

No issue, next week

**FRIDAY** AM

June 21, 2024  
No. 1344  
All Month July 5

**AM**

SALMON ARM WEEKEND

# Gathering together • Peace n' Pizza

 Sit and Sleep Gallery

**Furniture & Mattresses**  
**Home Decor**  
**La-Z-Boy Comfort Studio**

1701-10th ave SW (beside Buckerfields)

**Real Estate**  
Purchases • Sales  
Mortgages

 **SALMON ARM NOTARY**  
Zoe Stevens Notary Corporation

3-120 Harbourfront Dr. NE • 250.803.8883  
[www.salmonarmnotary.ca](http://www.salmonarmnotary.ca)

## MOLEHILLS

Lorne Reimer



### A cousin and a poet

I should probably stick with producing little newspapers. My foray as an impresario concert promoter was not exactly impressive.

A really small but appreciative audience attended the concert I hosted with my singer songwriter cousin, Mark Wonneck, and genuine poet, Peter Paul Van Camp.



My cousin had to move on after Friday's concert so I got to hang out with P.P.V.C. the next day.



He performed before only five people under the yellow tent stage at the ToTE festival, at one point, donning on a beret, pretending to be a Parisian. Later I went birding with him which was all great fun.



But alas the tour had to move on to Alberta, sending this poet off on the bus. ■



Demolition Facebook photo

## Father's Day festivities

> The Demolition Derby drew huge crowds over its two days. The fellow with the Van Gogh Museum jacket, above, lends a little credence to poet Peter Paul Van Camp's theory that the Derby contributed to the tiny audience at his Saturday performance.

> On right, one of the smallest fishers won the prize for the biggest fish at Sunday's Kids Fishing Derby. Zachary Inglis, on right, is pictured with his dad, Lee.



**Got pain?**  
...we have many non-invasive and non-toxic answers.



Come in for a free visit and consult to find out more.

Laser therapy safely reduces pain and inflammation, increases joint mobility, helps with skin issues, non-healing wounds, sprains, strains and neuropathies.

"...an improvement rate in excess of 92%."  
Laser Therapy for the treatment of arthritic knees: a clinical study. Proc. SPIE 2010

"I no longer need pain medication and I can walk over one km compared to 300 feet prior to treatment... You will never know how much you've changed my life. GH"

 **LAKESIDE HEALTH**  
250-833-5899





 BCSPCA **LOCK-IN FOR LOVE**

Noon to 4 pm  
Sat., June 22

 Help the BCSPCA assist animals in need by raising money to get yourself out of the 'doghouse'

[piccadillymall.com](http://piccadillymall.com)



 **Salmon Arm Physiotherapy**

 • Online Booking • Sports Injuries  
• Dry Needling/IMS

[info@salmonarmphysio.ca](mailto:info@salmonarmphysio.ca)  
or visit: [salmonarmphysio.ca](http://salmonarmphysio.ca)


Daniel von Hollen BSc, MPhySt • 804.3033  
NEW LOCATION - 2B-120 Harbourfront Dr NE


**Dan's Pick of the Week**

**2021 Subaru Crosstrek Touring (M6)**

Manual Transmission • AWD  
Rare Blue with black interior  
80,056 kms • **\$27,671**  
\$262 bi-weekly over 84 mo.  
@10.99% with \$2,000 down



**SALMON ARM** 

[salmonarmtoyota.ca](http://salmonarmtoyota.ca) • 832-9433

## Future of the Classic

After extensive study, the Salmar theatre board has decided to cease operation of the Salmar Classic and concentrate all its activities on the Salmar Grand. Send Expressions of interest on future use of this historic multi-use theatre building by Sept. 15 to [submissions@salmartheatre.com](mailto:submissions@salmartheatre.com) ■



## at the movies

**SALMAR GRAND** • [salmartheatre.com](http://salmartheatre.com) • June 21 to 27 shows:

- **Inside Out 2**. 2:00 Sat, Sun; 6:40 nightly. A renovated headquarters returns to the mind of newly minted teenager Riley featuring departments 'Anxiety', 'Joy', 'Sadness', 'disgust' and 'fear'. (G)
- **Thelma**. 1:45 Sat., Sun; 7:00 nightly. After a feisty 93-year-old lady gets conned by a scammer pretending to be her grandson, she teams up with a friend on a motorized scooter on a wild adventure to take back what's hers.. (PG coarse lang, violence)
- **Bad Boys: Ride or Die**. 1:30 Sat, Sun; 6:30 nightly. Bad Boys are back with edge-of-your seat action and outrageous comedy but this time with a twist. (14A violence, coarse lang)
- **I used to be Funny**. 1:45, Sat, Sun; 6:50 nightly. A stand-up comedian struggling with PTSD, weighs on whether to join the search for a missing teenage girl she used to nanny. (PG, sexually suggestive, lang, violence)



### > SALMAR CLASSIC

■ **Film Society** • [shuswapfilm.net](http://shuswapfilm.net) • Back in September

> **STARLIGHT DRIVE-IN** [starlightdrivein.ca](http://starlightdrivein.ca)

- June 21, 22, 23, plus Family Night, June 27. Double Feature
- **Inside Out 2**, 9:15 (G)
- **Kingdom of the Planet of the Apes**, 11:15 (PG)

# FRIDAY AM

NO. 1344

---

**ARM MEDIA**  
EST. 1997

EDITOR & PUBLISHER  
Lorne Reimer  
250.833-1141  
[fridayam@shaw.ca](mailto:fridayam@shaw.ca)

DROP-OFFS  
Hucul Printing 471 - 5th St SW

DEADLINES  
Wednesday Noon, regular issue  
Tuesday noon All Month issue

CIRCULATION  
Weekly FriAM: 2,500  
(No issue last Friday of month)  
All Month (1st Fri) 4,500  
except January  
FriAM.ca: Worldwide

○ Friday AM acknowledges covering the Shuswap and sharing the lands on the traditional territory of the Secwepemc peoples.

## live & dance

- > **SA Legion** - Music Lab, June 22 • Tribute to Women recording stars, plus Totally Petty, July 6
- > **Canooligans, Canoe** • Bandidos, June 30 • Drag Show, 8:30, June 22.
- > **Copper Island**. Electric Jams with Blind Bay Blues Band, Tuesdays.
- > **Barley Station** - Steve Jevine, 7 pm, June 19, 20.
- > **The Hub**, Scotch Creek. Open Mic Sundays • Karaoke 29th • Jody Evans 21st • Evan Wilds 24th • Liz Blair Project 28th • Friday Live: Rockin' Mix, 28th; Ben Klick, July 5
- > **Food truck, Scotch Creek** - Boom Booms, June 29
- **Marionette Winery** - The Chorogues, June 20.
- **Urban Studio**, Rancho - Petal to the Metal, 7 pm, June 27

## city lights

- ▶ **Penticton**  
**Come from Away**, Sept. 24, 25 • **FloRida**, Sept. 5 • **Clint Black**, June 14 • **Paula Abdul**, Sept. 28
- ▶ **kelowna**  
**Rock the Lake**, Aug. 9-11
- ▶ **Vancouver**  
**Stones**, July 5. • **Pink**, Sept. 6-7  
**Taylor Swift**, Dec. 6- 8

