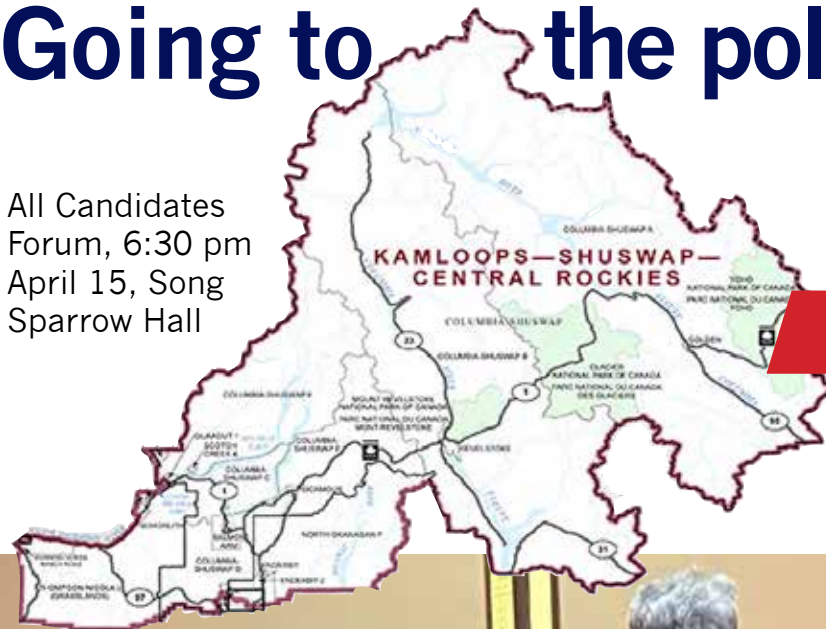


Going to the polls April 28 /P.2

All Candidates Forum, 6:30 pm
April 15, Song Sparrow Hall



April
ALL MONTH

AM



> Shuswap Strings Orchestra under conductor David Izik-Dzurko, rehearse for April 13 concert
> Shuswap Music Festival celebrates 25th anniversary. Runs all month until Gala concert May 2.

▼ TO-DO'S ■ Online: FriAM.ca ▶ 1st & 3rd Fridays ▶ April 4, 2025 • No. 1366 • FREE

Festivities
Art & Film
Concerts
Theatre
Sports 4,5



■ Playoff series vs. Sherwood Park Crusaders starts Friday (tonight) at home

EARTH DAY ECO EXPO
April 22-25 SD83 displays

Easter Children's Party, April 19
piccadillymall.com

The Mall at Piccadilly

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And they're off!

Four candidates, so far, are off and running to represent the 109,000 constituents of the newly minted Kamloops Shuswap Central Rockies Riding.

Mel Arnold, incumbent in the former Riding of Shuswap North Okanagan since 2015, is running again in the April 28 snap election called by Prime Minister Mark Carney, shortly after he took the reins over from Justin Trudeau.

Three other candidates are **Kennith Robertson** for the Liberals; **Owen Madden** for Green; and **Phaedra Idzan** for NDP.

> From top, clockwise: Mel Arnold, Conservative (incumbent); Phaedra Idzan, NDP; Owen Madden; Kennith Robertson, Liberal.
> Forum, 6:30, April 15, Song Sparrow Hall
> Election, 8-8, April 28; Advance, Apr 18-21; Salmon Arm office 2960 Okanagan SE; Elections.ca ; 1-866-545-0620.



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FRIDAY

APRIL 4
2025

AM

April All Month
EDITOR & PUBLISHER

Lorne Reimer
250.833-1141

fridayam@shaw.ca

DROP-OFFS

Hucul Printing 471 - 5th St SW
DEADLINES

Tuesday Noon

CIRCULATION

All Month (1st Fri) 4,500
Mid-Month (3rd Fri) 3,200
FriAM.ca: Worldwide

■ Go to FriAM.ca for Bonus Blog Post Pages!

○ Friday AM acknowledges covering the Shuswap and sharing the lands on the traditional territory of the Secwepemc peoples.

Pete Deisroth & Kim Parker Join VantageOne Financial Corp!



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Kim Parker, BBA
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PAGE 3

AM

APRIL ALL MONTH

There'll be a party after all

It is a month of the federal election, music festival, first round of hockey playoffs, turtles, Earth Day, a Syrian Soiree, Vimy Ridge anniversary (P.14), and so many other things (Pages 4, 5), but here I am writing about celebrating Canada Day in three months.

MOLEHILLS

Lorne Reimer



Yes, Virginia, there will be a big party again on Canada Day. Salmon Arm Recreation has taken on the mantle to organize a free family Canada Day Festival in the Rogers Rink and Recreation Centre area. So far, there's a ball hockey tournament, artisan market, food vendors, bouncy castles, face painting, show & shine, police, fire & ambulance, laser tag ... and the list continues to be added to.

"We are in the planning stages, but are very excited about this event," said arena manager Crystal de Boer. "Teams have to register for the tournament with a fee, but the other activities will be free."

The other celebration for Canada is the multi-culturalism festival June 27.

Meanwhile, the orange guy who started all this renewed enthusiasm for Canada, practically called for a new US national holiday with his so-called "Liberation Day" of global tariffs. Let's see how that all goes. ■

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Festivities

- > **Music Festival** - April 7 to May 2. ShuswapFestival.com
- > **Vimy Ridge 108th anniversary memorial service** - 10:45, April 9, Cenotaph. /14
- > **Easter Sunday** - April 20 Party at Piccadilly, April 19.
- > **Syrian Soiree** - April 12, United Church. Supper, entertainment, displays. Tix \$50. 250 463 3289.
- > **Turtle Festival** - 10-2, April 12, White Lake Hall. scavenger hunt, crafts, games, vendors, music, speakers
- > **Eco Expo** - April 22 to 25, Piccadilly Mall. Earth Day displays and presentations by SD 83 students and teachers.
- > **Home Show** - April 26-27, Rogers Rink.

Arts

- > **In Dialogue with the Collection: Fierce Female artists** Mar. 29 to May 4. Eight women artists. Tribute to Faye Fawcett. Artist talk, April 17. SA Gallery.
- > **Quintessence - Art of Five Women** - Opening 4-7, April 17, running to April 27 (10-7) at 1660 20th St. SE.
- > **Cardiff Miller Art Warehouse** - 11-5, Sat & Sun, Enderby. Former Ashley store. /P14
- > **Atelier Gallery** - 321 Hudson Ave. Passion for Colour by James Kortekaas. Runs to Apr. 18

Concerts

- > **SA Jazz club** - Shows at 7 pm, by donation at Nexus at First.
- **Jordan Dick**, guitarist, April 10
- **ShuHorns - Big Band Swing Dance**, 6 pm, April 17, Song Sparrow Hall.
- **Group du Jour**, April 24
- **Jazz at Lakeside Manor**, 6:30, 3rd Tuesdays with Sandy & Friends
- > **Coffeehouse circuit**- Oct. to May. All 7 pm except Sunnybrae.
 - Celist & Grindrod 1st Fri
 - Carlin, 1st Sat • Sunnybrae, 2nd Sat
 - Enderby Srs. Centre, 3rd Fri.
 - Gleneden, 3rd Sat.
 - SA Elks Hall, 4th Fri.
 - Silver Creek & Eagle Bay, 4th Sat
 - Shuswap Writers, 2-4 pm, 4th Fri., First Community. (April 25)
- > **Blue Moon Marquee** - April 3, Song Sparrow. Swing blues boogie jazz band.
- > **AURA Chamber Choir** - "Love & Fate", 7 pm, April 12 & 2 pm, April 13, Peace Lutheran, 1204 30th Ave., Vernon. Tix

live & dance

- > **Canooligans** • Dylan Williams comedy, April 11 • Blueshounds, Apr. 18 Karaoke, Wednesdays
- > **Copper Island Pub** • Jams with Blind Bay Blues Band, Tuesdays.
- > **Sicamous Legion** - Dale Trenholm, 3-6 pm, Sundays.
- > **Setters Pub** - Headway, Apr. 4; Liz Blair, Apr. 11; John Paul Byrne's Lightfoot tribute, April 18; Rockanagan, April 22
- > **SA Legion** • Relivin, April 11 • Aaron Halliday's Alan Jackson, April 21 • Theme Karaoke, 7 pm, every 2nd Friday. • Burger & Beer Fridays
- > **Gleneden Hall dance** • 7 pm, Sat., April 5 with Vic's Dance Band.
- > **Enderby Legion dances** • Kelly Belanger, April 12
- > **Song Sparrow**, Ethan Askey & Elevators, April 26. Monthly Dance.
- > **Kamloops Fiddlers Family Dance**, April 5, 100 Lorne St., Kamloops.

