To-do's

❍ **Silverbacks** - Hosting Trail, 7 pm, Friday Vernon, 6 pm, Saturday

❍ **Salmar Grand**
- *Hunger Games*
- *I Play Rocky*
- *Focker In-law*
- *Hexed*

Film Society: 4pm, Sat.
- *Tony (Bourdain)*

❍ **Fiddler on the Roof** Now to Sunday, Shuswap theatre. All sold out.

❍ **Sword & Stone,** Thur-Sun, Armstrong

❍ **Hockey Sweater,** opens Dec. 1, Caravan

❍ **Coffeehouses:**
- Enderby & • Celista, Fri.
- Writers Group, 2-4, Fri, First Community

❍ **Storytime,** 9-10, Sat, Sweet Magnolia, 371 Hudson.

❍ **Turtle Valley,** Sat, Legion

❍ **Irish Mythen,** Sat, Song Sparrow Hall. Sold out

❍ **Adapter,** Fri, Setters Pub

❍ **Steph Clfford Band & Speed of Trees** 7pm, Fri, Nothing Fancy on Hudson

❍ **Thrash wrestling,** 7 pm, Fri, Recreation Centre.

❍ **Open bonspiel,** Fri-Sun

❄ ❄ ❄

❄ **Yuletide Village,** Fri - Sun, Alexander

❄ **Downtown After Dark,** Friday night

❄ **South Broadview,** Holiday sale, 4-8, Fri.

❄ **Black Friday,** Piccadilly

❄ **Gift & Craft Sale**, Fri, Sat., St. Joseph's Church

❄ **Pottery Club Sale,** Fri. & Sat., Piccadilly

❄ **Red Barn market,** Sat, Sun, Sicamous

❄ **Farmstrong,** 11-4, Sat.

❄ **Chase,** 10-2, Sat.

❄ **Choose Refill**, Sat..

❄ **Christmas Market**, Fri, Splatsin Centre

❄ **Grandmothers to Grandmothers,** Nov. 30 to Dec. 5, Piccadilly

❄ **Parade,** 5pm, Sat.

❄ **Holiday train,** Dec. 17

7°/ 1°
Mainly to partly cloudy

SALMON ARM Nov. 27 Beat

Be a frequent 'Fri'er. Bookmark FriAM.ca

> Chris Hayward who is in custody and charged for murder of his ex-spouse, will appear in Chilliwack court Dec. 8.



A celebration of life for this much loved mother, grandmother and friend Kitty Schindler will be on Sunday from 1 to 4 at Song Sparrow Hall.



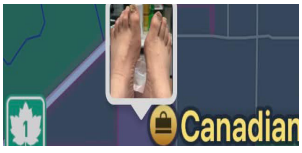




> The Yuler elves were scurrying all through Thursday night to prepare for this week-end's third **Yuletide Village** on Alexander. This festive extravaganza runs 10 to 8, Friday and Saturday, and 10 to 3 Sunday.

START 5pm Sat: Marine Park Dr. Thru Underpass • South on Ross West on Hudson • North on Shuswap East on Lakeshore • FINISH

Going toe to toe with my phone



Sometimes I wish my iPhone would mind its own business. In the interest of protecting a drawer full of socks from further holey ruin, I thought I'd go for a $15 basic toe clip at Piccadilly. While sitting at the toe station, I happened to snap a photo of my ridiculously overgrown toenails as a brutal reminder to never allow them to go rock bottom like that again. However, for some reason, my phone decided to permanently imprint that embarassing pic of my feet on its map of Salmon Arm. How do these things happen?



Mental and physical benefits of SPORTS

This essay by Dexter Derksen is the third in a series posted in AM Beat by local Okanagan College students

Involvement in sport provides various mental and physical benefits. The mental benefits include unique connections with people, relief from everyday stress or struggles, and the building of strong character traits and putting them to practice.

Some physical advantages are keeping yourself in shape and moving which keeps your body happy, contributing to better sleep and bodily function. Most importantly, sports are fun and an excellent way to collaborate with others and push yourself.

The mental benefits provided through sport are abundant across all levels and ages. Sport provides lifelong friendships that likely would not have occurred otherwise. In team sports, your teammates are like family. They have your back no matter what. They experience the same highs and lows, and share the same two goals - victory and having fun.

Teammates will hold each other accountable and strive to make each other better on and off the ice. I would have never met some of my closest friends if it wasn't for hockey. We played together for years and built a solid friendship and community that will last forever. These relationships are unique and formed through playing sports.

Sports are also an effective way to remove yourself from everyday stress and relieve anxiety and depression. It builds confidence in participants that can be applied to other aspects of life. Playing a game you love helps remove outside worry or sadness. Instead you are occupied and having a great time. Tough lessons are learned through sport, and you are given various opportunities to respond to these moments accordingly.

Life throws curveballs no matter what stage you are in and how you respond to those moments can affect your future, relationships or emotion.

By playing sports, you will already have faced adversity and responded to loss, mistakes or whatever it may be. Other traits and abilities such as being humble, forgiving, resilient, disciplined, a leader and holding yourself accountable are all practiced through sport. The mental attributes sports provide and practice are essential to life and are a huge asset to any human.

Sport provides varied opportunities to stay active and push yourself no matter the age or level. As a society people have become less excited about being active and we have seen screen time climb higher and higher.

Our bodies desire to be active and moving and sport can help accomplish this. There are many different forms, types and levels of sports that allow people of any capability to participate and stay active no matter what their standard may be. Playing sports can keep you in good shape and physically capable. It provides countless opportunities to push yourself and get better.

By putting in effort you will see progress in skill, capability, and physical fitness. Staying active and involved will build bone and muscle strength, improve balance and coordination and strengthen the heart and lungs. Staying active can also reduce potential chronic diseases and certain cancers or other conditions.

Playing sport also strenghtens your mind and builds and practices many skills like cognitive thinking, decision making, motor skills and social interaction skills. It will also assist in obtaining greater sleep and more successful rest throughout the night. Staying physically active is important and is consistently practiced through sport.

