

SALMON ARM WEEKEND

SALMON ARM FAIR, Aug. 23-25



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Lorne Reimer



It's a 'Summer' Fair

ou cannot call it the "Fall" Fair anymore. This weekend marks the first year that Salmon Arm's annual Fair is happening in August

It is also the first time the old arena is not being used as the main exhibition building. The "Marketplace" will be set up in a giant tent along 5th Ave.

At presstime Wednesday, the Midway looked nearly all set up, and local judges were gathering to make their monumental decision on the best of the best.

Top drawer shows include tribute artists for ABBA Fleetwood Mac and Elvis.

The parade starts 9 am Saturday, running east down Lakeshore, down Alexander to Hudson and south down Shuswap St. back to the Fairgrounds.



started on two eastwest routes in Salmon Arm's north east.

After the slope stabilization of Lakeshore Rd from 10th to 20th Ave. NE and the widening of the frontage route from the RCMP to Jackson School, there will be two multi-use paths for cyclists and walkers.

On the right shows a marker near Service BC for the new 3.5 metre set back asphalt pathway.

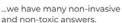




Some things old, some things newer

> Don MacLachlan applies some of his late father's clock fixing skills as he work on an antique clock that was brought to the Repair Cafe at Piccadilly Mall Saturday. The repairers donated their time and skills with donations going to the Daybreak Rotary for the "Light the Lake" project.

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FALL SIGN UP WEEK

September 1 to 8



Barbecue Fundraiser to help Shuswap Children's Piccadilly Assoc. send kids to camp in Banff, 11 to 3, Aug. 30

piccadillymall.com



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ON THE MENU > Events $2 \mid$ Neighbours $3 \mid$ Marketpage 4 | For the Record/Weather 5 | Ideas 6 | **AM**using 7www.FriAm.ca EMAIL: fridayam@shaw.ca PHONE: 250.833.1141 DROP-OFF: Hucul Printing, 5th St. & 5th Ave. SW

at the movies

SALMAR GRAND • salmartheatre.com • Aug. 23-29

- It Ends with Us. 1:30 Fri.-Sun; 6:30 nightly.. A woman who overcomes a traumatic childhood to embark on a new life chasing a dream to open own business. falls in love with the wrong person. (PG violence, lang)
- Deadpool & Wolverine. 1:30 Fri.-Sun: 6:30 nightly... Wolverine recovers from his injuries and teams up with the

loudmouth Deadpool to defeat a common enemy. (14A lang, violence) • Twisters. 1:45 Fri.-Sun; 6:40 nightly.. A veteran storm chaser and team

- find themselves in the paths of multiple storm systems converging over Oklahoma in the fight of their lives. (PG viol., lang.)
- Alien. 1:45 Fri.-Sun; 6:40 nightly. A group of young space colonizers come face to face with the most terrifying life form in the universe. (14A frightening scenes, violence)

> SALMAR CLASSIC

- Film Society shuswapfilm.net
 50th season Gala, Sept. 7. See Salmar 75th on this same day.

> STARLIGHT DRIVE-IN

- starlightdrivein.ca August 23 to 27 (no shows Monday & Wednesday)
- Twisters, 8:00 (G)
- **Deadpool & Wolverine**, 10:00 (14A)
- > CARAVAN FARM THEATRE caravanfarmtheatre.com Aug. 22-24 Indigenous Film Festival & Short Films (outdoors, pay as you can, Tsilhqot'in BBQ)
- Café Daughter. Half Chinese girl embraces Cree identity, encouraged by Mi'kmaq girl to be proud of her ancestry.
- Les Filles du Roi. Musical film by Caravan alumnus Corey Payette.
- Great Salish Heist. Comedy thriller written, directed and starring Secwépemc's powerhouse Darrel Dennis.



ARM MEDIA EST. 1997

EDITOR & PUBLISHER

Lorne Reimer 250.833-1141

fridayam@shaw.ca

DROP-OFFS

Hucul Printing 471 - 5th St SW **DEADLINES**

Wednesday Noon, regular issue Tuesday noon All Month issue

CIRCULATION

Weekly FriAM: 2,500

(No issue last Friday of month) All Month (1st Fri) 4,500 except January

FriAM.ca: Worldwide

O Friday AM acknowledges covering the Shuswap and sharing the lands on the traditional territory of the Secwepemc peoples.