- at ticketseller.ca or at door.
- > **Shuswap String Orchestra** - "Symphonic seasons", 2 pm, April 13, St. Andrews Presbyterian, 1981 9th Ave. NE. By donation.
- > **Shuswap Music Festival** - April 7-May 2. shuswapfestival.com Gala Concert, 7 pm, May 2, Nexus
- > **Ethan Askey and the Elevators** - "Boogie Blues Dance party, 7:30, April 26, Song Sparrow Hall. tix/info at celebrateshuswap.ca
- > **Wesli** - 7:30, April 18, Song Sparrow. High energy world music.
- > **Bad Moon Rising** - 7:30, April 11, Salmar Classic. CCR tribute
- > **Pharis & Jason Romero** - 7:30, May 3, Song Sparrow Hall. Four-time Juno award winners.
- > **Shuswap Men's Chorus** - "Takin' Care of Business", 7:30, May 7, Nexus at First. Program of Canadiana, musical theatre, songs to tug at your heartstrings. Later in May, **Orpheus Men's Chorus** will join Shuswap Men's Chorus for a concert, 7:30, May 24, Nexus at First. \$20 for each concert Pink Cherry or Shuswap Clothing.

- > **Colin Linden** - May 24, Song Sparrow Hall. Nashville
- > **Sean McCann** - June 4, Song Sparrow Hall. "The Great Big Canadian Road Trip" from founder of Great Big Sea.
- > **A Whole new World** - 7 pm, June 6, Song Sparrow Hall. Concert of movie musicals from Disney & Hollywood.
- > **Roots & Blues** - July 25 to 27. Burton Cummings, Colin James. Los Lobos, Viik, Willi Carlisle, Heavy Heavy, Meredith Moon, Jesse Roper, Foghorn Stringband, Bywater Call, PLUS.. Tix and list of performers, so far at www.rootsandblues.ca

Theatre

- > **The Virgin Trial** - April 25 to May 11, Shuswap Theatre. A royal scandal. Tix at Choose Refill and shuswaptheatre.com
- > **O-Zone Drama Festival** - May 19-23, Shuswap Theatre. Four regional plays in four days.

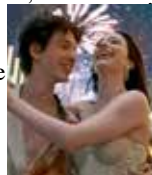
Sports

- > **Silverbacks**
Series 1 versus Sherwood Park
#1: 7 pm, April 4, Home
#2: 6 pm, April 5, Home
#3 & 4: 7 pm, April 8 & 9, Away
If necessary:
#5: 7 pm, April 11, Home
#6: 4 pm, April 13, Away
#7: 6 pm, April 15, Home
- ☐ SportSpot - P. 21

at the movies

- > **SALMAR GRAND**
• **April 4 to 10** • salmartheatre.com
- **Snow White**. 1:45 Fri.- Mon; 6:30 nightly. A live-action musical reimagining of classic 1937 film, featuring beloved characters - Bashful, Doc, Dopey, Grumpy, Happy, Sleepy, and Sneezy. (PG viol)
- **Death of a Unicorn**. 6:50 nightly. A father and daughter accidentally hit and kill a unicorn, and his boss schemes to exploit its curative properties. (14A gory scenes, viol.)
- **A Working Man**. 1:30 Fri. - Mon.; 6:30 nightly. A vanished girl calls back a construction worker to his previous mythic career in the world of counter terrorism. (14A viol, lang)
- **Minecraft Movie**. 1:30 Fri. -Sun; 2:00, 6:40 daily. Four misfits are pulled through a mysterious portal into a bizarre, cubic wonderland that thrives on imagination. (PG viol, may frighten young children)
- > **SALMAR CLASSIC**
■ **Shuswap Film Society** • shuswapfilm.net
- **Young Werther** (Can), 5:00, April 5. A 17th century charming, tragic love story is retold in modern-day Toronto. (PG)

- **Darkest Miriam** (Can.), 5:00, April 12. A librarian, surrounded by a colorful mix of marginalized eccentrics, deals with grief and sorted mysteries that swirl around her. (PG)
- **Anora** (US) 7:30, April 18, 19; 4:00, 7:30 April 20. Winner of five Oscars, including best picture and best actress. Son of a Russian billionaire impulsively marries a young sex worker. Parents send their henchman to annul the marriage. Joyous, funny and sad. (18A)
- **Can I get a Witness?** (Can), 5:00, April 26. A dystopian environmental fable set a near future world where everyone must end their lives at age 50. (PG)
- **The Room next Door** (US), 5:00, May 3. A Bestselling author faces her intense fears of death by rekindling a friendship with a fellow journalist who is facing treatments. (PG)
- *Coming up: Miss Boots, Misericordia, Doubles, The Penguin Lessons*
- **LIVE from N.Y. MET OPERA**
• **Le Nozze di Figaro**, 9:55 am, April 26 / P.6



city lights

- **vernon** • ticketseller.ca
- **Creekside (C)** • Perform. Arts (P)
- **The Soldier's Wife**, April 2-7 (C)
- **The Soldier's Wife**, Apr. 2-9 (C)
- **Natalie McMaster**, Apr. 5 (P)
- **OSO: Mendelssohn & Chopin**, Apr. 6 (P)
- **Vernon Community Singers**, Apr. 11, 12
- **Aura Chamber**, 7pm, Apr. 12 & 2pm, Apr13, Peace Lutheran
- **Jesse Cook**, Apr. 14 (P) • **Trooper**, Apr. 25 (P)
- **Word Nerd & Science Freak**, Apr. 16 (P)
- **Pedro Gonzalez**, Apr. 23 (P)
- **Mini Pop Kids Live**, Apr. 26 (P)
- **Jesse Roper**, Apr. 27 (C)
- **Martyn Joseph**, Apr. 27 (Vernon Jazz club)
- **Green River Revival**, Apr. 27 (P)
- **Radium Girls**, April 30, May 3, 4, 7, 10 (Pow)
- **Broadway Lights, Vegas Nights**, May 1 (P)
- **Sikh history**, May 2 (P) • **Stampeders**, May 11
- **Kelowna**
- **Jesse Cook**, April 5 •
- **Nitty Gritty Dirt Band farewell tour**, May 8
- **Penticton**
- **BTO, April Wine, Head Pins**, April 4

MAJOR AUTHORS

Well, things happen. That's true in fiction as well as real life, but in real life it's not

THE WRITE STUFF

M.D. Jackson



always convenient and it doesn't always move the story forward. Like the fact that **Gurjinder Basran** (whom I wrote about last month) has, sadly, had to drop out of attending the Writers' Festival.

