

Festivities The Mall at Piccadilly 11-3,

Art & Film Concerts Theatre Sports 4,5







www.salmonarmnotary.ca







ARM MEDIA EST. 1997

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DROP-OFFS Hucul Printing 471 - 5th St SW **DEADLINES** Wednesday Noon

CIRCULATION All Month (1st Fri) 4,500 Mid-Month (1st Fri) 3,500 FriAM.ca: Worldwide

■ Go to FriAM.ca for **Bonus Blog Post Pages!**

O Friday AM acknowledges covering the Shuswap and sharing the lands on the traditional territory of the Secwepemc peoples.



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Awareness Month

REMEMBER TO BOOK YOUR MAMMOGRAM! 1-800-663-9203 or 1-250-833-3607 (Salmon Arm) Purchase a PINK RIBBON & tie it to the wharf in memory of a loved one affected by Cancer

October 5 is Wear Pink Day! Get a Free Carnation at the Farmers Market October 5 - 9 am to Noon

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Lorne Reimer



I still like to write

The first Friday of next month marks the 30th anniversary of moving to the Shuswap. I left Winnipeg on an unseasonably warm November day and arrived in an useasonably blustery and cold snowstorm here to start working at The Observer

But enough about November.

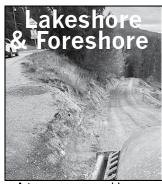
This first Friday AM of October marks the start of the bi-weekly Friday AM, a sweet little nod to the reality that most 72-year-old dudes are retired by now.

This little weekly publication that began in the dead of winter in 1997 will now come out the first and third Fridays as the All Month and the Mid Month Friday AMs.

The mid-month issue will feature colour and be printed on offset press in Vernon like the All Month. Both the old press at Hucul Printing and its operator, Gary Hucul, are now retired, and the digital printer is not so viable for a larger circulation newspaper. I will happily continue my 23-year relationship with Hucul Printing as an office base and the papers will be trimmed there.

I do hope you will come to like this change. I know I will like the extra time to relax more in my remaining years while still enjoying my passion for paper communicating.

And yes, whether you like it or not, regular blogposts will continue as my spirit moves me.



> A temporary road has been built to haul rocks and material to stablize the steep slope along Lakeshore Drive, between 10th and 17th Ave NE, and to widen the road for cyclists and pedestrians. The first stage of the \$741,818 project is projected for completion at the end of October.



> The old bird watching boardwalk and platform off the foreshore trail was demolished for safety reasons. SABNES is hoping to raise \$250,000 for a larger platform with seating capable of hosting school groups and nature enthusiasts. To donate, email transfer to sabnes.org@gmail.com





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Starting All Month: SALMON Mid Month: Friday AM is coming out 1st & 3rd Fridays

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For info & programming voiceoftheshuswap.ca

estivities

- > Wear Pink Day Oct. 5 for Breast Cancer Awareness month / 2
- > **Apple Fest** Oct. 12 at Downtown Farmers Market.
- > Thanksgiving Oct. 14
- > Family Pumpkin Patch Day - 10-4, Oct. 12, Green Acres, 1050 60th St. SW, Gleneden / P.5
- > Loud & Proud celebration Oct. 18-20. Watch for schedule
- > **BC Election -** Sat, Oct. 19
- > **Spooktacular -** 5-8:30, Oct. 19, 20, Haney Village. Family friendly thrills, chills, fun. Tix \$15, age 4 & under free.
- > **Syrian Soiree -** Oct. 26, St. Joseph's. Feast, stories. / **P.2**
- > Halloween Treat Trails
- Downtown, both malls and every neighbourhood in town. Plus parties and dances. Boo!
- > Clocks Fall back Nov. 3
- > Shuswap Dancing with Stars - Nov. 16, Recreation Centre. Info at shuswapstars.ca

Arts

- > **Fantastic Fungi** now to Nov.
- 9, SA Art Gallery. 11 artists and a collaborative project on everything fungi. Talk by fungi expert Mitch Milgram, 6 pm, Oct. 8 and Artist talk, 2 pm, Oct. 17.
- > Cardiff Miller Art Warehouse - 11-5 Fri-Sun, Enderby, former Ashley store. New exhibits
- > **Courtyard Gallery -** Enderby. September artist George Lesniewicz. Open show in October.

oncerts

- > Jazz club Gabriel Vizcaino Quartet, 7 pm, Oct.10, Nexus at First. By donation. New to Salmon Arm, he began his career in Ecuador. Also Bob Rogers, Chris Startup Band, Oct. 24; Jennifer Scott Trio, Nov. 1; Shuhorns, Nov. 14.
- **> Yee Haw -** Scott Woods Band, 7 pm, Oct. 19, First Community. Old time country and fiddle Music.
- > Music of the Night -Concert tour celebrating the music and musicals of Andrew Lloyd Webber, Oct. 29, Song Sparrow Hall. Tickets at eventbrite.ca
- > Souls in Rhythm this month's Dance Party, 7:30, Oct. 25, Song Sparrow Hall. Tix at celebrateshuswap.ca All ages. A funk/soul group that makes you feel the music and really dance.
- > Family Magic Show 5 pm, Oct. 17, Junglemania
- > Hawksley Workman -Nov. 3, Song Sparrow Hall. Tix at rootsandblues.ca (SOLD OUT)

> Good Lovelies - Nov. 9, Song Sparrow Hall. One of nations one of most accomplished and harmonious trios. Tix at songsparrowhall.ca

> Coffeehouse circuit-

- Grindrod, Oct. 4 (1st Fri)
- Carlin, Oct. 5 (1st Sat)
- Sunnybrae, Oct. 12 (2nd Sat)
- •Enderby Sr. Ctr, Oct. 18 (3rd Fri)
- Celista, Oct. 18 (3rd Fri)
- Gleneden, Oct. 19 (3rd Sat)Eagle Bay, Oct. 26 (4th Sat)
- Shuswap Writers, 2-4, Oct. 25, First Community (4th Fri) /**P.5**
- > AC/DC tribute PWR/ UP, Nov. 8, Salmar Classic
- > Kamloops Symphony -Next Salmon Arm concert season "Palestrina, Mozart & Beyond, featuring KSO Chorus, 3 pm, Nov 17, Nexus at First. Tix Kamloopslive.ca or 250-372-5000.
- > James Mullinger comedian Greatest hits tour, 7:30, Nov. 20, Salmar Classic. Tix at trainwreckcomedy.com
- > **Sue Foley -** Mar. 11, Song Sparrow Hall. A blues and finger-picking legend. Tix at rootsandblues.ca (Tickets go fast for concerts at this venue.)

neatre

> Caravan Farm Theatre

- Labyrinth immersive audio experience, Oct. 5 to 25. Horse drawn Halloween, Oct. 26, 27.
- > Shuswap Theatre season - The Mousetrap, Nov. 8-24. Agatha Christie 1952 play is by far, the world's longest running play of all time. Tix brushfire.com/ shuswaptheatre or Choose Refill. Remaining main season: Halfway There, Feb. 21-Mar. 9 The Virgin Trial, Apr. 25 - May 11
- > Directing workshop -Led by Lisa Hobbs, Oct. 4-6. See shuswaptheatre.com

Sports

> Silverbacks, Oct- Nov HOME: 7 pm, Oct. 4 vs. Vernon;

6 pm, Oct. 5 vs. Okotoks; 6 pm, Oct. 12 vs. West Kelowna

7 pm, Oct. 25 vs. Vernon

6 pm, Oct. 26 vs. Trail

6 pm, Nov. 2 vs. Blackfalds

7 pm, Nov. 8 vs. Sherwood Park 6 pm, Nov. 9 vs. Penticton

7 pm, Nov. 22 vs. Penticton

7 pm, Nov. 29 vs. Spruce Grove 6 pm, Nov. 30 vs. Trail

AWAY: Penticton, Oct. 11; Nanaimo, Oct. 16; Victoria, Oct. 17; West Kelowna, Oct. 19; Vernon, Nov. 1; Sherwood Park, Nov. 13; Spruce Grove, Nov. 15; Blackfalds, Nov. 16, Vernon, Nov. 24

