

# Friday

Feb. 20, 2026

MID-MONTH

Next issue: March 6

# AM

## RIPCORD & FILM FEST

4,16

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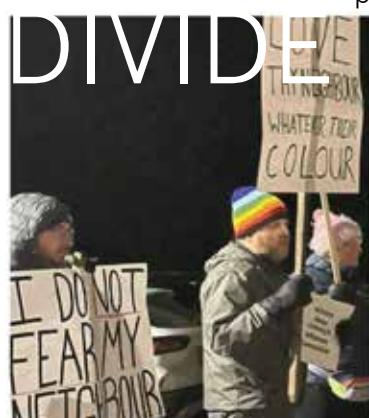
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## WIDE DIVIDE



> There was a wide divide between the views of the 200 inside Sorrento Hall to hear Dallas Brodie, leader of the controversial ONEBC Party, and a crowd of about 80 protesters with signs and drums gathered outside. /3



Photos off Facebook



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### Family Fun Day /2,7

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### Scott's Pick of the Week



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Pink shirt day Feb. 25

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NO. 1388

**FRIDAY AM**  
FEB. 20  
2026

February Mid-Month  
EDITOR & PUBLISHER  
Lorne Reimer  
250.833-1141  
[fridayam@shaw.ca](mailto:fridayam@shaw.ca)

**DROP-OFFS**  
Hucul Printing 471 - 5th St SW  
**DEADLINES**  
Tuesday Noon  
**CIRCULATION**  
All Month (1st Fri) 4,100  
Mid-Month (3rd Fri) 3,100  
FriAM.ca: Worldwide  
**■ Go to FriAM.ca for Bonus Blog Post Pages!**  
○ Friday AM acknowledges covering the Shuswap and sharing the lands on the traditional territory of the Secwepemc peoples.

**FriAM.ca**

## Homeowner found deceased at property showing

A realtor and potential buyer at a scheduled home showing in Salmon Arm made a shocking discovery. RCMP said when there was no answer, the realtor used her key to enter the residence and began a tour.

"The realtor and client went into the bedroom and found a man believed to be asleep," said Cst. Andrew Hodge. They then exited the

residence, and the realtor contacted the listing agent to try to get a hold of the property owner.

After unable to reach the owner, the realtor entered the home again and then found that the homeowner was actually deceased.

Police said the property owner was believed to have died of natural causes. The matter was referred to the Coroners Service. ■

## Multi truck wild chase at Blind Bay

Continued from front

Cst. Andrew Hodges said the family member went against police advice and continued following the stolen black F-350 several kilometres up a dirt road.

"The vehicles eventually came to a stop, and reversed into the police vehicle, disabling it, and fled the scene." The truck was located shortly after, stuck in a ditch in Eagle Bay. Minutes later, a resident reported a male and female running up a driveway and stealing a 2006 Ford dump truck.

The Ford dump truck was followed up a forest service road and found abandoned.

Police Dog Services were then engaged and attended. While in the middle of the dog track, police could hear a female screaming for

help in the distance.

Just after 2 am during the Feb. 8 chase a 911 call came in from a woman reporting she fell down an embankment into a stream of water and suspected she had a broken leg. Police trekked 1.6 kilometres through dense forest and steep terrain, eventually finding the woman.

The woman was arrested for possession of property obtained by crime, theft of motor vehicle, dangerous operation of motor vehicle, and assault peace officer with weapon. She was then escorted back to the police vehicle and transported to a local hospital, where she was released from police custody with a future court date. A male suspect has been identified, and the three stolen vehicles were all recovered. ■

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**PAGE 3**

**AM**  
FEBRUARY MID-MONTH

## Both supporters and protesters

The provincial tour by Dallas Brodie, leader of the new ONEBC party, has been well received by meeting goers, but strongly opposed by large groups of protesters.

Her views on repealing rights declarations, reconciliation measures and residential school denialism have especially rankled the Indigenous community. A joint statement from three Shuswap bands said the meeting at Sorrento Hall and other BC locations "contributes to the spread

**MOLEHILLS**

**Lorne Reimer**



of misinformation and hate and directly undermines the safety and dignity of Indigenous peoples in our territory."

Many who left the meeting supporting her, claimed Brodie did address inclusion and respect of the law as well as her views on taxation, immigration and SOGI.

However, there is little doubt that her views are objectionable to not only protesters since it was former BC Conservative leader John Rustad who ousted her for "extreme" views. ■

> The newly renovated building next to Shuswap Theatre sports matching colour, but I digress, check out the new kiosk announcing today's play opening, 'Ripcord'



Alas, LASS (Literacy Alliance of the Shuswap Society) is moving to a new space at 40 Lakeshore Dr. The Salmar Classic, its former home - is about to undergo renovations for a total repurposing - including leveling the theatre floor.



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## ANNUAL MEMBERSHIP SALE

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Sunday, Feb. 22

Club Shuswap's annual Membership Sale is Back!! Save 10% on annual membership at your favourite family golf course - 9-hole Coyote Ridge • 18-hole Lakeview Greens & best driving range facility in the Shuswap

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# Festivities

> **Hot Chocolate Trail** - Feb. 1 to 28. See back cover for details. #SAHotChocolateTrail

> **Heritage Week** - Feb. 18-21. Events at Piccadilly. Hosted by Haney Village. See ad, P.9

> **Coldest day of the year** - Feb. 28. Fundraiser for food security and hosted by Shuswap Food Action. See cnoy.org

> **Shuswap Film Festival** - Feb. 20 - 28, Salmar. / P.16

> **Trail Alliance online auction** - Bids now open. / P.5

> **Red Gala** - Fundraiser for Cardiac Society. Feb. 21, Prestige. Tix at shuswapcardiacsociety.org

> **Chinese New Year** - Feb. 17-Mar. 3. Year of the Horse

> **Family Fun Event** - 10-2, Feb. 28 at Snowblazers, Fly Hills

> **Pink shirt day** - Feb. 25, sprinkling kindness, not bullying

> **Shuswap Seed Swap** - Mar. 7, Splatsin Centre. / P.5

> **Women's Day** - Mar. 8.

> **Shuswap Music Festival** - Apr. 8-May 1. shuswapfestival.com

> **St. Patrick's Day** - Mar. 14.

# Arts

> **Salmon Arm Art Gallery**

- Ok, buddy, Jan. 24 to Mar. 28. Immersive exhibition with Cate Currie, Todd MacCormac and Paul Hopkins.

> **Cardiff Miller Art Warehouse** - 11-5, Sat., Sun., Enderby. cardiffmillerartwarehouse.ca

> **Atelier Gallery** - 321 Hudson Opening Feb. 6 - George Lesniewicz & Marc Brzustsky landscapes

> **Courtyard Gallery** - Enderby. February Open Show

# Concerts

> **Ebony Roots** - 7:30, Feb. 22, Nexus at First. Concert experience from Sound the Alarm Music Theatre. Vancouver's legacy meets Motown, Hendrix & Gershwin.

KSO (without orchestra) brings six renowned musicians Tix www.kamloopssymphony.com or door.

> **Celebrate Shuswap Dance Parties** - Song Sparrow Hall

• **Mostly Marley**, Mar. 14. Reggae dance party with food & atmosphere

• **Jesse Roper**, April 18. Sold out.

See celebrateshuswap.ca

> **SA Jazz Club**-

• **Sean Bray Quartet**, Feb. 26

• **Carl Mayotte Quintet**, Mar. 12

• **Gareth Seys Quintet**, Mar. 26

• Also jazz nights at Lakeside Manor 6:30, (3rd Tues).

> **Small Hall Music Crawl** -

• **Joshua Smith & Colin Easthope**, Feb. 21, White Lake Hall

• **Megan Abel & Steph Clifford**, Mar. 21, Sunnybrae Hall

• **Ben Arsenault Band**, April 25, Carlin Hall.

> **SA Community Band** -

• Ready.. Set. March, 7 pm, Mar. 7, Nexus at First.

> **Northern Lights Chamber Choir** - Music for the Moments we share, 2 pm, Mar. 1, St. Mary's, Sorrento and 2 pm, Mar. 8, Nexus at First. By donation

> **Coffeehouse circuit**-

• Grindrod (1st Fri)

• Carlin (1st Sat)

• Sunnybrae (2nd Sat)

• Gleneden Hall (3rd Sat).

• Enderby Srs Complex (3rd Fri.)

• Eagle Bay Hall (4th Sat)

• Silver Creek, 4th Sat feat. Chorogues

• **Shuswap Writers Group**, 2-4 pm,

4th Fri, First Community. Off 4th St.

Bring your writing, or come to listen.

> **Kamloops Symphony** -

• **Infinite Bach** (next Salmon Arm concert), Apr. 19 at Nexus at First.

Tix at kamloopssymphony.com

> **Okanagan Symphony** -

• 'Mostly Mendelssohn', 2 pm,

Mar. 8, Vernon. ticketseller.ca

> **Comedy Misfits** - 7 pm, Feb.

26, Brixx Brewhouse, Prestige

Resort. comedymisfits.com

> **Bad Moon Riders** - Creedence Clearwater Relived, 7 pm, April

11, SA Rec Centre. eventbrite.ca

> **Ennis Sisters** - 7:30, April 25,

Song Sparrow Hall. Captivating and Juno winning family

group from Newfoundland.

> **Just for Kicks** - Next page ▶

**Two Australian favourites:**

> **Kim Churchill** - April 26, Song Sparrow Hall. Tickets on sale now at rootsandblues.ca One of last year's surprise hits at last year's Roots & Blues.

> **Daniel Champagne** - May

7, Song Sparrow Hall. Australian

virtuoso called one of 'finest

guitarist of this generation'.

> **Roots & Blues** - July 24 to 26.

Earlybird tickets now on sale. www. rootsandblues.ca. First wave of performers to be announced soon.

# Theatre

> **Ripcord** - Feb. 20 to Mar. 8, Shuswap Theatre. The cantankerous Abby has to share quarters at Senior living facility with an infuriating new arrival. Tix at shuswaptheatre.com and Choose Refill shop.

> **Auditions** - *Book of Will*, 7 pm, Feb. 22, 23, 24, Shuswap Theatre. jebody@telus.net

> **Shamrock Shenanigans** - 7 pm, March 14. Shuswap Theatre 7 pm, Feb. 22, 23, 24,

# Sports

> **Silverbacks** -

**Away** - • Feb. 28: vs. Vernon

**Home** - Feb. 20: 7 pm vs. W. Kel.

• Feb. 21: 6 pm vs. Blackfalds

• Feb. 27: 7 pm vs. Okotoks

• Mar. 6: 7pm, vs. West. Kelowna

> **X-Country Skiing** -

BC Cup Race, Feb. 7

skilarchhills.ca

> **Curling Centre** -

Women's Open, Feb. 20-22

Mixed Bonspiel, Mar. 6-8

> **Winter Olympics** -

now to Feb. 22. P. 9

□ SportSpot - P. 13

# at the movies

> **SALMAR GRAND**

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• **I can only imagine 2**. 1:40 Sat., Sun; 6:50 nightly. A singer is living the dream with his break-out hit, but behind the spotlight, his past threatens the family he's built. Based on a true inspirational story behind the song. (G).

