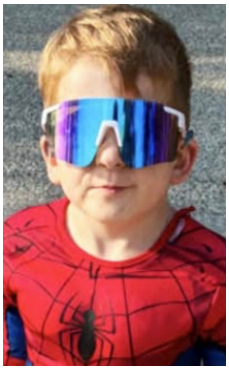
FriAM.ca

AM

November

ALL MONTH online



> If you're reading this before 7 pm, Thursday, Nov. 5, you still have time to vote for 5-year-old Kennett Woodhurst. He is currently in 2nd place in the quarter final for Stan Lee's Super Kid contest. The Salmon Arm boy is deaf in one ear, and loves his hearing aid called "Super Ear".

https://thesuperkid.org/2026/kennett-c458

To-do's
/Pages 4-6
Festivities
Art & Film
Concerts
Theatre
Sports
You're Invited

■ SCROLL 50 pages ▼

columns
elections
features
AMarket
AMusing
AM Beats



> The opener for the 50th season of Shuswap Theatre is epic The classic musical *Fiddler on the Roof* was featured in the first first. All advance tickets are sold out for the Nov. 12 to 29 run, however, there are 45 first come, first serve seats fo opening night Nov. 12, maximum two tickets per person. The theatre is looking for anyone who was involved with the first season.

■ FriAM.ca ■ 250.833.1141 ■ fridayam@shaw.ca ■ Nov. 6, 2026 • No. 1403

Sit and Sleep Gallery
Furniture & Mattresses
Home Decor
La-Z-Boy Comfort Studio
1701-10th ave SW (beside Buckerfields)

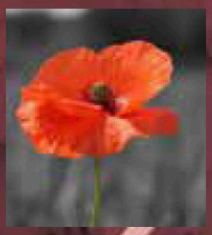
Lest We Forget
Nov. 11th
The Mall at Piccadilly
• Christmas kickoff event Nov. 20, 21
• Salvation Army Kettles campaign Nov. 24-Dec. 24
• Black Friday Nov. 27
piccadillymall.com

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NO. 1403
FRIDAY AM
NOV. 7
2026

November All Month
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To support AM daily Beats & All Month. volunteer subscription $25 year ($2 mo).
■ **All Month also includes AM Beats of the past month!**
❍ *Friday AM acknowledges covering the Shuswap and sharing the lands on the traditional territory of the Secwepemc peoples.*

LEST WE forget



REMEMBRANCE DAY CEREMONY
Wednesday, November 11 at Cenotaph

Centenarian Jack Stead of Salmon Arm is among a steadily dwindling group of 3,500 surviving World War 2 veterans in Canada.

Mr. Stead is pictured on the right as a fresh recruit in June 1944, straight out of graduating high school in Alsask, Saskatchewan.

The other photo shows him standing up to recite *In Flanders Field* from his heart at the recent Veterans banquet at Salmon Arm.

Wear a poppy and attend ceremonies at the Cenotaphs to honour all the men and women who served, and the many who died in service to our nation and world.





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	Psoriasis

Scan to Book



> A simple message is printed on a curb at 3rd St. & 5th Ave. SW. See *The AM Beat* section page 24 about the extremely potent drugs that are now on the street, and fatal overdoses that have occurred recently in Salmon Arm.

We take pride in providing the best quality goods at the fairest prices.

FARM MARKET PEDRO'S

If we do not grow it ourselves we source our fruit and vegetables as locally as possible

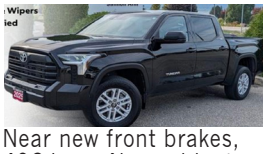
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▲ Gerry Thomas, above, teaches a group of youth in the first in a series of mentorship programs.

TRADITIONAL WAYS

A public event is planned from 1:30 to 3 pm, Nov. 7 to celebrate the completion of the first Sxwetsméllp mentorship project.

The three month program, led by brothers, Louis Thomas and Gerry Thomas, taught traditional building skills, language and story to a group of Secwepemc youth.

The historic village is situated along the Salmon River on the 3200 block of 1st Ave. SW. It was originally envisioned in the 1990s by the Dr. Mary Thomas as an important place of landbased learning.

Her family and others have continue the legacy by working to rebuild the village site, offering traditional Secwepemc structures, events and educational activites, along with the Sxwetsmellp Trail that is open to the general public.

Saturday's event will include a bannock booth as well as trail tours, presentations and storytelling.

The celebration is supported by the Shuswap Community foundation. Email sxwetsmellpvillage@gmail.com for more information. ■

November events at Makerspace

■ **Silent Auction**, Nov. 27, 28, Piccadilly Mall

■ **Repair cafe**, 10-3, Nov. 21, 220 Shuswap. By donation

Ladies night - sip & make art, Nov. 10 or 17. A break at Ricochet Brew than finish your masterpiece at 220 Shuswap.

■ **Beginner stained glass,** 10th or 17th, 220 Shuswap



Christmas Open House, Nov. 19

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Cards, Gifts flowers

10-4, Tues-Sat



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Festivities

> MOvember Month - Men's health awareness

> Sxwetsmellp Village celebration- 1 to 4, Nov. 7, Nov. 7, 3277 1st Ave SW. Celebration first mentorship program on building skills and cultural knowledge. Bannock and tours.

> REMEMBRANCE DAY - Nov. 11. Gather at SA Cenotaph at 10:30 am, plus Cenotaph ceremonies in other Shuswap communities. Lest we Forget.

> Dancing with Shuswap Stars - Nov. 14, SASCU Recreation Centre. shuswapstars.ca See page 6 for details.

> Forage General's Yuletide Village - Nov. 27 to 29, Alexander Street.

> Rotary Holiday Christmas Parade - 5 pm, Nov 28. Marine Park through Downtown

> CPKC Holiday Train Dec. 17. Five Shuswap stops. See 'Concerts' on right

> Holiday Sales - Page 5. Winery open houses, Dec. 5, 6 weekend.

> School Christmas holiday - Dec. 19 to Jan. 4.

Arts

> **Salmon Arm Art Gallery** • **'Where in the world are we?',** Sept. 12 to Nov. 13 by Runaway Moon.

> **Courtyard gallery -** Enderby. "Splash of Colour' now to Jan. 31

> **Cardiff Miller Art Warehouse -** five exhibits dismantled for a major show in Milan, Italy.

Concerts

> **Jazz club.** jazzsalmonarm.com 7 pm at Nexus at First, by donation

• **Slide Area,** Nov. 12. featuring trombonists Gareth Seys, Bob Rogers, Wade Dorsey and Gordon Waters and rhythm section Alex Ward, Jordan Dick, Dance Myth Brian Pratt Johnson and Richard Graham.

• **Anthony D'Alessandro** plays George Gershwin, Nov. 26

• **Gabriel Vizcaino Trio**, Dec. 10

• **Blowin' Session Vol. 7**, Dec. 17

> Coffeehouse circuit-

• Grindrod, 1st Fri • Carlin, 1st Sat.
• Sunnybrae, 2nd Sat • Celista, 3rd Fri.
• Enderby, 3rd Fri (Srs. Centre)
• Gleneden, 3rd Sat.
• Eagle Bay & Silver Creek, 4th Sat.
• Shuswap Writers Group coffeehouse, 2-4 pm, 4th Friday at First Community, off 4th St. SE entry.

> **C.R. Avery -** Nov. 14, Gleneden Hall. Tom Waits is a fan! / P.6

> **Barra MacNeils -** Nov. 19, An East Coast Christmas. Song Sparrow Hall. rootsandblues.ca /P.6

> **Josh & the Dirty Rags -** 7pm, Nov. 13, Nothing Fancy, 351 Hudson. Dark folk pirate/ Gypsy Americana/ storytelling

> **Irish Mythen -** 7:30, Nov. 28, Song Sparrow Hall. **/ P.6**

> **Sam Roberts Band & Owen Riesling -** on the CPKC Holiday Train, Thursday, Dec. 17. Five stops through the Shuswap: (Sicamous 5:15; Canoe 6:45; SA 8:00; Notch Hill 9:30)

>Shuswap Men's Chorus - "Christmas Island", 7:30, Dec. 9, Nexus at First. Tix $20 at Pink Cherry & Shuswap Clothing.

> Big Hanks Christmas Blues Show - 8pm, Dec. 4, Nothing Fancy stage, Hudson,

> SA Community Band - 7pm, Dec 4 and 2:30, Dec. 5, Nexus at First. A Christmas tradition.

> Shuswap Singers - 7:00, Dec. 20 & 2:00, Dec. 21, Nexus at First. Choral group for 65 years.

> School & church holiday/ Christmas concert details in next issue.

> **Nouveau Funk -** Dec. 31. Song Sparrow Hall. New Year's Eve dance. Details at songsparrow.ca

> **Renee Coughlin & Rebekah Hawker -** Nov. 25. House concert. Tix homeroutes.ca

> **Snowed in comedy tour -** 7:30, Feb. 11, Prestige. Paul Myerhaug, Pete Zedlacher, Erica Sigurdson, Dan Quinn. snowedincomedytour.com.

> **KSO in Salmon Arm -** Next in series Feb. 7 & April 4 **/P.6** kamloopssymphony.com

Theatre

> Fiddler on the Roof - first play of the season; and the play of Shuswap Theatre's first season 50 years ago. Nov. 12 - 29, Shuswap Theatre. Sold out. shuswaptheatre.com

> The Hockey Sweater - Based on the short story, Dec 1 to Jan. 7, Caravan Farm..

> The Sword and the Stone - Nov. 26-29, Dec. 3-5 Armstrong Centennial Hall. Presented by Asparagus Theatre. 7:30 Thur, Fri, Sat, 1:30 Sun.

> A Christmas Carol - By Bob Oldfield, 8 pm, Dec. 4, 5., Mt. Ida Church, Haney Village. Sold out. Possible third show TBA. 250.832-5243

Sports

> Silverbacks -

Home:
vs. Coquitlam, 7pm, Nov. 6
vs. Surrey, 7 pm, Nov. 13
vs. Spruce Grove, 6pm, Nov. 21
vs. Trail, 7pm, Nov. 27
vs. Vernon, 6pm, Nov. 28
vs. Cranbrook, 7pm, Dec. 4
vs. Brooks, 6pm, Dec. 12
vs. Cranbrook, 4pm, Dec. 13

Away:
vs. West Kelowna, Nov. 7, 15
vs. Chilliwack, Nov. 20
vs. Trail, Dec. 5

> SA Curling - AGM, Nov. 18 Sr. Men's curling, Nov. 13-15; Intercity Jr. curling; Open bonspiel, Nov. 27-29; funspiel Dec.26

> Grey Cup - Nov. 14, Calgary

live & dance

> **SA Legion** • Old time dance, 4th Sundays. • Jam, Tues/Fri • Karaoke
> **Setters** • DJ Daniel 6th, 20th; Ghost Town, 13th; Adapter, 27th • Trivia Tue.: Disney Princess 10th; 80's Music 17th; BC Trivia, 24th • Karaoke Thurs
> **Canooligans** • Miesha & the Spanks, Nov. 6; OK Dope Comedy, Dec. 7 • Homecoming Party, Dec. 19.
> **Gleneden Hall** • Vic's Dance Band, 7pm, Nov. 7
> **Enderby Legion** • Dance, Nov. 14 • Jam Thurs. • Quiz Tues • Karaoke, Fri.
> **Sicamous Legion,** Ian Hill, 7pm, Nov. 13
> **Hideaway Pub** • Karaoke Thurs.
> **Marionette Winery** • Three musicians/candlelight , 7pm, Nov. 6
> **Solid Urban Studio** • Live music Fridays
> **Song Sparrow Hall** • New Year's Eve dance with Nouveau Funk.

at the movies

> SALMAR GRAND
• ***Nov. 6 to 12*** • **salmartheatre.com**

• **Cat in the Hat.** 2:00, Sat/Sun; 6:45 nightly. The Cat spreads joy in his hilarious, signature, irreverent way. (G)

• **Godzilla minus zero**. 1:20 Sat/Sun/; 6:20 nightly. Just as Japan humanity recovers, a new crushing threat strikes. (14A violence)

• **Wicker.** 1:30 Sat/ Sun; 6:50 nightly. Basketmaker commissioned to create a wicker husband who turns out more spectacular than she ever imagined. (14A sexually suggestive)

• **You can see everything.** 6:30 nightly. No matinee. Mind bending documentary about Theranos fraudster Elizabeth Holmes. (14A)

> OPERA AT THE MET -

• **Samson et Dalila,** 9:55 am, Dec. 5.

> FILM SOCIETY • **shuswapfilm.net**

• ***Reel Weekend Film Festival,*** Nov. 6-8.

• **Ha-Chan, Shake your Booty** (Japan) 1:30 6th; 4pm 7th. Ball room dancing amid romance and loss.

• **Peter Asher: Everywhere Man** (US/UK) 4pm 6th; 1:30 8th. Musical memoir, 1960s & beyond

• **Romeria** (Spain) 1:30 7th; 4pm 8th.1:30 8th. Orphaned teen connects with family members she has never met, stirring up long-buried memories.

❍ ❍ ❍

• **Winter of the Crow** (Poland/UK), 4pm, Nov. 14 Period of martial law and oppresion in 1980s

• **Mile End Kicks** (Canada), 4pm, Nov. 21. Middle of the Montreal music scene in summer of 2011.

• **Tony** (US), 4pm, Nov. 28. Comedy drama about obnoxous kid before becoming Anthony Bourdain.

> SPECIAL SCREENING -

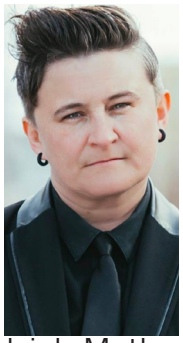
• **The Fire in our Hearts,** 4 pm, Nov. 14, 15 Story of the Cheslatta Carrier Nation in devastating 2018 fire season.

city lights

◗ ***vernon*** • **ticketseller.ca**
Creekside (C) • Performing Arts (P)

Cory Weeds: hip to be square, Nov. 5 (P)
Moontricks, Nov. 6 (P)
Garth Brooks tribute, Nov. 6, 7 (C)
Miigis - By Red Sky (Indigenous) Nov. 8 (P)
Crash Test Dummies (cancelled due to health)
William Prince, Nov. 11 (C), Nov. 12 (P)
James Keelaghan & Jez Lowe, Nov. 12
The Bros. Landreth, Nov. 13 (C)
Magician Leif David, Nov. 14 (P)
Wild Blue Herons, Nov. 14 (jazz club)
66 years of musical memories, Nov. 14 (C)
Kelowna Big Band, Nov. 15 (P)
Folsom Prison Revisited, Nov. 18 (P)
Very Sinatra Christmas, Nov. 18 (C)
1940s Radio Christmas Carol,Nov. 19-29
Lord of the Rings, Nov. 19 (P)

❒ Continued next page


> C.R. Avery, Irish Mythen and the Barra MacNeils

A MUSICAL FEAST

One magazine review called **C.R. Avery** "a one-man hip hop beatbox blues harmonica Americana iconoclast."

Avery performs at Gleneden Hall, Nov. 14, an composite musician with 26 albums to his credit, and a writer and director of musicals mounted and performed from New York to Australia. He has also written books of poetry, plus paintings and films. He has headlined or opened for artists such as Billy Bragg, Tom Waits, and Leonard Cohen.

Tickets to this cabaret style show are online at glenedencommunity.ca or Wearabouts downtown. Profits will go to hall renovations.

❍ ❍ ❍

The **Barra MacNeils** 40th anniversary Christmas tour will fill a festively decorated Song Sparrow Hall with haunting Gaelic ballads and high-energy step dancing songs. The Irish band transforms every concert they've ever played into a captivating journey through an ancient culture.

Featuring seamless sibling harmonies and extraordinary proficiency on a wide array of acoustic, stringed, and wind instruments The Barra MacNeils are widely regarded as one of the greatest live acts in the much celebrated Celtic world.

Tickets for the Nov. 19 concert are available at songsparrowhall.ca

❍ ❍ ❍

Every Roots & Blues festival from the beginning of time has that one act who steps onto the stage a complete unknown and has everyone cheering by the second song in. **Irish Mythen** was that performer in 2019, and she is back on Nov. 28 at Song Sparrow.

She is a globally acclaimed artist known for her raw vocal power, magnetic stage presence, and ability to forge deep connections with audiences. ■

You're Invited

> **Warm kids project,** noon-4, Nov. 6 & 10-2, Nov. 7 at 551 Hwy 1 NE. Free winter coats, snow pants & gear for youth. Shuswap Children's Assoc. **/15**

> **Used Book & Puzzle Sale**, Nov. 14, Piccadilly Mall. Fundraiser for Shuswap Dragon Boat Society.

> **Repair Cafe,** 10-3, Nov. 21, lower level 220 Shuswap St. Broken? Bring it in.

> **Catan Tournament,** 9-4, Nov. 7, Gleneden Hall. $35 registration includes lunch. aallard.pb@gmail.com

SHUSWAP FILM SOCIETY

Annual General meeting
4 pm, Wednesday, Nov. 18, 2026
Salmar Grand Board Room
100 Hudson Ave. NW
Agenda: Annual & Finance Reports.
Election of Director.
Any other business arising.

> **SA Council,** 2:30, 2nd/ 4th Mon.

> **CSRD**, 9:30, 3rd Thursdays

> **SD83**, 6:00, Nov. 17, 3rd Tuesdays.

> **Markets** - Ross Street, Sat. morning; • Organic, Wed pm, Uptown Askews

> **Lunch & Collaborative map making,** Nov. 14, Art Gallery. Create a large map of Salmon Arm. Bring an object that represents something important to you.

> **Youth Drop-in,** 2 to 5 pm, Family Centre.

> **Free Lunches**, 11:30-1, Wed, First Community (First United Church)

> **Are religions linked?** Baha'i perspective, 1 pm, Nov. 13, Piccadilly mall boardroom. 250-804-8657

> **Warren Miller's 'Days Off' film,** Dec. 5, Song Sparrow Hall. Tix at Skookum in support of Larch Hills ski team.

> **Roots & Blues early bird tickets** for festival and glamping starts Dec. 3. rootsandblues.ca

HOLIDAY MARKET GUIDE

- **Christmas Market,** Nov. 6, 7, Falkland
- **Canoe Markets,** Nov. 7, Dec. 5, 17, Canoe Sr. Hall
- **Christmas in the Country,** Nov. 7, Hullcar Hall
- **Royal Purple Crafts Sale**, 9-2, Nov. 7, Elks Hall
- **Notch Hill Country Christmas**, 10-2, Nov. 7
- **Holiday Hoopla,** 10-2, Nov. 14, Cedar Hts. Hall
- **Market/ Bake Sale**, 10-3, Nov. 14, Blind Bay Hall
- **Silver Creek Home for Christmas sale**, Nov. 14
- **Holiday Craft & Gift,** 4-8, Nov. 19, M.V. Beattie
- **Rancho Vignola Harvest Sale**, Nov. 20, 21, SASCU Recreation Centre P.3
- **Spinners & Weavers**, 10-3, Nov. 21, Fifth Ave. 50+
- **Craft & Trade Fair**, Eagle River Sec., 10-3, Nov. 21
- **Christmas Market,** 9-2, Nov. 21, Sorrento Hall
- **Christmas Market**, Nov. 22, Enderby Drill Hall
- **Farmstrong Christmas Market**, 11-5, Nov. 21, 28
- **Lakeside Manor Bazaar**, 10-2, Nov. 26
- **Holiday Gift Fair**, 4-8, Nov. 27, S. Broadview school
- **Red Barn Market,** Nov. 28, 29
- **Wildwood Emporium Open House**, 6pm, Nov. 19
- **Yuletide Village**, Nov. 27, 29 Downtown. A giant event that takes over all of Alexander Street!
- **Gift & Craft Sale,** Nov. 27, Nov. 28 St. Joseph's Ch.
- **Pottery Club sale,** Nov. 27, 28, Piccadilly
- **Choose Refill Christmas event**, 10-4, Nov. 28
- **Chase Country Christmas**, 10-2, Nov. 28
- **Notch Hill Country Christmas,** 10-2, Nov. ?
- **Enderby Markets,** Nov. 20, 27, Dec. 4 & Dec. 12, Splatsin Centre.
- **Mara Market**, Dec. 2
- **Centenoka Christmas Market**, Dec. 5, 10, 12
- **Enderby light up/parade,** 5:30-8, Dec. 4
- **Downtown Holiday Market**, 10-1, Dec. 5, Ross plaza.
- **Bazaar at Malakwa School,** 10-2, Dec. 5
- **Merry & Bright Festive Market**, 3-6, Dec. 6, Salmon Arm Legion
- **Coldstream Christmas sale**, 11-4, Dec. 6
- **Piccadilly Mall Craft fair,** Dec. 11, 12
- **Shop-a-Ganza**, Dec. 12, 13, SASCU Rec Centre

city lights

❒ More Vernon from page 4

John Muirhead, Nov. 19 (C)
Hans Zimmer & More, Nov. 19 (P)
'40s Radio Christmas Carol,Nov. 19-29
Lord of the Rings, Nov. 19 (P)
Music of Harry Potter, Nov. 20 (P)
Music of Lion King, Nov. 20 (P) ◗◗
Late Bloomers, Nov 21 (C)
The Wall & **Dark Side of Moon** Nov. 21 (P)
Okanagan Symphony, Nov. 22 (P)
Musical grand tour
daysormay, Nov. 27 (C)
Great Canadian Last Waltz, Nov. 27 (P)
Celtic Tenors, Nov. 28 (P)
Royal Tusk, Dec. 6 (C)
The Nutcracker, Dec. 13 (P)
Little Woman, Dec. 15-23 (Powerhouse)
The Nutcracker, Dec. 13 (P)
Stars on Ice, Dec. 18 (Kal Tire Place)



❒ See also destinationvancouver.com and gotickets.

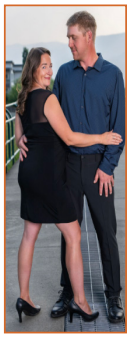
NOV 14 Dancing with the Shuswap Stars

▼ COUPLES CATEGORY


Brad & Kelly Demille


Dylan & Allie Browning


Tim & Dawn Alstad


Scott & Brittny Syme


Larch Hills ski team


Meridian Integrative Health


BDV Law Firm

▲ GROUP CATEGORY


SAS Grads '98

> Buy your tickets for the annual Dancing with the Shuswap Stars, Nov. 14 at the Recreation Centre, and start your bidding.

Showtime is nearing for the tenth annual edition of the delightful Dancing with the Shuswap Stars. There will be online voting through the website in the lead-up to and during the event. Anyone can support a contestant by buying stars for $5 each. There will also be a live leaderboard of who has the most support. ■

In support of Shuswap Hospice Society.. go to: shuswapstars.ca

Epic opera from Biblical times

CLASSICAL VIBE



Gabriele Klein

While the weather is cooling, the next opera will provide some 'heat' with its passionate story set in the city of Gaza, capital of ancient Philistia in the Valley of Sorek around 1150 B.C.E.

The source of this popular opera screening live 9:55 am, Dec. 5 at the Salmar Grand, is a single chapter in the Book of Judges: Samson, a leader of the ancient Israelites, fights valiantly against the Philistines until Delilah seduces him and shears off his hair, the secret to his superhuman strength.



The brevity of this tale did nothing to prevent it from becoming one of the world's great stories of love (or at least passion).