Nevertheless, there are still many fascinating guests who will be gracing the shores of Shuswap Lake come May 16, including **Tracy Cooper-Posey**, who is the author of the popular *Once and Future Hearts* historical fantasy romance series, among many others. She writes romantic suspense, historical, paranormal, fantasy and science fiction romance, plus women's fiction. She also writes under the pen names of Cameron Cooper (science fiction) and Taylen Carver (fantasy). She has published over 200 titles, been nominated for five CAPAs including Favourite Author, is an Aurealis Award Finalist, and has won the Emma Darcy Award.

You could meet **Norma Dunning** (PhD), a Padlei Inuk writer, professor and grandmother. Dr. Dunning completed her doctoral degree in Indigenous Peoples Education at the University of Alberta in 2019. As a professor, Dr. Dunning has written an impressive amount of peer-reviewed content and has been a lead curriculum developer. She's published in poetry, prose, fiction and nonfiction.

Or you could meet Sarah Fox, author of the *USA Today* bestselling Pancake House Mysteries, the Music Lover's Mysteries, Literary Pub Mysteries, True Confections Mysteries, and Magical Menagerie Mysteries. She was born and raised in Vancouver, BC where she developed a love for mysteries at a young age.

You could meet award-winning author and illustrator Royden Lepp. His breakout series, *RUST*, has been celebrated as "one of the best all-ages stories to be crafted in the past decade." *RUST* earned multiple honors from the Association of Young Librarians and was optioned for film by 20th Century Fox and Netflix.

Miranda Krogstad, Patti Lefkos, Jenny Lester, Natasha Mihell, Brandon Reid and, of course, **John Vaillant**, author of *The Golden Spruce* and *Fire Weather*, will be in attendance as well. You can sign up for all of this by visiting the Word on the Lake website at wordon-thelakewritersfestival.com.

Don't forget about the romantic getaway to the Wyndham Canmore Resort! I still have \$20 tickets left at Hucul Printing
 M.D. Jackson covers the Shuswap writing community each month.

FESTIVAL CELEBRATES 25th YEAR

This month marks the 25th year of the Shuswap Music Festival. The journey began at the start of the millenium when Salmon Arm Rotary and BC Registered Music Teachers shared a vision to host a regional festival for young Shuswap musicians.

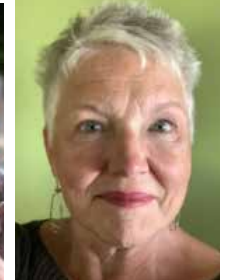
Thousands of talented musicians have taken to the stage, including choirs, school bands, solo vocalists, pianists and string players.

Performers learn from each other and from a roster of esteemed professional adjudicators who encourage and inspire excellence.

Some participants have pursued serious careers in music, becoming music teachers, performing in symphony orchestras, achieving international acclaim, and winning prestigious awards. Many have developed a deeper appreciation for music that continues to enrich their lives. They are the ones who join community choirs and participate in local events and orchestras.

A dedicated community of volunteers makes this month long-event happen, including Sue McCrae and Jane Hine who have been with it from the beginning.

The festival is supported by donations and community grants as well as Memorial bequests and family foundations generously



> Adjudicators - Colleen Athparia, Piano; Dr. Roxi Dykstra, Strings; Lorraine Reinhardt, Choral.

that provide scholarship funds through the Shuswap Community Foundation.

The festival opens April 7 with a special evening starting 6 pm featuring the Cantabile String Ensemble, followed by violin performances at the ARCT level with Autumn Sunderland, winner of several previous Best of the Fest awards.

Other highlights include the Shuswap Singers taking the stage, 6 pm April 14; piano duets and trios 6 pm April 23; Programmes for Strings, April 7 to 8; Vocal, April 14 to 16; Choral, April 14; Piano, April 22 to 25.

It concludes with a Gala concert, 7 pm, May 2, all of the sessions and concerts happening at Nexus at First United Church.

More information is online at ShuswapFestival.com. Admission to adjudicated sessions is by donation; the Gala is \$10 or \$20 a family.

You're Invited

> **Peace n' Pizza**, 5:30, April 18. First Community). (3rd Fridays, by donation). Event builds humanity through story-telling and listening, and includes a delicious dinner of pizza and veggies. See peacebuilders.world.

> **Shuswap Lake Health-Care Auxiliary Book Sale**, April 11, 12, Piccadilly Mall. Donations of gently used books gratefully accepted April 11. Joan (250)832-8696. Auxiliary meets 1:30, 3rd Tuesdays, Uptown SASCU.

> **Fly at Night**, 6-8 pm, Tues & Wed., Children's association. fly@shuswapchildrens.ca

> **SA council**, 2:30, Apr.14 > **CSRD**, 9:30, April 17

> **SD83**, 6 pm, April 15

> **Downtown Winter Market**, Saturday morns

> **Free Lunches**, 11-1, Wednesdays, First Community.

> **Pancake Breakfast**, 8-11:30, April 13, 5th Ave. 55Plus Centre. \$12 ages 5+ to 105.

> **Garden Club**, 7 pm, 4th Tues, 5th Ave 55+

> **SA Toastmasters**, 7 pm, Thursdays, 5th Ave Centre. Lorraine 514-898-1776.

> **Trauma Aware communication**, 9:30 to 3,

April 5, Shuswap Children's Association, 551 Hwy. 1. Cost \$5 includes lunch.

> **Chess drop-in**, 6 pm, Wednesdays, Okanagan College. salmonarmchess@gmail.com

> **Theatre on Edge**, June 13-15.

> **Free income tax preparation** (ind. taxes up to \$35,000, couples \$45,000), 9-3 Mon-Thur,

Shuswap Family Centre, Marine Park Dr. 250-832-7000 or seniorsresourcecentre.org

> **Enderby Spring Market**, 9-3, April 12, Enderby Seniors

> **Building Vibrant Communities**, 1-2, April 12, Piccadilly (across from office). Hosted by Baha'i. Info 250-804-8657.

> **Full day at the hospital**, April 9 for SD83 grades 9/10 students interested in a career. 12 different career stations.

> **SA Downtown AGM**, 5:30, April 23, Song Sparrow. info@salmonarmdowntown.com

> **Shuswap Naturalist Club Field Outing** - Spring Birds, Swan Lake Grasslands, Allan Brooks Nature Centre, April 6. Meet at Junglemania 8:30 to carpool. Bring: Lunch and binoculars. Leaders John & Marcia Woods.

Updates at www.shuswapnaturalist.ca

> **Birding for Families** - 9-1, April 21, 28, May 5, 12. Meet at SABNES Nature House.

Slow walk with expert guides. No dogs.

> **Peace Gathering**, 8:45am-4 pm, April 5, satellite from Grand Forks to Song Sparrow.

> **Meditation Midweek Downtown** - 7-8 pm, Thursdays, 450 Okanagan, (off 4th St. SE).

> **Team Spelling Bee**, 7 am, May 7, Song Sparrow Hall. shuswapliteracy.ca

> **Spring Homestead Market & Petting Zoo**, 10-3, April 19. Notch Hill. Over 30 vendors

More on next page

You're Invited

- > **Armstrong Green Fair**, 9-2, April 19, IPE.
- > **Drawing lessons** - Thursdays all April (3:30, age 5-8; 4:30, age 9-12; 5:30, age 13+ - SA Arts Centre. Email to register - peter.joch@gmail.com
- > **Grandmothers to Grandmothers sale**, April 4, 5, Mall at Piccadilly.

ESCAPE FROM TODAY'S WORLD

Rising star conductor Joana Mallwitz makes her Met debut leading an extraordinary cast in Mozart's comic masterpiece, *Le Nozze di Figaro*. Bass-baritone Michael Summel stars as the clever valet Figaro, opposite soprano Olga Kulchynska as his betrothed, the wily maid Susanna. Baritone Joshua Hopkins is the skirt-chasing Count, with soprano Federica Lombardi as his anguished wife and mezzo-soprano Marianne Crebassa as adolescent page.