• **Goat**. 1:50; Sat., Sun; 6:30 nightly. An all-animal world with a pro-sport called roarball played by the fastest and fiercest. (G)

• **Wuthering Heights**. 1:05, Sat., Sun; 6:40 nightly. An original imagining of one of the greatest love stories. Starring Margot Robbie and Jacob Elordi as Cathy and Heathcliff (14A sex, suggestive scenes)

• **Crime 101**. 1:05, Sat & Sun; 6:20 nightly Detective closes in on a string of heists happening along LA's 101 freeway. (14A, lang.).

■ **Shuswap Film Society** • shuswapfilm.net

• **FILM FEST**, Feb. 20-28. Full schedule / P.16

• **Holy Days**. Boy travels to retrieve mom from heaven

• **The Art of Adventure**. Journey by Robert Bateman

• **No other Choices**. Farcical look at downsizing

• **It was just an accident**. Iran political prisoner story

• **Rental Family**. American lands job in Tokyo

• **Little Lorraine**. Intrigue around a mine explosion

• **A Poet**. Comic look at an aging Colombian poet

• **The Love that Remains**. Charming life in Iceland

• **The Choral**. WW2 Yorkshire group boosts morale

• **The Blue Trail**. Senior woman in dystopian drama

• **Leave one Day**. Restauranteur leaves Paris for roots

• **Mr. Nobody against Putin**. School recruits soldiers

• **Dog on Trail**. Lawyer defends a canine client.

■ **LIVE from N.Y. MET OPERA**

• Wagner's **Tristan und Isolde**, 9:55 am, Mar. 21

■ **SHUSWAP CHILDREN'S FESTIVAL**

March 25 to 28. See page 14

# city lights

■ **vernon** • ticketseller.ca

Creekside (C) • Performing Arts (P)

**Legally Blonde**, Feb. 20-Mar. 7 (Pow)

**Tom Allen** (NOCC presents), Feb. 24 (P)

**Steve Ray Vaughan tribute**, Feb. 25 (P)

**U2 tribute**, Apr. 25 (P)

**Seaton Indie Rock Fest**, Mar. 5 (Sr. Sec)

**Leonard Cohen tribute**, Mar. 6 (C)

■ **Kelowna** -

**Matt Anderson & Mariel Buckley**, Feb. 28

**William Prince**, Mar. 2

**Dashboard Confessional**, Mar. 22

**Guys and T Dolls**, April 22

**Bonnie Rait**, June 19 • **Weird Al**, Sept. 2

■ **Kamloops** - **George Thorogood**, Mar. 17

■ **Vancouver** - **Shen Yun**, April 8 to 12. Q.E.

**Canucks home**, Feb. 25, 28, Mar. 2, 4, 6, 7, 9, 12

**World Cup tickets on sale**

# You're Invited

- > **Farmers' Roundup** - to discuss the future of Shuswap farming, hosted by Shuswap Community Farm Co-op, 9-1, Feb. 21. Lunch Provided, Shuswap Lake Estates. Register to [shuswapfarmcoop.ca](http://shuswapfarmcoop.ca)
- > **Skills sharing workshop** with organic gardening expert Sue Moore, 6 pm, Feb. 20, Silver Creek Hall. Seed starting, direct seeding, Q&A, seed sale.
- > **Shuswap Garden Club** meets 7 pm, 4th Tuesdays, 5th Avenue Activity Centre. FB or [shuswapgardenclub@gmail.com](mailto:shuswapgardenclub@gmail.com)
- > **Shuswap Seed Swap**, March 7, Splatsin Centre. Speakers Sue Moore on starting a garden, 10:30; Mikaela Cannon, 11:30 on preparing Spring foraging; Chris Mathieson, 12:30 on saving seeds. Bring seeds to share. [shuswapseedssavers.ca](http://shuswapseedssavers.ca)
- > **Shuswap Climate Action Society AGM**, 7 pm, Mar. 4 by zoom. Dr. Amy Green to speak on "staying human in a warming world - coping with anxiety, eco-grief and hard conversations. Register at [shuswapclimate.org](http://shuswapclimate.org)
- > **Repair Cafe**, Feb. 28, Mall at Piccadilly.
- > **SA Council**, 2:30, 2nd/ 4th Mondays.
- > **CSRD**, 9:30, 3rd Thursdays. > **SD83**, 6:00, 3rd Tuesdays.
- > **Downtown Market**, Sat. mornings Ross plaza.
- > **Best of the Shuswap Pie Baking Contest**, Feb. 21. Piccadilly, as part of Heritage Week by R.J. Haney. "Stir the Pot," theme celebrates food as heritage. Bake favourite from-scratch apple, berry, or fruit pie. Drop off 10-11 am.
- > **Shuswap Trails Online Silent Auction** at <https://trellis.org/2026shuswaptrailsfundraiser>. Family friendly Spring Celebration on BC Trails Day, June 6.
- > **Free Lunches**, 11:30 to 1, Wednesdays, First Community (United Church). See above for Hearts of the Table gala fundraiser, Feb. 14 for Wednesday lunches.
- > **Guided meditations**, 7 pm, Thur. United Church (Enter off 4th St.)
- > **Toastmasters**, 7 pm, Thurs., Okanagan College.
- > **Health-Care Aux** 1:30, 3rd Tues, Piccadilly.
- > **Book club**, 6:30, Feb. 24, Library in Piccadilly Mall, to talk about Fire Weather by John Vaillant and the overall topic of climate change. Ask for one of the reserved copies at the library desk.
- > **Peace n' Pizza**, 5:30, First Community. (3rd Fri., by donation). Feb. 20 speaker Stewart Johnson - from Scottish warrior to man of peace. Monthly event to build humanity through story-telling and dining conversation. See [peacebuilders.world](http://peacebuilders.world).
- > **Shuswap Writers Group** (SWG) meets 11 am, 1st/ 3rd Wed. Piccadilly Mall board room; Coffeehouse, 2-4 pm, 4th Fridays, First Community, 4th St. ent. \$5 [Shuswapwritersgroup.weebly.com](http://Shuswapwritersgroup.weebly.com)
- > **Friends of the Library book sale**, Mar. 13, 14, Piccadilly.
- > **EmpowER** - 6-8, Mar. 4, Chances casino, celebrating Women's Day & Women in Construction week. Trade show, snacks, guest speaker. RSVP required. See P.15
- > **Board games**, 6:30 pm Fridays, Gleneden Hall. 250-253-7469
- > **Hot Chocolate Trail**, all February. Details on back cover.
- > **Okanagan College Salmon Arm Open House**, 5-6:30, Mar. 31
- Email events to [fridayam@shaw.ca](mailto:fridayam@shaw.ca)

## MORE CONCERTS

- > **Just for Kicks** - 'Pirates of the Caribbean', 6 pm, Mar. 5 and 6, and 1 pm, Mar. 7 in the main JFK studio. Tickets at Just For Kicks studio and at Shuswap Ticket & Gift kiosk in the Piccadilly mall

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## POWERHOUSE QUARTET

After a decade as a pillar of the Okanagan music scene, guitarist Sean Bray is back for a visit from his new homebase in Toronto. Named one of Canada's top 50 guitarists by CBC, Bray will bring his "warm, expressive style" to Nexus at First, 7 pm, February 26.

For this special engagement, he will lead a powerhouse quartet with local Jazz Club favourites - Craig Thomson (sax), Stefan Bienz (bass) and Scott Gamble (drums). The evening promises a sophisticated blend of beloved jazz standards, plus his own original compositions, which *JazzTimes* has lauded as "bristling with bluesy gait" and "note-bending." ■



> Sean Bray has a guitar style

## WALK FOR FOOD SECURITY

This year's Coldest Night of the Year walk is set to go Feb. 28. Several teams are busy raising funds for food security, over half way there to a \$100,000 goal. Teams are to gather at Downtown SASCU Feb. 28 for a Walk Party at 4 pm with the 2 & 5 km routes beginning at 5 pm, culminating in a delicious meal outside Askew's.

**Top 20 Team funds raisers** as of Feb. 17: KaRiNG KReW \$4,135

- Sockeye Swim Club \$4,006 • Shuswap Food Action \$2,673 • Trilogy Solutions \$2,305 • SASCU Snowballers! \$2,080 • cold callers \$1,870 • Local Greens \$1,748 • Rotary Daybreak \$1,426 • Edward Jones \$1,500 • Jackson Jays \$1,430 • RE/MAX \$1,125 • McElhaney \$1,110 • eXp Crew \$1,020 • S. Canoe Trailblazers \$1,260 • Buckerfields \$910 • Castanet \$725 • SFAS Souper Meals \$725 • BGH Gals \$675 • Walk by Faith - Share Jesus' Love \$650 • The Witches of Salem Arm \$505 • Winner Winner Chicken Dinner \$550.
- More teams - TeamShuswapClimateAction • Frosty Forsiter's • BDO • Team CSC • Winterwitness • City of Salmon Arm • Dragonfly Automation • For the Kids • 6 Beans Roasting • 4AGers • Royal LePage Access • Farmers Market • Green Team • Sicamous Steppers • SAFE Society • Feeding our Future • Holey Handpies • Zest Food Hub • Sweet P's • Elan Family Wellness • Chances • Redpoint Construction • Tiny Steps Team • Hub Insurance • Shuswap Optometric • Arcade Accounting

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## Defending engineers

I have a confession to make. I am an engineer. We are rated by the public as about the 17th most disliked profession and among mechanics and people dealing with machinery as number one on the hate list.

**REPAIR GUY**  
**Barry Marshall**

Clearly, when the entire body must be taken off a truck to replace its transmission something has gone

wrong. I detect more of the sticky fingers of accountants in the new non serviceable transmissions.

In olden days you changed the oil and it lasted forever now the bean counters have worked out that when the sealed unit expires the vehicle is too old to make an economic repair so you'd better buy a new car.

Not surprisingly, repairs are extremely expensive and rising. The extra hours designed into even routine maintenance and the "main dealer only" electronics is BigAuto looking after its franchises which, incidentally, is where you go to buy new vehicles.

Given the wider commitment to EV's I don't think BigAuto is on its own in reducing the life-cycle of traditional vehicles. It is just a convenient grab for them. If you used to change at 5-10 years and now its 3-5 and the gap between EV and traditional costs is narrowing how long before we are all using volts not calories?

Its not necessarily a bad thing but being manipulated is. Not surprisingly politicians and accountants rank much lower than engineers in people's esteem, and quite rightly! ■

Tech/social commentator Barry Marshall can be reached at Barry-Marshall@gmx.com

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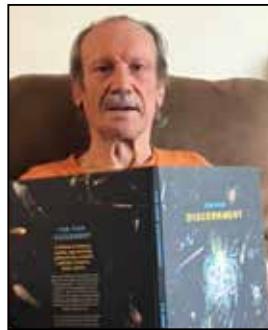
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> Elders and community members from the Shuswap Nation Tribal Council held a signing ceremony that included traditional drumming, language and smudging at Okanagan College's Salmon Arm campus – pledging Me7 elkstwécw-kt – to work in partnership – to better future generations. "Together, we are demonstrating what it looks like when business, education, and Indigenous governance move forward in true partnership," said Tribal Kukpi7 Darrel Draney.



> CBC journalist Jacqueline Gelineau has been assigned to a new news base in Salmon Arm. This is welcome news and we look forward to much more coverage of Salmon Arm and Shuswap stories from the Kelowna-based CBC radio. She can be reached at [jacqueline.gelineau@cbc.ca](mailto:jacqueline.gelineau@cbc.ca)



> Everyone has some legacy that lives on. Ernie Scheil of Salmon Arm has created a treasure trove of multi discipline art, poetry and prose over the years that he has thoughtfully gathered together in a small run beautiful volume. "A full five decades of life nearly spent, and yet a childish fervour burns within me still" he writes in the preface of his book 'For your Discernment'. He reflects on a unique life growing up in both LA and remote BC, and now enjoying his retirement years inspired to draw and write.



