

# SALUTE TO 2022 GRADS

8-page section

June

# FriAM

ALL MONTH

> *Guidie Hupfauer tries her best to camouflage herself among the tulips at an Armstrong farm*

Julia Griswold Armstrong photo

## FIRE AT NICOS / 3

▼ **WHAT'S ON** ■ Online: [www.FriAM.ca](http://www.FriAM.ca) ▶ 250.833.1141 ▶ June 10, 2022 • No. 1254 • FREE

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# JOURNEY TO SUSTAINABILITY

Where should we store our bikes? And—where do we service them? These are two dilemmas we've faced, living in an older apartment building in Victoria's James Bay. And, for a neighbour down the corridor, where does he plug in his EV?

**SHORE TO SHORE**  
  
**Sarah Weaver**

can get complicated for vehicle drivers navigating the city streets. Some aren't happy with the changes.

For cyclists though, the network offers safer routes, and more of them. A pleasant spinoff for pedestrians is that some roads have become safer for them too, quieter, with better air quality.

Residents of a new rental development to be built near us won't have those challenges.

During the public hearing for the project, I learned it will include a room for washing and servicing bikes, stalls for charging EV's, car-share co-op vehicles, and automatic membership in the co-op for every unit.

The development also includes storage space for 250 bicycles—almost two for every unit. What it doesn't include is massive space for parking vehicles—less than one parking stall per rental unit.

The building developer suggests that Victoria is moving to alternate forms of transportation, and that residents of James Bay, with its high "walkability" score, don't always need to own a vehicle. The City of Victoria encourages this approach, which is consistent with its vision of a more sustainable future.

I've been interested in watching how the City is balancing that future vision with meeting the current needs of residents. Transportation is an example.

Victoria is making significant investments in cycling infrastructure. Protected and buffered bike lanes, traffic lights for bike lanes, markings on roads... it

The cycling demographic has broadened. E-bikes have made it possible for people to ride bikes who might not have ridden for years. I often see parents taking young children to school on an electric cargo bike, with the children sitting behind the parent on special cargo seats. And, I've heard of families opting for E-bikes and car-shares. There are so many cyclists, bike paths can be congested with users.

During the public hearing for the new project near us, some neighbours were concerned that the reduced parking requirement would lead to spillover parking into neighbouring streets.

Several studies have found that most cars sit parked 95 per cent of the time! Sharing cars makes sense for urban users. James Bay has numerous car-share co-op vehicles, with dedicated parking spaces on local streets.

Getting to the sustainable city means planning for a different future. From the perspective of transportation, it means planning for bicycles and pedestrians, and encouraging new buildings to support cyclists, electric vehicles, and vehicle sharing.

Ten years from now, Victoria's residents will appreciate the decisions being made today. ■■■



> Paving will soon begin on the rebuilt portion of Lakeshore Drive as part of the Ross Street underpass project.

■■■ Sarah Weaver works actively on environmental issues and posts her regular blog 'Coast Lines' at [lines-fromthecoast.blogspot.com](http://lines-fromthecoast.blogspot.com). The long time Shuswap resident writes each month in the All Month edition.

**FRIDAY AM**  
 NO. 1254

**June All Month**

**ARM MEDIA**  
 EST. 1997

**EDITOR & PUBLISHER**  
 Lorne Reimer  
 250.833-1141  
[friam@shaw.ca](mailto:friam@shaw.ca)

**DROP-OFFS**  
 Hucul Printing 471 - 5th St SW

**DEADLINES**  
 Wednesday Noon

**CIRCULATION**  
 Weekly FriAM: 2,500  
 All Month (1st Fri) 4,000  
 FriAM.ca: Worldwide

**No Friday AMs**  
 June 24, July 29, Sept. 3  
**No July All Month**  
 (Regular weekly format)

Don't waste the warm weather! Injury from golfing, biking, wakeboarding, etc? .. sprains, strains, muscle pulls, gashes or bruises?

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Friday **SALMON** All Month **ARM** **FriAM.ca**

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**AM**

JUNE ALL MONTH

**MOLEHILLS**

**Lorne Reimer**  
**Not forgotten**



So many folks have dedicated a huge chunk of their lives to making the Shuswap a better place. For years they were fixtures in the community, and then one day, some genteel place like Victoria beckons them, and they're gone.

Duncan Myers was one such fellow. He dedicated himself to tourism, hospital fundraising, Rotary projects, and even growing strawberries. Then he moved to Victoria, and was hardly heard from. Well, I looked into it, and Duncan had a few health issues in recent years, still enjoys life, but now resides with his daughter in Saskatchewan. He turns 80 on June 15. Let's show him we still think of him by sending a card to CO/ PO Box 474, Hague, Saskatchewan S0K 1X0. ■

**FIRE AT NICO'S**



Fire broke out at Nico's Nurseryland at 10 pm Wednesday, and a break-in suspect was found inside and taken to hospital for observation.

Co-owner Marty van der Pauw expressed gratitude to firefighters for their prompt response. He said the suspect was found in the fertilizer area, and it could have been far worse. He expects the store will be closed for a time as they assess and deal with smoke and fire damage.

The tenant in the upstairs apartment safety escaped the building with her cat.

The fire occurred at press-time before any statement could be obtained about the break-in and cause of fire. ■

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## Festivities

- > **Launch a' Preneur #6** - 5:15, June 9. Go to launch-a-preneur.ca for info and tickets. 14 competitors vie for prizes.
- > **Ride don't Hide** - 1-4 pm, June 12, Blackburn Park. Celebration for community mental health. Food, games music by Daveton & Johnny.
- > **Hiring Fair** - 10-4, June 16, Piccadilly Mall. 30 employer tables.
- > **Dragonboat Festival** - June 18, Marine Park.
- > **Father's Day** - June 19.
- > **Summer starts** - June 21.
- > **National Indigenous People's Day** - 7 pm, June 21. Opening of Elder Dr. Mary Thomas exhibit, 7 pm, Haney Village.
- > **Okanagan Military Tattoo** - July 23, 24, Kal Tire Place, Vernon.

## Arts

- > **Pollinators** - ends July 2. Birds, bees, butterflies & bats, SA Art Gallery. 14 visual artists and collaborative fibre sculpture.
- > **FireWild** - July 9- Aug. 20 BC's relationship with wildfires
- > **Painting Excursions plein air workshop** - 10-1, June 18. Supplies provided. \$50. Info/registration [www.sarawiens.art/happenings](http://www.sarawiens.art/happenings)
- > **Art fundraiser for Ukrainian relief** - all of June, Enderby Arts Centre, 613 Cliff. Donated art pieces

## Concerts

- > **Song Sparrow Hall** [acousticavenue.ticketit.ca](http://acousticavenue.ticketit.ca)
  - **Simon Kempston** with Ari Lantela, June 17. One of Scotland's best singer-songwriters.
  - **Kym Gouchie**, June 18. Soulful Indigenous music, promoting community building.
  - **Kobo Town**, June 24. Calypso, danceable reggae. JUNO winners.
  - **Bobs & Lolo**, 10 am & noon, July 1. Connecting children to nature with music, movement and make-believe. Arrange Free tickets at [www.shuswapchildrens.ca/events](http://www.shuswapchildrens.ca/events)
  - > **Joel Plaskett**, Sept. 11, Song Sparrow. Hosted by Roots and Blues. [rootsandblues.ca](http://rootsandblues.ca)
- ○ ○
- > **John Lee Trio** - 7 pm, June 9, Nexus at First. [jazzsalmonarm.com](http://jazzsalmonarm.com). By donation. Acclaimed

## live scene

- > **Marionette Winery** - 5:30-8:30 Saturdays: Nanika Hart, June 11; Jasmin, June 18, July 23; Annie I'm a Hawk, June 25 & July 9; Matthew Carter, July 2; Colin Easthope, July 16; Christina Jessen July 30
- > **The Hub**, Scotch Creek - Open Mic Sundays; Jeremy Kneeshaw, June 10; Kelly Spencer, June 17; Earthbound, June 18; Suz n' Jonny's Blues Band, June 24; Blind Bay Blues Band, June 25; Turtle Valley Band, June 30; Paisley Groove, July 1; Angie Heinz, July 2; Bran Sanders, July 7; Frapp City, July 8.
- > **Copper Island Pub** - Turtle Valley, June 10; BC Barn Cats, June 24; Funnifest, June 30; Jam Tue. & Karaoke Sat..
- > **SA Legion** - Canoe Rockers, June 10
- > **Barley Station** - Dennis Bouwman, June 10.
- > **Shuswap Cidery** - 1st Anniversary celebration, June 30. / P.24
- > **Turtle Valley band** - Copper Island, June 17; Hub, June 30; Chase Canada Day, July 1, Show & Shine dance July 2, Sicamous Seniors

- multi-instrumental Vancouver jazz performer. 'The Old Guys' return June 23 with Donnie Clark and band leader Sandy Cameron.
- > **Standup comedy -Darryl Lenox & Jon Gagnon** -7 pm, June 25, Harpur Farm. Tix at [harpurfarm.ca](http://harpurfarm.ca) or 778.839.7644 /P.24
- > **Canada Day CountryFest** - July 1, SA Fairgrounds. Aaron Halliday, Ben Klick, Tanner Dawson. tix at [salmonarmfair.com](http://salmonarmfair.com)
- > **Canada Day children's free concert**. See 'Bobs & Lolo'
- > **WOW concert series** - July and August, Marine Park. See bottom of page for lineup
- > **Roots & Blues** - Aug.18-21, Fairgrounds • [rootsandblues.ca](http://rootsandblues.ca). Performers for 30th Festival include Tom Cochrane, Jann Arden, Ruthie Foster, Antibalas, William Prince, McDades, Five Alarm Funk, Grammy award winning Alex Cuba, Witch Profit, Colin Linden, McDades & more.

