# July 1, 2022 No. 1256 Next issue July 8

SALMON ARM WEEKEND

### Canada Day • CountryFest • Bobs & Lolo



SitandSleep Gallery

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1701-10th ave SW (beside Buckerfields)



# Lorne Reimer



#### Sum in the 'SHU'?

The abbreviated "SHU" is showing up on a ton of swag these days. I've decided to stick with "SHUSWAP". While many more words rhyme with "Shu" than good old doo-wop "Shuswap", I'm going to be a stick in the mud on this isSHU. Some may say "Sum in the Shu" if they're going to keep swapping out syllables.

It's "Summer in the Shuswap" for me. And what a Sum in the Shu it's going to be. Happy summer and happy Canada Day!

#### 

I enjoyed last week's small city holiday with the big idea to avoid newspaper work. Not sure if you count in blogging though. In that case, you'll find



13 pages of bonus content at FriAM.ca ... not to mention taking in two concerts; the Elvis movie where Tom Hanks channels Batman's Penguin man, some refreshing hiking and biking and a long overdue detailed old car. My next week off will be the July 29 none edition. ■

BLOG POSTS Go to FriAM.ca for 13 bonus pages after Page 10

Don't waste the summer! Injury from hiking. running, water skiing, sports? .. sprains, strains, bruises, arthritic flareup?



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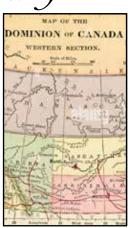
#2 - 140 Harbourfront Drive NE - Salmon Arm Licensed Health Professionals teaming up for Whole Health.

# **1** First the First Nations,

- 2 Then the Nation Nation,
- Welcoming World's Nations

  And today is Canada Day!









In the spirit of reconciliation, the Mary Thomas exhibit was opened at Haney Village, June 21, and a monument was dedicated at Marine Park, June 25. There was a gathering of the world's nations at Ross plaza, June 27, and today, July 1, we end the week with Canada Day.

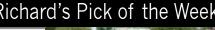




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ON THE MENU > Events 2 | Neighbours 3 | Marketpage 4 | For the Record/Weather 5 | Ideas 8 | AMusing 9 www.FriAm.ca EMAIL: friam@shaw.ca PHONE: 250.833.1141 DROP-OFF: Hucul Printing, 5th St. & 5th Ave. SW





> Children's Festival is not happening on the Fairgrounds on Canada Day, but there's a CountryFest happening at the Fairgounds featuring three Country acts, and a free Children's concert at Song Sparrow Hall, featuring Bobs & Lol.

#### at the movies

**SALMAR GRAND** • salmartheare.com • June 30 to July 7 Matinees daily for summer except Thursday night, June 30

- Minions: The Rise of Gru. Opens July 1. 2:30, 6:40, 8:40 daily. A 12-year-old dream to become the world's greatest supervillain.. (G)
- Elvis. 1:45, 6:20, 9:20 daily. His life of achievements and struggles from childhood to starhood. (PG lang)
- **Top Gun: Maverick.** 2:00, 6:40, 9:10 daily. Pete Mitchell pushes the envelope again. (PG violence, lang)
- Lightyear, 2:15, 6:30, 8:50 daily. Buzz Lightyear dukes it out in space on his way back home. (G)
- Jurassic World Dominion, LAST NIGHT, June 30 at 6:30, 9:25

**SALMAR CLASSIC** • No Film Society for the rest of summer.

#### **STARLIGHT DRIVE-IN** *startlightdrivein.ca*

- Minions: The Rise of Gru, 9:15 (G) June 30 to July 6.
- Jurassic World Dominion, 11:15 (PG) Second feature.

# FRIDAY

#### ARM MEDIA EST. 1997

EDITOR & PUBLISHER Lorne Reimer 250.833-1141 friam@shaw.ca

DROP-OFFS Hucul Printing 471 - 5th St SW DEADLINES Wednesday Noon

CIRCULATION Weekly FriAM: 2,500 All Month (1st Fri) 4,000 FriAM.ca: Worldwide

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#### live scene

- > Marionette Winery 5:30-8:30 Saturdays: July 23; Annie I'm a Hawk, July 9; Matthew Carter, July 2; Special Friday night Deejay Spanda, 7 pm, July 8 (Tix online)
- > **Hub**, Scotch Creek Open Mic Sundays; Paisley Groove, July 1; Angie Heinz, July 2; Brian Sanders, July 7; Frapp City, July 8; LooPs, July 9; Daytime Highs, July 15
- > **Jumble Dance**, July 2, Kingfisher-See page 3
- > Copper Is Funnyfest, June 30; Jam Tue, Karaoke Sat.
- > Shuswap Cidery (Westgate) 1st Anniversary, June 30.
- > Music in the Park, Sicamous - Ben Klick, July 4; Headway, July 11
- > Music in the Bay, Blind Bay 5:30 Thursdays: Donnie McDougall (formerly with Guess Who), June 30; Kim Gouchie/ Mozi Bones, July 7; Mimi O'Bonsawin/ Russell Decarle Trio, July 14.

### Festivities

> Canada Day, July 1 - CountryFest at Fairgrounds; Free Children's concert at Song Sparrow Hall & Pancake breakfast at Legion in Salmon Arm • Parade, market, car show, live music in Blind Bay • Children's Fest, Road Hockey, music & Fireworks in Sicamous, Family Fun Day, Sandcastles & Cardboard boat races.