> Gravel Ride at Larch Hills, Oct. 6. / P.13

: More sports - P. 13

live & dance

- > Rocktober, Oct. 5, Fundraiser dance for Celista Hall
- > Canooligans, Canoe Octoberfest theme all month Drag show, Oct. 5
- > SA Legion Barn Boys, Oct. 15 Jason Scott's '(Neil) Diamond Forever', Oct. 26 Karaoke Fridays / P.8
- > Song Sparrow Hall Dance Party with Souls in Rhythm, Oct. 25
- > Copper Island Pub Jams with Blind Bay Blues Band, Tuesdays.
- > The Hub, Scotch Creek. Open Mic with Meggs, Sundays.
- > Solid Urban Studio Regular bands Saturdays.
- > Nite Cafe Bad Decisions Comedy Tour, Oct. 9 Sam Singer, Oct. 23
- > Gleneden Hall dance First Saturdays, Returns Oct. 5.
- > Halloween Dance & Party White Lake Hall. Tix \$25. Facebook

at the movies

SALMAR GRAND • salmartheatre.com

- October 4 to 10 Salmar's 75th year
- Joker: Folie à Deux. 1:35 Sat-Sun; 6:30 nightly. While awaiting trial for his crimes and struggling with his dual identity, Arthur/Joker stumbles upon true love. Lady Gaga stars. (14A violence, lang)
- Beetlejuice Beetlejuice. 1:30 Sat, Sun; 640 nightly. After an unexpected family tragedy, three generations of Deetz family return home, and the mischievous and mahem begin (14A gory scenes)
- The Wild Robot. 1:45 Sat, Sun; 6:30 nightly. A shipwrecked robot must adapt to harsh surroundings, gradually building relationships with the animals on the island. (G viol. may frighten children)
- My Old Ass. 6:50 nightly. An A free-spirited teen's 18th birthday mushroom trip brings her face-to-face with her wisecracking 39-year-old self. She has to rethink everything about family, love, and what's becoming a transformative summer. (14A coarse lang)
- >SALMAR CLASSÍC
- Film Society shuswapfilm.net
- Sing Sing (US), Oct. 5. Story of 'Rehabilitation

- by Arts' program at an American maximum security prison. (14A)
- Fancy Dance (US), 5:00, Oct. 12. Story of a young indigenous woman and her commitments to family, caring for a niece, searching for a missing sister and preparing for a Oklahoma State Pow Wow. (PG)
- Ghostlight (US), 5:00, Oct. 19. A construction worker struggling with pressures joins community theatre group. A real-life acting family. (PG)
- Cottontail (UK/Japan), 5:00, Oct. 26. Father and son receive an unexpected letter from beyond the grave, requesting to scatter ashes at the place deceased wife and mother loved as a child Lake Windemere in England. (PG)
- REEL WEEKEND FESTIVAL, Nov. 1 to 3 Bookworm Three Musketeers Milady Outrun Nov. 9 to Dec. 7: Didi Widow Clicquot Lee
- LIVE from N.Y. MET / P.7

Rumours • The Tasting

- Offenbach's 'Les Contes d'Hoffman' (The Tales of Hoffman), 9:55 am, Oct. 5.
- Tesori's 'Grounded', 9:55 am, Oct. 19

city lights

▶ vernon · Details at ticketseller.ca
 The Gambler meets The King, Oct. 4
 Pharis & Jason Romero, Oct. 5
 Ghost Tours at O'Keefe, Oct. 9 to 19
 John Byrne's Lightfoot tribute, Oct. 9
 Invisible Agents of Ungentemanly Warfare, Oct. 11 · Matthew Good, Oct. 12
 Trio Tangere, Oct. 16 · Brent Butt, Oct.17
 Katie & Humphries comedy, Oct. 18

Zaniac Comedy show, Oct. 19
Okanagan Symphony 'Holst & Mozart', Oct. 20

Forest Blakk, Oct. 22 Victorian Halloween, Oct. 25, Caetani House

Daihm - Highland music, Oct. 30 Dawson Gray, Oct. 26 · Social Tango, Oct. 28 Daihm - Highland music, Oct. 30

▶ penticton • Motocross world tour, Nov. 30

kelowna

Evanscence, Oct. 15 • Jordan Davis, Oct. 19 Rocky Horror Show, Oct. 10

Vancouver

Hans Zimmer, Oct. 6 • Taylor Swift, Dec. 6-8

Bruce Springsteen, Nov.22

Secret cache of gold

n intriguing piece of BC history involving adventure, greed and tragedy was revisited by the authors of the best selling

classic, Slumach's Gold: In Search of a Legend and a Curse.

Co-authors Brian Antonson, Rick Antonson and Mary Trainer have released a newly expanded edition of the 52-year-old best selling classic.

MKIIE ON! Kay McCracken

Two of the authors will be at Bookingham for a book signing event from 11 to 3, Saturday, Oct. 19.

For more than 130 years, people have been cap-

tivated by the story of a secret cache of gold with nuggets "the size of walnuts," supposedly buried near Pitt Lake. Knowledge of its exact whereabouts died with Slumach, a Katzie Nation man executed for murder in 1891.

Slumach, according to rumours that spread like wildfire in the years following his death, placed a curse on the hidden motherlode to protect it from interlopers and trespassers.



> The authors in 1972 and 2024

Countless prospectors, adventurers, amateur sleuths and history buffs have attempted to find Slumach's gold over the years. The authors diligently sifted through history and myth, separating fact from fiction, while leaving the legend intact—along with the promise of gold yet to be found.

The authors published several books between them. Rick Antonson, who will be at Bookingham, recently wrote a book on the Rocky Mountaineer.

The **Shuswap Association of Writers AGM** takes place 1:30, Oct. 6 at Okanagan College. Refreshments and entertainment will follow the business portion featuring Sicamous country singer Joanne Stacey and Matthew Henneghan, author and winner of the Fiction prize, Askew's Word on the Lake Writing Contest.

See you at the monthly Writers Coffeehouse, 2 to 4 pm, October 25 at First Community (4th St. SW entrance).

The Woven Words Sisterhood, led by Lindsay Fray, is planning a **Lit-Con** in Enderby Nov. 16. This "bibliophile bonanza" aims to celebrate authors, writers and bookish creators while bridging the gap between local talent and readers who have yet to discover them. Watch for details.

• Kay McCracken is an author and dedicated promoter of the thriving Shuswap writing community.



> Families are invited to bring a picnic lunches to Pumpkin Patch Day, happening 10 to 4, Saturday, Oct.12 at Green Acres (1050 60th St. SW, Gleneden) Choose a special pumpkin for Thanksgiving and Halloween from little to 150 pounds and from Capt. Jack to Renegade to Touch of Autumn to Atlantic Giants. There will also be lawn games, photos and lots of space to run and play. Recommended donation \$5 to \$15, with proceeds going to Second Harvest. Catherine Parsons weighs pumpkin



ou're Invited

> **SA council**, 2:30, Oct. 15, 28 • **CSRD**, 9:30 am, Oct. 17 • **SD83**, 6 pm, Sept. Oct. 15.

> **Peace n' Pizza**, 5:30, Oct. 18, First Community. (3rd Fridays, by donation). Building Humanity through story-telling and listening. Fireside speaker TBA.

> Seniors Tin Cup Rally, 10:45 am, Oct. 5, 2590 Trans Canada (near Provincial Lab). Rally to raise awareness and rally the government to raise minimum pensions to at least the poverty line of \$25,200. There are 28 per cent of senior women live in poverty. This is an apolitical rally, no Canadian flags, or other anti-government t-shirts or signage please. www.seniorstincup.org

> Grandmothers to Grandmothers two-day sale, Oct. 4, 5, Piccadilly Mall.

> Mt. Ida Cemetery Tour/ cancelled for this year.

> Fall Book Sale, hosted by Shuswap Lake Health-Care Auxiliary, Oct. 4, 5, Piccadilly Mall by library. Donations of gently used books gratefully accepted Oct. 4. Auxiliary, meets 1:30, 3rd Tuesdays at hospital. Friends of Library book sale, Oct. 18, 19

> Fall-themed Pet photos, 11-3, Oct. 5, Healthy Spot on 10th Ave. SW across from Piccadilly Mall. By donation to Shuswap BC SPCA. Book at spot at 250.832.1966. Free goodie bags for pets. Volunteer photographer Henry Schnell.

