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NEW NAME for S.D. / p.10

To-do's /4,5



O Spooktacular & more Halloween happenings O Loud & Proud

O Thanksgiving O BC goes to polls

O Souls n' Rhythm Dance Party

O Syrian Soiree O Yee Haw O Lloyd Webber Music of Night

O Peace n' Pizza O Grounded

O Fungi O Collective O OCP

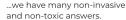
O Northern lights nights O O



Salmon Arm Secondary graduate received a Wildlife Photographer of the year award from the UK's Natural History Museum. John E. Marriott of Canmore received the award in the "Animal Portraits" category for a family of lynx in the Yukon. Photos were picked from nearly 60,000 entries.

He will receive the award at an upcoming ceremony in London. Marriott who has published several wildlife photography books, and he shot two of the three Parks BC license plates. Winning photographs will be displayed at the Royal BC Museum in Victoria from February 14 to April 27.





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Laser Therapy for the treatment of arthritic knees: a clinical study. Proc. SPIE 2010

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> Candidates present themselves at Sicamous forum. Sorry to the guy in the mddle · the caption on his noggin felt perfect

BC goes to polls

The BC United Party that bowed out in the race could end up holding the balance of power if voters elect a minority government on Saturday.

Greg McCune is one of several former BC United candidates from a record number running as independents across BC.

Five candidates in the Salmon Arm Shuswap Riding made their pitches over the past month's provincial campaign.

Sylvia Lindgren, the NDP's candidate and a second term Salmon Arm councillor, highlighted initiatives that the Eby government has already accomplished and planning that she said other candidates are proposing in their own platforms.

Other candidates are David Williams, running for the new BC Conservatives; independent Greg McCune, former Enderby mayor and owner of Sutherlands bakery and the heir apparent to outgoing MLA Greg Kyllo; Jed Wiebe, Green candidate and organic farmer committed to sustainability; and independent **Sherry Roy** with a background in social work and activism.

> elections. bc.ca > Voting Day 8-8, Oct. 19 5th Av. 55+ Gathering Pl. Gleneden Grindrod Silver Creek White Lake Eagle Bay Grandview Sorrento Notch Hill Shu.Lk.Est. Sunnybrae Sicamous Catholic N. Shuswap Ranchero S No. Canoe S



An engaging evening



The City of Salmon Arm is excited to share the early Draft OCP and invites you to share your feedback.

Visit our website to get involved:

- Take our online suvey open until Nov 8. Leave your email and be entered to win a \$50 grocery gift card!
- Host an OCPizza Party. Use our selfguided workbooks, follow the simple discussion prompts, and enjoy pizza on us!









■ We hope you enjoy this inaugural mid-month edition of Friday AM. The change to bi-weekly means this is one of two issues a month, covering the 1st and 3rd Fridays. You'll find some changes, like Molehills is off the front now, plus there's loads of colour.



ORN.. Plus





> 73 unit and 19 unit rental complexes proposed on 28th St. NE, across from Nico's, and on 7th St. SE near Okanagan.

Catching up to need

There are clear signs that the housing industry is responding to the cries for much needed rental housing Lorne Reimer in Salmon Arm.

While the 140-unit Cascara block takes shape across from Piccadilly, two new proposals are before council, a 73-unit block next to the curling rink and a 19-unit block on 7th St. south of Okanagan Ave.

Other multi-family projects are under construction near the RCMP detachment; on 20th St. SE and Auto Road; and a large senior complex is proposed on 10th Ave. SW near Piccadilly.

It is most encouraging to see all the infill housing going up in the centre of town.

I do not support a call to turn over the free Ross Street park-



Online FriAM.ca

ing lot to housing deveopment. Downtown needs housing, but really needs that parking lot to compete with the malls.

The vast inner core parking lot is still in play to one day develop a housing complex above a two-level parkade. That would be a boon for a round-the-clock population.

Taking the vast parcel south of 10th SW out of the ALR for housing is going to be controversial. Some refer to it as a 'donut' because it is totally surrounded by housing, but it would be better to develop the slopes for housing than good flat farmland.





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at the movies

SALMAR GRAND • salmartheatre.com • October 18 to 24

- White Bird: A Wonder Story. 1:45 Sat-Sun; 6:40 nightly. A grandmother (Murren) who escaped Nazi-occupied France, teaches compassion and kindness to grandson who bullies Auggie. Sequel to *Wonder*.(PG violence)
- Smile 2. 1:30 Sat, Sun; 6:30 nightly. A pop sensation experiences increasingly terrifying and inexplicable events as she embarks on a world tour. (18A explicit violence)
- The Wild Robot. 2:00 Sat, Sun; 6:40 nightly. A shipwrecked robot must adapt to harsh surroundings, gradually building relationships with the animals on the island. (G viol. may frighten children)
- •We Live in Time. 1:45 Sat., Sun; 6:50 nightly. A decade spanning deeply moving romance.. (PG coarse lang, nudity)
- > SALMAR CLASSIC
- Film Society shuswapfilm.net
- Ghostlight (UŠ), 5:00, Oct. 19. A construction worker struggling with pressures joins community theatre group. A real-life acting family. (PG)
- Cottontail (UK/Japan), 5:00, Oct. 26. Father and son receive an unexpected letter from beyond the grave, requesting to scatter ashes at the place deceased wife and mother loved as a child - Lake Windemere in England. (PG)
- REEL WEEKEND FESTIVAL, Nov. 1 to 3 Bookworm • Three Musketeers • Milady • Outrun Nov. 9 to Dec. 7: Didi • Widow Clicquot • Lee • Rumours • The Tasting
- LIVE from N.Y. MET OPERA
- Tesori's 'Grounded', 9:55 am, Oct. 19. Opera wrestles with the ethical quandaries and psychological toll of 21st-century warfare that is conducted remotely. • November opera - Tosca, Nov. 23.