> Salmon Arm fair - Sept. 9-11, Fairgrounds

# ART

- > **Pollinators** ends July 2. Birds, bees, butterflies & bats, SA Art Gallery. 14 visual artists and collaborative fibre sculpture.
- > **FireWild -** opens 11 to 1 pm, July 9, SA Art Gallery. A visual exploration of BC's relationship with wildfires. Runs to Aug. 20. Featuring Lisa Figueroa, Kathy Atkins, Patricia L. Smith, Myrna Button, Lyn Richards; Vanessa Skotnitsky and Lucy Grainger; Maria Thomas; Carol Schlosar, Manuela Koller, Liz Toohey-Weise. Coffeebreak/ Artist Talk, 2 pm, July 21.

# Concerts

- > Canada Day CountryFest July 1, Fairgrounds. Aaron Halliday, Ben Klick & Tanner Dawson. salmonarmfair.com
- > Bobs & Lolo, 10 am & noon, July 1, Song Sparrow Hall. Connnecting children to nature with music, movement and make-believe. Arrange Free tickets at www.shuswapchildrens.ca/events
- > **WOW series -** 6:45 pm, Wednesdays, Marine Peace Park. Folk Rock Cat Murphy Band, July 6 Mimi O'Bonsawin, July 13 Apollo Suns, July 20 The Melawmen Collective, July 27 King of Foxes, Aug. 3 Bobby Garcia & Cooper Country, Aug. 10 The Best Laid Plans, Aug. 17 Spiritual Warriors, Aug. 24 Mozi Bones & Halibut, Aug. 31
- > Armstrong Metal Fest, July 15, 16, Hassen arena, Armstrong.
- > Monashee Festival July 22- 24, Sicamous. 54/40, Daniel Wesley, Midnight Echo, Emily Molloy, Spendo monasheemusicfestival.com
- > **Roots & Blues -** Aug.18-21. **rootsandblues.ca.** Tom Cochrane, Jann Arden, Ruthie Foster, Alex Cuba, Antibalas, Snotty Nose Rez Kids, plus
- > Joel Plaskett, Sept. 11, Song Sparrow. Hosted by Roots & Blues

### THEATRE

- > Theatre on the Edge July 15-17, Shuswap Theatre. Info at: totefestival.com Featuring Saucy Fops, Melanie Teichroeb, Josh Languedoc, Andrew Wade, Abel & Wilson, Elvolve Arts Collective, Hailey Christie-Hoyle, Mermaid Nicole, Broomstick Horse Theatre Co.
- > **Seussical Jr. -** 2 & 7 pm, July 24, Shuswap Theatre. by Musical Youth Summer Theatre. Conglomeration of the stories of Seuss
- > Haney Village dinner theatre opens July 3 and runs Wed., Fri. and Sunday untiland August 25. Tix at 250.832-5243
- > Caravan Farm Theatre Summer show a horse opera called *Blackhorse*. caravanfarmtheatre.com or 1-866-546-8533
- > Mainstage July 11 15, Vernon Performing Arts Centre. Best of BC's theatre zones. *A Number*, July 11; *W,t*, July 12; *Gravitational Pull of Bernice Trimble*, afternoon workshop play, July 11, 13; *The Best Brothers*, July 13; *Legoland & Never Sleep Alone*, July 14; *My Blue Heaven*, July 15.
- > Gravitational Pull of Bernice Trimble 7:30, July 8, Shuswap Theatre. If you missed it during the season, plus to help with the cost of taking the play to the 90th Mainstage week in Vernon

### SPORTS > See page 5.

> Prov. Team Tennis Championship - Aug. 4-7, SA Tennis Club.



> Salmon Arm Museum Curator Deborah Chapman, Elder Ethel Thomas and Exhibit Co-curator Bonnie Thomas, youngest daughter of Dr. Mary Thomas.

# "The family just got bigger"

The family of Dr. Mary
Thomas was overwhelmed
by the large turnout that
showed up for the opening of the
exhibit telling her story and the
culture she celebrated and kept
alive.

Daughter and co-curator of the exhibit, Bonnie Thomas said her

mother was all about healing, holding onto language and traditions, and bringing people together. "This family has just gotten bigger tonight," she said.

The exhibit will be in place for two years at Haney Village, and a biography and workbook will also be released. ■

#### You're invited

> Kingfisher Jumble Dance, the legendary social event, returns July 2 for its 65th year. Back in the day, men used to hang out in the parking lot at dances, so some of the women decided to mix it up a little and dress as men. The men, in turn, dressed as women, and the Jumble Dance was born. Rockabilly group, Peter and the Wolves will perform, fronted by Peter "Howlin' Pete" Cormier. Tix at Tony'O's in Enderby \$20 or \$25 at the door.

- > Modern & Classic Car Show 10-4, July 24, Braby Motors parking lot.
- > SABNES AGM 7 pm, July 5, outdoors at Brighouse Nature Centre.
- > Salmon Arm council, 2:30 July 11 & 25. Taxes due July 4.
- > CSRD, 9:30 am, July 21
- > Okanagan Military Tattoo July 23, 24, Kal Tire Place, Vernon.
- > Father's Day Car Show, 10 to 2, June 19, Notch Hill Hall.
- > Shuswap Food Action Society -Picnic Potluck and AGM. 5:30 pm, June 20, Community Teaching Garden, 5921 30th St NE.
- > **Learn to Fish -** free family event, 9-2, July 27, Kingfisher Inerpretive Centre, Mabel Lake Rd. Kids 15 & under and families.
- > Farmer's Market, Saturday mornings, Ross & Hudson
- ${\bf > Organic\ Farmer's\ Market,}\ Wednesday\ afternoons, Askews\ Uptown$
- > Summer Market, 5:30 to 8:30, WOW nights, Family Resource centre
- > Zest Food Hub Night Market, 5-8 pm, Fridays, Hwy & 10th st. SW
- > **Bingo**, starting 9 am, Mondays, Canoe Seniors Hall.