## FESTIVITIES

■ **Summer Solstice, June 20**

- > **PEACE n' Pizza** - 5:30, June 21, 450 Okanagan. / P.3
- > **Gathering Together Festival** - 4-8, June 27, Ross plaza. Celebrating th cultural diversity of the Shuswap. Food and live entertainment.
- > **SAS Grad ceremony** - June 26, SAS Sullivan outdoors.
- > **Canada Day** - Sat. July 1. Blind Bay, Sicamous, Enderby, Salmon Arm events.
- > **Car show** - July 13, Marine Park
- > **Grindrod Days** - July 20, 21
- > **Roots & Blues** - July 26-28. [rootsandblues.ca](http://rootsandblues.ca). Lineup list on page 3
- > **Salmon Arm Fair** - Aug. 23-25, Fairgrounds. [salmonarmfair.ca](http://salmonarmfair.ca)

## ART

- > **Tsrep (tree)** - Exhibition about displacement of Indigenous trees and shrubs in the Shuswap, SA Art Gallery. On to June 23.
- > **Le7 en k tuw? (How Are You?)** Open show invites artists to create work that is 24"x24" and respond to the question "How are you? Opens July 6 and runs to Aug. 31. Deliver artwork 10 to 4, June 29.
- > **Writers coffeehouse** - 2-4 pm, June 28. First Communy, off 4th St. entrance. Last one until September. \$5
- > **Cardiff Miller Art Warehouse** - Open 11-6 weekends. New exhibits added. Enderby, former Ashley store.
- > **Shuswap River Plein Air Event** - 8:30-2, July 14. Meet at Cardiff Miller parking lot. \$20 includes continental breakfast and map of art sites.
- > **Courtyard Gallery** - Frieda Martin & potter Al Scott.
- > **Quilts in the Village** - 10-4, July 13, Haney Village.

## CONCERTS

- > **Music Lab** - 6:30, June 22, SA Legion. Eclectic musical evening by local musicians. \$15 or \$10 members.
- > **Jazz / burger nights** - July 11 & Aug. 29, Haney Village.
- > **Andrew Grose** - Comedy, 7:30, June 20, Salmar Classic
- > **Music in the Bay lineup** - Starting June 27 in Blind Bay: Headway, Ben Klick, Serious Dogs, Paisley Groove, Elton tribute, Shawn Lightfoot, Paperboys, Latin Lovers, Concerned Citizens, Hayley Wallis.
- > **WOW concert series** - 6:45 Wed. on the Wharf. By donation. **Ben Klick**, July 3 • **Francis Baptiste**, July 10 • **Kayla Williams & Yacht Daddies**, July 17 • **BuenRostro**, July 24 (Roots & Blues) • **Jeremy Kneeshaw & JK Band**, July 31 • **En Karma** (Bhangra /Bollywood, Aug. 7 • **Dawn Pemberton**, Aug. 14 • **Josh & Bex**, Aug. 21 • **Hayley Wallis**, Aug. 28 • **Mini Pow Wow**, 4 pm, Aug. 28
- > **Eagle Bay Music cafe** - June 22, featuring Stephenson Trio
- > **Armstrong Metal Fest** - July 12-14. [ArmstrongMetalFest.ca](http://ArmstrongMetalFest.ca).
- > **Sicamous concerts** - Mondays, July 8 to Aug. 12.
- > **Roots & Blues** - July 26 to 28. Headliners Sarah McLachlan, Amanda Marshall & Five Alarm Funk. Full list at [rootsandblues.ca](http://rootsandblues.ca)
- > **Hawksley Workman** - Nov. 3, Song Sparrow Hall. Tix at [rootsandblues.ca](http://rootsandblues.ca)
- > **Good Lovelies** - Nov. 9, Song Sparrow Hall.

## THEATRE

- > **The Bear & the Proposal** July 9- Aug. 5, Caravan Farm
- > **The Mousetrap Auditions** - Agatha Christie play is first of 24/25 Shuswap Theatre season.. Noon to 3:30, June 23 & 7-9 pm, June 24, 25.
- > **Dinner Theatre** - July 14 to Aug.25. Haney Village. Wed- Fri, Sun, evenings. Reserve at 250.832-5243

## SPORTS *Sport Spot / P.5*

- > **55+ BC Games** - Sept., 10 to 14, Salmon Arm. [55plusbcgames.org/salmonarm](http://55plusbcgames.org/salmonarm) 2,000 participants, needing 1000 local volunteers
- > **Roller Disco** - 7-9 pm, June 22, Chase arena.



## Learning from each other

The first in a series of monthly gatherings called Peace 'n Pizza will take place **tonight** (June 21) at 5:30 pm at First Community, 450 Okanagan.

The event is hosted by First Community and Shuswap Rotary Peace Builders to hear interesting everyday people's stories. Structured as a fire-side chat, people from all corners of the community will tell their stories about who they

are and how they got to now. The inaugural speaker will be Neskonlith elder and knowledge keeper Louis Thomas.

The event will consist of informal socializing, pizza and a "fireside" chat and discussion with a community member. Peace n' Pizza gatherings are set to take place on the third Fridays of each month.

Shuswap Rotary Club is also planning to present its first 'Community Peace Ambassador award' to Louis Thomas at the club's dinner meeting on June 25. ■



Arts Centre photo



> SAS grad Austin Tomlinson's plan to go into the mechanical program at Okanagan College earned him a \$500 bursary from Shuswap Vintage Club, presented by Douglas Abbott.

## you're invited

- **Spa Alp Barn Dinner & Dance**, night of fun & dancing, 6 to 1 am, July 6, 3019 Watson, SA. Food by S'wichcraft. spaalpequines/td@gmail.com
- **Community Shred Party**, 10 to 1, June 22, H&R block parking lot shore. Funder raiser for Children's Association.
- **Gospel Tent Meetings**, 7 pm, July 4 to 7 plus 10 am, July 7, Salmon Arm Fairgrounds. hosted by SA Mennonite Church,
- **Soul Sister Empowerment festival** - June 29 - July 1, Sicamous
- **Secwepemc Lakes Indian Days**, June 21, 22, Chase. Neskonlith Pow Wow & Stickgame tournament
- **Gathering Together** (Multicultural Festival), 4-8, June 27, Ross Plaza. Hosted by Shuswap Immigrant Services Society. Food booths, information booths, live music performances, activities for kids. Free entry. Arpita: events@sissociety.ca or 250-804-2726.
- **SA Council**, 2:30, June 24 • **CSRD** 9:30 am, June 20
- **Lock-in for Love** - Get yourself out of doghouse fundraiser for BCSPCA, noon to 4 pm, June 22, Mall at Piccadilly.

## MUSIC LINEUPS

### ■ SA Fair

- Fleetwood Mac & Abba tributes
- Rollin Coal Trio
- Instario • Linus
- Headway • Adam Fitzpatrick (Elvis)
- Jonathan Williams salmonarm.ca

### ■ Roots & Blues

- Amanda Marshall
- Sarah McLachlan
- Five Alarm Funk
- Heather Gemmell
- Aysanabee
- B.C.U.C.
- Bab L'Bluz
- Begonia • Krut • Blue Moon Marquee • Buenostro • Claire Coupland
- Crystal Shawanda • Dallas Arcand • Teke:Teka • DJ Shub/ War Club
- All my Relations PowWow group • Dave Barber • • Rebecca Sichon
- Delvon Lamarr Organ Trio • Lido Pimienta • Hello Darlins
- Munro & Patrick • Mama Mihirangi & Mareikura • Moontricks
- Meredith Moon • Miko Marks • The Melawmen Collective
- Rick Estrin & the Nightcats • Brandon Isaac & his Saints of Swing
- Stephen Fearing • Tanika Charles • Derric Starlight

■ Visit [rootsandblues.ca](http://rootsandblues.ca) for full details

Also pick up or read online *July All Month*, coming out July 5.