ARM MEDIA EST. 1997

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Lorne Reimer 250.833-1141

fridayam@shaw.ca

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Cut-off deadline: noon Tuesday of each publication week

CIRCULATION

All Month (1st Fri) 4,500 Mid Month (3rd Fri) 3,100

FriAM.ca: Worldwide

- Featuring all the paper's content, plus bonus pages
- O Friday AM acknowledges covering the Shuswap and sharing the lands on the traditional territory of the Secwepemc peoples.

Read the paper & its bonus pages at FriAM.ca

live & dance

- > Canooligans, Canoe
- Stand-up comedy, Oct. 25
- Janzen Boys, Nov. 8
- Octoberfest theme all month
- > SA Legion Jason Scott's '(Neil) Diamond Forever', Oct. 26
- Karaoke Fridays / P.10
- > Song Sparrow Hall Dance Party with Souls in Rhythm, Oct. 25 tix at celebrateshuswap.ca
- > Copper Island Pub Jams with Blind Bay Blues Band, Tuesdays.
- > The Hub, Scotch Creek. Open Mic with Meggs, Sundays.
- > Solid Urban Studio Can't be friends, Wicked Awesome, Crows & Coyotes, Oct.19 • Can't be Friends, Let's Go, Bring on the Storm, Oct. 26.
- > Nite Cafe Sam Singer, Oct. 23
- > Gleneden Hall dance Nov. 9. Vic's dance band. (note date change) > Halloween Dance & Party -White Lake, Oct. 27. \$25. Facebook

▶ vernon · ticketseller.ca Katie & Humphries, Oct. 18 Zaniac Comedy show, Oct. 19 Okanagan Symphony, Oct. 20 Forest Blakk, Oct. 22 Victorian Halloween, Oct. 25, Daihm - Highland music, Oct. 30 Dawson Gray, Oct. 26 Social Tango, Oct. 28 Daihm - Highland music, Oct. 30 penticton • Motocross tour, Nov. 30 ▶ kelowna · Evanscence. Oct. 15 Russell Peters, Oct. 30

ESTIVITIES BC Election - 8 am-8 pm, Saturday, Oct. 19

- > Loud & Proud celebration Oct. 18-20, Song Sparrow Hall. Artisan vendors, food trucks, gnome/mushroom painting. Friday bands Queer as Funk and Csetkwe, 7:30; Saturday - DJ Slade dance party; Sunday - Drag brunch. Tix at Arts Centre, pay-what-you-can
- > **Spooktacular -** 5-8:30, Oct. 19, 20, Haney Village. Family friendly thrills, chills, fun. Tix \$15, age 4 & under free. / P.5
- > Syrian Soiree Oct. 26, St. Joseph's. Feast, stories. / P. 2
- > Halloween Treat Trails Downtown, both malls and treats in every neighbourhood in town. Plus parties and dances. Boo!
- > **Shuswap Dancing with Stars -** Nov. 16, Recreation Centre. Info at shuswapstars.ca Fundraiser for Hospice Society.

■ See 'You're Invited' for more / P.3

- > Fantastic Fungi now to Nov. 9, SA Art Gallery. 11 artists and a collaborative project on everything fungi. Artist talk, 2 pm, Oct. 17.
- > Cardiff Miller Art Warehouse 11-5 Fri-Sun, Enderby, former Ashley's. New exhibits, 'Escape Room' and 'Conversations with my Mother'.
- > **Courtyard Gallery -** Enderby. Open show in October.
- > Shuswap Artist Collective exhibit opening by multiple local artists at hOurspace. (under Scotia Bank), 4-7 pm, Oct. 25. Art, refreshments
- > Verna Brown wildlife art 10-8, Oct. 27, 1660 20th St. SE.

- > Yee Haw Scott Woods Band, 7 pm, Oct. 19, First Community. Old time country and fiddle Music. / P.10
- **> Jazz club -** Bob Rogers, Chris Startup Band, Oct. 24, Nexus at First. By donation. Followed by Jennifer Scott Trio, Nov. 1; Shuhorns, Nov. 14.
- > Music of the Night Concert tour celebrating the music and musicals of Andrew Lloyd Webber, Oct. 29, Song Sparrow Hall. Tickets at eventbrite.ca. Sold out.
- > **Souls in Rhythm** this month's Dance Party, 7:30, Oct. 25, Song Sparrow Hall. Tix at celebrateshuswap.ca All ages. A funk/soul group that makes you feel the music and really dance.
- > **Family Magic Show** 5 pm, Oct. 17, Junglemania
- > Hawksley Workman Nov. 3, Song Sparrow Hall. Tix at rootsandblues.ca Multi-instrumentalist. (SOLD OUT)
- > Good Lovelies Nov. 9, Song Sparrow Hall. One of nation's one of most accomplished and harmonious trios. Tix at songsparrowhall.ca
- > Coffeehouse circuit Grindrod, 1st Fri Carlin, 1st Sat Sunnybrae, 2nd Sat. Enderby Seniors Centre, 3rd Fri
- Celista, 3rd Fri Gleneden, 3rd Sat Silver Creek & Eagle Bay, 4th Sat
- Shuswap Writers, 2-4, Oct. 25, First Community (4th Fri)
- > AC/DC tribute PWR/UP, Nov. 8, Salmar Classic
- > Kamloops Symphony "Palestrina, Mozart & Beyond, featuring KSO Chorus, 3 pm, Nov 17, Nexus at First in Salmon Arm. Kamloopslive.ca or 250-372-5000. KSO performs with Alex Cuba Nov. 1, 2 in Kamloops.
- > James Mullinger comedian 7:30, Nov. 20, Salmar Classic.
- > Snowed in comedy tour Feb. 6, Prestige Resort