Being involved in sports will provide you with various mental and physical benefits and a fun hobby. In the Shuswap and Okanagan there are numerous incredible opportunities to play sports, and our communities come together to watch or put on these sporting events.

There are so many sports to choose from. Some of the most common local ones include softball, baseball, hockey, soccer, pickleball, football, golf, bowling, volleyball, basketball and much more!

Whether you have a child with too much free time, or you are looking for a new hobby, consider sports as they are an amazing way to stay entertained and have fun. ■

Support Turtle Valley Donkey Refuge
Purchase the 2027 calendar
Available at Hucul Printing ...$30



Cleaning grandma's house sparks police check

A woman reported two people dressed in black in the Auto Road area who appeared to have broken into a house. Police say the complainant witnessed the two people were throwing items in and out of the house.

Police attended and located a 30-year-old man attempting to clean the house for his grandmother.

police briefs

Compiled by Cst. Andrew Hodges

LOTS OF DRUG STUFF

A silver Toyota coupe pulled out on 14th St. NE at 1:30 am and cut off a marked police vehicle.

The officer conducted a traffic stop to assess driver sobriety, and on approaching the car, two crack pipes and a rubber hose were observed in plain view. The 39-year-old female driver and only occupant was arrested for possession of a controlled substance.

Police located cash, scales, score sheets, baggies, cutting agents, and a 28-gram chunk of suspected cocaine. The woman was released without process.

Masked & unmasked in two videos

A passerby reported a broken front glass door at a local retailer on 4th Ave. SW at 7:20 am, Nov. 1.

Salmon Arm RCMP attended and met with the business owner who provided police with surveillance footage.

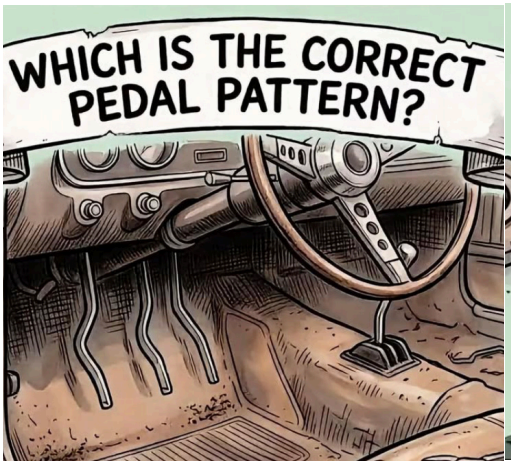
The footage showed a masked man throw a rock at the glass door, enter the business and steal an electric scooter valued at $400. With the help of social media and sharing photos of the suspect, a tipster commented they believed they a had seen someone in similar attire in the store the previous day.

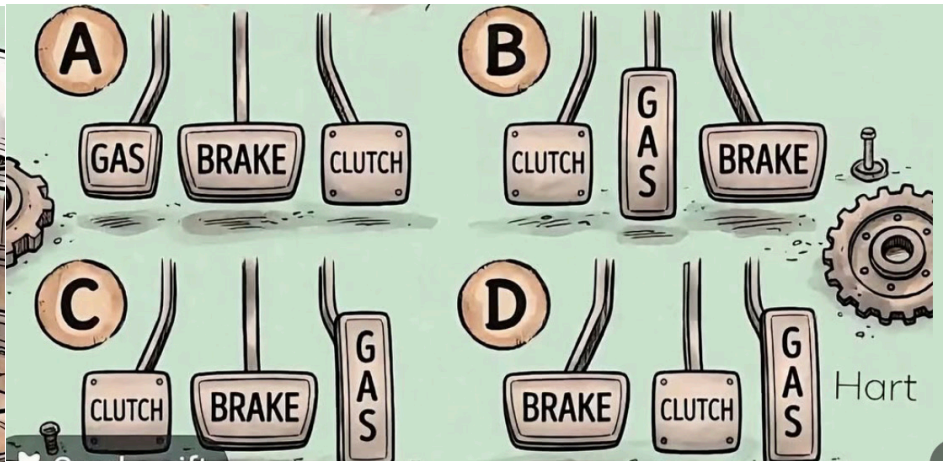
Police reviewed that footage and observed an unmasked man wearing similar attire and were able to identify him from previous police contacts. The scooter was recovered by police at a known problem property.

The suspect male was located, arrested, and held for bail hearing. Police obtained charge approval for one count break and enter, and one count mischief under $5,000 against a 46-year-old Salmon Arm man. He was released by a judge on a release order and a future court date.

❐❐❐

Salmon Arm RCMP observed a red vehicle westbound pulling away from police at a high rate of speed. Police radar showed the vehicle travelling 97km/h in the 50km/h zone through town. A traffic stop was conducted, and the 21-year-old male driver was served a violation ticket for excessive speed, and his vehicle was impounded for seven days.





7°/ 3°
A few showers

SALMON ARM Nov. 26 Beat

Be a frequent 'Fri'er. Bookmark FriAM.ca



START
Marine Park Dr.
Thru Underpass
S. on Ross
W. on Hudson
N. on Shuswap
E. on Lakeshore
FINISH

To-do's

❍ **Silverbacks** - Hosting Trail, 7 pm, Friday
Vernon, 6 pm, Saturday
Two past weekend wins

❍ **Salmar Grand**
• *Ebenezer**
• *Drummer Boy**
* Ends Thursday
• *Hunger Games*
• *I Play Rocky*
Starts Friday:
• *Focker In-law*
• *Hexed*
Film Society: 4pm, Sat.
• *Tony (Bourdain)*

❍ **Fiddler on the Roof** Now to Sunday, Shuswap theatre. All sold out.

❍ **Sword & Stone,** Thur-Sun, Armstrong

❍ **Hockey Sweater,** opens Dec. 1, Caravan Farm Theatre

❍ **Coffeehouses:**
• Enderby & • Celista, Fri.
• Writers, 2-4, Fri, First Community

❍ **Storytime,** 9-10, Sat, Sweet Magnolia, 371 Hudson.

