added the 's' in 'fast food' is a marketing genius."
- > "The happiest people are givers, not takers."
- > "Freedom is never given; it is won." ~ Philip Randolph
- > "We shall overcome because the arc of the moral universe is long, but it bends toward justice." ~ Martin Luther King Jr.

# FUNNY BONE

Dorky dad jokes:

- > Dad: "I'm not usually one to brag, but I just finished a jigsaw puzzle in four days, and the box says, '3-5 years'."
- > Two dad buddies were arrested for stealing a calendar from a local dollar store. They each got six months.
- > What did the bison dad off to work say to his son? "Bi-son".
- > Where is the best place to save your dad jokes? In a dad-da-base.
- > A dad asked a pet store clerk for a goldfish. "Need an aquarium?" the clerk asks. "Of course not, it doesn't matter what sign it's under."
- > A wife presented a handy dad a new to-do list, but he only did jobs 1, 3 and 5. It turns out that he only does odd jobs.
- > "Where do rainbows go when they're bad?" "Where, dad?" shrugs a daughter showing attitude. Dad replies: "To prism, so they have time to reflect on what they've done."
- > Dad, after putting his car in reverse: "Ah, that takes me back".
- > "Why do mushroom get invited to all the parties?.. Because they're 'fungis'. Get it?" says dad laughing his head off. "Fun guys!"

# POP QUIZ

> Trump's inauguration day took place on Martin Luther King Day. How many times was MLK arrested on trumped up charges?

< 29 arrests during his years leading struggle for civil rights. He was convicted and sentenced to 14 days in jail for an "illegal boycott"

# PICTURE THIS



> A whole new meaning to chicken heart. The trick is to spread the feed in the shape of a heart.  
 > Somebody gave a treat to the realistic looking statue dog that sits at the entrance to 5th Ave. 50 Plus Centre.  
 > The emotional support dog at the dental office looks stressed out.



> You really know that you're aging when the male rock stars of your day start looking like your grandma. ▶▶



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4 years	3.54%	Up 0.04%
5 years	3.70%	Up 0.20%

\* GIC rates as of Jan. 21, 2024, subject to change without notice. Certain minimums and conditions may apply

Daron Mayes, BBA, CPA, CA, CFP Investment Funds Advisor

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> The 'Dragons' had a good time listening to Missy Mackintosh and son pitch their Grit Kit on the Dragons' Den TV series. It didn't get any of the dragons to invest but the product was well on the way. Mismack Clean Cosmetics organized a big launch and airing of the episode at Song Sparrow Jan. 15. The event to showcase the non-toxic eyeblack featured NHL star speaker Aaron Vullatti and raised many dollars for KidSport Canada.



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Lantern Workshops

Workshops  
Salmon Arm Arts Centre  
basement entrance  
January 26th & February 9th from 1 to 4pm

Procession 7pm Feb. 16, Enderby




**REPAIR CAFE**



Saturday February 1st, 10am - 3pm at Piccadilly Mall

Do you have something you love that's broken?  
**You're in luck!**

Shuswap Makerspace and Piccadilly Mall are hosting a Repair Cafe! Bring your lamps, small appliances, wooden items, clothing items, or anything near and dear to your heart that needs a bit of love and fixing and our volunteers will do our best to get it fixed!

All repairs will be by donation to the Daybreak Rotary Club to help 'Light the Lake' at McGuire Lake Park!

Thank-you for supporting our community projects!

For more information, email shuswapmakerspacecoordinator@gmail.com or lynda@piccadillymall.com or call 250-833-0608

www.innovatesa.ca/makerspace



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...actually... it's not too bad!

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FROM FACEBOOK DAILY POSTINGS



RIP Garth Hudson, 87 Canadian keyboardist. Last surviving member of 'The Band'

# RCMP CHRONICLES

Cst. Andrew Hodges has released an RCMP Crime Chronicles for incidents around New Year's, and it's another classic. In this report he uses anonymous names for a group of "friends" - Phoebe, Rachel, Ross, Monica and Chandler. Now where did I hear those names before?.