- > Caravan Farm Theatre Labyrinth immersive audio experience, Oct. 5 to 25. Horse drawn Halloween, Oct. 26, 27.
- > Shuswap Theatre season The Mousetrap, Nov. 8-24. Agatha Christie 1952 play is by far, the world's longest running play of all time... Tix brushfire.com plus shuswaptheatre.com or Choose Refill. Remaining: Halfway There, Feb. 21-Mar. 9 Virgin Trial, Apr. 25 - May 11

- > Silverbacks HOME: 7 pm, Oct. 25 vs. Vernon 6 pm, Oct. 26 vs. Trail • 6 pm, Nov. 2 vs. Blackfalds • 7 pm, Nov. 8 vs. Sherwood Park AWAY: West Kelowna, Oct. 19; Vernon, Nov. 1; Sherwood Park
- > Curling Icebreaker Oct. 26, Curling Centre

you're invited

> Peace n' Pizza, 5:30, Oct. 18, First Community. (3rd Fridays, by donation). Building Humanity through story-telling and listening. Fireside speaker TBA. > Mt. Ida Cemetery Tour/

> Mt. Ida Cemetery Tour/cancelled for this year.

> Inspire a Ceasefire, 3 pm, Oct. 20, Ross plaza. Gathering to grieve, pray, share, sing and demand ceasefire in Gaza and Lebanon. Hosts SA KAIROS. revjuanita@gmail.com

> Health-Care Auxiliary meets 1:30, 3rd Tuesdays at hospital. > Friends of Library book sale,

Oct. 18, 19, Piccadilly Mall > Fall Fashion Roundup, 2-5, Oct. 19, Cedar Hts. Hall. Tix at www.cedarheightscommunity.,ca > Drawing for kids (ages 5-8), led by artist Peter Joch, 4:30, Oct. 3 to 24, SA Art Centre. \$25 drop-in or \$80 total, supplies incl. peter.joch@gmail.com

> Royal Purple Market & Craft Sale, 9-2, Oct. 26. A few tables left. Angie 250-253-9505.

> Repair Cafe, 10-2, Oct. 26, Makerspace, 220 Shuswap St. / 14 > Notch Hill Country Christmas Market, 10-2, Nov. 2

> Shop-a-Ganza Holiday Hoop-la, Dec. 14, 15, Rec. Centre.

> Late Autumn Colours on Mt Ida with Doug Mongerson & John Woods, field outing hosted by Shuswap Naturalist Club, 9-2, Oct. 20. Meet at Mt. Ida Cemetery. Bring lunch, water, binoculars if you have them. Difficulty Rating: 2-3.

> **SA council**, 2:30, Oct. 28

> CSRD, 9:30, Oct. 17, Nov. 14.

> SD83, 6 pm, Oct. 15, Nov. 19 > Free Lunches, 11 to 1, Wednesdays, First Community on Okanagan ave.

>Farmer's Market, Saturday mornings, Ross Street plaza.

> Meditation Midweek Downtown - 7-8 pm, Thursdays, 450 Okanagan Ave SE, (United Church off 4th St. SE).

> Shuswap Garden Club, 7 pm, 4th Tues, 5th Ave. Centre. > Lil Monsters BooBash, Oct. 29. First Community

> Native Gauntlet Workshop, 12-2, Oct. 20, Red Barn Centre..

> She Wolf Women's Empowerment summit, Jan. 11, Splatsin. eventbrite.com

> SA Toastmasters, 7 pm, Thursdays, 5th Ave Centre. Lorraine 514-898-1776.

☐ More You're Invited / P.12





> There are some odd sights in the weeks before Halloween, like witches paddling on the lake near Sicamous and scary skeletons in otherwise staid neighbourhoods. Along with the treat trails Downtown, the malls and every neighbhourhood, here are a few pre-Halloween events: **Ghost town Fright Night**, Oct. 26, 27, 3-Valley Gap • **Horse drawn Halloween**, Oct. 26, 27, Caravan Farm • **Spooktacular**, Oct. 19, 20, Haney Village; **Dance & Party**, Oct. 27, White Lake • Halloween Hullabaloo, Oct. 26, Piccadilly Mall • Photo Shoot with the 'Wicked Witch', Oct. 31, Piccadilly • plus More



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It's the time of the year where we wrap up an incredible golf season. We want to take this opportunity to thank our valued guests for their tremendous support during the 2024 golf year. Without

you we wouldn't be able to accomplish the goals that we set for ourselves each year. To provide the best golf experience the Shuswap has to offer. To provide the best customer service we strive everyday of the golf year. Thank you for being the best guests we could ask for. ~ *Noreen & Tony*



Golf shop crew Kylie, Randy, Lynda, Robin Payton

Thank you from all of us at Club Shuswap Golf & RV!

We look forward to seeing you next year!

Tools of criticism REPAIR GUY

ere are three tricky words for you. Sarcastic, sardon-Lic and ironic. If you don't instantly know the differences you are not alone!

I was in America recently and I heard an American say that, as a race they do not understand irony. The assembled crowd nodded sagely, but I realised I also did not and by the time I got back to Salmon Arm I had added two more mystery words.

Some brief searches have revealed that the meanings of all three are not only intertwined but continuously under review and each word has sub-meanings which further cross.

It is way above my pay grade to sort out that maze, but I can explain the differences as they are commonly used.

To be sardonic is to be disdainfully mocking. To be sarcastic is also disdainfully mocking, but usually by saying the opposite of what is true and to be ironic is to conclude with something different to the expected. And that is the simple version without tone being introduced!

Stick with it because it's not really so bad. Sardonic and sarcastic comments are usually meant as mocking criticism and mostly use a tone to convey the meaning. Sardonic being direct

Barry Marshal



as in "it could be better." And sarcastic using the opposite as in "that went well." Both meaning the same thing.

Irony is a different matter, while an ironic comment may well be a criticism it is structured so that from one situation another. unexpected, one occurs. "It was ironic that in swerving to avoid a chipmunk he hit the moose."