**FOR SALE & MISCELLANEOUS**

**HUDSON THRIFT SHOPPE**  
 433 Hudson  
 Mon - Fri.: 10-3 • Sat. 10-2  
 Donation days Monday & Saturday

**Volunteers Needed!**  
 Call today to find out more  
**778.946.0207**

Canadian Mental Health Association

**New and used stove elements**  
 - 250-803-3689. No text or messages please.

**2004 Chrysler Sebring for sale.**  
 6 cyl, automatic, low mileage.  
 \$2,500. Ph. 250-832-6155

**WANTED**

Looking to rent small shop space or bay. 1,000-1,500 sq. ft. Call Stan, 236-586-4968

**GARAGE/ YARD SALES**

**Garage Sale - 1101 16 St NE, June 29 • 9 am - 3 pm**  
 • Tools, Golf, Household, Glass  
**NO EARLY BIRDS!**

**Church-wide yard sale at Lakeside Community Church, 121 Shuswap St. SW, 9-1, Sat., June 22.**  
 All proceeds to Operation Christmas Child Shoebox Packing Party.

**ESTATE YARD SALE!**  
**545 Bolton Road, Tappen**  
**9-5 • Saturday, June 22**  
**9-3 • Sunday, June 23**  
 Farm and Household Items Available!

**Artisan Market at Shuswap Family Centre on way to wharf 11-4, Saturdays (May-Sept) Wednesdays on WOW nights.**

**EAGLE HOMES**  
**FOR SALE!**  
 Home in Countryside Mobile Home Manor,  
 Lot #42 • 2 Bedroom,  
 2 Bathroom, 1034 sq. ft.



**Call our Salmon Arm Office**  
**250-833-4728**

**EAGLE HOMES**  
**For Sale!**  
 Home in Stardust Mobile Home Park, Lot #1 • 2 Bedroom,  
 2 Bathroom, 1034 sq. ft.



**Call our Salmon Arm Office**  
**250-833-4728**

**HEALTH & BEAUTY**

**LAKESIDE HEALTH**  
 Acupuncture & East Asian Medicine  
 Registered Massage Therapy  
 IFM Cert. Functional Medicine Practitioner  
 Laser Therapy  
**250-833-5899**  
 Across from the Prestige Inn  
 Many plans + MSP - DVA - RCMP - GOV employees  
 www.lakeside-health.com  
 Growing health, naturally - since 2005.

**TODD STEVENS**  
 REGISTERED MASSAGE THERAPIST  
 ● LOCAL ● TRUSTED ● EXPERIENCED  
 Full-time RMT Since 1999  
 For an appointment Call, text or email  
**250.804.3818**  
 todd@toddstevens.ca  
 2B-120 Harbourfront Dr NE

**BodyTalk WITH ROSE**  
**Rose Friesen**  
 Certified BodyTalk Practitioner  
 Ph: 250.517.0775  
 Location: Taylor Made Wellness #201, 391 Hudson Ave, Salmon Arm  
 Accepting new clients  
 connect@bodytalkwithrose.com  
 www.bodytalkwithrose.com

**WANTED**

VCR- DVD Combo player local-ly in top shape. 250.832-2575

**SERVICES**

**PLUMBER**  
 • Ret. Plumbing Contractor.  
 • 40 years in business.  
 • Available for:  
 - Renovations - Small jobs  
 - Plumbing & Heating repairs  
 - DIY consulting  
**Ph. 250-253-9479**  
 dpcharbonneau@gmail.com

**ROOF SPRINKLERS**  
 To help protect against wildfire damage  
**Ph. 250-253-9479**  
 dpcharbonneau@gmail.com

**WANTED TO BUY**

**COIN COLLECTOR & GOLD/SILVER BUYER**  
**PURCHASING COINS, collections, jewelry, nuggets, bullion, old money, sterling, gold, silver, platinum +++ TODD 250-864-3521**

**Fifth Avenue 50 Plus Activity Centre**  
 170 5th Ave. SE, Salmon Arm  
 5thaveseniors.org  
 seniors5thave@shaw.ca

**SERVICES**

**SALMON ARM STORAGE**  
 SECURED/Easy Access  
 Heated Indoor Units  
 Outdoor Containers  
 RV & Boat Storage  
**250.833.1442**  
 www.salmonarmstorage.ca  
 5351 46th Ave. SE (Ind. Park)  
**BIG OR SMALL, WE HAVE ROOM FOR IT ALL!**

**Craig T. Excavating**  
 • Competitive Rates  
 • Mini excavator, skidsteer & 4-yard dump truck  
 • Digging, demo, brush work, leveling, hauling  
 Call 250.517.8385

**Mac's Only**  
 Consultation, maintenance, upgrades, troubleshooting, internet setup. On site training for new users.  
**Carol Creasy 250 833.3544**

**ACTIVITY CENTRE RENTALS**  
 Weddings, Celebrations, Special Occasions, Reunions, Meetings of all types (monthly & annual), auditorium with sound system & stage, two smaller meeting rooms available evenings & weekends, Commercial kitchen, New upgraded WiFi, All handicapped accessible. In-house liability insurance is now available for your rental needs.  
**FOR BOOKINGS, CALL OFFICE AT 250-832-1065**

**Salmon Arm Elks #455**  
 3690 30th St. NE, elks455sa@gmail.com  
 10 minutes to Canoe Beach & Boat launch

**ELKS HALL RENTALS**  
 Reunions, Teas, Meetings, Banquets for all Occasions. Plus Ball park, RV sites & playground. For Hall bookings, call Holly 250 833-4803. For Catering by Ladies of Royal Purple, call Dee 250 833-6520 or Karen 604 803-9889

**SALMON ARM CITIZENS PATROL**  
 • Community Service + Flexible Hours  
 + Interesting Information + Friendship = SACP membership  
 Help keep Salmon Arm safe by going out on four hour patrol one afternoon or evening each month. We also take part in numerous community events and enjoy socializing together.  
 ○ For more information and an application, find SACP at salmonarmcitizenspatrol.ca or Facebook

**Friday AM/ All Month Marketpage • 250.833.1141 or fridayam@shaw.ca**  
 • \$10 pre-paid for up to 15 words • 15¢ for each additional word • \$1 for boxaround  
 • \$15 photo • \$5 logo • Display ads \$10 per column inch • **Drop off: Hucul Printing**

**Advertise in the paper read cover to cover!**



# WEATHER SYNOPSIS

> Sunny Friday, high 28. Mix of sun and clouds Sat. & Sun, high 27. Chance of showers Sat. night.  
**Normal: +23 C to +10 C**  
**Extremes since 1991:**  
 +35.4: 1992 • +5.8: 2015  
 Sunrise 4:44 • Sunset 9:13  
 Summer Solstice, June 20

**Past Temps, June 12 to 18**  
 By weather reporter Nick Parsons

DATE	HIGH	LOW	PRECIP.
June 12	+20	+9	
June 13	+26	+7	
June 24	+25	+15	
June 15	+15	+9	1/8" rn
June 16	+17	+10	1/4" rn
June 17	+17	+10	3/16 rn
June 18	+17	+9	1/16" rn

5/8" rain (15.5 mm) this week!  
 Sun & warmth needed now for haymaking to continue. Excellent start for farm cropping year