The production is a remarkable marriage of Mozart's music at the height of his genius and what might be the best libretto ever set. In adapting a play that caused a scandal with its revolutionary take on 18th-century society, librettist Lorenzo Da Ponte focussed more on the timeless issues embedded in this brilliant drawing room comedy.

Its score reflects a tension among the social classes and between the sexes. First impression is one of tremendous elegance - beneath the surface lies a subtext of pain and deception—and ultimate

CLASSICAL VIBE



Gabi Klein

forgiveness. The women's showpiece arias reflect the depth of the drama with delicate, ravishingly beautiful melodies. At every turn, the orchestra expresses the unspoken thoughts and motivations of the characters

Seville, the setting of *Le Nozze di Figaro* and its prequel, *The Barber of Seville*, was famous in Mozart's time



as a place filled with hot-blooded young men and exotically beautiful women sequestered behind latticed windows, or "jealousies" (which gave us our English word "jealousy"). The current Met production places the action

in the 1930s.

This opera will banish any blahs or depressive feelings one might have - an escape from today's world. It's message about the interaction of the classes in Mozart's time with parallels today. It will be a morning of singing, music, sets and costumes not to be missed. ■

□ *The live screening from The Met to The Classic starts 9:55 am, April 26.*

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READING ROOM

by Melanie Wilke, SA Library Branch

Author talk on healing journey

If April showers have you looking for some indoor activities, Salmon Arm Branch of Okanagan Regional Library has some great options to explore this month.

Blind Bay author, **Keri Lefave** will read from her new book, *The Chrysalid: A Soul's Struggle to Rekindle its Inner Magic*, chronicling her healing journey and quest for inner peace. Keri will be reading and hosting a Q&A, 11 to 12, April 5. There will be copies of her book available for purchase.

English Conversational Group is where you can meet new people and improve English skills, meeting 6 to 7:30, Tuesdays.

Do you have an i-Phone or i-Pad, but unsure of all the features and available apps? We are partnering with LASS to offer "There's an APP For That: Apple Notes." Bring your device and charging cable, 2 to 3, April 25 and learn [the many features. Reg. required.

This month's **On-Line Classics Book Club** will discuss John Steinbeck's *Of Mice and Men*. There is so much to say about the struggles of George and Lennie, and their beautiful friendship. Register for this on-line program 12 to 1, April 3 and 17. If you prefer classic films, **Salmon Arm Film Club** meets 6 to 7:30, April 15 from 6-7:30 to discuss *Who's Afraid of Virginia Woolf?* You can watch the film ahead of time, using ORL's free streaming platform.

Friends of the Library for Salmon Arm and South Shuswap is holding its AGM, April 28 from 11-2. It's a great opportunity to help support your local library. We hope to see you there.

A reminder that April brings not just showers, but also Easter. The library is closed April 18 to 21. While doors are closed, you can still access on-line resources like Kanopy (free movie streaming) and Libby (free e-books and audio books).



SOUTH SHUSWAP BRANCH

- **CHILDREN - Stay & Play** drop-in; **Mother Goose**, 10:15, Friday.
- **ADULTS- Puzzle Exchange; Garden Club** with seed library, 10:15, 2nd Tuesdays (Sue 250-835-2351); **Page Turners Book Club**, 1 pm, 1st Thursday. Reg. required 250-675-4818; **Knitting Circle**, 10:15-11:30 am, 1st/3rd Fridays;

Writer's Nook, 1-3, 2nd/4th Tues; **Cyber Seniors**. Call Kell at LASS to volunteer as a tutor or to learn Digital Skills, 250-463-4555 (adultprograms@shuswapliteracy.ca); **Paper Crafting**, 2-4, 3rd Saturdays.

• **ADULTS/ TEENS. Shuswap Laughter Yoga Club**. An exercise to cultivate joy that helps reduce stress and immune system stronger.

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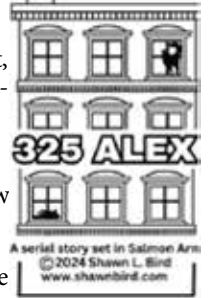
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our community*
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For info & programming voiceoftheshuswap.ca

SEASON 2: Episode 3

Serial story by Shawn L. Bird

Life on the third floor of 325 Alex was lonely since the dela Cruz family had moved out of #302. Henry had enjoyed watching little Maggie growing up, if not all the nights she'd kept him up with howls that shook the walls. Now that Sophia and Angelo lived on Beatty Street, weeks could past between times he saw them shopping in Askews.



Their apartment was still empty, though he did feel the ghost of Maggie's colicky nights still lingered. He was looking forward to a new neighbour.

He stepped out his door, his shopping bags tucked under his arm, and was astonished to see the door to #301 was wide open. He stepped nearer, listening closely. "Hello? Is anyone there?"

There was a rustling inside, so he stepped to the doorway and leaned his head in. "Hello? Your door is open. Is everything okay?" Silence.

Henry looked around the landing, hoping someone would appear to give him some advice. Finally he called in. "I'm your neighbour Henry Block. I'm in #302. I'm just going to close the door for you. For security, you know? I hope to meet you soon!"

Then, very tentatively, he shut the door. He didn't touch the push lock, but at least a closed door wasn't the invitation to trouble that an open door was.

He ignored the elevator and took the stairs down to Alexander Street. He thought longingly of the sleepless nights when Baby Maggie cried the walls down. With each stair his anxiety throbbed: Something. Is. Wrong. Something. Is. Wrong. Something. Is. Wrong.

From a third floor window, a pair of eyes watched him emerge from the building and tracked him down the street. ■

☐ Read Season 2, Episode 4 of '325 Alex' in the Mid-month issue of AM



25 YEARS SHUSWAP MUSIC Festival

April 7 - May 2, 2025

Adjudicated Performances
at **Nexus - First Community**
450 Okanagan Ave SE, Salmon Arm

Strings April 7 - 8
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Piano April 22 - 25

Gala Concert

Friday, May 2, 2025 • 7 PM
at Nexus - First Community
\$10 Person • \$20 Family

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Programs and info online at
ShuswapFestival.com f i



THE A. McGuirer

April 1st, 2025 * Read with care and humour

> The developer of the highrise next to Rogers Rink is paying for a massive window on the east side of the rink so tenants can watch Silverback games from their balconies.

Salmon Arm loses Trans Canada

The highway through Salmon Arm is now redesignated Highway No. 5 as part of Canada's adjustment to the US annexation of Southern Alberta and a honking big part of Saskatchewan.

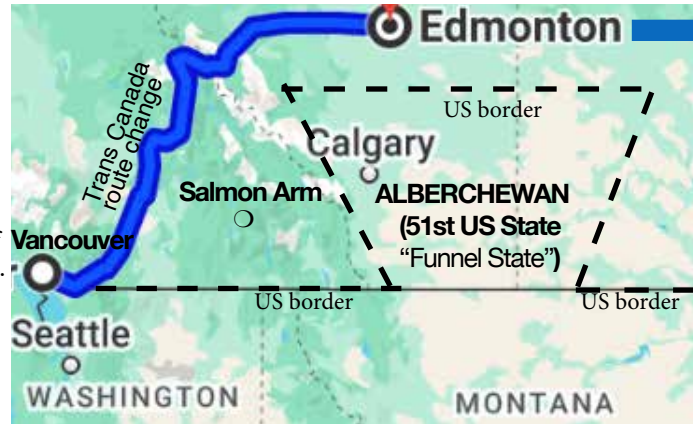
Former Alberta Premier Danielle Smiss celebrated her 54th birthday on April 1st as the first governor of the new 51st State of Alberchewan.

US President Trump called it a "huge victory for America". He said he was simply "applying his genius art of the deal tactic" after spending his first three months in office demanding that the entire nation of Canada be annexed.