Let's put our three characters in the same situation. The tiered wedding cake has collapsed at the cutting. In the stunned hush that follows...

"There's a force to be reckoned with."

"Could you try a bit harder?"

"Interesting, first joint venture and you bought the house down."

In a nutshell, sardonic is true, sarcastic is opposite and irony

Now you are primed to spot the differences you can become one of those annoying pedants of the language police. Which one was that?

☐ Tech and social commentator Barry Marshall can be reached at BarryMarshall@gmx.com





Friday Night Bingo

Doors open at 5 pm Games begin at 6:30 Concessions!

Gaming license 151881

'325 Alex': Episode 25

Serial Story by Shawn L. Bird

imity and Mabel had been working on the first eight bars or their duet for a solid hour and were finally making progress. Mabel's bass was finally

consistently on the beat, and mostly of decent rhythm. Dimity's guitar chord progressions were much smoother.

They were interupted by hammering on the door. When Mabel answered it, a super-model was standing in the hall.

"That is enough!" she drawled, with emphatic pause between each word she spoke. "I cannot take another moment of this! We can hear you down the street! I can hear you down the street! I want to eat my sushi in peace! I insist you desist!"



"Excuse me?" blinked Mabel so stunned by the beauty in front of her that her hearing hadn't worked. "Resist what?"

"DESIST!" shouted the woman. "NOW!" She spun on her heel and stomped down the stairs.

"Who was that?" asked Dimity when Mabel returned to her seat. She had a dazed look.

"I have no idea, but I think I get why Susanne and Nic broke up.'

"Oh," said Dimity. "Her. How did she manage to get into the building?"

Mabel shrugged and started to put her bass in its case. "I guess we should stop playing for now."

"We were finally getting that tricky bit."

"Yeah, but we can't annoy the neighbours."

"You know," said Dimity, "I don't believe she came in from the street. The insulation is better than that. We get hardly any street noise inside, so how could our noise get outside?"

"If she didn't come from the street, where did she come from?"

Dimity just looked at her.

"Oh! Is she the elusive #202?"

"Does she look like the kind of person who doesn't want to be noticed? I don't think she's from #202. I think she's #402."

'Excellent point. Either way it means we have a neighbour who hates our music. That's not good."

☐ Shawn Bird is a local novelist. This series will wrap up Dec. 20 with a paperback available before Christmas.



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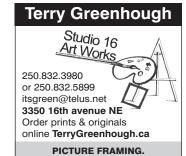




> Starting from top left, Les Ellenor gathers conkers from the horse chestnut tree at the entrance to McGuire Lake Park. (keep a couple in your pocket if you find a friend struggling. "You can conker it.") > Top centre: - when one attraction like Farmer John's closes for the season, another is soon about to open. > This Enderby dog proudly loves to find the biggest stick on the riverbank. > The new RV saniflush nears completion next to Westgate Market. > Top centre is the oldest telephone pole in Salmon Arm. Yes, seriously - Google it. "Oldest telephone pole in Salmon Arm" and it directs you to this pole

on 5th St. SE between Auto Rd and Old Auto Rd. > Top right is the giant colourful "tree man" towering at the east end of 10th Ave SE at Shoemaker's Hill. > Below that are colourful pilons to "protect" both pedestrians and the building that sits on the street across from McGuire Lake. When that building housed MoHo's pub, the space was reserved for motorbikes. Really now, there should be a sidewalk there. > Above left is a charming old log house Les and I stumbled upon during weekly Tuesday explore walks. > Above centre: there are now traffic lights at the Highway 97 A and 97B junction for safer motoring.



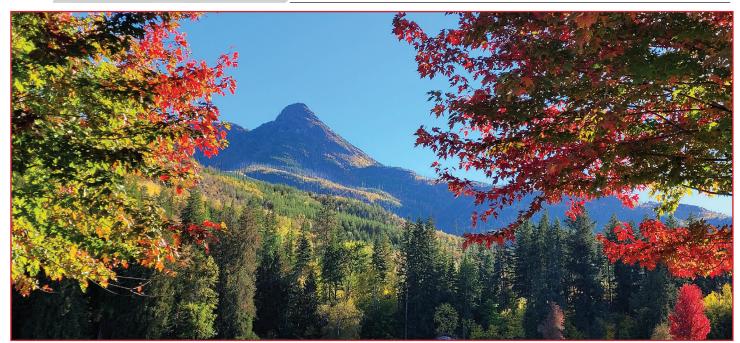


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> As an added bonus to the spectacular colours of autumn in the Shuswap, the skies lit up over a series of nights with stunning displays of Northern Lights. The Canoe Beach parking lot looked a little like the beach in July as crowds gathered to experience this phenonema and take photos. The beautiful photo above, framing Mt. Ida, is by Robyn King. The Northern Lights photo, below right, was captured by Cathy Bartman in Silver Creek area.







Join us October 31st 3

32"d ANNUAL

Sterling Land and Wealth Advisory Group

Ear to the GROUND

Neighbourly idea

he new Uptown to Downtown pedestrian/ cycle path has positive support in the immediate neighbourhood.

Daryl Arychuk wrote to council on behalf of 16th St. and 11th Ave. NE residents suggesting adding a parklet or pocket park on the empty parcel at the corner of 16th St. and 11th Ave. NE.

"We are asking for consideration to install a small pollinator-friendly, drought tolerant perennial, possibly a couple of small evergreens, and decorative rocks."

He said residents would be willing to donate a bench where there's a lakeview so that "pedestrians walking up the hills could sit down and rest for a moment."

Currently, the parcel is filled with Tansy Weed and white clover and ohter inasive weeks.