> **Drawing for kids** (ages 5-8), led by artist Peter Joch, 4:30, Oct. 3 to 24, SA Art Centre. \$25 drop-in or \$80 total, supplies incl. peter.joch@gmail.com

> **Diversity Night,** Tell your story, hosted by NDP, 6:30, Oct. 9, 240 Shuswap.

> Free Lunches, 11 to 1, Wednesdays, First Community on Okanagan ave.

>Farmer's Market, Saturday mornings, Ross Street plaza.

> Notch Hill Fall Harvest Market, 10-3, Oct. 5, Notch Hill Hall.

> Meditation Midweek Downtown - 7-8 pm, Thursdays, 450 Okanagan Ave SE, (United Church off 4th St. SE).

> Shuswap Garden Club, 7 pm, 4th Tuesdays, 5th Ave. Centre.

> Lil Monsters BooBash, Oct. 29, irst Community

> Halloween Mask Making workshop, Oct. 5, 6. Led by Melissa Nasby. Register at soulfibre.art/retreats

> Native Gauntlet Workshop, 12-2, Oct. 6, 13, 20, Red Barn Arts Centre. \$75.

> She Wolf Women's Empowerment summit, Jan. 11, Splatsin. eventbrite.com

> **SA Toastmasters**, 7 pm, Thursdays, 5th Ave Centre. Lorraine 514-898-1776.

> **Purpose of Life**: from Baha'i Perspective , 1-2, Oct. 12, Picadilly Mall (across from office). Stewart 250-804-8657.





COMMUNITY

> Traffic came to a complete standstill in both directions when this truck broke down at the 4th St. NE corner.



ELECTION SEASON

The calendar has turned again, and it feels like we are comfortably in the autumn season.

I love this time of year. Fresh cool air in the morning, the leaves

are changing colour and, though shorter days, it seems the star are brighter. Hard not to enjoy!

Fall typically is the time of year that the serenity and peace we should be enjoying gets interrupted by the chaos and noise of elections. This year is the same. Though we don't have a municipal election on the horizon, we do have a provincial election, the pending US election and even the possibility of a federal election on the horizon, or at least a lot of posturing in that regard.

As I wrote two years ago in the lead up to our municipal election, it is very important that voters take the time to research candidates. Don't simply rely on news sources, mainstream and otherwise, that often come with significant bias.

So do the research. Look at candidates' ads and try to read between the lines. If they have a website, check it out. Read the interviews in the newspaper or maybe give them a call and find out what they are about.

One of the biggest issues today is that we have access to an incredible amount of information and yet we seem more unin-

ARKEY

Daron Mayes

formed than ever. We are more interested in being entertained or being swayed by personality instead of policy and substance.

Remember it is the

Remember it is the policy that affects our

day to day a whole lot more than what a person looks like on TV.

Also, if you can find out why they are running. Is it to collect a pay cheque? Is it because they have an axe to grind? Or do they have a vision to use your money wisely and help generate more jobs and opportunities for families and retirees alike. What is their view on the role of government. Do they think money grows on trees and that there is an endless supply? Do they think it is the government's job to do everything for you and tell you what to do? Or to quote JFK, is their attitude towards our country, province or town more of a "Ask not what your country can do for you – ask what you can do for our country."

A lot of things to consider, but our world seems to be lacking real leadership so it is important to look under the hood and take an interest in who will represent you.

If they don't realize they represent you (voter/taxpayer), that is a real concern. So do your homework and get out and vote.

☐ Daron Mayes is an investment advisor at Centenoka Mall His column runs monthly in the All Month edition.



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READING ROOM

by Elisha Ramstad, public services librarian, SA Branch

October at the library

atumn has arrived, along with the beginning of cozy season, where we return to our crafts and hobbies, and look for activities and routines to add to our schedules. Look no further than your local library branch. We have monthly events for all ages.

To start off the cozy craft season on the right foot, the Salmon Arm branch is hosting a **Craft & Art Supply Swap/ Drop-Off**. Do you have a closet full of craft materials that you're never going to use, or do you want to try something new, but don't want to invest in new supplies? Join in the Craft & Art Supply Swap. Drop off items you'd like to donate until Oct. 4. The swap will be on Oct. 5, with "early bird" access from 10 to 11 am for those with early-bird tickets, and general access from 11 to 2 (or until all items are claimed).

Make sure to partake in the drop-in **Discover Black-Out Poetry** passive event from now until Oct. 5. With National Poetry Day Oct. 3, we are celebrating the entire week by learning how to create Black-Out Poetry, a fun and creative activity that anyone can do. This is an informal, undirected, DIY program for adults to work on casually within the library.

The **Friends of the Library book sale** will be Oct. 18 and 19 in the mall outside the library entrance and inside the library meeting room. Support your local branches and discover great books for all ages. We appreciate book donations from the public of gently used materials. We gratefully accept novels (hardcover and softcover), CDs and DVDs, nonfiction books, with the exceptions of encyclopaedia sets and textbooks, medical/health, law/legal, computer or travel guides more than five years old. If you have more than one box of books to donate, call ahead (250-832-6161) to ensure we have space.

Let's celebrate bats! It's the perfect time of year to counter bat myths and do something to help bats by taking part in **International Bat Week** (Oct. 24 to 31). Join Anna Skurikhina from the BC Community Bat Program for an informative talk about bats. This event is intended for adults from 6 to 7:30 pm, Oct. 29.

Finally, don't forget to bring your little trick or treaters to the Salmon Arm library for the **Halloween Treat Trail** from 3-5 pm, Oct. 31 to show off costumes and collect sweet treats!

000

SOUTH SHUSWAP BRANCH

- Children's programs Stay & Play. Puzzles, board games, LEGO, KEVA planks and colouring always available Mother Goose lively hour of songs, rhymes, fingerplays, light snack, Fridays, 10:15 am. PJ Story Time. ages 0-5 and caregivers. Family drop-In, 6 pm Oct.29, Nov. 26
- Adult programs Puzzle Exchange. Bring one take one. Garden Club, 10:15 am 2nd Tues, featuring seed library. Page Turners Book Club, 1 pm, 1st Thurs. Must register Knitting Circle. 10:15, 1st/ 3rd Fri. Herb Club. Love foraging? Drop in 10:15, 1st Sat. and meet likeminded people. Writer's Nook, 1 pm, 2nd/ 4th Tues Readers' Theatre. Group reading a narrative aloud 1 pm, 1st Tues. Guided Meditation Circle, library is closed to public 9:30, Oct. 8, 22, Nov.5, 19, Dec. 3, 17.
- Visit by **L. E. Wagensveld**, author of *Haunted*. Something odd is happening at the Hideaway Hotel, 11 am to noon, Oct. 5
- Learn to Needle-Felt! Learn to needle-felt with autumn-theme. Reg. required, 2:30, Oct. 25 LASS Cyber Seniors Computer Tutoring. Sierre 250-463-4555 or info@shuswapliteracy.ca
- Friends of the Library Book Sale, Oct. 18, 19, Salmon Arm branch. We appreciate book donations from the public of gently used materials. If you have more than one box of books to donate, contact Trudy at trudy.vercholuk@gmail.com or 250-675-4818. Membership with Friends of the Library is only \$5 a year. ■

THAT'S 'AMORE'

wenty-four years ago, Carlo and Leslie Guerrini walked into Community Futures armed with Bolognese and an offering of a Culinary experience.

After the lucky lunch recipients had finished twirling their fork on their spoon and listened to what Carlo and Leslie wanted to create, they found their food and their ideas to be squisito (exquisite) and an Italian restaurant in Salmon

Arm was born. Flashing forward, after a name change from what was once the Prima Vera we now have Andiamo located at 260 Ross Street. Andiamo in

Italian means an > Carlos sings an aria to an emphatic "Let's appreciative diner, years back. go!" which was

most likely the thoughts of a very young Carlo, who with a song in his heart and recipes dancing in his head, boarded a plane from Italy at the very young age of 16 to come to North America.

Time went on, a family was made with the love of his life, Leslie, where they created another love which was a restaurant in Vancouver called 'That's Amore'.