**A** woman reported her friend's vehicle was stolen from the 100 block of Hwy 1 at 4:30 am, Jan. 2. Police attended and met with 37-year-old Phoebe who explained she had permission to drive her friend Rachel's Audi Q5 from Mission up to Salmon Arm, with their friend Monica to visit Ross and see how they were doin' in Salmon Arm.

Police learned that Rachel had chosen not to come on the trip. Phoebe claimed that Ross had kicked her out that night but wouldn't elaborate. Police spoke with Ross who reported that he didn't know Phoebe that well, and she was stealing stuff from his apartment so he told her to leave because they were on a break. Police spoke further with Phoebe who then claimed that Monica had stolen the Audi Q5, and did not have permission to drive it.

Police called the owner of the Audi, Rachel who was in Mission, and sounded intoxicated over the phone. Rachel claimed that the vehicle was actually registered to Gunther, who had lent the vehicle to Chandler, who had lent the vehicle to Monica.

Further police queries showed the vehicle was actually registered to Rachel, who wasn't much help to police. The whole episode appeared to be a comedy of errors. Police determined that Monica had permission to drive the vehicle, thought Phoebe was doing it wrong, so she left in the Audi Q5 without Phoebe who was suspected of stealing from Ross. Phoebe was left at a central coffee shop to find her own way back to Mission, or maybe do some couch surfing. This was an actual event, only the names have been changed.

**S**unnybrae Canoe Pt Rd: At 10:15pm a complainant reported he had caught a man trying to break into vehicles, and then departed after being confronted. The complainant and some friends followed the suspects foot prints in the snow, tracking them to a nearby residence with a rental suite. The footprints appeared to have entered the suite, then departed again to a different nearby residence. The complainant and his friends tracked the prints to that residence and located the same man they had caught trying to break into vehicles. The suspect admitted breaking into the residence looking for loose alcohol. Salmon Arm RCMP arrived on scene and arrested the suspect for break and enter, and mischief. The man was later released with a future court date to speak to the charges.

■ Continued from previous page

# RCMP CHRONICLES, continued

■ Continued from previous page

**A**t 10 pm Salmon Arm RCMP were on new years eve patrol actively searching for possible impaired drivers. Police observed a white Hyundai Sonata westbound on Lakeshore Dr with no rear tail lights illuminated. The Sonata appeared to suddenly turn into a nearby closed fast food restaurant and the driver exited the vehicle immediately upon stopping.

Police conducted a traffic stop, and spoke with the 48-year-old male driver who smelled of alcohol. Police also observed and open box of beer cans in the rear seat. The driver admitted to consuming one beer one hour earlier.

A breath demand was conducted and the driver blew a fail. The driver declined his right to a second test after pleading with the officer they had the wrong guy and that he just driven a friend to the hospital. Police advised him if a sober driver was not available, that they should be calling an ambulance if someone needed immediate transport to the hospital.

Police received a later report that the driver was observed obviously drunk inside a local restaurant, was accosting customers and

asked to leave, shortly before being stopped by police. The vehicle was impounded for 30 days, and the driver was prohibited from driving for 90 days. The matter was referred to RoadSafetyBC.

**A**t 12:30am police received a complaint about a grey Dodge Ram 1500 on Auto Road stunting, doing donuts, and leaving at a high rate of speed. Police had received several similar previous reports in the area, similar in nature over the previous two months. The complainant was able to provide a licence plate, and also surveillance footage, and wished to pursue charges if the truck was located.

Police located the truck with matching plate on 30th St SE about 30 minutes later. The lone occupant and registered owner, a class 7 male driver claimed he had lent his truck out to a friend in the preceding 30 minutes.

Unfortunately for him, his truck started new years day with a fresh start in the impound lot, for 7 days, for stunting. He was also served a \$197 violation ticket for driving without consideration.