The world premiere of this opera was at the Grand Ducal Theater in Weimar in 1877. In adapting it for the stage, Saeint-Saëns crafted a score that brilliantly animated all the powerful and diverse colours in this iconic legend, from the lurid to the exotic, the crass, the sensual, and even the sublimely spiritual.

The score teems with colour and drama and shows off Sain-Saëns' diversified genius. Portions of the opera, including Dalila's seduction aria "Mon cœur s'ouvre à ta voix" is a masterpiece of eroticism in music, whereas Samson's pious and repentant nature is apparent in his defeated solo in Act II.

These two highlights as well as the extraordinary ballet sequence in the final scene—the Bacchanale—are known well beyond the opera house.

Saint-Saëns' spectacular take on the biblical hero of legendary strength and the seductive Philistine whose beauty overpowers him is sacred, scandalous and irresistibly alluring.

To bring this work to the world the Met's larger-than-life staging features a massive orchestra and chorus and a monumental setting for the last-act Temple of Dagon, where the hero crushes his Philistine enemies. This feast for the eyes and ears features an electrifying cast led by the formidable pairing of mezzo-soprano Aigul Akhmetshina and tenor Clay Hilley.

❍ ❍ ❍

Kamloops Symphony Orchestra returns to Salmon Arm Feb. 7 and April 4. But in the meantime, if you wish to take in some of the exciting concerts, especially for children, I'm sure the short drive to Kamloops will prove to be a rewarding musical experience.

Check out the KSO's 50th anniversary season concerts and events calendar at: https://kamloopssymphony.

❒ *Gabrielle Klein writes each month on the classical scene.*

READING ROOM

by Larissa Image, Librarian

Chilly days, bustling library

Autumn might mean the days are winding down and getting chilly…but things are heating up and bustling in the library!

We have two new support programs, plus the following:

■ Mental Health & Substance Abuse drop-in info session with Interior Health, 10 am, Nov. 10
■ Family Law Support drop-in info, 2 pm, Nov. 5.

We also have a line-up of Friday night fun:

■ Friday Night Writes for all your creative writing endeavours, every Friday at 6 pm
■ Cribbage Night*, 6 pm, Nov 6.
■ Drum Circle*, 6:15 pm, Nov 13
■ Puzzle Tournament*, 6 pm, Nov. 20.
■ LASS Tech Talk about video calls, FaceTime, and more*, 10:30, Nov. 9
■ Seed Cleaning Workshop, 10:30 am, Nov. 21
■ Seed Packaging Workshop, 10 am, Nov 28.
■ How to Solve a Rubik's Cube*, 1 pm, Nov 28*

* registration required via online Events Calendar or by calling 250-832-6161.

Did you know the Okanagan Regional Library Card doesn't just give you access to our collection of eBooks and eAudiobooks – it now offers access to the Fraser Valley Library and Greater Victoria Library.

Here are some of the ongoing programs.

■ Spinners and Weavers 1 to 3:45, Tuesdays.
■ Odd Socks Knitting Circle Fridays 1:30-3:30
■ Scrabble Club 11 to noon, Thur. and 1-2, Sat.
■ Mahjong Group Thursdays 1:00-4:00
■ Genealogy Meet-Up, 10:30-12:30, Monday, Sept. 21
■ Spanish Conversation Group – Café con Amigos, 5- 6, Tuesdays.
■ Art Night, 6- 8 pm, Tuesdays
■ Library Ukulele Circle, 2:30, Thursdays.
■ Tech Tutor Drop-In with LASS (Literacy Alliance of the Shuswap Society), 1 to 4, Wed. and 10-1, Fridays.
■ Community Integration Services (assistance with government programs), 3-4 pm, Mondays

❒ *For a complete list of our programs and events, please visit https://orl.libcal.com/calendar/salmonarm*

POSTVOTE

About that low turnout

By retiring councillor Tim Lavery



North & South of 33 per cent - Some numbers and trends from preliminary data on the 2026 voter turnout in Salmon Arm ticked up 34 per cent from 29.8 per cent in 2022 following a steadily declining trend in previous elections.

Modest improvement is better than nothing, but a province-wide stat where only one in three eligible local voters choose to take part in the democratic process remains problematic. Many are asking how this participation rate can be encouraged. Already in place are initiatives to reduce voting barriers through mail-in ballots, convenient polling locations, hours and early voting plus same day relatively easy self-registration.

The provincial turnover rates of local elected politicos – either those who were not running again or were defeated has been consistently around the 50 per cent mark (2018 – 2026).

Salmon Arm has had a much different profile during this period with less churn earlier on. The three vacancies this election (43 per cent) have been an outlier from quite a few of our previous elections. The implications: Voters have historically supported relative continuity of transition at our council table, and, this time, there was a good mix of continuity and fresh ideas.

This new mix speaks to the increased importance of orientation and onboarding right away as the need for timely decision-making remains inexorable! I want to comment on 20 per cent as well – the vote count of the mayoral conspiracy candidate. It's important to remember that Salmon Arm residents rejected the same amplified grievances being sold in 2022 and they certainly did not buy it again in 2026.

The flip side is that 80 per cent chose trusted measured governance and stability over the prospect of chaos and drama.

Well done Salmon Arm voters.

And for 2030? Will the constantly aggrieved even try to go 0 for 3? Time will tell! ■

BY THE NUMBERS

municipal oct.17

SALMON ARM COUNCIL





MAYOR
Alan Harrison 4232

COUNCILLORS
Scott Syme 2886
Ian Gray, 2426
Louise Wallace Richmond 2418
Debbie Cannon 2355
David Gonella 2214
Kari Toliver Wilkinson 1902

TRUSTEES area 4
Claire Askew 2870
Melissa Parmenter 2205

Trustee also ran
Tracy Riley 1691
Linda Martens 1263

Mayor also ran
Daniel Bardy 1083

Councillor also ran
Owen Madden 1559
Vic Hamilton 1554
Marianne VanBuskirk 1399
Robin Wiens 1349
Morgan Turland 1346
Shelley Desaultels 1314
Aaron Canart 1229
Drayson Netzelwood 1202
Adam Meikle 1201
River Grabowsky 1170
Jo McDermott 707
Anthony McLean 289

SICAMOUS

MAYOR
Gord Bushell 73.9%

COUNCILLORS
Leanne Hamilton 12.1%
Siobhan Rich 11.7%
Bob Evans 10.9%
Ross Breitkreuz 10.6%
John Braun 9.8%
Ian Baillie 8.2%

ENDERBY

MAYOR
Roxanne Davyduke 62.3%

COUNCILLORS
Sarah Yerhoff 15.8%
Shawn Shishido 15.5%
Tundra Baird 15.4%
David Lancaster 13.2%
Greg McCune 12.9%
Ryan Sheepwash 10.9%

CSRD

Rural areas of CSRD
Area 'D': Jon Kuzuska
Area 'E': Rhona Martin (incumbent)
Area 'F': Shawn Smith
Area 'B': David Brooks-Hill
Areas 'A', 'C', 'G': by acclamation

provincial oct.24

■ **BC Conservatives**
63 seats/25 gain/48%
■ **BC NDP**
28 seats/ 21 loss/ 37.3%
■ **BC Green**
2 seats/ 0 loss/ 10.9%
■ *Other Party showings*
Centre BC 1.62%
OneBC 1.5%

SHUSWAP-SALMON ARM

■ **David Williams**
BC Conservatives
15,421 • 54.78% ◗◗
Bonus two extra years

■ **Gloria Morgan**
BC NDP • 7,906 • 28%

■ **Jed Wiebe**
BC Green • 2,312 • 8.2%

■ **Barbara Presch**
OneBC• 1,437 • 5.1%

■ **Denise Reimer**
CentreBC • 1,032 • 3.7%





> Premier Lorne Doerksen with his mom, Bev, and wife Shelley.. and with David Williams, left

It is all on David Eby. The now ex-premier made one of the worst gambles in BC political history - an unneccesary election in the middle of a civic election. For this grave mistake, the NDP were punished badly, and the BC Conservatives under Lorne Doerksen- who spent his teen years and 20s in Salmon Arm, were richly rewarded. ■

Other Thompson-Okanagan ridings, plus Revelstoke & Kootenays

■ **BC Conservatives:**
• Vernon-Lumby - Kevin Acton • Kelowna Cntr - Kristina Loewen
• Kelowna Lake Country Coldstream - Parneet Singh
• Columbia River-Revelstoke - Scott McInnes
• Kel-Mission - Gaven Dewson • Kel.-Peachland - Caroline Elliot
• Kamloops North - Ward Stamer • Kamloops Centre - Peter Milobar
• Boundary-Similkameen -Donegal Wilson
• Penticton Summerland - Tracy St.Claire

■ **BC NDP:** • Kootenay Central -Brittny Anderson
• Kootenay Monashee - Steve Morissette

MONKEY BUSINESS

REPAIR GUY Barry Marshall



We humans share a huge amount of DNA with primates, around 98 per cent. The remaining 2 per cent are responsible for all the differences between them and us. I was surprised. You'd think that in the approximately two million years since abandoning tree life our make-up would have diversified a bit more. This does show two things. One, I know very little about evolution. And two, traits take a very long time to develop.

I was moved to look this stuff up by a friend's assertion that part of our 2 per cent DNA difference that makes us appreciate art, music and other "left side" functions is not present in our distant ancestors at all and therefore was "given" to us. The DNA responsible is incredibly complex with many interdependent parts and, apparently, could not develop by natural selection. He is quite excited about this as it is "proof" of alien intervention. I have interesting friends.

It turns out that none of this is new and comes under the heading of Intelligent Design, which is not a science, despite strenuous efforts by proponents, but a theory partly based on this near impossibility of complex interdependent DNA strings forming traits.

When Darwin introduced the idea of Natural Selection no one knew about DNA (that was almost 100 years away), but he realised there must be a mechanism for development and so proposed a loose theory to make inheritance work. Now we know that DNA has been working away and developing our code for 20 million years.

Imagine the family tree from you going back 20 million years. It would take a very large piece of paper to map!

The point being that each generation has a slightly different genetic code and it is not surprising that now we are quite different from those original ape-like creatures. We are quite different from the apes we know today but that is still only 2 per cent different.

So, how do complex, interdependent DNA sequences suddenly appear? Over 90 per cent of our coding is known as Junk DNA. It just sits there doing nothing that we can determine. Once in a while, and bear in mind that "a while" has been 20 million years so far, the last little bit of a complex code might fall into place and – hey presto! One little sequence is completed and ready to pass on.

The important part of this process is the different scales. You are 99.9 per cent the same as any other person on earth in DNA terms. Hitler to Mother Teresa a maximum of 0.1 per cent, a tiny difference but built over 20 million years.

Chillingly, you may have realised that not all traits are beneficial, so it is a very good thing that it takes a very long time to develop a very small trait. Breeding is the safeguard and, sadly for my friend, I don't think ET has much to do with it! ■

❒ *Tech /social commentator Barry Marshall can be reached at BarryMarshall@gmx.com*



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Save with Soup!

FOOD FOR ALL



K.J. Taylor

Sharing tips & tricks on how to save $$$ on groceries, money-saving home-made alternatives, and a tested, inexpensive, nutritious recipe.

Today's Topic: SOUP! Soup is one of the easiest, most versatile and least expensive meals you can make. It tends to be filling, nutritious and perfect for our current weather.

■ **TIPS & TRICKS**: Instead of buying soup stock - why not make your own? It's so inexpensive it's virtually free, and dead easy. I keep a Ziplock bag in my freezer; whenever I have any veggie or meat scraps or bones, in they go. Include any leftover bits of vegetable you have, such as celery tops, onion scraps, (clean!) carrot peelings, cobs of corn, bits of tomato, zucchini, peppers etc. *Do not use strong-flavored veg like kale, brussel sprouts or broccoli, unless they're in very small amounts.*

When you cook a chicken, save all the bones and include them in your stock bag. Having pork chops? Save those bones, too! I'm no purist - they all go in the same bag. Obviously, you do you - but I have no qualms about mixing proteins.

■ **RECIPE:** Once your stock bag is full, simply dump it into either your Instant Pot or a large, heavy pot on your stove. If it's a bit shy on onions, celery or carrots, now is the time to add them. Cut 2 garlic cloves in half and toss them in, peel and all. Add a handful of parsley, if you have it (I keep a large bag in my freezer, straight from the garden), plus about 2 tbsp of black peppercorns, 2-3 tbsp of vinegar, a bay leaf and, if you like, salt (some people add it once done). Add cold water up to max line (I.P.) or up to 3" below the pot rim if cooking on the stove.

■ **INSTANT POT**: set for 1 hr and allow to naturally release.

■ **STOVE TOP**: bring to a boil, reduce to a simmer and cook 2 - 3 hours without stirring.

Let cool 20 minutes, then strain. Cool until you can put a finger in the stock comfortably, then refrigerate.

From this base, the choices are virtually endless. Chicken noodle soup, hamburger soup, taco soup, cabbage roll soup etc.; stew, base for pot pies, chili, sauces, you name it. I like to freeze some stock in ice cube trays so I always have a flavor boost on hand.

Bonus: you can add frozen stock cubes to any dish to either extend it, or cool it quickly before going in the fridge.
I also often can stock so I have pints and quarts on hand whenever I need them. ■

Easy chicken noodle soup



- ❍ 9-10 cups soup stock
- ❍ 2 onions, diced
- ❍ 3 ribs celery, diced
- ❍ 3 carrots, diced (or veg of choice)
- ❍ 2 cloves garlic, minced
- ❍ 1.5 cups cooked chicken, diced or shredded about 2 cups dry noodles of your choice salt, pepper, a bay leaf
- ❍ seasonings of choice - turmeric, thyme, rosemary, parsley etc.

Saute onion, celery and carrots in a bit of oil on med-high heat until onion is translucent. Add garlic and turn heat off. Stir for 1 minute. Put sauteed veg in a large pot - add your soup stock and seasonings. Bring to a boil; reduce to a simmer and cook 15 minutes. Add noodles and cook until al dente (use cooking times from noodle package, about 10 minutes).Then, add cooked chicken and return to a boil. Check your seasonings and serve. *This recipe can be modified in countless ways - use what you have on hand! Sub potatoes for noodles, or use zucchini noodles, etc..*



> From my mom's cookbook of favourite recipes by her family and friends

Komst Borscht

- 1 pail water • 2 stewing hens
- Soup bones • Farmers sausage
- Whole tomatoes • Tomato soup
- Bay leaf • Dill weed • Salt & Pepper
- Onions • Celery • Potatoes • Carrots

■ Boil stewing hens in water until cooked. Chop up chicken finely. Add sausage, tomatoes, soup, bay leaf, parsley, dill weed, salt & pepper, boil, add cabbage, onions, celery, potatoes and carrots.
Cook until cabbage is tender.

Local cooking lessons on FB

A Shuswap chef is offering online cooking classes. Laura of Shuswap Gastronomes recently demonstrated how to make Vietnamese Summer Rolls and she is now planning a second class on how to make dumplings at home that cost about 30 cents each. The class will be held 11 am, Nov. 22 on the FB site, and can be watched again later. Check the site a week earlier about preparation and ingredients. ■



Joy & benefits of reading

MY TWO CENTS



Ed Campbell

Since Dolly Parton's death] I have been impressed with her library and philanthropic efforts to provide books to young folk far and wide. What a great legacy she has left and one that will continue on.

I remember well how important books were to me as I grew up living in the country with only the radio and my own imagination for entertainment. I recall many of the books that I read and had in my possession. My aunties, grandparents and my own parents knew that books were the gift to give Eddy for Christmas or birthdays.

Books such as *Black Beauty, Robinson Caruso* and *Swiss Family Robinson*", and books by Earnest Thompson Seton that were very oldm but took me into the wilds of our Ontario homeland. Can you imagine the Don Valley in Toronto as a wild place? It was at one time.

Rolf in the Woods, written by Seton in 1911, was a special favorite of mine. It described the adventures of a Boy Scout and his relationship with a native elder. He became a scout and runner during the war of 1812 where he used his skills as an outdoors person.

Because I left high school at 17, a drop out if you will, I got away from books for a time until six years later I decided to take a grade 13 night school class in English literature.

Here I was introduced to books I would never have read were it not for this class. We studied *Wuthering Heights* by Emily Bronte, works by Bernard Shaw and the epic poem, *Titanic* by E.J.Pratt. I was introduced to Shakespeare as we studied *Hamlet* and other works that inspired me to go on and read other Shakespeare plays and sonnets. We studied the art of the short story by authors like Somerset Maum, Hemingway and countless others.

Of course, anyone who has gone to university and studied English literature would know all of these works and many more. Being introduced to these authors at a young age has broadened my interest and love of books of all kinds. Reading does not make you necessarily smarter, but it does broaden your awareness and helps to develop a sense of critical thinking that we all apply to some degree to everything we are exposed to. We all know that you cannot believe everything you read, nor should you, but it is comforting to know that, hopefully, we have a chance to sort out the truth from the lies that bombard us daily.

After finding out what Dolly Parton did for the children in her community and indeed world-wide I find comfort knowing that some young folks will discover the world of books and the hours of joy and understanding that I enjoyed as a child. As I move forward into old age I continue to read and discover other worlds that only books can provide.

Incidentally, if you find buying books too expensive I might suggest you check out the thrift stores and, of course, our fine library.

There is nothing like curling up with a cup of hot coco and a good book.

❒ *Ed Campbell is an active retiree who lived a many storied life in Ontario and British Columbia*

SUMMARIZING THE RESULT

CLIMATE ACTION



Julia Beatty

The October 24, election fundamentally shifted B.C.'s political landscape. Interim leader Lorne Doerkson led the Conservatives to capture a solid majority with 48.1 per cent of the popular vote and 64 out of 93 legislative seats. David Eby subsequently resigned after the NDP suffered a crushing defeat, plummeting to just 27 seats with 37.4 per cent of the vote. Meanwhile, the BC Greens retained their two seats by securing 11 per cent of the vote.

Alarmingly, voter turnout plummeted to a decades-low 48 per cent, a drop attributed to voter apathy and diminished NDP engagement. In fact, the CBC reports that the NDP lost over 270,000 votes compared to the 2024 election, while the Conservatives lost roughly 49,000 and the Greens gained over 30,000. This staggering decline has reignited demands from Fair Vote Canada and other organisations to scrap the first-past-the-post electoral system in favour of proportional representation.

Looking forward, uncertainty clouds the future of B.C.'s provincial environmental and climate protections and policies. Media outlets like The Narwhal, the CBC and Wildsight have outlined the potential implications a Conservative government holds for climate action.

The new government plans to repeal the CleanBC Roadmap to 2030, removing the province's foundational climate action strategy aimed at reducing greenhouse gas emissions by 40 per cent by 2030. They will also end the zero-emission vehicle (ZEV) sales quota, and overhaul of the green building Step Code to freely allow the use of gas for heating, hot water and cooking. The Conservatives also hint they will alter (undisclosed details) the industrial carbon tax and potentially eliminate the low-carbon fuel standard, both of which are key policy wins environmental groups fought for years to establish.

❍ ❍ ❍

The BC Conservatives have also pledged to double natural gas production by 2032 and triple it by 2035. As well, they have promised to remove the emissions caps on new Liquefied Natural Gas (LNG) projects, which strips environmental groups of any regulatory leverage to restrict massive fossil fuel infrastructure expansion.

On the conservation and ecosystems front, environmental groups are concerned that old growth logging deferrals will be released for active logging. The BC Conservatives have explicitly opposed the international and provincial target protecting 30 per cent of B.C.'s land area by 2030, and plan to secure unprotected productive lands as "guaranteed logging zones".

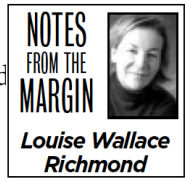
Promises to repeal the Declaration on the Rights of Indigenous Peoples Act (DRIPA) will create deep friction with Indigenous Peoples but also with climate groups. Since environmental organizations frequently align with First Nations on land management issues, reversing DRIPA undermines the legal frameworks used to secure Indigenous-led conservation proposals.

Despite the political challenges ahead, the impacts of climate change to our communities will not diminish. We must all double down on the things we can do to advocate for effective climate policies, such as writing your MLA to lodge your concerns and propose solutions. Luckily there are many things you can do to adopt better practices on an everyday basis to make our planet more resilient. Collectively these actions do make a difference.

As Margaret Mead once stated, "Never doubt that a small group of thoughtful, committed citizens can change the world; indeed, it is the only thing that ever has". This quote emphasizes that major social shifts, civil rights movements, and cultural transformations rarely start with large institutions or governments. They begin with a few dedicated individuals.

❒ *Julia Beatty chairs the Shuswap Climate Action Society*

TIME TO CHANGE IT UP



The clocks stayed the same, but much has changed of late.

October alone has brought a sea change in both municipal and provincial leadership across the country. BC, Ontario and Manitoba held municipal elections and provincial elections were held here as well as in Quebec both resulting in new governments. Alberta voted in its mammoth referendum.

In the U.S. neighbours vote in their mid term elections where political power in the House and the Senate hang in the balance.

Globally, Brazil, Israel, and Serbia held elections. Brazil held on, Israel is still undermined and Serbia resoundingly defeated long-standing leader Aleksandar Vucic.

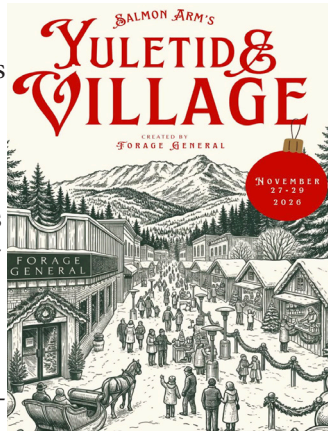
One might not be blamed for election fatigue. Time will tell how it all plays out. But I for one am looking forward to a bit of a break from the big busy world of geo-politics.

So with October halloween ghosts and goblins behind us, nothing left but frozen pumpkins (they can be composted) and chocolate bar wrappers (they can be recycled in the flexible plastic bin at your nearest depot), it's time to look ahead.

As the temperatures cool and the darkness of the winter season looms, we are so fortunate for the many groups who organize community celebrations to make the holiday season bright and we are in for a treat this year.

Hockey families and fans should not miss out on the opportunity to see Caravan Farm Theatre's winter production of The Hockey Sweater, an iconic Canadian children's book from December 1 to January 17. Visit caravanfarmtheatre.com

Do you dream of visiting the famous Christmas markets across Europe? Well, you're in luck right here at home. The Yuletide Village Market returns November 27 to 29. Save the date! More info at foragyuletidevillage.com



On Saturday, November 28, starting at 5:00 pm, the Rotary Santa Claus Parade & Downtown Light-Up returns to Salmon Arm featuring jolly old Santa himself. Kids of all ages are invited to line the parade route and enjoy the bright lights and festive atmosphere. Keep up to date on holiday events at salmonarmtourism.ca/whats-on

On December 17, the community will gather to welcome the always popular CPKC Holiday Train with two stops in Salmon Arm, one in Canoe and one in the downtown core. This year will feature the Sam Roberts Band. Don't miss it! For details, visit cpkcr.com/en/community/HolidayTrain.

And I can't even begin to list all the craft markets, holiday concerts and heart warming fundraisers this season. Get all those listings on your friendly neighbourhood online friam.ca.

So take heart friends, there may be darkness ahead but rest assured and do reach out to thank the many who work so hard and give so much to make the season bright!

Thanks for reading! It's good to be back in these pages.