❍ **Turtle Valley,** Sat, Legion

❍ **Anthony D'Alssandro** plays Gershwin, 7pm, Thur, Nexus at First - Jazz club

❍ **Irish Mythen,** Sat, Song Sparrow Hall. Sold out

❍ **Adapter,** Fri, Setters Pub

❍ **Steph Clfford Band & Speed of Trees** 7pm, Fri, Nothing Fancy on Hudson

❍ **Thrash wrestling,** 7 pm, Fri, Recreation Centre. Featuring D'Lo Brown.

❍ **Open bonspiel,** Fri-Sun

❒ *AM Daily Beat is posted Monday to Friday*

POOL TO REOPEN THURSDAY

The triggering of the chlorine alarm Wednesday morning at the pool was due to a faulty regulator.

According to a City release, the source of a leak was contained within the dedicated chlorine room that is equipped with specialized safety and containment systems.

The pool is expected to re-open Thursday morning following completion of repairs, safety checks and water quality balance verification.

"The City extends its appreciation to Recreation Centre staff for their immediate and professional response, and to the Salmon Arm Fire Department for its support and expertise." ■

Legends come May

Eighteen NFL legends - including Hall of Famer Andre Reed who will have his jersey number retired in 2027- will 'dogpile' in Salmon Arm in May.

Tickets for the Global Gridiron Football Experience in Vernon and Salmon Arm May 20 to 27 go on sale December 5 through Zeffy.com.

The event will include football camps, coaching clinics, autograph sessions, community celebrations and "Shuswap experiences" for the NFL legends from May 25 to 27.

These include Hospitality and BBQ events, fishing charter, houseboating, golf, winery tour and a school event. ■



> No. 83 Andre Reed
Photo Bleacher report

Holiday Christmas sales

❄ **Yuletide Village,** Fri - Sun, Alexander
❄ **Downtown After Dark,** Friday night
❄ **South Broadview,** Holiday sale, 4-8, Fri.
❄ **Black Friday,** Piccadilly Mall
❄ **Gift & Craft Sale,** Fri, Sat., St. Joseph's Church
❄ **Pottery Club Sale,** Fri. & Sat., Piccadilly
❄ **Lakeside Manor Bazaar,** 10-2, Thur
❄ **Red Barn market,** Sat, Sun, Sicamous
❄ **Farmstrong,** 11-4, Sat. European-style
❄ **Chase Country Christmas,** 10-2, Sat.
❄ **Choose Refill holiday event,** 10-4, Sat..
❄ **Christmas Market,** Fri, Splatsin Centre
❄ **Grandmothers to Grandmothers,** Winter sale, Nov. 30 to 5, Piccadilly Mall
❄ **Rotary Holiday Parade,** 5pm, Sat.
❄ **Holiday train,** Dec. 17



Page two SALMON ARM Nov. 25 Beat
news update



Lorne Reimer photo

City news release:

City of Salmon Arm
53m ·

⚠️ Facitlity Update: SASCU Recreation Centre – Pool Closure

The City of Salmon Arm advises that a chlorine alarm was triggered in the mechanical room of the SASCU Recreation Centre late this morning, Wednesday, November 25, 2026.

As a precautionary measure, the pool will remain closed until further notice while staff investigate the situation.

Updates will be provided as more information becomes available.

Thank you for your patience and understanding.

#CityOfSalmonArm #SalmonArm #RecreationUpdate #PoolClosure #PublicNotice

Salmon Arm Recreation **See less**



One month 'til Christmas!

7°/ 5°
Mainly cloudy. A few showers

SALMON ARM Nov. 25 Beat

Be a frequent 'Fri'er. Bookmark FriAM.ca



To-do's

❍ **Silverbacks** - Hosting Trail Fri & Vernon Sat. Two weekend wins:
SA 3, Chilliwack 2 OT
SA 3, Spruce Grove 2 OT

❍ **Salmar Grand**
- *Ebenezer**
- *Drummer Boy**

* Ends Thursday
- *Hunger Games*
- *I Play Rocky*

Starts Friday:
- *Focker In-law*
- *Hexed*

Film Society: 4pm, Sat.
- *Tony (Bourdain)*

❍ **Fiddler on the Roof** Now to Sunday, Shuswap theatre. All sold out.

❍ **Sword & Stone,** Thur-Sun, Armstrong

❍ **Death of a Salesman,** playreading, 7pm, Wed, Shuswap Theatre.

❍ **Hockey Sweater,** opens Dec. 1, Caravan

❍ **Coffeehouses:** Enderby & Celista, Fri. Gleneden, Sat; Writers, 2-4, Fri, First Community

❍ **Storytime,** 9-10, Sat, Sweet Magnolia, 371 Hudson.

❍ **Turtle Valley,** Sat, Legion

❍ **Anthony D'Alssandro** plays Gershwin, 7pm, Thur, Nexus at First - Jazz club

❍ **Irish Mythen,** Sat, Song Sparrow Hall. Sold out

❍ **Adapter,** Fri, Setters Pub

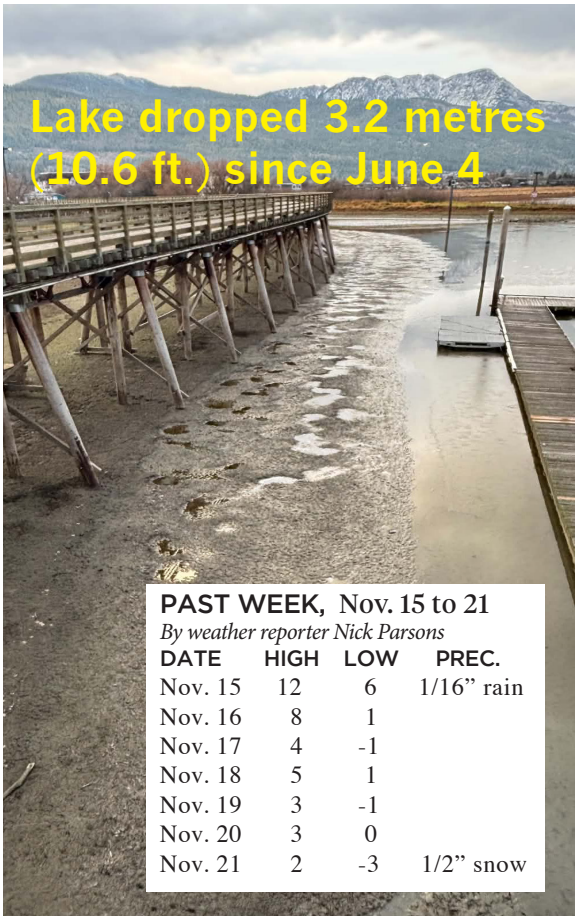
❍ **Steph Clfford Band & Speed of Trees** 7pm, Fri, Nothing Fancy on Hudson

❍ **Thrash wrestling,** 7 pm, Fri, Recreation Centre

❍ **Open bonspiel,** Fri-Sun



> This 12-unit hillside townhouse rental development next to Shoemaker Hill is the new view driving south on Shuswap Street. > Magnolia Place, a 40-unit subsidized rental townhouse development is also going up at 11th Ave. and 18th St. NE along the Uptown-Downtown pathway.