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Canadian Mental Health Association



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Side by side for sale - 2010 rzr 800 efi, 2" lift kit, fox shocks with remote resevoir, full exoskeleton with steel doors, 5,000 lb. winch, spare tire carrier with a rear tire and rim mounted, comes with new travel tarp and mtx stereo, Polaris dry box, \$8,500.00 obo in Salmon Arm. text only 1-(587) 877-8184

#### WANTED

Wanting to buy small older (1965-80) Combine harvester in working condition & shedded. Prefer MF Will consider JD, IHC or ALLIS. Tel 250-832.2575

Sprig of Heather restaurant at Haney Village needs rhubarb Full stocks or chopped if fresh rhubarb. Chopped if frozen. Drop off Village, 10-4, Wed-Sun., or call 832-5243.

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# WEATHER > WEEKLY SYNOPSIS

\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\	DATE HIGH LOW	PRECIP.	
	June 17 +15	+8	1/4" rn.
Sunny Thursday to Saturday.	June 18 +20	+8	7/16" rn.
High to 31. Rain on Sunday.	June 19 +17	+11	1/4" rn.
Normal: +25 C to +11C	June 20 +22	+12	Trace
Extremes since 1991:	June 21 +24	+12	Trace.
+42.9: 2021 • 7.5: 2019	June 22 +23	+11	Nil
Sunrise 4:47 • Sunset 9:14	June 23 +17	+10	Trace
	June 24 +22	+9	Nil
Past Temps, June 15 to 28	June 25 +27	+7	Nil
By weatherman Nick Parsons	June 26 +29	+8	Nil
W Gleneden, 458 m (119 m above lake):	June 27 +31	+10	Nil
DATE HIGH LOW PRECIP.	June 28 +21	+14	1/16" rn.
June 15 +24 +8			,
June 16 +16 +10 5/16" rn.	Lake 12'4" abov	e Sprin	g low

Nick's notes would not take on the challenge of weather reporting for *Friday* AM weather five years ago unless I could use Imperial measurements. I was so familiar with Imperial scales to the age of 26 when Britain joined the EU and Common Market. Most folks born back in the 1940s still talk Imperial and those in the States vow to never go Metric. When reporting our daily temperature, I always judge warmth by Fahrenheit as I am today at 26.5 C, or in the old days, 80 F. ■ Continued next page

# shuswapfoundation.ca

Fischers Funeral Service fischersfuneralservices.com

- Thomas Daniel Bernicot June 12, 2022, at age 79
- Elisabeth Brakop June 27, 2022, at age 90
- Viola 'Vi' Agnes Gladys Green June 26, 2022, at age 92 2 pm, July 5, Enderby Legion
- Janice Dale Jackson June 19, 2022, at age 66
- Frances Shirley Lyall June 22, 2022, at age 98
- Gerald Rea Pattulo June 26, 2022, at age 86
- Annabelle Marion Strand June 21, 2022, at age 83
- Lavalle Vanderhoek June 22, 2022, at age 83

**Bowers Funeral Service** bowersfuneralservice.com

Jane Byrne June 12, 2022, at age 76

- **LEGACY LIVES ON** shuswaphospitalfoundation.org
  - Laurencia Clement June 17, 2022, at age 93
  - Theodore Edes
  - June 9, 2022, at age 85 Marnie Filipchuk
  - June 18, 2022, at age 74
  - John Franks June 18, 2022, at age 76
  - Joan Phillips June 18, 2022, at age 92 3 pm, July 17, 5th Ave. Snrs.
  - Norman Smith June 22, 2022, at age 88
  - Jackie Cannon
  - 11 am, Aug. 6, United Church ♣ Jeremy 'Ben' Harrison
  - 11 am, July 30, Bowers **\* \* \***
  - ♣ Alfredo 'Freedy' Pozzobon June 10, 2022, at age 93

 $\phi \phi \phi$ 

Nick Nemeroff, 32, Can. comedian Mary Mara, 61, ER star, drowning

## > COVID-19 UPDATE

CANADA #32 rank 3,932,678 cases 41,881 deaths 3.557.419 recovered 333,378 active cases

USA #1 rank 89,030,727 cases 1,041,354 deaths 84,708,599 recovered

WORLD

550,577,406 cases 6,353,574 deaths 526,246,203 recovered

#### BC

373,974 total cases 3,722 confirmed deaths 26 new deaths 28 current critical care 273 curent hospitalized 642 new cases 11,939,413 doses admin.

Cases June 12 to 18 3 Salmon Arm 1 Enderby; 0 Armstrong 4 Vernon; 17 Kamloops 26 Central Okanagan

worldometers.info/coronavirus • bccdc.ca Numbers likely more due to many unreported home tests.

#### > SPORT SPOT

- > Football registrations now shuswapfootball.ca
- > BC 55+ Games Sept. 13-17, Victoria. Salmon Arm applying for '24.
- > Horseshoe Club Ben 250-832-8467 or Edwin 250-832-8352.
- > Lawn Bowling Mon/Fri. 1:30; Cards 1 pm; Tues/Thur. 7 pm.
- > Tennis Club clubspark.ca to book courts.
- > Open Golf Tournament Aug. 27, Shuswap Lake Course. Fundraiser for Hospital Foundation. shuswaphospital foundation.org
- > Girls only Soccer July 4 to 8.
- > Prov. Team Tennis Championship Aug. 4-7, SA Tennis Club.
- > Billets needed for Silverback season An opportunity to be involved in the community by sharing home with a player looking to further their education and hockey career. Even if you do not consider yourself a hockey family, this is an amazing experience. Contact at: rbilleting@sasilverbacks.com

The Salmon Arm Lawn Bowling Club would like to give a big thank you to the following who sponsored us for our Wed., June 15th Open House: Askew's Foods, DeMille's Farm Market, Grass Roots Dairies, Hideway Liquor Store, No Frills, Save-On-Foods, and Tim Hortons. Your support is VERY MUCH appreciated! We had a wonderful day hosting lawn bowling teams from the Thompson/Okanagan area.