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THE 30TH ANNUAL EVENT!

BC Heritage Week

HeritageBC

## STIR THE POT

February 16–21, 2026

Food brings us together. From family recipes and shared meals to community traditions passed down through generations, food is at the heart of our heritage.

Join us for Heritage Week 2026 and take part in activities that celebrate the stories, skills, and flavours that connect us.

**GET INVOLVED:**

- Bid in the Online Heritage Week Auction
- Enter the Best of the Shuswap Pie Baking Contest
- Enter the Online Contest
- Join us for Family Fun Day on Saturday, February 21 at the Mall at Piccadilly
- Visit the Mall at Piccadilly February 16-21 and explore Heritage Week displays by the Salmon Arm Museum and community partners. For more information, visit [www.piccadillymall.com](http://www.piccadillymall.com)

**MORE INFO:**

Scan for full details, contest rules and bidding information.

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# HOME PAGE



> Copper Island Fine homes of Blind Bay has won numerous I Central Interior CHBA Keystone Home Builder awards since 2008, and won two more this month for this beautiful home.

Median home price \$700,000 range;  
median 1 bedrm. rental around \$1,500

**A**s of February 2026, the Salmon Arm real estate market features roughly 139-150 plus homes for sale, with a median list price of approximately \$699,000 to \$745,368. The market is active, with diverse options including single-family homes around \$887,000, townhouses at \$560,000, and condos at \$303,000. Listings range from affordable homes to high-end waterfront properties.

The rental market is characterized as extremely tight, with a critically low vacancy

rate of 0.5% to 0.8% and rapidly rising rents, which increased by over 12% year-over-year as of early 2026.

A 1-bedroom unit now averages around \$1,500/month. Scarcity has created intense competition, with a significant shortage of 3-bedroom units, making it difficult for families to find suitable housing.

Fortunately, large rental apartment complexes are newly arrived on the market or are on stream for completion by the end of the year.

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> As of 2pm, Feb. 18, Canada won four medals in free-style skiing, three in speed skating, five in short track and one in snowboarding. At press-time, the women's hockey team was pumped up for Thursday's gold game against USA

## Salmon Arm's four Olympic speed skaters

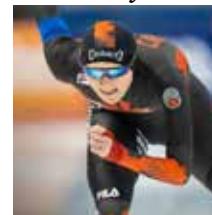


Mike Hall, Olympics '94  
father of Laura & Daniel

Marcia Beckner, Olympics '68

Daniel Hall, Olympics '26

(along with younger sister, Laura, who placed 13th out of 20 on the first day)



### THE HALL SIBLINGS



Photo by Greg Kolz/COC

Laura Hall of Salmon Arm finished ninth at 7:02.90 in the Speed Skating Women's 5000m race at the Milano Cortina 2026 on Feb. 12.

She faltered on the final lap of the gruelling 12.5 lap race in her first Olympics.

"I'm excited for Laura Hall. She has a beautiful future," said CBC Sports analyst Anastasia Bucsis. "She's hard-working with talent to boot."

Canada's Isabelle Weideman placed fifth in the race unable to repeat her silver-medal performance from the 2022 Beijing Olympics. She finished in a season-best 6:50.08, 3-100ths faster than her silver effort on Dec. 5 at a World Cup stop in Heerenveen, Netherlands, but nearly four seconds from bronze in today's race.

Italian speed skater Francesca Lollobrigida, the reigning women's world champion, won gold.

In the earlier 3000 m race the second day of the Olympics, Laura Hall placed 13th out of 20 in the 3000 m.

Her brother, Daniel, Hall, also on the speed skating team representing Canada, will race Feb. 19 and 21.

## The other Salmon Arm sibling pair

While the Shuswap cheers on a brother and sister duo's debut at the Winter Olympics - speed skaters Daniel and Laura Hall, there's another local sibling pair to cheer on in March.

Madeleine Wilkie, pictured on the left, has qualified for Team Canada to race at the FIS Nordic Junior World Ski Championships in Lillehammer, Norway March 2 to 8.

At the same time, her sister, Natalie Wilke will once again compete at the Paralympics in Milan Cortina around the same time, March 6 to 15. ■



> Madeleine Wilkie competing in Norway while sister competes at Paralympics.

## Medal standings as of Wednesday

Medal winner	1	2	3	Others
1 Norway	15	8	10	33
2 Italy	9	5	12	26
3 United States	7	11	6	24
4 France	6	7	4	17
6 others				
11 Canada	4	4	6	14

# Right thing

Dear federal leaders,  
**L**ast week, amid the horrors in Tumbler Ridge, I saw something hopeful.

At the bidding of a local Indigenous leader, I saw you - Canada's Prime Minister, the Leader of the Opposition, and Governor General joining hands. You held hands as parents who love their children, who traveled together to be in solidarity with families torn apart by tragedy.

I was deeply proud to be a Canadian at that moment. This is what leadership looks like, this is how we stand together in the face of pain and suffering. This is how we say that all children are precious, and we will do whatever is within our power to protect them.

our power to protect them. I  
And now dear leaders, I  
call upon you to stand to-  
gether and protect children  
beyond our borders. By  
the end of this month you  
will have to decide where  
or not you are going to  
continue to allow military  
components to be shuffled  
across the border to be  
used in its genocide of the  
Palestinian people.

The so-called ceasefire has continued to kill people in Gaza on a daily basis. Ignoring nearly 80 years of brutal colonial oppression, intimidation, arrest and detainment often without charge, land theft and apartheid, it has been said that nothing justifies October 7 and yet everything that has happened in the 860 days since is justified by October 7.

Where we stand morally in the defence of children hangs in the balance of your decision to close the loopholes that continue to allow children to be slaughtered. For the sake of mothers and fathers everywhere, I ask you to do the right thing.

**Rev. Juanita Austin  
Salmon Arm**



# City FIXINGS



**S**treet cleaning in February? It's been that kind of winter. Alas, flurries are in the forecast this weekend.

# Bravos & BOOS



> **BRAVO** to efforts to forge stronger relations between individual middle powers Canada, Australia, New Zealand and UK. Combined, these nations tally 139 million population, \$6.6 trillion economy, the biggest land Mass on the planet and the fourth largest military budget.

> **BRAVO** to all the introverted, empathetic, socially awkward souls who are pushing past their comfort zones to share their gifts with the world.

## Signs UP



> This sign greets customers leaving the Hideaway Pub. Perhaps proceeding forward might be an effective way to catch those who may have consumed too much.



# Who gets mental health support and who does not

By Ava Lamerton, Canadian Mental Health Association

**M**ental health is a growing concern across the country, but new research from Mental Health Research Canada (MHRC) reveals that not everyone in Canada has equal access to the help they need.

The first volume in MHRC's new series on Access to Mental Health Care offers a deep, data-driven look at who is most in need of mental health support and who is being left behind.

Produced in partnership with Pollara Strategic Insights and supported by online national surveys conducted from 2022 to 2024, the report examined responses from Canadians across a wide range of demographic groups, including age, gender identity, ethnicity, income, and province.

The findings are clear: those with the greatest mental health needs often face the most significant barriers to care. Even more troubling, many who do access support still report that it doesn't fully meet their needs.

Young Canadians are facing higher mental health needs than any other age group. In the past year:

- 19 per cent of young people accessed mental health services.
- This compares with 17 per cent of middle-aged Canadians, and only 7 per cent of older Canadians.
- Youth were also most likely to report needing care, but not receiving it.

These results align with other national studies indicating rising rates of anxiety, depression, and suicidal thoughts among teens and young adults, particularly since the pandemic.

Respondents who identified as Caribbean/African (12 per cent); Asian (7 per cent) or other (6 per cent) were more likely to report needing care, but not receiving it, compared to North American or European respondents (4 per cent). This suggests a need for more culturally responsive and accessible services tailored to diverse communities.

Income remains a significant factor in mental health access. Canadians earning less than \$30,000 annually were more likely to need mental health support; access it (17 per cent); and say they needed it but could not get it (7 per cent).

Lower-income individuals often face cost-related barriers, limited transportation, and long wait times, all of which can prevent them from getting timely and effective care.

This report isn't just a collection of statistics; it reflects the real struggles many Canadians face when trying to care for their mental health. From students who can't find a counselor, to newcomers who don't feel understood, to non-binary youth left out of health systems altogether, the message is clear: mental health support in Canada is not yet equitable.

With continued research and a commitment to listening to those most affected, MHRC's Access to Mental Health Care series hopes to drive meaningful change.

You can access Meeting the Demand: Assessing Mental Health Support Across Demographic Groups in Canada and the full MHRC Access to Care series at: <https://www.mhrc.ca/access-to-care-report> ■

- Ava Lamerton worked as a summer student for CMHA Shuswap-Revelstoke and is studying for her Masters in Psychology.
- Good mental health is essential to overall health and well-being. For information or support contact CMHA Shuswap-Revelstoke by calling (250) 832-8477 or email [sr@cmha.shurev.ca](mailto:sr@cmha.shurev.ca)

**Mental Health Matters**



## REPLACEMENT PAUSED

**S**almon Arm council has paused plans to replace the demolished Memorial Arena with a new indoor recreation facility.

Mayor Alan Harrison said in a news release that significant work was undertaken by that group of representatives that formed after the town hall meeting in June, 2024, however much has changed over the past two years.

"Private and government funding sources are currently limited, and construction costs have continued to escalate," said the mayor.

"In addition, the recently completed and soon to be fully lit synthetic field has helped extend local sports seasons.

"The time isn't right to build

a new indoor recreational facility. The economic uncertainty that many are experiencing requires local governments to spend prudently and focus on core infrastructure needs."

Harrison said that when conditions improve, the City will "draw on the valuable work completed by this group to help inform future planning for recreational facilities.

He said the City thanks discussion group members for their time, expertise and commitment to improving recreational opportunities.

Harrison said that updates will continue to be shared with the community as future recreation planning evolves. ■

## REPAIR CAFE

**Saturday Feb 28, 10am - 3pm at Piccadilly Mall**

Do you have something you love that's broken?  
You're in luck!

Shuswap Makerspace and Piccadilly Mall are hosting a Repair Cafe! Bring your lamps, small appliances, wooden items, clothing items, or anything near and dear to your heart that needs a bit of love and fixing and our volunteers will do our best to get it fixed!

[www.shuswapmakerspace.ca](http://www.shuswapmakerspace.ca)  
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[shuswapmakerspacecoordinator@gmail.com](mailto:shuswapmakerspacecoordinator@gmail.com)

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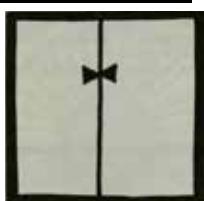
Donation days Mon, Thurs.

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11-4, Sunday, March 22, Comfort Inn &amp; Suites, Salmon Arm Free admission

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&gt; Man in tuxedo who stood too close to the closing door of an elevator.