# PASSAGES

**LEGACY LIVES ON**  
[shuswaphospitalfoundation.org](http://shuswaphospitalfoundation.org)  
[shuswapfoundation.ca](http://shuswapfoundation.ca)

**Fischers Funeral Service**  
[fischersfuneralservices.com](http://fischersfuneralservices.com)

- ❖ Jerry John Baron  
May 21, 2024, at age 67
- ❖ Abram 'Abe' Zacharias  
June 3, 2024, at age 85
- ❖ Florence Edna Boyes (2023)  
11 am, July 6, Malakwa
- ❖ Claude Joseph Cyril Roy  
July 13, Salmon Arm

**Bowers Funeral Service**  
[bowersfuneralservice.com](http://bowersfuneralservice.com)

- ❖ Jules Joseph Arnouse  
June 10, 2024, at age 77
- ❖ Nellie Dewitt  
May 30, 2024, at age 83  
"Dutchman Dairy"
- ❖ Marion Foster  
May 27, 2024, at age 87
- ❖ James McKay  
June 3, 2024, at age 81
- ❖ Marie 'Bertha' Norrish  
May 28, 2024, at age 96

- ❖ Daniel Dean Schindler  
May 29, 2024, at age 64
- ❖ Russ Younger  
June 17, 2024, at age 81
- ❖ David Robert Trouton  
June 29, Sicamous Bible Ch.
- ❖ Isabelle Rendleman  
9:30 am, June 20, St. Joseph's
- ❖ Edwin Dunn  
May 26, 2024, at age 85
- ❖ Kenneth Veale (2023)  
2:30, July 13, Silver Creek Hall
- ❖ Willie Mays, 93, one of the greatest baseball players
- ❖ Bruce Bastian, 76, founder of WordPerfect and LGBTQ philanthropist
- ❖ Buzz Cason, 84, writer of 'Everlasting love'
- ❖ Anouk Aimée, 92, French movie actress - La Dolce Vita, Lola, A Man and a Woman, Justine



**Wildwood Flower Emporium**

wildwoodflower.ca

The place for flowers & locally made gifts

10 to 4 Tues-Sat.



wildwoodfloweremporium.com Okanagan & 2nd SE



## Slide into the Shuswap

...with these great rates!!

5-Year Purchase / Switch - 4.89%

5-Year Refinance / Uninsured - 5.19%

5-Year Variable - 6.30%

STAR YOUR APPLICATION NOW! → 

**TEKAMAR** mortgages

250.832.8766    www.tekamar.ca    info@tekamar.ca

# SPORT SPOT

- > Oilers host Game six in Edmonton, 6 pm, Friday, June 21. If they win against Florida, they'll tie up the Stanley Cup series 3-3.
- > **Lawn Bowling**, 1:30, Mon, Fri.
- > **Tennis**, book at clubsparks.ca.
- > **SA Horseshoes**, 6 pm, Tues/Thur (250.832-8467).
- > **Summer Sizzler Co-ed Soccer Tournament**, July 27-28, SA
- > **Girls only Soccer School**, July 8-12. Register triciamart@telus.net
- > **European Football School**, Aug. 12-16.
- > **SA minor football**, registration now open at salmonarmfootball.ca

## Open 6 days a week

MON - SAT



# Summer Maintenance Package



## SUMMER MAINTENANCE PACKAGE

Including Safety Check and Tire Rotation

- **Oil, Lube & Filter**  
Change the oil, install a new oil filter & lubricate the chassis
- **Brakes**  
Check front and rear brake systems
- **Front End**  
Check shock absorbers, struts & steering components
- **Exhaust System**  
Visual inspection of catalytic converter, muffler, exhaust pipes, manifold & gaskets
- **Electrical Systems**  
Check battery, lights, horn & wipers
- **Tires**  
Rotate all tires, check tread depth, & adjust tire pressure
- **Cooling Systems**  
Check for leaks, check hoses, clamps, water pump, radiator
- **Belts**  
Check all belts & hoses
- **Fluid Level**  
Check all fluid levels

all this for  
**\$69.88**  
 plus env. fees & taxes  
 Up to 5L oil  
 Synthetic oil extra

**ACDelco FRAM**

FRONT & REAR BRAKE SPECIALS

**\$50 OFF**  
LIST PRICE



- Brake Pads** (parts only)
- Replace front or rear brake pads
  - Check drums or rotors, bearings, hoses, springs & parking brake cable

*Does not apply to OEM pads or to Brake Shoes*

Coupon expires June 30, 2024. Offer may not be combined with any other coupons or promotions. Coupon must be presented for discount surcharge may apply

## Your One-Stop Auto Repair Centre!



## MINIT-TUNE & BRAKE AUTO CENTRE

■ 2400 Trans Canada NE  
 Uptown Salmon Arm  
**778-489-5333**

## CITY OF SALMON ARM

### Notice to Property Owners 2024 PROPERTY TAX NOTICES

Property Tax Notices for the City of Salmon Arm have been mailed. If you are the registered owner of property within the City of Salmon Arm and have not received your 2024 Property Tax Notice, please contact the City of Salmon Arm. *Whether or not you receive a property tax notice, it is your responsibility as the property owner to pay taxes by the due date of July 2, 2024 in order to avoid a penalty.*

Payment is accepted at City Hall, Monday to Friday, 8:30 am to 4 pm. Payment may be by cash, cheque, debit card, or your bank's telebanking/online bill payment service, or third-party credit card payment service provider. Or mail payment to Box 40, Salmon Arm, BC V1E 4N2. Post-marks are not accepted as proof of payment. Partial payments are accepted.

A late payment penalty of 10% will be added to all unpaid balances of current taxes (including unclaimed Provincial Home Owner Grants) and unpaid Annual Water/Sewer accounts at the close of business, July 2, 2024.

*Here are some options to eliminate waiting in line:*

- **Post-Dated Cheques** - You can pay your City of Salmon Arm property taxes and utilities with a personalized cheque post-dated to the due date.
- **Financial Institution** - You can pay your City of Salmon Arm property taxes and utilities in branch at most Canadian financial institutions. Bring your tax notice with you.
- **Internet & Telephone Banking** - For property taxes, use the City of Salmon Arm Property Tax vendor and the last eight digits of the roll number (e.g. 01234567) which is printed at the top right hand corner of your tax notice. To pay utilities, use the City of Salmon Arm Utilities vendor, and use the 13 digit account number from your utility bill. (e.g. 0001234567000). Use no spaces, decimals, or dashes in the account number.
- **Payment Drop Box** - Located to the left of the front door at City Hall. Payments are processed promptly each morning (Monday to Friday). Any payments put into the drop box after 4:00 pm on July 2, 2024, will be considered next day payment and subject to penalty.
- **Credit Card** - The City of Salmon Arm does NOT accept credit card payments. However, you are able to use an online third-party credit card payment service provider - Plastiq. Please visit their website at [www.plastiq.com](http://www.plastiq.com) for more information on their fees, terms and conditions, and <http://request.plastiq.com/pay-city-of-salmon-arm> to set up an account. It may take several days for Plastiq to process your payment. You must ensure that the City receives your payment by the due date; otherwise a penalty will apply to the unpaid balance. Please contact your credit card provider to confirm additional fees, or if you have any questions.
- **Your Mortgage (Bank) Pays Your Taxes** - Avoid a penalty by claiming your Grant with the Province of BC as soon as you receive your tax notice.
- **Claim Your Home Owner Grant Online through Province of BC** - All Home Owner Grant applications must be submitted directly to the Province of BC at [www.gov.bc.ca/homeownergrant](http://www.gov.bc.ca/homeownergrant) or by phone at 1.888.355.2700.