Leslie recounts a very small Jessica who at the age of three would hop about the restaurant and chat at the guests. No doubt this young budding restauranteur would eventually

Sicamous CAO

Darrell Garceau, who has served as interim CAO for Sicamous since July, will be officially appointed to continue full time on that position at the October 9 regular meeting.





take the helm and carry on the family tradition and share her father's love of music and food.

Carlo, also known as the singing Chef has hung up his beautiful tenor voice which would entertain the patrons and bring tears to their eyes with

his heartfelt arias.

Carlo had a way of singing to people literally and figuratively. He would engage their food engaged their culinary

walk about and hearts while his senses.

Jessica carries on the tradition of music at Andiamo with live entertainment Thursday to Saturday evening.

Just recently Jessica has opened for lunch with a menu that could only be described as "Ottimo!" (Excellent and very tasty). It goes from Thursday to Saturday 11:30am to 2pm.

Give them a call to make a reservation for dinner 250-832-9949 and maybe if you are really lucky, as Carlo told me, if he is there he will sing an Aria. Now that's amore. ■ ☐ Frances Simpson reviews another local eatery each month in the All Month issue.



Terry Greenhough



PICTURE FRAMING. **GALLERY VIEWING BY APPT.**

Opera of old love and modern war

repare to step into the magical world of opera as the Salmar Classic presents eight operas for 2024-25 season of "The Met: HD Live'. These include a new work and some of the most enduring and popular works by Puccini, Verdi, Beethoven, Mozart, Strauss and Rossini. They are stories of high drama and comedy along with true and thwarted love.

Gabriele Klein

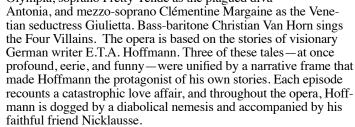
The purpose of opera is to make the audience feel something—to laugh or cry or anything. Some say that opera has the most power to create empathy.

Thanks to the Salmar for continuing to bring opera directly

from New York to Salmon Arm. This musical amenity certainly lives up to our city's brand as a 'Small City: Big Ideas.'

October offers two very different operas at Salmar Classic, starting with "Les Contes d'Hoffmann" by Jacques Offenbach at 9:55 am, October 5.

Offenbach's fantastical final work is headlined by tenor Benjamin Bernheim in the title role of the tormented poet. Hoffmann's trio of lovers are sung by soprano Erin Morley as the mechanical doll Olympia, soprano Pretty Yende as the plagued diva



The second opera, "Grounded" will be shown, 9:55 am, Oct. 19. Two-time Tony Award–winning composer Jeanine Tesori's powerful new opera "Grounded", is based on librettist George Brant's acclaimed play. It wrestles with the ethical quandaries and psychological toll of 21st-century warfare, set in the recent past and reflecting the contemporary phenomenon of remote warfare.

Mezzo-soprano Emily D'Angelo portrays a hot-shot fighter pilot whose unplanned pregnancy takes her out of the cockpit and lands her in Las Vegas, operating a Reaper drone halfway around the world. As she struggles to adjust to this new way of doing battle, she fights to maintain her sanity, and her soul, as she is called to rain down death by remote control.

Michael Mayer's high-tech staging uses a vast array of LED screens, to present a variety of perspectives on the action. A look at world events shows that this is a very timely opera!

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Savings Account	2.35%	No Change
90-Day Cashable	3.40%	Down 0.05%
1 year	4.10%	Down 0.04%
2 years	3.80%	Down 0.05%
3 years	3.77%	Down 0.10%
4 years	3.65%	No Change

* GIC rates as of Oct. 1, 2024, subject to change without notice Certain minimums and conditions may apply

3.60%



Daron Mayes, BBA, CPA, CA, CFP Investment Funds Advisor

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5 years



WEEK

No Change

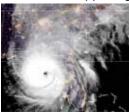


Sat, October 19 at Nexus at First First Community, 450 Okanagan SE For tickets call the Scott Woods Band office toll free 1-855-726-8896 or online at www.scottwoods.ca



> After the 15th straight month of record high global temperatures and climate intensified disasters like Hurricane Helene happening

that very day, citizens joined others across the world to call for climate action.



NOAA/NWS Hurricane Center



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COMING & ONGOING EVENTS

7:30, Saturday, Oct. 5





7:30, Saturday, Oct. 26, Doors open 7:30 • No minors Tix \$30 • Purchase at Legion Ask about optional \$20 Griller's Meats Baron of Beef dinner

from 1 to 7 GRILLERS BURGER N' BEER WITH CHIPS .. ONLY \$12



By PARTY VIBES Sound Entertainment

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FROM 1 to 3 GRILLERS MEAT DRAWS 50/50 DRAW



150 Lakeshore Dr. NW • salmonarmlegion.ca Book Functions at 250.832-3687

'325 Alex': Episode 24

Serial Story by Shawn L. Bird

"His name was Mr. Moreno," Susanne said, wishing she had a more comfortable chair. "He had already abeen here a few years when I moved in. He was

quiet and kept to himself, but he always said hello when we met in the halls. He didn't deserve what happened to him. No one deserves to be shredded like that."

"Shredded?" said Chris.
"What do you mean by that?"
There was a knock at the door.
Henry went to answer it and returned with Dimity and Mabel.

"We want to know, too." Chris scowled at them, "It's

probably better if you don't."

"We live here, too," said Mabel. "We deserve the

we live here, too, said Mabel. "We deserve the truth."

"Folks don't always get what they deserve "said."

"Folks don't always get what they deserve," said Henry. "Susanne was just telling us that." Susanne rolled her eyes. "Let them hear. Knowledge is power."

"Unless it gives you nightmares," muttered Chris. "You don't have to live with them."

"Oh hush," said Dimity. "Go on, Susanne."

"Mr. Moreno was nice enough, but there was something weird about his apartment. When he'd been in or out, an awful smell hovered on the landing."

"Awful like skunky?"

"Not pot. Pungent. Like the world's worst litter box or something. It was just really gross."

"Hmm," said Henry, glancing to the corner near the bathroom where Artemis's covered litter box was camouflaged under a table.

"And there were stange noises," said Susanne.
"Loud. Kinda like a motorcycle revving, but higher pitched. Sometimes rumbly, almost like thunder."

"And then one day, I came home from work at the hospital, and I found Mr. Moreno lying in the hallway, bleeding. His door was shut, but those noises were loud. And something was thudding against the door."

"I called the ambulance and stayed with him until they came.

"They took him away, but the police came to ask me what happened, because his injuries were so strange, they went inside his apartment, but I wasn't home then. Then the press came. When my parents saw me on the news, they took me back to Kelowna. By the time I came back, no one said anything. I never saw Mr. Moreno again."

"And nobody talked about it?" asked Mabel, incredulously. "This is Salmon Arm!"

"When I came back the news was all about fire evacuations," shrugged Susanne.

"And wildlife sightings," added Henry, "because of the fires. There were deer, bear and even cougars sighted everywhere that year.".

 \square Reprint of Episodes 22, 23 on the bonus pages at FriAM.ca of this edition.

☐ Books by Shawn Bird include Murdering Mr. Edwards, Small Shift, Life in Laketon series, Nikki Knox series, After# series, 5 Minute Read series

elections. bc.ca VOTING

In person: > Electoral office, Downtown Activity Centre, 451 Shuswap SW Voting now until 4pm election day > Advance Oct. 10-13,

15-16 (8-8) > Voting Day 8-8, Oct. 19

> Where: Dist. Electoral office (above)

HALLS 5th Av. 55+ Gathering Pl. Gleneden Grindrod Silver Creek White Lake Eagle Bay Grandview Sorrento Notch Hill Shu.Lk.Est. Sunnybrae Sicamous

SCHOOLS Ranchero North Canoe Malakwa

Catholic

By mail: 1-800-661-8683 or elections. bc.ca/votebymail

Forums > Virtual & SA Chamber forums already took place on Oct. 2 & 3.