#### IN MEMORY OF KEN SEIDA

Ken Seida passed away unexpectedly and needlessly on June 30, during the 2021 heat wave. He was a valued long-time member of the North Okanagan Shuswap Brain Injury Society (NOSBIS).

Ken's was a "success story" of daily perseverance that allowed him to cope with the enduring impact of childhood trauma, homelessness, street violence and the systemic marginalization experienced by individuals living with Acquired Brain Injury (ABI). His trust in God gave him additional strength in the darkest times.

Ken was a musician, a writer and artist. He loved 60's music, car rides, motorcycle rides and the feel of the wind on his face. He was a devoted son, proud father and good friend with a quick sense of humour. He was predeceased by his mother and is survived by his son. He is dearly missed by his friends in the community.

#### 'LIFE' by KEN SEIDA

Little me, get off these drugs and city streets.

Little me, away from the monsters that I have seen.

Little me, under the foot of the man that looks down on me.

Little me, shunned by society.

Little me, thank you, Lord, for setting me free.

#### **HELP WANTED**

Shuswap Day Care Society is seeking a permanent fulltime licensed ECE or ECE Assistant to join our team. The position commences asap working 40 hours per week. Competitive wages and benefits after successfully completing probational period. Good communication skills, outgoing & energetic personality, experience working on a team in a group daycare and able to program plan are all required skills. Send resume and letter of interest to shuswapdaycare@telus.net

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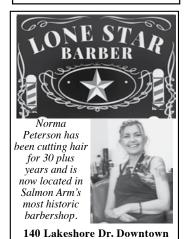
Shuswap Day Care Society has a temporary position to fill from August 19 - February 2023. Position is 40 hours per week must have ECE or ECE Assistant License to practice. Must have good communication skills, outgoing & energetic personality, experience working on a team in a group daycare, program planning are all required skills. Wage depending on education and experience.

Send resume and letter of interest to shuswapdaycare@telus.net

# **NEIGHBOURS**



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### Fahrenheit growing up

■ Continued from front page

We used to think of 50F as chilly but comfortable, 60F very pleasant, 70F nice and warm, 80F warm but bearable, 90F manageable but hot, 100F darned hot at 35C and 110 brutally hot at 42C. I hope *Friday AM* readers appreciate this voice from the past.

Justin Trudeau's father's vision to go metric in the early 70s was not for everyone, especially for those born pre-1960.

I remember as a child being told by my mother that my body temperature should be 98.4F when suffering chicken pox, measles, mumps and whooping cough. As did all we young ones in the days of the 1950's. While in grammar school in England, the word HOPS was a way to remember the correct body temperature of animals - H for horse 100 - 101F; O for oxen 101 - 102F; P for pigs 102 - 103F, S for sheep 103 - 104F. Some things we learn and never forget.

A year ago I was reporting temperatures up to 42 C (110 F) in late June! What a difference a year makes. Salmon Arm recorded 41C on July 1st, 1941. Many days reached 35 to 40 C back then. Traumatic weather events occurred in those days just as they do today - flooding, avalanches, drought and tornadoes on a global scale. Today, we often know about it before it happens.



> The Ethiopian traditional coffee ceremony was among many of the ethnic displays featured at Monday's Gathering Together Festival on Ross plaza.

#### SHUSWAP COMMUNITY FOUNDATION

WOULD LIKE TO THANK THE FOLLOWING ORGANIZATIONS AND SPONSORS FOR THEIR PARTICIPATION IN THE **GATHERING OF GRATITUDE EVENT** HELD ON JUNE 4, 2022:

#### **ORGANIZATIONS**

- The Adams River Salmon Society
- · Carlin Hall Community Association
- Columbia Shuswap Invasive Species Society (CSISS)
- · Eagle Valley Community Support Society
- Literacy Alliance of the Shuswap Society (LASS)
- · North Shuswap Health Centre
- Royal Canadian Marine Search & Rescue (RCMSAR) - Station 106 (Shuswap)
- · Salmon Arm Economic Development Society
- The Shuswap Area Family Emergency Society (SAFE)
- · Salmon Arm Folk Music Society
- Salmon Arm Bay Nature Enhancement Society (SABNES)

- 222 Royal Canadian Air Cadet Squadron - Shuswap
- Shuswap Children's Association
- Shuswap Food Action Society
- Shuswap Immigrant Services Society
- · Shuswap Lifeboat Society
- · Shuswap Music Festival
- The Shuswap Trail Alliance
- Sorrento and Area Community Health Centre Society
- Sorrento Centre
- Sorrento Lions Club
- Sunnybrae Seniors Society
- Voice of the Shuswap Broadcast Society
- Youth Philanthropy Advisory Committee (YPAC)

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www.shuswapfoundation.ca 250.832.5428

CONNECTING PEOPLE WHO CARE WITH CAUSES THAT MATTER

#### Salmon Arm Bay Nature Enhancement Society SABNES

Annual General Meeting
Tuesday, July 5th
7:00 pm
On the lawn behind the
Brighouse Nature Centre
in the Marine Peace Park



Bring your own lawn chairs and water to drink. Everyone is welcome to join us!