Covering the streets of Salmon Arm since 28 years ago this week. First issue: Friday, January 24, 1997

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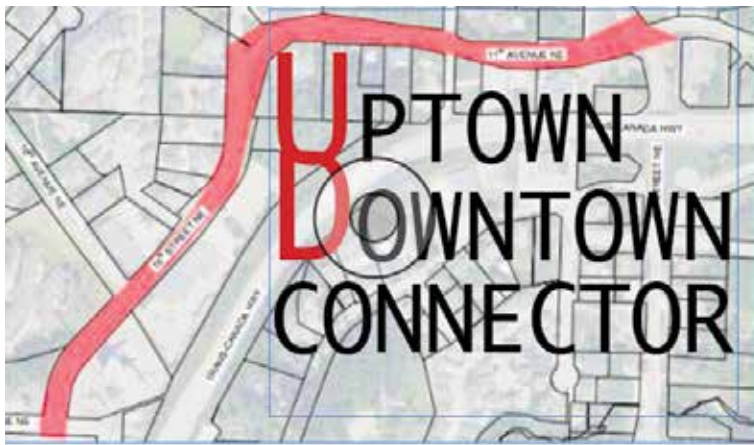
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*Left to right:  
Lorne,  
Kong*



**A**fter weeks of bare pavement, there was more than a skiff of slippery snow on the day Les and I decided to try out the newly completed Uptown-Downtown connector. "Are you sure, Les?" as we surveyed the descending slope before us. But that was a dumb question to someone equipped with cleats and poles. There's a kind of chasm separating downtown and uptown, and this wide multi-use trail absolutely addresses that. We began the descent at the Copperview townhouses that overlooks the cop station across the street, and immediately marvelled at all the views and vistas along the way. It's a marvel of engineering with a range of retention walls, slopes and

curves. I look forward to all the landscaping this spring. Hopefully, a park bench or two.

**I**'ve seen busy traffic on this trail on drives by, but today was quite quiet. We only met up with one pedestrian - Rob briskly walking his dog, Tripp. All in all, it was a nice walk, however must leave you with two irritants I encountered along the way. First, folks who dutifully bag their doggy doos, but then toss it on the side. The other bug of mine are those continuous streets that do sudden name changes. I believe that any street that changes its name - because of some curve or other - immediately forfeits its right to a number name. Call this continuous street Tank Hill Drive, or something, but 11th Ave / 16th St.?

eh?/em!

Blog Post

AM

All Month SALMON  
Mid Month ARM



Salmon Arm  
Okanagan  
College  
OPEN  
HOUSE  
Tuesday  
Jan. 21

Mid-Month  
issue Jan. 24

January 13, 2025 • 1st posting of day • FriAM.ca

## DOWNTOWN DINING:

# GREEK, *French* or East Indian?



> Downtown dining just got more interesting with three new restaurant names popping up in the past few months. Take your pick of three specialties - Greek/ Mediterranean at the Ambrosia Grill Taverna (Former Weekends spot); French crepes and more at the Sweet Magnolia on Shuswap St. and the Peppercorn Club next to the Downtown Askews.



## SHUSWAP ST. HOUSING:

> New downtown area housing projects are also a thing. A multiple housing building is now under construction next to the Anglican Church, and a new way of marketing is

in place for the large parcel at the corner of Shuswap and 5th Ave. SW. A billboard shows three different concept plans for the site as one way to spark developer interest.



eh?/em!

Blog Post

Mid-Month  
issue Jan. 24

All Month SALMON  
Mid Month ARM

January 11, 2025 • 1st posting of day • FriAM.ca



## Wipers up!

One usually observes a few cars that are parked with the windshield wipers standing up during a snowy day. However, on Friday, I noticed a predominance of vehicles with the wipers standing at attention.

The image above shows three vehicles at USNR, so what better person to inquire on the idea behind that practice than an engineer who happened to walk by as I snapped that photo?

He was more than happy to oblige with an answer, although he probably looked at me thinking why he had to explain the obvious. Wet snow can freeze the wipers onto the windshield and often even strip the rubber. The short version - it's not a bad idea to do this on a wet snowy day. ■

## Appendix

Friday AM's All Month print issue is now out, although you may have to wait a little longer if you're in the South Shuswap. After driving through all that snow on Friday morning I decided to postpone the afternoon run until this Saturday morning.