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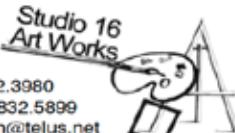
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250.804.3033 • 120 Harbourfront**NOTICE****Request for Proposal:**Large strata complex Salmon Arm requires exterior painting of 31 buildings. Bidding closes Mar. 31. Please contact [kas0881@keystone.pm](mailto:kas0881@keystone.pm) for details.**SERVICES****SALMON ARM STORAGE**SECURED/Easy Access  
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○ For more information and an application, find SACP at [salmonarmcitizenspatrol.ca](http://salmonarmcitizenspatrol.ca) or Facebook

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# WEATHER

## SYNOPSIS



Sunny Friday.. High -2 to Low -7  
Possible flurries Sat. and Sun.

**Normal: +3 C to -7 C**

**Sunrise 7:06 • Sunset 5:18**

**Past Temps, Feb. 4 to 17**

By weather reporter Nick Parsons

SW Gleneden, 458 m (119 m above lake):

**DATE HIGH LOW PRECIP.**

Feb. 4 +6 +4

Feb. 5 +6 +2

DATE	HIGH	LOW	PRECIP.
Feb. 6	+6	+3	
Feb. 7	+5	+3	1/16" rn
Feb. 8	+9	+1	
Feb. 9	+5	-1	
Feb. 10	+7	-1	
Feb. 11	+6	0	
Feb. 12	+9	0	
Feb. 13	+6	+1	1/16" rn
Feb. 14	+7	+2	1/16" rn
Feb. 15	+6	-2	
Feb. 16	+4	0	1" snow
Feb. 17	+4	-1	

**> Nick's notes and edited note to Global News:** I record daily precipitation and temperatures in Salmon Arm, and have done so for eight years for *Friday AM* publication. Yesterday, on Feb. 4, it was reported on Global Okanagan TV News of the January precipitation for Vernon to Penticton being extremely low and as low as 20 per cent of normal in the 10 mm range. The Salmon Arm rainfall for this period was 78 mm. To date this winter from Nov. 1, Salmon Arm has received 228 mm of rain and 27 cms. of snow. Rainfall is exceptional for this period, snowfall very low. As Salmon Arm is well-known on Global Okanagan TV News, our rainfall totals should be recognized.

# PASSAGES

**LEGACY LIVES ON**  
[shuswaphospitalfoundation.org](http://shuswaphospitalfoundation.org)  
[shuswapfoundation.ca](http://shuswapfoundation.ca)

**Bowers Funeral Service**  
[bowersfuneralservice.com](http://bowersfuneralservice.com)

- ❖ Shaun Berkholz  
February 9, 2026, at age 68  
*2:30, Feb. 21, Enderby Sr.*
- ❖ Clive Callaway  
February 1, 2026, at age 82
- ❖ Olwen Landers  
January 31, 2026, at age 97
- ❖ Eric & Darlene Smith  
January 25, 2026  
*11 am, Feb. 16, Silver Creek*
- ❖ Barry Visscher  
February 11, 2026, at age 69  
*1 pm, Feb. 23, Cornerstone Christian Reformed Church*
- ❖ Annie Weinacker  
February 7, 2026, at age 91

**Fischer's Funeral Services**  
[fischersfuneralservices.com](http://fischersfuneralservices.com)

- ❖ William 'Bill' Ash  
February 9, 2026, at age 84
- ❖ Karen Dorothy Acher  
February 6, 2026, at age 69
- ❖ Dorothy 'Joan' Barz  
January 30, 2026, at age 100
- ❖ Rudolf Gerardus Bohmer  
February 6, 2026, at age 89
- ❖ Allen Stuart Clark  
February 8, 2026, at age 72
- ❖ Gerald 'Gerry' Hill  
February 10, 2026, at age 87
- ❖ Margaret Irene Lyon  
February 1, 2026, at age 75
- ❖ Carol Ann Magri  
February 10, 2026, at age 80
- ❖ Ben Lambertus Meyer  
February 7, 2026, at age 92
- ❖ Wesley Dale Nickel  
February 5, 2026, at age 66

- ❖ Shelley Colleen Streit  
January 30, 2026, at age 49
- ❖ Mark William Ellens  
December 26, 2026, at age 56
- ❖ Leonard James Gamble  
January 31, 2026, at age 95
- ❖ Rev. Jesse Jackson Jr., 84  
*Civil rights leader*
- ❖ Jim Robson 91 *Canucks sportscaster*
- ❖ Robert Duvall, 95, *Oscar award winning actor*
- ❖ Brad Arnold, 47. *Sang and wrote 'Kryptonite'*
- ❖ James van der Beek, 48  
*star of Dawson's Creek*
- ❖ Teacher and students at *Tumbler Ridge school*
- ❖ Shannada Aviugana-Durand, Zoey Benoit, Ticaria Lampert, Abel Mwansa, Ezekiel Schofield, Kylie Smith, Emmett Jacobs, Jennifer Jacobs
- ❖ Eddie Carver, fought *destruction of Africville black community in Halifax in 70s*
- ❖ Billy Steinberg - *Wrote many hits include 'True Colors' and 'Like a Virgin'*

Two local authors are on this week's *Passages list*. Retired teacher Leonard Gamble authored three books on World War 2 and Clive Callaway co-authored *On the Living Edge: Your Handbook for Waterfront Living* on shoreline conservation.

# SPORT SPOT

**> SILVERBACKS**

**20 W • 16 L • 3 OTL,  
2 SOL • 45 pts**

*Interior West:* W. Kel. 62 • Trail 48 • SA 45 • Cran. 32 • Vernon 27

*1st other divisions:* Pr George 52

• Cowichan 65 • Blackfalds 55

• **Scores:** Feb. 6: Cranbrook 5, SA 1 • Feb. 7: SA 4, Cranbrook 2

• Feb. 13: SA 7, Okotoks 1 •

Feb. 14: Brooks 7, SA 4

• Feb. 16: Sher Park 6, SA 2

• **Coming up:**

*Home* - Feb. 20: 7pm vs. West Kelowna • Feb. 21: 6 pm vs. Blackfalds

• Feb. 27: 7 pm vs. Okotoks • Mar. 6: 7 pm vs. West Kelowna

• Mar. 13: 7pm vs. Vernon • Mar. 20: 7 pm vs. Spruce Grove

• Mar. 27: 7 pm vs. Brooks • Mar. 28: 7 pm vs. Brooks

• **Away:**, Feb. 28 vs. Vernon • Mar. 7: vs. Trail • Mar. 14: vs. Vernon Mar. 22: vs. Spruce Grove •



> A goal! Photo from Trail 7-2 game from 'Backs website

**> CURLING • Women's Open**, Feb. 20-22 • **Mixed**, Mar. 6-8 **SAS Girls team** at High school Provincials this weekend.

**> Gleneden Hall - Pickleball**, 5:30 & 7:30, Mon/Thu, \$5, indoor shoes, eye protection, water. 250-253-0025. **Yoga drop-in** by donation. 7:30 am, Tue, Wed, Thur. 250 888-4211

**> Winter Olympics**, Feb. 6-22 and Paralympics, Mar. 6 to 15, Milano- Cortina, Italy. See page 2 for local athletes. / **P9**

**> Larch Hills** - details at [skilarchhills.ca](http://skilarchhills.ca)

Chalet open 8am-10pm, Trail lights dusk to dawn, 5:30am - 10 pm- Women's Skate Ski Clinic, Feb. 19 and 26, Larch Hills.

**> Funspiel** - Feb. 21, Enderby Curling rink.

**> SA Minor Hockey - Try program** now accepting registrations on SAMHA website. Free - children 5-12, Mar. 17, 18, 19

**NOSL playoffs** begin Feb. 21 • **OMAHA tiering playoffs** begin Feb. 20.

**V**alentine's Day marked the 130th birthday of Eric Valentine Gordon, born in Salmon Arm, Feb. 14, 1896. He eventually went on to study in Oxford and teach in Leeds and collaborate with the great author, J.R.R. Tolkien. Tolkien called Gordon "his devoted friend and pal" in his diary and together they formed the Viking Club where they would read old Icelandic sagas and presumably drink beer.



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# 325 ALEX

## Season 2, Episode 22

Henry knocked on the door of apartment #201. He was holding a bag of Indian take-out. It was after nine o'clock, but he figured Shirley would be up for a meal.

Shirley opened the door and sniffed, "What's that?"

"I brought butter chicken, lamb birjani, naan, and rice. Let me see the cat cam footage."

Shirley smiled at his bribe. "Henry, you are wise beyond your years. I'll set the table." She nodded to the monitor. "You check the cameras. I saved the bit I mentioned."

When she called him to join her at the little table, Henry looked thoughtfully over to Cougar, sleeping quietly on the couch..

"What did you think?" Shirley asked between bites.

"I think we need to be prepared for trouble. Good thing you installed that sprinkler system in the building."

"I'd rather not have it go off, though. They make a mess."

They pondered through the meal, and then glanced up as a new monitor view flashed on.

Henry glanced over to Cougar, "What's that? Cougar's here."

"Regular security cameras, silly. They respond to movement. That's actually Lester's feed for the store."

"You can see...?" He thought better of asking. Of course she could see his feed. He looked at the monitor and tilted his head. "You know, I think I should adjust the angle a bit," Henry said, standing up and taking his plate to the sink. "I'll be right back. I'm just going to borrow this step stool."

Shirley watched the feed as a figure in a black hoodie appeared at the back door and slipped inside. "Henry, why are you going into the store?" she muttered to the monitor. Then Henry appeared under the camera, waved up with a grin, and set Shirley's step stool down. "Oh no!" said Shirley to Cougar, who blinked up at her. "That wasn't Henry! Someone was breaking into the tech store!"

She was reaching for her phone to call 911 when the door to the tech store swung open, knocking Henry off the step stool.

The person in the black hoodie carried out a box and ran out of camera view, while in the beam of the security light, Henry lay on the ground, insensible. n

□ Episode 23 will run in the March. 6 Friday AM.

Read Friday AM in print or online. **FriAM.ca**



> Local novelist Shawn Bird.

# ONE FILM AT A TIME

Sharing a story together has a way of slowing time. Long before on-demand entertainment and packed calendars, families found other ways to connect.

Evenings were spent around kitchen tables playing cards, reading aloud by lamp-light, listening to the radio or simply talking about the day. Storytelling, whether through books, music or conversation, was central to family life. These shared moments were not rushed, and they helped build strong bonds rooted in togetherness.

The advent of motion pictures quickly became a new way for families to experience stories together. Early movie houses were bustling community spaces where people of all ages gathered to laugh, marvel and escape into shared worlds.

It wasn't a solitary activity; it was an event. Families dressed up and reacted together as the lights dimmed and the screen flickered to life.

As it evolved the golden age of Hollywood to colourful animated classics, movies became a common cultural language and a way for parents and children to share imaginative adventures and talk about values, challenges and emotions.

Even after television entered the home, movies retained a sense of occasion. Before streaming services came along, there was the ritual of the local video rental store. Families wandered the aisles, debated choices and sometimes settled for a second-best pick when the first choice was out. That shared decision-making, followed up by gathering in the living room and the experience was far more than what was playing on the screen.

It was about the giggles, the shared snacks, the moments of awe or emotion, and the simple comfort of being together.

Shared experiences strengthen emotional bonds, improve communication and create a sense of belonging that supports children's

**FAMILIES FIRST**  
Shuswap Children's Association

social and emotional development. A walk after dinner, a board game at the table, or enjoying a film together are moments that help families slow down and reconnect in ways especially important in a fast-paced, digitally driven world.

That spirit of togetherness is at the heart of the **7th Annual Children's Film Festival**, March 25 to 28 at Salmar Grand on Hudson. Each morning will feature four thoughtfully selected films, for a total of 16 movies. Films are chosen to both entertain and inspire conversation, laughter, reflection and connection for all ages.