#### ACROSS TO THE OTHER SIDE

DEATH'S

FERRYMAN

RIDES

**A HARLEY** 

n Greek mythology it's Charon who ferries the dead across the River Styx to the other side.

In Virginia Mc-Causland's new young adult novel Death's Ferryman

Rides a Harley, it's a biker dude on a Harley who appears to take

Clara across to the land of the dead.

Only trouble is Clara doesn't know she's dead. She doesn't believe Billy, even in the face of mounting evidence. She knows she doesn't feel normal.

but shakes off the feeling.

Billy and Clara discuss Einstein's theory of time and space and she wonders how it is that the biker knows about such things. Strange occurrences in time and space confuse Clara as she's caught in a world that is the same, yet isn't.

Virginia has an amazing grasp of the teenage mind, of teenage obsessions and problems - the mean girls at school, the jealousies, the bullies and the outcasts.



All the characters are well drawn. Choices are made. Can we go back and change anything for a better outcome Clara asks Billy. She

desperately hopes so, but will she ever let go? And what happens if

she doesn't?

The novel is an adaptation of one of Virginia's many stage plays written for young adults.

Virginia's book is available at Bookingham Palace for local authors. It can also be purchased through Amazon,

Apple books, Barnes and Nobel and Kobo. Most online bookstores have it listed.

Enjoy July. May the sun shine upon you, only no heat domes please. May the air be free from smoke; blue skies, nothing but blue skies from now on.

Summer used to be carefree and easy. Let's pray it will be that way again.

☐ Kay McCracken is a published author and promoter of the Shuswap writing community.



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# Ear to the GROUND

#### Bus bench win

**≺** almon Arm has its own legal issue relating to abortion. The City has reversed its decision on permitting only commercial advertising on bus benches after a threat of legal action. A letter from the Shuswap Pro-Life Society pointed out that the "Supreme Court of Canada has already held that government policies permitting commercial but not political advertising on transit property are unjustifiable limits on freedom of expression." 

"Mouth-watering crunch and juicy fried chicken bursting with Louisiana flavour" is about to roost in Salmon Arm. The Popeyes Chicken franchise is planning a location near the 30th St. SW intersection



> Philippine dancers at the Gathering Together Festival on Ross Street Plaza, and the Trinidadian-Canadian calypso/ reggae band Kobo at Song Sparrow Hall.



# Sangrias & Cocktails Carried wav Tacos **Marionette Winery Lounge & Patio** is Open

#### Terry Greenhough



PICTURE FRAMING. **GALLERY VIEWING BY APPT.** 

The next eight Friday AM's July 8, 15, 22 NO July 29 Aug. 5 (All Month) Aug. 12, 19, 26 NO Sept. 2 Sept. 9 (All Month)

# Bravos&B008



> **BOO TO** those who leave mounds of garbage at the Fly Hills parking lot maintained by the Salmon Arm Snowblazers club. There are many people who use this parking lot in the summer, and now the club is overwhelmed by the amount of garbage, and may need help from the community to clean the area up. Photo above by Sandy Milne shows just a portion of the trash dumped by people. The issue has been reported to both RCMP and RAPP.

# Web ∭

> Search You tube "Where Terranes Collide: The Geology of Western Canada" and scroll to 9:40 where it refers to Salmon Arm as located on the ocean coastline 750 million years ago.









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> Canadian Rockies, Selkirks, Monashees, Purcells, Caribou Mountains, Omineca (Mtns), Cascades, Skeena (Mtns), Coast (Mtns), Vancouver Island Ranges, Central Interior Plateau, North Shore (Mtns), Cassiar (Mtns), Saint Elias (Mtns). (10 highest BC mountains:)

Fairweather, Waddington, Robson, Root, Tiedemann, Columbia, Clemenceau, Assiniboine, Goodsir, Monarch

# HIDDEN GEMS

THIS QUOTE SPACE HOSTED BY Hidden Gems Bookstore, 331 Alexander Street www.hiddengemsbookstore.com

- > "Nothing makes me more nervous than people who say, 'It can't happen here.' Anything can happen anywhere, given the right circumstances." ~ Margaret Atwood
- > "Dystopian fiction is when you take things that happen in real life to marginalized populations and apply them to people with privilege."
- > "You never realize how long a minute is until you're exercising."
- > "The highest result of education is tolerance." ~ Helen Keller
- > "Despite all our accomplishments we owe our existence to a six-inch layer of topsoil and the fact it rains."

# **FUNNYBONE**

- > Someone outside a theatre questioning a group of old men:
- "Aren't you guys a little old to be attending to a heavy metal concert?" One of the old men replies: "We're the band."
- > McCartney turned 80 in June. When he turned 64 was so Yesterday!
- > Actual complaints to travel agents:
- "We had to wait outside for the boat and there was no air-conditioning." "I was bitten by a mosquito. The brochure did not mention mosquitoes."

# POP QUIZ

> What is the longest place name in the United States?

> Lake Chargoggagoggmanchauggagoggchaubunagungamaugg in Massachusetts at 46 letters (An Indian word meaning "You fish on your side, I fish on my side and nobody fishes in the middle.")

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# PICTURE THIS





> Above right: An engineer splits the rear wheel of his bicycle in half in order to show hw two halves make a whole.

> Above left: When dogs aren't spending time being dogs - sniffing and playing, and laying around, they're continually studying the human race. It can be both confusing and amusing.



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> Jaxon and mom, Kayla Butts. looks over a basketful of cards for his 4th birthday on Monday. He also got to sit in a firetruck with his grandpa Rod, on right. A refurbished ICU bed was recently delivered to the family's home, enabling Jaxon to return home after 100 days at Vancouver Children's Hospital. He and his family are struggling daily with a complex and heart wrenching array of rare medical conditions.