"I call Alberchewan the *Funnel State*. What a beautiful name!" he said referring to the 51st State's funnel shape that will soon funnel a P.O.W.E.R. house of resources directly into the heart of the USA - namely Potash, Oil, Wheat, Electricity and Rocky mountain water from the east flowing Bow River.

Banff National Park will remain part of Canada in exchange for a portion of southwestern Saskatchewan.

Salmon Arm Mayor Harry Allenson expressed disappointment over Canada's great loss of Southern Alberta, as well as the



Shuswap's loss of Trans Canada status. "The rerouting of Highway 1 on the Yellowhead will reduce transport traffic, however, time will tell how it will affect the volume of tourist traffic."

The decision to join the US was on condition of a referendum vote of at least 51 per cent favourable vote in South Alberta up to and including Red Deer.

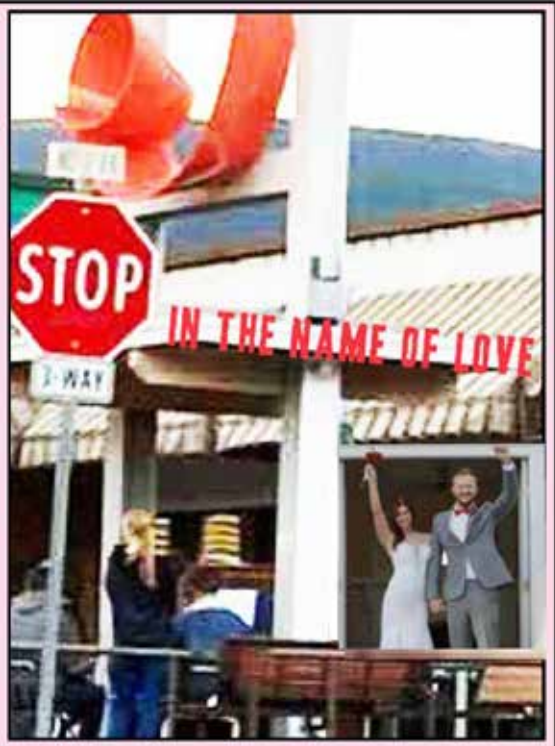
There are reports of thousands of Canadian loyalist Calgarians trading homes with Pro-annexation Edmontonians.

> Danielle Smiss, first governor of the 51st State of Alberchewan, celebrated her 54th birthday on April 1st (true fact, look it up). She is pictured here with Homeland Security Secretary and former South Dakota Governor Kristy Hoem.



> Ramona Harbottle, the social convenor of the Shuswap Crochet Guild, would like to publicly express her heartfelt apology for booking an inappropriate rock combo for the Guild's annual banquet and dance. "When I saw the name 'Slipknot', I thought it was a perfect musical choice. But was I wrong!" she confessed. No one got up and danced during the heavy metal band's set.

Wedding Bells under Treble Clef
Getting married under the giant orange Treble Clef is about to add a new note to Downtown's famous landmark. 'Stop in the Name of Love Wedding Chapel', next to Askew's and the Treble Clef Palate Cafe, is now taking bookings in time for the busy wedding season. This weekend, bells will be installed on the Treble Clef so grocery shoppers will get to hear Felix Mendelssohn's "Wedding March" at the end of each marriage ceremony.



In praise of solitude

Two evenings ago I was browsing through the menu on my TV and for some reason I stopped on a channel I did not recognize.

MY TWO
CENTS



Ed Campbell

It was one of those

channels I rarely stop on. I selected it and watched from the middle to see what was going on.

There were two people, one was a large bearded gentleman draped in an expansive robe and carrying a walking stick. The other was a 40-something woman who seemed on a journey of enlightenment. They were in a quiet wooded area surrounded by nature. The lady, as it turned out, was a very busy executive of some sort who's life was tied to her cell phone and be available 24/7. At the start, she turned off her cell and lap top and all connection to the world around her. The objective seemed to be to get her away from those things that entrapped her and find peace among the simple things.

As I tapped into this episode she had just returned to the company of the gentleman who was sitting on a log awaiting her return. Apparently she had requested 20 minutes of alone time to wander off and find a quiet spot. It seems she had been gone for 40 minutes and upon returning, began to weep. She had never been alone in a wood before and was deeply moved by the experience. She pointed out that growing up she had never gone camping, fishing, never rode a bike and had no attachment or understanding of the natural environment.

After this two-day journey she was given permission to turn on, once again, her devices. She had over 200 messages awaiting her and her lap top no longer recognized her in the "face recognition" mode. So soon we are forgotten.

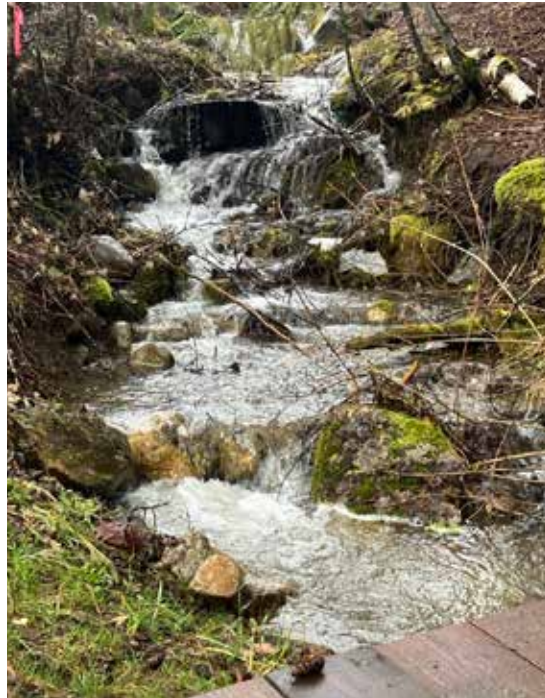
This short episode inspired me to reflect on what is important and the moments that changed my life. Not because these moments were significant, but that they were special.

I remember the time I took a lady canoeing, visiting from Australia who desperately wanted to see a loon. She was terrified of the canoe but her desire was strong. After an hour we were about to give up when all of a sudden a loon surfaced 20 feet from our boat and gave that iconic cry that we all know so well and says "I am Canadian". I also remember the last time I took my grandson fishing in a small lake up on the Adams Lake plateau. We were making small talk when an osprey circled overhead and plunged into the water for a fish a few feet away. Another time my daughter and I came upon two deer in the headlights of our truck, we stopped, got out of the truck, I took her hand and we walked up to those two young deer as they stepped closer to us. These moments deny explanation but we never forget.

Faced with so many ugly things these days it is comforting to recall the nice things.

Happy Easter folks. ■

□ Ed Campbell keeps himself quite busy in his retirement, and has many tales.



Spring beauty

> There's a gorgeous waterfall on the slopes of Mt. Ida, south of Foothill Rd. and 10th St. SW. Unfortunately, the trail up or down Mt. Ida here is now on private property and not allowed for public access. Access to the mountain trails is from the Mt. Ida cemetery.



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Parliament Buildings

Victoria, BC, V8V 1X4

Ralph Cave photo



> This vintage photo of the old Railway station and grounds shows the possibilities by reclaiming the railway works yards as a beautiful gateway park

next to the underpass. The station could be repurposed as a pub, restaurant, store or visitor centre. The yards could be amalgamated with Tappen's.

> Add "Friendship Gate" on the McGuire Lake sign.

> Lay sidewalk between 3rd St. SW and casino along highway.

Bravos & BOOS

> **BOO TO** those who discarding beer cans and other litter along the walkway into the marsh. This terrain is difficult to enter for clean-up.

Submitted by Judith Benson:

> **BRAVO TO** Shawn Bird for penning another serial in FAM .. And Bravo to parents and grandparents who take pause to point out the wonders of nature along the lakeshore walkway.

NOTE: March has embraced up to 13 great blue herons, 7 hen and 2 cock pheasants, plus myriad songbirds along the walkway.