Read the bonus pages at FriAM.ca

live & dance

- > Canooligans, Canoe Bandidos, Sept. 8.
- > Copper Island. Jams with Blind Bay Blues Band, Tuesdays.
- > The Hub, Scotch Creek. Bob Rogers' funk band, Majesty Aug. 23.
- Meg & Jon, Aug. 24 Leif David Magic Show, Aug. 25 • Open Mic with Meggs, Sundays.
- > BeTeased, Scotch Creek Rock or Bust (AC/DC tribute), Aug. 17
- > Marionette Winery Lokman Mustafa, kurdish music, Aug. 23
- > Nite Cafe Jed & the Valentine, Aug. 24
- > Caravan Farm Petunia and the Vipers, Country Hoedown, Aug. 28

city lights

▶ vernon • ticketseller.ca Creekside (C) · Perform Arts (P) Chantal Kreviazuk, Sept. 21, 22 (C)

Joel Plaskett, Sept. 23 (C) Ron Sexsmith, Sept. 24, 25 (C&P) ▶ kelowna · Rock the Lake,

Aug. 9-11. Tom Cochrane, Our Lady Peace, 54-40, Theory of a Dead Man, Texas King & more

John Fogerty, Aug. 21.

Penticton

Come from Away, Sept. 24, 25 · FloRida, Sept. 5 · Abdul, Sept. 28 ▶ Vancouver

Pink, Sept. 6-7 · Swift, Dec. 6-8

SALMAR

75th Party

11-4,Sat.

Sept. 7

Free movie

Barbecue

Family fun

■ First day of school - Wednesday, Sept. 4

■ BC Election - Saturday, Oct. 19

> **SALMON ARM FAIR** - Aug. 23 - 25. salmonarmfair.ca featuring **Mainstage** (see concerts) • **Midway Rides** • **Kids Zone** • Exhibitions • 30+ food booths • 5th Ave. Marketplace • Livestock & Agri-education, plus... • Motocross Stunt Show (Friday - 11:00, 2:30, 3:00; Saturday - 11:00, 2:30, 6:00 Sunday - 10:30, 1:00, 3:30)

• **Superdogs** (Fri. & Sat - 12:00, 1: 30, 5:00; Sun. -11:00, 1:30, 4:00) • Parade - starts 9 am, Sat. from Blackburn Park to Lakeshore Dr, Alexander, Hudson & Shuswap St. to 10th Ave. SW.

> Harvest *Celebration, 3-6, Sept. 8, Haney Village. 832-5243 > Fall Sign up Week, Sept. 1 to 8, Mall at Piccadilly.

> Le7 en k tucw? (How Are You?) Open show of 24"x24" local works that respond to the question "How are you? Runs now to Aug. 31, SA Art Gallery

> Cardiff Miller Art Warehouse - 11-5 Thurs to Sun, all August. New Ambient jukebox exhibit added. Enderby, former Ashley store.

> Courtyard Gallery - Enderby. August: Linda Favel.

> Art in the Park - 10-3, Sept. 7, Lily Pad Ranch, 749 Enderby-Grindrod, featuring demos by award winning chainsaw carver Kamron Garbe

Concerts

> Jazz / burger night - Aug. 29, Haney Village. Tix 832-5243

> Music in the Bay - Concerned Citizens, 22nd • Hayley Wallis, 29th

> WOW concert series - 6:45 Wed. on the Wharf. By donation.

