

FriAM

Friday
Feb. 20, 2026
MID-MONTH
Next issue: March 6

RIPCORD & FILM FEST 4,16

 Sit and Sleep Gallery

Furniture & Mattresses
Home Decor
La-Z-Boy Comfort Studio

1701-10th ave SW (beside Buckersfields)

WILLS
Protect your loved ones 

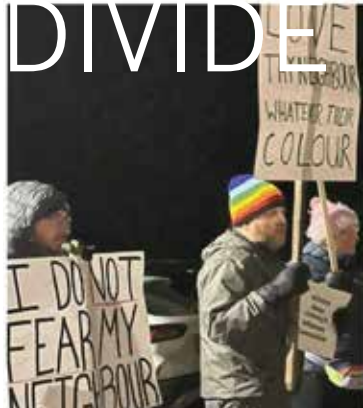
SALMON ARM NOTARY
Zoe Stevens Notary Corp
3-120 Harbourfront Dr. NE • 250.803.8883
www.salmonarmnotary.ca

► 1st & 3rd Fridays • No. 1388 • FriAM.ca • FREE



WIDE DIVIDE

> There was a wide divide between the views of the 200 inside Sorrento Hall to hear Dallas Brodie, leader of the controversial ONEBC Party, and a crowd of about 80 protesters with signs and drums gathered outside. /3



Photos off Facebook

RCMP car rammed in truck chase

There's one less police vehicle in Salmon Arm after one was rammed by a stolen truck.

A resident reported being awoken to the sound of his 2006 black F-350 pulling out of his driveway in Blind Bay.



A family member told police that they were following the truck east-bound on Blind Bay Rd, and were in turn being followed by a grey 2004 F-350, later confirmed stolen.

RCMP caught up with the two stolen F-350's, plus the truck driven by the family member. The grey F-350 then stopped in the middle of the road, and observed a female exiting and jumping into the black F-350.

□ Continued next page

 **LAKE SIDE HEALTH**

Robert Helmer
RTCMP

Over 20 years experience in
Herbal Medicine and Acupuncture

New patients welcome!

Receive a discount when you book a
New Patient TCM appointment with Rob
between Feb 1 to Mar 15, 2026!

250-833-5899

Asthma Premenstrual Syndrome Painful periods Acne/Rosacea IBS Anxiety Depression

Migraines Headaches Insomnia Allergic Rhinitis Sinusitis Eczema Acid reflux Psoriasis


Scan to Book 

Family Fun Day /2,7

Repair Cafe Feb. 28

250.832.0441 • piccadillymall.com  

 **Salmon Arm Physiotherapy**



• Online Booking • Sports Injuries
• Dry Needling/IMS
info@salmonarmphysio.ca
or visit: salmonarmphysio.ca

Daniel von Hollen BSc, MPhtySt • 804.3033
2B-120 Harbourfront Dr NE

Scott's Pick of the Week

 **2019 HONDA Civic Si 4dr Sedan**



Stock # SAT200989T
DLR 30465

New tires • Nearly new brakes
Manual • 1.5L 4cy • FWDI
\$24,297 • 104,727 kms

salmonarmtoyota.ca • 832-9433



Pink shirt day Feb. 25

Homeowner found deceased at property showing

A realtor and potential buyer at a scheduled home showing in Salmon Arm made a shocking discovery. RCMP said when there was no answer, the realtor used her key to enter the residence and began a tour.

"The realtor and client went into the bedroom and found a man believed to be asleep," said Cst. Andrew Hodge. They then exited the

residence, and the realtor contacted the listing agent to try to get a hold of the property owner.

After unable to reach the owner, the realtor entered the home again and then found that the homeowner was actually deceased.

Police said the property owner was believed to have died of natural causes. The matter was referred to the Coroners Service. ■

Multi truck wild chase at Blind Bay

□ Continued from front

Cst. Andrew Hodges said the family member went against police advice and continued following the stolen black F-350 several kilometres up a dirt road.

"The vehicles eventually came to a stop, and reversed into the police vehicle, disabling it, and fled the scene." The truck was located shortly after, stuck in a ditch in Eagle Bay. Minutes later, a resident reported a male and female running up a driveway and stealing a 2006 Ford dump truck.

The Ford dump truck was followed up a forest service road and found abandoned.

Police Dog Services were then engaged and attended. While in the middle of the dog track, police could hear a female screaming for

help in the distance.

Just after 2 am during the Feb. 8 chase a 911 call came in from a woman reporting she fell down an embankment into a stream of water and suspected she had a broken leg. Police trekked 1.6 kilometres through dense forest and steep terrain, eventually finding the woman.

The woman was arrested for possession of property obtained by crime, theft of motor vehicle, dangerous operation of motor vehicle, and assault peace officer with weapon. She was then escorted back to the police vehicle and transported to a local hospital, where she was released from police custody with a future court date. A male suspect has been identified, and the three stolen vehicles were all recovered. ■

NO. 1388
FRIDAY
FEB. 20
2026

FriAM

February Mid-Month
EDITOR & PUBLISHER
Lorne Reimer
250.833-1141
fridayam@shaw.ca
DROP-OFFS
Hucul Printing 471 - 5th St SW
DEADLINES
Tuesday Noon
CIRCULATION
All Month (1st Fri) 4,100
Mid-Month (3rd Fri) 3,100
FriAM.ca: Worldwide
■ Go to FriAM.ca for
Bonus Blog Post Pages!
○ Friday AM acknowledges
covering the Shuswap and
sharing the lands on the
traditional territory of the
Secwepemc peoples.

FriAM.ca

Celebrating Success:
WE ARE PROUD OF OUR PEOPLE

Pete Deisroth, CFP, BA
Financial Planner

It is with great pride we announce Pete's recent accomplishment of achieving the CERTIFIED FINANCIAL PLANNER® designation. The CFP is considered the gold standard in the financial planning industry. This achievement reflects Pete's dedication to excellence, as well as our firm's commitment to fostering professional growth within our team.

All of our advisors hold this important designation as part of our commitment to providing our clients with exemplary financial guidance.

We appreciate Pete's invaluable contributions to our team. He continues to serve the North Okanagan and Shuswap communities of Salmon Arm, Sicamous, Sorrento, Armstrong, Enderby, and Vernon.

Congratulations, Pete!

"We focus on developing trusted relationships to provide you with a comprehensive and integrated pathway to achieve your financial goals."

250-545-9251 | 1-888-339-8328

vantageone.net

**WE BUY/SELL/ TRADE ALL GOLD,
SILVER & COIN COLLECTIONS!**
250-864-3521



Furniture & Mattresses
Home Decor
La-Z-Boy Comfort Studio

1701-10th ave SW (beside Buckerfields)

COLD LASER THERAPY

USED TO TREAT:

- Neck & Low Back Pain
- Arthritis • Heel Pain
- Frozen Shoulder
- Sprains & Strains
- Knee Pain
- Tendinitis
- Carpel Tunnel Syndrome
- Tennis Elbow
- Hip Pain

Results may vary from patient to patient

DR. LYLE A. MARTIN D.C • 250-832-9279

PAGE 3

AM

FEBRUARY MID-MONTH

Both supporters and protesters

The provincial tour by Dallas Brodie, leader of the new ONEBC party, has been well received by meeting goers, but strongly opposed by large groups of protesters.

Her views on repealing rights declarations, reconciliation measures and residential school denialism have especially rankled the Indigenous community. A joint statement from three Shuswap bands said the meeting at Sorrento Hall and other BC locations "contributes to the spread

MOLEHILLS

Lorne Reimer



of misinformation and hate and directly undermines the safety and dignity of Indigenous peoples in our territory."

Many who left the meeting supporting her, claimed Brodie did address inclusion and respect of the law as well as her views on taxation, immigration and SOGL.

However, there is little doubt that her views are objectionable to not only protesters since it was former BC Conservative leader John Rustad who ousted her for "extreme" views. ■

> The newly renovated building next to Shuswap Theatre sports matching colour, but I digress, check out the new kiosk announcing today's play opening, 'Ripcord'



Alas, LASS (Literacy Alliance of the Shuswap Society) is moving to a new space at 40 Lakeshore Dr. The Salmar Classic, its former home - is about to undergo renovations for a total repurposing - including leveling the theatre floor.

ANNUAL MEMBERSHIP SALE
ONE DAY ONLY, 9 am - 3pm
Sunday, Feb. 22

Club Shuswap's annual Membership Sale is Back!! Save 10% on annual membership at your favourite family golf course - 9-hole Coyote Ridge • 18-hole Lakeview Greens & best driving range facility in the Shuswap

PLUS!! Save 10% off on Punch cards for green fees, power carts & driving range!

10% off!

ONE DAY ONLY!!
Sunday, Feb. 22 • 9am-3pm
5751 Trans Canada NE • 250.832.7345

Robin Campbell will be back on staff for the coming season!

WILDWOOD FLOWER EMPORIUM
FLOWERS
 Cards, Gifts
 flowers
 10-4, Tues-
 Okanagan & 2nd SE
 • wildwoodfloweremporium.com • 778-489.5600

Send a floral hug

We take pride in providing the best quality goods at the fairest prices

PEDRO'S
FROM FARM TO TABLE

If we do not grow it ourselves, we source fruit and vegetables as locally as possible year round

3390 10th Ave. SW • www.pedros.ca • 250.832-4919
 Open 8-6 daily • Go to Facebook for weekly specials

DISCOUNTS ON SELECT WINTER CLOTHING AND FOOTWEAR!

START YOUR ADVENTURE LOCALLY!
wearabouts Clothing Co.
 DOWNTOWN SALMON ARM
 wearabouts.ca

Festivities

- > **Hot Chocolate Trail** - Feb. 1 to 28. See back cover for details. #SAHotChocolateTrail
- > **Heritage Week** - Feb. 18-21 Events at Piccadilly, Hosted by Haney Village. See ad, P.9
- > **Coldest day of the year** - Feb. 28. Fundraiser for food security and hosted by Shuswap Food Action. See cnoy.org
- > **Shuswap Film Festival** - Feb. 20 - 28, Salmar. / P.16
- > **Trail Alliance online auction** - Bids now open. / P.5
- > **Red Gala** - Fundraiser for Cardiac Society. Feb. 21, Prestige. Tix at shuswapcardiacsociety.org
- > **Chinese New Year** - Feb. 17-Mar. 3. Year of the Horse
- > **Family Fun Event** - 10-2, Feb. 28 at Snowblazers, Fly Hills
- > **Pink shirt day** - Feb. 25, sprinkling kindness, not bullying
- > **Shuswap Seed Swap** - Mar. 7, Splatins Centre. / P.5
- > **Women's Day** - Mar. 8.
- > **Shuswap Music Festival** - Apr. 8-May 1. shuswapfestival.com
- > **St. Patrick's Day** - Mar. 14.

Arts

- > **Salmon Arm Art Gallery** - **Ok, buddy**, Jan. 24 to Mar. 28. Immersive exhibition with Cate Currie, Todd MacCormac and Paul Hopkins.
- > **Cardiff Miller Art Warehouse** - 11-5, Sat., Sun, Enderby. cardiffmillerartwarehouse.ca
- > **Atelier Gallery** - 321 Hudson Opening Feb. 6 - George Lesniewicz & Marc Brzuskowski landscapes
- > **Courtyard Gallery** - Enderby. February Open Show

Concerts

- > **Ebony Roots** - 7:30, Feb. 22, Nexus at First. Concert experience from Sound the Alarm Music Theatre. Vancouver's legacy meets Motown, Hendrix & Gershwin. KSO (without orchestra) brings six renowned musicians Tix www.kamloopssymphony.com or door.
- > **Celebrate Shuswap Dance Parties** - Song Sparrow Hall
 - **Mostly Marley**, Mar. 14. Reggae dance party with food & atmosphere
 - **Jesse Roper**, April 18. Sold out. See celebrateshushwap.ca
- > **SA Jazz Club**
 - **Sean Bray Quartet**, Feb. 26
 - **Carl Mayotte Quintet**, Mar. 12
 - **Gareth Seys Quintet**, Mar. 26
 - Also jazz nights at Lakeside Manor 6:30, (3rd Tues).
- > **Small Hall Music Crawl**
 - **Joshua Smith & Colin Easthope**, Feb. 21, White Lake Hall
 - **Megan Abel & Steph Clifford**, Mar. 21, Sunnybrae Hall
 - **Ben Arsenaault Band**, April 25, Carlin Hall.
- > **SA Community Band** - 'Ready.. Set.. March', 7 pm, Mar. 7, Nexus at First.
- > **Northern Lights Chamber Choir** - Music for the Moments we share, 2 pm, Mar. 1, St. Mary's, Sorrento and 2 pm, Mar. 8, Nexus at First. By donation
- > **Coffeehouse circuit**
 - Grindrod (1st Fri)
 - Carlin (1st Sat)
 - Sunnybrae (2nd Sat)
 - Gleneden Hall (3rd Sat)
 - Enderby Srs Complex (3rd Fri.)
 - Eagle Bay Hall (4th Sat)
 - Silver Creek, 4th Sat feat. Chorogues
 - **Shuswap Writers Group**, 2-4 pm, 4th Fri, First Community. Off 4th St. Bring your writing, or come to listen.
- > **Kamloops Symphony**
 - **Infinite Bach** (next Salmon Arm concert), Apr. 19 at Nexus at First. Tix at kamloopssymphony.com
 - **Okanagan Symphony** - 'Mostly Mendelssohn', 2 pm, Mar. 8, Vernon. ticketseller.ca
- > **Comedy Misfits** - 7 pm, Feb. 26, Brixx Brewhouse, Prestige Resort. comedymisfits.com
- > **Bad Moon Riders** - Creedence Clearwater Relived, 7 pm, April 11, SA Rec Centre. eventbrite.ca
- > **Ennis Sisters** - 7:30, April 25, Song Sparrow Hall. Captivating and Juno winning family group from Newfoundland.
- > **Just for Kicks** - Next page ▶

live & dance

- > **Song Hall Hall** - Celebrate Shuswap dance series. Next one on Mar. 14, featuring reggae groove of Mostly Marley. • Jesse Roper, Apr. 18 sold out • Ennis Sisters, April 25 • Kim Churchill, April 26 • Daniel Champagne, May 7
- > **Gleneden Hall** - Next dance, 7 pm, Mar. 7 with Vic's Dance Band.
- > **Marionette winery** - Pop-up market and music by Steph Clifford, Feb. 7.
- > **Chances casino** - Paisley Groove, Feb. 21.
- > **Setters Pub** • **Deja Vu**, Feb. 20 • **The Shades**, Feb. 27 • Karaoke Thursdays • **Latin Party**, Feb. 21 • Trivia Tuesdays
- > **Canooligans** - Dirt Road Kings, Feb. 28 • Comic John Dore, Feb. 20
- > **SA Legion** • The 1, 12 • Jam sessions, Tues/Fri • Karaoke, Friday
- > **Enderby Legion** • Thurs. Jams • Friday Karaoke • Dances 2nd/4th Sat.
- > **Night Cafe** • Out the Woods Tour, Feb. 20 • Bastards & Buzzards, Mar. 27.
- > **North Shuswap Hall** • Shattered Blue St. Patrick's Day Party, Mar. 14