To avoid penalties associated with problems with your Home Owner Grant, claim your Grant with the Province of BC as soon as you receive your tax notice. **Don't wait until the tax due date!**

If you are unable to pay your property taxes, you should still claim your Home Owner Grant on or before the due date to avoid penalty on the Grant portion of your taxes.

**2024 TAX & UTILITY DUE DATE - JULY 2, 2024 • 4:00 PM**  
City of Salmon Arm, 500 2 Ave. NE - Box 40 Salmon Arm, BC  
V1E 4N2 • Phone (250) 803-4000 • <http://www.salmonarm.ca>  
email: [propertytax@salmonarm.ca](mailto:propertytax@salmonarm.ca)

## '325 Alex': Episode 12 of 32

Serial Story by Shawn L. Bird

It was after midnight. Dimity and Mabel had been sitting on the ratty couch practicing. Dimity had been playing guitar for a while, but her determination to spend the summer taking music lessons until their classes at Okanagan College started up again, had led Mabel to learn bass. Chris joined in on fiddle or penny whistle when they were around.

Dimity and Mabel enjoyed playing together each evening, but they did not appreciate the pointed looks and yawns from Marcus, just because he slept on the couch. They couldn't practice in the bedroom, because Chris was already sleeping in there.

"That's enough," Marcus growled at the girls.

"You should stop now. Go to bed."

"That's rude," said Mabel. "You should deal with those anger issues."

"Yeah," said Dimity, "maybe go to Mike's Meditation classes."

"I just want to go to sleep," he sighed. "Please get off my bed."

"Did you hear that?" said Dimity glancing to the ceiling as she put her guitar in its case.

"I just hear bass thumping in my ears," said Marcus.

Mabel glared at him, but tilted her head, concentrating.

"There!" said Dimity. "Did you hear that thud?"

Marcus shrugged. "Just rats jumping around."

"Ew! Don't be gross. We don't have rats!" He laughed.

Mabel looked at Dimity in alarm, "We don't, do we?"

Dimity rolled her eyes.

"Maybe it's the box dude!" squawked Mabel. She would have leapt from the couch, but it was saggy and tended to grab butts. Dimity gave her a push that lifted Mabel and propelled her to the door.

"Look!" she said. "It's another box for #402!"

"Of course, it is," yawned Marcus. "Could you please let me go to bed now?"

When the girls went into the bathroom, Marcus looked into the hall. He spotted a tawny tail disappearing through the hole in the corner ceiling tile. Not a rat, after all. ■

□ Read Episode 13 in the July All Month issue on July 5.



## IRON HINGE

VENTURES LTD.

(778) 824-1055

located in Salmon Arm • Ron Paul & Ellen Paul  
[ironhinge@outlook.com](mailto:ironhinge@outlook.com) FB Iron Hinge Ventures

### Renos & Property Maintenance

- Painting • Groundskeeping • Refurbishing • Flooring
- Electrical & Plumbing • Siding & Roofing • Decks & Fencing

\* FREE ESTIMATES \*

## ANYTIME 24/7 FITNESS

- 24 HOUR ACCESS
- ACCESS TO ALL ANYTIME FITNESS' WORLDWIDE
- SUPPLEMENT SALES
- PERSONAL TRAINING & CLASSES

2890 10 AVE NE, next to Subway • Top of the Hill  
778.489.5323 • [salmonarmbc@anytimefitness.com](mailto:salmonarmbc@anytimefitness.com)





> The return of the Music Lab of seven local musicians creating a night of eclectic music will be happening from 6:30 pm, June 22 at the Salmon Arm Legion. Musicians include Richard Thorne, Al Bates, Scott McKee, Debbie Phillips, Nadine Quilty, Larry Keats, Mike Scharf and Derek Prout. \$15 at the door; \$10 for members.

## Sicamous CAO moves on

**K**elly Bennett has stepped down as chief administrative officer of Sicamous after serving 11 years with the municipality.

During her tenure, Bennett has helped bring numerous council-led initiatives and projects to life, including rebranding and modernizing the visual identity, incorporating the District of Sicamous Development Corporation and



establishing the Sicamous Community Health Centre.

She played a pivotal role in moving large projects forward including construction of the new Shuswap (Secwépemc) Healing Centre and development of long-term rental housing on Main Street.

Her final day will be August 9 to allow for a smooth transition. ■

**Lawn Care & Yard Maintenance**  
 Mowing • Edging & Trimming • Weed Control  
 • Flower Bed Planting & Maintenance  
 Call Ellen at 778-824-1055 • [ironhinge@outlook.com](mailto:ironhinge@outlook.com)

**SHUSWAP THEATRE**  
**Auditions**  
 Agatha Christie's  
**THE MOUSETRAP**  
 June 23 12:00 pm  
 June 24 & 25 7:00 pm  
 Rehearsals start Sept. 5  
 Details at [shuswaptheatre.com](http://shuswaptheatre.com)

Please note: there were typos in the decimal points in last week's ad.

### MALL ARKEY FINANCIAL LTD.

Where the serious invest their money

Have you bought your TFSA yet? Do you need travel or mortgage insurance? Pile your money in a wheelbarrow and bring it on in. Be sure to check our website [mallarkey.ca](http://mallarkey.ca) for our up-to-date posted GIC rates.

<b>Savings Account</b>	<b>2.85%</b>	<b>No Change</b>	
<b>90-Day Cashable</b>	<b>4.15%</b>	<b>No Change</b>	
<b>1 year</b>	<b>5.01%</b>	<b>Down 0.04%</b>	
<b>2 years</b>	<b>4.81%</b>	<b>Down 0.06%</b>	
<b>3 years</b>	<b>4.61%</b>	<b>Down 0.08%</b>	
<b>4 years</b>	<b>4.35%</b>	<b>No Change</b>	
<b>5 years</b>	<b>4.26%</b>	<b>Up 0.01%</b>	

\* GIC rates as of June 18, 2024, subject to change without notice. Certain minimums and conditions may apply



Daron Mayes, BBA, CPA, CA, CFP  
 Investment Funds Advisor

**THIS WEEK**



Centenoka Park Mall • 250-832-5000 • [admin@mallarkey.ca](mailto:admin@mallarkey.ca)  
 315-360 Trans Canada Hwy SW, Salmon Arm, BC V1E 1B6



### 3 Bed / 3 Bath Rancher with Walkout

- 32' x 40' Detached Heated Shop
- 1.55 acres at end of quiet cul-de-sac
- Price: \$1,200,000
- See more at [MLS # 10308579](https://www.realtor.ca/MLS10308579)



### THRIVING BETTER BY LIVING TOGETHER at the Ackerview Guesthouse in South Canoe

- Comfortable living at Ackerview Guesthouse in tranquil environment for 55+ folks who do not like to live alone or own a house.



A Natural Way of Aging



833-0445 • 1531 60th St. SE • [ria.vanzeeland@ackerviewguesthouse.com](http://ria.vanzeeland@ackerviewguesthouse.com)



### DESMOND ARENS

Real Estate Professional  
 Personal Real Estate Corporation

DIRECT: 250.318.2490

1.800.828.0438

[desmond@arensrealty.com](mailto:desmond@arensrealty.com)

[www.arenrealty.com](http://www.arenrealty.com)



### City FIXINGS

> A public meeting took place after presstime Wednesday on the structural Assessment report on Memorial Arena. The report can be read at salmonarm.ca outlining four options ranging from \$1 to \$9 million. The report recommends demolition to a greenfield site.