• Hayley Wallis, Aug. 28 • Mini Pow Wow, 4 pm, also 28th

> SA Fair - Aug. 23-25.. RBC MAIN STAGE

FRIDAY: Just for Kicks, noon; Turtle Valley Band, 1 pm; Kiko the Éco Elf, 2 pm; Donna & LeRoy (from original Tommy Hunter Show, 3 pm; Barn Catz, 4 pm; Andrea Anderson (from Louisiana Hayride), 5 pm; Shuswap Dance, 6 pm; Instario, 7:30; Headway

SATURDAY: Shuswap Dance, 11:45; Pipes & Drums, 12:30; Adam Fitzpatrick - Elvis, 3 & 5:15 pm; Jonathon Williams, 4 pm; Just for Kicks, 6 pm; ABBA Arrival, 7:15 and Fleetwood Mac - Dreams, 8:45. SUNDAY: Just for Kicks, 11:30; Pipes & Drums, 12:30; Adam Fitzpatrick - Elvis Evolution, 12:30; Shuswap Dance, 1:20; Linus, 2:20; Fair awards, 3:20; Rollin Coal Trio, 4 pm.

> Kamloops Symphony - Salmon Arm concert season. 3 pm, Nexus at First. #1 Jean-Michelle Blais & Dina Gilbert, Sept. 29 Kamloopssymphony.com

> Sabrina Weeks - 3-5, Sept. 20, Musihc by the River, Enderby.

- > **Kim Gouchie** Lheidi T'enneh artist, performer and cultural ambassador on eve of Truth and Reconciliation Day, Sept. 29, Song Sparrow Hall.
- > Music of the Night Concert tour celebrating music of Andrew Lloyd Webber, Oct. 29, Song Sparrow Hall. ticketseller.ca
- > Hawksley Workman Nov. 3, Song Sparrow Hall. Tix at rootsandblues.ca (SOLD OUT)
- > Good Lovelies Nov. 9, Song Sparrow Hall

> Dinner Theatre - "Read all about it" musical from stories at turn of 20th century. Now to Aug. 25. Haney Village. Wed- Fri, Sun. eves. Reserve 250.832-5243.

> **Labyrinth** - Immersive audio experience, Oct. 5 to 25. Caravan.

SPORTS Sport Spot / P.5

> 55+ BC Games - Sept. 10 to 14, Salmon Arm. 55plusbcgames. org/salmonarm 2,000 participants, needing 1000 local volunteers.

> Silverbacks exhibition -

HOME: 4 pm, Sept. 8 vs. Trail & 7 pm, Sept. 10 vs. Vernon. AWAY: 3pm, Sept. 14, Penticton & 2:30, Sept. 15, West Kelowna.

Cardiac facility downtown

Cardiac Rehabilitation Services facility is opening October in the former location of the Sun City store on Alexander.

Dr. Laurie Main of the new non-profit organizationShuswap Cardiac Society said renovations are now taking place and they are also looking for equipment for the gym area such as treadmills, bikes, weights, kettle bells or cardio machine.

"We are hoping to obtain at least some of this equipment as donations," she said. "We can help you get rid of it, while putting it to great use."

"Second hand equpment is The facility will support local residents who experienced heart attacks or other cardiac problems get in better health, close to home.

"Our mission is to provide

high quality, evidence-based, prompt, cardiac rehabilitation services for all patients who need it.

Dr. Main said donations can be reached by text or phone at 604-499-2052. Donations can be picked up at your door.

The Cardiac Society is in the process of becoming a registered Society.

ndigenous and non-indigenous elders, youth, special interest groups and local governments are invited to share ideas to hep conserve the Salmon Arm dleta.

The event is planned for 6:30 pm, Aug. 26 at First Commu-

For more information, conte-

Delta conservation

unity (First United Church)

act Bonnie Thomas at bonniethomas001@gmail.com.

you're invited

> She Shoe Swaps! annual charity shoe & purse sale, Sept. 7, First Community. Proceeds to Rescue Unit, Community Foundation and SAFE Society.

> Shuswap Family Expo, 10-4, Sept 28, SA Fair Grounds. In partnership with Shuswap Family Centre. Exhibits, bouncy castles and other activities for kids, three key speakers include former NHL player, food trucks. See shuswapfamilyexpo.ca

>BBQ fundraiser, 11-3, Aug. 30, Piccadilly Mall, to help fund Shuswap Children's Association's FLY camp program to send youth with support needs on overnight camp trip in Banff

> Free Lunches, 11 to 1, Wednesdays, First Community

>Artisan Market at Shuswap Family Centre on way to wharf 11-4, Saturdays (May-Sept) WOW nights.