Two Australian favourites:

- > **Kim Churchill** - April 26, Song Sparrow Hall. Tickets on sale now at rootsandblues.ca One of last year's surprise hits at last year's Roots & Blues.
- > **Daniel Champagne** - May 7, Song Sparrow Hall. Australian virtuoso called one of 'finest guitarist of this generation'.
- > **Roots & Blues** - July 24 to 26. Earlybird tickets now on sale. www.rootsandblues.ca. First wave of performers to be announced soon.

Theatre

- > **Ripcord** - Feb. 20 to Mar. 8, Shuswap Theatre. The cantankerous Abby has to share quarters at Senior living facility with an infuriating new arrival. Tix at shuswaptheatre.com and Choose Refill shop.
- > **Auditions** - *Book of Will*, 7 pm, Feb. 22, 23, 24, Shuswap Theatre. jeboddy@telus.net.
- > **Shamrock Shenanigans** - 7 pm, March 14. Shuswap Theatre 7 pm, Feb. 22, 23, 24,

Sports

- > **Silverbacks** - *Away* - Feb. 28: vs. Vernon *Home* - Feb. 20: 7 pm vs. W. Kel.
- Feb. 21: 6 pm vs. Blackfalds
- Feb. 27: 7 pm vs. Okotoks
- Mar. 6: 7 pm, vs. West. Kelowna
- > **X-Country Skiing** - BC Cup Race, Feb. 7 skilarchhills.ca
- > **Curling Centre** - Women's Open, Feb. 20-22 Mixed Bonspiel, Mar. 6-8
- > **Winter Olympics** - now to Feb. 22. P.9
- SportSpot - P. 13

at the movies

> SALMAR GRAND

salmartheatre.com • Feb. 20 to 26

- **I can only imagine 2**. 1:40 Sat., Sun; 6:50 nightly. A singer is living the dream with his break-out hit, but behind the spotlight, his past threatens the family he's built. Based on a true inspirational story behind the song. (G).
- **Goat**. 1:50; Sat., Sun; 6:30 nightly. An all-animal world with a pro-sport called roarball played by the fastest and fiercest. (G)
- **Wuthering Heights**. 1:05, Sat., Sun; 6:40 nightly. An original imagining of one of the greatest love stories. Starring Margot Robbie and Jacob Elordi as Cathy and Heathcliff (14A sex. suggestive scenes)
- **Crime 101**. 1:05, Sat & Sun; 6:20 nightly Detective closes in on a string of heists happening along LA's 101 freeway. (14A, lang).

■ Shuswap Film Society • shuswapfilm.net

- **FILM FEST**, Feb. 20-28. Full schedule / P.16
- **Holy Days**. Boy travels to retrieve mom from heaven
- **The Art of Adventure**. Journey by Robert Bateman
- **No other Choices**. Farical look at downsizing
- **It was just an accident**. Iran political prisoner story
- **Rental Family**. American lands job in Tokyo
- **Little Lorraine**. Intrigue around a mine explosion
- **A Poet**. Comic look at an aging Colombian poet
- **The Love that Remains**. Charming life in Iceland
- **The Choral**. WW2 Yorkshire group boosts morale
- **The Blue Trail**. Senior woman in dystopian drama
- **Leave one Day**. Restaurateur leaves Paris for roots
- **Mr. Nobody against Putin**. School recruits soldiers
- **Dog on Trail**. Lawyer defends a canine client.

■ LIVE FROM N.Y. MET OPERA

- Wagner's **Tristan and Isolde**, 9:55 am, Mar. 21

■ SHUSWAP CHILDREN'S FESTIVAL

March 25 to 28. See page 14

city lights

▶ vernon • ticketseller.ca

- **Creekside (C)** • *Performing Arts (P)*
- **Legally Blonde**, Feb. 20-Mar. 7 (Pow)
- **Tom Allen** (NOCC presents), Feb. 24 (P)
- **Steve Ray Vaughan tribute**, Feb. 25 (P)
- **U2 tribute**, Apr. 25 (P)
- **Seaton Indie Rock Fest**, Mar. 5 (Sr. Sec)
- **Leonard Cohen tribute**, Mar. 6 (C)
- **Kelowna** -
- **Matt Anderson & Mariel Buckley**, Feb. 28
- **William Prince**, Mar. 2
- **Dashboard Confessional**, Mar. 22
- **Guys and T Dolls**, April 22
- **Bonnie Rait**, June 19 • **Weird Al**, Sept. 2
- **Kamloops** - **George Thorogood**, Mar. 17
- **Vancouver** - **Shen Yun**, April 8 to 12. Q.E.
- **Canucks home**, Feb. 25, 28, Mar. 2, 4, 6, 7, 9, 12
- **World Cup tickets on sale**

You're Invited

> **Farmers' Roundup** - to discuss the future of Shuswap farming, hosted by Shuswap Community Farm Co-op, 9-1, Feb. 21. Lunch Provided, Shuswap Lake Estates. Register to shuswapfarmcoop.ca

> **Skills sharing workshop** with organic gardening expert Sue Moore, 6 pm, Feb. 20, Silver Creek Hall. Seed starting, direct seeding, Q&A, seed sale.

> **Shuswap Garden Club** meets 7 pm, 4th Tuesdays, 5th Avenue Activity Centre. FB or shuswapgardenclub@gmail.com

> **Shuswap Seed Swap**, March 7, Splatlin Centre. Speakers Sue Moore on starting a garden, 10:30; Mikaela Cannon, 11:30 on preparing Spring foraging; Chris Mathieson, 12:30 on saving seeds. Bring seeds to share. shuswapseedsavers.ca

> **Shuswap Climate Action Society AGM**, 7 pm, Mar. 4 by zoom. Dr. Amy Green to speak on "staying human in a warming world - coping with anxiety, eco-grief and hard conversations. Register at shuswapclimate.org

> **Repair Cafe**, Feb. 28, Mall at Piccadilly.

> **SA Council**, 2:30, 2nd/ 4th Mondays.

> **CSRD**, 9:30, 3rd Thursdays. > **SD83**, 6:00, 3rd Tuesdays.

> **Downtown Market**, Sat. mornings Ross plaza.

> **Best of the Shuswap Pie Baking Contest**, Feb. 21. Piccadilly, as part of Heritage Week by R.J. Haney. "Stir the Pot," theme celebrates food as heritage. Bake favourite from scratch apple, berry, or fruit pie. Drop off 10-11 am.

> **Shuswap Trails Online Silent Auction** at <https://trellis.org/2026shuswaptrailsfundraiser>. Family friendly Spring Celebration on BC Trails Day, June 6.

> **Free Lunches**, 11:30 to 1, Wednesdays, First Community (United Church). See above for Hearts of the Table gala fundraiser, Feb. 14 for Wednesday lunches.

> **Guided meditations**, 7 pm, Thur. United Church (Enter off 4th St.)

> **Toastmasters**, 7 pm, Thurs., Okanagan College.

> **Health-Care Aux** 1:30, 3rd Tues, Piccadilly.

> **Book club**, 6:30, Feb. 24, Library in Piccadilly Mall, to talk about Fire Weather by John Vaillant and the overall topic of climate change. Ask for one of the reserved copies at the library desk.

> **Peace n' Pizza**, 5:30, First Community. (3rd Fri., by donation). Feb. 20 speaker Stewart Johnson - from Scottish warrior to man of peace. Monthly event to build humanity through story-telling and dining conversation. See peacebuilders.world.

> **Shuswap Writers Group** (SWG) meets 11 am, 1st/ 3rd Wed. Piccadilly Mall board room; Coffeehouse, 2-4 pm, 4th Fridays, First Community, 4th St. ent. \$5 Shuswapwritersgroup.weebly.com

> **Friends of the Library book sale**, Mar. 13, 14, Piccadilly.

> **EmpowER** - 6-8, Mar. 4, Chances casino, celebrating Women's Day & Women in Construction week. Trade show, snacks, guest speaker. RSVP required. See P.15

> **Board games**, 6:30 pm Fridays, Gleneden Hall. 250-253-7469

> **Hot Chocolate Trail**, all February. Details on back cover.

> **Okanagan College Salmon Arm Open House**, 5-6:30, Mar. 31

☐ Email events to fridayam@shaw.ca

MORE CONCERTS

> **Just for Kicks** - 'Pirates of the Caribbean', 6 pm, Mar. 5 and 6, and 1 pm, Mar. 7 in the main JFK studio. Tickets at Just For Kicks studio and at Shuswap Ticket & Gift kiosk in the Piccadilly mall

**THE ONLY
HEATED STORAGE
IN TOWN!**

SALMON ARM STORAGE

Various sized units available to protect your precious treasures.

Call today 250-833-1442
www.salmonarmstorage.ca



POWERHOUSE QUARTET

After a decade as a pillar of the Okanagan music scene, guitarist Sean Bray is back for a visit from his new homebase in Toronto. Named one of Canada's top 50 guitarists by CBC, Bray will bring his "warm, expressive style" to Nexus at First, 7 pm, February 26.

For this special engagement, he will lead a powerhouse quartet with local Jazz Club favourites - Craig Thomson (sax), Stefan Bienz (bass) and Scott Gamble (drums). The evening promises a sophisticated blend of beloved jazz standards, plus his own original compositions, which *JazzTimes* has lauded as "bristling with bluesy gait" and "note-bending." ■



> Sean Bray has a guitar style

WALK FOR FOOD SECURITY

This year's Coldest Night of the Year walk is set to go Feb. 28. Several teams are busy raising funds for food security, over half way there to a \$100,000 goal. Teams are to gather at Downtown SASCU Feb. 28 for a Walk Party at 4 pm with the 2 & 5 km routes beginning at 5 pm, culminating in a delicious meal outside Askew's.

Top 20 Team funds raisers as of Feb. 17: KaRiNG KReW \$4,135 • Sockeye Swim Club \$4,006 • Shuswap Food Action \$2,673 • Trilogy Solutions \$2,305 • SASCU Snowballers! \$2,080 • cold callers \$1,870 • Local Greens \$1,748 • Rotary Daybreak \$1,426 • Edward Jones \$1,500 • Jackson Jays \$1,430 • RE/MAX \$1,125 • McElhanney \$1,110 • eXp Crew \$1,020 • S. Canoe Trailblazers \$1,260 • Buckerfields \$910 • Castanet \$725 • SFAS Souper Meals \$725 • BGH Gals \$675 • Walk by Faith - Share Jesus' Love \$650 • The Witches of Salem Arm \$505 • Winner Winner Chicken Dinner \$550. • More teams - TeamShuswapClimateAction • Frosty Forsiter's • BDO • Team CSC • Winterwitness • City of Salmon Arm • Dragonfly Automation • For the Kids • 6 Beans Roasting • 4AGers • Royal LePage Access • Farmers Market • Green Team • Sicamous Steppers • SAFE Society • Feeding our Future • Holey Handpies • Zest Food Hub • Sweet P's • Elan Family Wellness • Chances • Redpoint Construction • Tiny Steps Team • Hub Insurance • Shuswap Optometric • Arcade Accounting

**RADICAL
TREE SERVICE**

Our friendly team can help you with all of your tree needs:

Tree Removals

Arborist Reports

FireSmart: Fuel Reduction

Tree Pruning

Brush Clearing & Chipping

Stump Grinding

Call today for a free quote!

www.radicaltreeservice.com

250-804-6844

Open 6 days a week

MON - SAT



Winter Maintenance Package



FALL MAINTENANCE PACKAGE

Including Safety Check and Tire Rotation

- **Oil, Lube & Filter**
Change the oil, install a new oil filter & lubricate the chassis
- **Brakes**
Check front and rear brake systems
- **Front End**
Check shock absorbers, struts & steering components
- **Exhaust System**
Visual inspection of catalytic converter, muffler, exhaust pipes, manifold & gaskets
- **Electrical Systems**
Check battery, lights, horn & wipers
- **Tires**
Rotate all tires, check tread depth, & adjust tire pressure
- **Cooling Systems**
Check for leaks, check hoses, clamps, water pump, radiator
- **Belts**
Check all belts & hoses
- **Fluid Level**
Check all fluid levels

all this for
\$69.88

plus env. fees
& taxes

Up to 5L oil
Synthetic oil extra

ACDelco FRAM

FRONT & REAR BRAKE SPECIALS

\$50 OFF

Raybestos Brake Pads
(parts only)

LIST
PRICE

- Replace front or rear brake pads
- Check drums or rotors bearings, hoses, springs & parking brake cable

Does not apply to OEM pads or to Brake Shoes

Coupon expires Mar. 15, 2026. Offer may not be combined with any other coupons or promotions. Coupon must be presented for discount surcharge may apply

Your One-Stop Auto Repair Centre!