❒ *Louise Wallace Richmond is back with her monthly column as just winning her re-election to council.*

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PASSAGES

LEGACY LIVES ON
shuswaphospitalfoundation.org
shuswapfoundation.ca

Bowers Funeral Service
bowersfuneralservice.com

- Ruth Aylard
  September 25, 2026, at age 85
- Peter Bailey
  October 5, 2026, at age 87
- Milan Bogdanovic
  October 9, 2026, at age 90
- Tom Brighouse
  October 24, 2026, at age 96
- William Butler
  October 15, 2026, at age 79
- Victoria Ewing
  October 31, 2026, at age 93
- George Frocklage
  October 4, 2026, at age 77
- Marian Leuvekamp Hills
  October 25, 2026, a age 68
- Kelly Lynne Lazar
  September 19, 2026, at age 61
- Berta (Hoffman) Lichti
  September 27, 2026, at age 89
- Patricia Joan Paul
  October 4, 2026, at age 96
- Gary Persson
  October 9, 2026, at age 73
- Shelley Ann Pertelson
  October 19, 2026, at age 71
  11 am, Nov. 7, Broadview E Free Church
- Donna McBride
  October 5, 2026, at age 86
- Linda Lee Trotman
  October 22, 2026, at age 76
- Phillip Harmon
  September 28, 2026, at age 61

Fischer's Funeral Services
fischersfuneralservices.com

- Vernon 'Vern' Broeder
  October 11, 2026, at age 85
- Michael Warren Caley
  October 5, 2026, at age 59
- Shirley Peggy Ehlers
  October 20, 2026, at age 103
- Evelyn Doreen Eiasson
  October 3, 2026, at age 93
- Jacqueline Elaine Fenton
  October 28, 2026, at age 82
- Florence Elizabeth Fritz
  October 3, 2026, at age 99
- Herbert 'Herb' Genschorek
  September 28, 2026, at age 77
- Kenneth Henry Janzen
  October 15, 2026, at age 77
- Barbara Brooke Johnson
  October 22, 2026, at age 72
- Constance Levine Johnson
  October 28, 2026, at age 95
- Sherron Ann Melinchuk
  October 23, 2026, at age 81
- Gordon Rodney Miller
  October 20, 2026, at age 78
- Dorreen Loretta Nissila
  October 1, 2026, at age 93
- Linda Darlene Peters
  October 13, 2026, at age 71
- Leland Boyd Read
  September 25, 2026, at age 46
- Darlene Marie Rimek
  October 3, 2026, at age 81
- Wade William Roth
  October 14, 2026, at age 60
- Alfred Schalm
  October 19, 2026, at age 93
- Edward Michael Stooshnov
  October 31, 2026, at age 84
- Kyle James Trelenberg
  September 25, 2026, at age 37
- Cory-Lee Vervynck
  September 26, 2026, at age 57
- Marilyn Joyce Warnders
  October 4, 2026, at age 82
- Derek Kenneth Wheeler
  September 24, 2026, at age 56
- Jack Lawrence Zackodnik
  October 12, 2026, at age 67

❖ ❖ ❖

- William 'Bill' Kenner
  October 1, 2026, at age 87
- John Carl Pagdin
  September 28, 2026, at age 86
- Donald Wayne Reed
  September 30, 2026, at age 81
- Dianna Van Allen (Trudeau)
  September 27, 2026, age 77

❖ ❖ ❖

- *Phil McDonald, 80*
  Sound engineer for classic albumslike Abbey Road
- *Walter Koenig, 90, Star Trek actor. Only two left - William Shatner and George Takei*
- *Eric Bauza, 47, voice actor Looney Tunes, Coyote vs. Acme*
- *John Angus, 83, Canadian politician*
- *Peter Nagy, 59, pop art and conceptualism artist*
- *Jim Bakker, 86, disgraced televangelist*
- *Sir Patrick Stewart, 84, distinguished actor. 'Star Trek, X-men, Hamlet', Grammy winner*
- *Elke Sommer, 86, German Actress, 'Shot in the Dark'*
- *Matt Pavelich, 92, Canadian NHL Hall of Famer*
- *Susan Saint James, 80, American actress (McMillan & Wife, Love at First Bite, Kate & Allie)*

Online at FriAM.ca

WEATHER

SYNOPSIS

Temperatures range from 19 to 7 C this weekend. Mix of sun and clouds.
Normal: +15 C to +5 C
Sunrise 6:56 • Sunset 6:38

Past week, Sept. 27 to Oct. 31
By weather reporter Nick Parsons
SW Gleneden, 458 m (119 m above lake):

DATE	HIGH	LOW	PRECIP.
Sept 27	15	4	
Sept. 28	16	6	1/16" rn
Sept.29	14	9	
Sept.30	16	6	
Oct. 1	14	4	trace
Oct. 2	13	9	3/16" rn
Oct. 3	17	10	
Oct. 4	18	8	
Oct. 5	16	9	
Oct. 6	17	8	
Oct. 7	17	7	

DATE	HIGH	LOW	PRECIP.
Oct. 8	18	8	
Oct. 9	16	8	3/16" rn
Oct. 10	13	7	
Oct. 11	12	1	
Oct. 12	12	-1	
Oct. 13	13	4	
Oct. 14	17	6	
Oct. 15	16	4	
Oct. 16	18	4	
Oct. 17	19	6	
Oct. 18	14	11	
Oct. 19	13	4	
Oct. 20	12	0	
Oct. 21	13	-1	
Oct. 22	14	4	
Oct. 23	13	2	
Oct. 24	8	1	1/4" rn
Oct. 25	8	4	1/4" rn
Oct. 26	9	4	1/16" rn
Oct. 27	8	6	1/2" rn
Oct. 28	5	5	
Oct. 29	6	-1	
Oct. 30	7	0	
Oct. 31	8	2	

October Summary • rainfall: 1 7/16"
• Mean average high: 12.4 C • mean average low: 4.6 C
Nick's Notes - Lake is near or at record low! Lake level has fallen exactly 9 feet to the inch since its peak June 4 and is still edging down - we need serious rains soon to make a difference. We are talking inches, not milimetres.

SPORT SPOT

> SILVERBACKS -
Home:
•vs. Coquitlam, 7pm, Nov. 6 • vs. Surrey, 7 pm, Nov. 13
• vs. Spruce Grove, 6pm, Nov. 21 • vs. Trail, 7pm, Nov. 27
• vs. Vernon, 6pm, Nov. 28 • vs. Cranbrook, 7pm, Dec. 4
• vs. Brooks, 6pm, Dec. 12 • vs. Cranbrook, 4pm, Dec. 13
Away:
vs. West Kelowna, Nov. 7, 15 • vs. Chilliwack, Nov. 20 • vs. Trail, Dec. 5
• **Scores - Oct. 2: SA 6, Blackfalds 0** • Oct. 3: Vernon 4, SA 1
Oct. 9: Sherwood Park 5, SA 4 • **Oct. 11: SA 2, Langley 0**
Oct. 12: Prince George 4, SA 1 • Oct. 16: Vernon 6, SA 4
Oct. 23: Trail 3, SA 0 • Oct. 24: Cranbrook 3, SA 2
Oct. 29: Cranbrook 3, SA 2 • **Oct. 30: SA, West Kelowna 1** OT
Oct. 31: SA 4, West Kelowna 3 SO
• **Stats** - Salmon Arm: 7 wins • 7 losses • 1 OTL • 15 pts
Trail 14; West Kelowna 19; SA 15; Vernon 23; Cranbrook 17

> **Thrash Wrestling** - Well oiled machine, 7pm, Nov. 27, Recreation Centre, featuring D'Lo Brown.
> **Curling** - AGM, Nov. 18 • Sr. Men's curling, Nov. 13-15; Intercity Jr. curling • Open bonspiel, Nov. 27-29 • Funspiel Dec. 26
> **Evening Pickleball** - 6:30, Mon & Thur. $5, bring water, protective eyewear indoor runners. 250-253-0025.
> **Sicamous Eagles home games** - vs. Golden- Nov. 6; Chase -Nov.14; Kelowna - Nov. 21; Castlegar, Nov. 21

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❖ TOM BRIGHOUSE • Dec. 30, 1929 to Oct. 24, 2026



"I'm the most Fortunate Fellow from Forton," Tom said over and over after he turned 90 years old. He lived a happy, rich, and productive life.

Tom Brighouse was born in 1929, on a farm in the small village of Forton in Northern England. He completed his Bachelor of Education degree at the University of Liverpool where he met his "wife to be" Elsie Newall, a lovely young widow and single mother of a daughter, Pat. Elsie was also completing her Bachelor of Education. The two were married in 1956 and for their honeymoon, they emigrated with Pat, then 6 years old, to Canada where they had accepted teaching jobs in Salmon Arm, British Columbia.

The young family boarded a steamship in Liverpool and after six days on the Atlantic Ocean, they arrived at the Port of Montreal where they boarded the "Canadian," Canadian Pacific Railway's flagship passenger train bound for British Columbia. At the station in Salmon Arm, there was a welcoming committee of local teachers. Back at her house, another teacher, Clara Johnston, was instructed to "put the kettle on for tea" when she heard the train come around Engineer's Point. This family who had arrived in Canada, not knowing a soul, found an instant community of friends and never left Salmon Arm.

Tom was a resident of Salmon Arm for 70 years and contributed so much to the community in its various incarnations as a village, a district and finally, a city. His accomplishments include a career of 35 years in education as a high school French teacher, then the vice principal of Jackson Junior High School, then the principal of Shuswap Junior High School, and finally acting superintendent for School District 89. He subsequently taught French at the Okanagan College. During his career he served as president of the BC Teachers Federation.

For Tom, music was an essential part of his life. He founded the Shuswap Singers, a community choir, along with original members Clara Anderson and Burt Revel, in 1962. He sang with the choir until the spring of this year. He advocated for a strong music program in the Shuswap school district. He encouraged the formation of the Shuswap String Orchestra in 2002, which was part of a school district program at its inception and is now a community-based organization. He also helped form the Shuswap Men's Chorus in 2007 for a Rotary Club District 5060 Conference. He sang with the Northern Lights Chamber Choir that formed in 2009.

With Eric Walters, Jim Kennedy, Ralph Owens and Joe Verderman, Tom formed the Salmon Arm Youth Soccer Association in 1972. On most Saturdays, he could be found coaching a soccer team of young players. Minor league play started in 1975 and eventually expanded across all age groups. Now the association serves over a thousand children every year. Tom was also an avid tennis player and played the game well beyond the age of 80. He served as president of the Salmon Arm Tennis Club for over ten years.

Ever community minded, Tom served on the local Rotary Club for several decades. He was instrumental in the establishment of the Turner Creek Rotary Trail from McGuire Lake to Okanagan College and the SASCU Recreation Centre as part of the community Greenways Project. He helped develop the Shuswap Music Festival Society in 2000, a joint effort by the Rotary Club of Salmon Arm and the BC Registered Music Teachers Association-Shuswap Branch. The festival is still a vibrant annual event.

Tom was a defender of the environment, an avid bird watcher, and a protector of the Western Grebe that nests in Salmon Arm Bay. As an alderman, he was a founding director of the Salmon Arm Bay Nature Enhancement Society (SABNES) which was formed in 1988 to support the acquisition of 40 hectares of critical wetlands by Nature Trust BC in Salmon Arm Bay to create a bird sanctuary. SABNES now protects and manages these wetlands that supports 282 bird species, particularly the Western Grebe and Clark's Grebe that nest there, as well as beaver, river otters, deer, bear, coyote, and salmon. For decades, the foreshore trail has been enjoyed by both residents and visitors alike.

Tom served on municipal council from 1987 to 1993. He organized the purchase and transport of the Gazebo from the Expo 1986 site in Vancouver to its current location in the Rotary Marine Park which has turned out to be a great gathering place for the Wednesday on the Wharf series of concerts every summer. However, what Tom is most proud of is the establishment of the Shuswap Community Foundation. Tom, as alderman, was the chair of the original steering committee in 1992 that created the framework for the Shuswap Community Foundation which was incorporated in 1994. Through community donations and long-term investments, the Foundation now manages multiple endowment funds valued at over $20 Million dollars in 2026. This allows the foundation to distribute grants and scholarships totalling over $1 million dollars each year throughout the Shuswap.

Tom was a good father and grandfather. He instilled in his descendants, a love of music and a love of language. He taught us that laughter is good medicine. He encouraged us to be all the things that foster wellbeing: to love the outdoors and Mother Nature; to stay active; to be curious, kind and generous; to fight for social justice, and to always be inclusive. As a friend recently described Tom, "he truly was a renaissance man, multifaceted, smart, kind, funny, and extraordinary!"

Tom died peacefully on October 24, 2026 with MAID, in the home he had owned for 60 years, gazing out at Salmon Arm Bay, surrounded by his family. Tom was predeceased by his wife of 60 years, Elsie (2016) and his daughter, Pat (2022). He will be missed by his daughters Ruth (Lyndon) and Jean (Richard), his grandchildren Eve Nicole (James) and Ryon, his great grandchildren Alex and Ellie, and his beloved companion of the last 9 years, Isobel Anderson. We extend a big "thank you" to all the health professionals that cared for him during his final weeks.

A celebration of life will be held on Sunday, December 6,2026 at 2:00 pm at the J L Jackson High School gymnasium. In his memory, please consider donating to one of Tom's many causes, the Shuswap Community Foundation, SABNES, or the Shuswap Singers. ■



DRESS THE TOWN PINK

> Fiona Harris of Shuswap Lake Hospital is presented $2,750 to go toward the mammography unit. Funds were raised by the Shuswap Dragon Boat Society/Friends Abreast from 'Dress the Town Pink' Month, along with financial support from the Legion.

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CLASSES / SEE PAGE 3

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WHEN IS SOMEDAY?

DESIGN DILEMNAS
Linda Erlam



In recent columns, I've written about making our homes and our days easier to manage as we grow older. Making life easier should leave room for addition. Learning something new. Going somewhere different. Having something to look forward to. But there is a word that can quietly get in the way of all that.

Someday.

Someday I'll take that trip. Someday I'll sort those photographs. Someday I'll use the fabric in that cupboard. Someday I'll stop being the person who organizes everything.

When, exactly, is someday?

We seem to imagine it as a time when the house is tidy, our responsibilities have diminished, we have plenty of energy, and nobody needs anything from us.

Researchers have found that we tend to believe we will have more spare time in the future than we have today. The calendar looks empty that far in advance.

Of course, we haven't yet written in all the ordinary things that will fill it.

Before accepting another responsibility, perhaps we should ask, "What will I stop doing to make room for this? or "If I had to do this right now, could I, and what would I have to put aside or stop doing in order to do it now?"

We also tend to underestimate how long things will take, even when experience should have taught us otherwise. This is the 'Planning Fallacy'.

Those chairs will only take a weekend to refinish. The photographs could be organized in a few afternoons. That fabric will make lovely cushions when there's a bit of time.

Each project sounds manageable. But add them together.

Could you put all your someday projects into a realistic calendar, allowing for everything else you want and need to do?

There is nothing wrong with keeping materials for a project you look forward to. But an unfinished project can become a small, persistent obligation. Every time you open the cupboard, there it is, reminding you.

The fabric or craft supplies may be paid for. Keeping them can still cost you something.

Space. Attention. Perhaps a little guilt.

We're allowed to reconsider, sometimes other somedays take precedence.

The trip to see an old friend. The class we keep considering. The visit to a place we've always wanted to see.

Research into regret suggests that, over the long term, things we didn't do can trouble us more than things we did. Are we postponing something until a real obstacle changes? Or have we simply become accustomed to postponing it?

Research supports making plans that identify when and how we will act.

"Someday I'll take the train across Canada" could become "This Thursday, I'll find out what it costs."

"Someday I'll stop organizing the fundraiser" could become "At the next meeting, I'll explain that this is my final year."

Acting in this way moves the decision out of that indefinite future.

And we don't have to turn every possibility into an appointment. Some things are pleasant to anticipate. Keeping a small box of painting supplies because you might enjoy trying watercolours is perfectly reasonable if you have the space and it makes you happy.

Sometimes "Someday" is a convenient way to avoid making a decision. If I say I'll use it someday, I don't have to decide whether to give it away. If I say I'll step down someday,

❒ Continued next page

Keeping warm this winter

FAMILIES FIRST
Shuswap Children's Association

As winter approaches and frosty mornings become a regular part of life, families are preparing for the months ahead.

While winter offers outdoor recreation, school activities and family traditions, it also comes with the expense of warming clothing for growing children. The cost of winter jackets, boots, snow pants, and accessories can create significant financial strain at a time when family budgets are already stretched.

The Shuswap Children's Warm Kids Project exists to help ensure every child and youth has access to the clothing they need to stay warm, safe and comfortable all season. Thanks to the generosity of our community, the project continues to make meaningful differences.

Last winter was the inaugural year for this project and during that time the program supported 290 local families, providing 310 winter jackets, 53 pairs of winter boots, 117 pairs of snow pants and 359 winter accessories, including toques, scarves, mittens and gloves. Collectively, these donated items represented an estimated primary market value of nearly $66,000, creating substantial savings and helping remove barriers to accessing essential winter clothing.

The project's impact extends far beyond financial assistance. Having proper winter gear allows the young to attend school comfortably, participate fully in outdoor activities, and enjoy healthy recreation during the winter months. Something as simple as a warm coat, a pair of winter boots, or insulated mittens can help a child feel confident, included, and ready to take part in everyday activities with their peers.

What makes the project especially remarkable is it is entirely community driven. It receives no government funding and relies solely on the generosity of local businesses, organizations and individual community members.

Whether it is a single pair of mittens, a winter jacket, or a larger donation of winter apparel, every contribution has a direct impact on a family in need.

Every donated item and financial contribution go directly into the program to ensure local children have access to the warm clothing they need. Its continued success is a testament to the caring and compassionate spirit of our community, where neighbours come together to support one another during challenging times.

As we head into another winter season, we extend our sincere appreciation to everyone who donates and helps spread the word about the Warm Kids Project.

Together, we are helping ensure that more children and youth in the Shuswap can face the winter months warm, comfortable, and ready to embrace all that the season has to offer.

Thank you in advance for helping keep local kid warm this winter.

❍❍❍

This Winter donations Needed

We are currently accepting donations of new and gently used winter jackets, boots, snow pants, toques, and mittens to help local children and youth stay warm this winter.

Donations can be dropped off at Shuswap Children's Association office at: 551 Trans-Canada Highway NE, Salmon Arm

Our donation bin is available outside the office on weekdays from 9 to 4.

Winter Gear Distribution

Families needing winter clothing for their children or youth are warmly invited to stop by our office, noon to 4, Nov. 6 and 10 to noon, Nov. 7.

Thank You to Our Amazing Community

❒ *For more on Shuswap Children's Association and referrals, info@shuswapchildrens.ca, shuswapchildrens.ca, or call 250-833-0164.*

ACUPUNCTURE: Who's holding the needles

HEALTH MATTERS
Lakeside Health

By Robert Helmer RTCMP
Registered Traditional Chinese Medicine Practitioner

Acupuncture became a designated health profession under the Health Professions Act in 1996, and Traditional Chinese Medicine followed four years later.

Currently, Traditional Chinese Medicine Practitioners, Acupuncturists, and Doctors of Traditional Chinese Medicine are regulated by the College of Complementary Health Professionals of BC under the Health Professions and Occupations Act.

Choosing a provider is an important healthcare decision. Since I first began studying Chinese Medicine thirty years ago, the number of people seeking acupuncture and TCM services has grown exponentially. With acupuncture in particular, titles and terminology can be confusing. How can you identify the professional best suited to your needs? Start by understanding qualifications, training, and clinical experience.

Not All Acupuncture Training Is the Same

In British Columbia, Registered Acupuncturists and Traditional Chinese Medicine (TCM) practitioners practice acupuncture. Other regulated healthcare professionals, including some physiotherapists, naturopaths, and medical doctors, may also offer acupuncture or related needling techniques within their authorized scope of practice. The term Acupuncturist is a reserved title, however, and may only be used by those who have undergone a specific length and type of training rooted in both western physiology and, in the principles,and methods of East Asian medicine.

For example, physiotherapists commonly use dry needling and intramuscular stimulation (IMS) to address musculoskeletal concerns. Although both techniques use fine needles, their clinical applications and practitioner training differ from those of acupuncture performed by a Licensed Acupuncturist. For more information go to Boda Health: "Acupuncture and Dry Needling or IMS: What's the Difference?"

Acupuncturists and TCM practitioners are Registered Healthcare Practitioners who have extensive training in acupuncture and offer it as a primary modality. Regulated by the College of Complementary Health Professionals of BC (CCHPBC), several designations with differing educational program lengths qualify practitioners as Acupuncturists:

■ Registered Acupuncturist: Authorized to practice acupuncture. (classroom and clinical supervision hours, well over 2000)

■ Registered Traditional Chinese Medicine Practitioner: Authorized to practice acupuncture and compound or dispense Chinese Herbal Medicine. (total hours over 3200)

BEYOND SLEEP: 7 types of rest to restore well being

GOOD MENTAL HEALTH

Many people assume that feeling exhausted means they need more sleep, but according to physician and author Saundra Dalton-Smith, true restoration requires more than sleep alone. She argues that many people suffer from a "rest deficit" because they overlook other important forms of rest that replenish energy and prevent burnout.

A holistic approach to rest can improve resilience, well-being, and the ability to manage life's daily challenges.

Dalton-Smith identifies seven types of rest that contribute to overall health and renewal:

■ **Physical rest focuses on restoring the body**- This includes getting adequate sleep, napping when needed, and engaging in activities that relieve physical tension such as stretching, massage, or gentle movement. Improving sleep quality through healthy sleep habits can also make a significant difference.

■ **Mental rest helps calm an overworked mind.** Long periods of concentration can lead to mental fatigue, so it is important to take breaks from demanding tasks, engage in simple activities, journal thoughts, or practice mindfulness and meditation to allow the brain to recharge.

■ **Emotional rest involves creating space to express feelings honestly rather than suppressing them.** Talking with trusted friends, family members, or a therapist, setting healthy boundaries, and reducing exposure to emotionally draining situations can help restore emotional energy.

Social rest recognizes that constant interaction with others can be exhausting. This type of rest may involve spending time alone, reducing social commitments, or intentionally seeking relationships that feel supportive, positive, and meaningful.

Sensory rest addresses the overload created by modern life, including constant noise, screens, and digital stimulation. Taking breaks from technology, reducing environmental distractions, and spending time in calming settings can help the senses recover.

Creative rest is important for people who regularly solve problems, innovate, or create. Inspiring experiences such as spending time in nature, enjoying art, or engaging in creative hobbies without pressure to perform can replenish creativity and spark new ideas.

Spiritual rest involves connecting with something meaningful beyond daily responsibilities. This might include faith practices, volunteering, reflecting on personal values, spending time in nature, or contributing to a cause that provides purpose and fulfillment.

People's needs vary from day to day, making it important to regularly ask, "What do I need right now?" By recognizing and responding to deficits in different areas of rest, individuals can improve their overall well-being and lead more balanced, energized lives.

Full article Seven types of rest to help restore your body's energy

❒ *Good mental health is essential to overall health and wellbeing. For more information or support, contact CMHA Shuswap-Revelstoke by calling (250)832-8477 or emailing info.sr@cmha.shurev.ca*

YOUR SOMEDAY

❒ Continued next page

I don't have to have the uncomfortable conversation today. -- it sounds as though I have a plan, when what I really have is a decision I keep postponing.