- > **Music in the (Blind) Bay** - 6:30, Thursdays on Centennial Field stage, July and August.
- > **Armstrong Metal Fest** - July 15-16
- > **Monashee Music Festival** - July 22-23, Sicamous. 54-40, Daniel Wesley, Midnight Echo, Spendo, Wiseman, Emily Molloy, Born Rickless & more. [monasheemusicfestival.com](http://monasheemusicfestival.com)
- > **Rockin' River** - July 28 - 31. Merritt. [rockinriver.com](http://rockinriver.com)

## Theatre

- > **Echoes of the Homesick Heart** - June 2-11, Pavillion, Kamloops. Written by Adams Lake Band resident Laura Michel.
- > **Theatre on the Edge** - July 15-17, Shuswap Theatre. Info at: [totefestival.com](http://totefestival.com) Lineup includes Saucey Fops, Mel Teichroeg, Megan Abel, Push Up Bar, Alexander Delaney, Mermaid Nicole & more
- > **Haney Village dinner theatre** - July and August.
- > **Caravan Farm Theatre** Summer show - a horse opera called - *Blackhorse*. [caravanfarmtheatre.com](http://caravanfarmtheatre.com)

## Sports

- > **Dragonboat Festival** - June 18, Marine Park. [www.festivalseekers.com/festival/shuswap-dragon-boat-festival](http://www.festivalseekers.com/festival/shuswap-dragon-boat-festival)
- **SportSpot** - P. 21

## at the movies

- SALMAR GRAND** • [salmarthear.com](http://salmarthear.com) • June 10 to 16 shows. Two blockbusters this week.
- **Top Gun: Maverick**, 2:15, 2:30, Sat, Sun; 6:30, 7:15, 9:10 nightly. After 30 years as one of the Navy's top aviators, Pete Mitchell pushes envelope as a courageous test pilot and dodging the advancement in rank that would ground him. (PG violence, lang)
  - **Jurassic World Dominion**, 1:45, 2:00, Sat., Sun.; 6:20, 7:00, 9:20. Four years after destruction of Isla Nublar, dinosaurs now live—and hunt—alongside humans all over the world. This fragile balance will reshape the future and determine, once and for all, whether human remain the apex predators on a planet they now share with history's most fearsome creatures. Are you Team Dino or Team People? (PG violence, coarse lang)



**SALMAR CLASSIC** • No Film Society or Metropolitan Opera for rest of June and July.

**STARLIGHT DRIVE-IN** [startlightdrivein.ca](http://startlightdrivein.ca)

- **Jurassic World Dominion**, 9:15 (PG) Single featue. June 9, 10, 11, 12. Coming this summer - League of Superpets, Paws of Fury, Minions, Lightyear

## W.O.W. Wednesday on the Wharf lineup

- **Cat Murphy Band**, July 6 • **Mimi O'Bonsawin**, July 13 • **Apollo Suns**, July 20
- Melawmen Collective**, July 27 • **King of Foxes**, Aug. 3 • **Bobby Garcia & the Cooper Country Band**, Aug. 10 • **Best Laid Plans**, Aug. 17 • Marine Park concerts at 6:45 pm

## city lights

- ▶ **vernon** • Details at [ticketseller.ca](http://ticketseller.ca)
- **Seaton Show Choir**, June 9, 10
- **Andrew Johns**, June 11 (Creekside)
- **I Am** - Dance recital, June 11.
- **Queen: It's a Kinda Magic**, June 13
- **Women in Rock**, June 17, 18
- **Sodance: Standing Ovation**, June 18
- **Poppa Dawg**, June 18 (O'Keefe)
- **Stamperders** (Calgary 70s band), June 20
- **Yoga with Goats**, all summer at O'Keefe
- **Potentia**, June 23
- **School of Ballet**, June 25
- **Glorious Sons**, June 26
- **Neil Diamond tribute**, July 2
- **Mainstage**, July 11 to 15
- ▶ **kamloops** •
- **Cirque de Soleil**, June 23, 24.
- ▶ **kelowna** •
- **Russell Peters**, June 25 ▶▶
- **Cirque de Soleil**, June 9-12
- **Styx**, Oct. 8 • **Bryan Adams**, Nov. 11
- ▶ **vancouver** • **Theatre guide: gvpta.ca**



# 'TALKING TO THE STORYKEEPERS' AND TWO OTHER BOOKS

Author Sage Birchwater will be signing his new book, *Talking to the Storykeepers: Tales from the Chilcotin Plateau* at Booking-

ham Palace Bookstore 12 to 2, Wednesday, June 15.

This book offers an image of a changing landscape, identifying the quiet or forgotten stories swept aside

by colonization. Those often left unnamed in historic photographs and the side characters in the many stories are given a voice, a name, that may otherwise be left to history.

From the tale of the Old Emmanuel United Church's Brass Band playing "Onward Christian Soldiers" from the pews, as the church is dragged across the river to its new location on the south side of the Bella Coola River, to the Ulkatcho community search for missing local Tory Jack, which was successfully led to its conclusion by a clever horse, each story builds a portrait of time, place, and of the story keepers that protect these

histories for the next generation.

Virginia McCausland's new book *Death's Ferryman Rides a Harley* is available as an e-book and paperback at Bookingham Palace. This YA novel is already getting good reviews. Virginia has been a dedicated board member with SAW for many years now, along with her sister Mary Lou, who she considers her muse.

*Latin Legacy* is Lynne Stonier-Newman's first novel published under her birth name Lynne Nicol. Her previous books are non-fiction BC history: *Peter O'Reilly: The Rise of a Reluctant Immigrant; The Lawman: Adventure of a Frontier Diplomat; Policing a Pioneer Province: The BC Provincial Police 1858- 1850.*

Lynne calls her novel a time-shift mystery. It's set in BC ranching country and La Paz, Mexico. I admit that her description of the Baja had me longing for the warmth, swaying trees and turquoise waters of Mexico. Oh to wear a sun dress and sandals again!

Her main protagonist, Sophia, a 70-year-old

internationally acclaimed wildlife photographer, is undaunted by her next assignment to photograph snakes in Mexican caves.

Sophia discovers that her father, who was murdered before her mother and he could be married, was Mexican and that her sister was actually her mother. Why did it take 70 years to learn those secrets? Why did her grandparents raise her?

Sophia and her grandson, Alex, share a close bond. They agree to travel to La Paz to find their Mexican relatives and to discover who murdered Carlos, her father, and why. In the meantime, Sophia's best friend Shannon's love interest is brutally murdered. Another mystery to be solved.

Little by little the puzzle pieces fall into place as Sophia, her lover John (her ranching neighbour), Alex, Ana (a beautiful young sculptor who turns out to be part of the Mexican family and Shannon support each other in discovering the truth about both murders. Available at Bookingham and Hidden Gems. ■

☐ Kay McCracken is a published author and promoter of the Shuswap writing community.



## You're Invited

- > **Shuswap Food Action Society** -Picnic Potluck and AGM. 5:30 pm, June 20, Community Teaching Garden, 5921 30th St NE.
- > **Environmental awareness 'Meet & Greet'** - 1-4 pm, June 12, Armstrong Memorial Park. Live music, presenters, refreshments/ Shawna Biron of Adams Lake will speak no traditional Indigenous values in context of climate action. See shuswapclimate.org
- > **Shuswap Women who Wine community giving event** - June 18, Sprig of Heather Restaurant, Haney Village. Presentations at the Amphitheatre by Paws Rescue, Food Action Society and SABNES. womenwhowine.ca to purchase tickets
- > **Elder Abuse Awareness Day**, Three events June 14 to 16. Page 17
- > **Farmer's Market**, Saturday
- > **Organic Farmer's Market**, Wednesday afternoons, Askews Uptown
- > **Hiring Fair**, 10-4, June 16, Piccadilly Mall. 30 employers from different industries will set up. Job seekers should come with resumes as some interviews will be conducted on the spot.
- > **White Lake Hall - Red neck Dance** - June 11. E-tix \$20. whitelakehall@yahoo.com (Yahoo.com? love it!)
- > **Toastmasters**, 7 pm, Thurs, Okanagan College (Blackburn Park, June 2-16)
- > **LGBTQ youth nights**, 6-8 Thursdays, The Loft, 681 Marine Park Dr.
- > **Literacy Alliance of Shuswap (LASS) AGM & Volunteer Tea**, 3-5 pm June 15, DESC. RSVP by June 10. admin@shuswapliteracy.ca
- > **Book signing** - *Talking to the Story Keepers; Tales from the Chilcotin Plateau* by Sage Birchwater, noon to 2, June 15, Bookingham.
- > **Probus** - 10:30 am, (1st Tues), 5th Ave. Seniors. Centre.
- > **New Chess Club**. All ages, skill levels 6 pm, Wednesdays at Okanagan College. \$2. Monthly tournaments. Ph. 250 803-8495.
- > **Wednesday Guided Meditations**, 7 pm. Online kmcfv.ca OR In-Person, 2960 Okanagan SE, Meditation Centre.
- > **Duplicate Bridge** - 1:15 Tues., & 1 pm, Thurs., United Church.
- > **Bingo**, starting 9 am, Mondays, Canoe Seniors Hall.
- > **Nominations deadline** June 15 for Platinum Jubilee pins. Online forms at MelArnold.ca to be reviewed by independent panel.

Bookingham Palace **BOOK SIGNING**  
 Bookstore Noon to 2 pm,  
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 Mall at Piccadilly



*Talking to the Story Keepers: Tales from the Chilcotin Plateau* by Sage Birchwater



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## Anti-social media

A house painter was asked to list the most important aspects of his trade during a radio interview. I thought tidiness, accuracy and customer satisfaction, but I was wrong. A strong presence on social media is essential.

Sadly, he may be right. If people are as intimately acquainted as I am told through their “groups” then his (undoubted) good work will already be common knowledge and only further enhanced by his own social media activity.