MINIT-TUNE & BRAKE AUTO CENTRE

■ 2400 Trans Canada NE

Uptown Salmon Arm

778-489-5333

Defending engineers

I have a confession to make. I am an engineer. We are rated by the public as about the 17th most disliked profession and among mechanics and people dealing with machinery as number one on the hate list.

Anyone who has tried to change the back spark plugs on a transverse engine will quickly promote engineers to top spot. It should take ten minutes and not require a day and four elbows to complete this routine maintenance job.

Before I mount any defence we need some definitions. Civil engineers are involved in what is known as the built environment. Everything from airports to houses; architects design and civil engineers make projects stand up.

I trained as a mechanical engineer, eventually graduating to machine design and a key part of that is to make them user friendly. Levers should not be too heavy to operate, buttons need to be in the right place and replaceable parts should be accessible. It seems automotive engineers did not get the same memo!

I am sure that when a design team gets a brief to make a new engine they pay attention to service items among the myriad of other factors. If that engine is successful and reliable someone at BigAuto says, "We should put that in our new vehicle." The engineers probably say, "It was never designed for that." And the accountants decide.

REPAIR GUY
Barry Marshall



Clearly, when the entire body must be taken off a truck to replace its transmission something has gone

wrong. I detect more of the sticky fingers of accountants in the new non serviceable transmissions.

In olden days you changed the oil and it lasted forever now the bean counters have worked out that when the sealed unit expires the vehicle is too old to make an economic repair so you'd better buy a new car.

Not surprisingly, repairs are extremely expensive and rising. The extra hours designed into even routine maintenance and the "main dealer only" electronics is BigAuto looking after its franchises which, incidentally, is where you go to buy new vehicles.

Given the wider commitment to EV's I don't think BigAuto is on its own in reducing the life-cycle of traditional vehicles. It is just a convenient grab for them. If you used to change at 5-10 years and now its 3-5 and the gap between EV and traditional costs is narrowing how long before we are all using volts not calories?

Its not necessarily a bad thing but being manipulated is. Not surprisingly politicians and accountants rank much lower than engineers in people's esteem, and quite rightly! ■

□ Tech /social commentator Barry Marshall can be reached at Barry-Marshall@gmx.com

*Make
your
car
safe for
winter!*

SALMON ARM BARBER SHOP

ESTABLISHED 2013

120 HUDSON AVE NE

778-489-4722

www.salmonarmbarbershop.ca



AM is
literally
embedded
in
SALMON

MEL ARNOLD
Member of Parliament

Here To Help With Federal Government Programs

- Citizenship, Immigration
- Seniors, CPP, GIS, OAS
- CRA, EI and more

MelArnold@parl.gc.ca
1-800-665-5040

ANYTIME FITNESS 24/7

- 24 HOUR ACCESS
- ACCESS TO ALL ANYTIME FITNESS' WORLDWIDE
- SUPPLEMENT SALES
- PERSONAL TRAINING & CLASSES

2890 10 AVE NE, next to Subway • Top of the Hill
778.489.5323 • salmonarmbc@anytimefitness.com

> Elders and community members from the Shuswap Nation Tribal Council held a signing ceremony that included traditional drumming, language and smudging at Okanagan College's Salmon Arm campus – pledging Me7 elkstwécw-kt – to work in partnership – to better future generations. “Together, we are demonstrating what it looks like when business, education, and Indigenous governance move forward in true partnership,” said Tribal Kukpi7 Darrel Draney.



> CBC journalist Jacqueline Gelineau has been assigned to a new news base in Salmon Arm. This is welcome news and we look forward to much more coverage of Salmon Arm and Shuswap stories from the Kelowna-based CBC radio. She can be reached at jacqueline.gelineau@cbc.ca



> Everyone has some legacy that lives on. Ernie Scheil of Salmon Arm has created a treasure trove of multi discipline art, poetry and prose over the years that he has thoughtfully gathered together in a small run beautiful volume. “A full five decades of life nearly spent, and yet a childish fervour burns within me still” he writes in the preface of his book ‘For your Discernment. He reflects on a unique life growing up in both LA and remote BC, and now enjoying his retirement years inspired to draw and write.



Summer Camps
for Children and Youth
Registration opens on March 3!

campoc.ca

OC Okanagan
COLLEGE

R.J. HANEY HERITAGE VILLAGE & MUSEUM PRESENTS HERITAGE WEEK THE 30TH ANNUAL EVENT!



**STIR
THE POT**
February 16–21, 2026

Food brings us together.
From family recipes and shared meals
to community traditions passed down
through generations, food is at the
heart of our heritage.

Join us for Heritage Week 2026 and
take part in activities that celebrate
the stories, skills, and flavours
that connect us.

GET INVOLVED:

- Bid in the Online Heritage Week Auction
- Enter the Best of the Shuswap Pie Baking Contest
- Enter the Online Contests
- Join us for Family Fun Day on Saturday, February 21 at the Mall at Piccadilly
- Visit the Mall at Piccadilly February 18-21 and explore Heritage Week displays by the Salmon Arm Museum and community partners. For more information, visit www.piccadillymall.com



MORE INFO:
Scan for full details,
contest rules and
bidding information.

THANK YOU SPONSORS



HOME PAGE



> Copper Island Fine homes of Blind Bay has won numerous I Central Interior CHBA Keystone Home Builder awards since 2008, and won two more this month for this beautiful home.

Median home price \$700,000 range; median 1 bedrm. rental around \$1,500

As of February 2026, the Salmon Arm real estate market features roughly 139–150 plus homes for sale, with a median list price of approximately \$699,000 to \$745,368. The market is active, with diverse options including single-family homes around \$887,000, townhouses at \$560,000, and condos at \$303,000. Listings range from affordable homes to high-end waterfront properties.

The rental market is characterized as extremely tight, with a critically low vacancy

rate of 0.5% to 0.8% and rapidly rising rents, which increased by over 12% year-over-year as of early 2026.

A 1-bedroom unit now averages around \$1,500/month. Scarcity has created intense competition, with a significant shortage of 3-bedroom units, making it difficult for families to find suitable housing.

Fortunately, large rental apartment complexes are newly arrived on the market or are on stream for completion by the end of the year.

GEOSURV SOLUTIONS INC.
SURVEYING - MAPPING - DRONES

- DRONE SURVEYING & PHOTOGRAMMETRY
Visual RGB - Multispectral - Thermal IR
- AERIAL THERMOGRAPHY & VISUAL INSPECTIONS
Roofs - Building Envelopes - Mechanical - Electrical
- CONSTRUCTION SURVEYS & MAPPING
Site Plans - Topographic - Layouts - Agriculture
- 3D MODELING & CAD SERVICES
Terrains - Scenes - Infrastructure - Thermal

LIDAR COMING SOON...

todd@geosurv.ca www.geosurv.ca
250-833-8663

Check Us Out Online!

Level 1 sUAS Thermography Certified

ROCHELLE DALE
Personal Real Estate Corporation

REMAX SHUSWAP

Cell: (250) 804-9327
Office: (250) 832-7051
#105 - 650 Trans Canada Hwy NE
Salmon Arm, BC V1E 2S6

LET ME GUIDE YOU HOME!

Highest Rated Mortgage Brokers IN THE SHUSWAP

Book Now!

5-YEAR INSURED PURCHASE - 3.89%
5-YEAR UNINSURED/REFINANCE - 4.34%
5-YEAR INSURED VARIABLE 3.75%

TEKAMAR mortgages (250) 832-8766

Looking for new windows & doors?

We sell and install residential windows & doors, shower enclosures & bathroom glass. Durabuilt manufactures high performance, energy efficient windows & doors for year-round comfort.



2025 ENERGY STAR®
Manufacturer of the Year.
Canadian manufacturer
more than 37 years.



25 years

471A 5th Ave. SW • 250.832.4527
trademarkglassworks.ca



Salmon Arm's four Olympic speed skaters

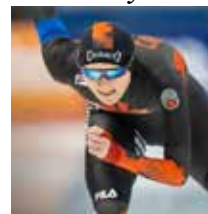


> As of 2pm, Feb. 18, Canada won four medals in free-style skiing, three in speed skating, five in short track and one in snowboarding. At press-time, the women's hockey team was pumped up for Thursday's gold game against USA



Mike Hall, Olympics '94
father of Laura & Daniel
Marcia Beckner, Olympics '68
Daniel Hall, Olympics '26

(along with younger sister, Laura, who placed 13th out of 20 on the first day)



THE HALL SIBLINGS



Photo by Greg Kolz/COC

Laura Hall of Salmon Arm finished ninth at 7:02.90 in the Speed Skating Women's 5000m race at the Milano Cortina 2026 on Feb. 12.

She faltered on the final lap of the gruelling 12.5 lap race in her first Olympics.

"I'm excited for Laura Hall. She has a beautiful future," said CBC Sports analyst Anastasia Bucsis. "She's hard-working with talent to boot."

Canada's Isabelle Weideman placed fifth in the race unable to repeat her silver-medal performance from the 2022 Beijing Olympics. She finished in a season-best 6:50.08, 3-100ths faster than her silver effort on Dec. 5 at a World Cup stop in Heerenveen, Netherlands, but nearly four seconds from bronze in today's race.

Italian speed skater Francesca Lollobrigida, the reigning women's world champion, won gold.

In the earlier 3000 m race the second day of the Olympics, Laura Hall placed 13th out of 20 in the 3000 m.

Her brother, Daniel, Hall, also on the speed skating team representing Canada, will race Feb. 19 and 21.

The other Salmon Arm sibling pair

While the Shuswap cheers on a brother and sister duo's debut at the Winter Olympics - speed skaters Daniel and Laura Hall, there's another local sibling pair to cheer on in March.

Madeleine Wilkie, pictured on the left, has qualified for Team Canada to race at the FIS Nordic Junior World Ski Championships in Lillehammer, Norway March 2 to 8.

At the same time, her sister, Natalie Wilke will once again compete at the Paralympics in Milan Cortina around the same time, March 6 to 15. ■



> Madeleine Wilkie competing in Norway while sister competes at Paralympics.

Medal standings as of Wednesday

Medal winner	1	2	3	
1 Norway	15	8	10	33
2 Italy	9	5	12	26
3 United States	7	11	6	24
4 France	6	7	4	17
6 others				
11 Canada	4	4	6	14

Right thing

Dear federal leaders,
Last week, amid the horrors in Tumbler Ridge, I saw something hopeful.

At the bidding of a local Indigenous leader, I saw you - Canada's Prime Minister, the Leader of the Opposition, and Governor General joining hands. You held hands as parents who love their children, who traveled together to be in solidarity with families torn apart by tragedy.

I was deeply proud to be a Canadian at that moment. This is what leadership looks like, this is how we stand together in the face of pain and suffering. This is how we say that all children are precious, and we will do whatever is within our power to protect them.

And now dear leaders, I call upon you to stand together and protect children beyond our borders. By the end of this month you will have to decide where or not you are going to continue to allow military components to be shuffled across the border to be used in its genocide of the Palestinian people.

The so-called cease-fire has continued to kill people in Gaza on a daily basis. Ignoring nearly 80 years of brutal colonial oppression, intimidation, arrest and detainment often without charge, land theft and apartheid, it has been said that nothing justifies October 7 and yet everything that has happened in the 860 days since is justified by October 7.

Where we stand morally in the defence of children hangs in the balance of your decision to close the loopholes that continue to allow children to be slaughtered. For the sake of mothers and fathers everywhere, I ask you to do the right thing.

**Rev. Juanita Austin
Salmon Arm**



OLD GROWTH PROTECTION

To CSRD Board of Directors;

I am writing to express my support for Agenda Item 8.2: Proposed Resolution: Improve Old Growth Conservation including the Rainbow-Jordan wilderness & Inland Temperate Rainforest.

The Rainbow-Jordan is one of only a few remaining undisturbed pockets of old-growth Inland Temperate Rainforest located just north of Revelstoke. It is a critically endangered ecosystem that if lost will not only jeopardize the future of many rare and endangered species but have lasting climate and societal impacts, including negative impacts on the tourism economy.

The Rainbow-Jordan wilderness, first proposed as a protected area in 2017 by the

Valhalla Wilderness Society, is

Letters

an important area for its significant biodiversity benefits including cedar trees over 3.5m in diameter, habitat for species at risk, carbon storage, flood and fire mitigation, tourism, and recreation.

I ask as a Columbia Shuswap Regional District resident that Board Directors demonstrate support for old growth ecosystem conservation by voting in support of the resolution requesting provincial action to establish long-term protection measures for intact ancient and old-growth ecosystems, including the Rainbow-Jordan wilderness and the Inland Temperate Rainforest

**Kristi Chorney,
Board President
Wildsight Revelstoke**

City FIXINGS



Street cleaning in February? It's been that kind of winter. Alas, flurries are in the forecast this weekend.