The question is whether your someday brings you pleasure or weighs on you.

Perhaps it needs a date.

Perhaps you would feel relieved to let it go.

Open the cupboard. Look at the calendar. Think about the trip.

WORD SEARCH

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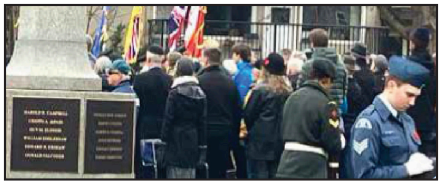
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HIDDEN GEMS

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> "In war, there are no unwounded soldiers."~ *Jose Narosky*

> "We lived, felt dawn,
saw sunset glow,
Loved and were loved,
and now we lie
In Flanders fields.
~ *John McCrae*



> "No one can do everything, but everyone can do something." ~ *Dr. Sylvia Earle*

> "You just proved that all the money in the world is no match for the people of Texas. We just showed that a politics of division is no match for a politics of love.. Tonight we defeated Galiath. You were my slingshot... Always bet on the underdog." ~ *James Talarico, elected Texas senator on Tuesday*

FUNNY BONE

> The guy at the furniture store told me the sofa would seat five people without any problems. Then it occurred to me, I don't think I know anybody without any problems.

> Believe in yourself. Even when no one else will. ~ *Sasquatch*

POP QUIZ

> What is the highest point in Sakatchewan? Turn your computer upside down.. haha

> 1,392 (4,567 ft) on a farmer's field in the Cypress Hills. Nearby Bald Butte is 1,281 m. Seriously "Bald butte"

PICTURE THIS



> This Mt. Ida Vista resident slid candy down a unique chute on Halloween night.



> It is doubtful that a Jiffy Pop could pass as a smoke alarm.



> Canada marks the US blue tsunami by lighting Niagara Falls in blue.



Strumming on a Les Pallet guitar.

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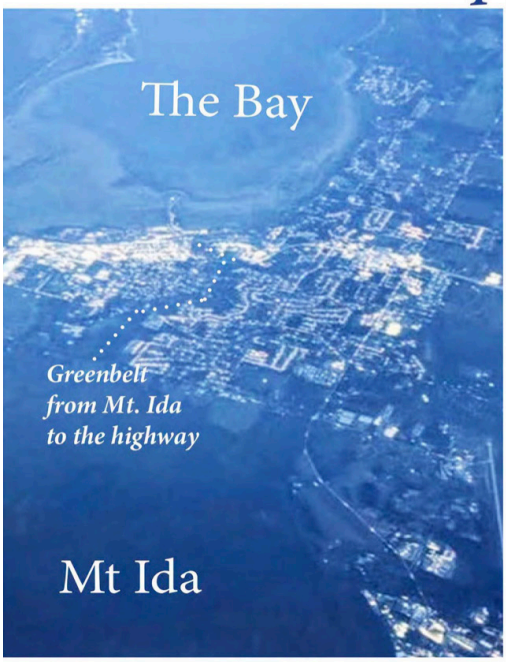
Nov. 6 SALMON ARM Beat Pages

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Your editor, Lorne Reimer

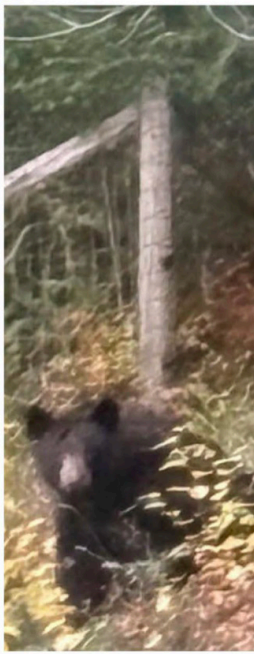
Salmon Arm's steep forested greenbelt



In all my years living here it took this image by Liam Healy on the flight back from Italy to realize the extent of that river of greenbelt forest that runs from Mt. Ida to McGuire Lake.

It is no wonder that there's such a steady traffic of bears, deer and other assorted critters wandering right into the most built up areas of our city.

The photo of the big bear, on right, was not spotted in town, but the Panorama Ranch subdivision on the Fly Hills, by Bernie Hucul.



AM Beat Pages

from Oct. 3 to Nov. 3

- Incumbents & Newcomers
- Blue Tsunami in the US
- Patchwork of time zones
- Log-drivers in full costume
- Make world NOT grey again
- Loads of fun on the Treat Trail *photopage*
- Bountiful harvest hauls
- Shirley Ehlers - Well lived life
- Rewards & Punishments
- Sockeye run followup
- Anticipatory Grief
- Brain damage -invisible effects
- Thinking way out of economic slowdown
- Island Getaway *photopage*
- Old School Adaptable
- Enderby's T*omorrowland* 13th biggest flop in movie history
- Snap election, snap proofing
- Trustee profiles



▲ Hank & Jake play the jazz club

- Bruhn bridge opening 2 lanes
- Near Miss at Balmoral corner
- Muncipal Vote results
- Snooks Arm and Salmon Arm
- Plenty of candidates
- Beef over Steak kerfluffle
- FriAM.ca Song
- Dog ate Thanksgiving picture
- Local crime stats
- NFL Legends coming here
- Homegrown



WAITING UNTIL BAD THINGS AFFECT YOU PERSONALLY HAS GOT TO STOP!

..ESPECIALLY WHEN IT ALREADY HAS

> A masked White Nationalist group in the Kelowna area



SALMON ARM
Daily Beat (4-7 days/wk)
All Month (1st Fridays)

To-do's

❍ **Re-wear Runway** fashion show, 5-7, Tues., CMHA Learning Studio, 433 Hudson Thrift treasures.

❍ **Silverbacks**
SA 2, West Kel. 1, Fri
SA 4, West Kel 3, Sat.
Hosting Coquitlam, Fri
Playing in West Kel, Sat

❍ **Salmar Grand**
• *You can see Everything*
• *Clayface* • *Wildwood*
• *Wicker*
• **Reel weekend Film festival,** Nov. 6-8:
• Ha-Chan, Shake your Booty
• Peter Asher: Everywhere Man *(Peter & Gordon)*
• Romeria
shuswapfilm.net

❍ **SD83 Inaugural board meeting,** 6 pm, Tuesday. All new trustees

❍ **Ducks in a Row** - financial security info for retirees, 5:30-9 pm, Nov. 5, Song Sparrow. Speakers & Q&A

❍ **Coffeehouses**
• **Grindrod, Fri**
• **Carlin, Sat.**
• **Sxwetsmellp Village celebration**- 1-4, Nov. 7, at 1st Ave SW. Celebrating first mentorship program on building skills and cultural knowledge. Bannock, tours, presentations.

❄ ❄ ❄

HOLIDAY MARKETS
❄ **Falkland,** Nov. 6, 7
❄ **Canoe Market,** Nov. 7, Canoe Sr. Hall
❄ **Christmas in the Country,** Nov. 7, Hullcar
❄ **Royal Purple Crafts** 9-2, Nov. 7, Elks Hall
❄ **Notch Hill Country Christmas**, 10-2, Nov. 7
❄ **Warm kids project,** noon-4, Fri & 10-2, Sat 551 Hwy 1 NE. Free winter coats, snow pants & gear for youth. Hosted by Shuswap Children's Association.

SALMON ARM Nov. 3 Beat

8°/ 1° Mainly to partly cloudy

Be a frequent 'Fri'er. Bookmark FriAM.ca

> Online log-ins are growing each month. Please go to **FriAM.ca** Wednesday to Friday to read the November All Month and help reach the target of 1,400 unique visitors this week. Followers on Friday AM Facebook page is now 2,760







> New councillors Kari Toliver Wilkinson, Ian Gray and Scott Syme.



There were tears and tributes for Councillor Flynn who passed away in June.

> In the inaugural meeting Monday night, councillors bid farewell to Sylvia Lindgren and Tim Lavery, and welcome three newcomers.

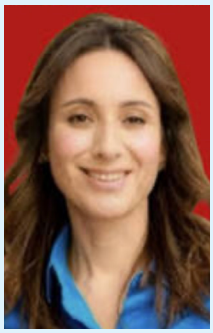


7 US Senate seats flipped for Democrats
** two still to be called*

Four governor races flipped for Democrats

DEMOCRATS TAKE HOUSE (231-144) AND THE SENATE (54-44*)!

Trump's lawless powers will now be checked like his senseless war on Canada



Gina Hinojosa
Texas governor



James Talarico
Texas US senator



Amy Acton
Ohio governor



Abdul El-Sayed
Mich. US senator

SALMON ARM Nov. 2 Beat

8°/ 2° Clearing A few clouds

November All Month will come out Nov. 5



To-do's

❍ **Silverbacks**
SA 2, West Kel. 1, Fri
SA 4, West Kel 3, Sat.
Hosting Coquitlam, Fri
Playing in West Kel, Sat

❍ **Salmar Grand**
• *You can see Everything*
• *Clayface* • *Wildwood*
• *Wicker*
• Reel weekend
Film festival, Nov. 6-8:
• Ha-Chan, Shake your Booty
• Peter Asher: Everywhere Man
• Romeria

❍ **Ducks in a Row** - financial security info for retirees, 5:30-9 pm, Nov. 5, Song Sparrow. Speakers & Q&A

❍ **Field outing after salmon run**. Naturalists talk on the birds, mammals & fish on Adams River. Meet 9 am, Sun. Tsútswecw OR 8 am, Junglemania to carpool

❍ **Inaugural meeting for the new council,** 7pm, Mon, City Hall.

❍ **Coffeehouses**
• **Grindrod, Fri**
• **Carlin, Sat.**

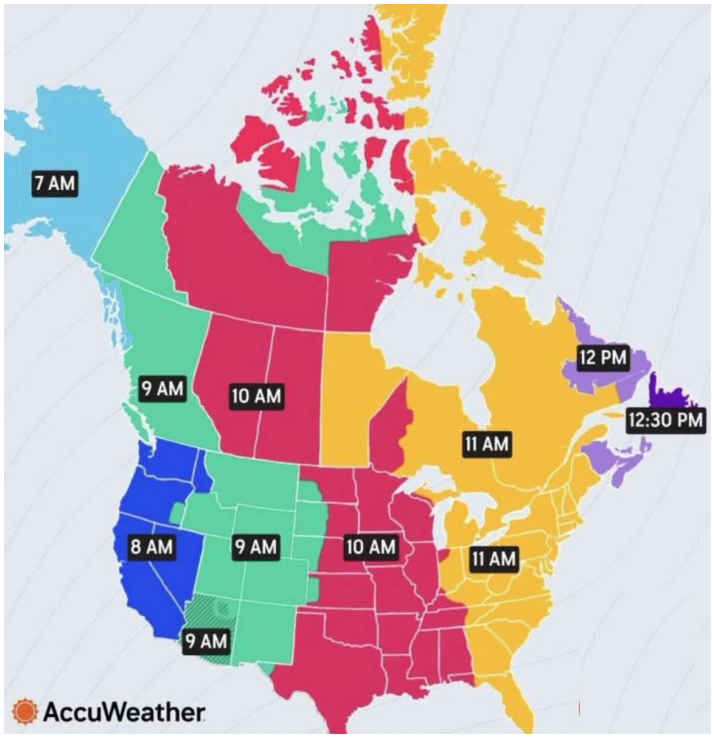
❄ ❄ ❄

HOLIDAY MARKETS
❄ **Falkland,** Nov. 6, 7
❄ **Canoe Market,** Nov. 7, Canoe Sr. Hall
❄ **Christmas in the Country,** Nov. 7, Hullcar Hall
❄ **Royal Purple Crafts** 9-2, Nov. 7, Elks Hall
❄ **Notch Hill Country Christmas**, 10-2, Nov. 7



> The weekly Ukulele Circle all came in dressed inspired by one of their favourite songs, *The Logdrivers' Waltz*. The fun group meets 2:30 each Thursday at the Library.

A three-hour drive away and we're on Florida time



Many strange things happen on Halloween night as they always do, but one of the stranger things to happen overnight will linger on for a very long time.

As a result of the no-time change in much of Canada and continued time change in most of North America, a very strange and confusing patchwork of different times is the result. As an example, nearby Golden in the Rockies is the same time as the Florida Panhandle on the Gulf.

To-do's

❍ **Silverbacks** SA 2, West Kel. 1, Fris *hosting* West Kel, Sat.

❍ **Salmar Grand**
• *You can see Everything*
• *Clayface* • *Wildwood*
• *Wicker*
4pm, Sat, Film Society:
• *Finding Emily*
• Reel weekend Film festival, Nov. 6-8

❍ **Halloween treats,** 3-5pm, Oct. 31, Mall at Piccadilly. Plus contest.

❍ **Halloween Market,** Oct. 31, Centenoka Mall. Treat Trail & Meet the witch, 2-4:30

❍ **Book Sale**, Fri & Sat, Piccadilly Mall in support of Shuswap health-care auxiliary.

❍ **Coco Jafro,** Oct. 31, Song Sparrow Hall, Celebrate Shuswap dance

❍ **Halloween dance**, Sat, SA Legion, plus Old Time dance 7pm Sun.

❍ **Dopplebangers**, Oct. 31, Canooligans

❍ **Halloween dance party**, 8pm, Oct. 31, Nothing Fancy on Hudson. costume contest

❍ **Halloween Party,** Oct. 31, Riverfront Pub

❍ **Ducks in a Row** - financial security info for retirees, 5:30-9 pm, Nov. 5, Song Sparrow. Speakers & Q&A

❍ **Field outing after salmon run**. Naturalists talk on the birds, mammals & fish on Adams River. Meet 9 am, Sun. Tsútswecw OR 8 am, Junglemania to carpool

❍ **Vote for Super Ear** by next Friday: https://thesuperkid.org/2026/kennett-c458

❍ **Inaugural meeting for the new council,** 7pm, Mon, City Hall.

9°/ -1°
Clearing
A few
clouds

SALMON ARM Oct. 31 Beat

November All Month will come out Nov. 5









> An enormous swarm of kids showed up for the downtown Treat Trail, held the day before Saturday's Halloween. As is long tradition, the very first job of a rookie councillor is to dress up and direct traffic (Kari Toliver Wilkinson on right). More treat trails happen at the Malls today. The pumpkin contest at Piccadilly is shown below.







To-do's



> Jake Soberlak and Jake Verburg drew a full house to Thursday's jazz night.

❍ **Silverbacks** Playing *in* West Kel. Fri, ***hosting*** West Kel, Sat.

❍ **Salmar Grand** • *Clayface* • *Wildwood* • *Finding Emily* 4pm, Sat, Film Soc.

❍ **Treat Trail,** Oct. 30 downtown after school. After the Treat Trail at 5 & 6 pm at Art Gallery, a shadow play by Runaway Moon: *Vasila & the Light.* all ages.

❍ **Halloween treats,** 3-5pm, Oct. 31, Mall at Piccadilly. Plus contest.

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❍ **Field outing after salmon run**. Naturalists talk on the birds, mammals & fish on Adams River. Meet 9 am, Sun. Tsútswecw OR 8 am, Junglemania to carpool

7°/ 1°
Mix sun & cloud, rain at night

SALMON ARM Oct. 30 Beat

November All Month will come out Nov. 5



> Love that there's an orthodontist kiosk on last year's trail!



> Tom Brighouse with the Shuswap Singers, grandson Ryon on right.

Farewell to Master Tom

Tom Brighouse who made everyone smile with his delightful wit, breathed his last breath gazing out at Salmon Arm Bay from the home he and his clan lived in for 60 years.

Luckily, when I made my first big typo at *The Observer,* Tom thought it quite funny that spell-check switched his name to 'Birdhouse'. And how fitting was that as the namesake of the Brighouse Nature Centre in Marine Park.

Tom was master of many talents - educator, naturalist, city councillor, pianist, artist, generous supporter, a founder of the Shuswap Singers and singer in other local choirs, and a friend to nearly all who knew him.

His celebration of life will take place 2 pm, Dec. 6 at JL Jackson where he once served as principal.

Deepest condolences to his family. He'll be missed.

❖ Also passed away is actor Patrick Stewart at 86.



> A little bit winter, a little bit fall. As trees finish shedding their colourful leaves, snow appears on the mountains. What's the local folklore again about snow on the valley?



To-do's

❍ **Silverbacks** Playing ***in*** West Kel. Fri, ***hosting*** West Kel, Sat.

❍ **Salmar Grand**
• *Heart of the Beast**
• *Street Fighter**
• *Whalefall**
* ends Thursday
• *Clayface*• *Wildwood*
• *Finding Emily*
4pm, Sat, Film Soc.
* Opening Friday:
• *You can see everything*
• Wicker

❍ **Boo Bash**, 10-noon, Thursday, Shuswap Children's Association.

❍ **Treat Trail,** Oct. 30 downtown after school. After the Treat Trail at 5 & 6 pm at Art Gallery, a shadow play by Runaway Moon: *Vasila & the Light.* all ages.

❍ **Halloween treats,** 3-5pm, Oct. 31, Mall at Piccadilly. Plus contest.

❍ **Jake Soberlak & Friends**, 7 pm, Thurs, Nexus at First. Jazz Club, by donation.

❍ **Live Metal bands,** 8pm, Thurs., Solid Urban studio including Broken Crow, Can't be Friends, Blessed Dead

❍ **Coco Jafro,** Oct. 31, Song Sparrow Hall, Celebrate Shuswap dance

❍ **Halloween dance**, Oct. 31, SA Legion.

❍ **Dopplebangers**, Oct. 31, Canooligans

❍ **Ducks in a Row** - financial security info for srs, 5:30-9 pm, Nov. 5, Song Sparrow Hall. Speakers & Q&A

❍ **Field outing after salmon run**. Naturalists talk on the birds, mammals & fish on Adams River. Meet 9 am, Sun. Tsútswecw OR 8 am, Junglemania to carpool

7°/ -2°
mainly cloudy

SALMON ARM Oct. 29 Beat

November All Month will come out Nov. 5

DO NOT Fall back on Sunday

> BC, Alberta, Saskatchewan, Manitoba, NWT and Northern Ontario have all decided to stay on daylight saving time (Saskatchewan since 1966) and not change the clocks anymore.



> Needs a little pinning to keep from flying off and scaring the kids, but the ghost is back.

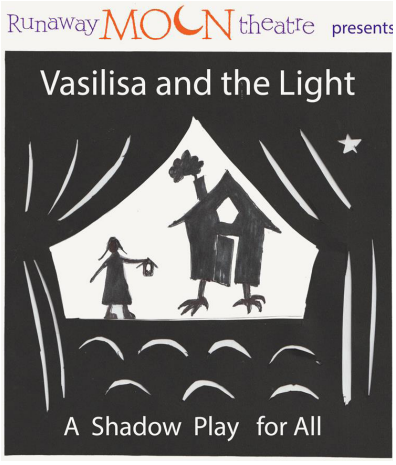
Two-day Trick or Treating

The next year that Halloween falls on a Saturday night your wee seven-year-old will most likely have overgrown trick or treating at ripe age of 18. Just like this year, 2037 will effectively offer two days for collecting sweet loot - Treat trail on Friday and Malls and neighbhourhoods on Saturday. It should all be fun.

This is also the first year that clocks will not be falling back. The downside of that will be more time on the road in darkness and low light on commutes to work and dropping the kids off to school in the morning.

Be extra careful on the road this Halloween weekend. And make sure your kids' costumes are extra bright. ■

There's a new restaurant opening soon. Gracefull Cafe & Bakery on 10th Ave. SW. And what exactly is Mennonite cuisine? Think fresh baking and wholesome. I think farmers' sausage, bread and cheese that squeaks in your teeth.



5 & 6 pm, Friday, Oct. 30
Salmon Arm Art Gallery
Free • After the Treat Trail



To-do's

❍ **Silverbacks** Playing in West Kel. Fri, hosting West Kel, Sat.

❍ **Salmar Grand**
• *Heart of the Beast**
• *Street Fighter**
• *Whalefall**
* ends Thursday
• *Clayface* • *Wildwood*
• *Finding Emily, 4pm, Sat, Film Soc.*
* Opening Friday:
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❍ **Dopplebangers,** Oct. 31, Canooligans

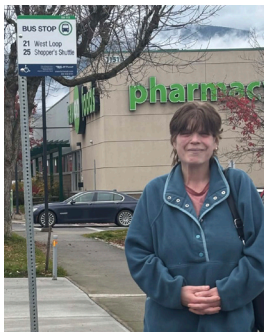
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❍ **Field outing** ***after salmon run.*** Naturalists on the birds, mammals & fish on Adams River, 9 am, Sun. Tsútswecw OR Meet 8am, Junglemania

7°/ 1°
Chances of showers

SALMON ARM Oct. 28 Beat

Be a frequent Fri-er, bookmark FriAM.ca



> Kristine waits at the brand new bus stop on 10th Ave. SW at Piccadilly.

POTENT DRUG SUPPLY HERE

Salmon Arm RCMP responded to two suspected overdoses in the past 24 and are advising the public of a potent drug supply in the city.

"The specific drug being used has not been identified at this time," said police spokesperson Cst. Andrew Hodges, "Anyone that uses illicit drugs is advised to have a buddy and carry naloxone and ensure they both know how to use it."

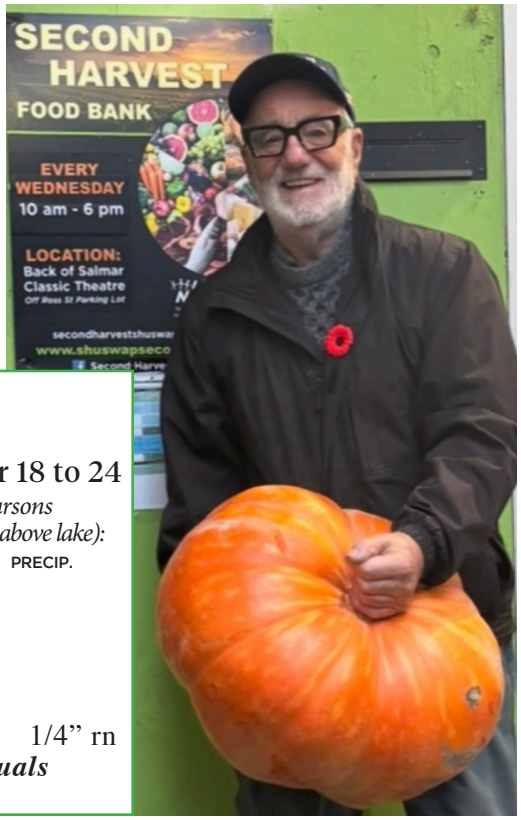
Interior health issued a recent drug alert for counterfeit tablet's sold as Dilaudid. Often sold as "Dilaudid", "dillies", or "hydromorphone" although it does not contain hydromorphone. Counterfeit Dilaudid contains isotonitazene, which is considered up to 50x stronger than fentanyl, and has a very high risk of overdose.

Fentanyl is a highly potent and addictive synthetic opioid analgesic that is estimated to be up to 100 times more potent than morphine. The effects of fentanyl are unpredictable. Users have no idea of the level of purity or the potency of what they take. When mixed with antidepressants, fentanyl is potentially lethal.

Cychlorphine is one of a new class of laboratory-made opioids known as orphines. Cychlorphine is rare now but may become more common. Cychlorphine is thought to be approximately 10x more potent than fentanyl. There are currently no test strips that work to detect cychlorphine.