> **Kids summer camp**, now to Aug. 29.

> Canadian Society of Questers conference, Sept 20 to 22, Riverside Hall, Ashton Creek, in person and on zoom. questers.ca

> **SA Council**, 2:30, August 26.

> Puppy Yoga, 6 pm, Sept. 15 at Pet Valu, Centenoka. All pro-

ceeds to Shuswap Paws Rescue. Tix \$25.

> Peace Builders Gathering, Sept. 21, Splatsin Centre, feauring Cowboy Smithx, indigenous firm maker and artist. Register at peacebuilders world.

Also next Peace n' Pizza, Sept. 20, First Community.

> IPE & Stampede, Aug. 28 to Sept. 1, Armstrong. armstrongipe.com

> Gambler 500, Sept 27 to 29. GPS coordidate challenge to travel 500 km. backcountry route picking up trash. Gambler 500 BC Facebook

> Acquiring Virtues: from a Baha'i Perspective, 1-2, Sept 14, Piccadilly board room. Info 250-804-8657. All welcome.

> SA Bay Foreshore Trail Invasive Weed Pull, 9 to noon, Aug. 21, plus educational sessions on invasive plants. Bring gloves, hat, sunscreen, sturdy footwear. info@columbiashuswapinvasives.org Naturalist Club meeting, 11 am, Sept. 3, Sunnybrae Park.



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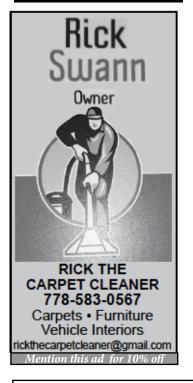
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 - O For more information and an application, find SACP at salmonarmcitizenspatrol.ca or Facebook

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Daron Mayes, BBA, CPA, CA, CFP

Investment Funds Advisor



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SYNOPSIS

> High 31 Friday, 22 Saturday. Chance of rain both days. Normal: +25 C to +11 C Extremes since 1991: +33.7: 2017 • +5.2: 1992 Sunrise 5:55 • Sunset 8:03 Past Temps, Aug. 14 to 20 By weather reporter Nick Parsons

+29 +15Aug. 14 Aug. 15 +31 +15

Aug. 16 +20+175/16" rn Aug. 17 +25+14

Aug. 18 +30+14Aug. 19 +26 +12Aug. 20 +13

LEGACY LIVES ON shuswaphospitalfoundation.org shuswapfoundation.ca

Fischers Funeral Service fischersfuneralservices.com

- Harry Otto Stripling August 11, 2024, at age 95 Leonardus Arnol Ramakers
- August 9, 2024, at age 72 Henry Wilfred Schmidt
- August 11, 2024, at age 88 John Andrew Shewchuk August 6, 2024, at age 71 11 am, Aug. 24, Fischer's
- Dianne Margaret Silvey August 16, 2024, at age 77
- Evelyn Stark August 16, 2024, at age 90

Bowers Funeral Service bowersfuneralservice.com

Marie Denise Greer July 31, 2024, at age 91

- ♣ John 'Dick' Hume 1 pm, Sept. 14, Elks Hall
- ♣ Daniel Gordon Sim August 5, 2024, at age 71
- Henry Wilfred Schmidt August 11, 2024, at age 88
- ♣ Harry Otto Stripling August 11, 2024, at age 95
- Lynza Henzke August 16, at age 15 11 am, Aug. 24, Vernon 44
- ♠ More rock star Joe Chambers of Chamber Brothers and Jack Russell of Great White

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SPORT SPOT

> 55 Plus Summer Games, Sept. 10 to 14, Salmon Arm. Hosting 2,000 participants in over 20 sports. https://55plusbcgames.org/salmonarm/ > Silverback home exhibition, 4 pm, Sept. 8 and 7 pm, Sept. 10 /P.2

>SA minor football, registration open at salmonarmfootball.ca

> Cricket - next matches Revelstoke Sept. 1, 8, across from Centenoka.

> Fall Fun Guides out Aug. 19. > Pool shutdown, Aug. 23 to Sept. 8.