While movies can be viewed on demand through a number of different streaming services, watching a movie in a theatre offers something uniquely powerful. Families have a chance to unplug, sit side by side, and experience cinematic stories together, then conversation long after the credits roll. In a world full of individual screens, it's a chance to return to a collective experience.

Families are at the heart of everything we do at Shuswap Children's Association and the Children's Film Festival is one of our favourite ways to bring community, storytelling and creativity together in a way both timeless and deeply relevant.

For a full schedule and information on pre-sale passes, visit our website at [www.shuswapchildrens.ca](http://www.shuswapchildrens.ca) or follow us on Facebook and Instagram.

□ Email the association at [info@shuswapchildrens.ca](mailto:info@shuswapchildrens.ca) or call 250-833-0164 ext 0. Program referrals can be made through the website or dropping by 551 Trans-Canada Hwy NE next to Royal Lepage.

□ To learn more about Shuswap Children's Association, email [info@shuswapchildrens.ca](mailto:info@shuswapchildrens.ca)



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**Friday Night BINGO**  
Doors open at 5 pm  
Games begin at 6:30  
Concessions!  
Gaming license 151881

# WORD SEARCH

## Winners at the Grammy awards

T D T K A L C H A I N S W H I P S B T W G Q F Y J  
 U C M Z A C H K D V T F G S P N X I J I N W O B O  
 R U E C H A N G E S G C Y O C N U R E L X Y L C P  
 N R S K E S T E F A N Y R U D I R D L D D I D A O  
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 E T S A Y N M R T N U D T T Z L Z Y N T W L R J F  
 Y A O I B Y V A Y I G X B S W S D I E J S A W X F  
 > Luther, Bad Bunny, Wildflower, Dean, Cirkut, Amy, Messy, Defying Gravity, Mayhem, Impala, Abracadabra, Eusexua, Yungblud, Changes, Birds, Nine Inch Nails, Turnstyle, Alone, Cure, Kehlani, Thomas, Folded, Bloom, Mutt, Chains Whips, tv off, GNX, Mad Skillz, Windows, Portrait, Southern Nights, McBride, Laufey, Arkai, Buena Vista, Stapleton, Jelly Roll, Bitin List, Zach, Staples, Guy, Cancionera, Estefan

# HIDDEN GEMS

THIS QUOTE SPACE HOSTED BY  
 Hidden Gems Bookstore, 331 Alexander  
[www.hiddengemsbookstore.com](http://www.hiddengemsbookstore.com)

> "Choices, Chances, changes.. You make the choice to take a chance if you want anything in life to change." ~ Zig Ziglar

> Rev. Jesse Jackson Jr. who died this week at age 84:

"Both tears and sweat are salty, but they render a different result. Tears will get you sympathy; sweat will get you change."

"Never look down on anybody unless you're helping them up."

# FUNNY BONE

Funny things tourists say (from FB):

> A woman frantically fanning her hands while viewing Niagara Falls  
 "You'd think they'd do something about this mist, wouldn't you?"  
 > "What time does the one o'clock gun go off?"  
 > "Other than Fenway Park, is there anything else historic in Boston?"  
 > "Do you guys in Malaysia use money there or trade stuff?"  
 > "Is that the moon up there? I don't know I'm just visiting the area."  
 > "Why build the castle so far from the motorway?"  
 > Tourist: "Where you from?" Me: "Australia." Tourist: "Giddy mate! That's not a knife! Steve Irwin! ... Are you from Sydney?" Me: (Sigh) "Four hours west of Sydney."  
 Tourist: "My cousin lives in Perth, maybe you know him!"

# POP QUIZ

> What are the differences between British Isles, UK, Great Britain?  
 > What is the most populous island in all Canada?  
 > What is Canada's largest island in area?

> **Baffin Island:** 507,451sq. km, (195,928 sq. mi).  
 > **Montreal Island:** area 472.6 sq. km (190 sq. mi); 2 million pop.  
 Ireland, Republic of Ireland  
 > **British Isles:** Scotland, England, Wales, Isle of Man, Northern  
 > **UK:** Scotland, England, Wales, Northern Ireland  
 > **Great Britain:** Scotland, England, Wales

# PICTURE THIS



> Above - The pothole Olympics. Make sure to watch for cars.  
 > Above right - A bad omen? A major sea surge occurred on this year's Valentine's Day collapsed Italy's famous Lovers' Arch.

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Have you bought your TFSA yet? Do you need travel or mortgage insurance? Pile your money in a wheelbarrow and bring it on in. Be sure to check our website mallarkey.ca for our up-to-date posted GIC rates.



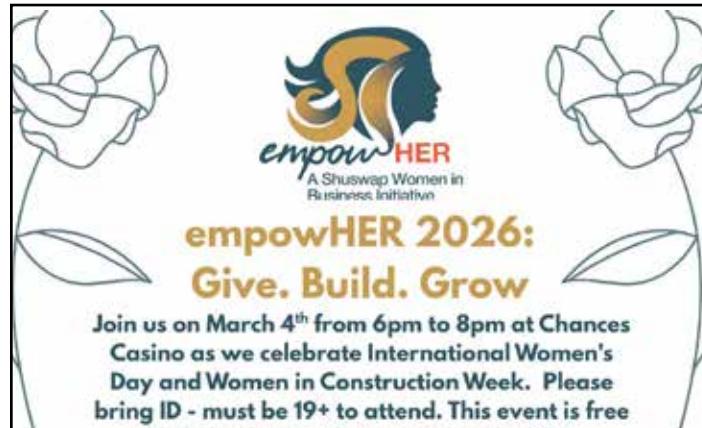
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 315-360 Trans Canada Hwy SW, Salmon Arm, BC V1E 1B6

THIS WEEK

Savings Account	1.50%	No Change
90-Day Cashable	2.25%	No Change
1 year	3.29%	Down 0.01%
2 years	3.37%	Up 0.01%
3 years	3.50%	Up 0.03%
4 years	3.40%	No Change
5 years	3.53%	Up 0.03%

\* GIC rates as of Feb. 17, 2025, subject to change without notice. Certain minimums and conditions may apply

Daron Mayes, BBA, CPA, CA, CFP  
 Investment Funds Advisor



Join us on March 4<sup>th</sup> from 6pm to 8pm at Chances Casino as we celebrate International Women's Day and Women in Construction Week. Please bring ID - must be 19+ to attend. This event is free of charge and in partnership with WeBC.

Trade Show  
 Light Snacks  
 Refreshments  
 Guest Speaker  
 Door Prizes



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 SALMON ARM



WEBC



RSVP Required:

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Funded by the Government of Canada's Women Entrepreneurship Strategy

SHUSWAP FILM SOCIETY

51st Great Season | [www.shuswapfilm.net](http://www.shuswapfilm.net)

# Shuswap International Film Festival

36th

13 international films at Salmar Grand.

■ **Holy Days** (New Zealand) • 4:00, Feb. 20 • ^4:05, Feb. 26 • Hilarious and heart-warming quest by a boy who teams up with three nuns for a wild trip to retrieve his late beloved mother from heaven (PG) 

■ **The Art of Adventure** (Canada) • 10:30 am, Feb. 21 • ^4:05, Feb. 22 • Documentary on extraordinary friendship between artist Robert Bateman and biologist Bristol Foster and their journey around the world. (PG)

■ **No other Choice** (South Korea) • 10:35 am, Feb. 21 • ^4:00, Feb. 23 • Farcical look at the inhumanity of corporate downsizing brought on my AI and robot machines. (14A)

■ **It was just an Accident** (Iran/France) • 1:30, Feb. 21 • Eghbal recognizes his torturer from time as a political prisoner. Nominated for two Oscars. (PG)

■ **Rental Family** (US/ Japan) • 4:00, Feb. 21 • ^4:00, Feb. 25 • American in Tokyo (Brendan Fraser) lands unusual gig working for a Japanese 'rental family' agency. (PG)

■ **Little Lorraine** (Canada) • 10:30am, Feb. 22; ^4:05, Feb. 25 Set around 1986 Cape Breton mine explosion, coastal fishing and international cocaine trade. (PG)

■ **A Poet** (Un Poeta) Colombia • 4:05, Feb. 21 • 10:35am, Feb. 22 • A poet that is not aging gracefully in this comic, perceptive take on Colombia's current social milieu. (PG)

■ **The Love that Remains** (Iceland) • 1:30, Feb. 22 • ^4:05, Feb. 24 • A charming story with a dreamlike soundtrack and scene stealing Icelandic sheepdog and landscape. (14A)

■ **The Choral** (UK) • 4:00, Feb. 22 • ^4:00, Feb. 24 • WW1 era Yorkshire choral group determined to boost morale. (PG)

■ **The Blue Trail** (O último azul) (Brazil) • ^4:05, Feb. 23 • ^4:05, Feb. 27 • Dystopian drama of a senior woman who resists forced move town in the Amazon to isolated senior colony. (PG)

■ **Leave one day** (Partir Un Jour) France • ^4:00, Feb. 26 • Paris restaurateur returns to roots after father's passing. (PG)

■ **Mr. Nobody against Putin** (Denmark) • ^4:00 Feb. 27 • A teacher covertly documents the state's transformation of classrooms into recruitment grounds for the war in Ukraine. (PG)

■ **Encore Presentation**, 1:30, Feb. 28 • Chosen by audience.

■ **Dog on Trial** (Le Proces Du Chien) (Switzerland) • 4:00, Feb. 28 • Lawyer takes on canine client. Closing night film features dog-themed treats before and more treats after. (PG)

Also featuring...

■ ^ Weekday afternoons, 4 pm, Monday to Friday  
 ■ **Trivia Quiz**, Enter to win gold pass to next year's Festival.  
 ■ **'Cans' Fest**, Drop off cans for Second Harvest Food Bank.  
 ■ **Meal deal coupons offered.**

Regular season continues...

• **A Private Life** (Vie Privée) (France), 4:00, Mar. 7 (PG) Slyly comic psychological thriller starring Jodie Foster. (14A)  
 • **Late Shift** (Heldin) (Switzerland), 4:00, Mar. 14. A love letter to the understaffed nursing profession. (PG)  
 • **Father Sister Mother Brother** (US), 4:00, Mar. 21. Adult children come to terms with aging or lost parents. (PG)

[www.shuswapfilm.net](http://www.shuswapfilm.net)

■ Tickets \$8 • 5-film pass \$35 • 13 films \$65 • \$5 at door 13 & under  
 ■ Tix at door or Wearabouts. ■ Questions: [mail@shuswapfilm.net](mailto:mail@shuswapfilm.net)



Fire when you know how to control it

> Sicamous firefighters offered a variety of demonstrations to the cooking class at Eagle River Secondary, including this fire that would be every cooking class teacher's worst nightmare.



2025 Hot Chocolate Trail  
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**TWO WAYS TO VOTE!**

1. Receive a voting ballot with each hot chocolate purchase.
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**Try them all!**  
Which one is your favourite?

Entry deadline February 28/26.  
Winners announced March 3, 2026.

# Feb. 20 SALMON ARM Beat Pages

16 online only pages • Print 1st/3rd Fridays • FriAM.ca



## Why you should always arrive early for the movies

I seem to have more than my share of embarrassing moments in my daily life. Here is my latest, embarrassing moment #1501

Shuswap Film Society was showing a movie shot and set in Winnipeg, so, of course, I wasn't going to miss that. Its premise was a Korean mom flying to Winnipeg to be with her daughter recovering in the hospital after a bad fall on the ice while being stalked by a big bear. Oh yea, unless things have changed in my home city, never ever heard of a bear lurking about downtown... Salmon Arm or Churchill, maybe, but....