Arychuk said it's a win-win for both the neighbourhood and those using the new wide path. ■



> School District 83's new name is announced. From left: director of Instruction Indigenous Education Chelsea Prince; Quelmúcw Education Council chair Darrell Jones; Board chair Amanda Krebs; and Superintendent Donna Kriger.

t's an eyeful to read, but it easily rolled off the tongues of those introducing the new name of School District 83 (formerly North Okanagan-Shuswap) to local reporters Wednesday. "Kwsaltktnéws ne Secwepemcúl'ecw", pronounced KWA-SEELT-K-NAWS NAY SUH-KWEP-MUK-OO-LOO), is a Secwépemc phrase meaning "we are all connected (people animals, sky, land and water) on Secwépemc land. The phrase ties in with the newly adopted logo and was gifted in consultation by the four Bands of SD83. School superintendent said the roll out of the new name will be an educational opportunity for the students and public.

A video telling the story of the naming will soon be released.





> The corner of 16th St. and 11th Ave. NE, part of the multi-use path under construction and site of a "Parklet", proposed by residents there. See 'Ear to the Ground' on left

Bravos & BOOS

> BRAVO TO to those local citizens who are providing thoughtful public input to current planning initiatives for the City's future. This includes the OCP review; the recent public budget planning meeting; and developing a plan for the West Bay trail design.

Web STINGS

> the.talks.com

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DATE HIGH LOW PRECIP. Oct. 4 13 8 Trace rn Oct. 5 15 4 Oct. 6 16 6 Oct. 7 18 4 Chance of showers Friday to Mon- Oct. 8 20 day. High +13 to +4. 3/8" rn. Oct. 9 16 10 Normal: +11C to +2C Oct. 10 16 5 Sunrise 7:21 • Sunset 6:03 Oct. 11 14 +1Past Temps, Oct. 2 to 15 Oct. 12 16 4 By weather reporter Nick Parsons Oct. 13 18 6 ŚW Gleneden, 458 m (119 m above lake): Oct. 14 15 LOW DATE HIGH PRECIP. 1/4" rn. 9 Oct. 15 12 Oct. 2 15 Lake has risen 1" since Oct. 1 Oct. 3 15 3

Bowers Funeral Service bowersfuneralservice.com

- Barbara Beazley October 3, 2024, at age 85
- ❖ William 'Bill' Braul October 4, 2024, at age 86
- Leona Cadden September 25, 2024, at age 91
- Larry Larson September 28, 2024, at age 70
- ♣ Mary 'Linda' Julia Lucas September 23, 2024, at age 96
- Kathleen Sholinder October 5, 2024, at age 86 3 pm, Oct. 21, SA Golf
- Robert Glen White September 30, 2024, at age 84 1 pm, Oct. 19, Bowers

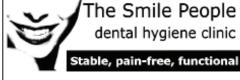
Fischer's Funeral Services fischersfuneralservices.com

- Judy Victorine Bird April 5, 2024, at age 63
- * Rita Iris Cronquist September 22, 2024, at age 90
- Lyvonne Maude De Bruin September 20, 2024, at age 92
- Gary Sjaak Bruys October 7, 2024, at age 67
- Kenneth 'Ken' James English October 6, 2024, at age 72
- ♣ Kevin Timothy 'Tim' Gollan September 18, 2024, at age 66
- Helen Margaret Gowans October 7, 2024, at age 97
- Thomas George Granger September 29, 2024, at age 82
- Joan May Hendy October 1, 2024, at age 100
- Dennis Rae Hemeyer September 26, 2024, at age 80

LEGACY LIVES ON shuswaphospitalfoundation.org shuswapfoundation.ca

- Robert James Klepacz October 4, 2024, at age 68
- Carmen Lee Denton September 17, 2024, at age 64
- Marvin James Knight October 4, 2024, at age 70
- Felix Emile Kraus October 9, 2024, at age 91 1:30, Oct. 21, Splatsin Centre
- Matthew Ryan Lien September 27, 2024, at age 38
- Marilyn Joy Munson October 2, 2024, at age 77
- Gerald Austin Nickason September 25, 2024, at age 89
- Robert (Bob) Paillé September 25, 2024, at age 90
- Mary Proteau October 6, 2024, at age 96
- Richard Eldon Reay August 31, 2024, at age 64
- Bonnie Louise Serwa September 20, 2024, at age 74
- Mildred 'Millie' Stevenson September 18, 2024, at age 98
- Gary Sjaak October 7, 2024, at age 67
- ♣ Mike Bullard, 67, Canadian comedian & talk show host.
- Robert Fulford, 92, Canadian journalist Financial Post
- Nell Smith, 17, BC singer with Flaming Lips
- ♣ Doc Harris, 76, CKNW host
- Cissy Houston, 91. soul/gospel singer. Mother to Whitney Houston
- Ethel Kennedy, 96, human rights advocate, widow of RFK
- ♣ Libby Titus, 77, much covered songwriter

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> SILVERBACKS: 4W, 2L, 1 OTL, 9 pts.

Interior West: Penticton 12; Trail 10, SA 9; W. Kelowna 7; Vernon 3 Oct. 4: SA 4. Vernon 0 • Oct. 5: SA 4. Okotoks 2

Oct. 11: Penticton 4, SA 2 • Oct. 12: W. Kelowna @ SA, 6pm After presstime: Oct. 16: Nanaimo vs. SA •

Oct. 17: SA vs. Vict. @ Chilliwack • Oct. 19: SA vs. W. Kelowna, Oct. 25: Vernon vs. SA, 7pm • Oct. 26: Trail vs SA, 6pm