Bravos & BOOS



> **BRAVO** to efforts to forge stronger relations between individual middle powers Canada, Australia, New Zealand and UK. Combined, these nations tally 139 million population, \$6.6 trillion economy, the biggest land Mass on the planet and the fourth largest military budget.

> **BRAVO** to all the introverted, empathetic, socially awkward souls who are pushing past their comfort zones to share their gifts with the world.

Signs UP



> This sign greets customers leaving the Hideaway Pub. Perhaps proceeding forward might be an effective way to catch those who may have consumed too much.



**STAN'S
Auto
Repairs**

*Friendly, efficient service
for YOU & your Auto*

400 7th St. SW • 832-3005

Who gets mental health support and who does not

By Ava Lamerton, Canadian Mental Health Association

Mental health is a growing concern across the country, but new research from Mental Health Research Canada (MHRC) reveals that not everyone in Canada has equal access to the help they need.

The first volume in MHRC's new series on Access to Mental Health Care offers a deep, data-driven look at who is most in need of mental health support and who is being left behind.

Mental Health Matters

Produced in partnership with Pollara Strategic Insights and supported by online national surveys conducted from 2022 to 2024, the report examined responses from Canadians across a wide range of demographic groups, including age, gender identity, ethnicity, income, and province.

The findings are clear: those with the greatest mental health needs often face the most significant barriers to care. Even more troubling, many who do access support still report that it doesn't fully meet their needs.

Young Canadians are facing higher mental health needs than any other age group. In the past year:

- 19 per cent of young people accessed mental health services.
- This compares with 17 per cent of middle-aged Canadians, and only 7 per cent of older Canadians.
- Youth were also most likely to report needing care, but not receiving it.

These results align with other national studies indicating rising rates of anxiety, depression, and suicidal thoughts among teens and young adults, particularly since the pandemic.

Respondents who identified as Caribbean/African (12 per cent); Asian (7 per cent) or other (6 per cent) were more likely to report needing care, but not receiving it, compared to North American or European respondents (4 per cent). This suggests a need for more culturally responsive and accessible services tailored to diverse communities.

Income remains a significant factor in mental health access. Canadians earning less than \$30,000 annually were more likely to need mental health support; access it (17 per cent); and say they needed it but could not get it (7 per cent).

Lower-income individuals often face cost-related barriers, limited transportation, and long wait times, all of which can prevent them from getting timely and effective care.

This report isn't just a collection of statistics; it reflects the real struggles many Canadians face when trying to care for their mental health. From students who can't find a counselor, to newcomers who don't feel understood, to non-binary youth left out of health systems altogether, the message is clear: mental health support in Canada is not yet equitable.

With continued research and a commitment to listening to those most affected, MHRC's Access to Mental Health Care series hopes to drive meaningful change.

You can access Meeting the Demand: Assessing Mental Health Support Across Demographic Groups in Canada and the full MHRC Access to Care series at: <https://www.mhrc.ca/access-to-care-report> ■

□ Ava Lamerton worked as a summer student for CMHA Shuswap-Revelstoke and is studying for her Masters in Psychology.

□ Good mental health is essential to overall health and wellbeing. For information or support contact CMHA Shuswap-Revelstoke by calling (250) 832-8477 or email sr@cmha.shurev.ca



REPLACEMENT PAUSED

Salmon Arm council has paused plans to replace the demolished Memorial Arena with a new indoor recreation facility.

Mayor Alan Harrison said in a news release that significant work was undertaken by that group of representatives that formed after the town hall meeting in June, 2024, however much has changed over the past two years.

"Private and government funding sources are currently limited, and construction costs have continued to escalate," said the mayor.

"In addition, the recently completed and soon to be fully lit synthetic field has helped extend local sports seasons.

"The time isn't right to build

a new indoor recreational facility. The economic uncertainty that many are experiencing requires local governments to spend prudently and focus on core infrastructure needs."

Harrison said that when conditions improve, the City will "draw on the valuable work completed by this group to help inform future planning for recreational facilities.

He said the City thanks discussion group members for their time, expertise and commitment to improving recreational opportunities.

Harrison said that updates will continue to be shared with the community as future recreation planning evolves. ■




REPAIR CAFE










Saturday Feb 28, 10am - 3pm at Piccadilly Mall

Do you have something you love that's broken?
You're in luck!

Shuswap Makerspace and Piccadilly Mall are hosting a Repair Cafe!
Bring your lamps, small appliances, wooden items, clothing items,
or anything near and dear to your heart that needs a bit of love
and fixing and our volunteers will do our best to get it fixed!

www.shuswapmakerspace.ca
778-404-1253
shuswapmakerspacecoordinator@gmail.com

MISCELLANEOUS FOR SALE

HUDSON THRIFT SHOPPE.

433 Hudson

clothing, shoes
jewellery, bags
bedding, books
cds, games
appliances,
you name it..

Mon - Fri.: 10-3

Donation days Mon, Thurs.



86" Black pure leather love seat,
nearly new. \$1,500. Comes apart
for moving. 250-833-0606

INSIDE 'GARAGE' SALE - 10-3,
Saturday only, Feb. 21, 206-851
5th Ave. SW. Ring to access.

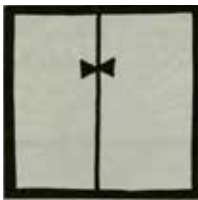
ALT MARKET

11-4, Sunday, March
22, Comfort Inn &
Suites, Salmon Arm
Free admission

*A unique market of
alternative artists and cre-
ators. Over 30 vendors
ellacjf@hotmail.com*

DOODLES

> Man in
tuxedo
who stood
too close
to the
closing
door of an
elevator.



HEALTH



LAKESIDE HEALTH

Acupuncture &
Traditional Chinese Medicine
Registered Massage Therapy
Manual Osteopathy
Therapeutic Laser (LLLT)
Rolfing Structural Integration
IFM Cert. Functional Medicine

250-833-5899

Salmon Arm, BC — We direct bill

www.lakeside-health.com



TODD STEVENS
REGISTERED
MASSAGE
THERAPIST

● LOCAL
● TRUSTED
● EXPERIENCED

(Full-time RMT Since 1999)

For an appointment
Call, text or email

250.804.3818

todd@toddstevens.ca

2B-120 Harbourfront Dr NE

ART

Terry Greenhough



250.832.3980

or 250.832.5899

itsgreen@telus.net

3350 16th avenue NE

Order prints & originals

online TerryGreenhough.ca

**PICTURE FRAMING.
GALLERY VIEWING BY APPT.**

HEALTH



Salmon Arm Physiotherapy



• Online Booking

• Sports Injuries

• Dry Needling/IMS

info@salmonarmphysio.ca

or visit: salmonarmphysio.ca

Daniel von Hollen BSc, MPhySt

250.804.3033 • 120 Harbourfront



778-824-1900

WWW.MERIDIAN-HEALTH.CA

INFO@MERIDIAN-HEALTH.CA

203 - 2110 11 AVE NE, SALMON ARM

ACCEPTING NEW PATIENTS



Acupuncture, Counselling,
Kinesiology, Osteopathy, Massage
Therapy, Chinese Medicine

COLLECTING

COIN COLLECTOR & GOLD/SILVER BUYER

**PURCHASING COINS, collec-
tions, jewelry, nuggets, bullion,
old money, sterling, gold, silver,
platinum +++ TODD 250-864-3521**

NOTICE

Request for Proposal:

Large strata complex
Salmon Arm requires
exterior painting of
31 buildings.
Bidding closes Mar. 31.
Please contact
kas0881@keystone.pm
for details.

SERVICES

SALMON ARM STORAGE

**SECURED/Easy Access
Heated Indoor Units
Outdoor Containers
RV & Boat Storage**

250.833.1442

www.salmonarmstorage.ca
5351 46th Ave. SE (Ind. Park)

BIG OR SMALL, WE HAVE ROOM FOR IT ALL!

Apple Macs Only

Consultation, maintenance,
upgrades, troubleshooting,
internet setup. On site
training for new users.

Carol Creasy 250 833.3544

PRINT & WEB

> Try FB Marketplace
AND AM Marketplace
fridayam@shaw.ca

Already contemplating a relaxing vacation in the sun?

I have a spacious 2 floor condominium for rent in
Bucerias, Mexico. It's a short taxi-ride from the
airport in **Puerto Vallarta**, a couple of blocks from
the beach on top of the hotel **La Posada de Bucerias.**
The condo is available Dec. 1 to Jan. 12, 2026
and March 13 to April 30, 2026.

Special rates for people living in the Shuswap.

Email benson.geoff137@gmail.com

for more information.



ELKS HALL RENTALS

Reunions, Teas, Meetings,
Banquets for all Occasions. Plus
Ball park, RV sites & playground.
For Hall bookings, call Holly
250 833-4803. For Catering
by Ladies of Royal Purple,
call Dee 250 833-6520 or
Karen 604 803-9889

Salmon Arm Elks #455

3690 30th St. NE, elks455sa@gmail.com
10 minutes to Canoe Beach & Boat launch

SALMON ARM CITIZENS PATROL

• Community Service + Flexible Hours

+ Interesting Information + Friendship = **SACP** membership

Help keep Salmon Arm safe by going out on four hour patrol

*one afternoon or evening each month. We also take part in numerous
community events and enjoy socializing together.*

○ For more information and an application, find

SACP at salmonarmcitizenspatrol.ca or Facebook



**5 FIFTH AVENUE
50Plus Activity Centre**

170 5th Ave. SE, Salmon Arm

5thaveseniors.org

seniors5thave@shaw.ca

ACTIVITY CENTRE RENTALS

Weddings, Celebrations, Special Oc-
casions, Reunions, Meetings of all
types (monthly & annual), auditori-
um with sound system & stage,
two smaller meeting rooms available
evenings & weekends, Commercial
kitchen, New upgraded WiFi,
All handicapped accessible.
In-house liability insurance is now
available for your rental needs.

**FOR BOOKINGS, CALL OFFICE AT
250-832-1065**

Friday AM/ All Month Marketpage • 250.833.1141 or fridayam@shaw.ca

• \$11 pre-paid for up to 15 words • 15¢ for each additional word • \$1 for boxaround
• \$15 photo • \$5 logo • Display ads \$11 per column inch • **Drop off: Hucul Printing**

**Advertise in the paper
read cover to cover!**

WEATHER SYNOPSIS

Sunny Friday.. High -2 to Low -7
Possible flurries Sat. and Sun.

Normal: +3 C to -7 C

Sunrise 7:06 • Sunset 5:18

Past Temps, Feb. 4 to 17

By weather reporter Nick Parsons

SW Gleneden, 458 m (119 m above lake):

DATE	HIGH	LOW	PRECIP.
Feb. 4	+6	+4	
Feb. 5	+6	+2	

DATE	HIGH	LOW	PRECIP.
Feb. 6	+6	+3	
Feb. 7	+5	+3	1/16" rn
Feb. 8	+9	+1	
Feb. 9	+5	-1	
Feb. 10	+7	-1	
Feb. 11	+6	0	
Feb. 12	+9	0	
Feb. 13	+6	+1	1/16" rn.
Feb. 14	+7	+2	1/16" rn.
Feb. 15	+6	-2	
Feb. 16	+4	0	1" snow
Feb. 17	+4	-1	

> **Nick's notes and edited note to Global News:** I record daily precipitation and temperatures in Salmon Arm, and have done so for eight years for *Friday AM* publication. Yesterday, on Feb. 4, it was reported on Global Okanagan TV News of the January precipitation for Vernon to Penticton being extremely low and as low as 20 per cent of normal in the 10 mm range. The Salmon Arm rainfall for this period was 78 mm. To date this winter from Nov. 1, Salmon Arm has received 228 mm of rain and 27 cms. of snow. Rainfall is exceptional for this period, snowfall very low. As Salmon Arm is well-known on Global Okanagan TV News, our rainfall totals should be recognized.