> Lawn Bowling, 1:30, Mon, Fri. > Tennis, book at clubsparks.ca. > **SA Horseshoes**, 6 pm, Tues/Thurs.

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Ear to the GROUND

Changes and challenge

riday AM will be going out on the 1st and 3rd Fridays (All Month and Mid-month editions) starting October, along with regular online blogposts.



To help turn

this into a fun change, I'm running a contest in October challenging readers to match the toddler with the grownup. So for the next month, send photos of locals as toddlers (baby to five years) and as they look now. There will be prizes.

Please email to fridayam@shaw.ca over the next month.

The above photo is of an old Manitoba buddy, Jimm Simon, at the precise moment of his hatching. Interestingly, > SAS Grad Chris Ollnger will be in the orchestra pit for two operas, a tragedy and a comedy, at the Kelowna Community Theatre August 23 and 24. He was invited to join the Kelowna Opera to perform Pagliacci & Gianni Schicchi as the only clarinetist in the orchestra.

> Ziyba Ibragimova who has done much to assist new immigrants to the Shuswap enjoys a visit from her parents, Saginbay and Gulnara of Ubekistan in Central Asia.





Bravos & BUS

> BRAVO TO six local athletes from Salmon Arm Area competing in the Ironman this weekend in Pentiction. This is the last year it will be in Penticton. After this year it will be moved to Ottawa. > BRAVO TO the young couple at Downtown Subway last Sunday who helped to get my car going after it wouldn't start. They boosted the battery to get me to Lordco for a new one. I will never forget you both. ~ Jean

Web STINGS

> https://voiceoftheshuswap.ca/ podcast-library/#community

A treasure trove of local content and interviews you can listen to anytime. For a half hour interview about Friday AM, go to "Community Voices" in the podcast library.



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COMING & ONGOING EVENTS



by "Party Vibes" Sound entertainment Every Friday at 7 pm, starting Sept. 6. Each week's top singer wins a prize, plus entry into Grand Prize final night November 1st. Sparkling Hills Resort Stay and 2 Silver Star Lift tickets. Bring your friends to vote and cheer you on!

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News broadcasters from Canada in US

U L Ε В Α Н P В 0 C Т G В 0 G 0 S N CXDS T N M HAGTQVTLEXFVRA CHARDGIZBERTJLEVRQQ

> Canadan news broadcasters who relocated to the US: Ali Velshi, Keith Morrison, Peter Jennings, Morley Safer, Robert MacNeil, Kevin Newman, Henry Champ, John Blackstone, Sheila MacVicar, Elizabeth Palmer, Thalia Assuras, Mark Phillips, and John Roberts, Dana Lewis. Dawna Friesen, Richard Gizbert, John MacKenzie, Jeffrey Kofman, Jonathan Mann, Arthur Kent

THIS QUOTE SPACE HOSTED BY Hidden Gems Bookstore, 331 Alexander Street www.hiddengemsbookstore.com

- > "People ask me 'why are you so quiet?" Becaue I am. That's how I function. I don't ask others 'why are you so noisy? Why do you talk so much?' It's rude." ~ Rowan Atkinson / Mr. Bean
- > "Living for others is a rule of nature. We are all born to help each other no matter how difficult it is... Life is good when you are happy, but much better when others are happy because of you." ~ Pope Francis
- > "Between war and hell, war is worse. There are no innocent bystanders in hell." ~ MASH

> When the Rolling Stones were a young relatively unknown band, a man from the audience yelled out, "Get a haircut!" Mick Jagger yelled right back: "Whaa?? An' look like you??"

> Another funny quote by Jagger, maybe not meant to be funny at the time: "You don't expect me to do this when I'm 30, do you?"

> Canadian actor Lorne Greene (born 1915) became like a father to Americans in his role as 'Pa' Ben Cartwright in *Bonanza*. Prior to that he was the voice of Canada as reader of the CBC national news. During World War 2 he had the job of reading the dreaded list of soldiers killed in the war. What was Greene's invention during his years as a news broadcaster in Canada?



Peter Jennings, a Canadian news broadcaster who relocated to the US is step father to what now deceased Canadian actor.