PAST WEEK, Nov. 15 to 21
By weather reporter Nick Parsons

DATE	HIGH	LOW	PREC.
Nov. 15	12	6	1/16" rain
Nov. 16	8	1	
Nov. 17	4	-1	
Nov. 18	5	1	
Nov. 19	3	-1	
Nov. 20	3	0	
Nov. 21	2	-3	1/2" snow

Holiday Christmas sales

❄ **Yuletide Village,** Fri - Sun, Alexander
❄ **Downtown After Dark,** Friday night
❄ **South Broadview,** Holiday sale, 4-8, Fri.
❄ **Black Friday,** Piccadilly Mall
❄ **Gift & Craft Sale,** Fri, Sat., St. Joseph's Church
❄ **Pottery Club Sale,** Fri. & Sat., Piccadilly
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❄ **Christmas Market,** Fri, Splatsin Centre
❄ **Grandmothers to Grandmothers,** Winter sale, Nov. 30-Nov. 5Fri, Piccadilly
❄ **Rotary Holiday Parade,** 5pm, Sat.
❄ **Holiday train,** Dec. 17



To-do's

❍ **Silverbacks** - Hosting Trail Fri & Vernon Sat. Two weekend wins: SA 3, Chilliwack 2 OT SA 3, Spruce Grove 2 OT

❍ **Salmar Grand**
- *Ebenezer*
- *Drummer Boy*
- *Hunger Games*
- *I Play Rocky*
- *Cat in the Hat (1:30)*
- *Tony.* Film Society: Sat.

❍ **Fiddler on the Roof** Now to Sunday, Shuswap theatre. All sold out.

❍ **Sword & Stone,** Thur-Sun, Armstrong

❍ **Death of a Salesman,** playreading, 7pm, Wed, Shuswap Theatre.

❍ **Coffeehouses:** Enderby & Celista, Fri. Gleneden, Sat; Writers, 2-4, Fri, First Community

❍ **Storytime,** 9-10, Sat, Sweet Magnolia, 371 Hudson.

❍ **Turtle Valley,** Sat, Legion

❍ **Anthony D'Alssandro** plays Gershwin, 7pm, Thur, Nexus at First. Jazz club

❍ **Irish Mythen,** Sat, Song Sparrow Hall. Sold out

❍ **Adapter,** Fri, Setters Pub

❍ **Thrash wrestling,** 7 pm, Fri, Recreation Centre

❍ **Open bonspiel,** Fri-Sun

❋ **Yuletide Village,** Fri - Sun, Alexander

❋ **South Broadview,** Holiday sale, 4-8, Fri.

❋ **Black Friday,** Piccadilly

❋ **Gift & Craft Sale**, Fri, Sat., St. Joseph's Church

❋ **Pottery Club Sale,** Fri, Sat at Piccadilly Mall.

❋ **Lakeside Manor Bazaar**, 10-2, Thur

❋ **Red Barn market,** Sat, Sun, Sicamous

❋ **Farmstrong,** Sat.

❋ **Chase,** 10-2, Sat.

❋ **Choose Refill event,** 10-4, Sat..

❋ **Christmas Market**, Fri, Splatsin Centre

❋ **Parade,** 5pm, Sat.