PASSAGES

LEGACY LIVES ON
shuswaphospitalfoundation.org
shuswapfoundation.ca

Bowers Funeral Service
bowersfuneralservice.com

- ❖ Shaun Berkholtz
February 9, 2026, at age 68
2:30, Feb. 21, Enderby Sr.
- ❖ Clive Callaway
February 1, 2026, at age 82
- ❖ Olwen Landers
January 31, 2026, at age 97
- ❖ Eric & Darlene Smith
January 25, 2026
11 am, Feb. 16, Silver Creek
- ❖ Barry Visscher
February 11, 2026, at age 69
1 pm, Feb. 23, Cornerstone
Christian Reformed Church
- ❖ Annie Weinacker
February 7, 2026, at age 91

Fischer's Funeral Services
fischersfuneralservices.com

- ❖ William 'Bill' Ash
February 9, 2026, at age 84
- ❖ Karen Dorothy Acher
February 6, 2026, at age 69
- ❖ Dorothy 'Joan' Barz
January 30, 2026, at age 100
- ❖ Rudolf Gerardus Bohmer
February 6, 2026, a age 89
- ❖ Allen Stuart Clark
February 8, 2026, at age 72
- ❖ Gerald 'Gerry' Hill
February 10, 2026, at age 87
- ❖ Margaret Irene Lyon
February 1, 2026, a age 75
- ❖ Carol Ann Magri
February 10, 2026, at age 80
- ❖ Ben Lambertus Meyer
February 7, 2026, at age 92
- ❖ Wesley Dale Nickel
February 5, 2026, at age 66

- ❖ Shelley Colleen Streit
January 30, 2026, at age 49
- ❖ Mark William Ellens
December 26, 2026, at age 56
- ❖ Leonard James Gamble
January 31, 2026, at age 95
- ❖ Rev. Jesse Jackson Jr., 84
Civil rights leader
- ❖ Jim Robson 91 Canucks sportscaster
- ❖ Robert Duvall, 95, Oscar award winning actor
- ❖ Brad Arnold, 47. Sang and wrote 'Kryptonite'
- ❖ James van der Beek, 48 star of dawson's creek
- ❖ Teacher and students at Tumbler Ridge school
Shannda Aviugana-Durand, Zoey Benoit, Ticia Lampert, Abel Mwansa, Ezekiel Schofield, Kylie Smith, Emmett Jacobs, Jennifer Jacobs
- ❖ Eddie Carvery, fought destruction of Africville black community in Halifax in 70s
- ❖ Billy Steinberg - Wrote many hits include 'True Colors' and 'Like a Virgin'

Two local authors are on this week's *Passages* list. Retired teacher Leonard Gamble authored three books on World War 2 and Clive Callaway co-authored *On the Living Edge: Your Handbook for Waterfront Living on shoreline conservation.*

SPORT SPOT

> SILVERBACKS

20 W • 16 L • 3 OTL,

2 SOL • 45 pts

Interior West: W. Kel. 62 • Trail 48 • SA 45 • Cran. 32 • Vernon 27

1st other divisions: Pr George 52

• Cowichan 65 • Blackfalds 55

• Scores: Feb. 6: Cranbrook 5,

SA 1 • Feb. 7: SA 4, Cranbrook 2

• Feb. 13: SA 7, Okotoks 1 •

Feb. 14: Brooks 7, SA 4

• Feb. 16: Sher Park 6, SA 2

• Coming up:

Home - Feb. 20: 7pm vs. West Kelowna • Feb. 21: 6 pm vs. Blackfalds

• Feb. 27: 7 pm vs. Okotoks • Mar. 6: 7 pm vs. West Kelowna

• Mar.13: 7pm vs. Vernon • Mar. 20: 7 pm vs. Spruce Grove

• Mar. 27: 7 pm vs. Brooks • Mar. 28: 7 pm vs. Brooks

• **Away:**, Feb. 28 vs. Vernon • Mar. 7: vs. Trail • Mar. 14: vs. Vernon

Mar. 22: vs. Spruce Grove •

> CURLING • Women's Open, Feb. 20-22 • Mixed, Mar. 6-8

SAS Girls team at High school Provincials this weekend.

> **Gleneden Hall - Pickleball**, 5:30 & 7:30, Mon/Thu, \$5, indoor shoes, eye protection, water. 250-253-0025. **Yoga drop-in** by donation. 7:30 am, Tue, Wed, Thur. 250 888-4211

> **Winter Olympics**, Feb. 6-22 and Paralympics, Mar. 6 to 15, Milano-Cortina, Italy. See page 2 for local athletes. / **P9**

> Larch Hills - details at skilarchhills.ca

Chalet open 8am-10pm, Trail lights dusk to dawn, 5:30am - 10 pm- Women's Skate Ski Clinic, Feb. 19 and 26, Larch Hills.

> **Funspiel** - Feb. 21, Enderby Curling rink.

> **SA Minor Hockey - Try program** now accepting registrations on SAMHA website. Free - children 5-12, Mar. 17, 18, 19

NOSL playoffs begin Feb. 21 • **OMAHA tiering playoffs** begin Feb. 20.



> A goal! Photo from Trail 7-2 game from 'Backs website

Valentine's Day marked the 130th birthday of Eric Valentine Gordon, born in Salmon Arm, Feb. 14, 1896. He eventually went on to study in Oxford and teach in Leeds and collaborate with the great author, J.R.R. Tolkien. Tolkien called Gordon "his devoted friend and pal" in his diary and together they formed the Viking Club where they would read old Icelandic sagas and presumably drink beer.



Ron Marchand
"The Videoman"

"I'll transfer your family films, videos, photos & slides to USB Flash Drives"

Ph: 250-832-3320
ronmarchand49@gmail.com

325 ALEX

Season 2, Episode 22

Henry knocked on the door of apartment #201. He was holding a bag of Indian take-out. It was after nine o'clock, but he figured Shirley would be up for a meal.

Shirley opened the door and sniffed, "What's that?"

"I brought butter chicken, lamb biryani, naan, and rice. Let me see the cat cam footage."

Shirley smiled at his bribe. "Henry, you are wise beyond your years. I'll set the table." She nodded to the monitor. "You check the cameras. I saved the bit I mentioned."

When she called him to join her at the little table, Henry looked thoughtfully over to Cougar, sleeping quietly on the couch..

"What did you think?" Shirley asked between bites.

"I think we need to be prepared for trouble. Good thing you installed that sprinkler system in the building."

"I'd rather not have it go off, though. They make a mess."

They pondered through the meal, and then glanced up as a new monitor view flashed on.

Henry glanced over to Cougar, "What's that? Cougar's here."

"Regular security cameras, silly. They respond to movement. That's actually Lester's feed for the store."

"You can see...?" He thought better of asking. Of course she could see his feed. He looked at the monitor and tilted his head. "You know, I think I should adjust the angle a bit," Henry said, standing up and taking his plate to the sink. "I'll be right back. I'm just going to borrow this step stool."

Shirley watched the feed as a figure in a black hoodie appeared at the back door and slipped inside. "Henry, why are you going into the store?" she muttered to the monitor. Then Henry appeared under the camera, waved up with a grin, and set Shirley's step stool down. "Oh no!" said Shirley to Cougar, who blinked up at her. "That wasn't Henry! Someone was breaking into the tech store!"

She was reaching for her phone to call 911 when the door to the tech store swung open, knocking Henry off the step stool.

The person in the black hoodie carried out a box and ran out of camera view, while in the beam of the security light, Henry lay on the ground, insensible. n

□ Episode 23 will run in the March. 6 Friday AM.



> Local novelist Shawn Bird.

ONE FILM AT A TIME

Sharing a story together has a way of slowing time. Long before on-demand entertainment and packed calendars, families found other ways to connect.

Evenings were spent around kitchen tables playing cards, reading aloud by lamp-light, listening to the radio or simply talking about the day. Storytelling, whether through books, music or conversation, was central to family life. These shared moments were not rushed, and they helped build strong bonds rooted in togetherness.

The advent of motion pictures quickly became a new way for families to experience stories together. Early movie houses were bustling community spaces where people of all ages gathered to laugh, marvel and escape into shared worlds.

It wasn't a solitary activity; it was an event. Families dressed up and reacted together as the lights dimmed and the screen flickered to life.

As it evolved the golden age of Hollywood to colourful animated classics, movies became a common cultural language and a way for parents and children to share imaginative adventures and talk about values, challenges and emotions.

Even after television entered the home, movies retained a sense of occasion. Before streaming services came along, there was the ritual of the local video rental store. Families wandered the aisles, debated choices and sometimes settled for a second-best pick when the first choice was out. That shared decision-making, followed up by gathering in the living room and the experience was far more than what was playing on the screen.

It was about the giggles, the shared snacks, the moments of awe or emotion, and the simple comfort of being together.

Shared experiences strengthen emotional bonds, improve communication and create a sense of belonging that supports children's

FAMILIES FIRST
Shuswap Children's Association

social and emotional development. A walk after dinner, a board game at the table, or enjoying a film together are moments that help families slow down and reconnect in ways

especially important in a fast-paced, digitally driven world.

That spirit of togetherness is at the heart of the **7th Annual Children's Film Festival**, March 25 to 28 at Salmar Grand on Hudson. Each morning will feature four thoughtfully selected films, for a total of 16 movies. Films are chosen to both entertain and inspire conversation, laughter, reflection and connection for all ages.

While movies can be viewed on demand through a number of different streaming services, watching a movie in a theatre offers something uniquely powerful. Families have a chance to unplug, sit side by side, and experience cinematic stories together, then conversation long after the credits roll. In a world full of individual screens, it's a chance to return to a collective experience.

Families are at the heart of everything we do at Shuswap Children's Association and the Children's Film Festival is one of our favourite ways to bring community, storytelling and creativity together in a way both timeless and deeply relevant.

For a full schedule and information on pre-sale passes, visit our website at www.shuswap-childrens.ca or follow us on Facebook and Instagram.

□ Email the association at info@shuswapchildrens.ca or call 250-833-0164 ext 0. Program referrals can be made through the website or dropping by 551 Trans-Canada Hwy NE next to Royal Lepage.

□ To learn more about Shuswap Children's Association, email info@shuswapchildrens.ca

Friday Night BINGO

Doors open at 5 pm
Games begin at 6:30
Concessions!

Gaming license 151881

5th Ave. 50Plus Activity Centre • 170 5th Ave. SE

Read
Friday AM
in print
or online.
FriAM.ca

Eric's
Shuswap
Automotive
Friendly & Professional
Automotive Repairs
■ Call 250-832-7543
2560-10th Ave SW
U-Haul 250-832-2310

WORD SEARCH

Winners at the Grammy awards

T D T K A L C H A I N S W H I P S B T W G Q F Y J
U C M Z A C H K D V T F G S P N X I J I N W O B O
R U E C H A N G E S G C Y O C N U R E L X Y L C P
N R S K E S T E F A N Y R U D I R D L D D I D A O
S E S T E G A A Y X E U V T U N S S L F E B E N R
T B Y H U U M B I S C N B H M E T M Y L A L D C T
Y U L O S Y Y R N T I G I E A I A C R O N O K I R
L E U M E B Z A G A R B T R D N P B O W Y O E O A
E N T A X A M C G P K L I N S C L R L E W M H N I
L A H S U D A A R L U U N N K H E I L R I I L E T
A V E A A B Y D A E T D L I I N S D A M N M A R T
U I R R D U H A V T T O I G L A V E L U D P N A V
F S R K T N E B I O C C S H L I G T O T O A I J O
E T S A Y N M R T N U D T T Z L Z Y N T W L R J F
Y A O I B Y V A Y I G X B S W S D I E J S A W X F

> Luther, Bad Bunny, Wildflower, Dean, Cirkut, Amy, Messy, Defying Gravity, Mayhem, Impala, Abracadabra, Eusexua, Yungblud, Changes, Birds, Nine Inch Nails, Turnstyle, Alone, Cure, Kehlani, Thomas, Folded, Bloom, Mutt, Chains Whips, tv off, GNX, Mad Skillz, Windows, Portrait, Southern Nights, McBride, Laufey, Arkai, Buena Vista, Stapleton, Jelly Roll, Bitin List, Zach, Staples, Guy, Cancionera, Estefan

HIDDEN GEMS

THIS QUOTE SPACE HOSTED BY
Hidden Gems Bookstore, 331 Alexander
www.hiddengemsbookstore.com

> "Choices, Chances, changes.. You make the choice to take a chance if you want anything in life to change." ~ Zig Ziglar

> Rev. Jesse Jackson Jr. who died this week at age 84:

"Both tears and sweat are salty, but they render a different result. Tears will get you sympathy; sweat will get you change."

"Never look down on anybody unless you're helping them up."

FUNNY BONE

Funny things tourists say (from FB):

> A woman frantically fanning her hands while viewing Niagara Falls
> "You'd think they'd do something about this mist, wouldn't you?"

> "What time does the one o'clock gun go off?"

> "Other than Fenway Park, is there anything else historic in Boston?"

> "Do you guys in Malaysia use money there or trade stuff?"

> "Is that the moon up there? "I don't know I'm just visiting the area."

> "Why build the castle so far from the motorway?"

> Tourist: "Where you from?" Me: "Australia." Tourist: "Giddyay mate! That's not a knife! Steve Irwin! ... Are you from Sydney?"

Me: (Sigh) "Four hours west of Sydney."

Tourist: "My cousin lives in Perth, maybe you know him!"

POP QUIZ

> What are the differences between British Isles, UK, Great Britain?

> What is the most populous island in all Canada?

> What is Canada's largest island in area?

> **Baffin Island:** 507,451 sq. km; (195,928 sq. mi.)
> **Montreal Island:** area 472.6 sq. km (190 sq. mi.); 2 million pop.
Ireland, Republic of Ireland
> **British Isles:** Scotland, England, Wales, Isle of Mann, Northern
> **UK:** Scotland, England, Wales, Northern Ireland
> **Great Britain:** Scotland, England, Wales

PICTURE THIS



> Above - The pothole Olympics. Make sure to watch for cars.

> Above right - A bad omen? A major sea surge occurred on this year's Valentine's Day collapsed Italy's famous Lovers' Arch.



MALL ARKEY FINANCIAL LTD.

Where the serious invest their money

Have you bought your TFSA yet? Do you need travel or mortgage insurance? Pile your money in a wheelbarrow and bring it on in. Be sure to check our website mallarkey.ca for our up-to-date posted GIC rates.

Savings Account	1.50%	No Change
90-Day Cashable	2.25%	No Change
1 year	3.29%	Down 0.01%
2 years	3.37%	Up 0.01%
3 years	3.50%	Up 0.03%
4 years	3.40%	No Change
5 years	3.53%	Up 0.03%

* GIC rates as of Feb. 17, 2025, subject to change without notice. Certain minimums and conditions may apply.



Daron Mayes, BBA, CPA, CA, CFP
Investment Funds Advisor

Centenoka Park Mall • 250-832-5000 • admin@mallarkey.ca
315-360 Trans Canada Hwy SW, Salmon Arm, BC V1E 1B6



empowHER
A Shuswap Women in Business Initiative

empowHER 2026:
Give. Build. Grow

Join us on March 4th from 6pm to 8pm at Chances Casino as we celebrate International Women's Day and Women in Construction Week. Please bring ID - must be 19+ to attend. This event is free of charge and in partnership with WeBC.