#### SUMMER MARI

5:30 to 8:30 pm Wednesdays (WOW nights) July & August at Shuswap Family Resource Centre at Marine Park Drive



Proceeds going to the SHUSWAP FAMILY





FROM FACEBOOK DAILY POSTINGS

> Margaret Ann Bulkley AKA Dr. James Barry's story needs to be told



HISTORY HUSTLE

Dr. James Barry finished school at 22 and rose in the ranks as a British Army surgeon. In Africa, Barry performed one of the first successful C-Sections where mother and child survived. In Canada in 1857, Barry became Inspector General of Hospitals, and made improvements for the poor. When Dr. Barry died after a remarkable career, the Army tried to suppress Barry's records and all access to them was shut down for 100 years when it was revealed she was a woman, Margaret Ann Bulkley, disguised as a man.

- JAXON'S "TUESDAY AM"
- SMALL HOLIDAY, BIG IDEAS
  - 1903 MAP OF THE WEST
    - **TOURING ENDERBY**
  - **LAKESHORE DRIVE BACK**
  - STILL CAN'T BELIEVE IT
    - WILLIAM KURELEK
  - HOME: THE FIRST HALF & THE SECOND HALF
- MAGNIFICENT MONUMENT



# TRUMPED

rump is obviously not going to read this, nor care less if he did, but here is the hard truth.

There's a very simple reason the number of Republican cans voting for Republican candidates may not consistently add up to number of ballots cast. There were millions of critically thinking Republicans who cast ballots, but could not stomach the idea of voting for Trump or Biden, so they skipped over the Presidential section of the ballot.

Deal with it Trump, and stick to playing golf to do your cheating.

In the first hour of this Tueday's sixth Jan. 6 public hearing, it was learned that prior to Trump making his inflammatory speech at the Ellipse, he was angry that people carrying lethal weapons were not allowed into the secure area to hear him. He demanded to take the security down. "They're not here to hurt ME," he insisted.

And when he got into his SUV and was told it was too dangerous to drive to the Capitol, he grabbed the steering wheel, and he allegedly lunged at the other Secret Service official with his other arm.

How can anyone continue supporting this man? ■





# IT'S JAXON'S BIRTHDAY!!



ne of the most special days of the year is being celebrated today.

It's Jaxon's 4th birthday and was he ever excited when he saw all the cards made just for him.

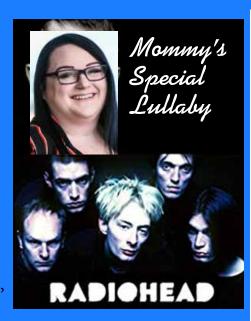
Jaxon also looks forward to seeing friends, Grandpa Rod and Gramma Brandi, GG and GPop and Uncle Brody. "It's going to be so much > Happy birthday fun to play with all my new toys and cuddlies!"



Jaxon from all your pals at Word Party!

# **Everybody** Loves Jaxon

"Jaxon has taught us all so much", said everybody who knows him. "He teaches us nurses and doctors too," said Jaxon's favourite nurse at the hospital. "He is amazing and we love that wonderful boy so!"





Congrats SAS Grads!



> Another coat of blacktop and other finishing touches, and Lakeshore Drive is expected to re-open on Thursday. The total Ross Street underpass project is 50 per cent completed.



#### DAY 4 OF MY WEEK OFF: THURSDAY

> On the one-year anniversary of Lexi's passing, and about six months since Dawnivan's beloved dog Porsche, we went on an honour hike on Lexi's favourite trail, Cress Creek. Pictured above are Dawnivan, Sofia, Chelsea, Maycee and Charlie.



Car was renewed this week, thanks to detailing with friend, Bill Ellens and a prize fromss Bounce Radio of a Glow car wash!



### JUNE 20, 2022 • DAY ONE OF MY WEEK OFF: MONDAY

If you've ever seen the inside of my 2006 Matrix, you will know this is a big deal.. New used front seats and a full meal detail. I began my week off by doing "real"





work. Thank you, my friend Bill Ellens, for a great afternoon making my car look new again after years of hauling papers, yard waste and my beloved Lexi.

### JUNE 21, 2022 • DAY TWO OF MY WEEK OFF: TUESDAY

- Change to summer tires on the first day of summer! Irony? Not by definition
- Catch up on Friday AM invoicing.. Watch your inboxes.. Visit bookkeeper
- Watch January 6 hearing live on TV at 10 am and commentaries after
- Celebrate Indigenous Day opening of Mary Thomas exhibit at Haney Village

## JUNE 22, 2022 • DAY THREE OF MY WEEK OFF: WEDNESDAY

- Yard work
- Finish detailing the car engine, outside and finish. interior
- Evening to relax and read; maybe go out; more invoicing

#### JUNE 23, 2022 • DAY FOUR OF MY WEEK OFF: THURSDAY

- Go for a honour hike on Lexi's favourite trail (one year since she's gone)
- Read, maybe watch a movie, veg out.

## JUNE 24, 2022 • DAY FIVE OF MY WEEK OFF: FRIDAY

- Try not to think of the fact that it's Friday Relax, veg out
- Wrap it up with Kobotown, calpyso band at the Song Sparrow

# eh?/em! Friday AM is out TODAY

JUNE 17, 2022 • FIRST POST TODAY

# POTHOLES



Lorne Reimer

### Police communication

Thave a few concerns after Wednesday's massive emergency response operation in the Eagle Bay area.

It was such a challenge to obtain any official information at all about what was going on. And for residents to watch 20 ominous ERT vehicles and police cars pass through their neighbourhoods, folks naturally need to know.