❋ **Holiday train,** Dec. 17

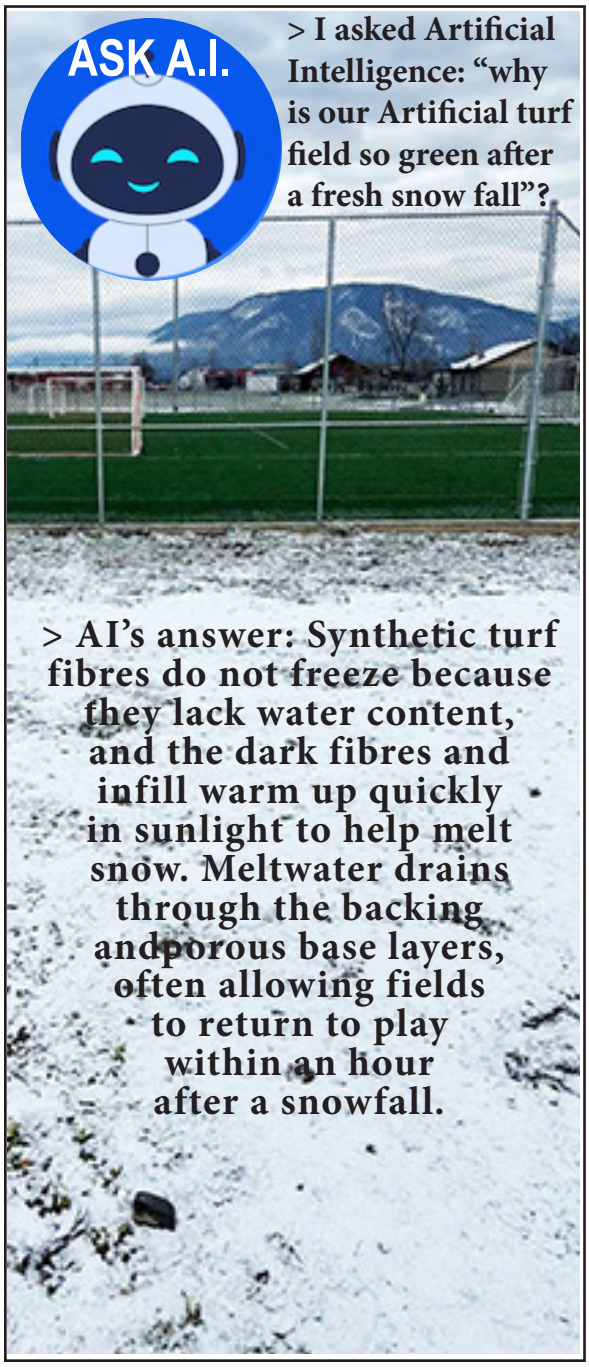


7°/ 4°
Sun & cloud, some evening rain

SALMON ARM Nov. 24 Beat

Be a frequent 'Fri'er. Bookmark FriAM.ca





> I asked Artificial Intelligence: "why is our Artificial turf field so green after a fresh snow fall"?

> AI's answer: Synthetic turf fibres do not freeze because they lack water content, and the dark fibres and infill warm up quickly in sunlight to help melt snow. Meltwater drains through the backing and porous base layers, often allowing fields to return to play within an hour after a snowfall.



> Happening this Friday at the Rec. Centre you will find Thrash wrestling action involving WWE Legend D'Lo Brown, "Fireball" Jordan James, Davey Deals, Riea Von, Madam Glam the Destroyer, Luchador Ginha, Braydon Goss, Edward Wild III, Bender, Sean Gaston, Chase Degenhardt and more!



To-do's

2°/ -4°
Chance of flurries

SALMON ARM Nov. 23 Beat

Be a frequent 'Fri'er. Bookmark FriAM.ca



PREMIERS' BILL





Earl Brown was a brash 14-year-old teen 55 years ago when he asked Premier WAC Bennett for his autograph, except all he had on him was a crisp one dollar bill.

Since then, Brown who now lives in Salmon Arm, has collected all 13 Premier signatures since the legendary Bennett. His mission now is to track down the newly sworn in Premier Lorne Doerkson. The bill still has a little real estate left for a 14th signature.

Brown was featured on CBC's *As it Happens* national current affairs show this past Friday. You can hear the entire segment by going to cbc.ca and searching 'As it Happens' (Nov. 20). ■



> Not without some push back from Canoe residents, Council approved converting five gravel laneways between 70th Ave. NE and Canoe Beach Dr. to one-way northbound only.



Around town



> Happy 101st birthday Mr. Jack Stead, celebrating with the Saturday gang at the Legion and his daughter, granddaughter and great-grandson.



> On right - Sam and Gail make the hospital rounds



> These neighbours on a cul de sac in Canoe are really into Christmas this year. Photo posted by Brian Browning includes one of the brightly festival homes. Might it possibly be observed from the Space Station?

1°/ -2°
Mix of sun and cloud

SALMON ARM Nov. 20 Beat

Be a frequent 'Fri'er. Bookmark FriAM.ca

The Beat goes on..

The daily *AM Beats* are turning into more than a little retirement project for myself. There's never a shortage of content, and it is fun for me to put together, however, I need to tap on the brake just a little. In the interest of more retirement-like behaviour on my part, I am limiting these blogs to five a week, no more ones on Saturday and Sunday. Now that was easy.

To-do's

❍ **Silverbacks**
Visit: Chilliwack, Friday
Host: Spruce Grove, Sat.

❍ **Salmar Grand**
- *Ebenezer*
- *Drummer Boy*
- *Hunger Games*
- *I Play Rocky*
- *Cat in the Hat (1:30)*

Film Society, 4 pm, Sat:
- *Mile End Kicks*

❍ **Fiddler on the Roof**
Now to Nov. 29, Shuswap theatre. Sold out.

❍ **Coffeehouses:**
Enderby & Celista, Fri.
Gleneden, Sat

❍ **Repair Cafe,** 10-3, Sat., 220 Shuswap

❍ **Mother Sun, Highbush Caribou, Open mic,** 7pm, Fri, NF Stage on Hudson

❍ **Canoe Sr. Hall Pancake b'fast,** 8:30 - 10:30, Sat.

❄❄❄

HOLIDAY MARKETS

❄ **Craft & Gift,** 4-8, Thur., M.V. Beattie

❄ **Rancho Vignola Harvest,** Fri & Sat, Rec. Centre

❄ **Spinners & Weavers,** 10-3, Sat, Fifth Ave. 50+

❄ **Craft & Trade Fair,** Eagle R. Sec., 10-3, Sat.

❄ **Christmas Market,** 9-2, Sat, Sorrento Hall

❄ **Decor,** 1381 13th Ave. NE, 11-4, Fri, Sat.

❄ **Christmas Market,** Fri, Enderby Drill Hall

❄ **Farmstrong Christmas Market,** 11-5, Sat

❄ **Yuletide Village, Nov. 27-29, Alexander**

❄ **Parade,** 5pm, Nov.28

Vancouver's 40 under 40

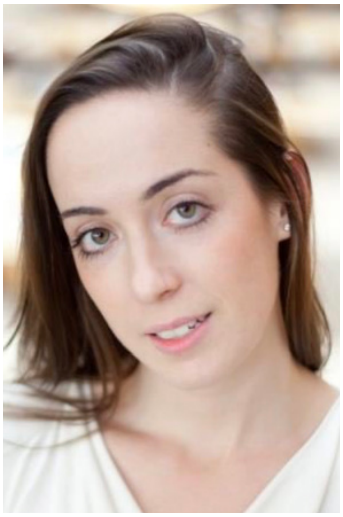
Aria Hahn is back in Salmon Arm now, but is definitely not forgotten by the Vancouver business community.

Business in Vancouver magazine (BIV) has recognized her in this year's '40 under 40' prestigious list.

She is co-founder of the innovative company, Pocketed, that has helped more than 17,000 businesses access over $200-million in government funding.

The company was recently acquired by Deloitte and rebranded as 'Pocketed, a Deloitte business.'

The 2005 SAS graduate earned a PhD in Genomics from UBC and grew up



in Salmon Arm with both parents longtime teachers in SD83.