Trade Show
Light Snacks
Refreshments
Guest Speaker
Door Prizes

www.wcp.bc.ca
SCIP
SALMON ARM CHAMBER OF COMMERCE

REDPOINT CONSTRUCTION

RSVP Required:
<https://tinyurl.com/empowHER2026>

Canada Community Futures

Funded by the Government of Canada's Women Entrepreneurship Strategy

SHUSWAP FILM SOCIETY

51st Great Season | www.shuswapfilm.net

Shuswap International

36th

Feb. 20- 28 FilmFestival

13 international films at Salmar Grand.

■ **Holy Days** (New Zealand) • 4:00, Feb. 20 • ^4:05, Feb. 26 • Hilarious and heart-warming quest by a boy who teams up with three nuns for a wild trip to retrieve his late beloved mother from heaven (PG) ▶▶

■ **The Art of Adventure** (Canada) • 10:30 am, Feb. 21 • 4:05, Feb. 22 • Documentary on extraordinary friendship between artist Robert Bateman and biologist Bristol Foster and their journey around the world. (PG)

■ **No other Choice** (South Korea) • 10:35 am, Feb. 21 • ^4:00, Feb. 23 • Farical look at the inhumanity of corporate downsizing brought on my AI and robot machines. (14A)

■ **It was just an Accident** (Iran/France) • 1:30, Feb. 21 • Eghbal recognizes his torturer from time as a political prisoner. Nominated for two Oscars. (PG)

■ **Rental Family** (US/ Japan) • 4:00, Feb. 21 • ^4:00, Feb. 25 • American in Tokyo (Brendan Fraser) lands unusual gig working for a Japanese 'rental family' agency. (PG)

■ **Little Lorraine** (Canada) • 10:30am, Feb. 22; ^4:05, Feb. 25 • Set around 1986 Cape Breton mine explosion, coastal fishing and international cocaine trade. (PG)

■ **A Poet** (Un Poeta) Colombia) • 4:05, Feb. 21 •, 10:35am, Feb. 22 • A poet that is not aging gracefully in this comic, perceptive take on Colombia's current social milieu. (PG)

■ **The Love that Remains** (Iceand) • 1:30, Feb. 22 • ^4:05, Feb. 24 • A charming story with a dreamlike soundtrack and scene stealing Icelandic sheepdog and landscape. (14A)

■ **The Choral** (UK) • 4:00, Feb. 22 • ^4:00, Feb. 24 • WW1 era Yorkshire choral group determined to boost morale. (PG)

■ **The Blue Trail** (O último azul) (Brazil) • ^4:05, Feb. 23 • ^4:05, Feb. 27 • Dystopian drama of a senior woman who resists forced move town in the Amazon to isolated senior colony. (PG)

■ **Leave one day** (Partir Un Jour) France) • ^4:00, Feb. 26 • Paris restaurateur returns to roots after father's passing. (PG)

■ **Mr. Nobody against Putin** (Denmark) • ^4:00 Feb. 27 • A teacher covertly documents the state's transformation of classrooms into recruitment grounds for the war in Ukraine. (PG)

■ **Encore Presentation**, 1:30, Feb. 28 • Chosen by audience.

■ **Dog on Trial** (Le Proces Du Chien) (Switzerland) • 4:00, Feb. 28 • Lawyer takes on canine client. Closing night film features dog-themed treats before and more treats after. (PG)

Also featuring..

■ ^ **Weekday afternoons**, 4 pm, Monday to Friday

■ **Trivia Quiz**, Enter to win gold pass to next year's Festival.

■ **'Cans' Fest**, Drop off cans for Second Harvest Food Bank.

■ **Meal deal coupons offered.**

Regular season continues..

• **A Private Life** (Vie Privée) (France), 4:00, Mar. 7 (PG) Slyly comic psychological thriller starring Jodie Foster. (14A)

• **Late Shift** (Heldin) (Switzerland), 4:00, Mar. 14. A love letter to the understaffed nursing profession. (PG)

• **Father Sister Mother Brother** (US), 4:00, Mar. 21. Adult children come to terms with aging or lost parents. (PG)

www.shuswapfilm.net

■ Tickets \$8 • 5-film pass \$35 • 13 films \$65 • \$5 at door 13 & under

■ Tix at door or Wearabouts. ■ Questions: mail@shuswapfilm.net



▶ Opening show - dress in Kiwi style and double chance for a prize



Fire when you know how to control it

> Sicamous firefighters offered a variety of demonstrations to the cooking class at Eagle River Secondary, including this fire that would be every cooking class teacher's worst nightmare.

DOWNTOWN SALMON ARM

Hot Chocolate TRAIL

2026
#SAHotChocolateTrail

February 1 - 28

2025 Hot Chocolate Trail
Best Spirited and
Best Overall creation by
The Barley Station Brew Pub

Vote for your favourite!

ENTER TO WIN THE GRAND PRIZE!

ANVIL COFFEE COLLECTIVE
BARLEY STATION BREW PUB 19+
CAHOOTS
ECOTREATS CAFE
PINK CHERRY CAFE
SHUSWAP PIE COMPANY
SANCTUARY GAMES
SWEET MAGNOLIA
THE NIGHT CAFE

TWO WAYS TO VOTE!

1. Receive a voting ballot with each hot chocolate purchase.
2. Scan the QR code and cast your vote again for Best Overall, Most Creative, and Best Spirited Hot Chocolate.

Try them all!

Which one is your favourite?

Entry deadline February 28/26.
Winners announced March 3, 2026.

SALMON ARM Beat Pages

Feb. 20



16 online only pages • Print 1st/3rd Fridays • FriAM.ca



Why you should always arrive early for the movies

I seem to have more than my share of embarrassing moments in my daily life. Here is my latest, embarrassing moment #1501

Shuswap Film Society was showing a movie shot and set in Winnipeg, so, of course, I wasn't going to miss that. Its premise was a Korean mom flying to Winnipeg to be with her daughter recovering in the hospital after a bad fall on the ice while being stalked by a big bear. Oh yea, unless things have changed in my home city, never ever heard of a bear lurking about downtown... Salmon Arm or Churchill, maybe, but....

Anyway, the mom did a lot of cringey mom-like and bewildered newcomer things trying to cope with the fact that one day she was in Seoul, the next day in the middle of a particularly cold and snowy prairie winter.

So back to my moment. In my haste, I forgot the film society moved to the Grand even though I faithfully publish the schedule

After walking down Alexander toward the Classic, I pivoted a quick 180 and headed down the Hudson to the Grand. By the time I

arrive the movie already started. The daughter in the story is already lying on the ice pavement unconscious. The bear has already walked off looking for some dumpster.

The theatre is absolutely pitch-black from my running in from outside and, no exaggeration, it is full to the rafters. So I go to a seat that I think is empty, and sit myself down and, as I do, I can hear the voice of some poor little lady.. Yes, I sat right on her. I apologize. I apologize to her, to Thomas who I somehow now recognize, and everybody else on the row.. As I make my way to the other aisle, I keep hearing each worried movie goer saying, 'Full!', 'Full!' Full! 'Full!'

Finally I found a seat in the second row from the front, double checking to make sure the seat was fully empty.

The movie was fun, a little quirky at times, and when it ended, instead of reading the closing credits as I usually do, I high tailed it to where that couple was sitting, and apologized profusely.

They laughed and took it well. Whew!

Sat
3° - 6°

SALMON ARM Beat

Feb. 14

FriAM.ca • Print issues 1st & 3rd Fridays

	Norway
	Italy
	United States
	France
12 others	
	Canada

TEAM
CANADA
3 silver
4 bronze
7 medals
17th place

(1st - Norway
10G, 3S, 7B, 18M)



> Elliot Grondin,
snowboard silver

Todo's

- SWFT hockey tourney, Feb.13-16 Rogers Rink. 28 teams!
- Movies
 - Wuthering Heights
 - Ghost • Iron Lung
 - Crime 101
 - Film Society - Mother & the Bear, 4 pm, Sat.; Film Festival, Feb.20-28
- OK Buddy Art Show, Art Gallery.
- Art Fair, Piccadilly
- Vernon Winter Carnival Feb. 6-15
- Valentine's Day
 - Honey Bear dance at Song Sparrow Hall
 - 5th Ave Centre with The Gentlemen
 - Heart at the Table, Gourmet dinner fundraiser for First Community lunches
- Sunnybrae Coffee-house, Saturday
- Lantern Procession 7 pm, Sunday, Riverwalk, Enderby
- Ripcord opens Feb. 20, Shuswap Th
- Red Gala for Cardiac Society, Feb. 21, Prestige Inn
- Heritage Week, Feb 18-21, Piccadilly Mall
- Used Book Sale Saturday, Salmar Classic
- Family Day, Monday & long weekend

Garage door surprise

A car passenger with outstanding arrest warrants jumped out of the vehicle and ran when RCMP attempted a traffic stop Sunday afternoon.

According to Cst. Andrew Hodges, the officer stopped at a known residence a block away and knocked on the door. He advised the person who they were looking for. The sound of a garage door could be heard out of sight of the front door, and, unbeknownst to the wanted man, another officer was waiting at the garage door for him.

"The man was observed crawling out of the garage as the door opened trying to slip away again, but he was arrested without incident by the awaiting officer.

Tyler Armstrong, 31, was arrested on multiple warrants - fail to comply with order and fail to comply with order by entering a motor vehicle without the registered owner present were added. Armstrong remains in custody.

Cst. Hodges said this was another example of "great proactive work" by local police. ■



> Happy Valentine everyone, and a special valentine to Annette & Art Borkent, always seen walking and cycling around town together, over 50 years in love.

> And happy 130th birthday to Eric Valentine Gordon, born on Valentine's Day in **Salmon Arm**. He eventually went on to study in Oxford and teach in Leeds and collaborate with the great author, J.R.R. Tolkien. Tolkien called Gordon "his devoted friend and pal" in his diary and together they formed the Viking Club where they would read old Icelandic sagas and presumably drink beer.





I think this t-shirt slogan from the opening line of The Beatles' 'Day in the Life' sums it up well... A day in the news can get so depressing these days. So here are a selection of photos I collected from Facebook to help lighten the load.



- > This is perhaps not the best example of keeping the garage behind the house where it doesn't dominate the look of the front so much.
- > Watch where you drive - the pothole olympics!

Why does Social media keep doing this? For at least the third time in the past year, people have posted that Stephen Stills of CSN&Y has died. There's something happening here, what it is ain't exactly clear, but for what it's worth, please STOP with these false death notices! **I hate clickbait!**



- > Did you notice the Canadian flag was most prominent at the front of the procession of flags in Bad Bunny's half time performance at the Super Bowl?
- > And, oh boy, I'm working on the news today for the Mid-month issue next Friday. There's still time to send in newsy content or your ad to fridayam@shaw.ca

> It's warm enough to take your jacket off in Edmonton too! Having said that, could be snow on Tuesday here.
Juno & Sofia ▀



Mon
5° 0°

Feb. 9

SALMON ARM Beat

FriAM.ca • Print issues 1st & 3rd Fridays

Just a subtle reminder



To-do's

- **Salmar Grand**
- *Send Help*
- *SoloMio*
- *The Housemaid*
- *Iron Lung*
- *Film Society, Feb. 14: The Mother & the Bear*
- **OK Buddy Art Show**, Art Gallery.
- **Art Fair**, Feb. 6 -13 Piccadilly Mall
- **Vernon Winter Carnival** Feb. 6-15
- **Karen Wiseman**, 7pm, Feb. 12, Nexus
- **Carnival** Feb. 6-15
- **Valentine's Day**
- Honey Bear dance at Song Sparrow Hall
- 5th Ave Centre with The Gentlemen
- Heart at the Table, Gourmet dinner fundraiser for First Community lunches
- Fundraiser for Hospice, Sorento.
- Sunnybrae Coffeesh.
- **Lantern Procession** 7 pm, Feb. 15, Riverwalk, Enderby
- **Ripcord** opens Feb. 20, Shuswap Theatre. Tix on sale
- **Red Gala** for Cardiac Society, Feb. 21, Prestige inn
- **Trail Alliance auction** now on.
- **Family Day** Feb. 16

Salmon Arm's four Olympic speed skaters

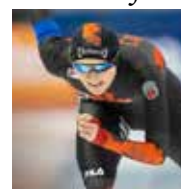


Mike Hall, Olympics '94
father of Laura & Daniel

Marcia Beckner, Olympics '68

Daniel Hall, Olympics '26

(along with younger sister, Laura, who placed 13th out of 20 on the first day)

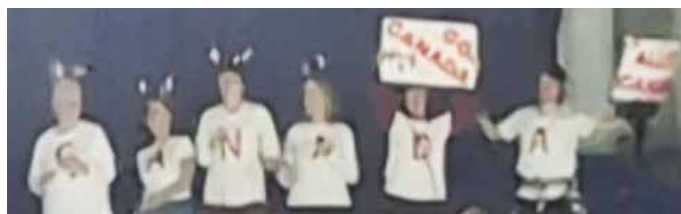


> The 2010 Winter Olympics in Vancouver gave free tickets for the 500 metre speed skating race to the Salmon Arm Speed Skating club. It must have been really inspirational because 16 years later, two local skaters, including the little boy on the far right, are competing at this month's Olympics in Milan, Italy. Also pictured in this photo by Sylvia Lindgren are Daniel and Laura's father Mike Hall who competed in the 1994 Olympics, and Marcia Beckner who competed in Grenoble in 1968. Go Canada!