Anyway, the mom did a lot of cringey mom-like and bewildered newcomer things trying to cope with the fact that one day she was in Seoul, the next day in the middle of a particularly cold and snowy prairie winter.

So back to my moment. In my haste, I forgot the film society moved to the Grand even though I faithfully publish the schedule

After walking down Alexander toward the Classic, I pivoted a quick 180 and headed down the Hudson to the Grand. By the time I

arrive the movie already started. The daughter in the story is already lying on the ice pavement unconscious. The bear has already walked off looking for some dumpster.

The theatre is absolutely pitch-black from my running in from outside and, no exaggeration, it is full to the rafters. So I go to a seat that I think is empty, and sit myself down and, as I do, I can hear the voice of some poor little lady.. Yes, I sat right on her. I apologize. I apologize to her, to Thomas who I somehow now recognize, and everybody else on the row.. As I make my way to the other aisle, I keep hearing each worried movie goer saying, 'Full!', 'Full!' Full! 'Full!'

Finally I found a seat in the second row from the front, double checking to make sure the seat was fully empty.

The movie was fun, a little quirky at times, and when it ended, instead of reading the closing credits as I usually do, I high tailed it to where that couple was sitting, and apologized profusely.

They laughed and took it well. Whew!

Sat  
  
3° -6°

# SALMON ARM Beat

Feb. 14

FriAM.ca • Print issues 1st & 3rd Fridays



TEAM  
CANADA  
3 silver  
4 bronze  
7 medals  
17th place

(1st - Norway  
10G, 3S, 7B, 18M)



> Elliot Grondin,  
snowboard silver

## To-do's

- SWFT hockey tourney, Feb. 13-16 Rogers Rink. 28 teams!
- Movies
  - *Wuthering Heights*
  - *Ghost* • *Iron Lung*
  - *Crime 101*
  - Film Society - *Mother & the Bear*; 4pm, Sat.; Film Festival, Feb. 20-28
- OK Buddy Art Show, Art Gallery.
- Art Fair, Piccadilly
- Vernon Winter Carnival Feb. 6-15
- Valentine's Day
  - Honey Bear dance at Song Sparrow Hall
  - 5th Ave Centre with The Gentlemen
  - Heart at the Table, Gourmet dinner fundraiser for First Community lunches
  - Sunnybrae Coffeehouse, Saturday
- Lantern Procession 7 pm, Sunday, Riverwalk, Enderby
- Ripcord opens Feb. 20, Shuswap Th
- Red Gala for Cardiac Society, Feb. 21, Prestige Inn
- Heritage Week, Feb 18-21, Piccadilly Mall
- Used Book Sale Saturday, Salmar Classic
- Family Day, Monday & long weekend

## Garage door surprise

**A** car passenger with outstanding arrest warrants jumped out of the vehicle and ran when RCMP attempted a traffic stop Sunday afternoon.

According to Cst. Andrew Hodges, the officer stopped at a known residence a block away and knocked on the door. He advised the person who they were looking for. The sound of a garage door could be heard out of sight of the front door, and, unbeknownst to the wanted man, another officer was waiting at the garage door for him.

"The man was observed crawling out of the garage as the door opened trying to slip away again, but he was arrested without incident by the awaiting officer.

Tyler Armstrong, 31, was arrested on multiple warrants - fail to comply with order and fail to comply with order by entering a motor vehicle without the registered owner present were added. Armstrong remains in custody.

Cst. Hodges said this was another example of "great proactive work" by local police. ■



> Happy Valentine everyone, and a special valentine to Annette & Art Borkent, always seen walking and cycling around town together, over 50 years in love.

> And happy 130th birthday to Eric Valentine Gordon, born on Valentine's Day in Salmon Arm. He eventually went on to study in Oxford and teach in Leeds and collaborate with the great author, J.R.R. Tolkien. Tolkien called Gordon "his devoted friend and pal" in his diary and together they formed the Viking Club where they would read old Icelandic sagas and presumably drink beer.





*I think this t-shirt slogan from the opening line of The Beatles' 'Day in the Life' sums it up well... A day in the news can get so depressing these days. So here are a selection of photos I collected from Facebook to help lighten the load.*



> This is perhaps not the best example of keeping the garage behind the house where it doesn't dominate the look of the front so much.

> Watch where you drive - the pothole olympics!

Why does Social media keep doing this? For at least the third time in the past year, people have posted that Stephen Stills of CSN&Y has died. There's something happening here, what it is ain't exactly clear, but for what it's worth, please STOP with these false death notices! I hate clickbait!



> Did you notice the Canadian flag was most prominent at the front of the procession of flags in Bad Bunny's half time performance at the Super Bowl?

> And, oh boy, I'm working on the news today for the Mid-month issue next Friday. There's still time to send in newsy content or your ad to [fridayam@shaw.ca](mailto:fridayam@shaw.ca)

> It's warm enough to take your jacket off in Edmonton too! Having said that, could be snow on Tuesday here. Juno & Sofia



Mon  
5° 0°

Feb. 9

# SALMON ARM Beat

FriAM.ca • Print issues 1st & 3rd Fridays



## To-do's

- Salmar Grand
- Send Help
- SoloMio
- The Housemaid
- Iron Lung
- Film Society, Feb. 14: *The Mother & the Bear*
- OK Buddy Art Show, Art Gallery.
- Art Fair, Feb. 6-13  
Piccadilly Mall
- Vernon Winter Carnival Feb. 6-15
- Karen Wiseman, 7pm, Feb. 12, Nexus Carnival Feb. 6-15
- Valentine's Day
  - Honey Bear dance at Song Sparrow Hall
  - 5th Ave Centre with The Gentlemen
  - Heart at the Table, Gourmet dinner fundraiser for First Community lunches
  - Fundraiser for Hospice, Sorento.
  - Sunnybrae Coffeesh.
- Lantern Procession 7 pm, Feb. 15, Riverwalk, Enderby
- Ripcord opens Feb. 20, Shuswap Theatre. Tix on sale
- Red Gala for Cardiac Society, Feb. 21, Prestige inn
- Trail Alliance auction now on.
- Family Day Feb. 16

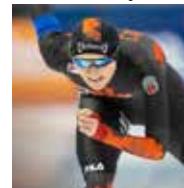
## Salmon Arm's four Olympic speed skaters



Mike Hall, Olympics '94  
father of Laura & Daniel

Marcia Beckner, Olympics '68  
Daniel Hall, Olympics '26

(along with younger sister, Laura, who placed 13th out of 20 on the first day)



> The 2010 Winter Olympics in Vancouver gave free tickets for the 500 metre speed skating race to the Salmon Arm Speed Skating club. It must have been really inspirational because 16 years later, two local skaters, including the little boy on the far right, are competing at this month's Olympics in Milan, Italy. Also pictured in this photo by Sylvia Lindgren are Daniel and Laura's father Mike Hall who competed in the 1994 Olympics, and Marcia Beckner who competed in Grenoble in 1968. Go Canada!



## WELCOME!

> CBC journalist **Jacqueline Gelineau** has been assigned to a new news base in Salmon Arm. This is welcome news and we look forward to much more coverage of Salmon Arm and Shuswap stories from the Kelowna-based CBC radio. She can be reached at [jacqueline.gelineau@cbc.ca](mailto:jacqueline.gelineau@cbc.ca)

Tue  
Cloudy  
3° -4°

# Feb. 10 SALMON ARM Beat

FriAM.ca • Print issues 1st & 3rd Fridays



> Women from Salmon Arm Tennis club cheered from the nosebleed section at the Davis Cup tournament in Vancouver to help Team Canada defeat Brazil. Marianne VanBuskirk photo

## To-do's

- Salmar Grand
- *Send Help*
- *SoloMio*
- *The Housemaid*
- *Iron Lung*
- *Film Society*, Feb. 14: *The Mother & the Bear*
- **Fugitives** dance band play 2-5 Wed 7 7-10 Thur, SA Legion
- **OK Buddy Art Show**, Art Gallery.
- **Art Fair**, Feb. 6-13 Piccadilly Mall
- **Vernon Winter Carnival** Feb. 6-15
- **Karen Wiseman**, 7pm, Feb. 12, Nexus
- Carnival** Feb. 6-15
- **Valentine's Day**
- Honey Bear dance at Song Sparrow Hall
- 5th Ave Centre with The Gentlemen
- Heart at the Table, Gourmet dinner fundraiser for First Community lunches
- Fundraiser for Hospice, Sorento.
- Sunnybrae Coffeesh.
- **Lantern Procession** 7 pm, Feb. 15, Riverwalk, Enderby
- **Ripcord** opens Feb. 20, Shuswap Theatre. Tix on sale
- **Red Gala** for Cardiac Society, Feb. 21, Prestige inn
- **Family Day** Feb. 16

## REPLACEMENT OF OLD ARENA BUILDING PAUSED

**S**almon Arm council has paused plans to replace the demolished Memorial Arena with a new indoor recreation facility.

Mayor Alan Harrison said in a news release that significant work was undertaken by that group of representatives that formed after the town hall meeting in June, 2024, however much has changed over the past two years.

“Private and government funding sources are currently limited, and construction costs have continued to escalate,” said the mayor.

“In addition, the recently completed and soon to be fully lit synthetic field has helped extend local sports seasons.

“The time isn’t right to build a new indoor recreational facility. The economic uncertainty that many are experiencing requires local governments to spend prudently and focus on core infrastructure needs.”

Harrison said that when conditions improve, the City will “draw on the valuable work completed by this group to help inform future planning for recreational facilities.

He said the City thanks discussion group members for their time, expertise and commitment to improving recreational opportunities.

Harrison said that updates will continue to be shared with the community as future recreation planning evolves. ■

## MEDAL STANDINGS

Medal winner	1	2	3	Gold	Silver	Bronze
1 Norway	6	1	4	6	1	3
2 Germany	3	2	1	3	2	1
3 Switzerland	3	1	1	3	1	1
4 Austria	2	3	0	2	3	0
16 others						
12 Canada	0	1	2	0	1	2

> Team Canada won silver in the speed skating short track mixed relay. The short track team has its sights on several more.

## THE HALLS

*Salmon Arm brother & sister speed skaters: (PST)*

**Laura Hall:** She races again- 5000 m, 7:30, Thurs, Feb. 12

1st race: 13th out of 20

**Daniel Hall:** 1st race, 1500 m, 7:30, Feb. 19.

Races mass start, 6am, Feb. 21

Wed  
2° -4°

# Feb. 11 SALMON ARM Beat

FriAM.ca • Print issues 1st & 3rd Fridays

blog  
three

hug your  
children  
closer  
tonight.

## NINE DEAD, INCLUDING SUSPECT, IN TUMBLER RIDGE SCHOOL SHOOTING

Updated from  
earlier post

The small northern community of Tumbler Ridge and the entire province are in shock by the news of a mass school shooting that left nine dead and 25 victims requiring medical attention.

Two of the deceased were found in a nearby residence, and seven others, including the shooter with self-inflicted injuries, were shot in the high school. One victim who was earlier reported by police to have died on route to hospital, is now reported alive and in care.

She was one of the two victims airlifted with significant injuries.

The RCMP has now confirmed that the 18-year-old shooter goes by the name Jesse Van Rootselaar and was “born as a biological male” and “identified as female, both socially and publicly.”