Social media is an efficient thing now with Amber and Evacuation alerts attached to cell phones. Police don't even have to go door-to-door anymore if there's a safety concern happening.

As it turned out, the man they were looking for has a long list of assaults on his record, not to mention the robbery spree he is charged with in the Vernon area. So I would guess he's some kind of risk to the public to draw that kind of police response. I really think RCMP should have stepped up more on the communication end.

Also, it is a relief to hear the three victims in the 97B junction accident are expected to recover. Bravo to Drea Sandoval, first on the scene, who quickly made the 911 call. Take care, that is so much to process.

> What is the bad luck club, and what has to happen to you to qualify? I know I could not possibly qualify to join after reading the piece below. License plate observed downtown.

# Still can't believe it

I sually when I cover a meeting, I try to stay as inconspicuous as a guy snapping photos and jotting notes from a chair can be.

That was out the window when it came to draw time at the recent Elder Abuse seminar. The grand prize came up and when



no one claimed it, I happened to look at the stub handed earlier, and I had the number!

Wowie Zowie, I won .. and it was big! That is something that never ever happens to a local news reporter. Thank you so much to the organizers of this event. I shared around some of my bounty, and took a bunch of goodies for myself. My PoCo older daughter and her partner of 15 years are making it official and getting married in Salmon Arm the end of July, so the \$100 Askew's gift certificate is going to come in really handy for their camping trip after!

What a lucky day! ■



Winnipeg from Space Station and Shuswap, below, from satellite

# HOME

First half of life & the Second half



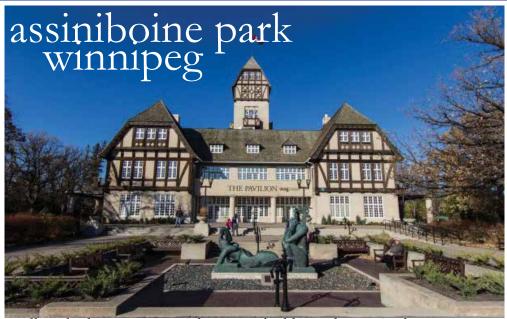
# In praise of the Prairie

pinch myself daily at the spectacular beauty of Salmon Arm and its surroundings, but would also just like to say a word on the beauty of prairie cities like the one I spent half my life in.

BC residents often take for granted the boundless natural beauty we are blessed with, and sometimes, dare say, we become dismissive of the prairie landscape.

In my years on the Prairie, I absolutely marvelled at the speed in which people and nature got to work in the Spring to magically transform the environment from winter to summer.

Not saying winter does not have its own sunny snowy beauty, but prairie folks really do make the best of their shorter seasons. And the prairie does have its own beauty to behold, but simply not in the same form as the stunning peaks, tall forests and mountain fed waters we have in BC. Prairie folks also know a thing or two about creating beautiful city parks. Winnipeg has an incredible number of parks, the crown jewel being Assiniboine Park and Forest. That is one of the first places I plan to visit on a holiday to Manitoba the end of August. I'll leave you with a collage of photos of Assiniboine Park on next page.



Pavillion, built same year as Salmon Arm's old courthouse. Simliarities?



Polo bears; Goatwalk











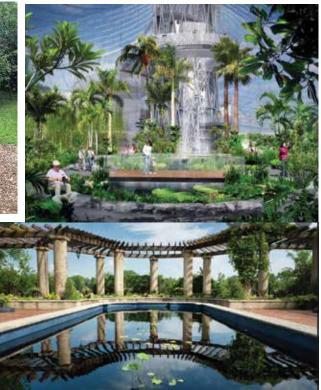
Winnie, named after Winnipeg







Left: Leo Mol Scupture garden, Top: pond, English garden, outdoor stage, Below: Leaf conservatory





# TODAY'S SPONSOR: THE MAGIC OF PHOTOSHOP

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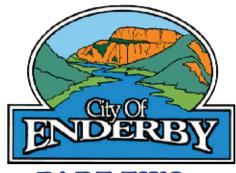
JUNE 24 • FIRST POSTING OF DAY





> I am madly in love with this photo of the Cliffs of Enderby, and the Shuswap River flowing beneath it (quite a bit higher lately). However, in this case, our creator may have to share a bit of the credit with Photoshop and a commercial photographer in North Bay, Ontario who knows how to use it. Edgar Murdoch took the photo on the left with his cell phone. His friend Dave Palangio enhanced the image.

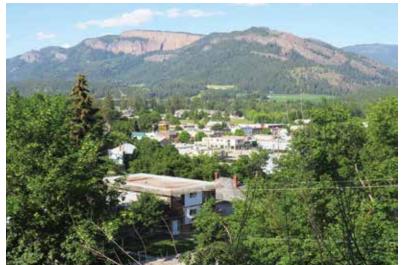
# eh?/em! Next Friday AM June 30, 2022 Blog Post FriAM.ca



JUNE 26 • FIRST POSTING OF DAY

**PART TWO** 

■ After posting a beautiful photo of Enderby Cliffs by Edgar Murdoch, he invited me for a Saturday afternoon tour of the backroads of the Little City in his 1978 MGB. How cool is that





> View from the hillside neighbourhoods; Edgar in his MGB; high water at Shuswap River boat launch; the former A.L Fortune home, and another beautiful heritage home







■ Another reason I plan to visit Manitoba at the end of August: Seven years ago, August 23, 2015, a beautiful monument was dedicated in Stonewall to honour artist William Kurelek in the area where he grew up and was inspired to draw the prairie as he admired it. The committee behind this monument, referred to a column I wrote some 30 years ago that called for recognition of this great artist. For many reasons, William Kurelek is my favourite artist. The attached article was published in April 2015

# Honouring an Interlake artist

# Kurelek monument on track for August 23 unveiling

#### By Jennifer McFee

Nearly three decades ago, writer Lorne Reimer recognized the need to acknowledge local artist William Kurelek.