Sylvia Lindgren, NDP • sylvialindren.bcndp.ca

My priorities include protecting public services, increasing affordable housing supply and enhancing supports for those facing mental health and/or addiction challenges. The NDP government has been investing in hospitals, training healthcare professionals, building up supported housing supply, opening new treatment beds, and bringing rentals back on the market. I am committed to balancing these priorities with climate action. We can't afford to go back to the underfunded services....I am serving my second term on Salmon Arm council and have worked on improving public safety, local housing supply and active transportation routes. As 6-year chair to the Environmental Advisory Committee, I have introduced and worked on changes to plastic waste, water protection, a reduction in corporate GHG emissions, preservation of the local tree canopy. housing supply and the use of pesticides. Lived here since 1994 where husband and I raised three kids and enjoy three grandchldren. We enjoy camping, sailing and our VW van. Served more than 40 years in healthcare and education. I am a longtime union member and served as president of CUPE local 523 for 5 years.



Greg McCune, Independent • VoteGregMcCune.ca • #VoteGregMcCune#

Growing up in the family business (of Sutherland's Bakery) gave me the opportunity to deeply connect with customers and the Shuswap community. Daily conversations helped build a strong understanding of the needs and challenges the community faced... Historically, this Riding has seen around 15,000 votes go to the center-right candidate. When Kevin Falcon dissolved BC United Party, many in the riding felt their voices were silenced and were uncertain about who to support. After an overwhelming outpouring of support and encouragement from the community, I decided to run as an Independent and focus on all things Shuswap while echoing the Riding's voice in Victoria. ... My leadership style involves listening closely to the community and out-of-box thinking to balance and address the diverse needs."

> McCune lived in Enderby 49 year and began working in his father's business at a young age, purchasing it in 2010. A father of three children, he served as Enderby councillor for 17 years, and Mayor eight years, dedicating his community service to representing the interests of residents and businesses. He said he hopes to apply his success in finding creative and transformative solutions for Enderby into the Riding



Sherry Roy, Independent • sherryroy.com

(It is time to) vote for fresh voices who have never been elected and have not submitted to the system. Vote for independents who have a track record of speaking the Truth (sic) and are wanting to do what is right for our communities... I've always been a connector and collaborator, holding several large community events at my home where hundreds gathered, most recently coordinating five Town Halls where citizen discussed issues and solutions to get BC back on a better track. While City Council Members and MLAs were invited to attend; none showed up! ... The last four years have shown me that we must get back to bringing the people's voice to the BC legislature.

> Background in social work, family court and family counselling, mediation, certified holistic health coach. Has led protests against SOGI and Drag events and organized meetings featuring controversial speakers challenging public health policies and pandemic mandates.



Led Wiebe, Green • jedwiebe4mla.com • bcgreens2024.ca

As co-owner of an organic elderberry farm, my commitment to sustainability drives everything I do. We can build a sustainable economy by creating affordable housing, supporting local businesses and ensuring families, seniors and young people thrive. We need to protect forests, watersheds and wildlife through community-led conservation. I will work to champion proposed Biodiversity and Ecosystem Health Law; act on climate change by ending oil and gas subsidies, protect old-growth forests; and invest in clean energy projects that create green jobs and safeguard our environment for the future. I'm committed to strengthening democracy with proportional representation by voting for candidates and ideas people truly believe in. We can improve healthcare access through Community Health Centres and create a fair tax system that ensures wealthy pay their share, reducing burden on working families and small businesses. > Life-long resident, Organic farmer; University degree; experience in silviculture, worke with Neighbours United, passionate advocate for sustainable agriculture, biodiversity and ecosystem health



David Williams, BC Conservative • conservativebc.ca/davidwilliams

"We have seen many changes over the years with our region having limitless potential, but it is imperative that it remains a special place to live. Each community within the riding has unique issues, but affordability, healthcare and education have the greatest impact on our daily lives. I advocate for common-sense policies that resonate with the core values of residents, including government transparency, fair taxation, reduced wasteful spending, easing burdens on farmers and businesses, as well as justice reform. David believes in the importance of action and foresight, striving for policies that promote a positive future for all... Representation is about effective, thoughtful leadership that is accessible and accountable and brings tangible, positive changes'

> Longtime resident • Small business owner in HVAC industry. Also residential and commercial real estate involving property tax assessment, currently in loss control, providing high-value residential and farm appraisals for insurance industry. Has been a board director for non-profit organizations, coached local sports and held appointments with Regional District and Property Assessment Appeal Panel.

Another day to remember

oday as I sit here attempting to write my column I am wearing my orange T-shirt and am so aware of the significance of this day. This day has been a long time coming and a lot of tears have been shed in the process.



I know the story behind the orange shirt and wear it with pride. I am well aware of the struggles of the aboriginal people to get to this point, but am well aware of the struggles ahead to reach a full and comprehensive understanding of what the recognition of indigenous issues are all about.

I grew up in southern Ontario and did not know about "Residential Schools" until I moved to BC in 1970. My grandmother lived on the Tyendenaga reserve in Deseronto. I had several cousins who I played with on the reserve and also in Oshawa where some of them lived. They did not go to residential school and I was never aware of any issues between whites and the indigenous population. I was very proud of my native heritage and jokingly referred to myself as a "scotch Indian".

When my family and I moved to Kamloops, there, in glaring contrast, was the very large and imposing residential school. I quickly found out what it was all about and was confused by the attitude of the general population toward the native people.

It is comforting now to see attitudes changing and recognizing the native people for who and what they are – a strong, resilient and beautiful people.

Now about the "other" Day. From 1870 until some time

in the 1940's in Great Britain over 100,000 poor, orphaned and street kids were gathered up and placed under the care of the "Bernardo home for Orphans'.

" Dr. Bernardo had a contract with the Canadian government to supply desperately needed farm workers for the fast expanding immigrant population that was acquiring land and starting farms all over Canada. Britain had a "street kid" problem.

These children, some as young as ten, were shipped to Canada to serve as indentured slaves. They became farm boys and the girls, household servants and farm workers. These children were not allowed contact with other siblings or family in the old country. They were forced into labour until 18 when they were dumped from the program and had to fend for themselves without money or support.

Many were abused as you might imagine and grew up not knowing the comfort and love of a real family. They never learned parenting skills and as a result they too had issues when, finally, they had their own family.

September 30 was National Truth and Reconciliation Day, but two days earlier was "British Home Children Day" and few people even know about this day.

My wife's mother was one of these children. These children were taken from their families and never saw them again. They too were abused and did not receive a proper education and were treated as "second class".

I hope eventually these people and their struggles will be recognized and we can all remember these "two" special days. ■

☐ Ed Campbell keeps himself quite busy in his retirement, and has many tales to tell over the years.

Best goal of all

Editor's notes:

noticed an earlier post of mine offering condolences to the family of Brody Solbakken drew a remarkable response. At last count, a total of over 930 people reacted with emojis, plus 190 comments, after posting on my two pages and the "Shuswap"

Everything Friendly" page.

Brody, a young man of 30, was not a leader, but worked an everyday job at Save On Foods - always with a smile, friendly spirit and dedication.

This all reminds me of my Uncle Arvid and godfather who passed away 10 years ago this year. After the historic Eaton's warehouse closed down in Winnipeg, my uncle found a job at an elementary school as custodian.

He was a quiet and friendly man who grew to be loved by everyone at that school. So much so that when it came time to retire, he was given the biggest retirement party of anyone who passed through that school - and that includes teachers and principals. Even the *St. Vital Lance* was there to cover it.

I'm not sure what the message is here. Perhaps it's that simply being a good and kind person is a big deal that touches many. There are countless lofty goals to strive for in this world, but that is the best goal. ■

Bus stop added

> It's been a long time coming. Shoppers' Shuttle now stops at Westgate Market







City FIXINGS



> This destruction of a bus shelter happened on 3rd St. SW; the shelter below is on 5th St. SW on the other side of Centenoka Mall. Perhaps bus shelters should be further off the street, or at least there should be guard posts.



Bravos & BOOS

> BRAVO TO the Repair Cafe that connects folks' broken stuff with handy folks who can fix them. Next one is Oct 26 at Makerspace Contributed:

> BOO TO the person in a white truck who stole the orange shirts and hangers off the Dinoflex fence. The industrial park business always displays orange shirts on its fence in recognition of Truth and Reconciliation day.



Truth & Reconciliation

as I write this. Just home from another very moving gathering at the Salmon Arm Arts Centre to mark both National Truth and Reconciliation Day and

nother thering m Arts orth

NOTES

Louise Wallace Richmond

Orange Shirt Day. I am grateful to our cultural sector for their leadership in continuing to create community space for gathering, discussion and healing.