In the days when we only had about a dozen friends, word-of-mouth was a slow process.

Now we can have hundreds and, indeed, the whole world can read what we think in an instant. Don’t feel bad if you are not numbering friends in the thousands, I have only two!

Luckily, my more numerous pals are all flesh and blood. This, I discover, is not always an advantage. It is simple and I don’t have to learn a new language to talk to them but my son and daughter (guess who my two friends are!) are extraordinarily well connected.

Their networks are so extensive that almost anywhere they go in Canada they know someone. These people are willing to take them mountain biking, canoeing or put them up for the night on a sort of reciprocal, or pass it forward arrangement peculiar to youth.

I have tried, and failed, with the argument that I “know” all my friends because one never



**REPAIR GUY**  
**Barry Marshall**  
really knows anyone. It is good that

friends surprise and challenge you, but sometimes you wish you didn’t know everything! The somewhat two-dimensional world of social media allows access to your time, but not necessarily the whole picture.

I grew up in the UK with Terry Wogan on the radio. He was a mild-mannered Irishman who delighted in human nature.

One of his themes was to ask people to phone or write and share some secret that only they knew. Everyone involved knew it was being broadcast to eight million listeners, but people did it for weeks. It somehow felt more private than it really was.

As a morning programme for a family audience it was never salacious, but utterly fascinating for what people would divulge. I always think he sowed the seeds for all the future “reality” shows. 15 minutes for fame but with anonymity.

I suspect some of the same mechanism fuels social media. A personal platform to say what you will but oddly, with rights to privacy. Its just so much easier now the phone part of your phone is the least of its capabilities.

Incidentally, I never called Terry in the 70’s but I did start doing something that I have never told anyone about because I felt I should have secret known only to me... and I still have it! ■

## TRANSITION TO THE WORLD

It’s that time of year again... high school graduation. The pinnacle of a young student’s life. All you can think of is “Life after this is full of roses, unicorns and gold fish crackers!”

Well, like your parents, ol’ Mall Arkey Junior is here to do my part to provide a small dose of reality. Don’t get me wrong, it isn’t because your parents or me are wanting to be mean, but rather are trying to be helpful by giving advice that will help you navigate the next stages of life. I always tell my boys that the teenage years can be tough (mostly for the parents), but the early stages of adulthood are usually a real challenge. So we are here to help!

The last few years have taught all of us a valuable life lesson... not everything is going to be roses, unicorns and gold fish crackers in life. So whether dealing with COVID-19 or any other challenge, it comes down to how are you going to respond. What is your mindset going to be? Hopefully it is one of accepting what is and making the most of what comes next.

The Mall Arkey Valedictory Address was started by the original Mall Arkey Senior and I’ve continued the tradition. It is meant to help graduates deal with their transition to the world AFTER high school. So here are a few thoughts to help you as you enter the “real world”.

○○○

○ **HARD WORK TRUMPS EDUCATION.** Education is good and will likely open some doors for you. However, if you can’t or won’t work hard to apply that knowledge, then you won’t be as successful as the person who has less knowledge, but is willing to put in the effort. So don’t expect someone to give you a high paying job right out of high school or university; you have to earn it. More than ever there are lots of jobs to be had for those who want to work hard.

○ **THE GOVERNMENT DOESN’T HAVE MONEY.** The government doesn’t have a magic money tree despite what some people think. The government (whatever level) takes money from its citizens; one way or another. So if in the future you aren’t working and you are living off the government and you are more than capable and able bodied to work; be sure to remember the above, get a job and be part of the solution.

○ **A DEGREE NO LONGER GUARANTEES YOU A JOB.** You may even find yourself unemployed or underemployed even with a graduate degree. Many university graduates are finding that they have to go back to the technical institutes and colleges for the skills they need to find employment. For a lot of students, you would be best to simply start at a technical institute or trade school.

○ If you don’t go on to college, **TAKE AN ENTRY LEVEL JOB** and learn everything you can about it and work your way up from there. Don’t EVER think certain jobs are below you; instead look at them as opportunities. Refer to #1 above!

○ **ASK FOR ADVICE.** All the “old people” (your parents, grandparents or neighbors) who you think are out of touch with reality actually know a lot about life. They will also be pleased when you ask for their guidance. Just don’t ask them to do it for you. And never ask for money. Ask for work. The money will follow.

This year’s list will far exceed the space I am allotted, so we will call this part 1 and follow it up next time with some more nuggets. Be sure to look for it! Happy Graduation and remember... be sure to “TREAT OTHERS AS YOU’D LIKE TO BE TREATED”, the rest will be gravy. ■

□ *Daron Mayes works as an investment advisor in Centenoka Mall. His column appears monthly.*



**MALL ARKEY**  
**Daron Mayes**

### MALL ARKEY FINANCIAL LTD.

Where the serious invest their money

**THIS WEEK**

Have you bought your TFSA yet? Do you need travel or mortgage insurance? Pile your money in a wheel barrow and bring it on in. Be sure to check our website mallarkey.ca for our up-to-date posted GIC rates.

<b>TFSA Savings Acc.</b>	<b>0.50%</b>	<b>No change</b>
<b>Savings Account</b>	<b>1.00%</b>	<b>No change</b>
<b>90 Day Cashable</b>	<b>0.85%</b>	<b>No change</b>
<b>1 year</b>	<b>3.67%</b>	<b>Up 0.11%</b>
<b>2 years</b>	<b>4.10%</b>	<b>Up 0.19%</b>
<b>3 years</b>	<b>4.17%</b>	<b>Up 0.13%</b>
<b>4 years</b>	<b>4.19%</b>	<b>Up 0.12%</b>
<b>5 years</b>	<b>4.20%</b>	<b>Up 0.11%</b>

\* GIC rates as of June 7, 2022 subject to change without notice. Certain minimums & conditions may apply.



Daron Mayes, BBA, CPA, CA, CFP  
Investment Funds Advisor



Centenoka Park Mall • 250-832-5000 • admin@mallarkey.ca  
315-360 Trans Canada Hwy SW, Salmon Arm, BC V1E 1B6

# READING ROOM

by Michelle Wellingham, Salmon Arm Library Branch

## PLAN FOR SUMMER FUN

The staff at Salmon Arm library branch is happy to host a variety of fun and informative offerings for July and August.

- **DND & Tabletop Games Night**, 5 pm, Tuesdays. From Dungeons & Dragons to Ticket to Ride. There's a game to suit everyone's interests.
- The friendly **Genealogy Meetup** meets 2nd and 4th Mondays at 10:30 am, July 11, 25, August 8, 22.
- **Odd Socks Knitting Group** meets Fridays from 1:30 to 3:30. All welcome!
- Carly from CMHA is here 1:30 to 3:30 Tuesdays for **Housing Outreach** assistance in supports folks find and maintain housing.
- **Legal Advocacy program** runs first Thursdays, providing free, confidential information and assistance in collaboration with Shuswap Family Centre. 1:30 to 3:30, July 7 or Aug. 4.
- BC author **Karen Harmon** will read from her new book *Fat and Beautiful: A Story of Love, Pain & Courage*. Join us for this free, drop-in program July 8 from 4 to 6 pm.
- **Summer Reading Club** for children, teens and adults is FREE! Kids ages 5 to 12 can earn a reading medal and have a chance to win a prize! Register starting June 13. We have a slew of other online and in-person summer activities for kids:
- **Story Time in the Park** (drop-in, all ages), 10 am, Wednesdays (June 29 to Aug. 10) at different locations in Salmon Arm in partnership with Shuswap Children's Association.
- **Farmer's Market Story Time** at Ross Street Plaza (drop-in, all ages), 10 am, Saturdays, July 2 & August 6, 10 in partnership with the Downtown Salmon Arm Association
- **Paws 4 Stories** (registered program, all ages) Saturdays (10:15 am, July 9 to 30) in partnership with St. Johns Ambulance Therapy Dog Volunteer program
- **Indigenous Storytelling** with Helen Gallagher (registered program, school age), 2 pm, Tuesday, July 5.
- **Stories & Snacks** (registered program, school age), 11 am, Thursdays (July 7 & August 4).
- **Online Origami** with Eiko Uehara (registered program, ages 8+), 4:30, Tuesday, July 12 and 19
- **Creating Worlds Together**- Online (registered program, school age), 3 pm, Wednesday, July 13
- **Cookies & Canvas for Tweens** (registered program, ages 9 - 12), 11 am, Thursday, July 21.
- **Online - The Biodiversity of the Okanagan** (registered program, school age), 3 pm, Wednesday, July 27.
- **STEAM Adventures** (drop-in program, school age) July 28 and August 11, 11:00AM
- **Cookies & Canvas for Kids** (registered program, ages 5 - 8) 11 am, Tuesday, August 2.
- **Juggling Hijinks for Beginners** (registered program, school age), 11 am, Tuesday, August 9.
- **Online - Escape Rooms** (registered program, all ages) August 23 to September 3

Throughout July, we will have 2 Teen Take & Make bags available with materials and instructions – one on Nalbinding (ancient Viking way of knitting or crocheting), the other on felting a cute owl ornament.

☐ To view a complete list of events and register for library programs, visit our online calendar at <https://orl.evanced.info/signup/Calendar> or call at 250-832-6161.