> The late Matthew Perry, formely of Friends

backwards, starting from a given number and counting down to zero. > Oreene invented a stopwatch during his CBC radio days that ran

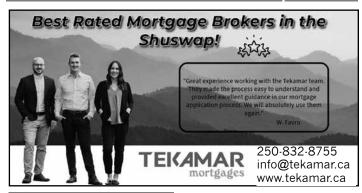
PICTURE THIS





> Cropping makes a big difference. Photo on the right looks quaint, but back away, it is actually a local car wash building.









PICTURE FRAMING. **GALLERY VIEWING BY APPT.**



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Our Counselling Team In Salmon Arm

SHANNON RITCHIE MC, RCC

Shannon specializes in couples and families, clinical supervision. family assessments, and issues of violence. Shannon offers in-person or virtual appointments.

ZAKARY ZARICHNEY MSW, RSW

Zakary's focus is on couples and families, EMDR, trauma, anxiety, depression, addictions, neurodiversity, grief & loss, and family assessments. Zakary offers inperson/virtual appointments.

EMILY BOSTROM MNTCW

Emily specializes in Narrative Therapy and holistic mind / body therapies. She works with individuals and groups. Emily's focus is with anxiety, depression, mental

health, abuse, life transitions, youth, and neurodivergence. She sees people in person ınd onlin





202 - 310 Hudson Ave NE., Salmon Arm, BC VIE 4N2 250-253-5987 / hello@currentscounselling.ca ww.currentscounselling.ca



Friday SAL.MON for you!



> A pod of American white pelicans hang out east of Christmas Island. Photo by Joan Chadwick. See her Facebook page to purchase cards available of foreshore pelicans.

25 Alex': Episode 19 of 32

Serial Story by Shawn L. Bird

hirley John was fast asleep in her recliner when she was jolted awake by maniacal laughter. She grabbed the TV remote and kept hitting the mute button, but the cackle continued. It was a minute before she realized her TV wasn't on. The laughter reverberated through the building.

"Not again!" she muttered.

She flipped the lever to close the recliner and tilt her out. It had been years since creepy noises had caused troubles at 325 Alex. Five years, in fact.

If you didn't include the noise Shirley herself made in her secretive excursions through the building, there hadn't been any alarming noises since the last tenant of #402 had been taken out of the building on a stretcher.

'Cougar!" she called. "Psst, psst, psst!" She looked around the apartment, but the little tawny cat was nowhere. She grabbed the cat treats and opened the door to the hall cautiously, in case any of the students were investigating the awful noise, but their door was tightly shut.

'Cougar!" she hissed and rattled the treats.

An enquiring meow made Shirley look up to the corner of the ceiling where a hole in the acoustic tile was filled with a feline face. Shirley shook the treats again and Cougar leapt to the floor and sauntered into the apartment.

As Cougar ate, Shirley detached the miniature camera mounted on Cougar's collar and connected it to her computer.

The little cat strolled down to the bedroom while Shirley scanned the video of the cat's eye view of the hidden world within the walls and between the floors of 325 Alex Street.

"There you are!" She stopped the video and enlarged the image. She advanced the video slowly, working out how it'd been done. Very clever. Then she scanned ahead until it happened again, and ahead again. She smiled to herself... ☐ Read Episodes 20/21 in the September All Month, Sept. 5



Coffeeshop at Centenoka with a happy blend of German & Chinese

Coffees, Chai Latte, London Fog, Mocha, Espresso • Soups: Won ton, chicken rice • Sushi • Hot dogs

 Pastries - English Muffin, croissant, muffin, cake
 Wraps. sandwiches • B'fasts - Waffles, Egg Benedict • & more



Frank & Ying









> In this image I took three years ago. A photo bombing moth morphs into a tent as it flies over the firefighter camp across from Blackburn Park.