According to RCMP Deputy Commis-



### late on Tumbler Ridge shooting

sioner Dwayne McDonald, the suspect’s mother, Jennifer Strang and a brother, Emmett, were found deceased in the family residence..

“The incident at the home occurred first, and from there our suspect attended the school and commenced their criminal activity there, and that’s how we learned there were two deceased at that residence,” McDonald said.

Most of the deceased were age 15 or under.

The Throne Speech planned for Thursday has been cancelled for a province-wide day of mourning.

Wed



2° -4°

Feb. 11

# SALMON ARM Beat

FriAM.ca • Print issues 1st &amp; 3rd Fridays



TEAM CANADA

1 silver, 2 bronze

13th place

THE HALL SIBLINGS

Speed skating team

Laura: 1st race: 13th out of 20, Next race, Feb. 12

Daniel: Races Feb. 19 &amp; 21

## To-do's

- **Salmar Grand**
- *Send Help*
- *SoloMio*
- *The Housemaid*
- *Iron Lung*
- *Film Society*, Feb. 14: *The Mother & the Bear*
- **Fugitives** dance band play 2-5 Wed 7 7-10 Thur, SA Legion
- **OK Buddy Art Show**, Art Gallery.
- **Art Fair**, Feb. 6-13 Piccadilly Mall
- **Vernon Winter Carnival** Feb. 6-15
- **Karen Wiseman**, 7pm, Feb. 12, Nexus Carnival Feb. 6-15
- **Valentine's Day**
- Honey Bear dance at Song Sparrow Hall
- 5th Ave Centre with The Gentlemen
- Heart at the Table, Gourmet dinner fundraiser for First Community lunches
- **Linda Sue Wilson, & Les Copeland**, Thur. Setters.
- Sunnybrae Coffeesh.
- **Lantern Procession** 7 pm, Feb. 15, Riverwalk, Enderby
- **Ripcord** opens Feb. 20, Shuswap Th
- **Red Gala** for Cardiac Society, Feb. 21, Prestige inn
- **Family Day** Feb. 16

## 'Deeply troubling' hall rental

The chief and council of the Neskonlith Indian Band expressed concern over a booking at Sorrento Hall for a public meeting Tuesday night by the leader of the ONEBC Party.

"We have supported and utilized your facility in good faith, believing it to be a safe and respectful space that upholds values of inclusion, mutual respect and community well being" wrote the chief in a letter to the hall board.



The leader of the party, MLA Dallas Brodie, had been ousted by the BC Conservative Party for her "extreme views".

Its more controversial policies include eliminating SOGI in schools, repealing Indigenous rights declarations and the "reconciliation industry" and strict immigration controls.

Brodie is also a denier of the unmarked graves at the Kamloops residential school.

The council said it was "deeply troubled" and "respectfully requested" that the booking be cancelled. ■

## ALAS, LASS IS MOVING

After more than a decade calling the space above the Salmar Classic home, the Literacy Alliance of the Shuswap Society (LASS) is preparing a new chapter.

Alas, renovations on the historic building mean that LASS offices will soon be settling into a new space at 40 Lakeshore Dr. near Shuswap St.

The Society will continue offering literacy support with such programs as One-to-One Children's Literacy Valid After School Reading Programs, Come Read With Me workshops, Tech Tutors digital assistance, Unplug

and Play Family Literacy Week, plus the much-loved annual Spelling Bee.

A pop-up fundraiser book sale is planned for this Friday and Saturday from noon to 4 in the lobby of the former Salmar Classic Theatre.

Valentine's Day Saturday is also International Book Gifting Day, a worldwide celebration of sharing the joy of reading. A minimum donation of \$2 per book is requested, with all proceeds going towards our move.

For more information about programs, volunteering or events visit [shuswapliteracy.ca](http://shuswapliteracy.ca).



> Happy 105th 'heavenly' birthday to my father, Erdmen (Ed) Reimer. Photo a month before his passing at age 71. Also happy b'day to Todd, born the winter of '69, who has helped me deliver Friday AM for well over 20 years.

Wed



2° -4°

# Feb. 11 SALMON ARM Beat

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blog  
two



Silver for short track relay

1		Norway
2		Germany
2		Sweden
4		Switzerland
16 others		
13		Canada

## Real estate showing finds homeowner deceased

**A** realtor and potential buyer arrived for a scheduled home showing in Salmon Arm and made a shocking discovery.

RCMP say when the realtor knocked on the door and there was no answer, she used her key to enter the residence and began a tour.

“The realtor and client went into the bedroom and found a man believed to be asleep,” said Cst. Andrew Hodge, describing how they then exited the residence, and the realtor contacted the listing agent to try to get a hold of the property owner.

After she was unable to reach the property owner, the realtor entered the home again to wake the property owner and found the homeowner was actually deceased.

Police say the property owner was believed to have died of natural causes. The matter was referred to the Coroners Service.

**W**hile on pro-active patrol the evening of Jan. 31, RCMP observed a Honda CRV recognized to be stolen November 2025. The suspect vehicle had been linked to several other offences across the Okanagan since

Police report that the officer drove past the

vehicle and saw a male driver and female passenger. “The vehicle took off at a high rate of speed, and the initial officer lost contact but informed all other on-duty officers of the direction of travel of the vehicle.”

Another officer spotted the vehicle on Okanagan turning left onto 29th St NE, where the two were observed jumping out of the vehicle and running away.

After a brief foot pursuit, a lone officer was able to locate and arrest one female. As other officers arrived on scene the suspect vehicle was no longer there.

Police Dog Services was engaged. While holding the scene one officer spotted the male suspect running through yards near 23rd St SE. A second officer heard over the radio the suspect’s location and engaged in a lengthy foot pursuit, where the suspect eventually jumped over some bushes and fell down.

The male was arrested for possession of property obtained by crime, and also had several known outstanding warrants. The man was held for a bail hearing to appear before a judge. The Honda CRV was recovered unoccupied two days later.

Mon  
1° -3°

# Feb. 16 SALMON ARM Beat

FriAM.ca • Print issues 1st & 3rd Fridays

	Norway
	Italy
	United States
	Sweden
9 others	

TEAM  
CANADA  
2 gold  
4 silver  
5 bronze  
9 medals  
15th place  
(1st - Norway  
12G, 7S, 7B, 26M)



> Sidney Crosby set a record with 16 points in his Olympics game career.

## To-do's

- Family Day, Monday & long weekend
- SWFT hockey tourney, Feb. 13-16 Rogers Rink, 28 teams, 500 female players
- Hot Chocolate Trail, all this month
- Movies
  - *Wuthering Heights*
  - *Ghost* • *Iron Lung*
  - *Crime 101*
  - *Film Festival*, Feb. 20-28
- OK Buddy Art Show, Art Gallery.
- Ripcord opens Feb. 20, Shuswap Theatre, Tix online and Choose Refill
- Red Gala for Cardiac Society, Feb. 21, Prestige Inn
- Heritage Week, Feb 18-21, Piccadilly Mall Family Fun Day events Saturday, Feb. 21, including annual baking contest.
- Chinese New Year, starts Tuesday
- Ebony Roots, celebration of black music, Feb. 22, Nexus at First
- Winter Olympics ends Feb. 22. Daniel Hall races Feb. 19, 21.
- Paralympics runs March 6 to 15 after the Olympics



> This is how opportunity PR works. If a 1970s classic hit starts 'Standin' on the corner in Winslow, Arizona..", you put up a sign on the main corner.

## The other Salmon Arm sibling pair

While the Shuswap cheers on a brother and sister duo's debut at the Winter Olympics - speed skaters Daniel and Laura Hall, there's another local sibling pair to cheer on in March.

Madeleine Wilkie, pictured on the left, has qualified for Team Canada to race at the FIS Nordic Junior World Ski Championships in Lillehammer, Norway March 2 to 8.

At the same time, her sister, Natalie Wilke will once again compete at the Paralympics in Milan Cortina around the same time, March 6 to 15. ■



Sat



# Feb. 7 SALMON ARM Beat

FriAM.ca • Print issues 1st & 3rd Fridays



## To-do's

- Salmar Grand  
• Send Help  
• SoloMio  
• The Housemaid  
• Iron Lung  
• Song Sung Blue  
Matinee only
- OK Buddy Art Show, Salmon Arm Art Gallery. On now.
- BC Cup Race, Feb. 7, Larch Hills.
- Gleneden Hall dance - Feb. 7 with William & Penny
- Coffeehouses Carlin, Sat.
- Art Fair, Feb. 6-13 Piccadilly Mall
- Vernon Winter Carnival Feb. 6-15
- Valentine's Day  
• Honey Bear dance at Song Sparrow Hall  
• 5th Ave Centre with The Gentlemen  
• Heart at the Table, Gourmet dinner fundraiser for First Community lunches
- Ripcord opens Feb. 20, Shuswap Theatre. Tix on sale
- Red Gala for Cardiac Society, Feb. 21, Prestige inn
- Trail Alliance auction opens Feb. 6
- Ghost Town, Feb. 6 at Setters
- Family Day Feb. 16



> If there's a prize for the rustiest rolling relic in all Salmon Arm that is parked on a street, I think I've found the winner. This old truck is proudly parked on 48th Ave. SE near Auto.



> Guys can change their looks too. Photos on right show how Celebrity chef and food channel personality Guy Fieri will appear on a SuperBowl commercial on Sunday without his signature dyed hair and beard.

## BAD NIGHT

The Silverbacks have tonight to make up for Friday's crushing 5-1 loss to Cranbrook. Salmon Arm is playing two back-to-back games in Cranbrook, then will be Alberta bound in Okotoks, Brooks and Sherwood Park next weekend.

## GAMES BEGIN

The Milan Cor-tina Winter Olympic is now in its second day, and there's two more athletes with Shuswap connections to watch.

Reece Howden of Adams Lake is competing in the Men's Ski Cross, and Jane Channell who's mother grew up in Magna Bay and is from the Nakagawa family, is on her third Olympics in the skeleton event.

Other locally connected athletes, reported earlier, are brother and sister Daniel and Laura Hall in speed skating, and Natalie Wilkie in Paralympics cross country skiing.

Runaway MOON theatre invites you to

♥ Into the Light ♥

♥ Lantern Making ♥

Remaining Free workshops, 1-4 pm  
Feb. 7 • 2510 PV Blvd. Armstrong  
Feb. 14, Enderbeans Cafe, Enderby

"Out of the Darkness"  
Lantern Procession  
February 15<sup>th</sup>

RIVERWALK, ENDERBY



# SALMON ARM Beat

Feb. 17 FriAM.ca • Print issues 1st & 3rd Fridays

	Norway
	Italy
	United States
	Netherlands
8 others	
	Canada

TEAM CANADA  
2 gold  
4 silver  
5 bronze  
11 medals  
13th place  
(1st - Norway  
12G, 7S, 9B, 28M)



> Megan Oldham captures freestyle big-air gold medal

## To-do's

- Hot Chocolate Trail, all this month
- Movies
  - Wuthering Heights
  - Ghost • Iron Lung
  - Crime 101
  - Film Festival, Feb. 20-28
- OK Buddy Art Show, Art Gallery.
- Ripcord opens Feb. 20, Shuswap Theatre. Tix online and Choose Refill
- Red Gala for Cardiac Society, Feb. 21, Prestige Inn
- Heritage Week, Feb 18-21, Piccadilly Mall Family Fun Day events Saturday includes baking contest, auction, displays, demos
- Chinese New Year, starts Tuesday
- Ebony Roots, celebration of black music, Feb. 22, Nexus at First
- Silverbacks host West Kelowna Friday & Blackfalds Saturday
- Winter Olympics ends Sunday  
Local speed skater Daniel Hall, Thur, Sat. Women's Gold game 10:10pm, Thursday
- Paralympics runs March 6 to 15 after the Olympics



**GOLD GAME vs. US! 10:10 PT pm, Thursday**

## Shooting during a hockey game

After the horrific week in Tumbler Ridge, attention has shifted to Maya Gebala who is reported improving each day at Vancouver Children's Hospital. She was shot trying to protect other students when shooter entered the school. In meantime, the latest mass shooting in the US happened Monday during a hockey game in Pawtucket, Rhode Is. A father entered the arena and shot family members, plus another, killing three and injuring three. This was the 43rd mass shooting in the US in 2026.