There were a few typos to fret about, including

mis-naming the title of the next Shuswap theatre play. It's called *Halfway There*, not *Halfway Theatre*.

I also should have mentioned the effects of climate change in the list of five predictions for the next 20 years. The devastating wildfires that destroyed thousands of homes in LA should have prompted that. ■



## SHUSWAP'S MEGA PIT STOP

While the Bruhn bridge and highway widening project is well on the way, Sicamous has just completed a traveller's pit stop infrastructure to rival Salmon Arm's.

First a 7-Eleven and Dairy Queen opened its doors, a store that Salmon Arm is still waiting for replacement.

Now Sicamous' highway junction is opening a super pit stop featuring a big store called CheckPoint, plus three fast food joints - Burger King, KFC and Pizza Hut. It kind of reminds me of the Whatcom interchange in Abbotsford - a family fuel-up/ food-up tradition of many on the journey to the coast.

The converted former sledders' superstore is strategically located where travellers make the choice on whether to head to the Okanagan or continue down Highway 1 - or where they have no choice but to follow the construction detour for the next many months. ■



## ERS' TWO D. SMITHS

Eagle River Secondary is slowly recovering from the sudden loss of its beloved principal, Lyle Chapman. On Friday, I got to meet the new principal and vice-principal as they

scrambled to deal with the power outage. Interestingly, both are named D. Smith - Principal Darryl Smith and Vice-Principal Doug Smith. It's simple, really, Mister Smith, if you please, for both of them. ■

One of my favourite humans talking about our favourite animal. Sorry, Tessa, but cats come a close second!



*From Stephen Colbert interview with one of my favourite humans, Jane Goodall:*

Colbert: "I understand that chimps are not your favourite animal."

Goodall: "No. They're much too like humans."

So there are some I love, some I dislike."

Colbert: "So what is your favourite animal?"

Goodall: "Dogs. You can't have any more unconditional love than a dog."

Colbert: "Especially if your pockets are full of bacon."

Goodall: "No, you don't need anything."

Colbert: "You haven't met my dog".



So what if  
you can't  
draw?

## Thorough-bread!

A thorough-bread! ... I found this stupendous bakery creation on a Facebook page specializing in puns. I usually ignore the Meta AI information tab that accompanies FB posts now. AI's incursion onto Facebook is especially galling since Zuckerberg eliminated his human fact checkers. However, I wanted to identify the bakery, so figured the Meta AI might provide that information. Well, AI failed again. First it called the figure a "bread giraffe", then demonstrated that AI has no idea what a pun is - which was the whole idea for the post - thorough-bread



# INAUGURATION on MLK day

Last night as one of his first official acts, the President, who is himself a felon, pardoned nearly ALL of the January 6 insurrectionists. Just about every single one of them. Over 1500 violent criminals who assaulted our police and desecrated our Capitol.

Think about it. There's a good chance that the pardoning of insurrectionists is his way of building loyalty from militias and domestic

This is straight from the playbook of oligarchy autocrats. Surround themselves with the wealthiest and media rulers at the top and build loyal militias on the ground. Just so disheartened that our neighbours would go down that dark and destructive road.

■ It is ironic that Trump's Inauguration falls on same day as Martin Luther King Day in the US.



Donald Trump: "I am your warrior. I am your justice, and for those who have been wronged and betrayed, I am your retribution."



Martin Luther King: "We shall overcome because the arc of the moral universe is long, but it bends toward justice."



Maybe for once I should find something positive to say about Trump and his minions. So how about this? Despite the chilly reception Donald Jr. received on his very brief trip to Greenland, he kindly offered a nice restaurant meal to a group of homeless and impoverished Greenlanders. Such a display of compassion and all these guys needed to do in exchange was agree to pose for a photo wearing MAGA hats and hold an American flag



A sweet little diversion for you: A farmer and her horse make snow angels together.