Dr. Hahn also played for the Jewels and was one of the first late French immersion classes. She and her family returned last year.

A million for STARS

Armstrong Regional Co-op, which Salmon Arm is a part of, is participating in a $1 million multi-year investment to support the Shock Trauma Air Rescue Service (STARS).

The five-year funding agreement directly bolsters STARS' critical care operations and emergency transport services throughout BC and the Prairies.

For residents across the North Okanagan and surrounding rural regions, this partnership ensures that advanced, life-saving medical care remains within reach when every second counts. ■

Grant for Watershed

SASCU has awarded a $40,000 Empowerment Grant to the Salmon River Watershed to help develop a plan to protect the Salmon River's water flows for both fish and agricultural users.

The association came together in response to the increasing pressure on the region's water supply.



COST OF TODAY'S EDUCATION

Education should open doors, not create a life-long debt. College students are trying to get an education with hopes of a stable job, owning a home, and creating a financially secure life. Yet the very education that is supposed to help, is creating a massive amount of debt that they will pay off for the rest of their lives.

With students being so busy with schoolwork and fully applying themselves they often do not have time to hold a steady job. But even if students took fewer classes so they could work, there is a lack of jobs in the Salmon Arm area.

Young Canadians are being told to work hard, get an education, and set their life up, but the financial aspect of the education system makes it so much harder than people think. The society we live in now is much different than it was 20to 40 years ago. Students must pay for tuition, books and supplies, a laptop or iPad, (much of the schoolwork must be done online) rent, food, phone bill, car insurance and even gas if you are not within walking distance.

Each month all that stuff adds up fast. For many students', the only way to afford their education and basic living is student loans. With student loans each semester piles on to the last and before you know it you owe the government $70,000 for an education and to survive during that time. Rent is averaging $1,000 a month for one person and that is including a studio apartment in the school dorms. $1,000 a month times the eight months you are in school. That is $8,000 just in rent for one year of school (and there are at least four years of post-secondary school so $32,000 in rent alone).

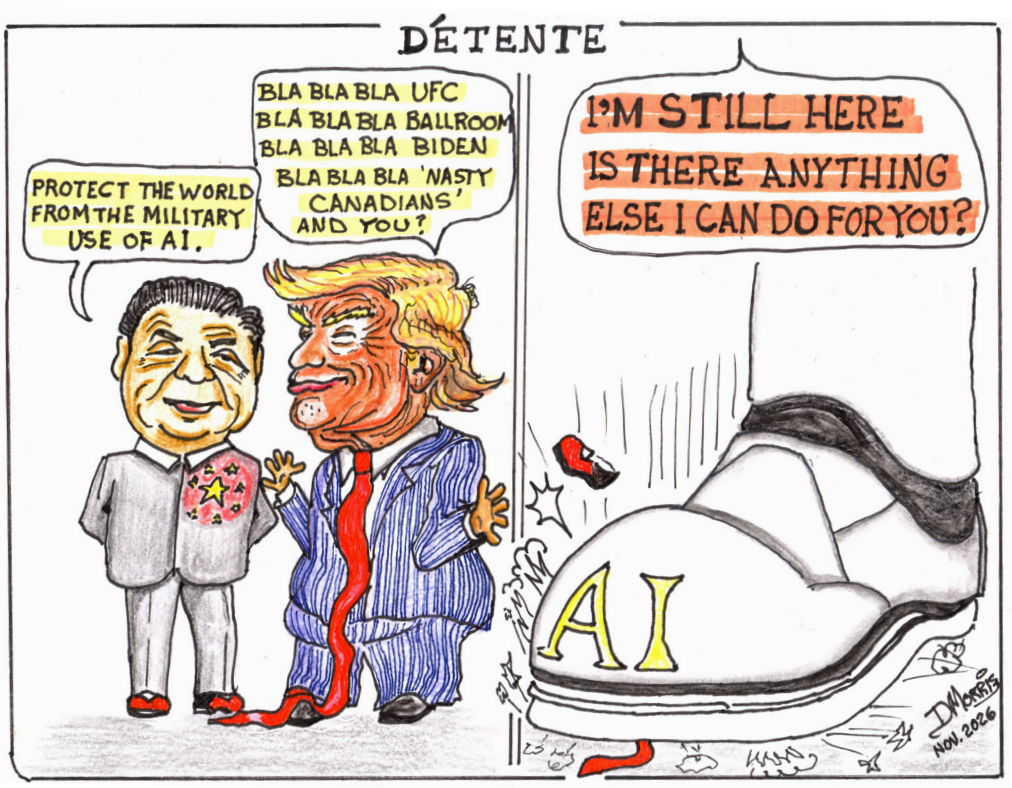
How are college students supposed to feel like they are getting anywhere in life when they have this massive sum of money, they owe the government that could take decades to pay off?

Young Canadians should not spend the beginning of their adulthood worrying about the debt they are building instead the government needs to recognize the financial pressure and burdens college students are enduring.

Paytan Gagne, Salmon Arm,
Okanagan College student

Here is the latest cartoon from Salmon Arm's Duncan Morris on the subject of AI. It is something that world leaders need to take an intense look at before it takes over every aspect of contempory life. Below is a sample of AI slop that could become the future of news releases.





To-do's

❍ **Silverbacks**
Win 1, lose 1 on Weekend
Visit: Chilliwack, Friday
Host: Spruce Grove, Sat.

❍ **Salmar Grand**
• *Cat in the Hat**
• *Godzilla minus zero**
* Ends Thursday
• *Ebenezer*
• *Drummer Boy*
Opens Friday:
• *Hunger Games*
• *I Play Rocky*
• *Cat in the Hat (1:30)*
Film Society, 4 pm, Sat:
• *Mile End Kicks*

❍ **Fiddler on the Roof** Now to Nov. 29, Shuswap theatre. Sold out.

❍ **Three acclaimed poets,** 7pm, Thur., Little Mt. fieldhouse. Details to follow.