**Bobs & Lolo**  
JULY 1ST, 2022  
**CONCERT**

Two Great Shows:  
10:00 a.m. and 12:00 p.m.  
July 1st, 2022  
Song Sparrow Concert Hall  
180 Lakeshore Dr, NW, Salmon Arm

Get your **Free** tickets through our website at  
[www.shuswapchildrens.ca/events](http://www.shuswapchildrens.ca/events)

shuswap Children's association

**FREE EVENT!**  
FUN FOR THE WHOLE FAMILY!

**Games, Prizes, Food & Live Music by**  
DAVETON & JOHNNY WITH SPECIAL GUEST KEVIN HOW

**Photo Booth & Dunk Tank by Donation**

**SUNDAY JUNE 12TH, 2022 1-4PM**  
BLACKBURN PARK  
CELEBRATION DAY FOR COMMUNITY MENTAL HEALTH

**ride don't hide**

## CITY OF SALMON ARM

### Notice to Property Owners 2022 PROPERTY TAX NOTICES

**P**roperty Tax Notices for the City of Salmon Arm have been mailed. If you are the registered owner of property within the City of Salmon Arm and have not received your 2022 Property Tax Notice, please contact the City of Salmon Arm. *Whether or not you receive a property tax notice, it is your responsibility as the property owner to pay taxes by the due date of July 4, 2022 in order to avoid a penalty.*

Payment is accepted at City Hall, Monday to Friday, 8:30 am to 1 pm and 2 to 4 pm. Payment may be by cash, cheque, debit card, or your bank's telebanking/online bill payment service, or third-party credit card payment service provider. Or mail payment to Box 40, Salmon Arm, BC V1E 4N2. Post-marks are not accepted as proof of payment. Partial payments are accepted.

A late payment penalty of 10% will be added to all unpaid balances of current taxes (including unclaimed Provincial Home Owner Grants) and unpaid Annual Water/Sewer accounts at the close of business, July 4, 2022.

*Here are some options to eliminate waiting in line:*

- **Post-Dated Cheques** - You can pay your City of Salmon Arm property taxes and utilities with a personalized cheque post-dated to the due date.
- **Internet & Telephone Banking** - For property taxes, use the City of Salmon Arm Property Tax vendor and the last eight digits of the roll number (e.g. 01234567) which is printed at the top right hand corner of your tax notice. To pay utilities, use the City of Salmon Arm Utilities vendor, and use the thirteen digit account number from your utility bill. (e.g. 0001234567000). Use no spaces, decimals, or dashes in the account number.
- **Payment Drop Box** - Located to the left of the front door at City Hall. Payments are processed promptly each morning (Monday to Friday). Any payments put into the drop box after 4:00 pm on July 4, 2022, will be considered next day payment and subject to penalty.
- **Credit Card** - The City of Salmon Arm does NOT accept credit card payments. However, you are able to use an online third-party credit card payment service provider - Plastiq. Please visit their website at [www.plastiq.com](http://www.plastiq.com) for more information on their fees, terms and conditions, and <http://request.plastiq.com/pay-city-of-salmon-arm> to set up an account. It may take several days for Plastiq to process your payment. You must ensure that the City receives your payment by the due date; otherwise a penalty will apply to the unpaid balance. Please contact your credit card provider to confirm additional fees, or if you have any questions.
- **Your Mortgage (Bank) Pays Your Taxes** - Avoid a penalty by claiming your Grant with the Province of BC as soon as you receive your tax notice.
- **Claim Your Home Owner Grant Online through Province of BC** - All Home Owner Grant applications must be submitted directly to the Province of BC at [www.gov.bc.ca/homeownergrant](http://www.gov.bc.ca/homeownergrant) or by phone at 1.888.355.2700.

To avoid penalties associated with problems with your Home Owner Grant, claim your Grant with the Province of BC as soon as you receive your tax notice. **Don't wait until the tax due date!**

If you are unable to pay your property taxes, you should still claim your Home Owner Grant on or before the due date to avoid penalty on the Grant portion of your taxes.

**2022 TAX & UTILITY DUE DATE - JULY 4, 2022 4:00 PM**  
City of Salmon Arm  
500 2 Avenue NE - Box 40 Salmon Arm, BC V1E 4N2  
Phone (250) 803-4000 • <http://www.salmonarm.ca>  
email: [propertytax@salmonarm.ca](mailto:propertytax@salmonarm.ca)



> The Shuswap Strings Orchestra performs at the Gathering of Gratitude event June 4 at Marine Park, hosted by the Shuswap Community Foundation.



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EMAIL: [wildwoodfloweremporium@gmail.com](mailto:wildwoodfloweremporium@gmail.com) LOCATION: 11-2nd St. SE



Big changes are coming in the future and we are looking for Board members with a background in business or fundraising to join our team of Directors.

Most positions on our board only require an average of 4 hrs/month. If you care about making a difference in the lives of children and/or have an interest in one of the areas below, we want to hear from you.

**info@shuswapchildrens.ca or 778-824-0445**


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# CLASS of 2022

They made it through the pandemic years & are now prepared for the future ahead!

> 8-PAGE PULLOUT SECTION



> SAS Graduation  
Outdoor ceremony  
Wednesday, June 22

## SALMON ARM SECONDARY

1st row	> Meghan Ackerman								
	> Austin Beasley								
	Ashelynn Boutaud								

plus > Storefront > Eagle River > A.L. Fortune > King's > PVSSs > Chase > 15, 16

1st row

> Nathan Burg  
Julieann Cambridge  
Leah Cavanagh  
Bianca Champagne  
Katelyn Chapman  
Jack Chmilar  
Sarah Choi  
Lamara Christie



2nd row

> Sarah Chubey  
Brydan Chung  
Andrew Clark  
Jade Coates  
Lydia Coates  
Mathieu Cobetto-Roy  
Madison Collins  
Samuel Colmorgen



3rd row

> Sal Coombs  
Hanna Cosman  
Kaeden Cundiff  
Liam Davidson  
Nathaniel Davis-Lent  
Selena Davis  
Leo De Rosa  
Riley Deagle



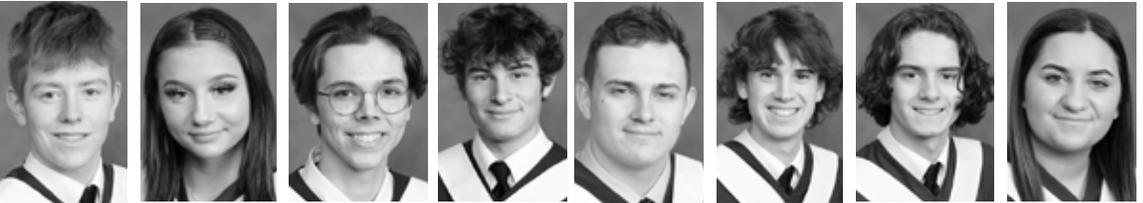
4th row

> Aliyah Deasty  
Aiden Dedood  
Marcus Delaney  
Cole Desaultels  
Owen Desilets  
Esau Deyle  
Isaac Dodge  
Livia Doran



5th row

> Jack Doray  
Amber Drolet  
Ryelan Dufresne  
Edoardo Dullia  
Izak Dunn  
Kurtis Einfeld  
Drayk Eklund  
Mary Elias



6th row

> Annabelle Elsom  
Piper Emel  
Kylee Erickson  
Glitter Lynn Esquivias  
Kyra Eugster  
Hailey Every  
Evan Fankhauser  
Emma Farrar



**Salmon Arm**  
**Co-op**  
on top of the hill



***Congratulations 2022 Grads!***

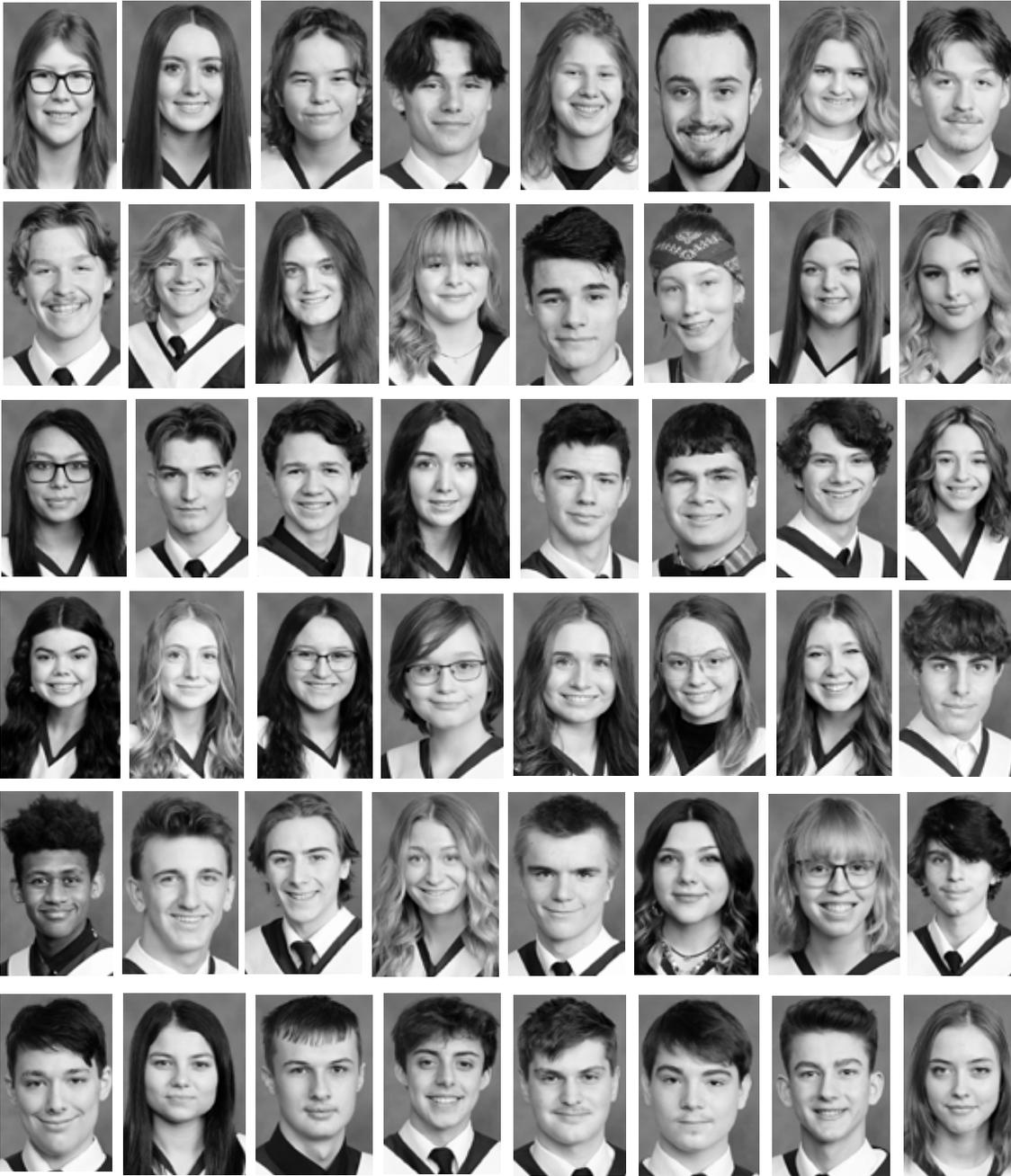


- Car wash
- Store
- Gas bar

*We salute you! Congratulations  
to our Graduating Class of 2022*

***Bowers***

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[www.bowersfuneralservice.com](http://www.bowersfuneralservice.com)