If someone is experiencing an overdose or is witnessing an overdose, call 9-1-1. ■

> Besides recording the weather (below), Nick Parsons has donated an average of 350 lbs. (158 kg) of vegetables each week to Second Harvest over the past 18 weeks Valued at $9,000.



PAST TEMPS

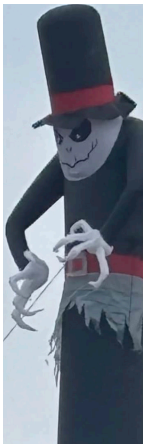
Past week, October 18 to 24

By weather reporter Nick Parsons
SW Gleneden, 458 m (119 m above lake):

DATE	HIGH	LOW	PRECIP.
Oct. 18	14	11	
Oct. 19	13	4	
Oct. 20	12	0	
Oct. 21	13	-1	
Oct. 22	14	4	
Oct. 23	13	2	
Oct. 24	8	1	1/4" rn

■ ***Lake level now equals lowest in ten years***



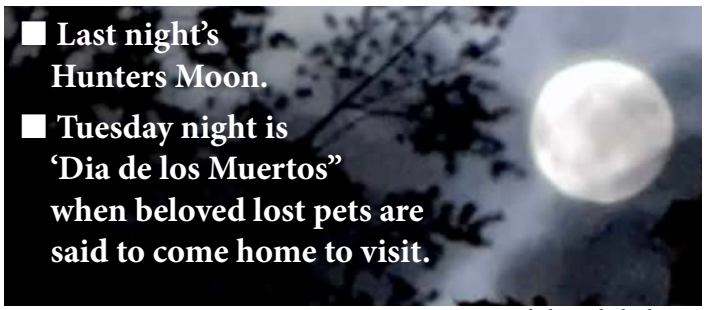


> Mayor Harrison is presented first poppy by Legion president Lance Ewan, and the Halloween character atop the Legion Hall.

9°/ 2°
Period of rains

SALMON ARM Oct. 27 Beat

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Chelsea Clark photo

To-do's

❍ **Silverbacks** Playing in West Kel. Fri, hosting West Kel, Sat.

❍ **Salmar Grand**
- *Heart of the Beast*
- *Street Fighter*
- *Whalefall* • *Clayface*
- *Wildwood*
- *Finding Emily, 4pm, Sat, Film Soc.*

❍ **Boo Bash,** 10-noon, Thursday, Shuswap Children's Association.

❍ **Treat Trail, Oct. 30** downtown after school. After the Treat Trail at 5 & 6 pm at Art Gallery, a shadow play by Runaway Moon: *Vasila & the Light.* For all ages.

❍ **Halloween treats,** 3-5pm, Oct. 31, Mall at Piccadilly. Plus contest.

❍ **Hannah & Nathan,** Oct. 27, house concert. Tix at homeroutes.ca

❍ **Jake Soberlak & Friends,** 7 pm, Thurs, Nexus at First. Jazz Club, by donation.

❍ **Live Metal bands,** 8pm, Thurs., Solid Urban studio including Broken Crow, Can't be Friends, Blessed Dead

❍ **Coco Jafro,** Oct. 31, Song Sparrow Hall, Celebrate Shuswap dance

❍ **Dopplebangers,** Oct. 31, Canooligans

❍ **Ducks in a Row** - info for seniors, 8:30-noon, Tues, Sicamous Seniors & 5:30-9pm, Nov. 5, Song Sparrow

SUPER EAR

Five-year-old Kennett Woodhurst has made it to the Quarter Final stage in Stan Lee's Super Kid Competition.

If he wins, Stan Lee narrative artists would create a comic book super hero based on Kennett, and invite him to Comic Con to meet other super hero fans. There is a cash prize as well.

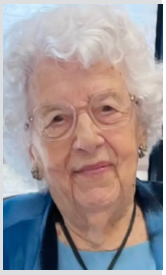
The Salmon Arm boy is deaf in one ear, and learned to love his hearing aid by designing it like his hero Spider-Man. He and his family call it "Super Ear".

The contest is a voting type competition, so go to the following link and let's have our whole community vote!

Go to - **https://thesuperkid.org/2026/kennett-c458**



> Kennett and his Super-Ear



Shirley Ehlers, organizer of the Women in Service convention in 1995; a longtime nurse; and owner of the Enchanted Forest in the 1970s with her late husband Hugh, passed away Oct. 20 at age 103.

Two dozen participants including a family of five Heckers played in the Tennis Club's Snowball Indoor Mixed doubles tournament on Sunday.

Gold Box champions, undefeated in all matches were Matt Rampton and Marianne VanBuskirk; Silver Box - The B-Ware team Brian and Barb Waring; Bronze Box - Rich and Cheryl Potter; and Copper Box - Cathy MacArthur and Sue Ford. $430 was raised for the club at the fun event.



11°/ 4°
Mix sun & cloud, maybe showers later

SALMON ARM Oct. 26 Beat

Be a frequent Fri-er, bookmark FriAM.ca



> I was in Victoria voting day - not to work, but a getaway with grandsons. We saw crows circling and cawing. They knew. I feel fairly certain that after such a stunning victory, the Party will find a way to make Lorne Doerksen's interim position permanent.

To-do's

❍ **Silverbacks** Two losses on weekend Trail 3-0, Canbrook 3-2 Playing in West Kel. Fri, hosting West Kel, Sat.

❍ **Salmar Grand**
- *Heart of the Beast*
- *Street Fighter*
- *Whalefall* • *Clayface*
- *Wildwood*
- *Finding Emily, 4pm, Sat, Film Soc.*

❍ **Boo Bash,** 10-noon,

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REWARDS & PUNISHMENT

■ **BC Conservatives**
63 seats/25 gain/48%

■ **BC NDP**
28 seats/ 21 loss/ 37.3%

■ **BC Green**
2 seats/ 0 loss/ 10.9%

■ *Other Party showings*
Centre BC 1.62%
OneBC 1.5%





> Premier Lorne Doerksen with his mom, Bev, and wife Shelley.. and with David Williams, left

It is all on David Eby. The now ex-premier made one of the worst gambles in BC political history - an unneccesary election in the middle of a civic election. For this grave mistake, the NDP were punished badly, and the BC Conservatives under Lorne Doerksen- who spent his teen years and 20s in Salmon Arm, were richly rewarded. ■

SHUSWAP-SALMON ARM

■ **David Williams**
BC Conservatives
15,421 • 54.78% ◗◗
Bonus two extra years

■ **Gloria Morgan**
BC NDP • 7,906 • 28%

■ **Jed Wiebe**
BC Green • 2,312 • 8.2%

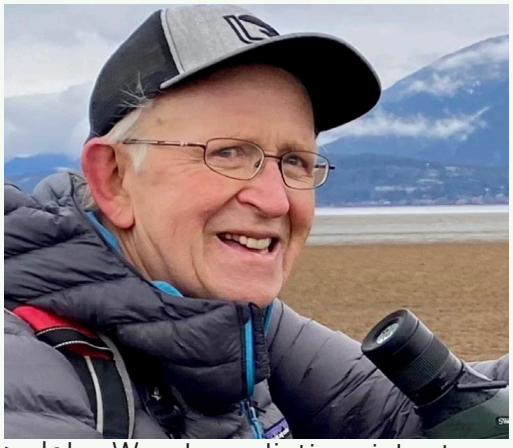
■ **Barbara Presch**
OneBC• 1,437 • 5.1%

■ **Denise Reimer**
CentreBC • 1,032 • 3.7%

Other Thompson-Okanagan ridings, plus Revelstoke & Kootenays

■ **BC Conservatives:**
• Vernon-Lumby - Kevin Acton • Kelowna Cntr - Kristina Loewen
• Kelowna Lake Country Coldstream - Parneet Singh
• Columbia River-Revelstoke - Scott McInnes
• Kel-Mission - Gaven Dewson • Kel.-Peachland - Caroline Elliot
• Kamloops North - Ward Stamer • Kamloops Centre - Peter Milobar
• Boundary-Similkameen -Donegal Wilson
• Penticton Summerland - Tracy St.Claire

■ **BC NDP:** • Kootenay Central -Brittny Anderson
• Kootenay Monashee - Steve Morissette



> John Woods, a distinguished retired zoologist, birder and writer/ photographer will also speak a the Naturalist Club's AGM, 7pm, Nov. 3 at SAS Sullivan Library.

Salmon Run follow-up

It is not just about the incredible sockeye story. Peter Baker and John Woods of the Shuswap Naturalists Club will lead a field outing this coming Sunday to talk about the birds, mammals and the fish that follow the Adams River Run.

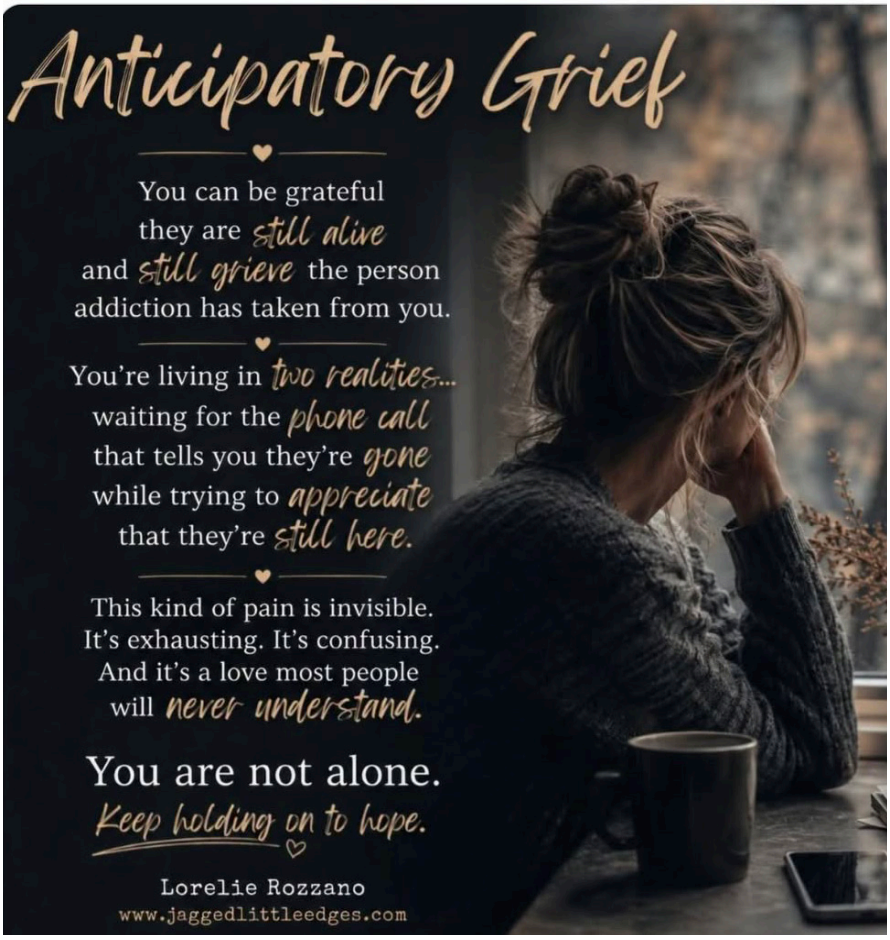
Timed at the end of the sockeye spawning run in Tsútswecw Provincial Park, the event will focus on the fish, birds and mammals of the Adams River, especially those feeding on the dead salmon and their eggs.

Participants will likley see scavenging birds, including several species of gulls, as well as Bald Eagles and American Dippers.

Meet at Junglemania parking lot at 8 am for car pooling or at Tsútswecw at 9 am.

❒ *Visit shuswapnaturalist.ca for more info.*

YARD WASTE COLLECTION, Oct. 26 • place on curb at 7am

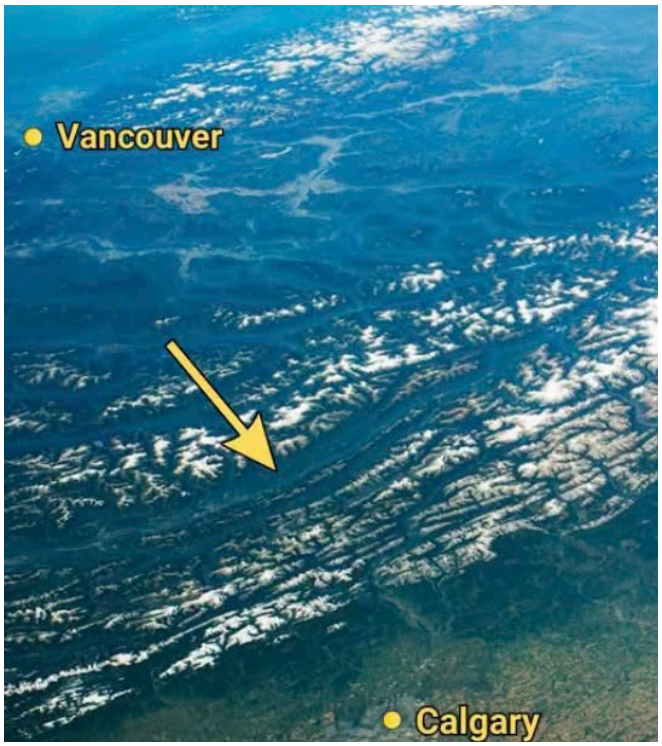


More invisible disabilities for better understanding



I figured there was something between the lines in the police report about about two drug overdoses over the last 24 hours that gave urgency about addiction and potent drugs on our streets. Here is an eye witness account and a heart wrenching meme that gives a human face to what is happening in our community..

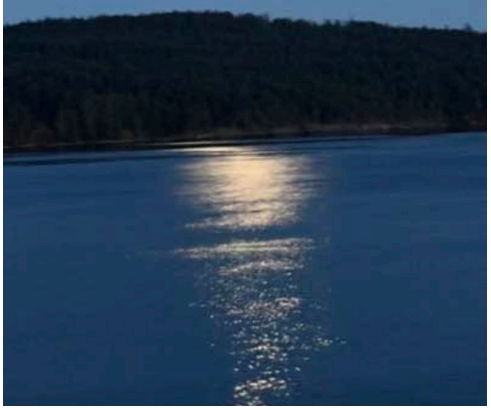
"On a walk to Starbucks. I saw a bike leaning up against a post around the intersection of the frontage road leading to the waterslides. Moments later a delivery van stopped a duty officer who rolled in for his coffee. A few of his colleagues followed. At that point, I could clearly see a body, the RCMP checked it out and an Ambulance arrived. The officers covered the body with a yellow tarp and used their vehicles to surround the body. A driver stopped and went to speak to the RCMP. The individual was handcuffed and patted down. Later, the same person was released and left the scene. The coroner arrived to remove the body. Then the police dispersed."

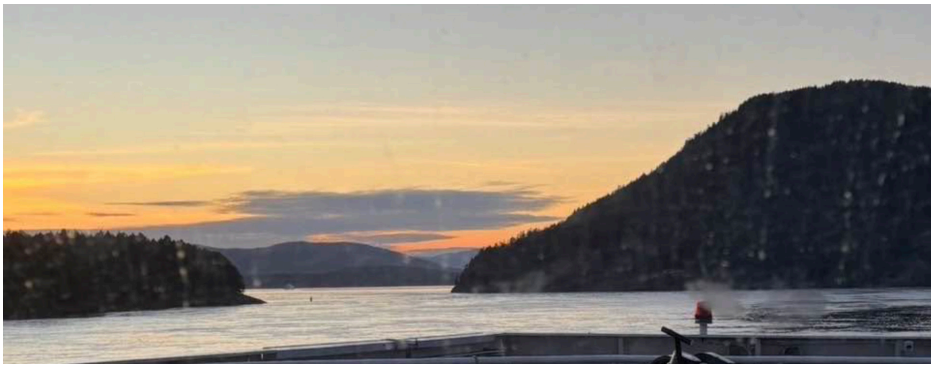


The Rocky Mountain trench seen from Space. I believe you can also see Shuswap Lake in this image.

Island Getaway

Took my grandsons for
a weekend getaway
... to Victoria
.. on Election day!



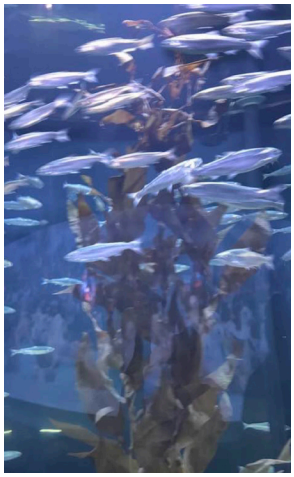












> Nothing like a much needed weekend getaway and bonding with your grandsons. The ferry ride on a moonlit night is always a highlight and almost as pricey as a hotel room. Activities included a visit to the aquarium in Sidney; (yes, that's a pumpkin in the tank and a swarm of salmon fingerlings), the city all decked out for Halloween; ominous crows circling the parliament dome on election day; and a car crash that shoved concrete barriers to the other side.



To-do's

- ❍ **Salute to Sockeye Festival,** all October
- ❍ **Pro-D Day,** Friday
- ❍ **Silverbacks** in Trail, Cranbrook, Fri & Sat
- ❍ **Salmar Grand**
  - *Heart of the Beast*
  - *Street Fighter*
  - *Whalefall* • *Clayface*
  - *Wildwood*
  - *Salt Path, 4pm, Sat*
- ❍ **Provincial election,** Saturday, JL Jackson
- ❍ **Valerie Rogers Art Show,** 10-4, Sat, 671 60 St SE
- ❍ **Presentation** on next year's community play, 7pm, Sat, Art Gallery
- ❍ **Spooktacular,** 5:30, Sat, Sun, Haney
- ❍ **Home show,** Oct 24, 25, Rec. Centre
- ❍ **Traditional Ethiopian dinner,** Oct 24, First United.
- ❍ **Icebreaker Funspiel,** Saturday, SA Curling
- ❍ **Ski Swap,** Sat., Gath.Place. Drop off , 7-10:45, Sale 11-2
- ❍ **EMCO harvest Festival,** 11-3, Sun, 1641 10th Ave. SW. Shuswap Paws fundraiser
- ❍ **Fall Fair,** Sat., Sorrento Hall.
- ❍ **Walk of Terror,** gates open 8, Sunday, Caravan Farm. Details & tix at caravanfarmtheatre.com

11°/ 1°
Sunny
Pro-D
Day

SALMON ARM Oct. 23 Beat

Be a frequent Fri-er, bookmark FriAM.ca

VOTE! the tool we have

> The next *Daily AM Beat* will be posted on Monday as I will be busy enjoying an Island adventure with my grandsons this weekend. Do make sure to vote!

OLD SCHOOL ADAPTABLE

There's a letter posted in this week's *Observer* expressing concern over the predominance of digital election information over print information where a large portion of the population traditionally draw information from.

I understand that. My love will always be for print newspapers, and I do hear from many of my 'boomer' generation sad for its demise and who have said they will not be able to read *AM* anymore, or at least not with the same satisfaction.

The thing is, online advertising revenue has grabbed an enormous slice of the pie away from print. Stats show that people are now drawing most of their news from sources like Facebook that are filled with misinformation - actually programmed to priorize content that draw controversial engagement.

Classified advertising that used to be the financial backbone of print newspapers has virtually disappeared. When I worked at the *Observer* in the mid-90s it was such a fat broadsheet paper that it had enough space for a long list of weekly bowling scores that barely changed from week to week. Big stores that used to buy weekly full pages are now exclusively online, if not swallowed up themselves by Amazon.

I continued printing *Friday AM* with the rising print costs, even losing money on some issues. Sadly, print newspapers are dying and trained journalists who were let go have no choice but to go *online only* via blogs or join excellent reliable sources like *Tyee.*

The few *Observer* reporters remaining must now write for both print and online, and work under a multi-media platform US-owned corporation.

They work hard in the best way possible with those decreasing resources, as did I.

The Observer dedicated a fair amount of print space to the election, with additional online content for those wishing more. I make no apology, because these are the times that we aging consumers and dedicated journalists are forced to live with. And frankly, 24 local candidates, and a BC vote thrown into the mix - it's been a lot to cover.

I am as old school as they come. The best my generation can do is learn the new technology so we can work to assure and insist that it is doing a proper job.

And if you have family or friends who do not own devices like iPads or phones, or find it difficult to navigate, perhaps help them out to read through digital content. That is why I made sure that FriAM.ca pages are easily printable.

Please vote thoughtfully for our future. ■

paid advertisements





To-do's

❍ **Salute to Sockeye Festival,** all October
❍ **Pro-D Day,** Friday
❍ **Silverbacks** in Trail, Cranbrook, Fri & Sat
❍ **Salmar Grand**
• *Heart of the Beast*
• *Street Fighter*
• *Whalefall*
• *Other Mommy**
* Ends Thursday
Opens Friday:
Clayface • *Wildwood*
Film Society, Sat:
• *The Salt Path*
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❍ **Valerie Rogers Nature & Wildlife Art Show,** 10-4, Sat, 671 60 St SE
❍ **Steve Mariner & Local Electric,** Thur, Song Sparrow.
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❍ **Home show,** Oct 24, 25, Rec. Centre
❍ **Traditional Ethiopian dinner,** Oct 24, First United. Tix at Lotto, Piccadilly
❍ **Mammography unit open house,** 5-8, Thur., hospital
❍ **Icebreaker Funspiel,** Saturday, SA Curling
❍ **Ski Swap,** Sat., Gath.Place. Drop off , 7-10:45, Sale 11-2
❍ **EMCO harvest Festival,** 11-3, Sun, 1641 10th Ave. SW. Shuswap Paws fundraiser
❍ **Fall Fair,** Sat., Sorrento Hall.
❍ **Walk of Terror,** gates open 8, Sunday, Caravan Farm. Details & tix caravanfarmtheatre.com

13°/ 3°
Mix of sun and cloud

SALMON ARM Oct. 22 Beat

Be a frequent Fri-er, bookmark FriAM.ca

Business to community

> SASCU celebrated its 80th year with $50,000 in grants to these community halls - Lakeview Centre, Blind Bay, Gleneden, Enderby Hub, Notch Hill, Silver Creek and Sorrento.

Thinking way out of economic slowdown



> Keynote speaker Gitane De Silva at Business Forum. World maps show China's rising dominance in world trade.

Gitane De Silva arrived from Alberta to Wednesday's Business Forum still wearing her Team Canada shirt.

The keynote speaker is a highly respected public policy leader, diplomat and strategist who recently served as CEO of the Canada Energy Regulator.

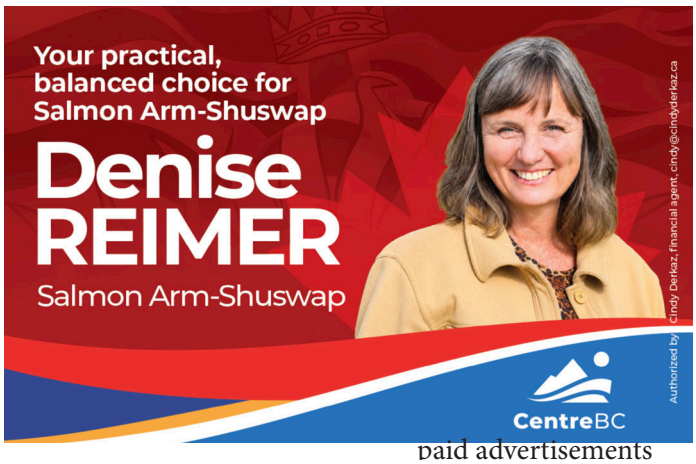
De Silva said the situation between the US and Canada is one that we need to strategically think our way through, more than fight.