I am on a journey of truth and reconciliation as many of us are, I hope, and here's why.

I am a product of the catholic school system. In retrospect, I suspect it's no surprise I was woefully unaware of the fully entrenched residential school system operating parallel to my own education. In my case, other than what I would call "gentle catechism" messages such as "love each other" and "treat others the way you want to be treated", it was mostly a secular curriculum. At least that was my recollection.

As an adult, when I first began to hear the horrors of residential school, I admit it was difficult to come to terms with. In June of 2021 - when the revelations from the Kamloops residential school broke - something broke in me.

How could the same people, the same system who cared for me as a child have been so cruel

Truth needed

to children of my age solely because they were Indigenous? Not just anywhere, but in the very

parish where I now lived and was granted permission to baptize my own children? How?

I think it's called selective memory, where you choose to keep what you want to remember and discard the rest. I did that. So distressed was I in the days after the revelation, I went looking for my old school notebooks. And there it was, in plain sight, the subtle and consistent messaging that the other was to be feared.

While families were being robbed of their children and children were being stripped of their culture, my history lessons referenced, on regular occasion - the dangers of "les sauvages" - for whom the church was here to save. They made us draw pictures.

They made me fearful of the very people who welcomed us as settlers centuries ago.

This past May, I visited the Kamloops Residential School. It was haunting to

be in those spaces where children were denied the love of their own families, nutritious meals, the basic comforts of life and subjected instead to cruel working conditions, virtual starvation, corporal punishment and devastating isolation and loneliness. For what, I ask you. For what? Who would fear an innocent child? Who?

And so today, when I was asked to offer remarks on behalf of our city at the gathering to mark Truth and Reconciliation Day, here's what I tried to convey.

In the spirit of humility, we must acknowledge the wrongs and injustices of the past. The journey forward requires the truth. In the spirit of kindness, we must hold space for the victims, their loss and their trauma. The journey forward demands compassion. In the spirit of leadership, we must acknowledge our shared role in building a society of fairness, inclusion and acceptance. The journey forward requires bravery. In the spirit of determination, we must condemn all forms of discrimination, rac-

ism, and denialism, Our journey forwards must reject hate.

Our journey forward towards

truth and reconciliation needs you, needs all of us.

to journey

forward.

Whatever your path, whatever your journey, always leave room for the path of others, with humility, kindness, leadership and determination. It's not up to anyone else, it's up to each of us.

The Honourable Justice Murray Sinclair, Chair of the Truth and Reconciliation Commission's message rings more loudly as each year passes. "We have described for you a mountain, we have shown you the path to the top. We call upon you to do the climbing."

I hope to meet you on that journey. ■

☐ Louise Wallace-Richmond is a city councillor and regular columnist in the All Month issue.

Soiree for Syrian child seeking surgery

broad coalition of churches, community groups, food producers and local Syrians are organizing a Syrian Soiree to assist a Syrian refugee family of five to come to Canada One organizer, Dr. Brian Ayotte, said a doctor at Vancouver

Children's Hospital - a refugee himself - has agreed to perform a much need surgery on one of the Shekhmous family's sons.

The event at St. Joseph's hall Oct. 26 will feature Syrian cuisine, music, and storytelling. The family that is related to a local Syrian family, are now in the Kurdish region of Iraq. Tickets are \$65 and available at the church. (tax receipts available for further donations.





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GARAGE SALES

Family Garage Sale - 9-4, Friday, Oct. 4 and Saturday, Oct. 5. Electric wheelchair & ramp, some heritage jewellery & items, plus miscellaneous.

#3 - 1341 30th St. NE, Salmon Arm.

ESTATE & MOVING SALE 5090 50A St. NE

9-5, Friday, Saturday, Sunday Sept. 20, 21, 22, 27, 28, 29 Watch for balloons High end Restaurant equipment & Home furniture Trailers · SUV · Antiques · Coca Cola Collector items

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Bringing community together All Month & Mid Month

Thinking of a relaxing vacation in the sun? I have a spacious 2 floor condominium for rent in Bucerias, Mexico, a short taxi-ride from the airport in Puerto Vallarta. It is on top of the Hotel La Posada de Bucerias. For more info e-mail me at benson.geoff137@gmail.com. If you need a smaller place, consider booking at this beautiful boutique hotel which is secure, well situated and especially Canadian friendly. Each unit has cooking facilities, so you can save on meals out. Info at https://www.besthotel.pt/mx/hotel-posada-bucerias

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- Continued from P.5 > Free Application Night, 4:30-6:30, Oct. 10, Salmon Arm Okanagan College. Representatives will be available to walk students through and explain programs, scholarships and services. Draw for \$500 tuition voucher.
- > Enderby Strummers acoustic strummers at all levels 1 to 3, Wednesday at Enderby Arts Center. Bring music stand, \$3 drop in and a smile:)





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High +15 to +19 Oct. 4 weekend. Sunny Saturday, cloudy Sunday. Low +4 to +9

Normal: +15C to +4C Sunrise 6:59 • Sunset 6:33

Past Temps, Sept. 21 to Oct. 1 By weather reporter Nick Parsons ŚW Gleneden, 458 m (119 m above lake):

HIGH	LOW	PRECIP.
22	10	
19	8	1/16" rn
18	9	1/8" rn
17	3	
	22 19 18	22 10 19 8 18 9

DATE	HIGH	LOW	PRECIP.		
Sept. 22	17	9	Trace		
Sept. 23	23	8	Trace		
Sept. 24	23	11			
Sept. 25	20	16	1/4" rn.		
Sept. 26	17	8	1/16" rn.		
Sept. 27	18	10			
Sept. 28	16	4			
Sept. 29	12	7	Trace rn.		
Sept. 30	14	2			
Oct. 1	11	7	5/16" rn.		
Nick's Notes:					

First snow on Hunter's Range

September:

Mean Average High- 21.5C Mean Average Low - +9.8C Lake has dropped 6' since June

Bowers Funeral Service bowersfuneralservice.com

- June (Fralick) Bracken September 16, 2024, at age 91
- Gordon Dunphy September 10, 2024, at age 84
- Grace Erhardsen September 13, 2024, at age 90
- Raymond Gowriluk September 28, 2024, at age 89 1 pm, Oct. 4, Bowers
- Patricia Kersey September 23, 2024, at age 83 Gary Bruce Little
- September 22, 2024, at age 85 ❖ William 'Wayne' March
- September 18, 2024, at age 80 Maria Palladino
- September 21, 2024, at age 90
- Brody Solbakken September 20, 2024, at age 30

Bowers Funeral Service bowersfuneralservice.com

Judy Victorine Bird April 5, 2024, at age 63

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FITNESS' WORLDWIDE

Starting this month

AM is coming out

1st & 3rd Fridays

- Rita Iris Cronquist September 22, 2024, at age 90
- Lyvonne Maude De Bruin September 20, 2024, at age 92
- ❖ Kevin Timothy 'Tim' Gollan September 18, 2024, at age 66

LEGACY LIVES ON shuswaphospitalfoundation.org shuswapfoundation.ca

- Thomas George Granger September 29, 2024, at age 82
- Dennis Rae Hemeyer September 26, 2024, at age 80
- Matthew Ryan Lien September 27, 2024, at age 38
- Gerald Austin Nickason September 25, 2024, at age 89
- * Robert (Bob) Paille September 25, 2024, at age 90
- Richard Eldon Reay August 31, 2024, at age 64
- Bonnie Louise Serwa September 20, 2024, at age 74
- Mildred 'Millie' Stevenson September 18, 2024, at age 98
- Thomas Carson September 26, 2024, at age 71
- *** * ***
- ♣ Dame Maggie Smith, 89, beloved British actress
- Kris Kristofferson, 88, singer/ songwriter and actor
- ♣ Francis Fox, 84, former cabinet minister/ Sec. of State
- Pappamal, 109, celebrated
- East Indian organic farmer Fayo, 46, Acadian singer
- Pete Rose, 83, baseball legend
- ♣ Dave Allison, 68, Anvil band