> Aislynn Favell  
Katie Findlay  
Tate Flintoff  
Parker Fournier  
Barbara Fraser  
Brendan Fraser  
Kate-Len Frederickson  
Matt Freed

1st row

> Sean Freed  
Todd Froese  
Alessia Gambaro  
Kaitlan Gamble Fell  
Benjamin Gardner  
Eklips Geddes  
Bethany Geiger  
Krystal Gerbitz

2nd row

> Kaci Gilbert  
Jesse Godwin  
Kelton Goffic  
Jessi Gollan  
James Govenlock  
Michael Gravells  
Marcus Groenewald  
Angela Hadath

3rd row

> Bobby-Grace Hall  
Sophie Hamilton  
Kaitlyn Hampel  
Madison Hansen  
Paige Hansen  
Kallie Hanssen  
Amy Harder  
Sheldon Hardy

4th row

> Miki Hatton  
Riley Hay  
Ethan Hemsworth  
Nadya Henrie  
Jacob Hepburn  
Jessie Hicks-Stuart  
Caelie Hill  
Robbie Horvath

5th row

> Kashton Housden  
Brianna Howard  
JR Iaccino  
Zachary Ingle  
Keagan Inglis  
Bronson Jameus  
Beckett Johnson  
Essa Johnson

6th row

May the Roads you choose  
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1st row

> Matthew Johnston  
 Oriah Johnston  
 Tianna Kalke  
 Garrett Kelley  
 Kelsey Kellough  
 Raine Kilgour  
 Liam Kirstein  
 Kyprian Knopp



2nd row

> Emily Knutsen  
 Natasha Kociuba  
 Stephanie Kolwes  
 Riley Kosick  
 Sebastian Kozak  
 Alexa Kryzewski  
 Amber Kurz  
 Ava Lambertson  
 Sabine Landau



3rd row

> Mary Jane Laronde  
 Connor Levins  
 Aidan Lindblad  
 Ayla Lindsay  
 Ella Livermore  
 Emma Lloyd  
 Brook Loewen  
 Carter Lorenz



4th row

> Madison Lowe  
 Melody Low  
 Zaine MacInnis  
 Zoe Macleod  
 Reja Malysh  
 Payton Martens  
 Aaliyah  
 Martin-Patterson



5th row

Brooklyn Martin  
 Dawson Martin  
 > Arianna Martinelli  
 Janna Maton  
 Eve Maxwell  
 Abigail May  
 Jared McAstocker  
 Holly McCaskill  
 Marika Meerza



6th row

> James Melecio  
 Ryley Meyer  
 Brooklyn-Lyn  
 Middlemass  
 Lily Miller  
 Ella Mills  
 Liam Murphy  
 Phoenix Nash  
 Alexander Nichols



BEST WISHES TO THE CLASS OF 2022

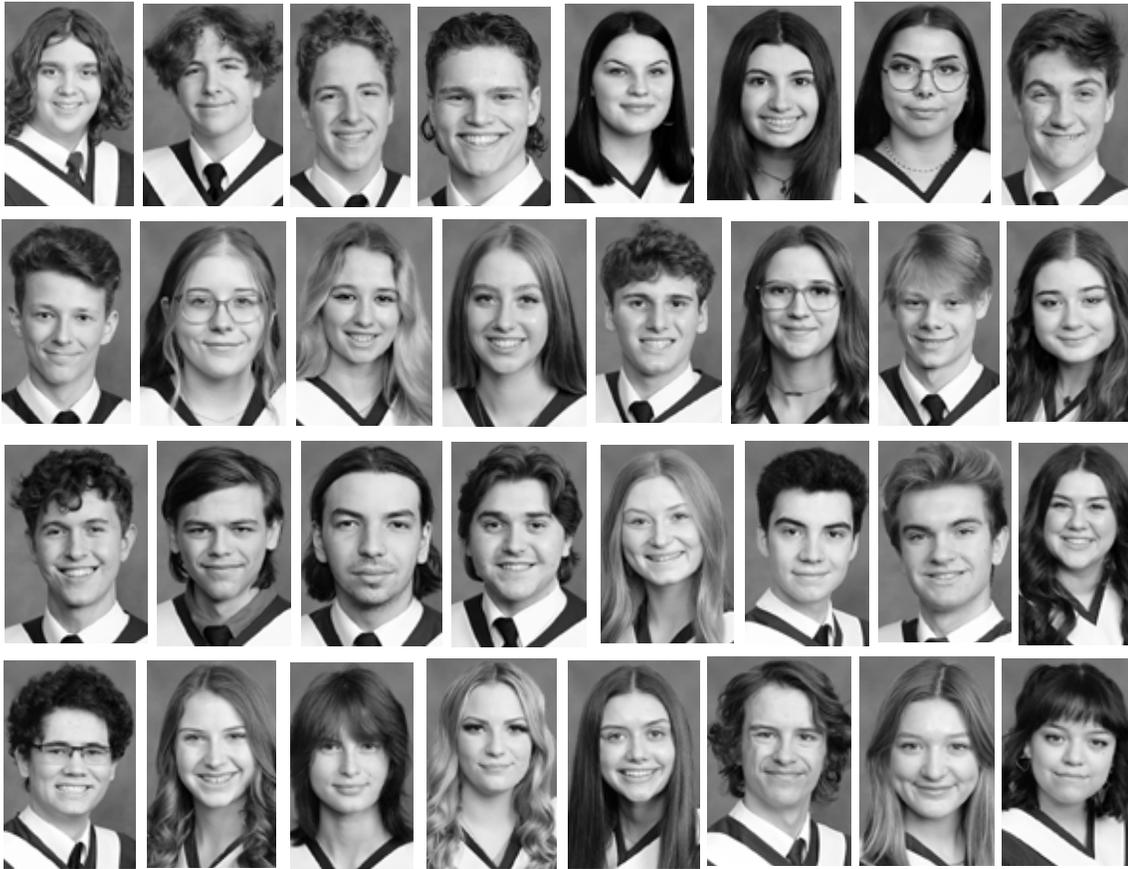
*The CSRD  
 is proud of  
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[www.csr.bc.ca](http://www.csr.bc.ca)

Congratulations Future Leaders!





> Gabriel Niewenhuizen  
 Logan Nitchie  
 Miller Nitchie  
 Wyatt O'Brien  
 Willow Pachmann  
 Ludovica Paonessa  
 Erika Peasgood  
 Aiden Peer

> Jordan Perepolkin  
 Hailey Peter  
 Alexandra Peterson  
 Megan Pickard  
 Alexander Pinter  
 Hailee Pitzoff  
 Brayden Priebe  
 Giulia Prioli

> Evan Reed  
 Cooper Richards  
 Samuel Richmond  
 Joseph Rivers  
 Alexa Robinson  
 Perez Alex Rodriguez  
 Finlay Rodwell  
 Allison Rokosh

> Noah Ross  
 Holly Rouck  
 Evangaline Runge  
 Kaylee Sandover  
 Taylor Sanford  
 Jesse Saretzky  
 Taia Schaffer  
 Kya Scott

1st row

2nd row

3rd row

4th row

**CITY OF**  
**SALMON ARM**

May your hard work and  
 dedication lead to great  
 opportunities.

[www.salmonarm.ca](http://www.salmonarm.ca)



*Congratulations*  
 from the Trustees and  
 Staff of North Okanagan  
 Shuswap  
 School  
 District 83




LEARNING ZONE SD 83  
 NORTH OKANAGAN - SHUSWAP

Congratulations Shuswap Grads!