### Web SITINGS

> shuswappassion.ca Jim Cooperman has posted a comprehensive report on the effect weather has had on wineries in the Shuswap, and in comparison to the Okanagan

### Bravos & BOOS

> **BOO TO** Prestige Resort for cutting down perfectly good shade trees on Harbourfront during nesting season, no less. And Boo to the City for giving them a permit to do so, and refusing to explain why. ~ Bill Grainger  
> **BRAVO TO** Lorne for putting out his newspaper for 27 years. If it were to cease for any reason it would be greatly missed by its readers, and a loss to the greater community. ~ An avid reader for many years  
> **BRAVO TO** Rappatack for all they do, and their tour and demonstrations hosted last week.

### Movement...

*We were made to move, our bodies are exquisitely designed to walk and run with the greatest persistence of any other creature on Earth. Without movement, our muscles atrophy, our joints stiffen, our bones become brittle, our lymph and blood stagnate, our hormones and life force are depleted. It is to ourselves that we most owe the practice of regular stimulating exercise. (Most of us) humans are lucky to have the ability to walk, run, stretch, swim, climb and dance; and we are no less capable today of the admirable physical feats of our hunter-gatherer ancestors. ~ Lynx Vilden*

The above quote was submitted by local avid walker, Bruno Nedergard who adds this personal prose titled, "Walking works wonders!":  
*Walking gives fun... walking gives fitness... walking gives freedom... walking gives gratitude... walking gives health... walking gives ideas... walking gives joy... walking gives learning... walking gives peace and walking gives wonder... ■*

**Welcome to JUNE-uary!**

**...in the SHUSWAP**

**HUCUL PRINTING LTD 250.832.5054**

## 24 thoughts on Class of '24

For many years, during graduate season, I have offered here a few words of encouragement for our graduating classes. This year is particularly nostalgic as, during grad week, I will be in my home town celebrating, gulp, the 40th anniversary of my own.



- While the world, it could be argued, is vastly different now then it was then, there are some things that still ring true. So I'll do my best to offer them here.
- 1) Be patient with people. And make room for difficult conversations. Be kind always.
  - 2) You have a path to follow and along the way you will meet friends for a reason, for a season and for a lifetime. Cherish them all.
  - 3) Also, keep a file folder for all the important paperwork. There's lots of that.
  - 4) Show up early for events. That's when the good stuff happens.
  - 5) Keep 50 bucks in case you have to grab a taxi in a sketchy situation. Best money ever spent.
  - 6) Don't drive like a show off. Really, you impress nobody. And you keep your parents up at night.
  - 7) Ask your parents and guardians about their own lives. There is nothing more meaningful than learning the stories of others rather than telling your own.
  - 8) Make friends with the people in your neighbourhood; the postmaster, the shopkeeper, the neighbour, the delivery person. It's the single best investment you can make in community building.
  - 9) If you see hate, reject it. It's a poison. And there is too much of it. We do not get to pick where, when and who we are when we're born. We are no better and no worse than anyone else.
  - 10) Vote. No seriously, please vote. Most leaders are elected because of people who don't vote. It matters.
  - 11) Be curious about the world. It's big. It's complicated. But it's oh so fascinating.
  - 12) Ask for help. We've all needed help and in my experience, when you ask for it, it will be offered.
  - 13) Remember, all you ever learn is how little you know. For me, any day I learn something new is a good day. When you stop learning, you stop living.
  - 14) Put the shopping cart back.
  - 15) Buy the Girl Guide cookies.
  - 16) Hold the door.
  - 17) Learn how to change a tire.
  - 18) Learn to cook real food. So much of what we eat is convenience food. Convenience is less of a friend and more of an enemy. Knowing how to cook is the cheapest, healthiest, and most delicious way. Plus, it's loads of fun.
  - 19) Sing, dance, draw, write. Creativity is a good friend.
  - 20) Go outside. Walk. Run. Bike. Swim. Nature is a good friend too.
  - 21) Learn to enjoy your own company. You're a good person, and you deserve to like yourself.
  - 22) Put pictures on the fridge. You'll smile every morning.
  - 23) If you're angry, and that happens all the time, wait 24 hours before you make any decisions. Angry people make terrible decisions. Trust me on this. I know.
  - 24) And most of all, remember, there will only ever be one of you. You are unique in this world. And if you're lucky enough to get the life you wanted, leave room in yours to help others who may not have been so fortunate.
- Congratulations. Go. Be. You. The world needs you now more than ever.

**Legion Br. 62 Salmon Arm**  
BC Gaming License # 146987

**THE WOMEN OF ROCK** Hosted by **Iron Les Vegas**

**TOTALLY TOM PETTY**

- Tribute to Women recording stars, plus **Totally Petty**, July 6
- **Music Lab**, June 22 / P.7

Meat draw & 50/50 Sat 1-3  
Game Night, Thursdays  
Burger & Beer Fridays

150 Lakeshore Dr. NW • salmonarmlegion.ca • Book Functions 250.832-3687

**STAN'S Auto Repairs**

Friendly, efficient service for YOU & your Auto

400 7th St. SW • 832-3005

NoFriday AM the final Friday of the month. Next AM is the July all month, July 5



# WORD SEARCH *Oilers play game 6 Friday night at home*

M A Y K S M E H I S J F F O C R O H N V V T E  
 Z J D H G X A T T N E G U N J A N M A R K P A  
 Q L C A R T E R S B I Y D O E L C M Y G E M P  
 T R B R O W N Y L J B S M Y T H P E R Y Z E Y  
 Y J P I C K A R D K N O S R E D N A D G C K E  
 R H Y A W O L L O H G J P R E N N I K S Y B Y  
 R M W Y E N O T L I M A H L W L L E B P M A C  
 E E B M E H F W D R A I S A I T L T M E F P S  
 P E S R U N R W P J C H P G K W F P M L U T O  
 P O I Q O K A S I A N R A H S E D Y P E H L I  
 E F C G T B A Y E F F O C S P E N H T G R S R  
 O Z E B L J E N D C A R R I C K S B O E G F R  
 B E C C L T L R E R X B X T H G I E W O X A U  
 W D W O A M W D G X O V O G H P R H B F D C K  
 E S T W H T I K K A N E N I D N A I S S A K D  
 W K V Y V M D R A H C U O B F Z C J Q V P E H

> Draisaitl, Nugent, Kane, McLeod, Foegele, Bouchard, Nurse, Ceci, Broberg, Holloway, Janmark, Desharnais, Perry, Brown, Anderson, Weight, Kurri, Smyth, Hemsky, Skinner, Carrick, Coffey, Horcoff, Hall, Carter, Fuhr, Kemp, Kassian, Campbell, Pickard, Tikkanen, Hamilton

# HIDDEN GEMS

THIS QUOTE SPACE HOSTED BY  
 Hidden Gems Bookstore,  
 331 Alexander Street  
[www.hiddengemsbookstore.com](http://www.hiddengemsbookstore.com)

- > "Allow people to have their moods and allow those moods to have nothing to do with you."
- > "If I admire something about someone, I tell them. We humans are so fragile.. It's important we give people their flowers while they are still here. Never admire quietly." ~ *Chimamanda Adichie*
- > "Have you ever noticed hat anybody driving slower than you is an idiot, and anyone going faster than you is a maniac." ~ *George Carlin*

# FUNNY BONE

- > I'm getting stronger with age. I can now carry \$100 worth of groceries with one hand.
- > If you flip a canoe over you can wear it as a hat. Because it is cap-sized.
- > The first prehistoric Dad joke on record: Why can't you hear a pterodactyle going to the bathroom? Because the 'P' is silent.