- SUPPLEMENT SALES

CHASSES

- PERSONAL TRAINING &

SPORT SPOT

> SILVERBACKS: 2W, 1L, 1 OTL, 5pt

Sept. 20: SA 4, Cowichan 2

Sept. 21: Alberni 3, SA 2

Sept. 27: Sherwood Pk 4, SA 1 Sept. 28: SA 8, Spruce Grove 2

Home opener: Oct. 4: Vernon @ SA, 7pm

Oct. 5: Okotoks @ SA, 6pm

Oct. 11: SA @ Penticton, 7pm

Oct. 12: W. Kelowna @ SA, 6pm

Oct. 16: Nanaimo vs. SA @ Chilliwack Oct. 17: SA vs. Victoria @ Chilliwack

Oct. 19: SA vs. W. Kelowna, 7pm

Oct. 25: Vernon vs. SA, 7pm

Oct. 26: Trail vs SA, 6pm



> Backs win 2, lose 2

- > Alberta teams Okotoks, Brooks, Sherwood Park, Spruce Grove and Blackfalds have been added to the BCHL. Silverbacks are part of Interior West Division with Trail, Penticton, Vernon, West Kelowna. Other Divsions: Coastal East, Coastal West, Interior East > Gravel Ride at Larch Hills, Oct. 6., featuring 10 & 20 km rides, plus
- 40 km. timed ride & 5 km walk option. See ridedonthide.com > Curling- Ice breaker, Oct. 26; 55+ Mens Open, Nov. 15 -17
- > Whizbang Boxing first fight card, 5 pm, Oct. 12, Song Sparrow Hall. Fighters from BC and Alberta all levels and ages. Main event will feature Landon Beasley from Whizbang and Miguel Wood from MadKatz. \$35 at whizbangboxing.com/events with limited tickets available at the door.
- > Tennis Book courts at clubspark.ca
- > Carpet Bowling new group invites you to Try Free, 1:30 to 4, Wednesdays, Canoe Seniors' Hall.

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Now Ist & 3rd Fridays

I love Depp's brown, just not in my house

am very interested in how the colours we wear and live in impact our lives. I've seen so many homes over the years, I've seen Linda Erlam the good, the bad, and

the very ugly. Believe me. And I've learned a lot. I've learned that those of us who live in the colours we wear usually change our home colours less often, buy fewer things for our homes, and pay less attention to the home decor poo-bah's.

I love the way Johnny Depp dresses. He has a stylist (Samantha McMillen), and I think she is a bit of a genius. Not only has she developed a look for him, with fantastic, balanced edgy unusual accessories and a blend of new and vintage; she dresses him in brown.

Is there another celebrity who dresses mostly in brown? And I don't mean beige, I mean brown, mid to dark-toned brown. It's very unique. And it suits his colouring and really sets his style apart. I bet his homes reflect these colours, too.

I used to wear brown a lot: it's such a warm colour. I didn't really care how it made me look way back then, and come to think of it, we weren't really aware of the 'right' colours for our complexions then anyway. But, unfortunately, it does not suit me at all. I look sick in brown and in most of the earth tones.

I eventually figured that out. So they aren't found in my cloth-

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on the furniture, it's very very light beige, almost a no-colour beige.

I had a client who called for help with her new townhouse about four years ago.



She'd bought a new sofa and hung her art and it was all just disjointed. She couldn't figure it out. She only wears earth colours, I don't think she

ing. Or in

my home.

exception

slipcovers

The

is the

even owns a white shirt. Her bed linens and covers were all earth tones. All her tableware, vases, cups and plates were hand-made earthenware. Just beautiful stuff.

The townhouse came painted, the floor was grey planking, the trim true white, and the walls blue grey. So, of course, it clashed with all the earth tones of her life.

This leads me, the long way round to the paint colours for 2025. Every year, I say I'm not going to comment and then I do. Not all the colours have been announced yet, but there is a real presence of dark colours, and almost all of the announced ones are earth tones.

This is supposedly a reaction to the societal return to the values of home, and the desire to have a nature-infused living environment. I would like to think our society is returning to 'home values'. But I have my doubts.

I don't care, pale green walls are hospitals to me. (Sherwin Williams) And dark brown ones are oppressive (C2 and Graham and Brown). I won't be painting any of my walls dark violet (Minwax), charcoal (Behr), or a brilliant 'navy' (Valspar). Benjamin Moore and General haven't announced yet, but I expect them to follow suit. As usual, I doubt any of us down here in the trenches will paint any of our homes these colours, but we will be forced to incorporate the colours through fabric design, rug production, furniture manufacturing, and accessory availability.

Just watch, in about one to two years, we will not be able to find any grey home decor items, no pinks, no soft pastels, little blue — and if it does appear it will be a green-blue — and white kitchens will be considered 'out'. (Although I still believe that white kitchens are timeless...)

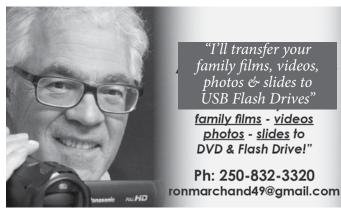
But don't worry. Slipcover the sofa and chairs and put the gray rugs and curtains in storage. They will be back in style in ten years. That is the age of a trend.

☐ If you have design issues, or a suggestion for a future column, email linda@designsewlutions.ca or designsewlutions.ca



Stay linked to community









WORD SEARCH Singers and actors from BC

Bryan Adams, Michael Fox, Terry Fox, Pamela, Seth, Cobie, Carlie Rae, Allison Crowe, Neeru, Josh Ramsay, Bif, David Foster, Pritchett, Kroeger, Krall, Furtado, Bachman, Matthew Good, Buble, Hickson, Paul Rodgers, Grimes, Ludwig, Ryan Reynolds, Pablo, Priestley, Lochlyn Munro, Bentall, Brody, Byrnes, Forbes, Fearing, Henderson, Valdy, Mangan, Ulrich, Powter, Susanna, Mann

HIDDEN GEMS

THIS QUOTE SPACE HOSTED BY Hidden Gems Bookstore, 331 Alexander www.hiddengemsbookstore.com

- > "Before children speak, they sing. Before they write, they paint. As soon as they stand, they dance. Art is the basis of human expression."
- > "Be a man, vote for a woman" ~ Sam Elliot
- > "History is not there for you to like or dislike. It is there for you to learn from it. And if it offends you, even better. Because then you are less likely to repeat it. It's not yours to erase or destroy." ~ Norma Marshall

FUNNY BONE

- > It may be ironic that the two o's in cooperate insist on having their own separate sounds, but, in fact, the word does co-operate as one word. No sense being cooped up by a single sound.
- > I understand being a responsible adult... But everyday? Every single day? That seems a little excessive.
- > Where do bad rainbows go?
- .. To prism. It's a light sentence, but it gives them time to reflect. *From actual trial transcripts:*
- > Lawyer: "Now, sir, I'm sure you are an honest and intelligent man.." Witness: Thank you. If I weren't under oath, I'd return the compliment."
- > Lawyer: "ALL your responses MUST be oral, okay" What school did you go to? Witness: "Oral".

POP QUIZ

- > What is the busiest tunnel in the world.
- > What sits on top of the east entrance to this tunnel?

> A football field and baseball diamond is located on top of the tunnel entrance on the New Jersey side of the tunnel.

 The Lincoln tunnel consists of three tunnels under the Hudson River eastbound, westbound, and either direction at rush hour, connecting mid-town Manhattan near Time Square to Weehawken and the New Jersey turnpike. It carries an average of 125,000 vehicles a day.

PICTURE THIS

> It's a little known fact that Moses was given three tablets with 15 commandments, but one tablet smashed on his way down the mountain. Biblical scholars have been grappling for years what the missing five commandments are. I believe one of them is "Thou shalt not place your toilet in the kitchen even with a cabinet built around it"



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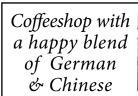
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Rose Altmann Fraser photo



16



Pastries - English Muffin, croissant, muffins, cakes

Breakfasts -

Waffles, omelettes, Egg Benedict..

Plus - Sushi

• Hot dogs, Wraps, sandwiches & more

CENTENOKA PARK MALL



> A perfect rainbow arches the width over Salmon Arm Bay See **FriAM.ca** bonus pages for a tribute to our special bay.



greg@votegregmccune.ca votegregmccune.ca





Authorized by Financial agent: Brian Schreiner 250-550-8389



1st Fridays- All Month: SALMON 3rd Fridays- Amid Month: ARM



Jaeden wins at Leeds!

aeden Izik-Dzurko just won the Finals of the Leeds International Piano Competition! Five competitors were selected to perform a concerto with the Royal Liverpool Philharmonic Orchestra and conductor Domingo Hindoyan.