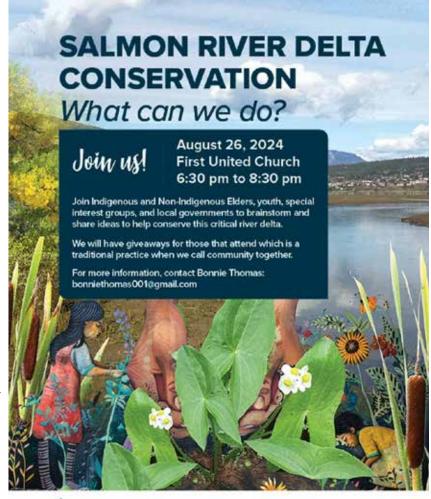
Disheartening

his is disheartening considering what it takes to bring news to my community. I leave boxes of papers outside Hucul printing for Yenny to pick up for her route and someone took one of the boxes with nearly 300 papers and spread them all over the road.

Thankyou Yenny for cleaning up the rain soaked mess and I'm sorry for those who may miss their print copy.

There was no Blind Bay delivery last week and had to thin out usual numbers circulated. Please find your paper at FriAM.ca if you cannot find a print copy.

Now will have to find a safer spot to drop off boxes and may need to give advertisers a discount. A small problem with what others go through, but still.. Life goes on.











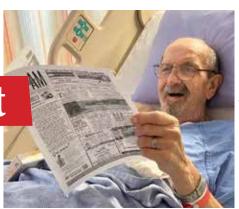




Blog Post

Friday SALMON All Month ARM

August 15, 2024 • 1st posting of day • FriAM.ca



> Wayne with his AM and just one more day left in hospital

Hot mid-August night





- > Painting town red in time for 55 Plus Games. Rogers rink being painted same colour as Askews
- > Terry plays his bandura while waiting in a jam packed Emergency room
- > Grazing cattle are oblivious to a row of patio barbecues
- > Greenest garage in all Salmon Arm





eh?/em!

Aug. 16 AM is out

Blog Post

Friday SALMON All Month ARM

August 17, 2024 • 1st posting of day • FriAM.ca



Lorne Reimer

Not half bad

was afraid to tell anyone, but I was interviewed recently on Voice of the Shuswap about my years doing Friday AM.

After missing hearing its first airing this past Thursday, I managed to listen to it all by myself when it was repeated at noon today.

It was a full half hour of me answering questions and yakking with Jeanette and David. They did a brilliant job editing so that I would not have to walk around town with a bag over my head. If truth be told, I did not sound half bad and would actually be okay buying that guy being interviewed a coffee and donut if it didn't happen to be me.

Anyway, thank you for the opportunity to chat about some of the old stories I've reported on, and my future plans. If the interview comes on again, I may even tell you guys so you can hear it too.



was driving up Auto Road at sunset Saturday when a sign caught my eye at the Pileated Woods trail head: L "Trail System Closed due to dangerous trees". Wow. Seeing as I was out of my car, curiousity got the best of me and I trespassed inside a nearby home under construction. Shhh! I just knew there would be a spectacular view of the bay and indeed there was. See above photo.

Next thing I'm driving down Okanagan, and wouldn't you know, there's my Tuesday afternoon walking buddy, Les Ellenor, on a mosquito-hour stroll. So I joined him for a few blocks down 3rd St. SE. It is truly amazing what you notice when walking instead of driving. See photos below. I only walked with Les a few minutes, but he still managed to impart a few more nuggets of wisdom such as the tree on the bottom right (he spelled out the name twice, but still forgot), plus more details about the meaning of the Stonehenge and how there's rock all the way from Scotland.







August 20 2024 • 1st posting of day • FriAM.ca

Uptown/ Downtown cyclist/ walking route





> Work has started on the 3.5 metre wide Uptown/ Downtown multi-use pathway from 21st St. NE underpass to around the Jackson School underpass. This week's walk with Les Ellenor was a bit of a mission to check this project out. This is a needed link to Downtown area, and it also links

up with new 20th/21st St. bicycle path. I like how Uptown and Downtown is literally how upper and lower Salmon Arm is laid out. Burlington Heights (above) is a narrow plateau that appears to be the half-way point along the route and makes for an indeal resting spot for two old walkers.

WHY I BELIEVE IN PHOTO CROPPING





> The photo on the left looks like it could have been taken in Conneticut, but the building is actually the ornamental upper floor of a local car wash. Yes, photo cropping is a good trick.