❍ **Barra MacNeil,** Thur, Song Sparrow. Irish/East Coast. Sold out

❍ **Coffeehouses:** Enderby & Celista, Fri. Gleneden, Sat

❍ **Repair Cafe,** 10-3, Sat., 220 Shuswap

❍ **Mother Sun, Highbush Caribou, Open mic,** 7pm, Fri, NF Stage on Hudson

❍ **Canoe Sr. Hall Pancake b'fast,** 8:30 - 10:30, Sat.

HOLIDAY MARKETS

❄ **Wildwood Open House,** 5:30-7:30, Thur

❄ **Craft & Gift,** 4-8, Thur., M.V. Beattie

❄ **Rancho Vignola Harvest,** Fri & Sat, Rec. Centre

❄ **Spinners & Weavers,** 10-3, Sat, Fifth Ave. 50+

❄ **Craft & Trade Fair,** Eagle R. Sec., 10-3, Sat.

❄ **Christmas Market,** 9-2, Sat, Sorrento Hall

❄ **Decor,** 1381 13th Ave. NE, 11-4, Fri, Sat.

❄ **Christmas Market,** Fri, Enderby Drill Hall

❄ **Farmstrong Christmas Market,** 11-5, Sat

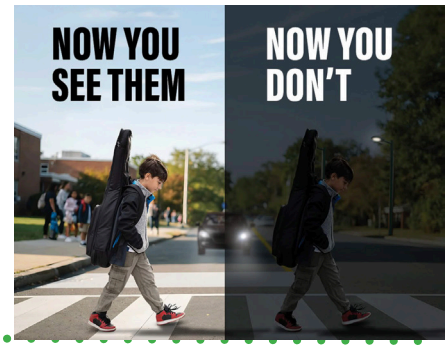
❄ **Yuletide Village, Nov. 27-29, Alexander**

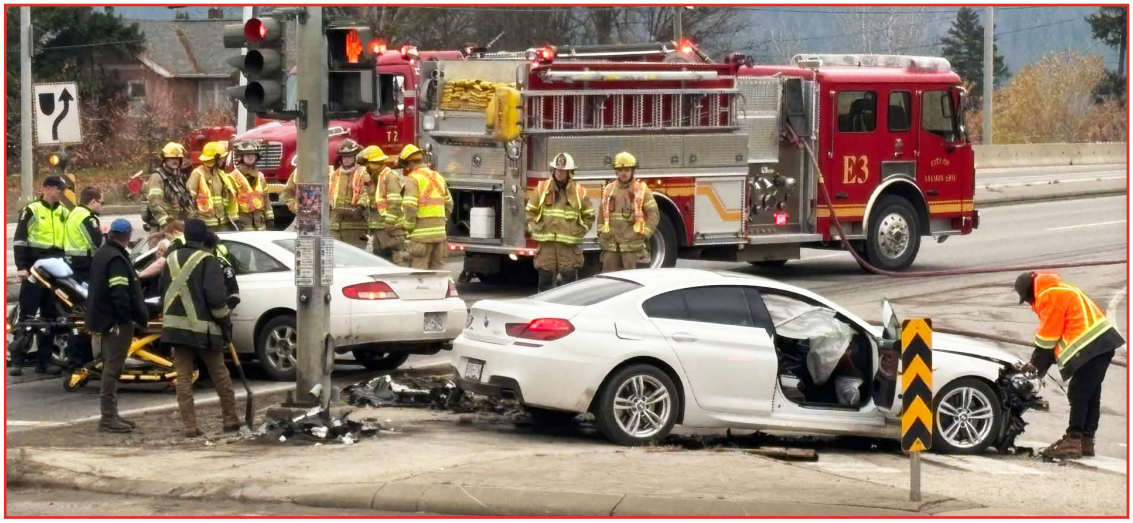
❄ **Parade,** 5pm, Nov.28

3°/ -3°
Clearing

SALMON ARM Nov. 19 Beat

Be a frequent 'Fri'er. Bookmark FriAM.ca





> The Highway 1 and Broadview (30th St. NE) intersection was the scene of yet another two vehicle crash about 11 Wednesday morning. Police, fire and ambulance attended with three transported to hospital, and one occupant and a dog appearing okay. Eastbound traffic was rerouted.

> After an hour staring out at the lake, it occurred to me that it was just a fence.



Wildwood Winter Open House

Join us Thursday, Nov 19 from 5:30-7:30 pm

Catch up, celebrate, have a nibble, get inspired!





The Friday AM Facebook page reached a record 279,700 views over the last 28 days (Oct. 21-Nov. 17) with 2,760 active followers.

SALMON ARM Nov. 18 Beat

Be a frequent 'Fri'er. Bookmark FriAM.ca • Happy Hump Day

4°/ -3°
Mainly cloudy

PAST WEEK, Nov. 8 to 14
By weather reporter Nick Parsons

DATE	HIGH	LOW	PREC.
Nov. 8	14	6	Trace
Nov. 9	6	0	1/16"
Nov. 10	9	4	1/4"
Nov. 11	14	6	
Nov. 12	13	6	
Nov. 13	7	3	
Nov. 14	10	3	Trace

The grandstand at Sorrento--Blind Bay community park will be closed until further notice. A temporary brace had been installed in June to make it safe during the summer season. However, the bracing was only intended as a short-term measure.

To-do's

❍ **Silverbacks**
Win 1, lose 1 on Weekend
Visit: Chilliwack, Friday
Host: Spruce Grove, Sat.

❍ **Salmar Grand**
• *Cat in the Hat*
• *Godzilla minus zero*
• *Ebenezer*
• *Drummer Boy*
Film Society, 4 pm, Sat:
• *Mile End Kicks*
AGM, 4pm, Wed, Salmar

❍ **Fiddler on the Roof**
Now to Nov. 29, Shuswap theatre. Sold out.

❍ **Three acclaimed poets,** 7pm, Thur., Little Mt. fieldhouse. Details to follow.

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❄ **Decor,** 1381 13th Ave. NE, 11-4, Fri, Sat.

❄ **Christmas Market,** Fri, Enderby Drill Hall

❄ **Farmstrong Christmas Market,** 11-5, Sat



Monday's *AM Beat* wrote about the disappointment from being too slow buying tickets. Well here's your big test: Tickets go on sale at Roots & Blues on Friday for **Sam Roberts Band & Uncle Strut**, performing Feb. 4 at Song Sparrow.