That vision will soon become a reality with work about to begin on a roadside monument to pay tribute to the famous painter and writer.

On May 11, 1988, Reimer penned a column suggesting that efforts should be made to honour Kurelek, who spent his boyhood years on a dairy farm near highways 7 and 67.

"Anyways, it's about time this town does something to recognize such a famous son," Reimer wrote, "He gave this district an eternal image etched in the minds of millions."

Today, 27 years later, the Rockwood Citizens Kurelek Tribute Committee is preparing to launch a monument at the junction of those two highways right in the beart of the prairie setting that inspired so much of Kurelek's artwork.

The \$35,000 project will consist of two orange steel structures that will represent the tent from Kurelek's famous painting Manitoba Party. Between these steel frames will be two large slabs of Tyndall stone. One slabwill feature a reproduction of the Manitoba Party digitally cut into steel, while the second slab will feature a granite biography plaque. The other side of the stones will showcase more pictures plus a sponsorship plaque.

Committee member Brenda Margetts is pleased with the progress of the project.

"We're hitting close to the mark, They're ready to dig and start this spring, so it should be open and ready to be dedicated on Aug. 23," she said.

"Our committee has gotten a lot of help from people donating time, effort and money."

To cover last-minute costs, the committee plans to sell calendars featuring Kurelek's works.

And to increase knowledge about Kurelek and his artistic contributions, the committee plans to set up a booth at the Interlake School Division's upcoming visual arts display. Presentations are also underway at local schools throughout the division.

"Not many people know about him and he was from this area," Margetts said, "It's really important to the Stonewall area and Rockwood and the Interlake to have someone of this stature who is this famous. We've had no recognition of him, so that's what got us going on this committee."

Born in Alberta, Kurelek moved to Rockwood with his Ukrainian-Canadian family during the Great Depression at the age of five. He went to school in the Interlake School Division and later graduated from the University of Manitoba. Over the years, he kept returning to the area where he spent his childhood to revisit the landscape that influenced many of his books and paintings.

"Kurelek came to Manitoba for his formative years. He wasn't a very happy child because he struggled with mental illness, but he connected with the prairies. He called the bog his spiritual home." Marcetts said.

his spiritual home," Margetts said.
"When he came back, he wanted to
go around to all these places that he
remembered and that meant something to him in his heart."

Just as the local area was significant to Kurelek, the famed artist also remains significant to the community. This connection will soon become tangible through the monument at William Kurelek Park in honour of the artist who captured the essence of childhood on the prairies.

For more information about the project, email williamkurelektribute@ email.com



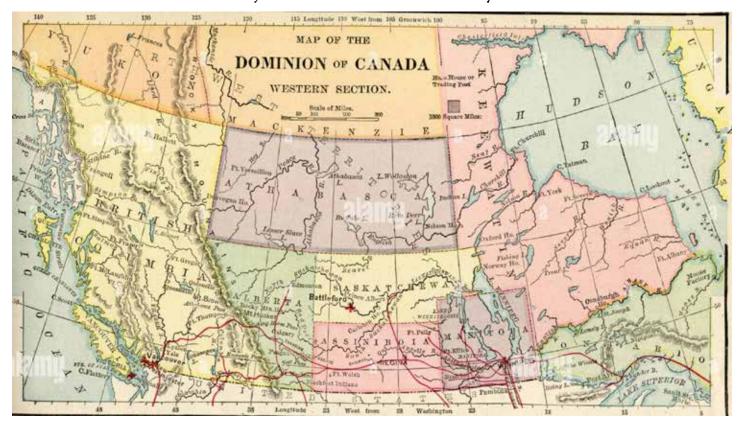
TRIBUME PHOTO SUBMITTED

Kurelek's painting. The Manitoba Party, will be replicated on the monument that will be erected at the junction of Hwy. 7 and 67.



TRIBUNE PHOTO BY KAREN KELPIN

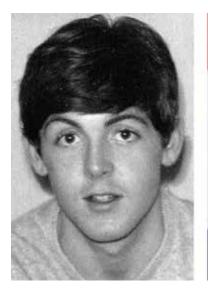
Merie Tomyk (right) and Brenda Margetts will be touring the Interlake School Division schools educating students on who William Kurelek is and what this monument will symbolize. ■ The Dominion of Canada as a young 30-something (1903) in this map, not counting First Nations, of course. Notice a few more boundaries prior to Alberta, British Columbia and Saskatchewan joined Confederation a few years later.



# PAUL TURNS 80..

# When he turned 64 was so "Yesterday"!

appy 80th birthday to one the whole world knows and loves, and loves to sing-a-long to - Sir Paul McCartney. He still performs three hour concerts without a warm-up band. Not maybe, I am amazed! You cannot list all the titles from his treasury of songs that he gave to the world. So many! Just think of the songs of deep themes that he wrote in his mid-20s - Eleanor Rigby (loneliness), Blackbird (racial prejudice), For no one, Yesterday and We can work it out (breakup and reconciliation), She's Leaving Home (family fragility), When I'm 64 (aging) and Penny Lane (community life). The list goes on and on. Thank you Paul..







> The Sxwesméllp Landmark was solemnly dedicated at the foot of the Marine Park wharf on Saturday morning. The Sxwesméllp Landmark is solemnly dedicated at the foot of the Marine Park wharf on Saturday morning. Rock sculpture by Secwépemc Rod Tomma and Tilkotmes Tomma, metalwork by Eric Kutschker