# POP QUIZ

> What are the four official birds, animals, fish and flowers of the four western provinces?

< BC: Steller's Jay, Spirit Bear, Pacific salmon, Pacific dogwood.  
 Alberta: Great horned owl, Bighorn sheep, Bull trout, Wild rose  
 Saskatchewan: Sharp-eyed grouse, White tailed deer, Walleye, Western red lily  
 Manitoba: Great grey owl, Plains bison, Prairie crocus

# PICTURE THIS

> Toddler comforts a TV character; and a baby, another baby.



**SALMON ARM BARBER SHOP**  
 ESTABLISHED 2013  
 120 HUDSON AVE NE  
 778-489-4722  
[www.salmonarmbarbershop.ca](http://www.salmonarmbarbershop.ca)

**Terry Greenhough**  
 Studio 16 Art Works  
 250.832.3980 or 250.832.5899  
[itsgreen@telus.net](mailto:itsgreen@telus.net)  
 3350 16th avenue NE  
 Order prints & originals online [TerryGreenhough.ca](http://TerryGreenhough.ca)  
**PICTURE FRAMING. GALLERY VIEWING BY APPT.**

**Eric's Shuswap Automotive**  
 Friendly & Professional Automotive Repairs  
 Call 250-832-7543  
 2560-10th Ave SW  
 U-Haul 250-832-2310

**CHOOSE REFILL**  
 EARTH FRIENDLY LIVING  
 Personal care products and home cleaning refills  
 Bring your own container or purchase one from us  
 Eco-friendly Canadian products including...  
 Wink! ONEKA  
 LAKESHORE VILLAGE, SALMON ARM  
[chooserefill.ca](http://chooserefill.ca) 250.463.9104

"Whatever You Want - Whenever You Want It!"  
**BizzyBee DELIVERY**  
 833-6622

**TRAVERSE**  
 Integrated Health  
**INTRODUCING: Kathleen Mitchell BSc, RMT.**  
 Bree Petch, BA, RMT • Kamila Sedeck, RMT  
 Registered Massage Therapy  
 David Fleming, BScPT, CGIMS, FCAMPT • Physiotherapy  
 Robin Watt, MSc, RD Dietician  
[www.traverseintegratedhealth.com](http://www.traverseintegratedhealth.com)  
 778.489.1216

**CKVS-FM the VOICE**  
 Great music & Community programming  
 For info & schedule [voiceoftheshuswap.ca](http://voiceoftheshuswap.ca)

**Turtle Valley Donkey Refuge**  
 Meet the Donkeys, Enjoy a Picnic in the beautiful Turtle Valley,  
 Walk about the Donkey Shoppe  
 Bring the family for a wonderful day in the Country  
**Open**  
 May 3rd - September 1st  
 Friday, Saturday & Sunday  
 10:30am - 3:30pm  
 Admission Adults \$15 Seniors/Youth \$12  
 250-679-2778 7877 Skimikin Road, Chase Turtle Valley  
[turtlevalleydonkeyrefuge.com](http://turtlevalleydonkeyrefuge.com)



# Our Counselling Team In Salmon Arm

**SHANNON RITCHIE MC, RCC**

Shannon specializes in couples and families, clinical supervision, family assessments, and issues of violence. Shannon offers in-person or virtual appointments.



**ZAKARY ZARICHNEY MSW, RSW**

Zakary's focus is on couples and families, EMDR, trauma, anxiety, depression, addictions, neurodiversity, grief & loss, and family assessments. Zakary offers in-person/virtual appointments.



**EMILY BOSTROM MNTCW**

Emily specializes in Narrative Therapy and holistic mind / body therapies. She works with individuals and groups. Emily's focus is with anxiety, depression, mental health, abuse, life transitions, youth, and neurodivergence. She sees people in person and online.



202 - 310 Hudson Ave NE., Salmon Arm, BC V1E 4N2  
250-253-5987 / hello@currentscounselling.ca  
www.currentscounselling.ca

## Grant to assist health care admin. costs

The Shuswap Cardiac Society was awarded a grant from the Canadian Medical Association's Health Care Unburdened Grant program to support initiatives aimed at reducing administrative burdens for healthcare providers.

Roger Parenteau, Executive Director of the Shuswap Community Foundation, stated, "This grant is a significant step towards enhancing healthcare delivery in our community by minimizing the administrative tasks that take valuable time away from patient care."

The Shuswap Cardiac Society plans to use the funds to implement new administrative technologies and streamline processes to assist healthcare professionals dedicate more time to patient care. The Health Care Unburdened Grant program aims to alleviate the growing administrative workload faced by healthcare professionals across Canada. ■



With over 30 years cutting hair, Norma offers consistent quality for same low prices. Open 7 am M,W-F



140 Lakeshore Dr. Downtown  
♦ 250.804-8188  
Mon, Wed to Fri - 7-4 • NOT Sat




**WE FIT ORTHOTICS**

**Active Chiropractic**  
Function, Fitness, and Rehabilitation  
250.833.1010  
Dr. Daphne Brown  
Dr. Jourdyne Mason  
Open Mon. to Sat. with early & late appts.  
**ACCEPTING NEW PATIENTS**

Friday **SALMON** for you!  
All Month **ARM**



**bella** interiors & redesign

10-5 Monday-Saturday  
140 Lakeshore Drive NE ~ 250-832-1992  
www.bellainteriors.ca ~ shop@bellainteriors.ca



eh?/em!

Blog Post

FriAM.ca

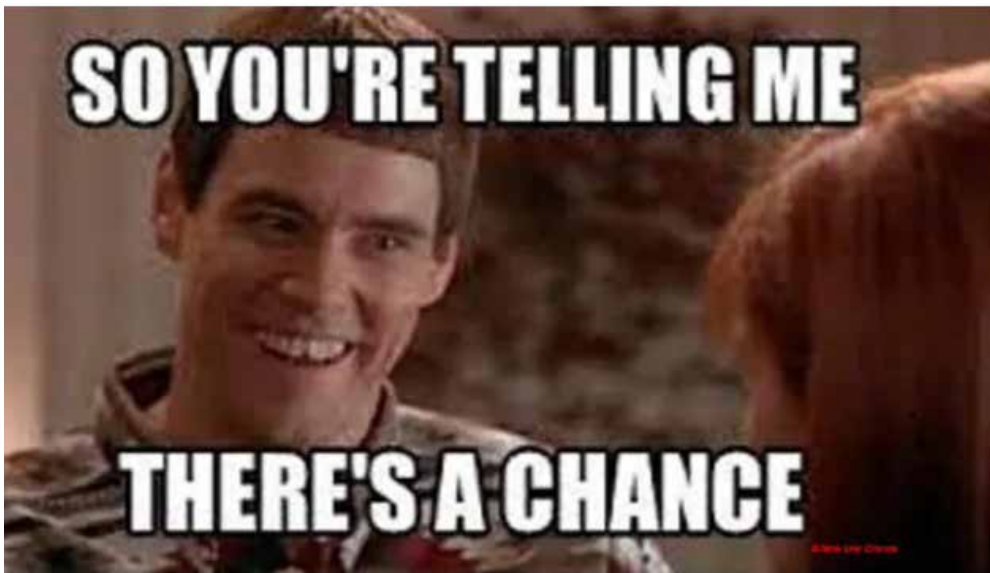
AM

Friday SALMON  
All Month ARM

FROM FACEBOOK DAILY POSTINGS

# GAME ON, GAME SIX

*Oilers could tie up the Stanley Cup series 3-3 on home ice tonight*



Of course eternal optimist Lloyd from the comedy movie classic doesn't have the faintest chance of landing a date with that girl.