She said BC is a key to expanding trade with Asia. Canada is targeted to double its non-US trade over the next ten years. Breaking down inter-provincial trade barriers will also prove to have great impact.

"This is a big moment for Canada", according to De Silva. Canada has all the energy and mineral resources that the rest of the world needs, and which the so-called 'Don-roe doctrine' believes it has rights to. She advised the room not to expect a return to how trade relations used to be.



> Disney's *Tomorrowland,* starring George Clooney, was released in 2015, 60 years after the opening of Disneyland's Tomorrowland. Largely filmed in the Enderby area it was the 13th biggest financial flop in movie history, losing $199 million.



paid advertisements

14°/ 4°
Mainly sunny

SALMON ARM Oct. 21 Beat

Be a frequent Fri-er, bookmark FriAM.ca

JUST BECAUSE YOU CAN'T SEE THE STRUGGLE DOESN'T MEAN IT'S NOT REAL.

INVISIBLE DISABILITY WEEK

Recognition of serious health conditions that are not immediately apparent, like... mental health issues, neurodiverence, chronic illness and pain, auto-immune disorders, sensory impairments and learning disabilities

To-do's

❍ **Business Forum,** Wed., Song Sparrow.
❍ **Salute to Sockeye Festival,** all October
❍ **Pro-D Day,** Friday
❍ **Silverbacks** in Trail, Cranbrook, Fri & Sat
❍ **Salmar Grand**
• *Heart of the Beast*
• *Other Mommy**
• *Street Fighter*
• *Whalefall*
* Ends Thursday
Opens Friday: *Clayface* • *Wildwood*
Film Society, Sat:
• *The Salt Path*
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❍ **Presentation** on next year's community play, 7pm, Sat, Art Gallery
❍ **Spooktacular,** 5:30, Sat, Sun, Haney Village
❍ **Home show,** Oct 24, 25, Rec. Centre
❍ **Traditional Ethiopian dinner,** Oct 24, First United. Tix at Lotto, Piccadilly
❍ **Mammography unit open house,** 5-8, Thur., hospital
❍ **Icebreaker Funspiel,** Saturday, SA Curling
❍ **EMCO harvest Festival,** 11-3, Sun, 1641 10th Ave. SW. Pet costume contest, food trucks, pumpkin painting. Fundraiser for Shuswap Paws
❍ **Ski Swap,** Sat., Gath.Place. Drop off , 7-10:45, Sale 11-2
❍ **Fall Fair,** Sat., Sorrento Hall.
❍ **Walk of Terror,** inspired by Edgar Allan Poe, gates open 8, Sunday, Caravan Farm. Details tix at caravanfarmtheatre.com



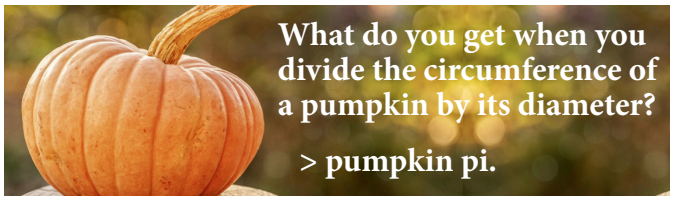
> Sunny skies, barren trees

PAST TEMPS

Past week, October 4 to 17

By weather reporter Nick Parsons
SW Gleneden, 458 m (119 m above lake):

DATE	HIGH	LOW	PRECIP.
Oct. 4	18	8	
Oct. 5	16	9	
Oct. 6	17	8	
Oct. 7	17	7	
Oct. 8	18	8	
Oct. 9	16	8	3/16" rn
Oct. 10	13	7	
Oct. 11	12	1	
Oct. 12	12	-1	
Oct. 13	13	4	
Oct. 14	17	6	
Oct. 15	16	4	
Oct. 16	18	4	
Oct. 17	19	6	







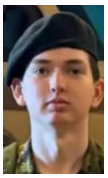
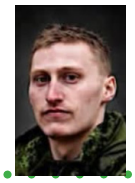
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76% yes to Canada

14°/ 2°
Sunny but cold in the morning

SALMON ARM Oct. 20 Beat

Be a frequent Fri-er, bookmark FriAM.ca

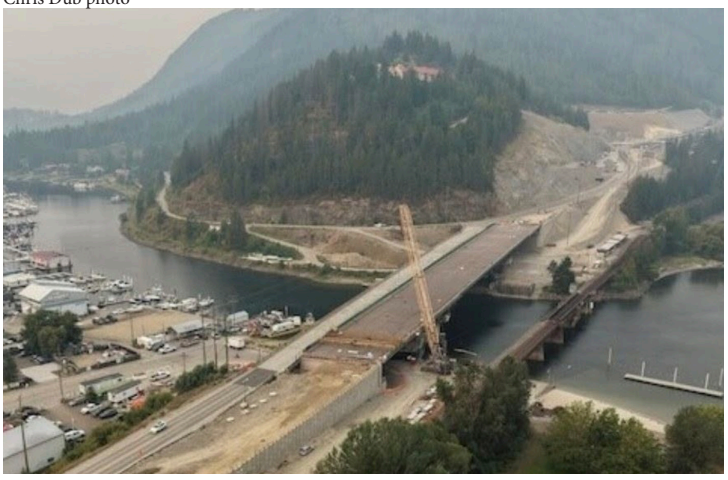
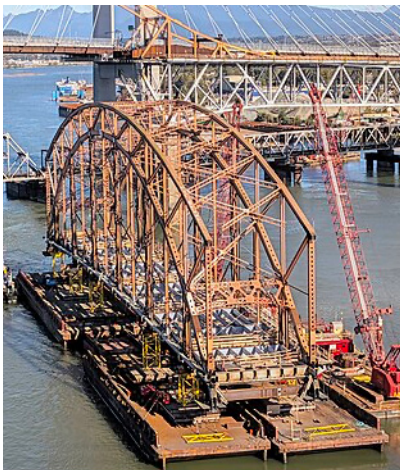

> All the Shuswap express heartfelt condolences for the four service men who perished and the many injured in the disastrous fire and explosion at the Wainwright army base Saturday.

To-do's

- **Salute to Sockeye Festival,** all October
- 'Backs in Cranbrook, & Trail next Fri & Sat
- **Salmar Grand**
  - *Heart of the Beast*
  - *Other Mommy*
  - *Street Fighter*
  - *Whalefall*

  Film Society, Sat:
  - *The Salt Path*
- **Provincial election,** Oct. 16-21, Rec. Cntre. Saturday, JL Jackson
- **Valerie Rogers Nature & Wildlife Art Show,** 10-4, Sat, 671 60 St SE
- **Steve Mariner & Local Electric,** Thur, Song Sparrow.
- **Presentation** on next year's community play, 7pm, Sat, Art Gallery 'Where in world are we exhibit
- **Business Forum,** Wed., Song Sparrow. See ad, right ◗◗.
- **Spooktacular,** 5:30, Sat, Sun, Haney Village
- **Home show,** Oct 24, 25, Rec. Centre
- **Traditional Ethiopian dinner,** Oct 24, First United. Tix at Lotto, Piccadilly
- **Ski Swap,** Sat., Gathering Place Drop off , 7-10:45 Sale 11-2
- **Mammography unit open house,** Thur. See on right ◗◗

Chris Dub photo

Traffic will be re-routed onto the new Bruhn Bridge in November and the Finlayson Street boat launch will be closed until March of next year while the old bridge is being dismantled. Full bridge closures continue from 9 to 3 Monday to Friday. Above right shows last week's dropping an iconic portion of the old Pattullo bridge onto a barge.



An Open House at the Mammography unit at Shuswap Lake Hospital is planned for 5 to 8 pm Thursday, Oct. 22. A special cheque presentation will take place shortly after 5 by the Friends Abreast Dragon Boat Team as a culmination of the Dress the Town Pink fundraising event this past month.





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To-do's

❍ **Salute to Sockeye Festival,** all October

❍ **Vernon 6, SA 2,** Fri. **Vernon 6, SA 4,** Sat. 'Backs in Cranbrook, & Trail next Fri & Sat

❍ **Salmar Grand**
- *Heart of the Beast*
- *Other Mommy*
- *Street Fighter*
- *Whalefall*

Film Society, Sat:
- *The Salt Path*

❍ **Tulua** Irish band, Mon., Gleneden Hall

❍ **Provincial election,** 8-8, Oct. 24 Advance Oct. 16-21 Recreation Centre

❍ **Steve Mariner & Local Electric,** Oct. 22, Song Sparrow.

❍ **Presentation** on next year's community play, 7pm, Oct. 24, Art Gallery 'Where in world are we exhibit

❍ **Witches broom making workshop,** Oct.20, Chances

❍ **Business Forum,** Oct. 21, Song Sparrow. See ad, right ◗◗.

❍ **Spooktacular,** 5:30, Oct 24, 25, Haney Village

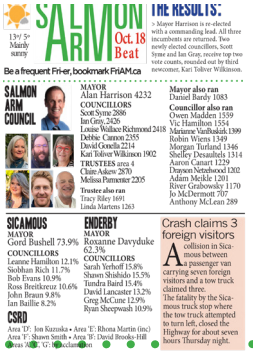
❍ **Home show,** Oct 24, Recreation Centre

❍ **Traditional Ethiopian dinner,** Oct 24, First United. Tix at Lotto, Piccadilly

13°/ 3° Mainly cloudy; clearing later

SALMON ARM Oct. 19 Beat

Be a frequent Fri-er, bookmark FriAM.ca


SALMON ARM Oct. 18 Beat

THE RESULTS:

SALMON ARM COUNCIL

MAYOR Alan Harrison 4232

COUNCILLORS Scott Syme 2686, Ian Gray, 2426, Louise Wallace Richmond 2418, Debbie Cannon 2355, David Gonella 2214, Kari Tolver Wilkinson 1902

TRUSTEES area 4 Claire Askew 2870, Melissa Pamenter 2205

Trustee also ran Tracy Riley 1691, Linda Martens 1263

Mayor also ran Daniel Bardy 1083

Councillor also ran Owen Madden 1559, Vic Hamilton 1554, Marianne Vanhalsdyk 1399, Robin Wiens 1349, Morgan Turland 1346, Shelley Desaulniers 1314, Aaron Canart 1229, Drayson Netherwood 1202, Adam Meikle 1201, River Grabowsky 1170, Jo McDermott 707, Anthony McLean 289

SICAMOUS MAYOR Gord Bushell 73.9%

COUNCILLORS Leanne Hamilton 12.1%, Siobhan Rich 11.7%, Bob Evans 10.9%, Ross Breitkreuz 10.6%, John Braun 9.8%, Ian Baillie 8.2%

ENDERBY MAYOR Roxanne Davyduke 62.3%

COUNCILLORS Sarah Yerhoff 15.8%, Shawn Shishido 15.5%, Tundra Baird 15.4%, David Lancaster 13.2%, Greg McCune 12.9%, Ryan Sheepwash 10.9%

CSRD

Crash claims 3 foreign visitors

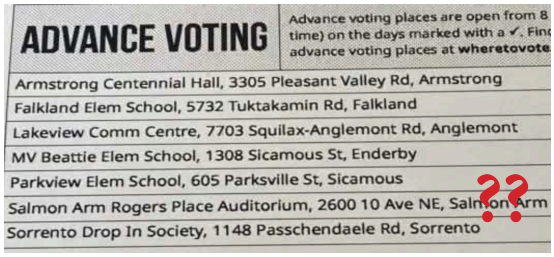
A collision in Sicamous between a passenger van carrying seven foreign visitors and a tow truck claimed three. The fatality by the Sicamous truck stop where the tow truck attempted to turn left, closed the Highway for about seven hours Thursday night.

Results are on the Oct. 18 AM Beat on Facebook or scroll down this page at FriAM.ca



NEAR MISS

A semi trucker averted a major crash at the Balmoral corner. This car suddenly stopped in front of him after a confused driver missed the left turn to Balmoral Rd. The trucker quickly swerved into the right lane behind the jeep.



Snap election, snap proofing

> Many citizens did the unthinkable on Saturday and voted in two elections on the same day. Advance voting for the Provincial election continues this week at the Recreation Centre. The card says "Rogers Place Auditorium, 2600 10 Ave. NE", but we all know where to really go: it's "SASCU Recreation Centre, 2500 10 Ave. NE"!



> Before and after 'The Tramp': Charlie Chaplin as a young man and as an old man at The Oscars.







paid advertisements

To-do's

❍ **Salute to Sockeye Festival,** all October

❍ **Vernon 6, SA 2,** Fri. **Vernon 6, SA 4,** Sat.

❍ **Salmar Grand**
- *Heart of the Beast*
- *Other Mommy*
- *Street Fighter*
- *Whalefall*

❍ **Horsedrawn Halloween,** Oct. 18 Caravan Farm

❍ **Tulua,** Oct. 19, Gleneden Hall

❍ **Rocktoberfest men's bonspiel,** Oct. 16-18, SA rink.

❍ **Gun Show & sale** Oct.17,18, Splatsin

❍ **Reino Run,** 10am, Oct. 18, Larch Hills.

❍ **Provincial election,** 8-8, Oct. 24 Advance Oct. 16-21

❍ **Steve Mariner & Local Electric,** Oct. 22, Song Sparrow.

❍ **Presentation** next year's community play, 7pm, Oct. 24, Art Gallery

❍ **Witches broom making workshop,** Oct.20, Chances

❍ **Business Forum,** Oct. 21, Song Sparrow. See ad, right ◗◗.

❍ **Spooktacular,** Oct 24, 25, Haney Village

❍ **Home show,** Oct 24, Recreation Centre

❍ **Ethiopian dinner,** Oct 24, First United

13°/ 5°
Mainly sunny

SALMON ARM Oct. 18 Beat

Be a frequent Fri-er, bookmark FriAM.ca

THE RESULTS:

> Mayor Harrison is re-elected with a commanding lead. All three incumbents are returned. Two newly elected councillors, Scott Syme and Ian Gray, receive top two vote counts, rounded out by third newcomer, Kari Toliver Wilkinson.

SALMON ARM COUNCIL















MAYOR
Alan Harrison 4232

COUNCILLORS
Scott Syme 2886
Ian Gray, 2426
Louise Wallace Richmond 2418
Debbie Cannon 2355
David Gonella 2214
Kari Toliver Wilkinson 1902

TRUSTEES area 4
Claire Askew 2870
Melissa Parmenter 2205

Trustee also ran
Tracy Riley 1691
Linda Martens 1263

Mayor also ran
Daniel Bardy 1083

Councillor also ran
Owen Madden 1559
Vic Hamilton 1554
Marianne VanBuskirk 1399
Robin Wiens 1349
Morgan Turland 1346
Shelley Desaultels 1314
Aaron Canart 1229
Drayson Netzelwood 1202
Adam Meikle 1201
River Grabowsky 1170
Jo McDermott 707
Anthony McLean 289

SICAMOUS

MAYOR
Gord Bushell 73.9%

COUNCILLORS
Leanne Hamilton 12.1%
Siobhan Rich 11.7%
Bob Evans 10.9%
Ross Breitkreuz 10.6%
John Braun 9.8%
Ian Baillie 8.2%

ENDERBY

MAYOR
Roxanne Davyduke 62.3%

COUNCILLORS
Sarah Yerhoff 15.8%
Shawn Shishido 15.5%
Tundra Baird 15.4%
David Lancaster 13.2%
Greg McCune 12.9%
Ryan Sheepwash 10.9%

CSRD

Area 'D': Jon Kuzuska • Area 'E': Rhona Martin (inc)
Area 'F': Shawn Smith • Area 'B': David Brooks-Hill
Areas 'A', 'C', 'G': by acclamation

Crash claims 3 foreign visitors

A collision in Sicamous between a passenger van carrying seven foreign visitors and a tow truck claimed three.

The fatality by the Sicamous truck stop where the tow truck attempted to turn left, closed the Highway for about seven hours Thursday night.





To-do's

❍ **Salute to Sockeye Festival,** all October
❍ **Library book sale** Fri, Sat, Piccadilly
❍ **Vernon 6, SA 2,** Fri. • In Vernon, Sat.
❍ **Salmar Grand**
• *Heart of the Beast*
• *Other Mommy*
• *Street Fighter*
• *Whalefall*
• *Macbeth opera, Sat.*
• *Father's shadow, Sat*
❍ **Horsedrawn Halloween,** Oct. 17, 18 Caravan Farm
❍ **Gleneden coffeehouse**, 7pm, Saturday
❍ **East Pointers**, Oct. 17, Song Sparrow
❍ **Tulua,** Oct. 19, Gleneden Hall
❍ **Fly Hills poker run,** Oct. 17
❍ **Rocktoberfest men's bonspiel,** Oct. 16-18, SA rink.
❍ **Gun Show & sale** Oct.17,18, Splatsin
❍ **Reino Run**, 10am, Oct. 18, Larch Hills.
❍ **TWO ELECTIONS**
• **Municipal**, Oct.17
• **Provincial**, Oct. 24 Advance Oct. 16-21
❍ **Business Forum,** Oct. 21, Song Sparrow. See ad, right ◗◗.
❍ **Witches broom making workshop,** Oct.20, Chances

14°/ 3°
Chance of showers

SALMON ARM Oct. 17 Beat

Be a frequent Fri-er, bookmark FriAM.ca

VOTING DAY

Civic election: 8-8, Saturday, 17th
5th Ave. 50+ Cntr. • N. Canoe School
Little Mt. Fieldhouse
Provincial Election, 8-8, 24th
Final voting day, Jackson Secondary
Advance voting, Oct. 16-21. *Cards should say 'SASCU Recreation Centre', **NOT** 'Rogers Place Auditorium' (!?)*



The current Netflix series, *Below,* portrays Newfoundland as quite charming and nuanced, despite the colossal squid that keeps terrorizing tourists and locals. One of my takeaways from this *gripping* story is about the "Come Home" event in Snooks Arm. What a fine idea for Salmon Arm. While we welcome the surviving sockeye every four years, why not a homecoming festival on those years for former residents? ■



> Snooks Arm looks a little like Salmon Arm, eh?

Halloween October '30'

MOLEHILLS
Lorne Reimer



If you think three big votes in a row - including Alberta's separatist referendum on Monday - are scary, Halloween is seriously creeping up right on the heels.

This year with the Treat Trail on Friday, October 30, we could end up doubling up with two nights of trick or treating. Not sure how that will all work itself out.

Anyway, KJ Taylor texted an interesting observation about the downtown treating event in Williams Lake. While visiting family there she learned that locals sponsor businesses on Halloween, by donating bags of candies to their favourite shops. Parents recognize the high cost for merchants, so this is their way to show support.

Not such a bad idea during these days of *scary* prices.

Another event that is happening exactly two months from now, Dec. 17 is the holiday train. Performers will be the Sam Roberts Band and Owen Griezling. ■







paid advertisements

15°/ 8°
Mainly sunny

SALMON ARM Oct. 16 Beat

Be a frequent Fri-er, bookmark FriAM.ca

■ All candidates for the Salmon Arm Election have been interviewed and are airing on...

Voice of the Shuswap • 93.7 FM
Audio at **voiceoftheshuswap.ca**
Two Provincial candidate interviews are now also up on website with more to come by the weekend.

To-do's

❍ **Salute to Sockeye Festival,** all October at Tsutswecw Prov. Park

❍ **Silverbacks** Hosting Vernon Friday & in Vernon Saturday

❍ **Salmar Grand**
- *Heart of the Beast*
- *Other Mommy*
- *Street Fighter*
- *Whalefall*
- *Macbeth opera, Sat.*
- *Father's shadow, Sat*

❍ **Horsedrawn Halloween,** Oct. 17, 18 Caravan Farm

❍ **Coffeehouses** Enderby, Fri, Gleneden, Sat

❍ **East Pointers,** Oct. 17, Song Sparrow

❍ **Tulua,** Oct. 19, Gleneden Hall

❍ **Fly Hills poker run,** Oct. 17

❍ **Rocktoberfest men's bonspiel,** Oct. 16-18, SA rink.

❍ **Gun Show & sale** Oct.17,18, Splatsin

❍ **Reino Run,** from 10am, Oct. 18, Larch Hills. 2.5 km under 16; 8.5km adult

❍ **TWO ELECTIONS**
- **Municipal,** Oct.17
- **Provincial,** Oct. 24 Advance Oct. 16-21

❍ **Where in world are we?,** Art Gallery,

❍ **Witches broom making workshop,** Oct.20, Chances

Plenty of choices for the next team

8 to 8, Saturday at..
5th Ave. 50+ Centre
North Canoe School
Little Mt. Fieldhouse
Bring two ID's

Councillor Candidates **PICK SIX**



Mayoral Candidates **PICK ONE**



Trustee Candidates **PICK TWO**



> Top row l-r: Debbie Cannon (inc), Shelley Desautels, David Gonella (inc), River Grabowky, Ian Gray, Scott Syme, Kari Toliver Wilkinson, Morgan Turland

> Above row l-r: Louise Wallace Richmond (inc), Drayson Netzelwood, Marianne VanBuskirk, Owen Madden, Jo McDermott, Adam Meikle, Aaron Canart, Vic Hamilton, Anthony McLean, Robin Wiens

> **Mayor:** Alan Harrison (inc), OR Daniel Bardy

> **Trustee** (2): Claire Askew, Linda Martens, Melissa Parmenter, Tracy Riley (no incumbents)

NEIGHBOURING TOWNS

> **ENDERBY** · **Mayor:** Huck Galbraith (inc) Roxanne Davyduke & Dave Ramey (inc. councillors) **Councillor:** Tundra Baird, Shawn Shishido & Sarah Yerhoff (incumbents); David Lancaster, Greg McCune, Jill Meyer, Lynn Sherhand, Ryan Sheepwash.

> **SICAMOUS** · **Mayor:** Colleen Anderson (inc), Gord Bushell (inc. councillor) • **Councillor:** Ian Baille, Bob Evans, Malcolm Makayev (incumbents); John Braun, Ross Breitkreuz, Mike Day, Sheila Devost, Leanne Hamilton, Ken Malin, Gregory Ogston, Siobhan Rich, Kyre Dawn Smith, Greig Stephenson

GUN SHOW & SALE
October 17 & 18, 2026
SATURDAY 9 am - 5 pm & SUNDAY 9 am - 3 pm



NEW LOCATION! Splatsin Community Centre
5767 Old Vernon Rd, RD RR3, Enderby BC

Salmon Arm FISH & GAME CLUB

Admission: Adults $10 ea
Children 12 & under FREE

ATM On Site • FREE Parking





paid advertisements

16°/ 5°
Mix of sun & cloud

SALMON ARM Oct. 15 Beat

Be a frequent Fri-er, bookmark FriAM.ca

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Voice of the Shuswap • 93.7 FM
Audio at **voiceoftheshuswap.ca**
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To-do's

❍ **Salute to Sockeye Festival,** all October at Tsutswecw Prov. Park
❍ **Silverbacks** Hosting Vernon Friday & in Vernon Saturday
❍ **Salmar Grand**
• *Digger** • *Verity**
• *Heart of the Beast*
• *Other Mommy*
* *last night Thursday*
• *Street Fighter & Whalefall open Fri.*
• *Macbeth opera, Sat.*
• *Father's shadow, Sat*
❍ **Aretha Tillotson,** Oct. 15, jazz club, Nexus at First
❍ **Horsedrawn Halloween,** Oct. 17, 18 Carvavan Farm
❍ **Coffeehouses** Enderby Fri, Gleneden Sat
❍ **East Pointers**, Oct. 17, Song Sparrow
❍ **Tulua,** Oct. 19, Gleneden Hall
❍ **Fly Hills poker run,** Oct. 17
❍ **Rocktoberfest men's bonspiel,** Oct. 16-18, SA rink.
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❍ **TWO ELECTIONS**
• **Municipal**, Oct.17
• **Provincial**, Oct. 24
Advance Oct. 16-21
❍ **Where in world are we?,** Art Gallery,
❍ **Witches broom making workshop,** Oct.20, Chances

Customer's beef over her steak heats up

A 51-year-old woman reported she was pushed out of a local restaurant and wanted charges.