> Junior Mountain bike rides, 5 pm, Tuesdays

- > Curling Ice breaker, Oct. 26; 55+ Mens Open, Nov. 15 -17
- > Tennis Book courts at clubspark.ca
- > Carpet Bowling new group invites you to Try Free, 1:30 to 4, Wednesdays, Canoe Seniors' Hall.
- > Minor Hockey tournaments U15 Rep. T2, Nov. 1-3; U9 integ./U9 fem, Nov. 8-10; U18 Rec., Nov. 15-17; U11 Dev T2.
- > **Junior Mountain bike races**, 5 pm, Tuesdays.
- > Sicamous Eagles home games Oct. 25 vs. 100 Mile House
- Oct. 26 vs. Princeton
- Maggie Manning will represent Canada at the women's world para hockey champoinship in Norway next week. wphcanada.com



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COMING & ONGOING EVENTS



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- Community Service + Flexible Hours
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 - O For more information and an application, find SACP at salmonarmcitizenspatrol.ca or Facebook

Friday AM is now coming out bi-weekly 1st & 3rd Fridays All Month: SALMON Mid Month: ARM

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Read online FriAM.ca

you're invited

- Continued from P.5 > Youth Night, 6:30-9 pm Oct. 18, Recreation Centre. Pizza & movie. Ages 8-12. \$10.70 online
- reg. salmonarmrecreation.ca > CENTENOKA EVENTS -
- *Poppy Campaign*, Oct. 25, 26, Nov. 1, 2, 8, 9
- Just for Kicks Dance-a-Thon & Bake Sale, Oct. 26
- Salmon Valley Christmas Quilt Raffle, Nov. 15, 16, Dec. 13, 14
- *Pet Halloween Photos* at Pet Valu store, 11-4, Oct. 27, benefitting Shuswap Paws
- > Enderby Strummers acoustic strummers at all levels 1 to 3, Wednesday at Enderby Arts Center. Bring music stand, \$3 drop in and a smile:)
- > Halloween Paint workshop, noon to 2, Nov. 19, Mayfair Farms. Adult-based Halloween art ideas.
- > Beginner Breakdancing Groove Hangout, with Manny Christiansen. Ages 12-18. Mondays for 6 weeks at Shuswap Children's Assoc. By donation.
- > **Metis Assoc. AGM,** 2 pm, Oct. 20, First Community



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WORD SEARCH

Events in October

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L L R B H A L L O W E E N V Q A D O E Z E R S
U L E V I T C E L L O C J R N Y U P F L L E
L E R N A T T M C C U N E A E C L L V S E I A
J P E Y Z R F V E R N A B N E I I S W E C N G
A K X V A T H U Y X B E I L N A I I M T D S
R A D J L K R U J F J I R W G R N L U I G E
T E X J U J E N I K W W T E W T R L T O R I
D E R S K C A B R E V L I S E I T H I S N E L
J S B E R A D M Y E R K X E K T A Y A O R N E
U U E E S T N E C E V I Z L E H E T M C E Z V
O O C R R K O V I U E P E A N S R H S M B P O
E M I I E O M O G U E H N P D T T M O W B L L
O C L O G O A M N A F E A N H A W K S L E Y S
L A B S O P I R U P I N K W D R E N U I W F U

> Yee haw, Rogers, Souls in Rhythm, Fungi, Mousetrap, Icebreaker, Palestrina, Webber, Rogers, Verna, Election, Lindgren, McCune, Roy, Wiebe, Williams, Collective, Spooktacular, Loud Proud, Soiree, Halloween, Treat trail, Dancing with Stars, Grounded, Verna, Diamond, Costumes, Hawksley, Lovelies, Silverbacks, Pink, Movember, Reel Weekend

HIDDEN GEMS

THIS QUOTE SPACE HOSTED BY Hidden Gems Bookstore, 331 Alexander www.hiddengemsbookstore.com

> "Despite all our accomplishments, we owe our existence to a six-inch layer of top soil and the fact it rains."

Quotes by Fyodor Dostoevsky:

- > "The soul is healed by being with children."
- > "It is better to be unhappy and know the worst, than to be happy in a fool's paradise."
- > "Nothing in this world is harder than speaking the truth, nothing is easier than flattery."

FUNNY BONE

> A man sits on the skytrain and comments to the guy sitting next to him. "There's loads of psychopaths around here." The other replies, "really." The man adds, "Loads, man!"

The other guy looks at the man a little wary, "How'd you know?" The man replies, "There's signs, aren't there?.

The other passenger say, "I guess.." followed by 47 minutes of awkward silence. The man is then observed stepping off the skytrain with a bicyle. Then it hits the other guy. He was talking about cycle paths.

- > In order to have a murder of crows, there must be probable caws.
- > I offer my opponents a bargain: if they will stop telling lies about us, I will stop telling the truth about them." ~ *Adlai Stevenson*

POP QUIZ

- > Which nation has more land area, Canada or the US?
- > What percentage of Canada's entire population lives south of the latitude of Seattle?

than the US's 9.148 million sq. kms > Seattle is at 46.7 latitude. 70 per cent of Canadian population from Nova Scotia to southern Quebec and Ontario live south of Stories of Stories of Scotia for S

> Based purely on land mass and eliminating its vast water systems, Canada encompasses 9.094 million sq. kms, slightlyless then the US's 9 148 million sq. kms.

PICTURE THIS

> What could be more fun for bears than mugging and messing with the forest webcam.
>"Memory care" is a brilliant and compassionate way to build assisted living homes. This home in Chagrin Falls, Ohio turned all the rooms into an indoor neighbourhood of tiny houses. www.youtube.com/watch?v=b_793ymDDIO





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* GIC rates as of Oct. 15, 2024, subject to change without notice Certain minimums and conditions may apply



Daron Mayes, BBA, CPA, CA, CFP Investment Funds Advisor



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> The annual Veterans Dinner hosted by Legion Br. 62 drew a full house Oct. 7 in advance of the Poppy campaign. From the left - Legion members perform a special ceremony for fallen comrades. Garry Loeppky, former deputy commissioner of the RCMP, now residing in the Shuswap was guest speaker. He spoke of his post-retirement posting to lead an international investigation into the assassination of Lebanon leader Rafic Hariri, a nation currently at war. Herb Pendell, a WW2 veteran in attendance, turned 100 in 2024.