**Shuswap MLA**  
**GREG KYLLO**



**Telephone: 250-833-7414**  
[www.gregkyllomla.ca](http://www.gregkyllomla.ca)  
 E-mail: [Greg.Kyillo.MLA@leg.bc.ca](mailto:Greg.Kyillo.MLA@leg.bc.ca)

 *FOLLOW YOUR DREAMS*

1st row

> Rydell Scott  
Kennedy Seeley  
Dakota Seibel  
Dayton Seibel  
Tarwynne Sept-Coop  
Erika Serhan  
Alexandria Severs  
Brax Sharp  
Kyle Sheehan



2nd row

> Tianna Shefsky  
Lukas Sherman  
Samuel Siarkiewicz  
Brynn Skofteby  
Jasmine Skubiak  
Ty Slanley  
Mya Smith  
Ella Spence



3rd row

> Gordon Squires  
Vanessa Starkell  
Chase Syslak  
Peter Taylor  
Jenna Thiessen  
Lola Thomas Purdaby  
Joseph Thomas  
Makenna Thomlinson



4th row

> Jenna Tingstad  
Nyah Topham  
Marton Torok  
Lily Treleven  
Rowan Trow  
Deven Truax  
Ava Turner  
Mackenna Turner



5th row

> Rhys Turner  
Michael Tyssen  
Liz Vachon  
Silas Vergara  
Cody Viik  
Samantha Vukadinovi  
Dexter Wager  
Madison Wakelin  
James Walker



6th row

> Mylo Walker  
Griffin Webber  
Maja Weisinger  
Drake Weissenborn  
Wyatt Weissenborn  
Sophia Westgarde  
Isabelle Wilkie  
Sarah Wuschke  
Nelson Yanko



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Congrats  
Grad 2022  
from Eli, Dawnivan  
& Matt

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# EAGLE RIVER SECONDARY



> Jaeda Davie  
Aija Davies  
Triton Diakow  
Dana Forsyth  
Ava Gulliford  
Olivia Kerr  
Ali Logan  
Kade Martin

Bryce Mayer (no photo)

> Carson Oystryk  
Zoe Pesonen  
Jenna Rothwell  
Alyssa Sande  
Kayden Terrazas  
Cade Welsh  
Alexis Whiting

1st row



2nd row

## PLEASANT VALLEY SECONDARY, Armstrong

- |                      |                   |                    |
|----------------------|-------------------|--------------------|
| Alex Aiello          | Eryn Gingras      | Austin Moose       |
| Cash Anderson        | Jada Goossen      | Hunter Neufeld     |
| Devon Arenhardt      | Brodey Gray       | Taylen Nixon       |
| Taliah Bellmann      | Mary Anne Hanson  | Hailey Ogloff      |
| Taylor Bird          | Shannon Harder    | Ashtyn Ostoforoff  |
| Taylor Bott          | Logan Harris      | Madison Paulsen    |
| Brooklyn Bourgeois   | Ty Harris         | Sofia Peckham      |
| Charlize Bretherick  | Mattias Hartman   | Dominic Perry      |
| Chris Brooks         | Amelia Hoefer     | Marcus Petersen    |
| Jakob Brown          | Clayton Hurren    | Adam Pickering     |
| Richard Burden       | Cameron Jmio      | Cole Pringle       |
| Haley Burt           | Poppy Jong        | Jorja Rayne        |
| Aidan Bush           | Emma Juell        | Nathan Rees        |
| Abbi Campbell        | Brooke Krause     | Braeden Ross       |
| Makenna Carrier      | Valentina Lanzoni | Sara Scott         |
| Anna Chersoni        | Annelise Leclerc  | Kyli Shelby        |
| Liam Collins         | Alan Lewis        | Kassandra          |
| Kael Covey           | Melody Lindelauf  | Sicotte-Lemelin    |
| Kristopher Creighton | Kale Longworth    | Jed Siddons        |
| Joshua Crerar        | Jessica Martens   | Raedon Skanes      |
| Ryland Crosswell     | Haylie Martin     | Lynndsay Terpsma   |
| Mary Danley          | Lexi Mason        | Taylia Tessman     |
| Gentry Davidson      | Chase Matvenko    | Xander Tolway      |
| Ike de Boer          | Janay McJannet    | Drey Trottier      |
| Amber Demer          | Alyssa McKen      | Kyle Wiens         |
| Jeff Diekert         | Karson McKenzie   | Grayson Williamson |
| Aiza Donahue         | Blake McPherson   | Megan Yatkowsky    |
| Jacob Fox            | Payton Michaud    | Nick Yorke-Hardy   |

## SALMON ARM STOREFRONT



> Left to right: Benjamin Freiboth, Brooklyn Sewell, Dominic Gouger, Dylan Milligan, Hailey O'Reilly



> Left to right: Jacob Bowie, Jason Stewart, Lauralei Elder, Meika Warkentin, Rose Farr

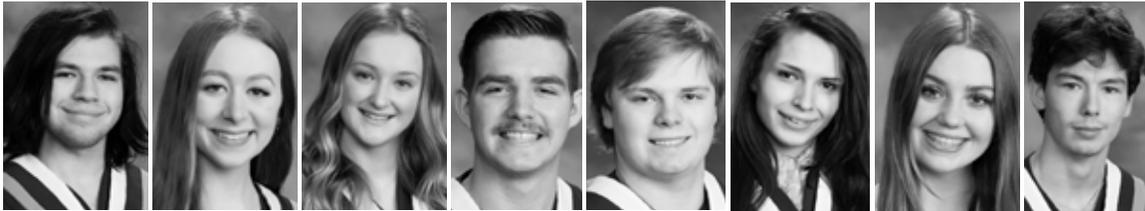
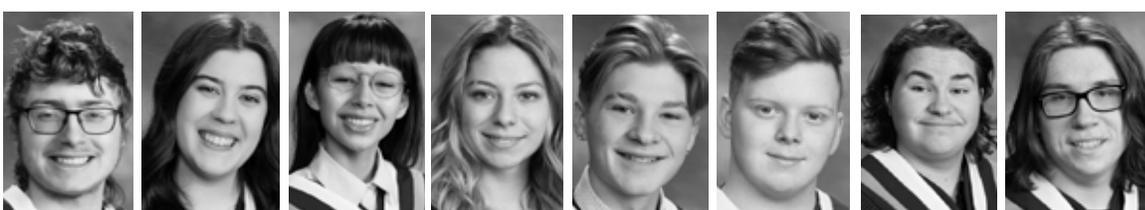


> Left to right:  
Rudi Fink,  
Teaaira Vigue,  
Tyrra Van Leur  
> No photos:  
Luke Belle,  
Jayden Gulka

## CHASE SECONDARY

- |                   |                    |                     |                  |                   |                  |
|-------------------|--------------------|---------------------|------------------|-------------------|------------------|
| Amaiya Anderson   | Brody Cormack      | Tiffany Fairweather | Jobe Krause      | Bryce Narcisse    | Destrie Rudichuk |
| Austin Banting    | Trinity Coupland   | Christian Greenaway | Zoe Lapinsky     | Jordan Narcisse   | Shyann Simpson   |
| Taylor Bochek     | Ava Deneault       | Sage Helyar         | Payton Malkostke | Serina Netowaysin | Dawson Smith     |
| Nathan Browning   | Presley Duck Chief | Rorie Holmes        | Luke Markin      | Liam Njootli      | Chevao Sparrow   |
| Kenny Cameron     | Skylar Ehret       | Evan Jackson        | Klara Matthey    | Tyler Pal         | Ayla Stad        |
| Nolund Charleyboy | Linden Evenson     | Ashlynn Jensen      | Kira Meldrum     | Madalena Romandia | Nizhoni White    |
| Duncan Christy    |                    |                     | Blair Mickelson  |                   | Marya Wood       |

# A.L. FORTUNE SECONDARY

1st row	> Cordell Anker Bella Baird Alexis Bradford Quito Bruns Ethan Burke Shaundi Christian Taylor Czepil Garrett Dale > Cole Danby Megan Davidson Alex Dunnet Joseph Fancsik Hudson Frehlich Kathrein Hailey Alastair Harris Max Hearder > Braden Hinz Makya Hnatiw Kassie Joe Morgan Knull Kadya Kowalski Brayden Leaman Oakley Nadrozny Ryan Prosak > William Puetter Lucas Rozenberg Austin Scott Savannah Szerepi Tyson Taylor Dyson Wasyliw Ellysa Washtock Dante Joe-William Harmony Killman -Williams	   
2nd row		
3rd row		
4th row		

# KING'S CHRISTIAN SCHOOL

1st row	> Everett Bakewell Olivia Bransma Chelsea Chancellor Sara Congdon Joel de Hoog Julianna Frost Brayden Giesbrecht Jessica Hansma > Jacob Huntington Elijah Jansen Tyson Kamstra Brooklyn Knight Ashley Koop Karly Mueller William North Jesse Parmenter > Tyson Pederson Denae Penner Joseph Royal Mackenzie Schoen Seth Tiller Molly Tudan Nathan Unger Jaben Zuidof	  
2nd row		
3rd row		

# Birds & Bird Photographers

■ Salmon Arm Bay is a remarkable home and stopping place for some of the most beautiful and rare range of birds. It is also home to many talented bird photographers. From the top: western grebes by Joan Chadwick; pelicans by Ron Banville; heron by Grant Cruikshank; female mountain bluebird by Bob Boxall; and osprey nesters by Ian James.



HUMAN RIGHTS DON'T GET OLD.



**WORLD  
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DAY IS JUNE 15, 2022.**

LEARN MORE AT [WWW.BCCRNS.CA](http://WWW.BCCRNS.CA)

***You are invited to a FREE Social Education Event for Seniors in your area to discuss issues that are impacting your quality of life - continental breakfast, door prizes, info tables & more***

Tues. June 14 8am - 11am - Sorrento Centre	Wed. June 15, 8am - 11am - First United Church Salmon Arm	Thurs. June 16, 8am - 11am - Sicamous Seniors Centre
--	--	---

Brought to you by the Shuswap Community Response Network  
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**SASCU**  Strength | Courage | Hope  
for families in the Shuswap

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# ELUSIVE DIPLOMA

This, being grad month, brings back a lot of memories for me. I graduated grade 12 in 2011, I was 72-years-old.

When I was in school in the 50's, I was encouraged to get my grade 12, but there was little talk of going further.

In fact, there were plenty of jobs available if you only had a grade ten, called an "intermediate certificate".

With this, you could get a good job with Hydro, firefighter, police, telephone, and so on. I was the oldest in a family of five, so any hope of raising enough money for university was out of the question. Sitting at the table, 16-years-old, and eating my way into the family food budget, I felt the pressure.

In the summer of 1955 I had a good job with a building supply company, much the same as our local Home Hardware. I left school a week early, and went back a week late. During that summer I drove a four-ton flat bed truck around Oshawa, delivering building supplies. I was 16 and doing a man's job.