At the same time police received another report of a disturbance involving the same woman. Salmon Arm RCMP report they attended the restaurant and learned that the woman was upset about a steak that was not how she wanted it.

"The woman became irate and began yelling and swearing at an employee, which resulted in her being asked to leave the restaurant. The woman continued to yell at staff when another customer stepped in and provided some extra guidance by escorting her out by the arm."

Police say the woman was not injured and there was no intent to assault her. She was advised that charges would not be happening, and she was no longer welcome in the restaurant.

❍ ❍ ❍

RCMP attempted to stop a black BMW 320i that had no head lights on at 10:20 pm on 11th Ave. NE. "Once the emergency lights were activated the vehicle fled at a high rate of speed.

Police were unable to locate the vehicle again but did note the licence plate prior to it fleeing," said RCMP spokesman. Cst. Andrew Hodges.

The 32-year-old male registered owner was later issued violation tickets for failure to stop, no insurance, driving without lighted lamp, and speeding. His fines totalled over $900. ■



> Liam Healy captured this stunning image of Salmon Arm on return home from Italy on Oct. 1



16°/ 5°
Few showers, increasing cloudiness

SALMON ARM Oct. 14 Beat

Be a frequent Fri-er, bookmark FriAM.ca



SOCKEYE
LIFECYCLE
EAGLES
TOURISTS
BEARS



To-do's

❍ **Salute to Sockeye Festival,** all October at Tsutswecw Prov. Park

❍ **Silverbacks** Sherwood 5, SA 4 OT SA 2, Langley 0 SA 4 P. George 1 Hosting Vernon Friday & in Vernon Saturday

❍ **Salmar Grand**
- *Digger*
- *Verity*
- *Heart of the Beast*
- *Other Mommy*
- *Macbeth opera, Sat.*
- *Father's shadow, Sat*

❍ **Dress the Town Pink,** Oct. 1-15

❍ **Aretha Tillotson,** Oct. 15, jazz club, Nexus at First

❍ **Horsedrawn Halloween,** Oct. 17, 18 Carvavan Farm

❍ **Coffeehouses** Enderby Fri, Gleneden Sat

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❍ **Tulua,** Oct. 19, Gleneden Hall

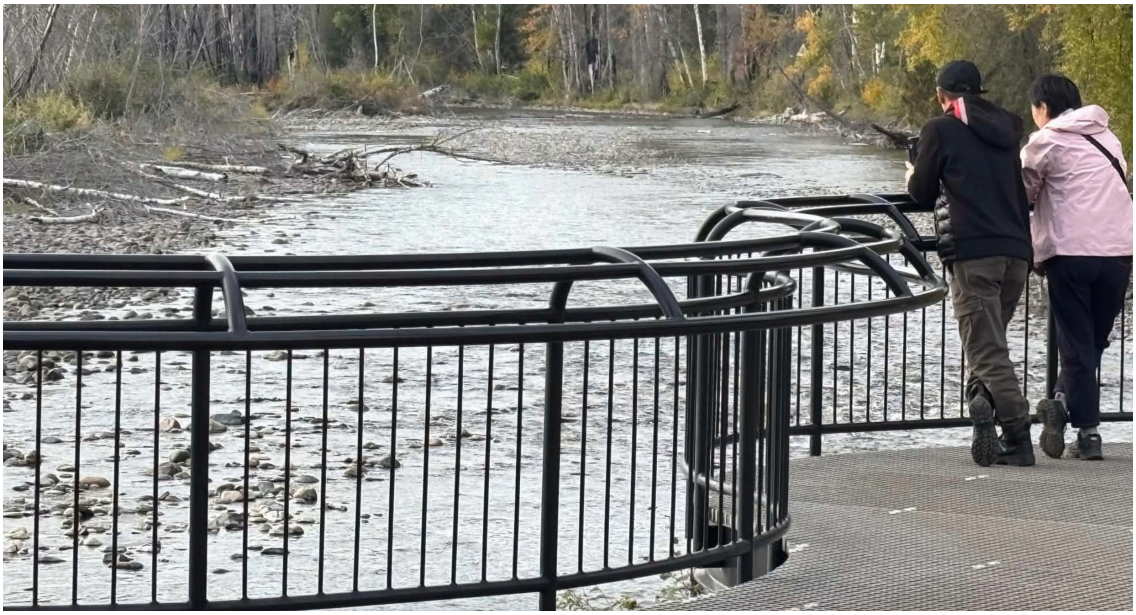
❍ **Fly Hills poker run,** Oct. 17

❍ **Rocktoberfest men's bonspiel,** Oct. 16-18, SA rink.

❍ **TWO ELECTIONS**
- **Municipal**, Oct.17 Advance voting today
- **Provincial**, Oct. 24 Advance Oct. 16-21

❍ **Where in world are we?,** Art Gallery,

❍ **Witches broom making workshop,** Oct.20, Chances





Spirit Fire will burn as a symbol to welcome the salmon back to Adams River where they were born four years ago. It has been blessed in a welcome ceremony and will burn until October 25



INCREDIBLE JOURNEY

The Adams River sockeye travel down the Fraser to the Pacific and then back again to spawn, then die.



Total in the Fraser River
1/3 - 2/3 end up in the Adams River

PSC FRP Web 1
Run Status and Escapement

2026 Run status of Fraser sockeye and pink salmon

Date: Oct. 2, 2026

Week of: Sep. 27 - Oct. 3, 2026	Sockeye				
	Management Group				Total
	E.Stuart	E.Summer	Summer	Late	Fraser
Mission passage (includes Pitt, Alouette, Coquitlam) [1]	45,900	195,700	1,372,800	264,000	1,878,400
Catch downstream of Mission	100	14,600	132,800	49,600	197,100
Accounted run-to-date	46,000	210,300	1,505,600	313,600	2,075,500
Adopted In-season run size [2]	**46,000**	**220,000**	**1,750,000**	**1,000,000**	**3,016,000**
Preseason run size	62,670	1,163,680	4,304,780	2,212,260	7,743,390
Area 20 timing adopted in-season	**1-Jul**	**2-Aug**	**10-Aug**	**7-Aug**	
Area 20 timing expected pre-season	4-Jul	3-Aug	13-Aug	20-Aug	

[1] Run sizes are usually not adopted until after the peak of the run has passed through marine test fishery areas in Juan de Fuca and Johnstone straits.

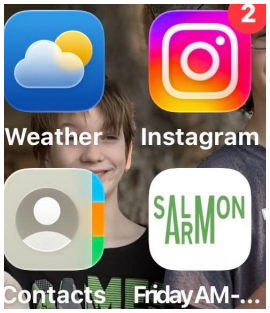
salmonsociety.com

shuswappassion.ca/shuswap/this-years-adams-river-salmon-run-forecast-to-collapse

12°/ 5°
Sun/cloud, evening shower

SALMON ARM Oct. 13 Beat

Be a frequent Fri-er, bookmark FriAM.ca



To bookmark **FriAM.ca** on your cell phone screen:
- Open Safari and go FriAM.ca
- Tap on 'share' icon at bottom of screen (Click dots to open)
- Tap on 'Add bookmark'
- Tap on 'Save' to confirm

To-do's

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❍ **Silverbacks** Sherwood 5, SA 4 OT
SA 2, Langley 0
SA 4 P. George 1
Hosting Vernon Friday & in Vernon Saturday

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- *Verity*
- *Heart of the Beast*
- *Other Mommy*
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- **Municipal,** Oct.17 Advance voting today
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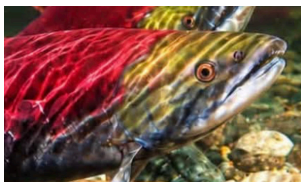
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❍ **Witches broom making workshop,** Oct.20, Chances

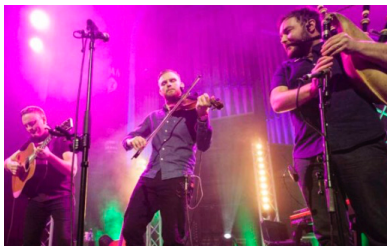
Don't get distracted from voting, however..















> The first of two Saturday votes happen this week (advance vote today too), but, in the meantime, there are plenty of entertaining distractions. Match the distracting image, above with the distracting item on the To-do's list on the left. Have fun .. and vote.

SHOUT-OUT!

I want to give a huge shout out to our hospital! I was recently admitted to Emerg, followed by a 3-day hospitalization. I'm so appreciative of the expert care from medical and hospital staff. We're so fortunate to have these caring and skilled professionals dedicated to timely treatment. This for sure made my Thanksgiving 2026 … definitely with gratitude! ~ *Tim Lavery*

paid advertisement



The FriAM.ca Song

Sung to the tune of "Y.M.C.A."

People!
There's a site you can go
People!
You don't need any dough
If you go there,
I'm sure you will find
Some ways to feed your mind

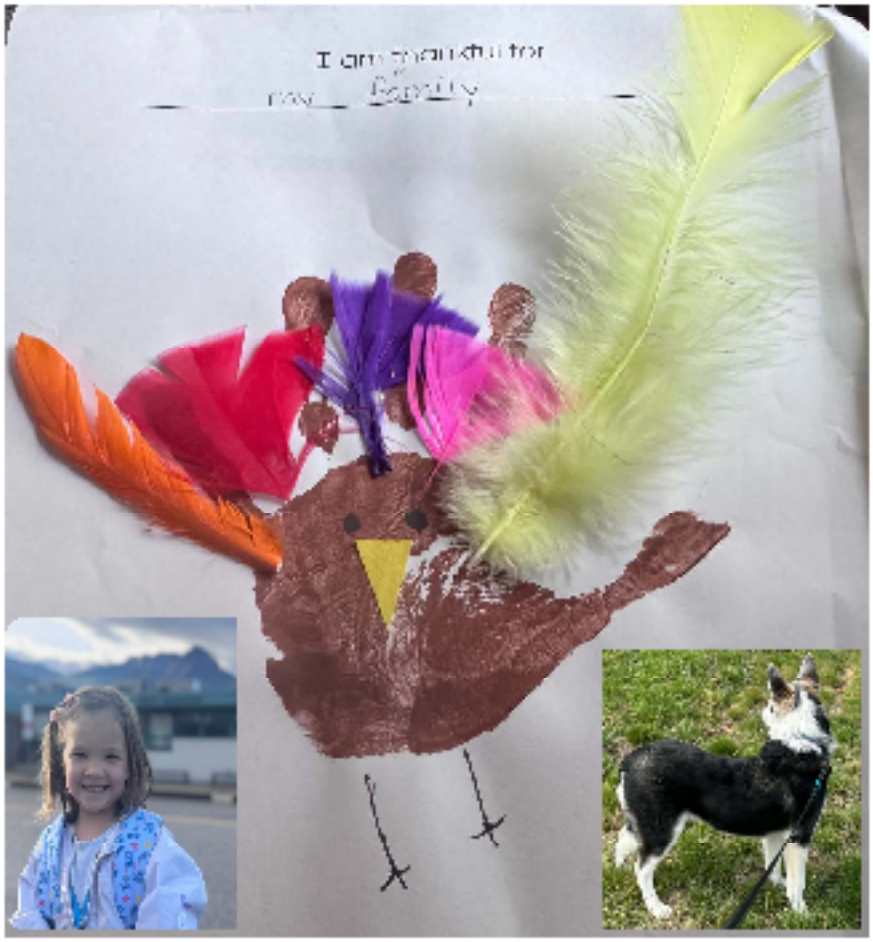
You can read it at... FriAM.ca!
It's fun to read it at... FriAM.ca!
Has lots in it,
you will never get bored
How many goals
those Silverbacks scored
It's fun to read at... FriAM.ca!
It's fun to hang out at.. FriAM.ca!
News of the Shuswap,
what's the big deal?
Have a good laugh
over your next meal

People! Are you listening to me?
I said, people!
What do you want it to be?
I said, people! It's your community!
But you've got to know this one thing
This town.. is built by us all,
I said, together!
Put your pride on the shelf
And just go there to FriAM.ca
You can write stuff and email it today

You can read it at.. FriAM.ca!
It's fun to go to.. FriAM.ca!
Has things in it, you don't want to miss
Go check out your favourite columnist
You can read it at.. FriAM.ca
It's fun hanging out at fricking FriAM.ca
News of the Shuswap,
what's the big deal?
Have a good laugh over your next meal.



Dog ate the Thanksgiving picture



I always wanted to say "the dog ate my homework" back in the days when I went to school. I suppose it would have helped if I had a dog though.

In the case of granddaughter, Sofia, her dog ate the homework that she brought back from kindergarten on Friday.

Her art piece was all ready to slap on the fridge door when Rocco got to it. Sofia was mightily annoyed, but thankfully, a photo was taken before the deed was done.

Anyway, Rocco is a fine pup that I get to regularly walk. No matter how far we walk, I have never had to fill a bag yet. She always waits until she's home she she can unload at her familiar smells.

Sofia, Rocco and I wish you all a very happy Thanksgiving!

12°/ 2°
Mainly sunny.

SALMON ARM Oct. 12 Beat

Be a frequent Fri-er, bookmark FriAM.ca



> When only plane toast lands on your table on Thanksgiving. Bread puns happen when you yeast expect it.

To-do's

❍ **Salute to Sockeye Festival,** all October at Tsutswecw Prov. Park
❍ **Thanksgiving** today
❍ **Silverbacks** Sherwood 5, SA 4 OT SA 2, Langley 0 SA? P. George?, Mon. Hosting Vernon Friday & in Vernon Saturday
❍ **Salmar Grand**
• *Digger* • *Verity*
• *Heart of the Beast*
• *Other Mommy*
• *Macbeth opera, Sat.*
❍ **Council,** Tuesday.
❍ **Dress the Town Pink,** Oct. 1-15
❍ **Aretha Tillotson,** Oct. 15, jazz club, Nexus at First
❍ **Coffeehouses** Enderby Fri, Gleneden Sat
❍ **East Pointers**, Oct. 17, Song Sparrow
❍ **Tuola,** Oct. 19, Gleneden Hall
❍ **Fly Hills poker run,** Oct. 17
❍ **Men's bonspiel,** Oct. 14-18, SA rink.
❍ **TWO ELECTIONS**
• **Municipal**, Oct.17 Advance. Oct. 13
• **Provincial**, Oct. 24 Advance Oct. 16-21
> **Wildlife photographer,** 7pm, Oct. 12, Fifth Ave Centre
❍ **Where in world are we?,** Art Gallery, ongoing to November
❍ **Witches brooms,** Oct.20, Chances

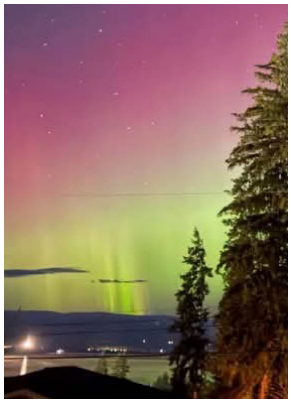




Old schools

> Two historic schools - one now privately-owned, offering offices, child care, community space and soon upper floor apartments. The other, JL Jackson Secondary, the former SAS, now sporting a new paint job - bright white with blue trim.

> I like the new colour on JL Jackson. It has been pale yellow long before I first rolled into town when there was a big chunk taken out of the corner from a truck that plunged off the 2-lane highway.



> Northern lights over the Shuswap. Posted on FB by Serenity Rose

Salmon Arm RCMP Quarterly Crime Statistics
July to September

CRIME CATEGORIES	CITY Q3 2025	CITY Q3 2026	RURAL Q3 2025	RURAL Q3 2026
Homicide / Attempted Homicide	0	2	0	0
Assaults	39	22	13	6
Sexual Offences	1	8	1	0
Robbery	0	0	0	0
Auto Theft	22	9	5	8
Break and Enters	8	10	1	3
Theft From Motor Vehicle	5	7	1	0
Drug Investigations	6	13	0	2
Motor Vehicle Collisions	45	44	25	10
Motor Vehicle Collisions W Fatality	1	0	1	2
Impaired Driving - CC	6	15	0	4
Impaired Driving - MVA (IRPs)	7	4	1	1
TOTAL PERSONS/VIOLENT CC	69	56	28	21
TOTAL PROPERTY CC	181	181	40	46
TOTAL OTHER CC	109	85	18	13
TOTAL CRIMINAL CODE (CC)	359	322	86	80

TOTAL CALLS FOR SERVICE	1798	1739	539	545

COMMUNITY	CITY Q3 2025	CITY Q3 2026	RURAL Q3 2025	RURAL Q3 2026
Files with youth negative contacts	3	9	1	1
Mental Health Related Calls	144	159	32	45
Files involving Alcohol / Drugs	324	278	63	67
Domestic Violence	14	11	14	11

14°/ 1°
30%
chance of
showers

SALMON ARM Oct. 10 Beat

Be a frequent Fri-er, bookmark FriAM.ca





9-1, Saturday, Oct. 10
Ross St. Plaza
Mobile juicing, apple crafts, tasting, storytelling, varieties

To-do's

❍ **Salute to Sockeye Festival,** starts today and continues all Oct. This is a dominant run

❍ **Apple Fest,** Oct.10 Ross St. plaza. Tasting, juicing, Crafts.

> **Thanksgiving weekend,** Oct. 10-12

❍ **Silverbacks,** in Alberta, Oct. 9, 11, 12

❍ **Salmar Grand**
• *Digger* • *Verity*
• *Heart of the Beast*
• *Other Mommy*
Film society Saturday:
• *Primavera*

❍ **Dress the Town Pink,** Oct. 1-15

> **Sunnybrae Coffeehouse,** Oct. 10

❍ **Piccadilly Mall Anniversary events,** 11-3, Saturday ◗◗

❍ **TWO ELECTIONS**
• **Municipal,** Oct.17
Advance. Oct. 13
• **Provincial,** Oct. 24
Advance Oct. 16-21

> **Linda Sue Wilson** Oct. 10, Setters

> **Amateur boxing** Oct. 10, Song Sparrow Whizbang hosting Interior Series #4 with boxers from AB & BC

> **Wildlife photographer,** 7pm, Oct. 12, Fifth Ave Centre

❍ **Where in world are we?,** Art Gallery, ongoing to November Workshop 1-4, Sat.



Decoration by Barbara Hobart



> Dress the Town Pink continues all October. Buy pink ribbons and pins on Saturday at the Farmers Market, Westgate, Piccadilly, the Legion and some shops. Ladies on the left from Friends Abreast are: Margaret Hinchliff, Helen Hall, Gwen Phillips, Leanne Brintnell and Liz Burdeniuk



> This is definitely not an endorsement of any political Party. It's a throwback to a *SA Observer* 'party' back in the 1990s with Curt Duddy, publisher, and Lorne Doerksen, now leader of one of the BC parties, hamming it up as the Blues Brothers.



13°/ 8°
A few showers

SALMON ARM Oct. 9 Beat

Be a frequent Fri-er, bookmark FriAM.ca



To-do's

❍ **Salute to Sockeye Festival,** starts today and continues all Oct. This is a dominant run

❍ **Apple Fest,** Oct.10 Ross St. plaza. Tasting, juicing, Crafts.

> **Thanksgiving weekend,** Oct. 10-12

❍ **Silverbacks,** in Alberta, Oct. 9, 11, 12

❍ **Salmar Grand**
• *Digger* • *Verity*
• *Heart of the Beast*
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❍ **Dress the Town Pink,** Oct. 1-15

> **Sunnybrae Coffeehouse,** Oct. 10

❍ **Piccadilly Mall Anniversary events,** 11-3, Saturday ◗◗

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> **Linda Sue Wilson** Oct. 10, Setters

> **Amateur boxing** Oct. 10, Song Sparrow

> **Wildlife photographer,** 7pm, Oct. 12, Fifth Ave Centre

> **Mozi Bones,** 7pm, Friday, Nexus Village Rm (United Church)

❍ **Where in world are we?,** Art Gallery, ongoing to November Workshop 1-4, Sat.

NFL LEGENDS COMING TO TOWN

A Salmon Arm-based technology company that links secure play-calling from coaches on the sidelines to players on the field has been sold to a former NFL star Robert Griffith.

Lance Heron, CEO of Armilla Technology, said that part of the deal will bring 18 legends from the NHL to lead a football sports camp in Salmon Arm and Vernon on the May long weekend.

Blackburn Park will host this international sporting event, tentatively on May 20, 2027.

Heron who resides in Silver Creek, developed the technology after suffering a serious injury working in law enforcement.

His technology is being used by several leagues, including Football Canada, The BC Football Conference and several college baseball teams.

Players receive information from coaches on a wristpiece.

Heron is planned to remain a spokesperson and figurehead for the company with plans to integrate the technology into major sports leagues like the NFL and MLB.

❒ More at **globalgridiron.org**



> Lance Heron



> About 80 bikes took part in the inaugural Hidden Hill Rally Toy Run in support of Second Harvest.There was a massive haul of toys, plus $2,050 from registrations/cash donations and $780 from the barbecue. Well done all the volunteers, sponsors and participants!



19°/ 9°
Mix of sun & cloud

SALMON ARM Oct. 8 Beat

Be a frequent Fri-er, bookmark FriAM.ca

PAST TEMPS

Sept. 27 to Oct. 3 • by weather reporter Nick Parsons

DATE	HIGH	LOW	PRECIP.
Sept. 27	15	4	
Sept. 28	16	6	1/16" rn
Sept. 29	14	9	
Sept. 30	16	6	
Oct. 1	14	4	trace
Oct. 2	13	9	3/16" rn
Oct. 3	17	10	



> September: Rainfall 1 3/4" • Mean Av. high 20C; low 10C

To-do's

❍ **Silverbacks,** in Alberta, Oct. 9, 11, 12

❍ **Salmar Grand**
• *Digger* • *Verity*
• *Heart of the Beast*
• *Forgotten Island**
**ends Thur.*
Film society Saturday:
• *Primavera*
Starts Friday:
• *Other Mommy*

❍ **Piccadilly Mall Anniversary events,** 11-3, Saturday ◗◗

❍ **Dress the Town Pink,** Oct. 1-15

❍ **Salute to Sockeye Festival,** starts Oct. 9

❍ **Apple Fest,** Oct.10 Ross St. plaza. Tasting, juicing, Crafts.

> **Coffeehouses** - Sunnybrae, Oct. 10

❍ **TWO ELECTIONS**
• **Municipal,** Oct.17 Advance. Oct. 7, 13
• **Provincial,** Oct. 24 Advance Oct. 16-21

> **Thanksgiving weekend,** Oct. 10-12

> **Linda Sue Wilson** Oct. 10, Setters

> **Amateur boxing** Oct. 10, Song Sparrow

> **Wildlife photographer,** 7pm, Oct. 12, Fifth Ave Centre

> **Mozi Bones,** 7pm, Friday, Nexus Village Rm (United Church)

> **Gaza Protest,** Thurs morn, McGuire Lake

❍ **Where in world are we?,** Art Gallery.