Dress the Town Pink campaign

■ Continued from back page

We thank the Downtown Improvement Association and all the downtown businesses that agreed to show our posters and especially those who went the extra mile of creating beautiful PINK DISPLAYS in the windows and inside their businesses. And especially, everyone who purchased a PINK RIBBON to remember those touched by cancer.

Our campaign has been a huge success, with over \$1000 raised for the Shuswap Hospital Foundation. These funds will go to support their funding drive for new Wireless Digital Breast Cancer Detection Equipment.

With your support, we hope to make this an annual event. Thank you! ~ Shuswap Dragon Boat Society/ Friends Abreast





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amson Cleaning Supply & Vacum offers a full line of cleaning equipment supplies and consumable products such as soaps, degreasers, window cleaners, paper products and dispensers sourced mainly in BC from the Okanagan and Shuswap.

We provide products year round to a wide range of businesses, institutions, restaurants, automotive, agricultural, recreational sites and households in Salmon Arm and surrounding areas. From Chase to Revelstoke to Kelowna and beyond, we are the go-to for almost all cleaning challenges.

- Bulk, Refillable, Biodegradable, Phosphate-Free & Eco-Friendly products.
- Rental carpet shampooers and other equipment.
- Owners Ken and Gale Davison are now in their 20th year of business (company in Salmon Arm since 1980). the majority of their products are manufactured in Kelowna thereby fulfilling the '100 mile source' principle. In addition, dermatologists recommend our laundry soap for people with sensitive skin. Hairdressers send their clients to us for our shampoo. Our bath products have minimal ingredients and most are also made in Kelowna.
- Ken and Gale live in and absolutely love Salmon Arm and the Shuswap. Over the past two decades we have supported many groups and activities in our community. We have also held and participated in fundraising. We continue to offer discounts to both the Shuswap Writer's Group and The Lady Striders.







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SATURDAY 9am - 5pm & SUNDAY 9am - 3pm



Salmon Arm Recreation Centre (SASCU) 2550 10th Ave N.E. Salmon Arm, BC



Admission: Adults \$5.00 Children 12 and under FREE

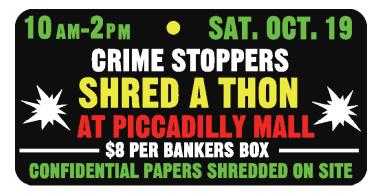
ATM On Site • Free Parking

Dress the Town Pink

he Shuswap Dragon Boat Society/ Friends Abreastwould like to thank the following for their support of our Dress the Town Pink Campaign for Breast Cancer Awareness:

■ Salmon Arm Legion Branch #62 for Funding this Campaign, Save-On Foods – Donation of 300 Carnations; W. H. Laird Holdings – Pink Décor of Treble Clef Area; Pharmasave & Gilbert Auto Parts Gift Baskets, Total Office Supply, Crazy River Clothing, Botanical Spa, Shoes & Such, Destinations Hair & Spa, Shuswap Clothing & Shoe Co. for selling our Pink Memorial Ribbons; Barley Station & Chances Casino - Free ads on their Electronic Boards; Bounce Radio, Friday AM and Salmon Arm The Observer for media coverage; and Downtown Farmers Market for supporting our DRESS PĬNK DAY

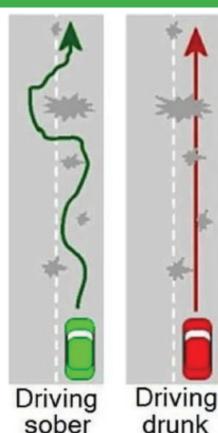
■ Continued on Page 14





ZIPPER MERGE

> If only the majority of motorists would learn the principle of zipper merging for more efficient traffic movement.
Otherwise its practitioners will continue appearing like highway a-holes



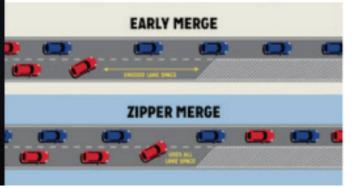
I paid attention to the construction signs and got in the correct lane.

You ignored them for miles and want me to let you in...

Not going to happen, buddy.

The critical key to making Zipper Merge work and to avoid any road misunderstandings is public education and signage like this on site

I respectfully disagree, buddy.







Keep notepad by the bed

h my.. here's my latest weirdo dream. I dreamt I ran into Stephen King in town, and ended up spending the day hanging out and showing him around..

He loved the Pie Company, but he wanted to see the scariest scenery the Shuswap has to offer, so all I could think of at the moment was a field off Park Hill because it was in a deep soupy fog. Perfect.

Instead of the usual breathtaking view of Bastion and Eagle Pass it was foggy as all gettup. He loved it! Then as a gift for my hospitality, he gave me a plot he wasn't using. It was diabolically brilliant.

He said, "go on, Lorne, write it up!" I said, "thanks a million, Stephen,' and then he disappeared into thin air in the fog while a train could be heard blowing its lonely horn in the distance.

So for the last few hours I've been racking my brain trying to remember the flipping brilliant plot he gave me. So frustrating, but I did enjoy my time with the King.



> The beaten path is the best path

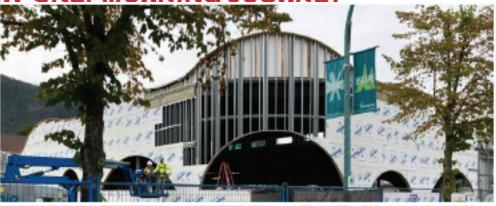


> Two final thoughts before I turn in for the night: I believe it would have been a slightly better world had Eleanor Rigby and Fr. McKenzie hooked up. Also, isn't it a little weird that two out of three of the three R's - arithmetic and writing - are misspelled? And speaking of arithmetic, the main stairwell at the middle school is brilliant.