However, the Oilers, on the other hand... Play like they did on Game 4 on Saturday, and Game 5 on Monday, and the Stanley Cup is up for grabs. Go for the cup!

And to those who thought the Panthers gave game 4 away so they could win the cup at home for Game 5... ha! Oilers 5-3, following last Saturday's 8-1 routing.

Friday SALMON  
All Month ARM

eh?/em!

Blog Post

Next Friday AM  
June 21

Friday SALMON  
All Month ARM

June 16, 2024 • 1st posting of day • FriAM.ca

THE GRADUATES / P.7-17



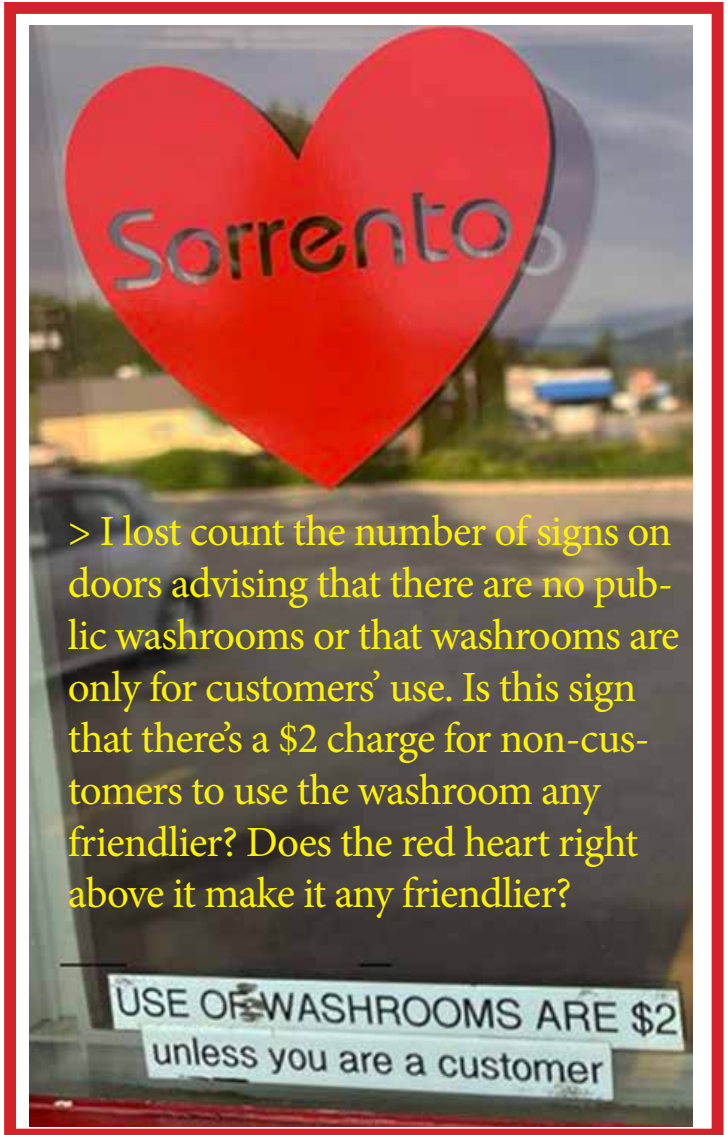
June  
ALL MONTH

MID-JUNE EVENTS



> The June AM is now in print and online, featuring the photos of 560 grads across our region

Scotch Creek's Creekside has reopened with a brand new name and new attractions - the **Shuswap Social District**. It really is a centrepiece for tourist activities. It almost takes your mind off the badly damaged landscape around the district.



> I lost count the number of signs on doors advising that there are no public washrooms or that washrooms are only for customers' use. Is this sign that there's a \$2 charge for non-customers to use the washroom any friendlier? Does the red heart right above it make it any friendlier?





# Hosting a genuine poet

I enjoyed a most delightful weekend hosting my cousin, singer songwriter Mark, as well as his fellow travelling performer, Peter Paul Van Camp (AKA Randy).

The first night after the concert at First Community, Mark stayed at my place overnight and Peter stayed at the home of our own literary giant, Les Ellenor, and his wife Joan. I knew they would hit it off and indeed they did.

Mark had to carry on to Banff Saturday to see his son run a marathon, so I offered to host this genuine poet from Denman Island for the weekend, then put him on a bus to Calgary Sunday afternoon.

The ToTE festival booked him for a recital under the yellow tent, so we filled the rest of the time visiting sights and discovering Randy's other passion, birding.

We visited my next door neighbour, Ken and Ann, who keep a beautiful yard, gardens and ponds. I showed them the couple's secret bookcase door operated by a chess piece.

While birding Randy would stop every 15 seconds to pull out his binoculars and make a bird note. We met up with local birder Mike Saul.

At Boston Pizza I was surprised to find Randy is a big hockey fan, so it was a delight to watch the Oilers pulverize the Panthers 8-1.

On Sunday we toured Haney Heritage Village and met up with another Randy who also went by a different name, 'Mayor Cyril Thompson', proprietor of the Thompson and Lester Garage. ■



> Above: Randy (AKA Peter Paul Van Camp) pretends to bird in the Photo Studio at Haney Village.

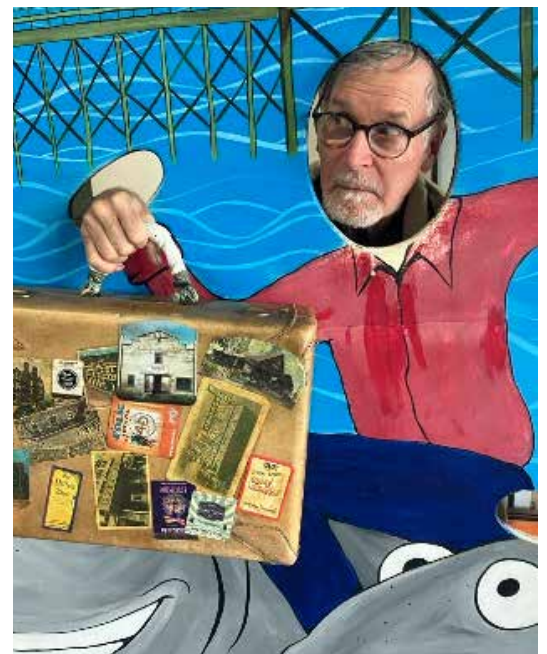
> On left, Peter's take on his live recital under the tent of the ToTE festival. "Here I was, just today in Salmon Arm, detailing how ardently I wish to be a *Frenchman*. Five people heard me tell of this, and empathized too. To be fair, a Demolition Derby was taking place on the other side of town, and this siphoned off virtually all of the walk-up trade."



> Above Mark, looking the spitting image of how I recall his father, my Uncle Arvid.

> Randy, AKA Peter, about to leave on the bus from Salmon Arm with 50 years of his life's work.

> Thank you to my landlords, for the cookies and lasagne. ■





> *Beautiful Shuswap on Facebook*: Sunset posted by Sylvia Lindgren, baby robins, posted by Shelley Hucul; Near full moon before Summer solstice, posted by Joan Chadwick