Going back to school a week late was a big mistake. It put me far behind the rest of students and I could not seem to catch up.

Three months into the school year I began to explore the possibility of getting a permanent job. Two months after my 17th birthday I had two job offers the same day. One was with a tire manufacturing company as an "office boy" and the other was as a "lineman" with Bell Telephone Co.

I took the job with Bell, and on February 7, 1956, started full-time as a lineman. Leaving school was not difficult as I was not a good student and laboured under a good deal of stress. Being out on the line in February with the attendant freezing weather and ice storms was less stressful for me.

I had a great career of 20 years with Bell and subsequently went into business for myself. We did well, raised a beautiful family, travelled a lot and have a wealth of stories and experiences.

But, being a "high school dropout" always felt that I cheated myself out of many possibilities that may have come my way had I achieved a grade 12 education. Outwardly, it never bothered me too much, but inside it ate away at me. So I promised myself that, someday, I would do something about that.

In early fall of 2010, I decided to return to school and earn that elusive diploma. Because of years of practical experience I was able to use this to cover some courses that younger people have to struggle through. Being a house builder and businessman went a long way toward some of the marks required. I basically had to focus on math and English.

In the real world I used a lot of math and I love to read. Even so, I struggled through, and was able to graduate in the "class of 2011" with that much coveted grade 12 diploma.

I was so proud as was my family.

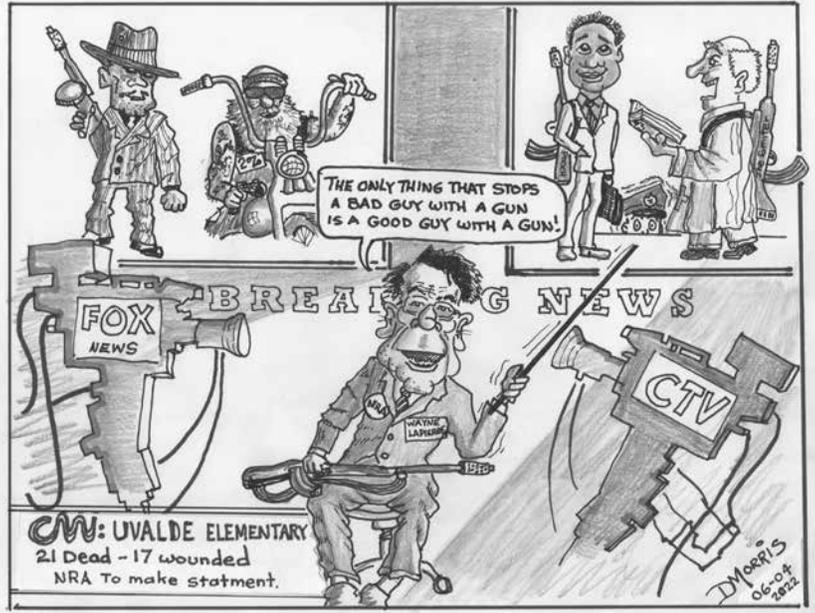
To the current graduates, I say: "stick to it guys and gals", an education is not a heavy burden to pack around. Get as much as you can and use it wisely. Good luck to you all! ■

□ Ed Campbell is is an active retiree in Salmon Arm.

MY TWO CENTS



Ed Campbell



## Teachers from A-Z

It's graduation season. As this year marks my youngest son's big day, I wanted to share some thoughts on how grateful I am for the teachers who got him and his older brother through school.

NOTES FROM THE MARGIN



Louise Wallace Richmond

○ **A** is for Awesome. Thank you for the work you do with our kids.

○ **B** is for Brave. It couldn't have been easy working through these last two years.

○ **C** is for Creative. You work wonders with the most basic of school supplies.

○ **D** is for Determined. I have trouble teaching my kids how to empty the dishwasher. I can't imagine teaching them the complexities of calculus or power mechanics.

○ **E** is for Energetic. We forget that teachers spend the better part of their day on the move. If you've ever watched kindergarten kids come in from recess, you'll surely appreciate the amount of energy it takes to run a full class of little ones.

○ **F** is for Fastidious, being attentive to and concerned about accuracy and detail. There are no short cuts. The learning is too important.

○ **G** is for Gregarious. The ability to welcome a new cohort of students each year and take the time to get to know and understand every one of them is a skill we could all benefit from.

○ **H** is for Helpful. From helping to tie shoelaces to offering extra help when kids fall behind, teachers teach us that being helpful is one of the most important parts of a civil society. As Mr. Rogers himself used to say, when you're in trouble, always look for the helpers.

○ **I** is for Inquisitive. The best part of education is being inquisitive because, truth be told,

□ Continued next page

## City FIXINGS

> An exhibit in honour of the beloved elder, the late Dr. Mary Thomas is opening June 21 at Haney Village. It would be a good idea to find a place on the grounds for a permanent exhibit that honours the role and history played by the original Indigenous community in the Shuswap.

## Bravos & BOOS

Contributed:

> **BOO TO:** the City for not finding a way to get power to the food trucks at Ross Street (so they have to use inefficient small gas generators all day) despite power being right beside them on the lamp post.

> **BOO TO:** folks who post yard sale signs around town then neglect to take down after the sale is over. We are blessed to live in a beautiful area, let's do our part and keep it tidy!

## Web SITINGS

> [shuswaphospitalfoundation.org](http://shuswaphospitalfoundation.org) OR [kghfoundation.com](http://kghfoundation.com) It will be two years June 11 since a quadruple bypass gave me a new lease on life. Consider a donation to Shuswap and Kelowna hospitals that perform miracles every single day. ■

## Teachers guided the grads here

☐ Continued from page 18  
 you only ever learn how little you know. While technically the brain is an organ, it's also a muscle, the more we use it, the stronger it gets.

○ **J** is for Just. Teachers, as leaders, often act as judge and jury. Life happens in classes too and they are called to manage difficult situations, give all a proper hearing and make decisions fair and just, even if sometimes unpopular.

○ **K** is Knowledgeable. As both a trivia fan and word nerd, you cannot do better than a teacher on a crossword, Scrabble or Trivia. They just know things, lots of things.

○ **L** is for Loving. What I admire most about teacher friends is their love for their students' welfare.

They get to know what life is like before and after school and devote much time to helping build healthy communities for vulnerable kids.

○ **M** is for Managerial. We tend to forget how excellent teachers are at management. If you had direct responsibility for 30 grade schoolers everyday, you would appreciate this.

○ **N** is for Negotiator. Children needs guidance in managing challenges and conflicts. One round of supervision at school recess will confirm this for you.

○ **O** is for Optimistic. The world is a mess right now. That you show up everyday and help guide those who will one day lead the rest of us inspires me. Thank you.

○ **P** is for Positive. See 'O' above.  
 ○ **Q** is for Qualified. All teachers need an undergraduate degree and a teacher's college degree. Many have post graduate degrees. We dismiss this commitment to higher learning at our peril.

○ **R** is for Resourceful. Finding ways to make the content stick is

impressive when we live in a world full of distraction.

○ **S** is for Sympathetic. Things happen. Teachers, in my experience, have always accommodated for difficult situations. I'm grateful for the times exceptions were made for us.

○ **T** is for Trustworthy. Children and their needs are at the core of teaching and sometimes that has nothing to do with the 123s and ABCs.

○ **U** is for Undervalued. I worry, you know, that we devalue the profession. As far as I'm concerned, teaching is the most important job in the world. They are literally shaping our future. We should be more appreciative of the profession.

○ **V** is for Valuable. See "U" for Undervalued.

○ **W** is for Wise. I think of a particular episode at Bastion when my boys got into a snowball throwing match. When the call came from the Principal, I expected the worst. All that was said was when an older brother protects his younger one, it's a reminder that lessons from the playground are as important as those that happen in class. Lesson learned.

○ **X** is for Xenodochial. Yup, that's a new one for me too. It means friendly to strangers. And anyone how has recently done their child's Kindergarten orientation day will understand this.

○ **Y** is for Youthful. An average teacher has more steps per day than most other professions - an average of about 10 kilometers per day.

○ **Z** is for Zealous, meaning ardently active, devoted, and diligent. Indeed they are.

As we start to celebrate our graduates, remember the **A** to **Z**s of the teachers who got them across that finish line. ■

☐ *Louise Wallace Richmond is a regular contributor to the All Month*

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# WEATHER > SYNOPSIS/ OUTLOOK



**WEEKEND AHEAD**  
 Summer-ike weather for all weekend. High 25 to Low 10  
 Normals - +22 to +9  
 Extremes since 1991:  
 +30.4 2015 • +5.4: 1993  
 Sunrise 4:46 am • Sunset 9:07 pm

**PAST TEMPERATURES**

June 1 to 7  
 By Nick Parsons, SW Gleneden  
 Elev. 458 m (119 m above lake).