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Postcard from the past, purpose for the future

I find myself in Victoria this week for government meetings. As I walk around, I'm reminded that this September will mark my, gulp, 35th year in BC.

NOTES FROM THE MARGIN



Louise Wallace Richmond

I was meant to be here for a year, maybe two, and then find my way back to the motherhood that was - at the time - Parliament Hill in Ottawa.

My memories of that time in Victoria were both full of wonder and humility. I marvelled at the ocean, flora, fauna, constant sound of seagulls in the harbour, rain in January, cherry blossoms of April, or the ever present nods to the Old England, be it high tea, double decker buses or red phone booths.

But it was a challenging time as well. It was at the tail end of a recession. The legislature wasn't sitting and despite what I thought was a solid bit



of experience in government, I could not find a job to save my life. I remember thinking that if I got a few more rejection letters, I might have enough to wallpaper a part of my small apartment.

I was here with a friend who was studying at U Vic so I resigned myself to pursue a study programme of my own making. I diligently listened to CBC *Morningside* on my transistor radio while walking oceanside on Dallas Rd. I spent many hours at the public library reading the dailies, watched PBS and taught myself to cook.

There were bike rides. Many, many, bikes rides. I suppose in retrospect, I could have called it my 'Discovering Victoria 101'.

I remember thinking Victoria wasn't the friendliest place in the world. In thinking back, that was likely more the difference in demographics. In my neighbourhood, the average age of the tenants in my apartment building was 72, including my friend and I in our early 20s.

That's changed now. It seems

full of students and young families in addition to the wise league of retirees.

I also remember thinking it wasn't the easiest place to get to or leave from as trips

home meant almost a full day of travel by bus, to the ferry, just to get to the Vancouver airport. That part hasn't changed much. I expect that's about the geography of the place as much as anything else.

I don't remember being sad to leave although it was a beautiful place to call home. Once the school year was over, I moved to Vancouver and started another adventure.

But being

here again, I'm reminded that cities like Ottawa and Victoria, seats of govern-

ment, have a certain seriousness about them. I understand that now as an elected official often summoned to discuss important matters to communities, especially to small ones like ours and those in our region.

It might be lost on tourists just here to visit, but it should not be lost on us as voters. The decisions we make at the ballot box determines what happens in these places. I hope I can count on you to cast your ballot come April 28. Our votes power their purpose.

To find your polling station, visit elections.ca. Go to voter information and enter your postal code. Voting in a democratic election is both a privilege (fewer than 50 per cent of the global population live in a democracy) and a right. If the world is teaching us anything right now, it's that if you have a voice, use it.

As always, thanks for reading and for this month, thanks for voting! n

□ Louise Wallace Richmond is a Salmon Arm councillor and contributor to the All Month issue.

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will be hosted again at Royal LePage Real Estate office parking lot at 551 Hwy. 1 from 8 to 1, May 10. We invite donations of gently used items by dropping off at the BigSteelBox on the lot (NO computers, monitors, TV's, golf clubs, skis, beds, mattresses or box springs). ALL proceeds for Women's Shelter and S.A.F.E. society). Since 2012, sale has raised over \$100,000

LOST

LOST ring of sentimental value. Similar to photo, but star not as prominent. A gift to husband of a couple who were together 60 years. annjoe@telus.net



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WEATHER SYNOPSIS

Sunny weekend ahead. High to 20 on Sunday; low 5.

Normal: +12C to 0C
Sunrise 6:33 • Sunset 5:30

Past Temps, Mar. 19 to April 1

By weather reporter Nick Parsons
SW Gleneden, 458 m (119 m above lake):

DATE	HIGH	LOW	PRECIP.
Mar. 19	+6	-1	3/16" rain
Mar. 20	+12	+1	Trace rain
Mar. 21	+14	+3	

DATE	HIGH	LOW	PRECIP.
Mar. 22	+11	0	
Mar. 23	+6	+1	3/16" rain
Mar. 24	+8	+2	
Mar. 25	+10	+5	1/4" rain
Mar. 26	+14	+5	1/16" rain
Mar. 27	+14	+8	3/16" rain
Mar. 28	+13	+5	1/8" rain
Mar. 29	+14	+3	1/8" rain
Mar. 30	+13	+4	
Mar. 31	+12	+4	
April 1	+14	+5	

MONTH OF MARCH:

Prec: 2 5/8" rain
Mean average high: + 9.5 C
Mean average low: +1.6 C

PASSAGES

LEGACY LIVES ON
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- ❖ Myrtle Leona Anderson
March 24, 2025, at age 104
- ❖ Lilly Theresa Dawson
March 24, 2025, at age 88
- ❖ Vicki Mae Donnelly
March 22, 2025, at age 56
- ❖ Evelyn Mary Bernice Hyam
February 10, 2025, at age 92
- ❖ Deborah Dawn McCann
March 28, 2025, at age 62
- ❖ Edna 'Marie' Moore
March 28, 2025, at age 87
- ❖ Hilde Myers
March 27, 2025, at age 83
- ❖ Manfred Myers
March 27, 2025, at age 86
- ❖ Douglas William Ough
March 29, 2025, at age 55
- ❖ Judith Lynn Powell
March 29, 2025, at age 76
- ❖ Janet Eleanor Jackett
2-4, April 19, Prestige Inn
- ❖ Viento Alberto Brideau
1-4, April 26, 5th Ave. Sr.

Bowers Funeral Service
bowersfuneralservice.com

- ❖ Merlyn 'Bob' Browne
March 26, 2025, at age 95
- ❖ Arlaine Beck
March 14 2025, at age 83
- ❖ Gerald Heigh
March 15, 2025, at age 85

- ❖ Karen Schwandt
March 26, 2025, at age 81
10:30 am, Apr. 26, North
Canoe Srs. Centre
- ❖ Bruce Halverson
11 am, May 31, Gathering Pl.
- ❖ Roger Joseph Meunier
11 am, April 12, Bowers

❖❖❖
❖ Bill Lynch
1 pm, April 13, Canoe Srs.

- ❖❖❖
- ❖ George Foreman, 76, American boxing champion
- ❖ Hossam Shabat, 23, All Jazeera journalist, airstrike
- ❖ H Eisman, 98.. comic book artist/writer Katzenjammer kids, Little Lulu, Popeye
- ❖ David Child, 83, architect of One World Trade Centre, tallest building in Western hemisphere (1,776 feet)
- ❖ Richard Chamberlain, 90, Dr. Kildare, Shogun, Thornbirds
- ❖ Sian Barbara Allen, 78, actress
- ❖ Val Kilmer, 65, US actor - Batman Forever, Top Gun, Doors
- ❖ Mark Laforest, 62, Can. NHLer - Flyers, Leafs, Red Wings
- ❖ Betty Webb, 101, English code breaker

Chris Fowler photo



SPORT SPOT

Playoff Series 1: vs. Sherwood Park, Starts Friday, Apr. 4

SERIES SCHEDULE
#1: 7 pm, April 4, Home
#2: 6 pm, April 5, Home
#3 & 4: 7 pm, April 8, 9, Away
If necessary:
#5: 7 pm, April 11, Home
#6: 4 pm, April 13, Away
#7: 6 pm, April 15, Home

2024-2025 Awards:

- Maddux Martin: Most Valuable Player, Fan favourite & Most dedicated
- Ryan Philbrick: Most Sportsmanlike
- Riley Ashe: Hitman
- Andrew Ballantyne: Unsung hero
- Patrick Raftery: 'Score for School'
- Tanner Walos: Wellness in Action
- Tate O'Brien: Academic
- Ben MacBeath: Top Defenceman
- Ben MacBeath: Rookie of the Year
- Easton Walos: Most Improved Player



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> **End of regular season play:** Mar. 21: SA 4, Trail 3 • Mar. 22: Trail 4, SA 1 • Mar. 28: SA 3, West Kelowna 1 • Mar. 29: SA 5, Penticton 1, • Mar. 8: SA 6, Okotoks 2 • SA 7, Cranbrook 3 • Mar. 2: SA 3, Prince George 1.