WELCOME!

> CBC journalist **Jacqueline Gelineau** has been assigned to a new news base in Salmon Arm. This is welcome news and we look forward to much more coverage of Salmon Arm and Shuswap stories from the Kelowna-based CBC radio. She can be reached at jacqueline.gelineau@cbc.ca



> Women from Salmon Arm Tennis club cheered from the nosebleed section at the Davis Cup tournament in Vancouver to help Team Canada defeat Brazil. Marianne VanBuskirk photo

FriAM.ca • Print issues 1st & 3rd Fridays

Todo's

- Salmar Grand
- Send Help
- SoloMio
- The Housemaid
- Iron Lung
- Film Society, Feb. 14: *The Mother & the Bear*
- Fugitives dance band play 2-5 Wed 7-10 Thur, SA Legion
- OK Buddy Art Show, Art Gallery.
- Art Fair, Feb. 6-13 Piccadilly Mall
- Vernon Winter Carnival Feb. 6-15
- Karen Wiseman, 7pm, Feb. 12, Nexus
- Carnival Feb. 6-15
- Valentine's Day
- Honey Bear dance at Song Sparrow Hall
- 5th Ave Centre with The Gentlemen
- Heart at the Table, Gourmet dinner fundraiser for First Community lunches
- Fundraiser for Hospice, Sorento.
- Sunnybrae Coffeeh.
- Lantern Procession 7 pm, Feb. 15, Riverwalk, Enderby
- Ripcord opens Feb. 20, Shuswap Theatre. Tix on sale
- Red Gala for Cardiac Society, Feb. 21, Prestige inn
- Family Day Feb. 16

REPLACEMENT OF OLD ARENA BUILDING PAUSED

Salmon Arm council has paused plans to replace the demolished Memorial Arena with a new indoor recreation facility.

Mayor Alan Harrison said in a news release that significant work was undertaken by that group of representatives that formed after the town hall meeting in June, 2024, however much has changed over the past two years.

"Private and government funding sources are currently limited, and construction costs have continued to escalate," said the mayor.

"In addition, the recently completed and soon to be fully lit synthetic field has helped extend local sports seasons.

"The time isn't right to build a new indoor recreational facility. The economic uncertainty that many are experiencing requires local governments to spend prudently and focus on core infrastructure needs."

Harrison said that when conditions improve, the City will "draw on the valuable work completed by this group to help inform future planning for recreational facilities.

He said the City thanks discussion group members for their time, expertise and commitment to improving recreational opportunities.

Harrison said that updates will continue to be shared with the community as future recreation planning evolves. ■

MEDAL STANDINGS

Medal winner		1	2	3	
1	Norway	6	1	4	11
2	Germany	3	2	1	6
3	Switzerland	3	1	1	5
4	Austria	2	3	0	5
16 others					
12	Canada	0	1	2	3

> Team Canada won silver in the speed skating short track mixed relay. The short track team has its sights on several more.

THE HALLS

Salmon Arm brother & sister speed skaters: (PST)

Laura Hall: She races again- 5000 m, 7:30, Thurs, Feb. 12
1st race: 13th out of 20
Daniel Hall: 1st race, 1500 m, 7:30, Feb. 19.
Races mass start, 6am, Feb. 21



NINE DEAD, INCLUDING SUSPECT, IN TUMBLER RIDGE SCHOOL SHOOTING

Updated from
earlier post

The small
northern
community
of Tumbler Ridge
and the entire prov-
ince are in shock by
the news of a mass
school shooting that
left nine dead and
25 victims requiring
medical attention.

Two of the de-
ceased were found
in a nearby residence, and seven others,
including the shooter with self-inflicted
injuries, were shot in the high school. One
victim who was earlier reported by police
to have died on route to hospital, is now
reported alive and in care.

She was one of the two victims airlifted
with significant injuries.

The RCMP has now confirmed that the
18-year-old shooter goes by the name Jesse
Van Rootselaar and was “born as a biolog-
ical male” and “identified as female, both
socially and publicly.”

According to RCMP Deputy Commis-



ate on Tumbler Ridge shooting

sioner Dwayne McDonald, the suspect's
mother, Jennifer Strang and a brother,
Emmett, were found deceased in the fami-
ly residence..

“The incident at the home occurred first,
and from there our suspect attended the
school and commenced their criminal
activity there, and that's how we learned
there were two deceased at that residence,”
McDonald said.






Most of the deceased were age 15 or
under.

The Throne Speech planned for Thurs-
day has been cancelled for a province-wide
day of mourning.

Wed
2° -4°

SALMON ARM Beat

FriAM.ca • Print issues 1st & 3rd Fridays

1		Norway
2		Germany
2		Sweden
4		Switzerland
16 others		
13		Canada

TEAM CANADA

1 silver, 2 bronze
13th place

THE HALL SIBLINGS

Speed skating team

Laura: 1st race: 13th out of 20, Next race, Feb. 12

Daniel: Races Feb. 19 & 21

Todo's

- **Salmar Grand**
- *Send Help*
- *Solo Mio*
- *The Housemaid*
- *Iron Lung*
- *Film Society, Feb. 14: The Mother & the Bear*
- **Fugitives dance band** play 2-5 Wed 7-10 Thur, SA Legion
- **OK Buddy Art Show**, Art Gallery.
- **Art Fair**, Feb. 6-13 Piccadilly Mall
- **Vernon Winter Carnival** Feb. 6-15
- **Karen Wiseman**, 7pm, Feb. 12, Nexus
- Carnival** Feb. 6-15
- **Valentine's Day**
- Honey Bear dance at Song Sparrow Hall
- 5th Ave Centre with The Gentlemen
- Heart at the Table, Gourmet dinner fundraiser for First Community lunches
- **Linda Sue Wilson, & Les Copeland**, Thur. Setters.
- **Sunnybrae Coffeeh.**
- **Lantern Procession** 7 pm, Feb. 15, Riverwalk, Enderby
- **Ripcord** opens Feb. 20, Shuswap Th
- **Red Gala** for Cardiac Society, Feb. 21, Prestige inn
- **Family Day** Feb. 16

'Deeply troubling' hall rental

The chief and council of the Neskonlith Indian Band expressed concern over a booking at Sorrento Hall for a public meeting Tuesday night by the leader of the ONEBC Party.

"We have supported and utilized your facility in good faith, believing it to be a safe and respectful space that upholds values of inclusion, mutual respect and community well being" wrote the chief in a letter to the hall board.



The leader of the party, MLA Dallas Brodie, had been ousted by the BC Conservative Party for her "extreme views".

Its more controversial policies include eliminating SOGI in schools, repealing Indigenous rights declarations and the "reconciliation industry" and strict immigration controls.

Brodie is also a denier of the unmarked graves at the Kamloops residential school.

The council said it was "deeply troubled" and "respectfully requested" that the booking be cancelled. ■

ALAS, LASS IS MOVING

After more than a decade calling the space above the Salmar Classic home, the Literacy Alliance of the Shuswap Society (LASS) is preparing a new chapter.

Alas, renovations on the historic building mean that LASS offices will soon be settling into a new space at 40 Lakeshore Dr. near Shuswap St.

The Society will to continue offering literacy support with such programs as One-to-One Children's Literacy Valid After School Reading Programs, Come Read With Me workshops, Tech Tutors digital assistance, Unplug

and Play Family Literacy Week, plus the much-loved annual Spelling Bee.

A pop-up fundraiser book sale is planned for this Friday and Saturday from noon to 4 in the lobby of the former Salmar Classic Theatre.

Valentine's Day Saturday is also International Book Gifting Day, a worldwide celebration of sharing the joy of reading. A minimum donation of \$2 per book is requested, with all proceeds going towards our move.

For more information about programs, volunteering or events visit shuswapliteracy.ca.



> Happy 105th 'heavenly' birthday to my father, Erdmen (Ed) Reimer. Photo a month before his passing at age 71. Also happy bday to Todd, born the winter of '69, who has helped me deliver Friday AM for well over 20 years.

Wed
2° -4°

SALMON ARM Beat

Feb. 11

blog
two



Silver for short track relay

1		Norway
2		Germany
2		Sweden
4		Switzerland
16 others		
13		Canada

FriAM.ca • Print issues 1st & 3rd Fridays

Real estate showing finds homeowner deceased

A realtor and potential buyer arrived for a scheduled home showing in Salmon Arm and made a shocking discovery.

RCMP say when the realtor knocked on the door and there was no answer, she used her key to enter the residence and began a tour.

"The realtor and client went into the bedroom and found a man believed to be asleep," said Cst. Andrew Hodge, describing how they then exited the residence, and the realtor contacted the listing agent to try to get a hold of the property owner.

After she was unable to reach the property owner, the realtor entered the home again to wake the property owner and found the homeowner was actually deceased.

Police say the property owner was believed to have died of natural causes. The matter was referred to the Coroners Service.

While on pro-active patrol the evening of Jan. 31, RCMP observed a Honda CRV recognized to be stolen November 2025. The suspect vehicle had been linked to several other offences across the Okanagan since

Police report that the officer drove past the

vehicle and saw a male driver and female passenger. "The vehicle took off at a high rate of speed, and the initial officer lost contact but informed all other on-duty officers of the direction of travel of the vehicle."

Another officer spotted the vehicle on Okanagan turning left onto 29th St NE, where the two were observed jumping out of the vehicle and running away.

After a brief foot pursuit, a lone officer was able to locate and arrest one female. As other officers arrived on scene the suspect vehicle was no longer there

Police Dog Services was engaged. While holding the scene one officer spotted the male suspect running through yards near 23rd St SE. A second officer heard over the radio the suspect's location and engaged in a lengthy foot pursuit, where the suspect eventually jumped over some bushes and fell down.

The male was arrested for possession of property obtained by crime, and also had several known outstanding warrants. The man was held for a bail hearing to appear before a judge. The Honda CRV was recovered unoccupied two days later.

Mon
1° -3°

SALMON ARM Beat

Feb. 16

	Norway
	Italy
	United States
	Sweden
9 others	
	Canada

TEAM CANADA
2 gold
4 silver
5 bronze
9 medals
15th place
(1st - Norway
12G, 7S, 7B, 26M)



> Sidney Crosby set a record with 16 points in his Olympic game career.

FriAM.ca • Print issues 1st & 3rd Fridays

To-do's

- Family Day, Monday & long weekend
- SWFT hockey tourney, Feb. 13-16 Rogers Rink. 28 teams, 500 female players
- Hot Chocolate Trail, all this month
- Movies
 - Wuthering Heights
 - Ghost • Iron Lung
 - Crime 101
 - Film Festival, Feb. 20-28
- OK Buddy Art Show, Art Gallery.
- Ripcord opens Feb. 20, Shuswap Theatre. Tix online and Choose Refill
- Red Gala for Cardiac Society, Feb. 21, Prestige Inn
- Heritage Week, Feb. 18-21, Piccadilly Mall
- Family Fun Day events Saturday, Feb. 21, including annual baking contest.
- Chinese New Year, starts Tuesday
- Ebony Roots, celebration of black music, Feb. 22, Nexus at First
- Winter Olympics ends Feb. 22. Daniel Hall races Feb. 19, 21.
- Paralympics runs March 6 to 15 after the Olympics



The other Salmon Arm sibling pair

While the Shuswap cheers on a brother and sister duo's debut at the Winter Olympics - speed skaters Daniel and Laura Hall, there's another local sibling pair to cheer on in March.

Madeleine Wilkie, pictured on the left, has qualified for Team Canada to race at the FIS Nordic Junior World Ski Championships in Lillehammer, Norway March 2 to 8.

At the same time, her sister, Natalie Wilke will once again compete at the Paralympics in Milan Cortina around the same time, March 6 to 15. ■



> This is how opportunity PR works. If a 1970s classic hit starts 'Standin' on the corner in Winslow, Arizona..', you put up a sign on the main corner.



Sat



SALMON ARM Beat

Feb. 7



FriAM.ca • Print issues 1st & 3rd Fridays

To-do's

- **Salmar Grand**
- *Send Help*
- *Solo Mio*
- *The Housemaid*
- *Iron Lung*
- *Song Sung Blue*
Matinee only
- **OK Buddy Art Show**, Salmon Arm Art Gallery. On now.
- **BC Cup Race**, Feb. 7, Larch Hills.
- **Gleneden Hall dance** - Feb. 7 with William & Penny
- **Coffeehouses** Carlin, Sat.
- **Art Fair**, Feb. 6-13 Piccadilly Mall
- **Vernon Winter Carnival** Feb. 6-15
- **Valentine's Day**
- Honey Bear dance at Song Sparrow Hall
- 5th Ave Centre with The Gentlemen
- Heart at the Table, Gourmet dinner fundraiser for First Community lunches
- **Ripcord** opens Feb. 20, Shuswap Theatre. Tix on sale
- **Red Gala** for Cardiac Society, Feb. 21, Prestige inn
- **Trail Alliance auction** opens Feb. 6
- **Ghost Town**, Feb. 6 at Setters
- **Family Day** Feb. 16



> If there's a prize for the rustiest rolling relic in all Salmon Arm that is parked on a street, I think I've found the winner. This old truck is proudly parked on 48th Ave. SE near Auto.



> Guys can change their looks too. Photos on right show how Celebrity chef and food channel personality Guy Fieri will appear on a SuperBowl commercial on Sunday without his signature dyed hair and beard.