Tickets also go on sale Dec. 1 for the Celebrate Trails event, June 5 featuring **Uncle Strut** and **The Shades**. By the way, Sam Roberts will be playing from the Holiday Train as it rolls through the Shuswap on December 17.

Passages









Left to right:

❖ Mary Williams, 98. Teacher, restaurant manager, married to Lawrence nearly 78 years!

❖ Byron Thiessen, 74. Loved the open road. Watch for bike and hot rod gathering.

❖ Ferne Kilpatrick, 82. Completed final needle point creation just before her passing

❖ Victor Stanley, 86. Earned his 8th degree blackbelt in Karate

❖ Charles Armstrong, 83. Rail car superviser. Built special coal cars. *1 pm, Sat. United church*

❖ Barry Games, 83, extraordinary artist with intense world views. Remember his metal birdhouses in his yard off Lakeshore Dr?

❖ Christina Marier. The words on her facebook profile says it all: "Happiness can be found even in the darkest of times if only one remembers to turn on the light" And from her daughter, Brittany: "She was kind, thoughtful, hilarious, loving, and quite simply the bravest and strongest person you could ever meet. She was always the life of the party, bringing laughter, light and love wherever she went." Christina passed away in Victoria after a long battle with cancer. (*Editor's note: I remember Christina and her smiling face when she worked at restaurants in Salmon Arm, and when we both had daughters on the same soccer team. I didn't really know her except for pleasant conversations, yet I distinctly remember on Sunday the thought popping in my head - 'whatever happened to Christina', and it turned out the day of her passing. It makes one wonder what exactly the soul is up to after it passes from the body.*)

..And a few more Passages:

❖ Paige Tracey-Welwood 59, leaves a legacy of kindness. *3:30, Sat., Shuswap Lake Estates*

❖ Helen Pearson, 77. Former assistant school supervisor with uncanny ability to turn everyday encounters into funny anecdotes.

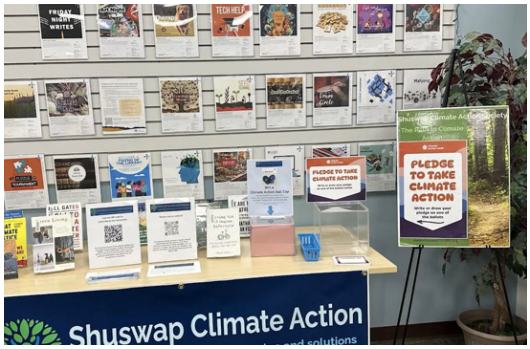
❖ Irene 'Mickey' Oesch, 94. Full of fascinating stories from growing up in the Yukon.

Rest in Peace to all who have left us

6°/ -2°
increasing
cloudiness

SALMON ARM Nov. 17 Beat

Be a frequent 'Fri'er. Bookmark FriAM.ca



Climate Action Week runs until Thursday at the library.

To-do's

❍ **Silverbacks**
Win 1, lose 1 on Weekend
Visit: Chilliwack, Friday
Host: Spruce Grove, Sat.

❍ **Salmar Grand**
- *Cat in the Hat*
- *Godzilla minus zero*
- *Ebenezer*
- *Drummer Boy*

Film Society, 4 pm, Sat:
- *Mile End Kicks*

AGM, 4pm, Wed, Salmar

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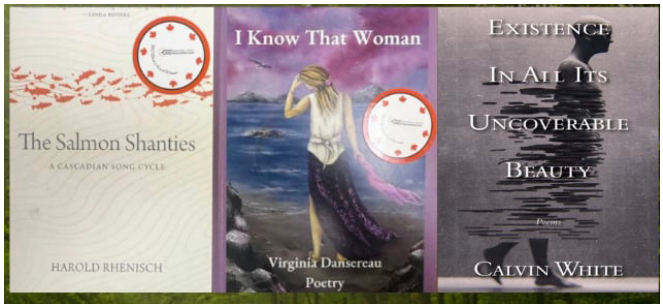
❄ **Christmas Market,** Fri, Enderby Drill Hall

❄ **Farmstrong Christmas Market,** 11-5, Sat

❄ **Yuletide Village,** Nov. 27-29, Alexander St.

❄ **Rotary Holiday Parade,** 5pm, Nov. 28

There are poets and there are poets who write books



Attention peope who like stimulating words and ideas. Three award winning poets are going to bare their deepest thoughts at a special night of poetry Thursday at the Little Mountain Fieldhouse. And admission is free!

Virginia Dansereau of Vernon will read from *I Know that Woman*, an exceptionally intimate book about sexuality, life's intricate journeys, and hope. Her book was named the best BC book of poetry in 2025 by the Sunshine Coast Writers and Editors Society. Her previous book of short stories, Undertow also won acclaim.

Salmon Arm's own **Calvin White** will read from several of his poetry books as well as speak about his year with Medecins Sans Frontieres as a mental health specialist. His most recent book, *Existence in all its Uncoverable Beauty* won the BC Book Prize for poetry in 2026.

And backstopping the evening will be acclaimed writer, **Harold Rhenisch**, author of 35 books ranging from poetry to fiction and non-fiction. He is a past winner of CBC literary prizes and other leading literary journals. His book, *The Salmon Shanties,* co-won the 2025 BC Book of poetry prize for 2025 with Virginia Dansereau. ■

Wildwood Winter Open House
Join us Thursday, Nov 19 from 5:30-7:30 pm
Catch up, celebrate, have a nibble, get inspired!



11-2nd St. SE • 778.489.5600

Rancho Vignola
Prize Draws!
SALMON ARM
HARVEST
SALE
Recipe Demos!
Tasty Samples!
NOVEMBER 20 & 21
NUTS AND DRIED FRUIT
Gourmet Gifts & Fine Confection
Easy to taste.
Impossible to Forget.
FREE ENTRY
Friday | 9am - 7pm
Saturday | 9am - 5pm
SASCU Recreation Centre
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ranchovignola.com