'Bucks wrap up 5th place in Interior Conference: 32 W, 15 L, 7 OTL, 65 pt
Penticton 87; Brooks 84; Trail 74; SA 65; Sherwood Park 67; Cranbrook 62; West Kelowna 53; Okotoks 45; Spruce Grove 44; Vernon 36; Blackfalds 32
Coastal: Chilliwack 79; Surrey 67; Cowichan 66; Victoria 65; Coquitlam 63; Nanaimo 62; Aberni 56; Pr. Geo. 52; Langley 52; Powell River 24.



- > **Tennis**, book indoor / outdoor courts at clubsparks.ca
- > **Hit2Fit Boxing Charity Gala**, 4-10:30 pm, April 26, SASCU Recreation Centre • salmonarmboxingforwellness.simpletix.com
- > **Shuswap Dragon Boat Society / Friends Abreast AGM**, 1-4, April 13, Salmon Arm Lawn Bowling Club next to curling rink.
- > Meet the **Greg Grebes Dragon Boat team for retirees** at the Wharf every Tuesday and Thursday this summer at 7:30 am for a fun filled experience. Paddles and instructions are provided. Call or text Linda Rohlf at 250-833-2155.
- > **Shanda Hill** of Vernon has officially made history as the first and only woman to complete the South Africa Deca Ultra Triathlon.
- > **Minor Baseball Tournaments:** 9U, May 23-25 • 11U, May 30-June 1 • 13U, June 6-7 • Umpire Clinic, April 5, 6.

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> The newly re-established Salmon Arm Lions Club hold a recent fundraising bottle drive. The club had disbanded a decade ago and is now looking for new members (salmonarmionsclub@gmail.com). Its mandates include hunger, diabetes, childhood cancer, the environment and vision.

R.C.L. Branch 62

150 Lakeshore Drive NW, Salmon Arm, BC V1E 4N3

108th Anniversary of Vimy Ridge



Vimy Ridge taken by Canadian Forces at 0530 hr on Easter Monday, April 9, 1917



Memorial Service to be held on
 Wednesday, April 9, 2025, Time: 10:45 am
 Location: The Cenotaph

Refreshments provided by R.C.L. Branch 62 Legion kitchen following the service.

Survey for Unhomed

Those who live in a vehicle, with friends, or somewhere else and do not have a place to rent in Salmon Arm are invited to participate in an anonymous survey on Friday, April 11.

Drop in at the Salvation Army Lighthouse between 9 and 2 (free pizza 11 to 2) or at the library in Piccadilly Mall from 10:30 to 3:30.

778-824-1900

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INFO@MERIDIAN-HEALTH.CA
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WORD SEARCH Names this month

Arnold
Idzan
Madden
Robertson,
Blanchet,
Carney,
Poilievre,
Singh
May
Pedneault,
Dick,
Shuhorns,
Askey
Wesli
Pharis,
Jason,
McCann,
Linden
Vimy
Sherwood
Anora
Chorus,
Athparia
Dykstra,
Reinhardt, Turtles, Easter, Festival, Orpheus, Headway, Syrian Soiree

S A L B W T S E L T R U T W D F D X N
U J R A L E D K R O B E R T S O N E T
R A M T L A S R Z S N O R P H E U S M
O S U H V W V L A C N S X E F S Q L V
H N S P B J K I I H Y N J M G K C Y L
C D I A G H L Y T R N Q A G A P A R K
Q Y C R D L E F I S J I L C N U E S Z
H K F I Z N C A T M E P E A C T V H X
G S O A R K N U G Y X F Z R S M R U T
S T J A K C I D G E E D L A C J C H E
I R C A R O N A H R I K E P D S H O H
H A D Y L D Y A M H D S S X B H Y R C
E G H Y A W D A E H S W M A P E A N N
Y U N S Z M M L O J I S E R I R S S A
C E T I A H F I T F R O N J Q W N I L
Y F P D S Q P N W O A I T S N O N V B
C M D T J Y I D W W H R L R G O S P H
E E I D Y P J E A P P E L I S D D S J
N X R V G C W N Z H A E J A A H Z L M
U U A D F I D L O N R A J K A E X N T

PICTURE THIS



> This Haida logo by Danielle Allard is for an upcoming community Potlatch on Haida Gwaii. It depicts ancestors listening, three sets of eyes, ears, and mouths (ovoids) participating.

HIDDEN GEMS

THIS QUOTE SPACE HOSTED BY
Hidden Gems Bookstore, 331 Alexander
www.hiddengemsbookstore.com

- > "If you are not careful, the media will have you hating the oppressed, and loving the oppressor." ~ Noam Chomsky
- > "Dream big dreams, but keep those small dreams alive, and you will rarely be disappointed."
- > "In my darkest hour I reached for a hand and found a paw."
- > "Inclusion isn't just inviting someone to sit at your table. It's believing they belong there."
- > "Patience is important because it makes us pay attention." ~ Coelho

FUNNY BONE

- > *That moment you've been waiting all your career for:*
Flight attendant: Is there a doctor on the plane?
Me: Yes, but not that kind of..."
- Flight attendant: "The pilots are debating the merits of the terminologies of *Dark Ages, Late Antiquity vs. Early Middle Ages.*"
Me: "Okay! I'm on it!"
- > "People often mistake me for an adult because of my age."
- > "Be like a crow - Collect shiny things; hop happily down street for no apparent reason; whatever you eat, eat it with joy; scream loudly-when you see your friends."
- > "The older I get, the more I regret all the people I've lost over the years. Maybe being a trail guide wasn't such a great idea after all."
- > "I went to McDonald's today and ate a Kid's Meal. It was good, but his mom was furious."

POP QUIZ

- > What two duos from the British invasion hit the charts with these two harmonious songs "World without Love" and "Summer Song"?
- > Name a few famous Canadian rappers.
< Drake, Weeknd, K-os
< Peter & Gordon; Chad & Jeremy

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Next
Friday
AM
comes
out
April 18

Humankind is One
"So powerful is the light of unity that it can illuminate the whole earth."
- Bahá'u'lláh

For information about the Bahá'í Faith please contact:
250-833-1890
bahai.org

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1 year	3.22%	Down 0.06%
2 years	3.26%	Down 0.03%
3 years	3.36%	No Change
4 years	3.38%	Down 0.02%
5 years	3.50%	No Change

* GIC rates as of April 1, 2025, subject to change without notice. Certain minimums and conditions may apply.

Daron Mayes, BBA, CPA, CA, CFP
Investment Funds Advisor

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You're Invited

Continued from P. 5, 6

- > **Rotary Food Drive**, April 12. ourrotary.com
- > **Volunteer Tea & Meeting** for Literacy Alliance of the Shuswap Society (LASS), 11 to noon, April 24, Prestige Resort. RSVP by April 7. info@shuswapliteracy.ca



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Fire course for landowners

It is time to gear up for all the possibilities and risks of the 2025 fire season. Wildwood Resources Ltd. is again offering property owners the C-100 course for, wildland firefighting. This course is specifically designed to instruct landowners on how to fight a small bush fire safely and effectively. It runs for about eight hours - the first half in the classroom and the second in the field actually digging hand guard, running pumps and using fire hoses.


If your community is interested in hosting this invaluable training course, you should book early as once the fires start it will be unavailable. Email inquiries to c.rossfire@yahoo.ca



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or visit: salmonarmphysio.ca

Daniel von Hollen BSc, MPhtySt • 804.3033
2B-120 Harbourfront Dr NE



Eric Christmas
MEMORIAL BOARDWALK
AND VIEWING PLATFORM PROJECT



Learn more! SABNES.ORG

DOUBLE YOUR DONATION EXTENDED!