TRUSTEE CANDIDATES (pick 2)

■ Claire Askew



Claire is a mother of three elementary school age children and community basketball coach at Bastion and SMS. With roots in Salmon Arm and years in Vancouver, she has a Masters degree from SFU and worked five years as an instructor at Native Education College. She wishes to move forward with a city centre school and develop "bell-to-bell no cell" policy, and make it safer inside and outside of school.

■ Linda Martens



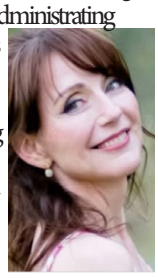
Linda is a retired Canadian Forces Captain CD, School District 27 Cariboo Chilcotin Trustee, and the Regional Mentor working with the BC Association of Community Response Networks (BC CRN) for the Columbia Shuswap communities after relocating to Salmon Arm. She is a staunch advocate against abuse and neglect to ensure equity and fairness for all.

■ Melissa Parmenter



Melissa has served on PAC the past 15 years, as president, vice president, secretary and treasurer at the different schools her kids have attended. Her involvement in DPAC has meant sitting on School Board Advisory Committees such as budget and hiring and bringing those parent voices and those concerns to the table. Bookkeeping work at Churches Thrift Shop also added to her experience with budgets.

■ Tracy Riley



Tracy has served over two decades teaching and administrating that includes co-director of an engineering company and Associate Dean at Okanagan College. She said this has prepared me to address complex challenges in fiscal governance, strategic planning, hiring and staff support, student achievement and advocacy, grief and loss support, major technological disruptions, and infrastructure planning.

■ Go to voiceoftheshuswap.ca for candidate interviews.



First things first

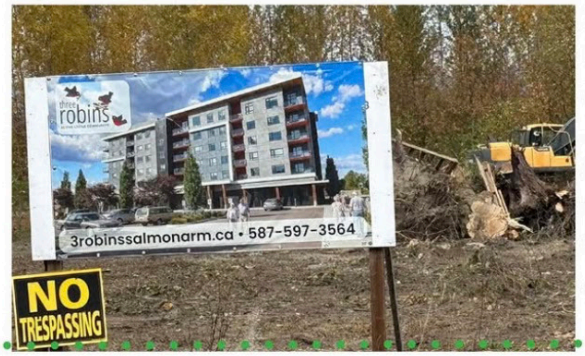
> Workers removed hazardous material on the rear addition of the century old municipal building on Hudson to become new offices for the Community Foundation. This section of the building will be demolished as part of the renovation project.



19°/ 7°
Mainly sunny

SALMON ARM Oct. 7 Beat

Be a frequent Fri-er, bookmark FriAM.ca



> Work has started on the 3 Robins seniors complex on 10th Ave. SW

To-do's

- **Silverbacks 6,** Playing in Alberta, Oct. 9, 11, 12
- **Salmar Grand**
  Digger
  Verity
  Heart of the Beast
  *Forgotten Island**
  ends Thur.
  Film society Saturday:
  Primavera
  Starts Friday:
  Other Mommy
- **Where in the world are we?,** Art Gallery. A must see!
- **Dress the Town Pink,** Oct. 1-15
- **Salute to Sockeye Festival,** starts Oct. 9
- **Apple Fest,** Oct.10 Ross St. plaza. Tasting, Tuicing, Crafts.
- **Coffeehouses -** Sunnybrae, Oct. 10
- **TWO ELECTIONS**
  Municipal, Oct.17
  Advance. Oct. 7, 13
  Provincial, Oct. 24
  Advance Oct. 16-21
- **Thanksgiving weekend,** Oct. 10-12
- **Linda Sue Wilson** Oct. 10, Setters
- **Amateur boxing** Oct. 10, Song Sparrow
- **Wildlife photographer,** 7pm, Oct. 12, Fifth Ave Centre
- **Mozi Bones,** 7pm, Friday, Nexus Village Rm (United Church)
- **Gaza Protest,** Thurs noon, McGuire Lake









TABLE TALKS



Many made their final choices at Tuesday night's Open House and will mark their ballot at today's first Advance Vote. The second advance runs Oct. 13 and the main vote will be Oct. 17





> It takes a skilled trucker to make a U-turn on Black Road without taking out a mailbox and ending up in the ditch. Skilled Truckers FB page

19°/ 8°
Mix of sun & cloud

SALMON ARM Oct. 6 Beat

Be a frequent Fri-er, bookmark FriAM.ca

The hit and run that seriously injured a pedestrian around 11:30 pm, Sept. 24 appears to be targeted, according to police. Any witnesses of this incident, especially those with dash cam footage, are requested to contact the RCMP. The pedestrian was struck on Alexander near Lakeshore Dr. by a black Dodge RAM 1500 crew cab pickup that departed without stopping. ■

To-do's

- **Open house** meet the candidates, 5:30-8 Tues, Rec. Centre
- ❍ **Silverbacks 6, Blackfalds, 0** (Fri) **Vernon 4 SA 1** (Sat) Playing in Alberta, Oct. 9, 11, 12
- ❍ **Salmar Grand**
- *Digger*
- *Verity*
- *Heart of the Beast*
- *Forgotten Island*

Film society Saturday:

- *Primavera*
- ❍ **Where in the world are we?,** Art Gallery. A must see!
- ❍ **Dress the Town Pink,** Oct. 1-15
- ❍ **Salute to Sockeye Festival,** starts Oct. 9
- ❍ **Apple Fest,** Oct.10 Ross St. plaza. Tasting, juicing, Crafts.
- > **Coffeehouses** - Sunnybrae, Oct. 10
- ❍ **TWO ELECTIONS**
- **Municipal**, Oct.17
- **Provincial**, Oct. 24
- > **Thanksgiving weekend,** Oct. 10-12
- > **Linda Sue Wilson** Oct. 10, Setters
- > **Amateur boxing** Oct. 10, Song Sparrow
- > **Wildlife photographer,** 7pm, Oct. 12, Fifth Ave Centre
- > **Vernon concerts,** Valdy, Tues; Little Miss Higgins, Wed; Bad Moon Riders, Thurs.

OPEN HOUSE TONIGHT

Meet Salmon Arm Candidates

5:30-8 pm Tuesday, 6th REC. CENTRE

VOTING 8am-8pm • Advance, Oct. 7 & 13 • General, Oct. 17

5th Ave. 50+ Centre • Little Mountain Fieldhouse • North Canoe Hall

Mayor

- Alan Harrison (incumbent)

OR

- Daniel Bardy

Councillor (6)

- Aaron Canart
- Debbie Cannon (inc)
- Shelley Desaultels
- David Gonella (inc)
- River Grabowsky
- Ian Gray
- Vic Hamilton
- Owen Madden
- Jo McDermott
- Anthony McLean
- Adam Meikle
- Drayson Netzelwood
- Scott Syme
- Kari Toliver Wilkinson
- Morgan Turland
- Marianne VanBuskirk
- Louise Wallace Richmond (inc)
- Robin Wiens

Trustee (2)

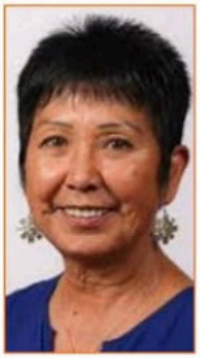
- Claire Askew
- Linda Martens
- Melissa Parmenter
- Tracy Riley

PROVINCE

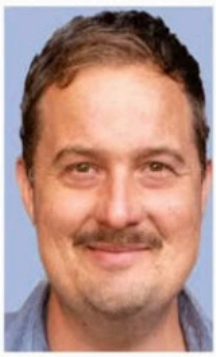
Advance, Oct. 16 to 21 • Final , Oct. 24



David Williams
BC Conservatives
MLA since 2024



Gloria Morgan
BC NDP



Jed Wiebe
BC Green



Barbara Presch
OneBC



Denise Reimer
Centre BC

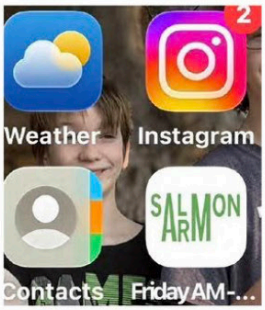
■ **PREDICTION:** Close three-way race - Path for victory for three candidates, each securing 30-ish%.

■ **RECOMMENDATION:** Vote on who you think would make the best riding representative, not necessarily on party lines.

20°/ 7°
Mainly sunny

SALMON ARM Oct. 5 Beat

Be a frequent Fri-er, bookmark FriAM.ca



To bookmark **FriAM.ca** on your cell phone's screen:
- Open Safari and go FriAM.ca
- Tap on 'share' icon at bottom of screen (Click dots to open)
- Tap on 'Add bookmark'
- Tap on 'Save' to confirm

To-do's

- **Trustee candidate forum,** 7pm, Mon QR code to join in.
- **Open house** meet the candidates, 5-8:30, Tues, Rec. Centre
- ❍ **Silverbacks 6, Blackfalds, 0** (Fri) **Vernon 4 SA 1** (Sat) Playing in Alberta, Oct. 9, 11, 12
- ❍ **Salmar Grand**
- *Digger*
- *Verity*
- *Heart of the Beast*
- *Forgotten Island*

Film society Saturday:
- *Primavera*

❍ **Where in the world are we?,** Art Gallery. A must see!

❍ **Dress the Town Pink,** Oct. 1-15

❍ **Salute to Sockeye Festival,** starts Oct. 9

❍ **Apple Fest,** Oct.10 Ross St. plaza. Tasting, juicing, Crafts.

> **Coffeehouses** - Sunnybrae, Oct. 10

❍ **TWO ELECTIONS**
- **Municipal,** Oct.17
- **Provincial,** Oct. 24

> **Thanksgiving weekend,** Oct. 10-12

> **Linda Sue Wilson** Oct. 10, Setters

> **Amateur boxing** Oct. 10, Song Sparrow

> **Wildlife photographer,** 7pm, Oct. 12, Fifth Ave Centre

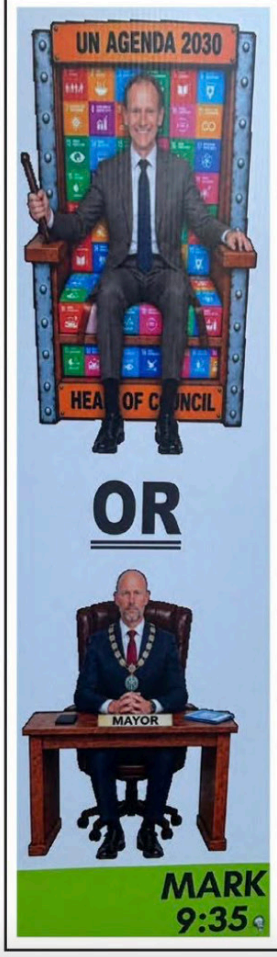


> Despite the drizzly weather, there was a huge turnout for the weekly Friday night Cruise-in on the Westgate parking lot. There was a special cruise from Sorrento in honour the late Quinton Watson. Gord Kaltenhaser photo



Red & Green

> The Shuswap is always green, but this month we take in the delights of the brilliant colours of autumn on those trees that do not stay green. The photo by Robin Campbell was taken on the grounds of Club Shuswap golf course.



Sorry, but no.

This image is from the larger sign displayed around town by the sole challenger for mayor of Salmon Arm. It implies that our present mayor is some kind of authoritian running on the "UN Agenda". Well, I checked out Daniel Bardy's website, and he has some kind of agenda that does not resemble too much about running a city collaboratively with staff, and fellow councillors and citizens. Sorry.

SALMON ARM Oct. 4 Beat

20°/ 8°
Mainly sunny

Be a frequent Fri-er, bookmark FriAM.ca



> Denise Reimer, a former Salmon Arm councillor, has added her name to candidates running for MLA in Salmon Arm-Shuswap Riding. She is running under the CentreBC Party. Other candidates are incument David Williams, BC Conservatives; Gloria Morgan, BC NDP; Jed Wiebe, BC Green; and Barbara Presch, OneBC.

To-do's

❍ **Silverbacks 6, Blackfalds, 0** (Fri)
Vernon 4 SA 1 (Sat)
In Alberta, Oct. 9, 11, 12

❍ **Salmar Grand**
- *Digger*
- *Verity*
- *Heart of the Beast*
- *Forgotten Island*

❍ **Where in the world are we?,** Art Gallery. A must see!

❍ **Dress the Town Pink,** Oct. 1-15

❍ **Salute to Sockeye Festival,** starts Oct. 9

> **Ride don't Hide,** Oct. 4., Larch Hills. Supporting suicide prevention awareness

❍ **Apple Fest,** Oct.10 Ross St. plaza

> **Coffeehouses** - Carlin, Oct. 10

> **Learn to Curl clinic,** Oct. 4, Curling Rink

❍ **TWO ELECTIONS**
- **Municipal**, Oct.17
- **Open house** meet the candidates, 5-8:30, Oct. 6, Rec. Centre
- **Provincial**, Oct. 24

> **Thanksgiving weekend,** Oct. 10-12

> **Linda Sue Wilson** Oct. 10, Setters

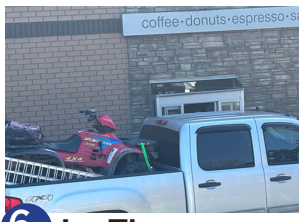
> **Amateur boxing** Oct. 10, Song Sparrow Hall

> **Wildlife photographer,** 7pm Oct. 12, Fifth Ave Centre

Another bizarre AM Beat attempt at humour

Paris est magnifique, La Rue Hudson est sublime





6 **Le Tim**
(La maison d'un café deux crèmes. deux sucres)

7 **La Fontaine du Lac McGuire**



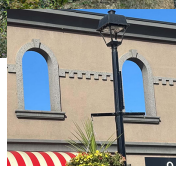




3 **Quartier du Patrimoine**



4 **Le quartier des cafés**



5 **Ruines Antiques** (Ancient ruins)



1 **L'entrée secrète des locaux** (secret entry for the locals)



2 **Quartier des théâtres**



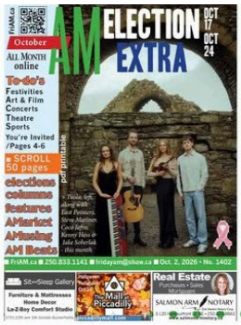
> Ultimate playing in the dark of night under the new bright lights in Blackburn Park. SUPA is looking to grow, age 14 & up, both genders. shuswapultimate.ca Facebook Post

> On subject of sports lighting, new lights in the arena are blinding in the upper seats.

19°/ 9°
Periods of drizzle

SALMON ARM Oct. 3 Beat

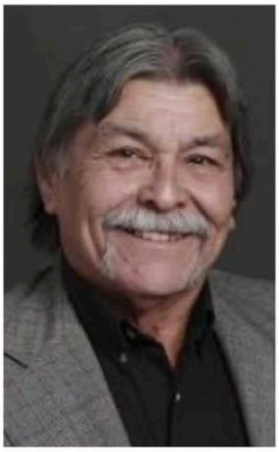
October All Month out now! • FriAM.ca



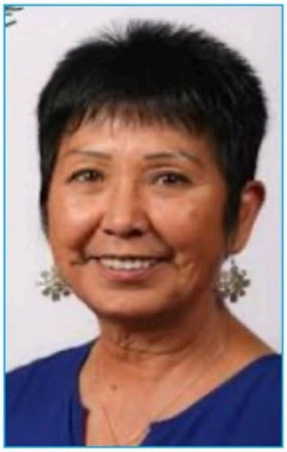
October All Month
online edition is now out at
FriAM.ca
Bookmark site for Daily AM Beats

To-do's

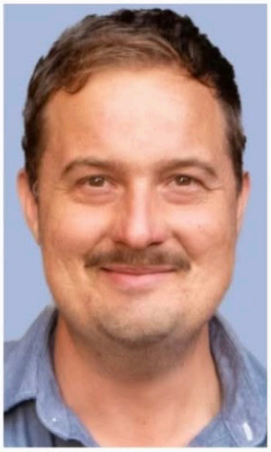
- **Silverbacks 6, Blackfalds, 0 (Fri)** In Vernon Saturday
- **Salmar Grand**
  - *Digger*
  - *Verity*
  - *Heart of the Beast*
  - *Forgotten Island*
  - *Amziah King, 4pm, Sat. (Film Society)*
- **Where in the world are we?,** Art Gallery. A must see!
- **Repair Cafe,** 10-3, Sat., 320 Shuswap
- **Dress the Town Pink,** Oct. 1-15
- **Punk rock/Emo, Night,** Sat., Nothing Fancy on Hudson
- **Kenny Hess,** Sat., SA Legion. Tribute to country legends.
- **Ride don't Hide,** Oct. 4., Larch Hills. Supporting suicide prevention awareness
- **Coffeehouses** - Carlin, Saturday
- **Learn to Curl clinic,** Oct. 4, Curling Rink
- **TWO ELECTIONS Municipal,** Oct.17 Open house, Oct. 6 Recreation Centre **Provincial,** Oct. 24
- **Book reading by** Kay McCracken, 1-3, Sat., SA Library
- **Community garage sale,** Sat, Sat. Joseph's
- **Steve Caddy** comedy, Sat., Setters Pub



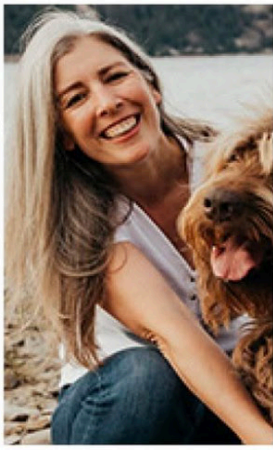
> David Williams
BC Conservative



> Gloria Morgan
BC NDP



> Jed Wiebe
BC Green



> Barbara Presch
OneBC

FOUR ON BC BALLOT, SO FAR

Until Thursday, David Williams was the only candidate on the ballot for the provincial snap election in Salmon Arm - Shuswap Riding. That all changed overnight. Joining the BC Conservative incumbent are Gloria Morgan, NDP; Jed Wiebe for Green; and Barb Presch for the new OneBC Party.



> Zest Commercial Food Hub returned from the Economic Development Association of Canada conference with a national award. This year's Regional & Community Collaboration Award was presented. "This achievement belongs to the whole Shuswap community. Zest was built to lower barriers for local food creators," read the announcement of the award
❒ **zestfoodhub.ca** for more info.

FRIENDS ABREAST 3RD ANNUAL
DRESS THE TOWN PINK
FOR BREAST CANCER AWARENESS
BUY PINK RIBBONS & PINS AT THE FOLLOWING EVENTS:
Oct 2: Silverbacks Home Game
Oct 3 & 10: Downtown Farmers Market
Oct 3: Westgate Plaza
Oct 1-15: Picadilly Mall, Botanica Spa Shuswap Clothing, Shuswap Pharmacy Salmon Arm Legion
SAVE THE DATE: OCT1-15 2026
Wear Pink To Support
The Fight Against Breast Cancer.
EARLY DETECTION SAVES LIVES!
All Proceeds To The Shuswap Hospital Mammography Unit

HONOURING

HOMEGROWN

■ The very best part about covering the Shuswap is the privilege of showcasing and honouring homegrown achievements. And there are so many. I know there are important ones missing from this impressive list. For a relatively small population, Shuswap folks have contributed greatly to building a better world. Not all below were born here, and while this exercise focusses on individuals, let's not forget all the great longtime families that made this region what it is today. The page will continue to be the anchor page at the end of the All Month editions. Names will be added and featured.

ATHLETES

Natalie Wilkie

Rick Say

The Halls

Rebecca Howard

Chantel Jeffrey

Sandra Jenkins

SASH Jewels

Terry & Al

Zeba Crook

Alysson Marshall

Jordie McTavish

R. Keski-Salmi

Joanne Sargent

Bev Smith

Allison McNeil

Camille Thompson

Madeleine Wilkie

Emily Young

Plus..

NHL players

Shea Weber

Bruce Affleck

Kris Beech

Flockharts

Cody Franson

Colin Fraser

Scott Jackson

Chris Jensen

Curtis Lazar

Jonathon Mayes

David Scatchard

A. Veldeman

Connor Bedard *(mother grew up here; grandparents here)*

Plus...

MUSICIANS

Jaeden Izik-Dzurko, *concert pianist*

Juno winners -

Greg Sebel

Dan Bremnes & R. Underhill

Plus...

Robin Brock

Jesse Mast

A. Rasmussen

Joanne Stacey

M. Zachernuk

Abe Zacharias..

Plus many more & the awesome bands & choirs

AUTHORS & ARTISTS

Daphne Odjig *(see piece in AM Beat)*

Shuswap's reimagined Group of 7:

Chris Cran

Steve Mennie

Tracey Kutschker

Herold Nix

Lisa Figueroa

Linda Franklin

Ann Kipling

Writers

Gail Anderson-Dargatz

Deanna Barnhardt-Kawatski

Brian Drummond, *voice actor*

John Marriott

L.C. Kelly

Ray Ackerman

Theatre

.. Plus a thriving theatre, artist & writer community!

INTELLECTUALS, ENTREPRENEURS

E.V. Gordon, *philologist & pal of J.R.R. Tolkien*

Michael Worobey, *evolutionary biologist*

Catherine Leatherdale, *research scientist*

David Shea, *robotics inov*

Morgen Witzel *consultant/historian*

Ron Erickson *Conservationist*

Missy McIntosh *toxin free cosmetics*

Ruth Brighouse

Les Ellenor *classic literature professor,*

.. Plus many more great educators over the years!

Bill Laird, Roger Ayles *& all of the past & present builders with vision*

Spotlight on..



Lorne Doerkson has been called the 'accidental premier' after appointed interim leader of the BC Conservatives just before NDP Premier called a snap election and lost badly. Doerksen spent his childhood in Surrey and his teen years and 20s in Salmon Arm when he was promoted from *The Observer* to publish the Black Group paper in Williams Lake.

After leaving the publishing sector, he transitioned to financial consulting with Investors Group, where he provided financial planning and advisory services.

Doerkson was first elected as the MLA for Cariboo-Chilcotin in the 2020 British Columbia general election, representing the BC Liberal Party, which rebranded as BC United in 2022.

LEADERS

Lorne Doerksen *BC premier lived teen years and 20s in Salmon Arm*

George Abbott *health & education minister; treaty & wildfire commissioner*

Randy Kamp, *MP, linguist*

Mel Arnold, *three-term MP*

Phedra Moon Morris, *diplomat*

Robert Turner *UN worker*

JL Jackson

Agnes McGuire

Linda Tanaka, *Roots & Blues*

Military brass & RCMP

Dan Burden

Brigadier Sydney Thomson

Ray Williston

Vice admiral A. Collier

Bev. Busson (RCMP commissioner & Senator)

Garry Loeppky (RCMP deputy commissioner)

• *Parks, facilities & trail builders*

• *Veterans & elected leaders*

Plus...

KNOWLEDGE KEEPERS

Mary Thomas & Ernie Philip *elder legends*

Jim Cooperman

Dennis Marshall & Ernie Doe, *historians*

Gord Priestman, *local journalist*

• *Plus.. creators of Haney & the many protectors of our water, birds, animals, land, forest, food sources, and our longtime families*

NO CATEGORY

Phyllis Olsen & lip-syncing horse Shag-ra!