**Jesse Jackson**  
~1941-2026~

He stood on the balcony with Martin Luther King and went on to demonstrate with great dedication that one bullet cannot stop a movement.

Feb. 17 to Mar. 3

## Lunar New Year

Year of the Horse



**恭喜发财**  
pronounced  
“Gong  
Hei  
Fat  
Choi”

Thu  
  
5° -3°

# Feb. 12 SALMON ARM Beat

FriAM.ca • Print issues 1st & 3rd Fridays

1		Norway
2		United States
3		Italy
4		Switzerland
	8 others	
13		Canada

TEAM CANADA  
1 silver, 3 bronze, 4 medals  
13th place

## THE HALL SIBLINGS

Speed skating team

Laura: 1st race: 13th out of 20,

Next race, 7:30, Feb. 12

Daniel: Races Feb. 19 & 21

## To-do's

- Salmar Grand
- Send Help
- SoloMio
- The Housemaid
- Iron Lung
- Film Society, Feb. 14: *The Mother & the Bear*
- Fugitives, 7-10 Thur, SA Legion
- OK Buddy Art Show, Art Gallery.
- Art Fair, Feb. 6-13 Piccadilly Mall
- Vernon Winter Carnival Feb. 6-15
- Karen Wiseman, 7pm, Thur, Nexus Carnival Feb. 6-15
- Valentine's Day
- Honey Bear dance at Song Sparrow Hall
- 5th Ave Centre with The Gentlemen
- Heart at the Table, Gourmet dinner fundraiser for First Community lunches
- Linda Sue Wilson, & Les Copeland, Thur. Setters.
- Sunnybrae Coffee house, Saturday
- Lantern Procession 7 pm, Feb. 15, Riverwalk, Enderby
- Ripcord opens Feb. 20, Shuswap Th
- Red Gala for Cardiac Society, Feb. 21, Prestige inn
- Family Day Feb. 16

## BC DAY OF MOURNING TODAY



family photos



## Suffer the children

> Maya, in above two photos, is fighting for her life at Vancouver Children's hospital after the horrific shooting in Tumbler Ridge Tuesday. Nine died, including the shooter, and 25 required medical attention.



> This sign greets customers leaving the Hideaway pub. Perhaps proceeding forward might be an effective way to catch those who may have consumed too much.

- LASS used book sale, noon to 4 pm, Friday & Saturday in the lobby of the former Salmar Classic on Alexander. The Literacy Alliance is in the process of relocating office to 40 Lakeshore Drive by Shuswap St.



Fri



# SALMON ARM Beat

FriAM.ca • Print issues 1st &amp; 3rd Fridays



Norway



Italy



United States



Germany

10 others



Canada

TEAM CANADA  
3 silver  
4 bronze  
7 medals  
15th place

(1st - Norway  
7G, 2S, 5B, 14M)

## To-do's

- Pro D Day, Feb. 13
- Family Day, Feb. 16
- Movies
  - *Send Help*
  - *SoloMio*
  - *The Housemaid*
  - *Iron Lung*
  - *Film Society, Feb. 14: The Mother & the Bear*
  - Film Festival, Feb. 20-28*
- OK Buddy Art Show, Art Gallery.
- Art Fair, Piccadilly
- Vernon Winter Carnival Feb. 6-15
- Valentine's Day
  - Honey Bear dance at Song Sparrow Hall
  - 5th Ave Centre with The Gentlemen
  - Heart at the Table, Gourmet dinner fundraiser for First Community lunches
  - *Sunnybrae Coffeehouse*, Saturday
- Lantern Procession 7 pm, Sunday, Riverwalk, Enderby
- Ripcord opens Feb. 20, Shuswap Th
- Red Gala for Cardiac Society, Feb. 21, Prestige Inn
- Heritage Week, Feb 18-21, Piccadilly Mall
- Used Book Sale Friday & Saturday, Salmar Classic lobby in support of LASS move

## LAURA HALL GIVES HER ALL

Laura Hall of Salmon Arm finished ninth at 7:02.90 in the Speed Skating Women's 5000m race at the Milano Cortina 2026 on Thursday.

Hall faltered on the final lap of the gruelling 12.5 lap race in her first Olympics.

"I'm excited for Laura Hall. She has a beautiful future," said CBC Sports analyst Anastasia Bucsis. "She's hard-working with talent to boot."

Canada's Isabelle Weideman placed fifth in the race unable to repeat her silver-medal performance from the 2022 Beijing Olympics. She finished in a season-best 6:50.08, 3-100ths faster than her silver effort on Dec. 5 at a World Cup stop in Heerenveen, Netherlands, but nearly four seconds from bronze in today's race.

Italian speed skater Francesca Lollobrigida, the reigning women's world champion, won gold.

In the earlier 3000 m race the sec-



> Laura Hall, on her Olympic race on Thursday. Photo by Greg Kolz/COC

ond day of the Olympics, Laura Hall placed 13th out of 20 in the 3000 m.

Her brother, Daniel, Hall, also on the speed skating team representing Canada, will race Feb. 19 and 21.



## FLASHBACK 1970

> Salmon Arm placed third in the provincial curling playoffs. Donna (Mellor) Husband (skip), Marilyn Lepp Jewell (spare), Kathy Dunn (3rd), Enid McCauley (2nd) and Elaine Lucas (lead) All attending SASS.

Sun  
1° -6°

# SALMON ARM Beat

Feb. 15

FriAM.ca • Print issues 1st & 3rd Fridays

	Norway
	Italy
	United States
	Sweden
~~~~~	9 others
	Canada

TEAM  
CANADA  
1 gold  
3 silver  
5 bronze  
9 medals  
15th place  
(1st - Norway  
12G, 7S, 7B, 26M)



> Mikaël Kingsbury wins Canada's first gold medal in dual moguls event.

## To-do's

- Family Day, Monday & long weekend
- SWFT hockey tourney, Feb. 13-16 Rogers Rink, 28 teams, 500 female players
- Hot Chocolate Trail, all this month
- Movies
  - Wuthering Heights
  - Ghost • Iron Lung
  - Crime 101
  - Film Festival, Feb. 20-28
- OK Buddy Art Show, Art Gallery.
- Vernon Winter Carnival final day Sunday
- Lantern Procession 7 pm, Sunday, Riverwalk, Enderby
- Ripcord opens Feb. 20, Shuswap Theatre. Tix online and Choose Refill
- Red Gala for Cardiac Society, Feb. 21, Prestige Inn
- Heritage Week, Feb 18-21, Piccadilly Mall Family Fun Day events Saturday, Feb. 21, including annual baking contest.
- Chinese New Year, starts Tuesday
- Ebony Roots, celebration of black music, Feb. 22, Nexus at First

## RCMP rammed in four truck chase

There's one less police vehicle in Salmon Arm after one was rammed by a stolen truck

A resident reported being awoken to the sound of his 2006 black F-350 pulling out of his driveway in Blind Bay the evening of Feb. 8.

A family member reported they were following the truck eastbound on Blind Bay Rd, but was in turn being followed by a grey 2004 F-350, later confirmed stolen out of Kamloops.

Salmon Arm RCMP caught up with the two stolen F-350's, plus the truck driven by the family member.

Police say the grey F-350 then stopped in the middle of the road, and observed a female exiting and jumping into the black F-350.

"The family member disobeyed police and followed the stolen black F-350 several kilometres up a dirt road," said Cst. Andrew Hodges. "The vehicles eventually came to a stop, and the stolen F-350 reversed into the police vehicle disabling it, and fled the scene."

The black F-350 was located shortly after stuck in a ditch in Eagle Bay.

A resident reported a male and female running up a driveway and stealing a 2006 Ford dump truck.

The Ford dump truck was followed



up a forest service road and found abandoned.

Police Dog Services were then engaged and attended. While in the middle of the dog track, police could hear a female screaming for help in the distance.

Just after 2 am a 911 call came in from a woman reporting she fell down an embankment into a stream of water and suspected she had a broken leg. Police trekked 1.6 kilometres through dense forest and steep terrain, eventually finding the woman.

The woman was arrested for possession of property obtained by crime, theft of motor vehicle, dangerous operation of motor vehicle, and assault peace officer with weapon. She was then escorted back to the police vehicle and transported to a local hospital, where she was released from police custody with a future court date.

"Efforts by family or friends to try and stop a stolen vehicle is not something the RCMP condone or recommend," said Cst. Andrews Hodges.

"Individuals who engage in this type of action can risk their personal safety and the safety of the community. A male suspect has been identified, and three stolen vehicles were recovered.

*Friday AM's ace reporter editing this report could be heard saying, "Wow".*



## Not just any old kid

This kid wasn't invited to play at the Newport Folk Festival in 1967, but he did find a free stage on a milk crate on some vacant field. It must have been a pretty good show, because after, someone said "We gotta get him a bigger milk crate." He's been performing ever since, 60 years later. Of course he wasn't just any kid. That's Arlo, the son of Woody Guthrie. Does anyone remember his concert at the Salmar Classic?



## WE ONCE BURNED IT DOWN, WHAT'S HIS EXCUSE?

British Canadian forces burned down the White House in August 1814, but Trump only has himself to blame for this sorry mess. His big plans for a massive ballroom have been all but scrapped by a federal judge and the national preservation committee. And the millions in donor money Trump said he requested from corporations needing favours has either disappeared or never existed. The original east wing, built in 1902 and renovated in 1942, lays in ruins. The president has now set his sights on closing down the renamed Trump Kennedy Arts Centre for two years of renovations, and he has announced plans to prevent the opening of the Canadian built Gordie Howe Bridge connecting Ontario and Michigan. The world is exhausted

*Sorry, it's just me having fun throwing ideas out there*

## URBAN TOPICS



**A**merican city centres are often rightly criticized for lacking a human scale - sadly abandoned at night and swathed with massive freeways.

The medium size city of Madison, Wisconsin is a real exception to this notion. Its city centre is built on an “Isthmus”, a strip of land between two bodies of water.

As one urban planner writes, “Madison is truly a beautiful example of urban density meshing seamlessly with nature. Pretty by day, and by night.”

Appropriately, all downtown buildings defer to the height of the State Capitol.

Salmon Arm’s city centre is also built on an Isthmus. You can see the stunningly beautiful strand of land as you drive down Tank Hill.

I always thought there was a missed opportunity when Salmon Arm looked for a site for its new City Hall/ Courthouse.

It could have been built on the Isthmus at 6th St. and 8th Ave. SE with a grand people plaza crossing over Lakeshore and the tracks, and gently terracing down.

But alas, another of my flights to fancy.