BAD NIGHT

The Silverbacks have tonight to make up for Friday's crushing 5-1 loss to Cranbrook. Salmon Arm is playing two back-to-back games in Cranbrook, then will be Alberta bound in Okotoks, Brooks and Sherwood Park next weekend.

GAMES BEGIN

The Milan Cortina Winter Olympic is now in its second day, and there's two more athletes with Shuswap connections to watch.

Reece Howden of Adams Lake is competing in the Men's Ski Cross, and Jane Channell who's mother grew up in Magna Bay and is from the Nakagawa family, is on her third Olympics in the skeleton event.

Other locally connected athletes, reported earlier, are brother and sister Daniel and Laura Hall in speed skating, and Natalie Wilkie in Paralympics cross country skiing.

Runaway MOON theatre invites you to

♥ Into the Light ♥

☾ Lantern Making

"Out of the Darkness" Lantern Procession

February 15th

Remaining Free workshops, 1-4 pm
Feb. 7 • 2510 PV Blvd. Armstrong
Feb. 14, Enderbeans Cafe, Enderby

RIVERWALK, ENDERBY



SALMON ARM Beat

Feb. 17

FriAM.ca • Print issues 1st & 3rd Fridays



Norway



Italy



United States



Netherlands

8 others



Canada

TEAM
CANADA
2 gold
4 silver
5 bronze
11 medals
13th place
(1st - Norway
12G, 7S, 9B, 28M)



> Megan Oldham captures freeski big-air gold medal

Todo's

- Hot Chocolate Trail, all this month
- Movies
 - Wuthering Heights
 - Ghost • Iron Lung
 - Crime 101
 - Film Festival, Feb.20-28
- OK Buddy Art Show, Art Gallery.
- Ripcord opens Feb. 20, Shuswap Theatre. Tix online and Choose Refill
- Red Gala for Cardiac Society, Feb. 21, Prestige Inn
- Heritage Week, Feb 18-21, Piccadilly Mall
- Family Fun Day events Saturday includes baking contest, auction, displays, demos
- Chinese New Year, starts Tuesday
- Ebony Roots, celebration of black music, Feb. 22, Nexus at First
- Silverbacks host West Kelowna Friday & Blackfalds Saturday
- Winter Olympics ends Sunday
- Local speed skater Daniel Hall, Thur, Sat.
- Women's Gold game 10:10pm, Thursday
- Paralympics runs March 6 to 15 after the Olympics



GOLD GAME vs. US! 10:10 PT pm, Thursday

Shooting during a hockey game

After the horrific week in Tumbler Ridge, attention has shifted to Maya

Gebala who is reported improving each day at Vancouver Children's Hospital. She was shot trying to protect other students when shooter entered the school.

In meantime, the latest mass shooting in the US happened Monday during a hockey game in Pawtucket, Rhode Is. A father entered the arena and shot family members, plus another, killing three and injuring three. This was the 43rd mass shooting in the US in 2026.



Jesse Jackson
~1941-2026~

He stood on the balcony with Martin Luther King and went on to demonstrate with great dedication that one bullet cannot stop a movement.

Feb. 17 to Mar. 3

Lunar New Year

Year of the Horse






恭喜发财
pronounced
"Gong
Hei
Fat
Choi"

Thu
5° -3°

SALMON ARM Beat

Feb. 12

FriAM.ca • Print issues 1st & 3rd Fridays

1		Norway
2		United States
3		Italy
4		Switzerland
8 others		
13		Canada

TEAM CANADA
1 silver, 3 bronze, 4 medals
13th place

THE HALL SIBLINGS
Speed skating team
Laura: 1st race: 13th out of 20,
Next race, 7:30, Feb. 12
Daniel: Races Feb. 19 & 21

To-do's

- **Salmar Grand**
- Send Help
- SoloMio
- The Housemaid
- Iron Lung
- Film Society, Feb. 14:
The Mother & the Bear
- **Fugitives**, 7-10
Thur, SA Legion
- **OK Buddy Art Show**, Art Gallery.
- **Art Fair**, Feb. 6-13
Piccadilly Mall
- **Vernon Winter Carnival** Feb. 6-15
- **Karen Wiseman**,
7pm, Thur, Nexus
- **Carnival** Feb. 6-15
- **Valentine's Day**
- Honey Bear dance at
Song Sparrow Hall
- 5th Ave Centre with
The Gentlemen
- Heart at the Table,
Gourmet dinner
fundraiser for First
Community lunches
- **Linda Sue Wilson,
& Les Copeland**,
Thur. Setters.
- **Sunnybrae Coffee-
house**, Saturday
- **Lantern Proces-
sion** 7 pm, Feb. 15,
Riverwalk, Enderby
- **Ripcord** opens
Feb. 20, Shuswap Th
- **Red Gala** for Car-
diac Society, Feb. 21,
Prestige inn
- **Family Day** Feb. 16

BC DAY OF MOURNING TODAY



family photos



Suffer the children

> Maya, in above two pho-
tos, is fighting for her life
at Vancouver Children's
hospital after the horrific
shooting in Tumbler Ridge
Tuesday. Nine died, includ-
ing the shooter, and 25 re-
quired medical attention.



> This sign greets
customers leaving
the Hideaway pub.
Perhaps proceeding
forward might be an
effective way to catch
those who may have
consumed too much.

○ **LASS used book
sale**, noon to 4 pm,
Friday & Saturday
in the lobby of the
former Salmar Classic
on Alexander. The Lit-
eracy Alliance is in the
process of relocating
office to 40 Lakeshore
Drive by Shuswap St.



Feb. 13

SALMON ARM Beat

FriAM.ca • Print issues 1st & 3rd Fridays



Norway



Italy



United States



Germany

10 others



Canada

TEAM CANADA
3 silver
4 bronze
7 medals
15th place

(1st - Norway
7G, 2S, 5B, 14M)

Todo's

- **Pro D Day**, Feb. 13
- **Family Day**, Feb. 16
- **Movies**
 - *Send Help*
 - *Solo Mio*
 - *The Housemaid*
 - *Iron Lung*
 - *Film Society*, Feb. 14:
 - *The Mother & the Bear*
- *Film Festival*, Feb. 20-28
- **OK Buddy Art Show**, Art Gallery.
- **Art Fair**, Piccadilly
- **Vernon Winter Carnival** Feb. 6-15
- **Valentine's Day**
 - Honey Bear dance at Song Sparrow Hall
 - 5th Ave Centre with The Gentlemen
 - Heart at the Table, Gourmet dinner fundraiser for First Community lunches
- **Sunnybrae Coffee-house**, Saturday
- **Lantern Procession** 7 pm, Sunday, Riverwalk, Enderby
- **Ripcord** opens Feb. 20, Shuswap Th
- **Red Gala** for Cardiac Society, Feb. 21, Prestige Inn
- **Heritage Week**, Feb. 18-21, Piccadilly Mall
- **Used Book Sale** Friday & Saturday, Salmar Classic lobby in support of LASS move

LAURA HALL GIVES HER ALL

Laura Hall of Salmon Arm finished ninth at 7:02.90 in the Speed Skating Women's 5000m race at the Milano Cortina 2026 on Thursday.

Hall faltered on the final lap of the gruelling 12.5 lap race in her first Olympics.

"I'm excited for Laura Hall. She has a beautiful future," said CBC Sports analyst Anastasia Bucsis. "She's hard-working with talent to boot.

Canada's Isabelle Weideman placed fifth in the race unable to repeat her silver-medal performance from the 2022 Beijing Olympics. She finished in a season-best 6:50.08, 3-100ths faster than her silver effort on Dec. 5 at a World Cup stop in Heerenveen, Netherlands, but nearly four seconds from bronze in today's race.

Italian speed skater Francesca Lollobrigida, the reigning women's world champion, won gold.

In the earlier 3000 m race the sec-



> Laura Hall, on her Olympic race on Thursday. Photo by Greg Kolz/COC

ond day of the Olympics, Laura Hall placed 13th out of 20 in the 3000 m.

Her brother, Daniel, Hall, also on the speed skating team representing Canada, will race Feb. 19 and 21.

FLASHBACK 1970

> Salmon Arm placed third in the provincial curling playoffs. Donna (Mellor) Husband (skip), Marilyn Lepp Jewell (spare), Kathy Dunn (3rd), Enid McCauley (2nd) and Elaine Lucas (lead) All attending SASS.



Sun



1° -6°

SALMON ARM Beat

FriAM.ca • Print issues 1st & 3rd Fridays



Norway



Italy



United States



Sweden

9 others



Canada

TEAM CANADA

1 gold

3 silver

5 bronze

9 medals

15th place

(1st - Norway

12G, 7S, 7B, 26M)



> Mikaël Kingsbury wins Canada's first gold medal in dual moguls event.

Todo's

- **Family Day**, Monday & long weekend
- **SWFT hockey tourney**, Feb.13-16 Rogers Rink. 28 teams, 500 female players
- **Hot Chocolate Trail**, all this month
- **Movies**
 - *Wuthering Heights*
 - *Ghost • Iron Lung*
 - *Crime 101*
 - *Film Festival*, Feb.20-28
- **OK Buddy Art Show**, Art Gallery.
- **Vernon Winter Carnival** final day Sunday
- **Lantern Procession** 7 pm, Sunday, Riverwalk, Enderby
- **Ripcord** opens Feb. 20, Shuswap Theatre. Tix online and Choose Refill
- **Red Gala** for Cardiac Society, Feb. 21, Prestige Inn
- **Heritage Week**, Feb 18-21, Piccadilly Mall
- **Family Fun Day** events Saturday, Feb. 21, including annual baking contest.
- **Chinese New Year**, starts Tuesday
- **Ebony Roots**, celebration of black music, Feb. 22, Nexus at First

RCMP rammed in four truck chase

There's one less police vehicle in Salmon Arm after one was rammed by a stolen truck

A resident reported being awoken to the sound of his 2006 black F-350 pulling out of his driveway in Blind Bay the evening of Feb. 8.

A family member reported they were following the truck eastbound on Blind Bay Rd, but was in turn being followed by a grey 2004 F-350, later confirmed stolen out of Kamloops.

Salmon Arm RCMP caught up with the two stolen F-350's, plus the truck driven by the family member.

Police say the grey F-350 then stopped in the middle of the road, and observed a female exiting and jumping into the black F-350.

"The family member disobeyed police and followed the stolen black F-350 several kilometres up a dirt road," said Cst. Andrew Hodges. "The vehicles eventually came to a stop, and the stolen F-350 reversed into the police vehicle disabling it, and fled the scene."

The black F-350 was located shortly after stuck in a ditch in Eagle Bay.

A resident reported a male and female running up a driveway and stealing a 2006 Ford dump truck.

The Ford dump truck was followed



up a forest service road and found abandoned.

Police Dog Services were then engaged and attended. While in the middle of the dog track, police could hear a female screaming for help in the distance.

Just after 2 am a 911 call came in from a woman reporting she fell down an embankment into a stream of water and suspected she had a broken leg. Police trekked 1.6 kilometres through dense forest and steep terrain, eventually finding the woman.

The woman was arrested for possession of property obtained by crime, theft of motor vehicle, dangerous operation of motor vehicle, and assault peace officer with weapon. She was then escorted back to the police vehicle and transported to a local hospital, where she was released from police custody with a future court date.

"Efforts by family or friends to try and stop a stolen vehicle is not something the RCMP condone or recommend," said Cst. Andrews Hodges.

"Individuals who engage in this type of action can risk their personal safety and the safety of the community. A male suspect has been identified, and three stolen vehicles were recovered.

Friday AM's ace reporter editing this report could be heard saying, "Wow".



Not just any old kid

This kid wasn't invited to play at the Newport Folk Festival in 1967, but he did find a free stage on a milk crate on some vacant field. It must have been a pretty good show, because after, someone said "We gotta get him a bigger milk crate." He's been performing ever since, 60 years later. Of course he wasn't just any kid. That's Arlo, the son of Woody Guthrie. Does anyone remember his concert at the Salmar Classic?



WE ONCE BURNED IT DOWN, WHAT'S HIS EXCUSE?

British Canadian forces burned down the White House in August 1814, but Trump only has himself to blame for this sorry mess. His big plans for a massive ballroom have been all but scrapped by a federal judge and the national preservation committee. And the millions in donor money Trump said he requested from corporations needing favours has either disappeared or never existed. The original east wing, built in 1902 and renovated in 1942, lays in ruins. The president has now set his sights on closing down the renamed Trump Kennedy Arts Centre for two years of renovations, and he has announced plans to prevent the opening of the Canadian built Gordie Howe Bridge connecting Ontario and Michigan. The world is exhausted

Sorry, it's just me having fun throwing ideas out there

URBAN TOPICS



American city centres are often rightly criticized for lacking a human scale - sadly abandoned at night and swathed with massive freeways.

The medium size city of Madison, Wisconsin is a real exception to this notion. Its city centre is built on an "ithsmus", a strip of land between two bodies of water.

As one urban planner writes, "Madison is truly a beautiful example of urban density meshing seamlessly with nature. Pretty by day, and by night."

Appropriately, all downtown buildings defer to the height of the State Capitol.

Salmon Arm's city centre is also built on an Ithsmus. You can see the stunningly beautiful strand of land as you drive down Tank Hill.

I always thought there was a missed opportunity when Salmon Arm looked for a site for its new City Hall/ Courthouse.

It could have been built on the Ithsmus at 6th St. and 8th Ave. SE with a grand people plaza crossing over Lakeshore and the tracks, and gently terracing down.

But alas, another of my flights to fancy.