Join Us in a Community Effort

The Salmon Arm Bay Nature Enhancement Society (SABNES) is embarking on an exciting project to rebuild a new boardwalk and wildlife viewing platform. This is more than just a structure; it's an opportunity to preserve access to one of the few remaining urban wetlands where 282 bird species thrive, including the remarkable courtship displays of the Western Grebes.

Donate today!



Your Cause,
Our Commitment.
SASCU by Your Side

Update!



The pilings are installed!

Thanks to the amazing support of our community, we are well on our way to reaching our goal! Help get the boards installed with a donation to this legacy, community project.



eh?/em!

Blog Post

FriAM.ca

All Month SALMON
MidMonth ARM

FROM FACEBOOK DAILY POSTINGS

In Business. For Business.

FEDERAL ALL CANDIDATES FORUM

April 15th 630pm to 830pm
Song Sparrow Hall

Event Information:

- Doors open 6pm
- Seats are first come first seated
- Maximum capacity 180
- No questions will be taken from the floor
- Please email questions to admin@sachamber.bc.ca by Friday April 11
- Any attendees causing a disruption will be asked to leave

GREEN Liberal NDP



Conservative



PEOPLE'S PARTY of CANADA

The Salmon Arm Chamber of Commerce is non-partisan—we do not endorse political parties or candidates. We advocate for policies that support a strong business community and ensure local businesses are heard at all levels of government.

Salmon Arm Legion #62
150 Lakeshore Drive NW, Salmon Arm

"Relivin"
April 11th, 2025 7-11pm



Classic and Contemporary
Country & Rock
Tickets \$10 (No Minors)
Available at the Salmon Arm Legion

Thirsty Thursdays Sports Night
6:00-9:00pm | Free Pool, Shuffle Board, Dart & Cards

108th Anniversary of Vimy Ridge
Vimy Ridge Parade & Lunch
Starts at 10:45am. on April 9th
Ceremony at Cenotaph followed by lunch at the legion

Burger & Beer \$12
Every Friday 12 - 7pm

Meat Draw every Saturday, 1-3pm
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(5th round \$100 bonus package)

Now Open for Lunch on Tue. & Wed. 12:00-1:30pm
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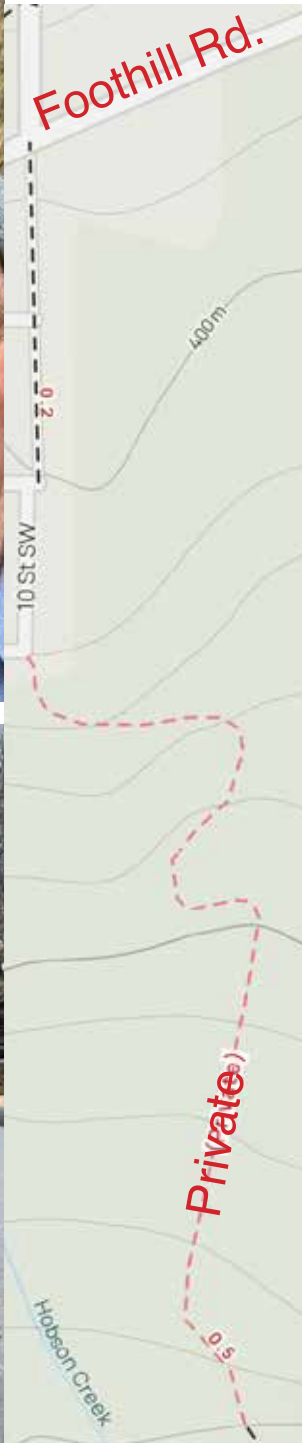
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walk with Les

CLIMBING MT. IDA

■ Housing is steadily climbing up Mt. Ida south of Foothill Road at 10th St. SW, first The Ridge and now Woodlands Hts. This week's Walk with Les discovered trail bridges over a gorgeous Creek falls as well as sweeping city and lake views. Trouble was we kept encountering Keep out, private property and no trespass signs. Where is the park, where is the way down for Mt. Ida hikers?



EVERGREEN IN SPRINGTIME

walk with Les

> Today's walk with Les was the Evergreen Mobile Home Park, a perfect neighbourhood to discover the awakening Spring.. Folks love to blend character and nature to their small yards, You need to walk, not drive, to appreciate all the care and detail. And such a treat to see families and seniors enjoy life together.



> After explaining why I brought a cane (to keep the weight off my leg covered by a painful rash), I showed my leg to Les. "Oh my Lord!" he says, showing off his best acting chops.



*Shuswap riding's MLA posted this.
Does anyone recall Williams campaign
on separating from Canada and becom-
ing "a protectorate of the US"? His only
problem with that idea is not including
Lower Mainland and Vancouver Is??:*



D.L. Williams

8m ·



**We must not give up on the lower
mainland and Vancouver Island.
Confederation has not been fair to
western provinces. Something needs
to change.**



Michael Henshall

12h ·

Here it comes and not soon enough!



*Friday AM is now bi-weekly
1st & 3rd Fridays*

All Month: **SALMON**
Mid Month: **ARM**



“Have you ever said thank you once?”

“Why don’t you wear a suit. Do you even have one?”



GREENLAND/ DENMARK SHOULD HAVE ASKED:

“Have you ever said thank you once?”

“Why don’t you wear a suit. Do you even have one?”

- > *What J.D. Vance actually had the gall to say while in Greenland: “We cannot just ignore the President’s desires.”*
- > *Denmark supplies a US base on Greenland and suffered the highest per capita casualty rate of allies in Afghanistan*

Occasionally, in the whacky world of cyberspace, brand new and aging viral memes will accidentally collide in the weirdest places.



If there’s a lesson the Trump era has taught his supporters, and sadly, young people - it’s that boldface lying gets you through everything. Michael Waltz inadvertently included editor in chief Jefferey Goldberg in an unsecured group chat about an imminent military attack on a Yemen target. Waltz insisted he had no idea how the number got into his system. he said he “never met, don’t know, never communicated with” Goldberg. Here’s a photo of Waltz standing next to Goldberg at a 2021 event at the French Embassy that Goldberg moderated.

> I never knew “tow ban” was a thing in Alberta. Yep, so much snow fell after spring conditions in Edmonton, that police issued a tow ban. On the bright side, my family is staying a few more days until it clears up... which is good because I was sick half the time they’ve been here. And no, Edmonton transit buses don’t generally do u-turns on residential streets.



On this day

3 years ago



Lorne Reimer

March 30, 2022 · 🌐



We're living in tumultuous times, what with war, pandemic, losses, struggles and sad disagreements. In such times it's best to embrace simple things like growing food, helping others and, oh yea, caring for a critter.

As you may know, I acquired a senior rescue cat three weeks ago. Tessa is a shy little kitty, and it's been heartwarming the way so many of you have enjoyed my sharing the process of a little critter getting to know and feel comfortable with its new owner. It's the lesson of patience that tiny steps in the right direction become big things in bonding.

So would you believe it, it was big little step this morning (just now). She finally came out of her daytime hideaway under the couch and, in my presence, ate her lunch and nudged up against my waiting hands. I was lying on the floor, mind you, but so far, that is how she likes it. That's why she's comfortable curling up in my bed at night.

I keep my dreams small now. Before I even met this kitty, I made a little bed for her by the window overlooking the driveway. I long for the day when she lounges there instead of under the couch, and see her waiting for me as I walk up the driveway back home. Dream big dreams, but keep those small dreams alive, and you will rarely be disappointed.

FAMILY LIFE



Getting too big for the tot swing and ready to play ball!



HAPPY 4TH BIRTHDAY, SOFIA!