They were Kai-Min Chang, Junyan Chen, Jaeden Izik-Dzurko, Khanh Nhi Luong and Julian Trevelyan Jaeden won £30,000, as well as worldwide management with Askonas Holt, a debut recording with Warner Classics, recitals at prestigious UK venues like Wigmore Hall and Snape Maltings, and European and East Asian tours in association with the Steinway Prize-winner Concert Network. There will also be broadcast opportunities with the BBC.

This is truly incredible!



> I acquired the coolest coffee cup. When it's in the cupboard, the cat's head is solid black, but then pour in a hot cup of java, and the cat's head turns spotty brown just like Tessa! It's magic I tell you!



> An all candidates forum took place October 2 at Salmar Classic. The cartoon below of an earlier candidate forum is true. Cats order their food by walking on their human's faces.

'325 Alex': Episode 22 of 32

Serial Story by Shawn L. Bird

hris texted Marcus to ask how his apprenticeship was going and to probe as gently as possible into what had happened to scare him away. Chris knew it had something to do with #402. If Marcus knew the secret, Chris wanted to know, too.



"You don't want to know," texted Marcus. "Trust me on this."

Regardless, he'd agreed to meet Chris half-way. The decided to watch the final double-feature of the season at the drive-in in Enderby. Chris got a ride from a friend, and Marcus drove his new car, purchased with his first apprentice wages. It was an old rust bucket, but it was better than walking.

As they drove through Enderby, Chris thought it felt pleasantly peaceful, as if a lot of concentrated positivity had settled there. "Nice," he thought. "I wonder what caused that?"

Chris met up with Marcus at the concession. They stocked up on popcorn, nachos, and candy and made their way back to Marcus's car.

"Well?" asked Chris as they settled into the passenger seat.

"What was so horrible that it made you leave that unceremoniously?"

Marcus wanted to mention the uncomfortable couch and obnoxious musicians, but held his tongue. Chris had been kind to offer him place to crash while he did his course, even if it hadn't been comfortable.

"Look," said Marcus. "I don't want to scar you for life. I still get nightmares about what I saw in #402."

"I can take it," said Chris.

"Okay," said Marcus. "Don't say I didn't warn you." Outside the car, the opening credits of the movie started on the big screen.

Marcus told Chris about what he'd seen in #402: The cage. The dark stains. He shuddered.

Chris sat with his mouth agape looking from the movie to Marcus. "No way."

"Yes, way."

"What was the stain?"

Marcus stared ahead as the characters on the screen entered the haunted house. "Pretty obvious what it had to be, don't you think?"

Ahead of them, the screen turned red.

'325 Alex': Episode 23 of 32

Serial Story by Shawn L. Bird

enry was about to knock on Susanne's door, when the elevator opened behind him..

"Hey," said Chris with a furtive look down the hall. "How's it going?"

"It's going fine," said Henry. "What are you doing up here."

There was a rattle that shook the building and made Chris yelp.

"It's just the train," said Henry, but then that horrible laughter started again.

Chris put his hands over his ears. "I learned something"

Henry nodded and knocked firmly on #401. "We should tell Susanne."

When she opened the door, Henry pushed Chris through. "We need to hear what he knows about #402." In the hall, the noise was unbearable.

"Is it about that laughing?" said Susanne, squinting slightly.

Susanne shut the door behind them as Chris and Henry flopped on the couch, leaving Susanne to pull up a kitchen chair. "Okay. What?"

Chris told them what Marcus had said about the cage and the stains. "Does that fit with your memories of what happened five years ago, Susanne?"

She shrugged. "Maybe?"

"I think we need to get in there and have a look for ourselves," said Henry. "You game, Chris?"

Chris shuddered. "No way. That's break and enter. I'm not having any of that."

Henry looked over to Susanne. "How about you?" She shook her head. "I don't think we have to resort to illegal actions."

Henry threw his arms in the air and gave an exasperated sigh. "Come on!"

"No, really," said Susanne. "I think we just need to look in the right place."

"You've been in the building longest," said Chris. "Don't you know the most?"

"The night the ambulance came, my parents saw it on the news. I was only nineteen, and they wanted to protect me. They hustled me home to them in Kelowna and kept the news off. I didn't want to know the details, so I didn't look. When I came back a few weeks later, it was old news. No one talked about it. There were only ridiculous rumours. But the police had to have investigated. We just need to read those reports."

"Huh," said Henry. "That's actually a good idea." "Yes," said Susanne, rolling her eyes. "I get quite a lot of them.". ■

Amid Month ARM

October AM October 4

Sept. 25, 2024 • 1st posting of day • FriAM.ca

> With or without a rainbow, our ever changing bay view is always gorgeous to behold.



noticed years before moving here, driving through Salmon Arm and marveling over this picture perfect bayview of two rounded green mountains with rolling hills between.

It is a view I never tire of - from standing on the wharf lake level, or looking down from high above.

There's this bookend symmetry formed by Mount Tappen on the west and Bastion on the east side of Salmon Arm Bay. To me, this view stands right up there with other Canadian iconic views like Lake Louise, Perce Rock, Peggy's Cove and English Bay, except we can enjoy it everyday.

I always held this wish to see a rainbow wrapped fully over the bay. So what a delight it was to see this photo posted on Facebook. Thank you Rose Altmann Fraser for allowing me to share it! Wow!



he historic Haydock house on 6th St. SE is the home my family rented after we moved to Salmon Arm from the Prairie in 1994. When I woke up early on the first morning and stepped onto the porch, I thought I died and went to heaven as I marveled at the breathtaking bayview to the north



Sept. 24, 2024 • 1st posting of day • FriAM.ca



> Don't cross the railway track ... sign in **English Spanish**

FORESHORE & LAKESHORE





> The old bird watching boardwalk and platform off the foreshore trail is now being demolished. No longer safe to walk on, SABNES is hoping to raise \$250,000 for a larger platform with seating capable of hosting school groups and nature enthusiasts. To donate, email transfer to sabnes.org@gmail.com



> A temporary road has been built to haul rocks and material to stablize the steep slope along Lakeshore Drive, between 10th and 17th Ave NE, and to widen the road for cyclists and pedestrians. The first stage of the \$741,818 project is projected for completion at the end of October.





Happy 100th birthday to Jimmy Carter, an exemplary president who walked the walk, pictured with current president Joe Biden in 1978. Carter, a longtime Sunday school teacher until he could no longer once wrote: "Christianity has been hijacked by people who would give Jesus himself the boot if he knocked on their door." Comment to post by Simone Muirhead: This is my favourite part: Carter's son Chip recently visited him and asked if he was trying to make it to 100, to which Carter reportedly replied, "I'm only trying to make it to vote for Kamala Harris."

Me: Universe, please give me some direction

Universe:





Happy 12th
Birthday
Maycee!!
Looks like
you grew a
pumpkin
taller when I
wasn't looking!



> The Gambler rally is where old beaters often go to die, but looks like my old Matrix will live another day! I knew she could do it



Shuswap Coffeehouse 3rd Saturdays • Gleneden Hall

CHuswap circuit: Grindrod, 1st Fri Carlin, 1st Sat Sunnybrae, 2nd Sat Enderby, 3rd Fri Celista, 3rd Fri Gleneden, 3rd Sat Eagle Bay, 4th Sat.













The state of the s

September
20 Friday
AM is now
out in print
and online at
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Sept. 20, 2024 • 1st posting of day • FriAM.ca



> A mini van completely destroyed the bus shelter located next to Peavey Mart on 3rd St. SW on Thursday evening. The driver was uninjured and sitting in the passenger seat when this photo was taken. This shelter is occasionally used overnight by homeless individuals, and an ambulance had been reported on the scene earlier, however, there are no confirmed reports of any injuries. More information will be forthcoming in morning.



■ How do folks afford to live in the Vancouver area? They live in apartments. Here are nine distinct climby condo clusters, all located near Skytrain stations or the Seabus dock. Kind of nice living in a city where seven storeys are way too high