DATE	HIGH	LOW	PREC.
June 1	+22	+8	
June 2	+20	+11	Trace
June 3	+17	+12	7/16" rn
June 4	+19	+9	Trace
June 5	+19	+12	1/16" rn.
June 6	+20	+10	Trace
June 7	+23	+8	

Prec. Downtown near 1/4" this week  
 Lake ht. at wharf 7' 2" over Spring low  
 Lake peaked 8' 4" June 7, 2021  
 Still visual snow on Fly Hills, June 8

## PASSAGES

**Bowers Funeral Service**  
 bowersfuneralservice.com

- ❖ George Sivertz  
June 6, 2022, at age 70
- ❖ Danny Dorosz  
June 2, 2022, at age 85
- ❖ Jackie Cannon  
11 am, Aug. 5, United Church
- ❖ Ronald Genier  
May 21, 2022, at age 88  
1 pm, June 3, Club Shuswap
- ❖ Jeremy 'Ben' Harrison  
11 am, July 30, Bowers

**Fischers Funeral Service**  
 fischersfuneralservices.com

- ❖ Albert Harold Fowler  
June 1, 2022, at age 85
- ❖ Linda Gladys Gildersleve  
April 16, 2022, at age 68  
11 am, June 18, Fischer's
- ❖ Egon Marius Jespersen  
June 1, 2022, at age 80

> *George Sivertz: "...George lived an eventful life – from almost being traded for a pair of white camels in Morocco in the 1970s, to playing drums in a garage band (Arctic Madness) in the 1980s, to being held for ransom for a brief time in Peru in the 1990s..."*  
 > *Yvonne Murray: "...From there they moved to Revelstoke when the Rogers Pass first opened and had the first gas station on the highway..."*

## LEGACY LIVES ON shuswaphospitalfoundation.org shuswapfoundation.ca

- ❖ Ronald 'Ron' Charles Lamb  
June 1, 2022, at age 90
- ❖ Sean Murray Lay  
May 28, 2022, at age 59
- ❖ Yvonne Frances Murray  
June 1, 2022, at age 92
- ❖ Peter Ereth Home Purves  
June 3, 2022, at age 86  
9 am, June 13, St. Joseph's
- ❖ John 'Paul' Shannon  
1 pm, June 11, Elks Hall  
❖❖❖
- ❖ Jack Weisgerber, 81,  
BC businessman and MLA
- ❖ Sophie Freud, 97, psychologist  
and granddaughter of Freud.  
Spoke against psychoanalysis
- ❖ Ann Turner Cook, 95, novelist  
and model for Gerber baby
- ❖ Jim Seals, 80, Seals & Crofts
- ❖ Trouble, 36, rapper, shot

## > COVID-19 UPDATE

<b>CANADA</b> #32 rank 3,887,667 cases 41,300 deaths 3,542,275 recovered 304,092 active cases	<b>BC</b> 371,720 total cases 3,547 confirmed deaths 42 new deaths 41 current critical care 473 current hospitalized 1,163 new cases 11,826,489 doses admin.
<b>USA</b> #1 rank 86,825,889 cases 1,034,458 deaths 82,772,215 recovered	<b>Cases May 22 to 28</b> 10 Salmon Arm 3 Enderby; 0 Armstrong 12 Vernon; 38 Kamloops 59 Central Okanagan
<b>WORLD</b> 536,995,931 cases 6,324,784 deaths 507,975,061 recovered	

worldometers.info/coronavirus • bccdc.ca  
 Numbers likely more due to many unreported rapid tests.

## > SPORT SPOT

- > **Euro Mountain Bike Race** - June 26 at the Rubberhead network. Must be member of Shuswap Cycling Club to register. Volunteers also needed. shuswapbike@gmail.com
- > **Football registrations now** - shuswapfootball.ca
- > **June Jump Jam** - noon today (June 10) Students in Jackson Secondary's Mountain bike academy will showcase their jumping abilities
- > **BC 55+ Games** - Sept. 13-17, Victoria. Salmon Arm applying for '24.
- > **Horseshoe Club** - meeting weekly again. Ben 250-832-8467 or Edwin 250-832-8352.
- > **Lawn Bowling** - Mon/Fri. 1:30; Cards 1 pm; Tues/Thur. 7 pm.
- > **Tennis Club** - clubspark.ca to book courts.
- > **Open Golf Tournament** - Aug. 27, Shuswap Lake Course. Fundraiser for Hospital Foundation. shuswaphospitalfoundation.org
- > **Girls only Soccer** - July 4 to 8.
- > **Billets needed for Silverback season** - An opportunity to be involved in the community by sharing home with a player looking to further their education and hockey career. Even if you do not consider yourself a hockey family, this is an amazing experience. Contact at: rbilleting@sasilverbacks.com

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# Is it Clutter or 'clutter'?

A home should support the people who live there. It should nurture a sense of calm and belonging. It should be easy to clean, easy to maintain and be a place where the inhabitants want to spend time.

DESIGN  
DILEMMAS



**Linda Erlam**



worth as much as you think, and is probably not worth as much when you consider how much it costs to store it for all these years.

You can understand that the money you spend on something will probably never be recouped, and keeping the item longer just increases how much it costs you. You had great intentions of doing

Clutter impedes serenity. It's really difficult to feel calm when there are piles of clothes, toys or dishes everywhere. It's difficult to feel calm when everywhere you look there's a reminder of things to do.

I wrote a little book a few weeks ago, now published on Amazon, about 'Clutter', and how to get to the end of the job. (Search my name on Amazon and you'll find it).

During research, I joined a Facebook group of Clutter-suffering people to see what they say. This group has over 478,000 members. That's almost a half million people. I listened and read and absorbed, and came away with what I think is a fairly accurate description of clutter and a firm belief that there are two types of clutter. Small c and large C.

Small 'c' clutter means you have stuff not in its place. The stuff has a home, it is just not in it. This is the messy house syndrome and is a matter of housekeeping and lifestyle.

If you put everything away where it belongs, the house would be functional, supportive, and feel light and clean. BUT no cupboards would be overflowing, there wouldn't be drawers you can't shut because they are too full. The storage room would have room in it.

The issue becomes full-blown 'Clutter' with a capital C when there is stuff that could have a home if there was room in the designated space. Too many shoes for the shoe rack. Too many pairs of pants for the pant hangers. Too many books for the bookcase. Too many papers for the file cabinet. Too much is the key here. This excess has

to live somewhere, and it tends to live in piles near the designated home, or in bins in the storeroom. (And contrary to popular belief, clutter in bins is not organization, it's just clutter in bins.)

Clutter with a capital C is the excess over and above what we can keep and still have a supportive home.

For example:

Four identical potato mashers. Or the unfinished craft projects you just can't get rid of because you want to finish them. One day. Or the kid's kindergarten report cards, especially since they told you THEY don't want them. Or the 200 Stuffedies your child has, who you think can't part with even one of them. Or the old clothes you won't ever wear again because you've grown out of them. Even if you COULD get into them, they are old and you won't want to wear them again, anyway.

When possessions take over space, and those possessions are duplications or additions to what we already have, it's Clutter with a capital C. I'll continue with this on the website when I publish this in about a week. And next column I'll talk about Hoarding.

'But, But, But... these things cost money, I can't just get rid of them.'

Understand the Endowment Effect. This says that we put a higher dollar value on items we own than the item's real value. Yes, that mint-condition early edition *Mad Magazine* is 'worth something', but it's probably not

step aerobics every day so you bought the Susan Powter top-of-the-line step. And you've been lugging it around for 25 years. You will never get your money back, and in your heart of hearts, you know that.

When the big declutter happens, you will be reluctant, but willing, to let these things go.

When the freedom from the burdens of clutter is more appealing than the continued accumulation of possessions and all the problems that come with that, you will be ready to declutter.

Hoarding is a considered a mental health issue, and the definition can include 'The accumulated possessions in a home interfere with the inhabitant's ability to enjoy a healthy home and lifestyle, the inhabitant is unable to discard items because of a perceived need to keep everything, or a belief that they can fix/repair/use/recycle the tons of possessions they have, even when presented with the impossibility of that happening in their lifetime or when the possessions take precedence over human relationship.'

Just like badgering a drinker, or shaming an over-eater, condemnation of a hoarder often just makes them dig their heels in harder. You can NOT help a hoarder until they are ready.

End of lecture.

☐ If you have design issues, or have a suggestion for a future column, email to [linda@designsewlutions.ca](mailto:linda@designsewlutions.ca) or [designsewlutions.ca](http://designsewlutions.ca)



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 R A A R A T D Z B O D A G R R W C H I U X R L  
 O D Z M G N O A K T N R N A A B A B R U S K E  
 M D A I E T E W E U E A L Z R S P A O M M A L  
 W I K K M Y R K N P W M U Z A A E N T O B N L  
 J S T T A A K I M A G S S A H O T G C G I O I  
 D A C D U R L B P M N A A V P T O U I A S C V  
 O B S I N U T A M O O G K I R O W I V D S L E  
 D A L G I E R S B H L C A L A M N J V I A T R  
 O B D A C A I R O O I I D L I E E V R S U A B  
 M A A J U B A N N J L O A E A U L Z N H N B I  
 A K I G A L I X P R E T O R I A A M W U D A L  
 T K M A S E R U K Z O K A M A B A N J U I R Q

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> "We should never judge a day by its weather." ~ Dick Van Dyke  
 > "Food is a like a time machine. Where does it take you?" ~ Matt Gallaway in a CBC interview with a chef  
 > "We're living in what Carl Sagan currently termed a demon-haunted world. We have created a Star Wars civilization, but we have Paleolithic emotions, medieval institutions and godlike technology. That's dangerous." ~ E.O. Wilson, *New Scientist*

# FUNNY BONE

> Cop: "You were going over the speed limit."  
 Motorist: "I was just trying to keep up with the traffic."  
 Cop: "But there isn't any traffic."  
 Motorist: "I know, officer, that's how far behind I am."

Another one:  
 Motorist:  
 "I wasn't  
 texting, I  
 was building  
 a ship in a  
 bottle."

# POP QUIZ

> What is the heaviest animal in the world.  
 > What is the heaviest land animal in the world?  
 < Antarctic blue whale up to 400,000 pounds like 33 elephants >  
 < African bush elephant, up to 10.1 tonnes >

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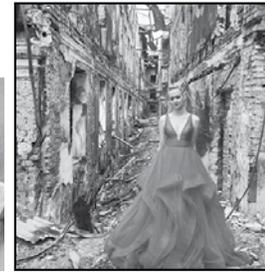
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# PICTURE THIS



> Dick Van Dyke in *Mary Poppins*, and as he looks now at 96, still smiling and dancing 60 years later.



> Graduates of a bombed Kharkiv school refuse to let war to ruin graduation.

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