> I'd love to visit Sweden, but this would not appeal to me as a safe sleeping surface

All Month/All Shuswap Journey PART ONE: MORNING JOURNEY







> After Todd checked the oil and loaded the cd player with Pink Floyd and Prism, it was off to Sicarnous. The Construction guys are calling the new healing centre "the rollercoaster"; The United Church is a pop up thrift store as ongoing restoration is underway following the fire at the store. Above right: Ever since my daughter had me watch Destination 2, I do not relish driving behind a log truck

south to enderby

> Guess what! There's now traffic lights at the 97A/97B junction. The Farmer John's season ends and Larch Hills season is about to start. The old Chinese restaurant is demolished. to make way for an expanded TMS printing plant. Don Goodard is an excellent busker at the market and a dog takes on more than it can chew.











Time for reading books

ne of the bright benefits to going bi-weekly with *Friday AM* is finding time to sit down and read books. My left eye is fixed and I gained a gift of time. I recently got through two loaned books covering local themes - *A Mingled Yarn* by Nick Hutchinson and *The Bushman's Lair - On the Trail of the Fugitive of the Shuswap*, and, just now, purchased a new book I cannot put down.

After dropping in at the Pumpkin Patch and AppleFest events, I checked out Piccadilly Mall's anniversary celebration. Then did what I often do, stepped into Bookingham and looked at this \$40 book, wondering, "should I or shouldn't I.

This time I did - a 600-page book, now in soft cover, called "The Lyrics" by Paul McCartney. Such a treasure to read first hand the backgrounds of his treasured songs. There are illustrations throughout as well as rough notes like the one shown here from "We can work it out." That song, by the way, was written prior to his split with Jane Asher which he said was akin to losing two women in his life - Jane's mom as well. He looks back at those lyrics, and admits there's a bit of selfishness on his part when he keeps singing "try to see it my way". There are many fine insights in this book. Mc-Cartney is fully appreciative that people find different meanings from his own. These are his own words on that subject:

"I always feel sorry for people trying to learn the English language, when there are so many ambiguous words, but it's a lucky thing for a

I wrote the first couple of verses, and then I wrote out the middle

O Tryto see it may wan

to 3 have to keep an talking till 9 can't go on

While you see it your wan

you wan to have any that our love may soon be

We can work it out get it straight or say good

we can work it out get it straight or say good

we can work it out out

songwriter. You're writing and it's coming in to you, and you're just grabbing the bits you like. And what are you grabbing? It's something magical, and sometimes there's more meaning in it then even you thought there was, but the cosmos wants you to put these words down because they will explain something to someone. Starting with yourself."

0.00

Still reading, and likely will into the night, my new book by Paul McCartney on backgrounds of all the songs. Here's a neat tradition by Liverpool lads that would be great practiced here. He writes: "Growing up I knew a lot of old ladies - partly through what was called Bob-a-Job Week. .. You'd get a shilling for cleaning out a shed or mowing a lawn.

Later I would go and offer to do shopping. I'd bring the stuff back and we'd sit in the kitchen and just chat." Well, that is so lovely - hardly sounds like Liverpudlian punk behaviour. Now back to the book.

eh?/em! Mid-Month AM October 18

Blog Post

All Month SALMON Mid Month ARM

Oct. 7, 2024 • 1st posting of day • FriAM.ca

Dep. Commissioner RCMP (Ret) speaks at Veterans Dinner

The former deputy commissioner of the RCMP was guest speaker at Salmon Arm Legion's annual Veterans Dinner Oct. 7.

Garry Loeppky spoke of the present crisis in Lebanon and the year that immediately followed his retirement as Deputy Commissioner in 2006. While working on he and wife's retirement home in White Lake, he received a call to lead the investigation of the assassination of Lebanon leader Rafic Hariri.

The multi-nation intense and dangerous investigation eventually convicted three of the masterminds in the killing.



> Garry Loeppky, former RCMP deputy commissioner speaks at Veterans Dinner.









> Above, Herb Pendell, the oldest veteran at age 100, served in World War 2. Legion executive perform a special toast ceremony to fallen comrades.

FOREST IN THE FALL





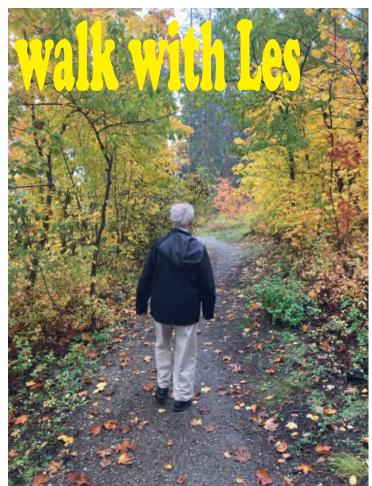


> Top: Diversity of trees in the Cemetery trails: Birch, Cedar & Douglas Fir; Leaves turn brilliant colours Left: Pond is low. Right: no sign of bears, except this imposter. Below: There are elves living here and an alien mushroom. (I added the mouth.)













READY TRAIL linking Okanagan & 5th Ave NE

fter this morning's rain, it was a perfect afternoon to walk the woodsy **Ready Trail** that runs north/south between Maplewoods and Sherwood Forests subdivisions. Autumn in all its brilliant glory.

On the left and below are a few off-trail scenes. There doesn't appear to be any water in the pond off Okanagan to swim in. Below left is the carriage house Lorne & Leslie Kiehlbauch recently moved into so that their daughter's family could move into the main house. Below, this cul-de-sac roundabout would look far better with landscaping than a parking lot for pickup trucks.







Tony Hawk & Eminem are grandpas Mick Jagger is a Dad











> The children know what to do. Image by Gunduz Aghayev

